



Grocery Assistance Available from Care Partners

Care Partners can help you:

- ⇒ Develop and organize your grocery list
- ⇒ Place your grocery order
- ⇒ Arrange for delivery of your groceries or assist you in picking them up
- ⇒ With pharmacy, post office and other errand assistance

How to Contact Care Partners:

- ⇒ By Phone: 218-387-3788
- ⇒ By email: chore@boreal.org

How to Contact Andrea Orest, SHIP Coordinator

- ⇒ By phone: 218-387-2330 ext. 110
- ⇒ By email: andrea@sawtoothmountainclinic.org

This is a difficult time in our community, as well as around the world. Care Partners and the Statewide Health Improvement Partnership have partnered in providing a Care Partners volunteer who can help you with these tasks. This person will connect with you over the phone to assure your grocery needs are met. Resources available to you also include printed photographs of the grocery store shelves and copies of grocery list templates to make your planning easier. Copies of the packets are available through Care Partners or by contacting Andrea Orest, SHIP Coordinator.

Our goal is that all elders in Cook County and those with health risks stay safe at home and get the food they need. If you are not over 60 but need assistance navigating the current grocery system, please contact Andrea Orest, SHIP Coordinator, for assistance.

