

TRT FAQs

How are treatments performed?

Gel is applied to the area being treated. A probe that delivers the shock waves is applied to the treatment area and shock waves are delivered.

Does it hurt?

When shocks are delivered to areas where there is no tissue damage, no discomfort is felt. When shocks are delivered to an area with tissue damage some discomfort is felt for the length of the shock, but it is not sustained beyond the shock delivery.

How many treatments are needed?

The number of treatments needed depends on the condition being treated. In many cases only 3-5 treatments are needed but in some cases more can be necessary.

How long is a treatment session?

Most sessions take 10-15 minutes.

What are the possible side effects?

While a person may experience an increased energy level the day of a treatment, there are virtually no negative side effects. Patients can return to work or school immediately after a treatment. There is no downtime.

What do I wear for my TRT treatment?

Wear clothing that is comfortable or that can be easily moved to expose the area needing treatment.

What are the contraindications for TRT?

TRT is contraindicated for those with a cardiac pacemaker, those that are pregnant, those taking NSAIDs, and those that have had corticosteroids injected within the last month.

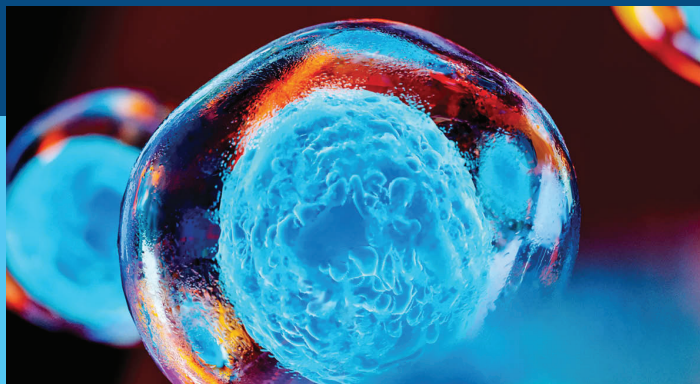
TRT Research and Continued Learning

Research on the use and benefits of the TRT machine has been and continues to be ongoing for more than 30 years. For more in-depth information on current research and scientific studies please visit the following web page, <https://www.trtllc.com/research.html>. Here you will find research on TRT and the following topics:

- Biologic Response
- Bone Healing
- Back, Spine and Nerves
- Brain, Stroke
- Cancer
- Cardiology
- Cosmetics
- Dental
- Opioid Addiction
- Orthopedics
- Physics
- Stem Cells
- Urology & Sexual Health
- Veterinary
- Wounds



Tissue Regeneration Therapy (TRT) Machine



www.edgeintegrativewellness.com
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What is the TRT machine?

The TRT machine delivers the most effective extracorporeal shock wave therapy (ESWT) available and approved by the FDA for the treatment of injuries and degenerative ailments. This treatment is non-invasive and highly effective at treating chronic pain and degenerative conditions. During a TRT treatment high energy sound waves are delivered to painful, injured, or degenerated areas of the body. This stimulates healing and tissue regeneration. During this process blood circulation is improved and stem cell activity is initiated to enhance the body's ability to heal and regenerate damaged tissue.

Beneficial effects of this treatment can often be seen as early as one or two treatments. This non-invasive treatment can improve a person's quality of life by eliminating pain and restoring mobility. This treatment method can be paired with ozone and platelet rich plasma (PRP) treatments to maximize healing and regeneration.

What are some of the conditions the TRT machine can treat?

Ankle pain
Foot pain
Achilles tendon injuries
Plantar facitis
Back pain
Neck pain
Hamstring pain
Knee pain
Shoulder pain
Elbow tendonitis
Wrist wrist
Hand pain
TMJ
Sports related injuries
Arthritis
Muscle pain
Overuse injuries
Tinnitus
Trigeminal neuralgia
Benign prostatic hyperplasia (BPH)
Pelvic pain
Male and female sexual dysfunction
Diabetic neuropathy
Non-healing wounds

What results are expected from TRT treatment?

For many, the beneficial effects of a TRT treatment can be seen after only one or two treatments. It is not uncommon for patients to report a reduction in pain immediately after a treatment. In other cases it may take more treatments to achieve the desired therapeutic effect.

The treatment results are generally long lasting. Many do not need follow up treatments once a treatment protocol has been completed. In more complicated cases some people may need to have annual or bi-annual maintenance treatments.

What are the benefits of TRT?

Non-invasive
No risk of infection
No scarring
No anesthesia required
No downtime
Cost effectiveness
High patient satisfaction
High rate of success

