# Holiston In the local town pages with the l

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Free to Every Home and Business Every Month

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**June 2021** 

## Versatile Umlauf A Major Key For Holliston's Softball Team

By KEN HAMWEY Staff Sports Writer

Holliston High's softball team was in rebuilding mode a year before the covid-19 pandemic struck. Winners of only four games in 2019, the program now is moving forward in spite of having its momentum stalled by a virus that forced the cancellation of last season's schedule.

If the Panthers hope to bounce back and emulate something close to their 14-6 record of 2018, they'll need a blend of talent and strong leadership to right the ship.

Enter Madison Umlauf.

The 18-year-old Holliston native was on board for the 14-6 season as a freshman and she played a key role on the four-win team her sophomore year. Extremely versatile, she's able to play any position. As a

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**Madison Umlauf** 

freshman, she played second base and hit .311. As a sophomore, she pitched and was credited with three of Holliston's four victories. She also hit .343, collecting 23 hits and 6 RBIs.

Her coach, Don Quindley, who took the head coaching reins when Umlauf was a sophomore, says she's "like a coach on the field."

"Madison is versatile, has an incredible work ethic and she's a great leader," Quindley said. "She was selected as a captain after her sophomore season. Very athletic, she has a high softball IQ and she's a very capable hitter, pitcher and catcher."

**SOFTBALL** continued on page 4



### Garden Club Sale A Success

The Holliston Garden Club held its plant sale last month and it was a huge

"It was a huge success and nothing absolutely nothing was left. Every plant and every container was sold! And the raffle prize was won by a new member of our club. She was so excited to receive the handmade potting table

GARDEN

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#### **GARDEN**

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## Choosing The Right Countertop

By John Szolomayer, RE/MAX Executive Realty

Your kitchen counters need to work for your lifestyle. There are many materials to choose from, so how do you decide? Here are a few ideas that can get you started when you pick out the countertop for your home.

**Granite:** Granite is a naturally occurring stone used frequently in kitchen countertops. The stone is sourced from quarries and is cut into thin slabs that can be polished and fit as countertops. It has several benefits, including an easy-to-clean surface without cracks or crevices.

Marble: Like granite, marble is a natural stone. It is typically found in shades of white and makes an excellent single-surface countertop. Once polished, marble counters are high-gloss and easy to use. No two marble countertops are the same.

**Tile:** Some people like to use tile made of ceramic, stone or glass on countertops. It is easy for do-it-yourself counter builders. However, you must use the correct grout to ensure that the counters stay clean and free of debris.

**Wood:** A popular choice for countertops right now is wood. Wooden countertops are also referred to as "butcher blocks" and are durable, cleanable and attractive. However, they need additional care to keep them clean and free of damage.

**Laminate:** Laminate countertops have come a long way since they were first introduced in the mid-20th century. Laminate is good for budget-conscious homeowners and can mimic natural forms such as granite or wood, among other fun patterns.

**Concrete:** Some homeowners love the look of concrete countertops, which can be poured in custom forms. Once the concrete is set, the surface is durable. Concrete can also be tinted or have decorative aggregates added.

What kind of countertop do you want in your kitchen? Contact me today to see how I can help.

Information provided by John Szolomayer from RE/ MAX Executive Realty. For more information, John can be reached at JohnSzolomayer.com or 508-259-4788. Your Money, Your Independence

### **New Dependent Care FSA Changes Provide Tax Savings**

Mo' stimmy, mo' complexity. It's like the more stimulus we come across, the more complexities we see.

The Good. The American Rescue Plan Act (ARPA), signed into law on March 11, raises pretax contribution limits for dependent care flexible spending accounts (DC-FSAs). New DC-FSA annual limits for pretax contributions increases to \$10,500 (up from \$5,000) for single taxpayers and married couples filing jointly, and to \$5,250 (up from \$2,500) for married individuals filing separately. This is only calendar year 2021, for now.

Money put into a DC-FSA not only reduces taxable income but it also avoids the 7.65% tax of Social Security and Medicare.

