



# natural awakenings

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Dear *Natural Awakenings*' Readers,

In these difficult times, *Natural Awakenings*' role in building and supporting community has never been more important. We are thinking of you and sending prayers and love that all in your family and local community are safe and healthy. These are unusual times, which can bring out the best in us all if we are conscious and able to keep the fears at bay.

As many businesses have in recent weeks, *Natural Awakenings* ran into a few challenges this month, the largest of these was that our printer was forced to close during production of our April edition. Fortunately, since many of our usual distribution channels have also been affected and are not available to us (or you) right now anyway, it is not the worst time to take a pause.

So our regular April edition will not come out at the start of the month; instead, we will be issuing a special combined April/May edition towards the end of April. We think this timing is ideal, as hopefully it will be when more of you are able to be out and about, when businesses are reopening and newly able to accommodate your business.

In the meantime, please visit our new website at [www.eNaturalAwakenings.com](http://www.eNaturalAwakenings.com).

We will be releasing original content on the website over the next few weeks, as well as sending email newsletters with vital information about opportunities to connect with local businesses and practitioners. While brick-and-mortar visits are not possible for most right now, many of our amazing advertisers are offering terrific online chances to work with them right now; if you have the time and space, take advantage of these unique—and often free or discounted!—opportunities.

Please stay safe, venture out only for true essentials, and use the empowering, uplifting content from *Natural Awakenings*' digital outreach to support you during these challenging times. Look for our special April/May issue in about three weeks' time!

With love and light... from a socially responsible physical distance,



Nicole Miale, Publisher

