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June 2021

The Voice of Your Community

Escape to the Arts with Franklin ArtWALK Celebration

The Franklin Cultural District presents...



Franklin ArtWALK Celebration

June 11-13, 2021

This three-day event will feature a variety of visual art installations, musical performances, cultural experiences, and more! Join us in Downtown Franklin to *Escape to the Arts!*

The ArtWALK Celebration is made possible through grants from the Massachusetts Cultural Council and the Franklin Cultural Council. We are grateful for the support!
www.franklinculture.org




By J.D. O'GARA

The Franklin Cultural District in collaboration with the Massachusetts Cultural Council and Franklin Cultural Council, presents the Franklin ArtWALK Celebration – a three-day art and cultural from Friday, June 11th through Sunday, June 13th. This event will help to highlight the arts and culture throughout the Franklin Cultural District. The ArtWALK Celebration will include live performances, exhibits featuring the work of local artists displayed in storefronts, fun family activities, and wonderful entertainment.

“We really wanted something that would welcome more artists and also encourage ... the economic development of downtown, bring people down into the Cultural District, so they can see some of the great stores down there, and also, maybe while they're down there, go into one of the many restaurants and enjoy a great meal or a nice beverage and some appetizers. That's where this started,” said Nancy Schoen, chair of the Franklin

ARTWALK
continued on page 2

Franklin & Wrentham Get State Funding for Pop Up Shops

\$188K Grant Part of MA Effort to Support Economic Recovery

By J.D. O'GARA

What if small, local businesses were given an opportunity to test drive a storefront in the heart of their small towns? Thanks to a Regional Pilot Project Grant awarded by the state, the towns of Franklin and Wrentham are about to find out. The two towns, together, were awarded \$188,000 from the Mass. Department of Economic Development at the end of April. The grant was one of \$5 million awarded to 37 municipalities and non-profits to assist with development of regional recovery strategies.

“With the assistance of the Regional Pilot Project Grant Program, our administration looks forward to continuing to build on our progress toward economic recovery across the Commonwealth,” said Governor Charlie Baker. “These grants will empower recipients to leverage their own local expertise to tailor recovery strategies that support the unique needs of each region of Massachusetts.”

POP UP
continued on page 5

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ARTWALK

continued from page 1

Cultural District, in an interview with Steve Sherlock, of Franklin Matters.

Not knowing what the future would hold with Covid regulations, the Cultural District planned an event centered on visual art that would be accessible in case stores were not. Artists who are members of the Franklin Art Association will display their work in 15 different business locations around Franklin.

Businesses, said Schoen, “have been so very gracious of donating the window space. Artwork will be displayed on the windows of the stores, with, she said, “a QR code you can scan with your phone to find out more information about the artist, and also the business.”

The event became richer as the Franklin Public Library became involved.

“The Franklin Public Library has two outstanding children’s librarians, ... and every year they do a summer reading program, and the theme this year is animals,” said Schoen. “They asked the Franklin artists to create animals that they could use as part of a scavenger hunt ... it was just another great way to get the Franklin artists involved and a nice collaboration between the library and the visual artists.”

In fact, at 4 p.m. on June 11th, the hodgepodge puppet will be at the Town Common, distributing reading packets, which will have information about the scavenger hunt. The Franklin Veterans Council will be also be onsite to provide background information about the War Monuments and Memorials on the Town Common.

There are also many performances that weekend.

“There’ll be one on the common that is actually a collaboration between the Franklin public schools and wonderful violinist Sarah Whitney. And part of the Franklin public school Music Department got a grant to sponsor Sarah to come and do a day-long masterclass with the music students, then she’s going to be coming to the common at 5 p.m. Friday evening,” said Schoen. Following that, THE BLACK BOX will be the site of an ArtWALK kickoff celebration, including a complimentary reception followed by Rising Stars Cabaret.

Saturday’s events at the common will feature a Latin jazz funk group, Mark Shilansky & “Join the Club, while at 67 Degrees Brewing, in addition to visual art, piano and guitar performances will take place all day, along with food trucks at that location. Later, Emily Koch will perform in eMulbOy5, at THE BLACK BOX.

Sunday will wrap up Franklin ArtWALK with a brunch at THE BLACK BOX, featuring the Ken Hadley Big Band, and after residents enjoy the visual art at various locations, a free performance at THE BLACK BOX by Don Krishnaswami, soloist and a chamber music collaborator and founding member of Franklin’s LiveARTS String Quartet.

“We tried to stagger the events so you could see part of everything and still fit almost everything in,” said Schoen.

Please visit the Franklin Cultural District website (<https://www.franklinculture.org/home/pages/franklin-artwalk-celebration-escape-arts>) for more details on all the events.

The key, coming out of the pandemic, says Steve Sherlock, who has been involved publicizing this event, “is to bring people to the downtown and establish the relationship between the artists and the businesses. It’s also to engage the youth – if the youth want to go, the parents are going to go as well. Hopefully, it will be part of a celebration as we get out of Covid and into a new normal,” says Sherlock.

Friday, June 11th

- "Hedgehog Needs a Hug" Story Walk at DelCarte Recreation Area
- Franklin Art Association Art Exhibits - visit local businesses and enjoy art installations by local creatives from 12 pm - 6 pm
- Farmer's Market on the Town Common 2 pm-6 pm
- The Library shares their Summer Reading Program with Hodge Podge Puppet at 4 pm on the Town Common
- Franklin Art Association Art Project Packets 4 pm on the Town Common
- Sarah Whitney, Solo Violinist, & FHS String Performance at 5 pm on the Franklin Town Common
- ArtWALK Celebration Kickoff Reception under THE BLACK BOX tent from 6 - 7 pm
- THE BLACK BOX presents "Rising Stars Cabaret" at 8 pm

Saturday, June 12th

- "Hedgehog Needs a Hug" Story Walk at DelCarte Recreation Area
- Franklin Art Association Art Exhibits - visit local businesses and enjoy art installations by local creatives from 12 pm - 6 pm
- LiveARTS Piano Performances by Phil Hall, Alexander Morollo, and Anne Sears at 11 am, 12 pm, and 1 pm at the Franklin Historical Museum
- Live Latin Jazz Band: Mark Shilansky & "Join the Club" on the Franklin Town Common at 2 pm
- 67 Degrees Brewing events featuring artist Susan Plume, BJ Knight on acoustic guitar, Patrick Durkin, Pianist, and all-day food trucks. 12pm - 9pm.
- Enjoy the pre-teen drama, eMulbOy5, performed by Emily Koch of Broadway's Wicked and Waitress at THE BLACK BOX at 8 pm.

Sunday, June 13th

- "Hedgehog Needs a Hug" Story Walk at DelCarte Recreation Area
- Franklin Art Association Art Exhibits - visit local businesses and enjoy art installations by local creatives from 2 pm - 6 pm
- Ken Hadley Big Band at THE BLACK BOX at 12 pm
- Don Krishnaswami Performance, featuring the world premiere of Julian Grant's Suite for Solo Viola, at THE BLACK BOX at 4 pm.



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Franklin ArtWALK: Where to Find Franklin Artists' Work

- Pour Richard's [14 Grove St.] and Franklin Nutrition: Dick Fotland
- Agway [157 Cottage St.]: Christine Toubeau
- Franklin School for Performing Arts [38 Main St.]: Susan Sheridan
- Rome Restaurant [4 E. Central St.]: Tina Guarino
- Former Emma's Quilt Cupboard [12 Main St.]: Gail Eckberg and Victor Pisini
- Rockland Trust [56 and 58 Main St.]: Walter Spencer
- 67 Degrees Brewing [158 Grove St.] and Liberty Tax [22 E. Central St.]: Susan Plume
- Former Acapulco's [15 Main St.]: Helen Novak and Christine Toubeau
- Dean Bank [21 Main St.]: Joseph Mueller
- Thru The Looking Glass [11 E. Central St.]: Marjorie Sardella
- Pete's Nerd Emporium [10 Main St.] and Expressions Enrichment [475-480 Franklin Village Dr.]: Margaret Munson
- The Franklin Mill Store [305 Union St.]: Pam Warren

Franklin Farmers Market Opens June 4th for 2021 Season

The Franklin Farmers Market opens June 4th through October 29th, 2021, from 2-6 p.m. each week. In addition to an array of vendors, the market will include featured presentations and performances. For a complete list of activities and offerings, visit www.franklinfarmersmarketma.com.

Vendors include:

- A Basket Full of Herbs, Natick, MA
- Amado Ceramics, Tiverton, RI, <https://jorge-amado-ceramics.square.site>
- A Night Owl Farm, Franklin, MA, <https://www.nightowlfarm.org>
- Angel Hair Alpacas, North Grafton, MA, <https://angelhairalpacas.webs.com>
- Be GrowCo, Uxbridge, MA, <https://www.begrowco.com>
- BirchTree Bread Company, Worcester, MA, <http://www.birchtreebreadcompany.com>
- Fish from Boston Sword and Tuna, Boston, MA, <https://www.bstseafood.com>

By YoellaZima, Franklin, MA, <https://www.facebook.com/ByYoellaZima>

C and C Ice Cream, Franklin, MA, <http://www.cncicecreamtruck.com>

Cook's Valley Farm, Wrentham, MA, <https://cooksvalleyfarm.com>

Eric's Sharper Edge, Franklin, MA, <https://www.ericssharpere.com>

Everything Jalapeno or Not, Milford, MA, <https://www.facebook.com/Everything-jalapeno-and-Not-210235228993682>

Fairmount Fruit Farm, Franklin, MA, <http://www.fairmountfruit.com>

Franklin Honey Company, Franklin, MA, <https://www.franklinhoney.com>

Kelly's Farm, Upton, MA, <https://www.facebook.com/Kellys-Farm-133915493325813>

La Cantina Winery, Franklin, MA, <https://lacantinawinery.com>



Little Shop of Olive Oils, Franklin, MA, <https://www.shopevoo.com>

Montville Candy, Franklin, MA, https://www.facebook.com/Montville-Candy-269996783153862/photos/?ref=page_internal

Peace Bee & Rainbow Song Henna, Franklin, MA, <https://www.facebook.com/peacebeeandrainbowsonghenna>

Power of Me, Franklin, MA, <https://www.powerofme.online>

The Pumpkin Farm, Medway, MA, <https://thepumpkin.farm>

Sweet Willow Naturals, Bellingham, MA, <https://thepumpkin.farm>

Tarte and Table, Franklin, MA, <https://www.facebook.com/tarteandtable>

Zen Bear Foods, Whitinsville, MA, <https://zenbearfoods.com>

Zeigler Market Garden, Norfolk, MA, <https://zmg.farm>

Other vendors attending the market throughout the season:

Ackerman Maple Farm: 6/4, 6/11, 6/18, 7/9, 7/23, 8/6 & 8/20

Definitely Annie: 6/11, 6/18, 6/25, 8/27, 9/24, 10/1 & 10/15

Handmade by HKB: 7/16, 9/10, 9/17, 10/8, 10/22 & 10/29

Karen Teeley Creations: 9/3, 9/17, 10/8, 10/22 & 10/29

The Orange Jellyfish: 6/11, 7/30 & 10/1

Pearls and Peridot: 6/4, 7/16, 9/10 & 9/24

PT Color Market: 6/25, 7/9, 7/16, 7/23, 7/30, 8/6, 8/20 & 8/27

Wild Heart Crochet: 9/3 & 10/22

The Franklin Farmers' Market is also making one 10'x10' space for a non-profit, community organization or group that work to enhance the town, state, country or world. The FFM Community Table provides an opportunity for those groups to talk with market-goers about the area's organizations and programs. Any organization that wishes to participate in the FFM Community Table must submit an application at least two weeks prior to the desired market date. The person applying is responsible for ensuring that the table is staffed. Please contact the FFM Manager with any questions at franklinfarmersmarketma@gmail.com.