For example, if in a 24% federal tax bracket + 5% state tax + 7.65% = 36.65% DC-FSA Contribution Tax Savings Rate. Thus, the new \$10,500 maximum for 2021 is \$3,848 tax savings in this scenario. In a 32% federal bracket, make it \$4,688

(44.65% x \$10,500) in tax savings.

So just go to your HR benefits and raise your DC-FSA amounts?

If it were only that simple, as Congress loves complexity.

The Bad. APRA doesn't require employers to offer the new DC-FSA annual limits. Those that are, many offer a one-time, midyear change. If you're not proactive or paying attention to HR communications, you will miss out.

If miss out on DC-FSA, fear not as the ARPA also increased the child & dependent care (C&DC) tax credit for 2021, which is positive but...

**The Ugly.** The C&DC credit is fully refundable, and maximum credit percentage increases to 50% (from 35%). This phases down to 20% with AGIs between \$125,000 and \$400,000, and further phases down 1% for each \$2,000 over an AGI exceeding \$400,000. The amount of expenses eligible for the credit

increases to \$8,000 (from \$3,000) for one qualifying child and \$16,000 (from \$6,000) for two or more qualifying children, thus maximum credits are \$4,000 and \$8,000.

Got that?

Furthermore, you can't "double-dip". Meaning contributions to DC-FSA to cover qualified expenses can't be used for C&DC tax credit, but you can create a combination to maximize tax savings.

**Questions To Ask.** If better to put money into a DC-FSA or take C&DC tax credit or a combination, consider:

- Able to participate in DC-FSA?
- What is your AGI?
- How many qualifying children?
- Expected qualified dependent care expenses (i.e. daycare, after-school, summer camp)?

Yes, summer camps count, even for your 12 year old's soccer camp.

Tax laws and regulatory changes remain constant, connect with your Certified Financial Planner to see how to maximize tax savings to your situation.

The opinions voiced in this material are for general information only and are not intended to provide specific advice or recommendations for any individual.

Glenn Brown is a Holliston resident and owner of PlanDynamic, LLC, www.PlanDynamic.com. Glenn is a fee-only Certified Financial Planner<sup>TM</sup> helping motivated people take control of their planning and investing, so they can balance kids, aging parents and financial independence.



Glenn Brown

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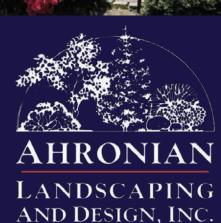
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#### **SOFTBALL**

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Quindley admired Umlauf's coachable nature when he was trying to find the right position for her. "Madison understood we were building for the future," he emphasized. "She just said to play me where you need me."

The coach knew what role was right for Umlauf when the Panthers played Framingham. She pitched and the end result was a victory, thanks to her mound work and also her ability at the plate.

"The game went nine innings and I struck out 13 and walked only one batter," she recalled. "In the bottom of the ninth, I doubled to drive in the winning run for a 7-6 win. That game was thrilling and so has being named a two-time captain."

The 2021 season is Umlauf's last as a Panther and she's got some specific goals. "I'd like to

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#### Publisher

Chuck Tashjian

#### Editor

Susan Manning

#### Send Editorial to:

editor@hollistontownnews.com

Advertising Director
Kathy Benoit

#### **Advertising Sales Manager**

Jen Schofield 508-570-6544

jenschofield@localtownpages.com

#### **Multi Media Sales Consultant**

Jeremy Wardwell 413-204-5296 jeremywardwell@localtownpages.com

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see us win as many games as we can and I also want my teammates to have fun, especially after having last season canceled," she noted. "This should be a year of re-connecting. My personal goals are to hit .400 and to develop a successful rise ball pitch."

At Local Town Pages deadline, the Panthers were off to a solid start. They were 3-1 and Umlauf's hitting and pitching stats were outstanding. Her pitching record was 2-1. Offensively, she was hitting .600, had 12 RBIs and 1 home run.