For more information, visit franklinfarmersmarketma@gmail.com, find Franklin Farmers Market MA on social media, or call (508) 507-9684.





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7/16 Bourne	8/20 Westwood
7/23 Malden	8/27 Hopkinton

Franklin to Welcome Back 5-Day July 4th Celebration

By J.D. O'GARA

Franklin's 4th of July Celebration will be taking place this year, starting on Wednesday, June 30th, 2021 through Sunday, July 4th, 2021. Maneuvering rapidly changing Covid-19 state regulations, "We've been working with the town on whether or not we can have the carnival on the common without any restrictions, but we are looking to incorporate some social distance and restrictions so we can have a safe environment for the carnival and the music," says Joe Carmignani, who organizes the annual event with Paul Kortick.

Music will take place on the first four days of the festival, beginning with:

- Wednesday, June 30: Mo Bounce, Boston's uncut Funk, Soul and R&B party band, 8 p.m.
- Thursday, July 1: Victory Shot (band), 8 p.m.
- Friday, July 2: Duppy Conquerers (band) 8 p.m.

"What's new this year is we're going to do a Blues Fest on July 3rd, the Saturday, and we have some nationally known artists that will be appearing on the common," says Joe Carmignani, the lineup of the Saturday, July 3rd Blues Festival includes:

- Padula Trio Plus One, 2 p.m.
- Slam Allen Band, 4 p.m.
- Mike Crandall Band, featuring Bruce Bears, 6 p.m.
- Neal & the Vipers, 8 p.m.

As in years past, the carnival will take place each day of the festival, and the schedule is as follows:

- June 30, 6-10 p.m., wristbands 6-10 p.m.
- July 1, 6-10 p.m., wristbands 6-10 p.m.
- July 2, 6-10 p.m.
- July 3, 12-10, p.m. wristbands 12-5 p.m.
- July 4, 12-5 p.m., wristbands 12-5 p.m.

As for fireworks, Carmignani explains that "we were hoping to have fireworks this year as well, but our biggest challenge with that is fundraising, and the fact we had to wait so long to determine anything has made it a bit more challenging." Still the Franklin 4th of July Coalition will be sending notices out asking Franklin residents to chip in whatever they can for the event.

Bring your appetite, because, as of press time, the following local organizations had committed to running food booths:

Franklin Rod & Gun Club,
www.franklinrodandgun.org

- Fried Dough
- French Fries
- Cheesesteak Egg Rolls

Franklin Rotary Club,
<https://portal.clubrunner.ca/>

- Hamburgers
- Hot Dogs

Franklin Democrats,
www.franklindemocrats.com

- Pizza
- Water

Franklin July 4th Coalition,
www.franklin4th.com

- Ice Cream
- Soda

Franklin Republicans,
www.facebook.com/franklinmagop

- Rootbeer Floats
- Nachos

Temple Etz Chaim,
<https://temple-etzchaim.org/>

- Lemonade
- Pretzels



"We'll be making updates on our website, www.franklin4th.com as well as on Franklin 4th of July Coalition on Facebook," says Carmignani, who says it feels great to be planning the celebration this year. "I think a lot of people have been dealing with the environment we've been in in the past year – I think people want to go out and do things and bring normalcy back. It's an opportunity to go on the common, enjoy some music, enjoy some food, and people can go on the rides and feel safe."

One of the safety measures being implemented is a new contactless ticket system this year, which replaces paper tickets with a new card that can be scanned at the ride.

"People will be able to buy a ticket in advance online through Fiesta Shows, or they can buy it at the carnival," says Carmignani.

For updated information as it comes, including a list of sponsors and volunteer opportunities, visit www.franklin4th.com.

localtownpages

Published Monthly
Mailed FREE to the
Community of Franklin
Circulation: 13,164
households & businesses

Publisher
Chuck Tashjian

Editor
J.D. O'Gara

Send Editorial to:
editor@franklintownnews.com

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413-204-5296
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Creative Design & Layout
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POP UP

continued from page 1

“This is a joint grant that we are working with, with the town of Wrentham, and we are using empty downtown storefronts,” says Anne Marie Tracey, of the town of Franklin. The aim is to increase foot traffic in these areas and provide opportunities for small businesses to expand their reach and growth “We’re basically renting (the vacant spaces), and we’re going to be putting out an application process for small businesses to apply to use the space temporarily to sort of test drive the market. During Covid, so many small business owners had to pivot, and we know it’s a big leap to go from running a business out of your home or only having a website to actually having a brick and mortar location,” says Tracey. “We’re trying to bridge the gap.”

Tracey says that from a municipal perspective, Franklin’s recent market study illuminated what Franklin’s missing. “We’re looking to fill some of our holes, and looking to offer the space specifically for a time to artists and artisans. This really is a good fit for Franklin and the creative culture we have here.”

Tracey approached Wrentham as a partner, because, she says, “Wrentham is doing the exact same thing in their downtown.”

“Franklin is kind of what you want to work with on business development and downtown business,” says Rachel Benson, of the Wrentham Planning Office. Benson notes Covid has hurt businesses in Wrentham, and the Town has been looking for ways to bring attention to the great small businesses in this historic and quint area in Town.



“This program seemed like such a perfect fit,” says Benson. The Town and Board of Selectman have always been “very supportive of our businesses” however “we don’t get to help as much due to the lack of State funds available” she says. “It is evident from our recent Master Plan surveys that everyone loves and enjoys the downtown. Everyone loves the history and quaint aesthetic, but oftentimes, local consumers envision just the Outlets. This program is a great way to bring people into both our downtowns and showcase that there’s a rich history and diverse business opportunities in our Towns.”

The joint grant will complement another grant Wrentham has received for updating the Town’s 17-year-old Master Plan with funds from the State. This phased project started in July 2021 with a focus the Visioning, Economic Development and Housing elements of the town’s Master Plan. The Town has already taken feedback it has re-

ceived through a series of focus groups to facilitate the creation of a Town-wide business group called the Wrentham Business Collaborative, says Benson, “which will help businesses to connect, share ideas and promote each other.”

At press time, Franklin had two spaces secured in Franklin to run its pop up shop program.

“They’re in highly visible locations, and we’re offering these spaces to small businesses to sort of pop up in our downtown, whether it’s for a weekend or a week or however long they would like to try and see if opening a brick and mortar location, having that experience, would be a good fit for their business. It’s also a way for an existing small business to test out an opportunity to expand and perhaps open a second location without the long-term commitment of a lease,” says Tracey.

In Wrentham, Benson explains while there are not many vacant storefronts in the Downtown, “the one that we do have

is a beautiful historic building, the owner of which we will be working with to utilize their space.” Wrentham is also considering the Common, Center School lot or Sweatt Park for festival or market-type approaches. It was working with the town’s Cultural Council to identify local artists and artisans and also hopes to attract home businesses to the program.

A big piece of the grant,” says Tracey, “is downtown revitalization. We’re hoping that driving people downtown and having new reasons for people to visit stores, constantly changing the foot traffic will help our existing businesses by giving them exposure.”

Tracey is excited to “see what comes in. The ultimate best-case-scenario would be we bring some unique small business to our municipality and they have a great experience and then put down roots and stay here,” she says.

In Franklin, the goal is to launch some of the Pop Shops the weekend of June 11th, in coordination with the Franklin Art-WALK celebration.

If you are a business owner who would like to apply to the program, you can contact Rachel Benson, in Wrentham, at rbenson@wrentham.ma.us, or (508) 384-5441. In Franklin, you can contact Anne Marie Tracey at traceya@franklinps.net or (508) 553-4888.

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FISH of Franklin Up and Running Again after Covid

Nonprofit Offers Rides to Medical Appointments for Franklin Residents

Service was suspended due to Covid-19, but now that state restrictions have been relaxed, FISH of Franklin can go back to its mission – helping Franklin residents get to their medical appointments. Current requirements to use FISH for a ride include:

- all clients must be fully vaccinated and finished with the two-week waiting period following vaccination in order to receive a ride;
- all drivers will also need to be fully vaccinated and finished with the two-week waiting period;
- drivers and clients will be required to wear masks;
- clients must be able to walk and to enter and exit vehicles and doctors' offices without assistance.

Originally founded in England, the Franklin chapter of FISH was created in 1973 after a meeting of townspeople at the

Federated Church. It is a non-profit organization run completely by volunteers. People give their time to either drive or answer telephone calls. They schedule and arrange for drivers to transport clients to and from appointments. They have driven as far as Boston and Providence, and locations in between such as Milford, Upton, Walpole, Wellesley and Norwood Hospital.

The name comes from the ichthus - the ancient Greek symbol used by early Christians. In those early times, the fish symbol was a secret sign for a safe haven.

Volunteer Chris Oliveira got involved with FISH after a friend of hers called upon the group for help getting to and from treatments at a Boston hospital. "I retired in 2015 from the field of human services. I was still pretty young, and I felt the need to continue to be involved somehow in human service." Oliveira first helped to answer phones, and later, she joined the steering committee.

The organization's number of volunteers has dwindled in the past year, and so the organization could use several more hands. Volunteers are needed to drive and to help with the phone lines.

"We don't have a live phone line," says Oliveira, "We have a line where people who need a ride leave a message." Every week day, Monday through Friday, a volunteer checks the phone line to see if someone has requested a ride. If there are requests, they try to arrange the ride from available transportation volunteers. Each volunteer, whether a driver or a phone volunteer, is asked to contribute one day each month.

Oliveira adds, "Every week, there's also a coordinator who keeps an eye on everything that's going on to make sure there's communication between one volunteer and the next and to assist the volunteers as needed."

As FISH gets back up and running, those requesting rides can request up to two rides to medical appointments per month. In the past, FISH was

FISH of Franklin: Volunteers Needed!

FISH of Franklin is an organization that provides rides to Franklin residents who need help getting to their medical appointments. You can help! Volunteers aged 21 and over are needed to:

- Drive Franklin residents to medical appointments; or
- Check phone lines Monday through Friday and match requests with rides.

Each volunteer is asked to commit to one day a month to either drive or manage the phone line.

Interested in volunteering? Call Chris at (508) 553-3023. Need a ride? Call FISH at (508) 528-2121.

able to accommodate up to three separate rides a day, but "Right now, we don't have enough drivers to fill the whole calendar," says Oliveira, adding that the names of all those requesting rides are kept confidential.

If you are interested in volunteering for FISH, call Chris at (508) 553-3023.

If you are a Franklin resident who needs a ride to a medical appointment, call FISH at (508) 528-2121.

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July 23rd

KENDO 5-6 p.m.
Frank Padula Band 6-8 p.m.

July 30th

Jamie Barrett 5-6 p.m.
FSPA 6-8 p.m.

August 6th

David Penza Acoustic 5-6 p.m.
Backyard Swagger 6-8 p.m.
Movie Night 8:15-10 p.m.

August 13th

Matt Zajac 5-6 p.m.
Pub Kings 6-8 p.m.

August 20th

Heather Deary Acoustic-5-6 p.m.
Carolyn Rae & the Rumors 6-8 p.m.
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Your Money, Your Independence

New Dependent Care FSA Changes Provide Tax Savings

Mo' stimmy, mo' complexity. It's like the more stimulus we come across, the more complexities we see.

The Good. The American Rescue Plan Act (ARPA), signed into law on March 11, raises pretax contribution limits for dependent care flexible spending accounts (DC-FSAs). New DC-FSA annual limits for pretax contributions increases to \$10,500 (up from \$5,000) for single taxpayers and married couples filing jointly, and to \$5,250 (up from \$2,500) for married individuals filing separately. This is only calendar year 2021, for now.

Money put into a DC-FSA not only reduces taxable income but it also avoids the 7.65% tax of Social Security and Medicare.

For example, if in a 24% federal tax bracket + 5% state tax + 7.65% = 36.65% DC-FSA Contribution Tax Savings Rate. Thus, the new \$10,500 maxi-

mum for 2021 is \$3,848 tax savings in this scenario. In a 32% federal bracket, make it \$4,688 (44.65% x \$10,500) in tax savings.

So just go to your HR benefits and raise your DC-FSA amounts?

If it were only that simple, as Congress loves complexity.

The Bad. APRA doesn't require employers to offer the new DC-FSA annual limits. Those that are, many offer a one-time, midyear change. If you're not proactive or paying attention to HR communications, you will miss out.

If miss out on DC-FSA, fear not as the ARPA also increased the child & dependent care (C&DC) tax credit for 2021, which is positive but...

The Ugly. The C&DC credit is fully refundable, and maximum credit percentage increases to 50% (from 35%). This phases

down to 20% with AGIs between \$125,000 and \$400,000, and further phases down 1% for each \$2,000 over an AGI exceeding \$400,000. The amount of expenses eligible for the credit increases to \$8,000 (from \$3,000) for one qualifying child and \$16,000 (from \$6,000) for two or more qualifying children, thus maximum credits are \$4,000 and \$8,000.

Got that?

Furthermore, you can't "double-dip". Meaning contributions to DC-FSA to cover qualified expenses can't be used for C&DC tax credit, but you can create a combination to maximize tax savings.

Questions To Ask. If better to put money into a DC-FSA or take C&DC tax credit or a combination, consider:

- Able to participate in DC-FSA?

- What is your AGI?
- How many qualifying children?
- Expected qualified dependent care expenses (i.e. day-care, after-school, summer camp)?

Yes, summer camps count, even for your 12 year old's soccer camp.

Tax laws and regulatory changes remain constant, connect with your Certified Financial Planner to see how to maximize tax savings to your situation.

The opinions voiced in this material are for general information only and are not intended to provide specific advice or recommendations for any individual.

Glenn Brown is a Holliston resident and owner of PlanDynamic, LLC, www.PlanDynamic.com. Glenn is a



Glenn Brown

fee-only Certified Financial Planner™ helping motivated people take control of their planning and investing, so they can balance kids, aging parents and financial independence.



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One Cup: Coffee and So Much More

By MARJORIE TURNER HOLLMAN

Business spotlight

John Griffin and his wife had an epiphany after purchasing a carton of Keurig coffee k-cups. He tried one cup of the new box and found he didn't like the taste. Ultimately, he had twenty-three more cups of coffee he knew he wouldn't enjoy. His wife suggested, "We should open a store where you can just purchase one cup, to see which coffee you like without being stuck with the whole box." This idea was ten years ago, and One Cup Coffee (224 Dedham Street, Norfolk—Rt. 1A) has continued to offer Keurig k-cups (800+ types, as well as hot chocolate, cappuccinos and teas, all in Keurig dispenser-style cups) to customers one cup at a time, but so much more as well.

A satisfied customer recently wrote on the store's Facebook

page, "Great store and great variety of coffee. We happily travel 45 minutes to shop in your store and always feel welcome."

Over these ten years, Griffin has asked customers what else they would like to see in his store and has gathered both seasonal items and tasty treats to provide a country store feel to his shop. One of the newer items that has garnered a great response is his imported Spanish licorice ropes, presently in fifteen different flavors, including traditional black licorice root, strawberry, watermelon, pina colada, mango chili spicy, sour rainbow delight, sour raspberry, sour strawberry and



more. The licorice, made by a company that has been manufacturing the tasty treats for the past fifty years, is made the old-fashioned way, and brings back memories of penny candy stores of the past. Another happy Facebook page commenter noted, "Not only are these licorice ropes amazing (and slightly addictive), the owner is a wonderful man who is super friendly and fun to be around. And they have every flavor of coffee imaginable. It's a must see place!"

Specialty canned goods from New Hampshire, pickles, salsa, garlic, and beets, add to the ambience of a country store. Organic CBD oil from hemp grown on organic farms in Vermont is yet another specialty product available to One Cup customers. Griffin explained that the oil reduces inflammation and helps with sleep, among other benefits.

For disc golf enthusiasts (think, little Frisbees), One Cup offers a large selection of affordable discs. Just like golf balls, those discs sometimes go astray in the woodland spaces that these courses are set up in. Griffin laughed. "Every time someone comes in they say, 'You have that too?'"

An important part of communicating with his customers has been maintaining an active Facebook page, <https://www.facebook.com/OneCupNorfolk>, where customers hear about new offerings, as well as chances to obtain free stuff when they stop in. Griffin makes sure to respond to those who comment, and posts regular photos of what is happening both at the store, and on his trips to obtain hard-to-find supplies for the community.

Griffin has dealt in retail for years now, so he embraced the challenges of this past year's pandemic and the restrictions that came with it. He has been resourceful in supplying his customers with both what they needed and what they tell him they would love to see in the store. When cleaning products and masks were in short supply, Griffin made weekly trips to Vermont, where the pandemic was less intense, and brought back boxes of cleaning supplies, including hand sanitizer wipes, which he gave away for free.

Another customer on Facebook shared, "It is not just the fantastic selection of coffee and other products you sell that keeps me coming back. It is the fact that you truly go above and beyond for your customers that keeps me wanting to support you!! Thank you for all you do!"

Told he had to close his store at the beginning of the pandemic, Griffin had already taken steps beyond the requirements of the Board of Health to maintain a safe environment at his store. Keeping the rest of his staff home for a time to reduce the risk, bringing in fans and keeping bathroom doors open were all steps that he took to ensure a safe environment.

"Keeping our staff home at the beginning of the pandemic was the right thing to do, without being told. We pointed out that if liquor stores could remain open, we would too. We made sure our customers were never out of stock of the coffee they drink every day. We learned that our customers wanted to see us, rather than order online. During COVID, we have been a safe place for people to visit when they wanted to get out. Presently we've all gotten vaccinated. We love people."

Griffin expressed a sense of gratitude to his faithful customers, stating, "We're a word-of-mouth kind of store. Our customers give to us thirty times what we give."

For more information about One Cup, visit their Facebook page, or their website, <https://onecupnorfolk.com/>.

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Recycle Your Clothing! Curbside in Franklin

The sun is shining, the air is fresh, and spring has arrived! Now is the time to complete your spring cleaning! The Town of Franklin Recycling Division continues to offer residential curbside clothing pick-up. The purpose of this program is simple, yet impactful. By working together, we can divert textiles from the incinerator and give new life to previously used items. To participate, simply put your clothing in the designated pink bags. The bags can be obtained at the DPW Administration building and the Beaver Street Recycling Center. Then, place the filled pink bags alongside your curbside recycling bin on your regularly scheduled curbside collection day. After removal, the donated clothing is sorted and graded for quality. Then, the items are offered as second-hand clothing, converted to wiping rags, or recycled into post-consumer fiber products. Let's do our part to help reduce municipal solid waste tonnage! For more information, please visit the Franklin Solid Waste and Recycling Center Website.

Looking to advertise your business?

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A Taste of What's to Come at SALMON at Medway

When Food Goes Beyond the Dining Room for Seniors

SALMON at Medway – the new 55+ community, opening this summer at 44 Willow Pond Circle – loves doing senior living ‘outside the box.’ Nothing about this combined active independent and assisted living facility has a been-there, done-that feel, especially true of the 57-acre campus’s dining program.

Passionately and creatively helmed by Director of Culinary & Dining Operations, Chef Jason Wallin, SALMON’s ‘Anytime Dining’ restaurant-style meal plans are enough to make any college student drool with envy.