A captain who'll lead by example, the 5-foot-7 Umlauf also will set a positive tone. "I'll be vocal but it'll be in a positive and encouraging way," she said.

When the season was canceled last year, Umlauf displayed lots of leadership. She spearheaded a fund-raiser for the program and it raised \$1,000. "I tried to keep our team connected," she offered. "It was a way to keep the team spirited."

Umlauf's competitive style focuses on being aggressive and intense. "At the plate, it's all about getting the best hit possible," she said. "And it's about owning what you get. In the field, confidence and communication are important, and on the mound it's relying on your fielders and communicating with your catcher."



Opposing hitters never know what they'll be served with Umlauf on the mound. She throws a fastball, change-up, a drop, a drop curve and a screwball. Her favorite position is pitching and the outfield ranks second.

"A pitcher has lots of control of a game," she said. "There's pressure but I do well in pressure situations. I like the one-on-one aspect of me versus the hitter. Also, there's a sense of security when I'm pitching because teammates are backing me up."

Umlauf, who has run the 55-meter dash in indoor track for four years, was disappointed and a bit frustrated when the 2020 spring season was canceled. But, she's pleased to get another chance to compete, especially with her senior year heading for the finish line.

"I've played club softball for five years and I played last summer with the modifications that were imposed," she said. "We're all co-existing with the changes and just glad we're competing. I firmly believe that we must learn from the pandemic. There's knowledge to be gained and we must use the struggle as a reminder not to take anything for granted."

One thing Umlauf won't take for granted are Holliston's other senior captains — infielder Caitlin Damigella and pitcher/first baseman Rutu Tatke. "They're both motivated and positive," she said. "And, Caitlin is very inspiring while Rutu is very unifying."

Also drawing praise is Quindley, Holliston's former jayvee coach who took the varsity reins from Jen Picardo. "Coach Quindley is invested in the team," Umlauf emphasized. "He's always optimistic and he gets the best out of his players."

An honor student for four years, Umlauf will play softball next spring at Rutgers University at Newark, a Division 3 college. She'll major in neuro-science and aim for a medical degree. "A smooth transition to college ball will involve getting comfortable with new teammates, com-

SOFTBALL

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### **Montrose School Senior Places Second In Nation**

Holliston resident one of four winners of National Shakespeare Competition

Anna Sheehan, Montrose School class of 2021, won a top prize in the annual English Speaking Union (ESU) National Shakespeare Competition, held virtually on Monday, April 26. Representing the Commonwealth of Massachusetts and the ESU's Boston branch, Sheehan placed second among the 10 national finalists with her dramatic interpretations of Robin from A Midsummer Night's Dream and Sonnet 2. Due to Covid, her prize will be finalized at a later time.

After competing in the annual contest since her freshman year at Montrose, Sheehan enjoyed her first appearance at the national level.

"The moment when I was most excited during the whole competition was when they announced that I made it to the finals. That meant I got to perform again," she said.



Sheehan credits her Montrose education in helping her achieve her goal: "I thank every teacher who ever urged me to dig deeper in a text, to clarify my thinking, and, beyond the classroom, to empathize with and reach out to other people. It's the others-centered attitude that Montrose fosters that allows me to understand people a little bit better, and when your environment leads you to understand people, there's no limit

to what you can uncover in a monologue, in a scene, or in the richest verse of Shakespeare."

Montrose nominates a student annually to represent the school at the local competition, part of the school's signature "7 Years of Shakespeare" program in which students study at least one of the Bard's works each academic year.

"Honoring and experiencing Shakespeare fosters a wider working vocabulary, a greater sense of communicating with verbal imagery and enhanced reading comprehension," noted Natalie Locke, Montrose drama director and English teacher.

These abilities worked in Anna's favor in this year's contest, Locke said. "Anna's success stems in part from exceptional reading comprehension skills, necessary to understand where a character is coming from and the goal of a scene."