“It’s not just about eating fresh, local and healthy”, says Wallin. “It’s about making dining more than a meal and truly making it a lifestyle. Our offerings will feed and nourish the body, mind and soul.”

Residents will have tough decisions to make when it comes to eating as they will find many choices available anytime of day, including fresh, locally sourced Mediterranean and plant-based options designed with input from on-site nutritionist Sarah Clarke.

Speaking of local, let’s talk about SALMON’s partnership with Medway Community Farms. Not only is the farm providing 20-30% of all produce at the community and helping tend to the on-site hydroponic garden, they and SALMON will host

on-campus farmers markets open to the public all summer long.

And the sweetest little ‘extra’? A collaboration with Best Bees of Boston making SALMON at Medway the only senior living community in New England to boast on-site beekeeping. Residents can immerse themselves in education, experience and fresh honey drizzled on top of anything they want.

As a family-owned business, Wallin, SALMON CEO, Matt Salmon and their team are committed to making the community feel like ‘home’ for seniors’ family and friends, too. “Our campus is an open, inviting place where people want to be”, says Wallin. “Every element is thoughtfully planned to maximize the health, well-being and happiness of our residents and their extended social circles.”

Included among the family-friendly dining and entertainment: a game room for grandkids to hang featuring a more kid-focused menu; a casual café with grab-and-go items for in-room entertaining; and cooking classes hosted by Wallin.

When it comes to the menu and lifestyle at SALMON at Medway, there hasn’t been a detail overlooked and the community is excited to open its doors to residents and the local community. Check them out at www.medwayseniorliving.com or on Instagram, Facebook and TikTok @SalmonatMedway.

MOVE IN NEXT MONTH!

We’re almost ready to open our doors; become a part of our exclusive Founders’ 1713 Club!

Move in anytime up to three months after opening to become a member of the Founders’ 1713 Club; benefits include one month of free rent, dining passes, personal training sessions and more!

Join our community by July 15 and we’ll pay your moving expenses (up to \$3,500 value)!

To learn more about Founders’ 1713 Club benefits visit medwayseniorliving.com today!

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FSPA Continues Summer 2021 Enrollment

Franklin School for the Performing Arts (FSPA) is still enrolling for Summer 2021. In addition to summer weekly classes, FSPA will hold one week camps including Creative Kids, Acting, Broadway, Little Music School Experience, Rock Out!, and ProVoice.

FSPA will also offer 5 weeks of Summer Theater. Students can sign up for one or more of the offerings. The more students participate, the more they save. July 21-23 for grades 5-12 is Broadway Boot Camp.

Broadway Boot Camp brings Broadway's brightest talents to FSPA for song and dance master classes and coaching on individual performance skills. July 26-29 is the Cabaret Show for grades 5-12. Students will hone their skills and tap into their potential with a focus on performance skills, including repertoire choices, song interpretation, and presentation. The week concludes with a cabaret-style revue at THE BLACK BOX, showcasing solo and small ensemble pieces that have been

workshopped during the week.

Week 3, August 2-6 is a one week intensive for grades 3-8 and 8-12 that will focus on the rehearsal and preparation of a play that will be performed at THE BLACK BOX. The plays will be selected for each age group based on enrollment.

Weeks 4 and 5, August 9-20, culminate with the production of a book musical staged at THE BLACK BOX. Auditions for placements occur in May or early June. Grades 3-7 and 8-12.

The FSPA Ballet Conservatory will offer two intensives. The pre-professional summer intensive offers a four-week program for the dedicated and serious ballet student wanting to further ballet training and performance skills. A rigorous schedule of classical ballet technique, pointe, modern, dance history, and character is provided. Students will be divided by their current ballet level for technique, pointe, select variations and choreography to ensure and maintain a challenging curriculum for every dancer. Additional disciplines may vary



depending on enrollment and teacher availability. This intensive is for FSPA Conservatory Levels III/IV/V/VI, or by audition for ages 12+. It runs June 28-July 23 (4 weeks) Monday-Friday 9:30.

The three-week "Young Intensive" program is designed to challenge and motivate the young dancer. Instruction in classical ballet technique, pre-pointe, character, modern and dance

history is offered. Additional disciplines may vary depending upon enrollment and teacher availability. The Young Dancers Program caters to FSPA Conservatory Levels I (2nd year)/II/III, or by audition ages 8-11. It runs July 5-23 (3 weeks) Monday-Thursday 9:30-3:00.

FSPA is located at 38 Main Street, Franklin MA. To register or learn more, visit www.FSPA-online.com or call (508) 528-

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The b.LUXE Beauty Beat

Hello and welcome to the b.LUXE Beauty Beat, a new monthly column covering all things beauty!

We'll share new hair trends, makeup tips, skincare advice, and our must-have products of the moment.

For many of us, 2020 was the year we stayed home, the year we worked from our kitchen tables and forgot what it felt like to wear pants with buttons.

Self-care in 2020 was a challenge. With our salons, spas and gyms closed, many of us were left to navigate a home health and beauty routine that wasn't always healthy or beautiful.

But those months in quarantine certainly showed us that we're stronger and more resilient than we ever imagined. And our idea of beauty in this (almost) post-pandemic world has changed so much. We're taking a healthier approach, with more emphasis on what's good for us, as opposed to what just makes us look good. A "less is more" philosophy, perhaps, this shift in our beauty doctrine gives our health and our aesthetic equal attention.

So, with this in mind, let's chat a little bit about this month's most important beauty tip - SUNSCREEN!

If there's one thing we're all pumped for it's Summer. Outdoor gatherings, beach days and that warm, summer sun is just around the corner.

What should we do to prepare ourselves for the sunshine?

We can't stress to you enough the importance of wearing a daily SPF on your face and any exposed skin. Again, it's good for you AND good for your appearance. Regular daily use of SPF 15 sunscreen can reduce your risk of developing squamous cell carcinoma (SCC) by about 40%, and lower your melanoma risk by 50% (skincancer.org) Also, regular use of SPF keeps you from looking like a handbag. So there's that...

What many people don't know about sun protection is that SPF application shouldn't stop at the hairline. Your scalp is your skin, too, and if exposed, it'll burn. Work that sunscreen through your part and any bare, unprotected areas on your head. Even better, wear a hat! Sun hats are great for protecting your skin and your hair's health. UV rays can cause hair to become dry and brittle and fade your hair color simply from exposure. We also recommend a heat protection spray that coats the tresses, locking in moisture and saving your beautiful hue. See products below.

Next month we'll talk about safeguarding your hair from pool and hard water, hand painted highlights and packing the perfect beach bag.

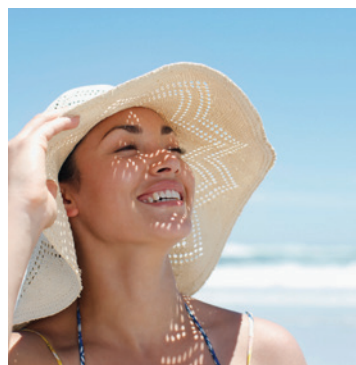


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Living Healthy

Eye Care Facts and Myths

By: ROGER M. KALDAWY, M.D.
MILFORD FRANKLIN EYE CENTER

We have all been told by someone at some time, "You'll hurt your eyes if you do that!" But do you really know what is or is not good for your eyes?

Test yourself with the following true or false statements and see how much you know about your eyes.

"Reading in dim light is harmful to your eyes."

False. Using your eyes in dim light does not damage them. However, good lighting does make reading easier and can prevent eye fatigue.

"Using computers can damage your eyes."

False. Working on computers will not harm your eyes. Often, when using a computer for long periods of time, just as when reading or doing other

close work, you blink less often than normal. This reduced rate of blinking makes your eyes dry, which may lead to the feeling of eyestrain or fatigue.

Try to take regular breaks to look up or across the room. This should relieve the feeling of strain on your eyes. Keep the monitor between 18 to 24 inches from your face and at a slight downward angle. Also consider the use of artificial tears. If your vision blurs or your eyes tire easily, you should have your eyes examined by an ophthalmologist.

"Wearing the wrong kind of eyeglasses damages your eyes."

False. Eyeglasses are devices used to sharpen your vision. Although correct eyeglasses or contacts help you to see clearly, wearing a pair with the wrong lenses, or not wearing glasses at all, will not physically damage

your eyes. However, children less than eight years old who need eyeglasses should wear their own prescription to prevent the possibility of developing amblyopia or "lazy eye."

"Children outgrow crossed or misaligned eyes."

False. Children do not outgrow crossed eyes. A child whose eyes are misaligned may develop poor vision in one eye because the brain will "turn off" or ignore the image from the misaligned or lazy eye. Children who appear to have misaligned eyes should be examined by an ophthalmologist.

"Learning disabilities are caused by eye problems."

False. Difficulties with reading, mathematics, and other learning problems in children are often referred to as learning disabilities. There is no strong evidence that



vision problems cause learning disabilities. Children with learning difficulties often need help from teachers and people with special training. Before such treatment begins, make certain your child is seeing as well as possible.

"Sitting close to the television can damage children's eyes."

False. Children can focus at close distance without eyestrain better than adults. They often develop the habit of holding reading materials close to their eyes or sitting right in front of the television. There is no evidence that this damages their eyes.

"People with weak eyes should avoid reading fine print."

False. It is said that people with weak eyes or people who wear glasses will "wear out" their eyes sooner if they read fine print or do a lot of detail work. The concept of the eye as a muscle is

incorrect. The eye more closely resembles a camera. A camera will not wear out sooner just because it is used to photograph intricate detail.

"Wearing eyeglasses will cause you to become dependent on them."

False. Eyeglasses are used to correct blurry vision. Since clear vision with eyeglasses is preferable to uncorrected vision, you may find that you want to wear your eyeglasses more often. Although it may feel as if you are becoming dependent on your eyeglasses, you are actually just getting used to seeing clearly.

"Older people who gain 'second sight' may be developing cataracts."

True. Older individuals who wear reading eyeglasses some-

EYES

continued on page 13



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Living Healthy

EYES

continued from page 12

times find themselves able to read without their eyeglasses and think their eyesight is improving. The truth is they are becoming more nearsighted, which can be a sign of early cataract development.

“A cataract must be ‘ripe’ before it is removed.”

False. With older surgical techniques, it was thought to be safer to remove a cataract when it was “ripe.” With today’s modern surgical procedures, a cataract can be removed whenever it begins to interfere with a person’s lifestyle.

“Contact lenses can prevent nearsightedness from getting worse.”

False. Some people have been led to believe that wearing contact lenses will permanently correct nearsightedness so that eventually they won’t need either contacts or eyeglasses. There is no evidence that wearing contact lenses produces an improvement in vision.

“Eyes can be transplanted.”

False. Medical science has no way to transplant whole eyes. Our eyes are connected to the brain by the optic nerve. Because of this, the eye is never removed from its socket during surgery. The cornea, the clear front part of the eye, has been successfully transplanted for many years. Corneal transplant is sometimes confused with an eye transplant.

“Laser assisted cataract surgery is the same as traditional cataract surgery.”

False. The 5 best rankings Eye Hospitals in America offer bladeless laser assisted cataract surgery. We do offer exactly the same. Bladeless cataract surgery is all about aiming towards better precision, more safety and excellent outcomes. The laser advanced bladeless precision and ability to correct astigmatism translates into better likelihood of seeing well without glasses following cataract surgery. The same laser

used in bladeless cataract surgery breaks up and softens the cloudy cataract so there is less ultrasound needed to remove the cataract. Less ultrasound translates into less energy used inside the eye and clearer corneas, which in turn helps producing better vision on the first day after the surgery. This becomes even more critical if you have a weak cornea or a small eye with a dense cataract.

It is always useful to separate fact from myth in eye care. Our eye center and ophthalmologists have state of the art equipment to diagnose and treat almost any eye problem. At Milford-Franklin Eye Center, we continue to support our communities during this health crisis we are living. We sterilize equipment between patients and screen all patients before they enter the building

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For more details, see our ad on page 12.

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Calendar

June 2

Susan Cattaneo, at Franklin Senior Center, 1 p.m. and 2:30 p.m., 10 Daniel McCahill St., Franklin, listen from car, reserve place at (508) 520-4945, supported by Franklin Cultural Council, supported by Massachusetts Cultural Council. Reserve spot at (508) 520-4945.

Franklin Art Association virtual meeting, 6:30 p.m., featured artist Ann Gorbett, who will demonstrate her palette knife painting technique. Zoom link: <https://us02web.zoom.us/j/82181910922?pwd=ME9aTGtvRVJFVlg2aDBlMlIiVT1Zdz09>

June 4

Franklin High School Graduation Ceremony, 5 p.m., Pisini Stadium (will be covered on Franklin TV, space limited)

Franklin Farmers Market opens for season, 2-6 p.m., to feature The Soul Estate Band, sponsored by the Franklin Cultural Council

Franklin Public Library Outdoor Book Sale (weather permitting), 1-4 p.m., all books \$1

June 5

Franklin High School Seniors Car Parade, 11 a.m. – 1 p.m. (raindate 6/6), will be broadcast on wfpr-fm 102.9 and shown on TV Comcast channel 96, Verizon channel 28

THE BLACK BOX presents Pride Concert featuring husbands Christopher and Clay Rice-Thomson, 7:30 p.m., 15 W. Central St., Franklin, www.THEBLACKBOXonline.com and follow THE BLACK BOX on social media.

June 6

Tricounty Regional Technical Vocational High School graduation, (ticketed event)

June 10

Franklin Empty Bowls Event, 5-7:30 p.m., annual fundraiser presented by FHS Empty Bowls

Club & Franklin Food Pantry, Franklin High School Ceramics Studio, visitors (masked, please) may pick out a bowl and be able to peruse auction items. The Auction will be open for online bidding until June 20th. Tickets at <https://tinyurl.com/FFPemptybowls2021>. More info. at www.franklinfoodpantry.org or (508) 528-3115.

June 11

Franklin Art Walk, Franklin Art Association exhibits at local businesses, 12-6 p.m., Franklin Public Library Hodge Podge Puppet shares Summer Reading program on Common, 4 p.m., Art Walk Kickoff, 5-7 p.m., tent at THE BLACK BOX, 15 W. Central St., Franklin, free, sponsored by Franklin Cultural District, followed by Rising Stars Cabaret at 8 p.m. Visit Franklin Cultural District, <https://www.franklinculture.org>, for a list of activities.

Live Drive-In Concert, 5 p.m., Bellingham High School parking lot, 60 Blackstone St., Bellingham, sponsored by Bellingham Senior Center, featuring Mark Mandeville & Raianne Richards with food truck: Larry Joes New England Fire Pit. Reservations at (508) 966-0398; bring a chair

Franklin Farmers Market, 2-6 p.m., Franklin Town Common

Franklin Public Library Outdoor Book Sale (weather permitting), 1-4 p.m., all books \$1

June 12

Franklin Art Walk, Franklin Art Association exhibits at local businesses, 12-6 p.m., LiveARTS Piano performances by Phil Hall (11 a.m.), Alexander Morollo (12 p.m.) and Anne Sears (1 p.m.) at Franklin Historical Museum, Latin Jazz Band: Mark Hilansky & "Join the Club" at Town Common 2 p.m., 67 Degrees Brewing events with performances and

all-day food trucks 12-9 p.m., Visit Franklin Cultural District, <https://www.franklinculture.org>, for a list of activities.

THE BLACK BOX presents eMulbOy5 featuring Emily Koch of Broadway's Wicked and Waitress, 8 p.m., www.THEBLACKBOXonline.com and follow THE BLACK BOX on social media.

June 13

Franklin Art Walk, Franklin Art Association exhibits at local businesses, 2-6 p.m., Visit Franklin Cultural District, <https://www.franklinculture.org>, for a list of activities.

THE BLACK BOX presents the Ken Hadley Big Band, noon, 15 W. Central St., Franklin, brunch at 11:45 a.m., concert at 12, www.THEBLACKBOXonline.com and follow THE BLACK BOX on social media.

CALENDAR

continued on page 15

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CALENDAR

continued from page 14

THE BLACK BOX presents Donald Krishnswami, classical music, 4 p.m., 15 W. Central St., Franklin, free, 15 W. Central St., Franklin, www.THEBLACKBOXonline.com and follow THE BLACK BOX on social media.

June 18

Franklin Farmers Market, 2-6 p.m., Franklin Town Common, 3-3:30 p.m. Bike Safety presentation by the Franklin Police Department; 3:30-4:30 p.m. Farmers Market Fun sponsored by the Franklin Public Library; 2-6 p.m. Ken Barney, sponsored by the Franklin Cultural Council and Mass Cultural Council.

Franklin Public Library Outdoor Book Sale (weather permitting), 1-4 p.m., all books \$1

THE BLACK BOX presents Electric Youth, 7:30 p.m., 15 W. Central St., Franklin, www.THEBLACKBOXonline.com and follow THE BLACK BOX on social media.

June 19

THE BLACK BOX presents Electric Youth, 7:30 p.m., 15 W. Central St., Franklin, www.THEBLACKBOXonline.com and follow THE BLACK BOX on social media.

June 22

Franklin Public Library Book Club, 7 p.m., selection: The Extraordinary Life of Sam Hell, by Robert Dugoni. Reserve a copy with Kim Shipala, kshipala@minlib.net. Register at https://us02web.zoom.us/j/81234567890

June 25

Franklin Farmers Market, 2-6 p.m., Franklin Town Common, 3:30-4:30 p.m.; Farmers Market Fun sponsored by the Franklin Public Library; 5-8 p.m. The Northeast Groove and More being sponsored by Dean Bank!

Franklin Public Library Outdoor Book Sale (weather permitting), 1-4 p.m., all books \$1

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June 30

Franklin 4th of July Celebration begins, Franklin Town Common, Mo Bounce, Boston's uncut Funk, Soul and R&B party band, 8 p.m., carnival hours 6-10, wristbands 6-10 visit https://www.franklin4th.com/

July 1

Franklin 4th of July Celebration, Franklin Town Common, carnival hours 6-10, wristbands 6-10, Victory Shot (band), 8 p.m.

July 2

Franklin 4th of July Celebration, Franklin Town Common, carnival hours 6-10, Duppy Conquerers (band) 8 p.m., visit https://www.franklin4th.com/

July 3

Franklin 4th of July Celebration, Franklin Town Common, carnival hours 12-10, wristbands 12-5, Blues Festival: Slam Allen Band, 4 p.m., Mike Crandall Band featuring Bruce Bears, 6 p.m., Neal and the Vipers, 8 p.m., visit https://www.franklin4th.com/

July 4

Franklin 4th of July Celebration, Franklin Town Common, Carnival Hours 12-5, wristbands 12-5, visit https://www.franklin4th.com/



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Aging Gracefully: Advice on What to do Now!

Doctors and patients have all kinds of difficult conversations. How to prepare for aging and caring for an aging partner or parent is one of those. For Lee Willis and her husband Hal, the conversation started this way: their beloved doctor of 15 years asked Lee, point-blank: "Are you prepared for the possibility that Hal may outlive you?"

At 94, Hal is ten years older than Lee. A plane accident broke multiple bones in his legs, and arthritis had settled in. Walking is hard for him. He does his own laundry and washes the dishes, but he doesn't drive and often uses a wheelchair.

Lee, on the other hand, just bought herself a new kayak. A nine-year cancer survivor, she relieves pain with exercise, not medicine. She swims three times a week. When not caring for Hal, she's active, traveling, and socializing.

Still, the doctor had a point: Be prepared.

Facing the Facts of Aging

Most people avoid the subject of getting old. Death is as natural as birth, but too many people simply don't want to think about it until they are too ill to participate in decision making, leaving family members and their physicians to make decisions that may or may not be what they would have wanted at the end of life. We need to prepare better.

Finding a Place to Age

The main goal for Lee in preparing for Hal and her own aging was to find a place that could happen. Lee didn't just do a Google search. She visited dozens of nursing homes. She made lists of in-home care services, and visited each of those.

But Lee wasn't satisfied, mainly because of shifting staff. "You can never guarantee the same people. The bottom-line dictates staffing. This turnover and the resulting lack in continuity of care, is a problem."

So, she looked at the option of

aging in place. She volunteered at programs of all-inclusive care for the Elderly, which offers 24/7 coverage for anyone qualified for a nursing home. It seemed like "this would probably be what we choose to do," she said.

But then Lee discovered The Green House Project, a new model for long-term care for elders. In 2001, a doctor named Bill Thomas was appalled at the state of elder care. He saw it was a hospital, not a home with people just sitting in wheelchairs. So, he introduced a lot of changes, brought in birds, dogs, cats, and plants. But it still wasn't enough. So, he "super-trained" staff to behave like family members, not healthcare providers. He built a new structure, with one central room, the residents living in rooms off in spokes. It became a communal place, with a common kitchen where people cook family recipes and behave like relatives.

Lee found one in her state. "If we both have to go somewhere, this will be it!"

Aging Gracefully: How to Get Started Now

The best advice Lee's received from her doctor: Exercise. He told her that the biggest factor that differentiates healthy from unhealthy aging is exercise—folks who remain sedentary clearly become frailer more rapidly than those who either remain or become active in their later years. Exercising on a regular basis makes a huge difference in how one ages.

Lee's primary lessons for younger people: Be proactive. "It's really hard when you're 50 to think about being 80, but you should." She advises younger people to:

- Take your health seriously—eat well and exercise.
- Prepare with a reputable Estate Planning Attorney who cares about your health as well as your assets.
- Be an advocate for yourself.
- Get political and advocate for end-of-life care.



Dennis Sullivan & Associates and its caring and compassionate team of experienced professionals support aging on your own terms. They offer FREE webinars to learn about how to protect your health, home, spouse, family, and life savings as you age and empower you to stay in control. To register for a Free Discovery Session call (781) 237-2815 or visit www.DSullivan.com! You will even qualify to receive up to \$2,475 in valuable benefits to update your trust and estate plans and build your own value-based legacy to guide future generations. Take control of your life. Call now!

Good Deeds: Notice of Real Estate Fraud

By WILLIAM P. O'DONNELL

At the Norfolk County Registry of Deeds there have been a number of modernization initiatives implemented. One such initiative has been the free on-line Consumer Notification Service offered by the Norfolk County Registry of Deeds to property owners in the 28 communities that make up Norfolk County. The purpose of the Consumer Notification Service is to help protect Norfolk County property and home owners against the negative consequences of property fraud.

The Consumer Notification Service is available through the Registry website <http://www.norfolkdeeds.org>. The purpose of this Consumer Notification Service is to proactively give as much information to the consumer in a timely manner. The Registry of Deeds deals with the biggest asset most of us have, which is our home. The Consumer Notification Service is a way to make sure that if someone

is perpetrating a fraud on the title of your home that you get notice of that fraud. Any owner of real estate property in the twenty-eight communities that make up Norfolk County can sign up for the Consumer Notification Service free of charge. Go to the Registry's website, click Services and click on the Consumer Notification Service page, there is a "Sign Up For Alerts" button.

Why should a homeowner consider signing up for this program? The Federal Bureau of Investigation (F.B.I.) reports that property and mortgage fraud is one of the fastest growing white collar crimes in America. Multiple jurisdictions across the country have reported individuals recording fraudulent documents and making it appear that they own another person's home or property. Once this is done the unscrupulous criminal may try to use the property as an asset to secure money.

I can vouch for the Consumer Notification Service at the Norfolk County Registry of Deeds

not as the person tasked with the responsibility of overseeing this real estate operation but as someone who has signed up for this service. The system sends an email alert out to me if there is some document recorded in my name. Once I receive a notice I can go on the Registry website to view the document in question. My Dad, who climbed utility poles for the Boston Edison for 38 years would remind me that some folks may not be great on the computer. In that case, after receiving your email notification, you can call the Registry of Deeds Customer Service Center at (781) 461-6101 to follow up and get some guidance. I have gotten email notices of deeds, mortgages, mortgage discharges and other land documents. Luckily, these notices involved someone with the same name and did not involve my home. An email notification may be a small inconvenience when you weigh the

FRAUD

continued on page 24



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Dean College Holds 154th and 155th Commencement Exercises, May 8, 2021

Dean College held its 154th and 155th Commencement Exercises on Saturday, May 8, 2021, at the Dean College campus in Franklin, MA. The celebration included ceremonies for both the Class of 2020 and the Class of 2021, as the in-person ceremony to honor the Class of 2020 was postponed last year due to the COVID-19 pandemic.

Both ceremonies were held outside on the front lawn of Dean Hall. The Class of 2021 Commencement Exercises took place at 10:00 a.m. and honored 268 graduates, including both those in attendance and those unable to be there in person. The Class of 2020 Commencement Exercises took place at 3:00 p.m. and honored 281 graduates with just over 100 graduates returning to participate in the ceremony.

The keynote address for both ceremonies was provided by Dean College President, Dr. Paula M. Rooney, who reflected on the uniqueness of being a 2020 and 2021 graduate.

“For the rest of your lives people will reflect on the years 2020 and 2021 and try to understand

the impact,” said Dr. Rooney. “People will ask where you were in 2020 and 2021 – it will become the question of the day. Forevermore you will have the ability to say that you completed your college degree during an extraordinary upheaval. Despite isolation, disruption, economic and political turmoil, and of course, all of the technical challenges, you did it. You. Each and every one of you earned your Dean College degree.”

Dr. Rooney advised students to “Choose your next destination with passion. Choose it because you think it’s the right thing for you, and it’s what YOU want to do with your life. Choose it because you think you will be able to contribute something meaningful to your world.”

Student representatives from each class were selected to speak on behalf of the graduates.

Representing the Class of 2021 was Raen See, an Arts and Entertainment Management major from Piscataway, NJ.

See was an active member of the Dean community and was involved in the Student Govern-



ment Association, the Student Ambassador Team, International Student Orientation and a number of campus theatre productions. Additionally, she was named to the President’s List for the 2019-2020 academic year.

“Dean has given me countless opportunities to find my passions, come out of my comfort zone and make the transition from a follower to a leader,” said See.

See addressed her classmates’ progress despite the pandemic, saying, “We as Bulldogs have shown that we have been able to adapt and adjust to our surroundings time and time again, and for us, the possibilities are endless. This one is for us, and no one can take that away...not even COVID. Everything that we have worked so hard for has laid the foundation and all we

need to do is start building.”

Representing the Class of 2020 was Glenn Morales, a Communications major from Plymouth, MA.

While at Dean College, Morales was actively involved on campus with the CAL Club, Black Student Union, the Dean News Network, the SpeakEasies improv club, the Raito Fashion show, Open Mic Nights, and was the student presenter at the 2020 Virtual Toast celebrating the Class of 2020. In addition, Morales was the 2020 recipient of the Arthur W. Peirce Prize and received a First Year Scholar award in History.


Morales reminisced about March 2020, when he and his classmates shared a “blissful ignorance” after learning that spring break had been extended. “It will all be over in a week,” said Morales. “If only we had known.”

“My friends and I have reflected over the past year, wondering what would have been... but we never looked back with regret,” said Morales. “No one could have foretold of the challenges we would face when


thrust into the world, and yet we persevered. With little promise of careers, a commencement, the well-being of our families, we persevered. I believe that I speak on behalf of all of my fellow graduates when I attribute a great portion of that strength to this community.”

Morales concluded, “My hope is that everyone will take the opportunity of today to remember. Remember not only the challenges, the fear and the seclusion, but remember who pulled us through. Remember that the future we seek is only on the horizon, and our perseverance is further proof that there is no class as ready or eager to conquer the world. Remember that the love we share as a community, though currently socially distanced, will always be with us. Congratulations, Bulldogs.”


Both ceremonies were held in accordance with COVID-19 safety policies and procedures set by the Commonwealth of Massachusetts, Town of Franklin and Dean College. To learn more about Dean College, visit www.dean.edu.




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Franklin High NHS Seniors Raise Funds to Remember Town's Veterans

By J.D. O'GARA

There are 45 fallen heroes in Franklin, soldiers who have given their lives while serving in the U.S. Armed Forces. All 45 were honored with pedestals on the Franklin Veteran's Walkway



Funds raised by the FHS NHS students will also help repair some of the town's monuments to veterans, including the "Doughboy," or WWI soldier, which has some water damage.

when it was constructed, but not all 45 had a brick of their own – until now. Thanks to four National Honor Society students at Franklin High School, the remaining 37 of those 45 heroes who were not represented on the brick walkway now have one close to the pedestal that commemorates them. The FHS seniors, including Brady Duncan, Trevor Donahue, Lia Madden and Amy Sullivan, did some Facebook fundraising when they learned of the need. The money they raised not only paid for the bricks, but the remainder will also spruce up other Franklin memorials.

"A couple of them need repairs – the Gettysburg is probably the worst," says Veterans Services Officer Dale Kurtz, although he also notes that the Civil War memorial needs attention and that the Doughboy, the WWI soldier statue, has a leak issue that will be addressed.

Kurtz worked with Debra Martin, also of the Veterans Services Office, on a grant through Massachusetts SHRAB, the state-level review body for grant proposals submitted to the National Historical Publications and Records Commission (NHPRC) to restore the monuments. They needed matching funds, which the students' fundraising provided.

One of the four FHS students, Lia Madden, found out about the Franklin Veterans Office need through her work for Ariel Doggett, of the Franklin Senior Center's supportive day program. Doggett says, of the NHS student's effort, "It was great to have people volunteer and connect generations for the benefit of everyone."



The bricks were placed as close to the pedestal memorials as possible.



Thanks to Franklin High School National Honor Society students, Franklin's fallen heroes are now fully represented with bricks on Franklin Veterans Walkway. Shown, from left, Franklin Veterans Services Officer Dale Kurtz, Brady Duncan, Lia Madden, Trevor Donahue, Amy Sullivan, and Debra Martin (Franklin Veterans Services Office).




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Congratulations to our May Winners: William Scotland, Corinne Fahey, Bob Zalvan, Joe Clar & Sherri Bauman

Think Franklin First Gift Card Initiative Reaches \$50,000 in Sales



The “shop local” initiative, Think Franklin First gift card program that began back in December 2020 has reached \$50,000 in sales, according to Franklin’s Marketing & Communications

Specialist Anne Marie Tracey. The project is an ongoing collaboration between the Town of Franklin, Dean Bank and the Random Smile Project. The closed-circuit gift card program is intended to keep consumer dollars within the town, to help businesses compete with larger entities, such as Amazon and Visa, that sell generic purchase gift cards. Residents who purchase Think Franklin First gift cards are making sure their purchase benefits businesses right within their community.

Tracey points out that the Town didn’t know what to expect in sales from the endeavor.

“Thank you to the Franklin Community for supporting this great initiative. I’m thrilled with this response,” said Tracey, in mid-May. “I would have been happy to have sold \$20,000 in gift cards, because I just didn’t know, and now we’re at \$50,000!”

Tracey adds that gift card purchasers can reload cards to continue to use them at participating Franklin businesses. Consumers can purchase the cards at Dean Bank or online.

The Think Franklin First Gift Card program is endorsed by the Franklin Downtown Partnership, #shopFranklin, the MetroWest Visitors Bureau, MyLocalMA, The United Regional Chamber of Commerce and the Massachusetts Office of Travel and Tourism.

For more information, including participating vendors, visit www.franklingiftcard.com.

By J.D. O’GARA

MetroWest Visitors Bureau Awards Mini-Grant to Franklin

\$1,600 Grant to Fund Small Visitors’ Center at Town Municipal Building

By J.D. O’GARA

The Town of Franklin is among the recipients of The MetroWest Visitors Bureau’s spring cycle of grants. The awards, totaling \$70k, are funded through the Bureau and the Massachusetts Office of Travel & Tourism to promote MetroWest events, attractions, businesses, services, cultural and recreational opportunities. Franklin has received \$1,600 to fund a mini-visitor’s center in the lobby of the Franklin Municipal Building.

“Through these grant projects, we are able to highlight our region and stimulate economic recovery,” says Erin Lynch, Executive Director of the Bureau. “We are attracting visitors while generating local enthusiasm and support for MetroWest community businesses.”

“As the municipal building and more of our facilities open up to the public, and we have more traffic coming in to do business here, we’re wanting to capture that audience and expose them to all the wonderful things to do in Franklin and beyond, the amenities we have, the shows, our open space, all the parks and recreation,” says Franklin Marketing and Communications Specialist Anne Marie Tracey. “We just didn’t

More To Explore



MetroWest Visitors Bureau

have a dedicated space to offer that type of information.”

Working with interns from Franklin High School, Tracey will design the visitor’s center as a tablet-based, interactive experience to easily access information. “I figured we’d start this and do a proof of concept to see how many people we got, how many found it helpful and maybe grow it in the future, with bigger, perhaps more locations. The great thing about it being digital is it can be duplicated,” says Tracey, who envisions the kiosk to be up and running by July.

One of sixteen Regional Tourism Councils in Massachu-

setts, the MetroWest Visitors Bureau participates in the state’s MyLocalMA campaign encouraging Massachusetts residents to eat, shop and stay local, and the Bureau’s mini-grant program aligns with that mission. “As travel begins to open up again,” Lynch says, “it remains critical to include MetroWest in your plans. Our local hotels and attractions have been very hard hit and still need help to survive.”

Learn more about the MWVB by visiting www.metrowestvisitors.org or by following on social media @visitmetrowest. #visitmetrowest #visitma #mylocalma

Congratulations to the Class of 2021!

June 4th - Graduation Ceremony

June 5th - Senior Car Parade

Graduation
Raindate 6/5

Franklin Public Schools

Parade
Raindate 6/6

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Franklin's Annual Empty Bowls Event June 10th

Franklin's annual Empty Bowls event will take place on June 10th at Franklin High School in the Ceramics Studio between 5 and 7:30 p.m. This year, visitors will come to the ceramic's studio, pick out a bowl and be able to peruse beautiful handmade auction items. The Auction will be open for on-line bidding and will remain open until June 20th.

Tickets can be purchased here: <https://tinyurl.com/FF-Emptybowls2021> and we respectfully ask that all attendees wear a mask and be socially distanced.

Empty Bowls is an international grass roots effort to fight hunger and raise funds to support local pantries. The Franklin Food Pantry and the FHS Empty Bowls Club work together to sup-



port the cause locally. For more information about the event, visit www.franklinfoodpantry.org or call (508) 528-3115.



About the Franklin High School Empty Bowls Club

Franklin High School is participating in an international charity project called Empty Bowls, which supports hunger initiatives in local communities. The objective of the Empty Bowls Club is to teach students of all ages that they can make a difference in their local community. Club members, their families, coupled with the Franklin community spend the year making ceramic bowls by hand. Then, the Empty Bowls Club and the Franklin Food Pantry co-host a fundraiser at FHS. All funds raised at this event are donated directly to the Franklin Food Pantry.

About the Franklin Food Pantry

The Franklin Food Pantry offers supplemental food assistance and household necessities to over 1,400 individuals. Neighbors have access to a variety of fresh, frozen and nonperishable foods on weekly shopping trips for drive-up distribution. As a non-profit organization, the Pantry depends entirely on donations, and receives no town or state funding. Visit www.franklinfoodpantry.org more information.

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Sports

Lazzaro Labeled 'Franklin's Most Complete' Lacrosse Player

Penn State Will Be in His Future

By KEN HAMWEY,
STAFF SPORTS WRITER

Matt Lazzaro has been labeled “the most complete player in the program’s history” by coach Lou Verrochi, who started lacrosse at Franklin High 25 years ago.

That’s high praise indeed, but praise that’s nevertheless warranted.

Consider what the 18-year-old senior has achieved in his 2½-year varsity career — 52 points as a freshman (25 goals and 27 assists); 122 points (68 goals and 54 assists) as a sophomore; consensus all-American honors as a sophomore; scholarship offers from Boston University and Penn State; a first team Hockomock League all-star choice as a sophomore; and selection as a Panthers’ captain this season.

Here’s how Verrochi summarizes the strengths of his 5-foot-10, 170-pound attackman. “Matt has a super high lacrosse IQ,” the coach said. “He’s athletic, has speed and quickness, is tough as nails and his field vision is excellent. Highly motivated, Matt is a competitor who’s an accurate shooter and an outstanding passer. A captain who leads by example and by being vocal, he’s got a great demeanor. He’s just very special.”

When Lazzaro heard about Verrochi’s complete-player label, the Franklin native said: “I’m tremendously humbled to hear coach Verrochi’s opinion, because there have been many great players who’ve gone through the program. I’m awed by his words.”

Lacrosse is a sport that’s taken command of Lazzaro’s heart. He began playing it as a six-year-old in Franklin’s youth program, and he’s been competing at the club level for 10 years.

“I like lacrosse because of its fast pace,” he offered. “It also requires a competitive and aggressive nature. Playing attack is enjoyable. I like scoring goals, but the position has passing and defense associated with it. Those are



ways to contribute. Assisting on a goal is just as effective as scoring a goal.”

College coaches and scouts noticed Lazzaro’s smooth and aggressive style early on. Boston University offered him a scholarship in his junior year, but when the pandemic hit, he conferred with his parents and decided to decommit, opting instead to attend prep school at Deerfield Academic for a year. Penn State, however, offered him a scholarship last fall, which he has accepted.

“Both BU and Penn State have traditionally strong programs,” Lazzaro emphasized. “I decided on prep school, because it’ll provide more preparation for the future. It’ll be exciting to eventually play for Penn State.”

Now in his final year with the Panthers, Lazzaro is pleased to be competing after having his junior season canceled because of Covid-19. His team objectives are lofty and his individual goals are admirable.

“My team goals are to win the Kelly-Rex Division title, the sectional crown and the state title,” Lazzaro said. “My personal goals are to be the best leader I can be and to help take our team to the highest level possible. The team goals are big challenges, but we’ll strive to achieve them. They’re possible.”

At Local Town Pages deadline, the Panthers had a 5-0 record and Lazzaro had 8 goals and 5 assists. However, a foot injury forced Lazzaro to miss two games, and in Franklin’s first three victories, he played only two quarters in each of those triumphs.

Lazzaro’s most memorable game came as a sophomore in a non-league clash against Boston College High. Franklin won, 10-9, in overtime.

“I scored six goals and had three assists,” he recalled. “I got the winning goal by firing an outside shot that beat goalie Jamie Horton, who was a teammate of mine in club lacrosse. He played an awesome game in goal, but all the credit goes to my teammates. All the points and assists I got in my first two years on the varsity reflect a team-oriented approach. Being selfish doesn’t play well in team sports.”

Lazzaro also credits his teammates for his all-America honors as a sophomore. Representatives and coaches from the state’s lacrosse leagues voted, and he was a consensus choice.

“My teammates helped me get that award,” Lazzaro emphasized. “The award was for our team. I’m honored to compete with great guys and glad that the honor is a reflection of the Franklin High lacrosse program.”

Lazzaro is quick to point to contributions of Franklin’s other senior captains — midfielder Owen Kielty, defenseman Zach Harvey, and goalie Jack Maguire.

“Owen is skilled and adept in transition,” Lazzaro said. “Zach’s stickwork is great and he’s got a nose for ground balls. Jack is strong in net and always reliable to make a key save.”

Verrochi also draws laudable comments from Lazzaro. “Our coach is intelligent, motivating and highly respected,” he said. “He’s done a remarkable job stressing the value of fundamentals.”



Matt Lazzaro is the total package — a talented lacrosse player who understands perspective and priority.

When Lazzaro finishes his prep year then begins his frosh season with the Nittany Lions, he’s acutely aware that if his transition is to go smoothly, he’ll have to bank on some key attributes. “The college game will be faster and the talent level will be top-notch,” he said. “What I’ll rely on is a high lacrosse IQ and mental toughness.”

Calling his parents (Lisa and Neil) roles models for their support and encouragement, Lazzaro’s competitive philosophy is a combination of winning, having fun and reaching his potential. “Winning is important,” he noted. “And, when playing lacrosse, I’m in enjoyment

mode, always trying to do my best, whether it’s scoring, assisting or making a defensive stop.”

Lazzaro has had highs and lows in an athletic career that’s focused solely on lacrosse. His top thrill wasn’t earning all-American honors, Hockomock League all-star recognition or being named a captain. It came when he was named a starter as a freshman attacker.

My brother (Sean) was a senior on that team,” Lazzaro said. He was a starter as a long stick midfielder. He was very helpful in my development, and I was glad to be his teammate.”







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Spring Arts Awakening Continues at THE BLACK BOX

THE BLACK BOX, Franklin's very own concert, theater, and event venue, will continue its nine-week entertainment series, outdoors under a tent in the venue's parking lot. The Spring Arts Awakening celebrates a comeback for arts and entertainment and offers an opportunity to support THE BLACK BOX in its recovery from the pandemic.

June kicks off with a love-filled Pride Concert starring Broadway husbands Christopher and Clay Rice-Thomson on June 5th. Audiences can expect radio hits, Broadway classics, and more in this celebration of inclusion and being true to yourself. A perfect show for the whole family, audiences will leave with a smile on their face and a song in their heart.

Franklin is invited to celebrate the Art Walk Kickoff with a complimentary

reception from 5-7 p.m. on June 11th under the tent at THE BLACK BOX sponsored by the Franklin Cultural District.

THE BLACK BOX presents a special cabaret performance spotlighting the talents of promising young singers on June 11th at 8 p.m. The Rising Stars Cabaret features a variety of musical styles and accompaniment by FPAC's resident Acme Rhythm Section.

Emily Koch of Broadway's Wicked and Waitress performs a solo-ish show based on her middle school journal, which was ironically addressed "Dear Elphaba" on June 12th. eMulbOy5 is a preteen saga of love, fandom, and identity. When 11-year-old Emily's best friend moves away unexpectedly, she decides to change her identity

entirely to become a boy named Emul, whose AIM screen name is eMulbOy5.

The Kenny Hadley Big Band is back at THE BLACK BOX on June 13th at noon. Don't miss this amazing 16-piece band of the best of the best jazz musicians playing masterful arrangements of big band's greatest repertoire. A delicious brunch is served beginning at 11:45 a.m. and the music begins at noon.

Donald Krishnaswami will present a classical concert free of charge at THE BLACK BOX on June 13th at 4 p.m. A Juilliard graduate, Mr. Krishnaswami is a soloist and a chamber music collaborator, and is a founding member of Franklin's LiveARTS String Quartet. He has performed as an orchestral player in Boston, New York, and Philadelphia, has toured extensively both



domestically and internationally with the Boston Pops and has been a backup musician with major music industry jazz and pop artists.

Electric Youth and the Boston Show Band return to THE BLACK BOX on June 18th and 19th. The show features choreography by the EY Creative Team and Broadway's Clay Thomson and Christopher Rice. Backed by the world class Boston Show

Band, EY shows deliver high energy fun for audiences of all ages.

Entertainment at THE BLACK BOX will continue throughout the summer with more concerts and events featuring Broadway stars, local artists, and more. Patrons are encouraged to visit www.THEBLACKBOXonline.com and follow THE BLACK BOX on social media to stay updated on the venue's offerings.

Franklin Art Association June 2 Meeting to Feature Ann Gorbett, "Palette Knife Painting"

The Franklin Art Association monthly Zoom meeting will take

place on June 2, at 7 p.m. The featured artist is Ann Gorbett.

Attendance is open to the public and all are invited and welcome

to join us for what promises to be an enjoyable and informative event.

Ann Gorbett paints exclusively with a palette knife to create her oil paintings because of the thick and expressive strokes of color she can create with it. Ann holds a Fine Arts degree

from Miami University of Ohio and has worked as a professional graphic designer in Boston for over 30 years., She is widely known for her beautiful palette knife paintings, will discuss her work and demonstrate her technique at our monthly meeting via Zoom, link s02web.zoom.us.






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St. John's Good News Garden Needs Helpers

Last year St. John's Episcopal Church started a small community garden to supply the Franklin Food Pantry with some fresh veggies for local neighbors. The garden went so well, they plan to build a bigger and better Good News Garden this year. This season the whole community is invited to help.

The Good News Garden Project is growing throughout the Episcopal Church community.

Choose how you and your family can help. Sign up to:

- Construct a raised bed. Materials will be supplied and are on site
- Help haul garden soil to fill a bed
- Enclose raised beds with fencing, including in-bed plant supports
- Place lining on paths between beds
- Help plant seedlings

- Water beds/weed gardens as needed during growing season

- Harvest and deliver fresh produce to Franklin Food Pantry early on Tuesdays and Friday mornings

All these activities will be accomplished while carefully following COVID guidelines.

In May, this is what was accomplished:

- St. John's Church school kids planted some seeds and started grow seedlings
- Church members built raised beds to the right of the current garden
- Members of St. John's Church planted the garden and engaged in the generosity of God's abundance.

To build on last year's success, they need you, your friends and family. It's an ideal way for stu-

dents to fulfill community service hours. Students will get a note from St. John's Church to document their community service to the garden.

Sign up on the Signup Genius on St. John's Church website at <http://www.stjohnsfranklinma.org>. Scroll to the bottom of the first page. Or sign up with Deacon Maggie Geller who is organizing.

For more info please contact Deacon Maggie Geller at maggiel@comcast.net. Or call her at (508) 277-1032.



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Information Session May 17, 2021 @ 7PM Norfolk Town Hall if permitted due to COVID
Applications accepted:/postmarked June 10, 2021 @ 12:00 PM if dropped off must be by 6PM
Housing Lottery: June 15, 2021 @ 7PM Via Zoom link available at www.norfolk.ma.us

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FRAUD

continued from page 16

consequences of a fraud on your house or condominium. There may be a time that when I get one of these notifications and it will show a fraudulent deed involving my home or a fraudulent mortgage on my property. The fraud has not been prevented, but the Consumer Notification Service will be a way to get notified and get on the problem right away. On the Registry website,

we have Law Enforcement Contact Information.

The Norfolk County Registry of Deeds Consumer Notification Service is free, although some private companies try to charge for similar notifications. Under Massachusetts law, a forged signature does not convey ownership, so the forged deed would be void as would any mortgage that was put on as a result of the fraudulent deed. The real risk is not that you will lose your property, it is that you will be saddled with the hassle and cost of prov-

ing to everyone that you did not execute the forged deed. The Consumer Notification Service of the Norfolk County Registry of Deeds would be a prompt way to be informed of a fraud against your home and then immediately take the necessary steps to fight it and protect the biggest asset most of us have, our home.

To learn more about these and other Registry of Deeds events and initiatives, like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds and Instagram.com/

NorfolkDeeds.

The Norfolk County Registry of Deeds is located at 649 High Street in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information. All land record research information can be found on the Registry's website www.norfolkdeeds.org. Residents in need of assistance can contact the Registry of Deeds Customer Service Center via telephone at (781) 461-6101, or email us at registerodonnell@norfolkdeeds.org.



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Hey, nonprofits in Franklin (and that serve Franklin), the new network created just for you now has a website! Franklin Area Nonprofit Network (FANN), designed to allow area nonprofits work together to be the best they can be, can be found at: <https://www.franklinareanonprofitnetwork.org>.

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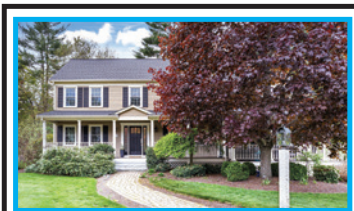
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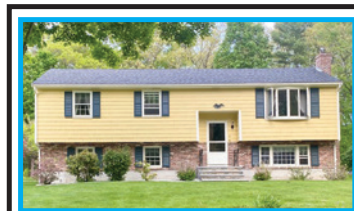
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Real Estate Corner

Franklin Senior Center's June Events

The Franklin Senior Center, at 10 Daniel McCahill St., Franklin, has reopened for limited programs and activities. Many activities require pre-registration, please call the Senior Center at (508) 520-4945 or check The Senior Connection newsletter, available at the town website <https://www.franklinma.gov>, (look for "Senior Center" under "Departments") for the most up to date information. The Franklin Senior Center also has an active Facebook page.

• FREE OUTDOOR CONCERT

On Wednesday, June 2nd, Boston Award Nominee Susan Cattaneo will perform old standards outside at the Franklin Senior Center. She will perform 2 sets; 1 p.m. & 2:30 p.m. with a rain date on June 3rd. Complimentary snack boxes will be

provided, please call the Senior Center at (508) 520-4945 to reserve a space. This free concert is supported in part by a grant from the Franklin Cultural Council, a local agency which is supported by the Mass Cultural Council, a state agency.

• STAMPIN UP!

Wednesday, June 16th at 1:30 p.m. at the Senior Center. Join us for an hour of socialization, crafting & fun! Space is limited, call the Senior Center at 508-520-4945 to sign up.

• NAME THAT TUNE!

Friday, June 11th at 1 p.m. via Zoom. Whether you know your music or just enjoy listening to it, you are sure to have fun at this lively, fun-filled event. To join, email Ariel at adoggett@franklinma.gov.

• A NIGHT AT THE THEATER

Thursday, June 17th at 6 p.m. via Zoom. Experience the beauty and wonder of the historic Wang Theatre through our Virtual Tour! Guests will go behind the scenes and see hallways walked by entertainers like Bruce Springsteen, Ella Fitzgerald, Mikhail Baryshnikov, Queen, Elton John, Lady Gaga, Liza Minnelli and more! This is not a prerecorded video; each tour is led by a trained guide that will take viewers through the building and backstage and answer questions about its unique history; from its roots as a hotel and glamorous days as a movie "cathedral," to today's role as an impressive venue for performances and events. Please register for this Zoom event by emailing Ariel at adoggett@franklinma.gov.

WEEKLY ACTIVITIES:

Monday	Tuesday	Wednesday	Thursday	Friday
11:00 Book Club (1st Mon of month)	9:30 Busy Bees Crafting	9:00 Wellness Nurse	9:30 Busy Bees Crafting	10:00 Woodcarving
1:00 Tele-Bingo	9:30 Low Impact Fitness with Shirley Mae	9:45 Chair Yoga	9:30 Low Impact fitness with Shirley Mae	11:00 Sunshine Club (virtual)
1:30 Movie Matinee	10:00 Chair w/ Judith (virtual)	10:00 Knitting	10:00 Discussion Group	12:00 TOPS
2:00 Memory cafe (4th Mon of month)	11:00 Cardio w/ Judith	11:00 Zumba	10:00 Chair w/ Judith (virtual)	
	1:00 Audio Book Club/ Low Vision Support	1:00 Fibromyalgia Support (1st Mon of month)	11:00 Cardio	
	1:00 Quilting	1:00 Senior Scribblers Writers Group	12:30 Painting Space	
	5:30 Quarantini (virtual)	4:00 Alzheimer's Caregivers Support Group (2nd & 4th Wed of month)	1:00 Bingo	

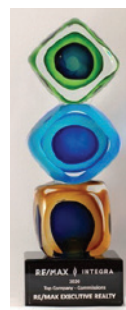


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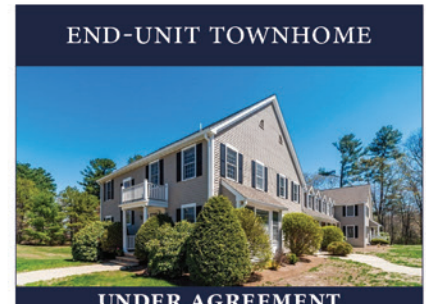
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