Of Sheehan's win, Montrose Head of School Dr. Karen Bohlin said, "We are so proud of Anna's tenacity, persistence and preparation as she worked toward this monumental achievement. After watching her on the Montrose stage for seven years, we are excited to see the great things she will do in college and beyond."

#### Here are some ways to celebrate Father's Day this year...

The first official Father's Day was celebrated on June 19, 1910, in the state of Washington, created by a woman whose father had raised her and her five siblings by himself. In 1966, President Lyndon B. Johnson issued a proclamation declaring the third Sunday of June as Father's Day, and in 1972, President Richard Nixon declared it a national holiday.

Here are some things to do on Sunday, June 20 (or any day) to celebrate the father figures in your life:

- Bicycle ride
- Breakfast in bed
- Build a drone or a kite together
- Camping
- Clean your room/space (really well)
- Dinner make his favorite dinner or take him to his favorite restaurant
- Facebook tribute say thanks to Dad on social media
- Game Day host a neighborhood soccer or baseball pickup game
- Geocaching
- Handmade cards (regardless of your age)
- Hiking trip
- Host a virtual Father's Day celebration with anyone who can't be there
- "I love you"
- Mini-golf
- Movie marathon watch all of the Marvel or Star Wars movies in order
- Picnic plan and pack a picnic for the backyard or a favorite destination
- Plan a fun-loving prank together
- Scavenger Hunt
- Share stories and memories with him
- Surprise him in any way you can
- Wash his car
- Write a letter, poem, story for him

Sources: www.calendarr.com/, www.goodhousekeeping.com, etc.





## Holliston Newcomers & Neighbors Reflects Back and Looks forward

As summer approaches, Holliston Newcomers & Neighbors membership year comes to a close. But even with all the uncertainty swirling around us, HNN was still able to fulfill our civic, social, and community mission. We successfully coordinated a donation drive for both Thanksgiving Baskets and Easter Baskets supporting Holliston Pantry Shelf patrons as well as Thanksgiving Meals for Seniors supporting the Holliston Senior Center. That's all thanks to the member volunteers that organized these events as well as the members and people from the community who donate.

With just a few adjustments, our members enjoyed socializing - albeit through zoom - through our monthly book club and gettogethers including our annual holiday party with a no-contact yankee swap, a cross-fit training session, an instructional baking night for Valentine's Day (those brownies were decadent), and a tea tasting with instruction given from Hawaii! It was great to be able to see each other even if we couldn't be in the same room. The children of our membership also enjoyed a number of virtual get-togethers including a showand-tell your favorite toy as well as a Halloween Costume event.

Unfortunately, due to COVID-19, our traditional in person fundraisers could not be

held. This was not only sad that our community missed out on attending these fun events, but this also meant that the HNN Community Grant Fund would be missing out as well. Luckily we had introduced a new virtual fundraiser last year - A Prize A Day for the Month of May - which returned for 2021. We hope that everyone had fun waiting to see if they were a winner every day in May. This event will definitely be

an annual event. And of course, the community can always help HNN give back by contributing directly to the HNN Community Grant Fund here https://hollistonnewcomers.org/Donate.

Most important, we could not have accomplished all this without the support of our sponsors

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We look back on this year of ups and downs knowing that with some adjustments and a bit of creativity - HNN was still able to accomplish our mission of giving back and bringing people together. If HNN sounds like something you want to be a part of - then become a member at https://hollistonnewcomers. org/members. We look forward to a new year of membership fun starting again in the fall as well as participating in town wide events along the way. See you around town!

Holliston Newcomers & Neighbors
- Building Friendships, Building
Community









#### **GARDEN**

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## A Taste of What's to Come at SALMON at Medway

#### When Food Goes Beyond the Dining Room for Seniors

SALMON at Medway – the new 55+ community, opening this summer at 44 Willow Pond Circle – loves doing senior living 'outside the box.' Nothing about this combined active independent and assisted living facility has a been-there, done-that feel, especially true of the 57-acre campus's dining program.

Passionately and creatively helmed by Director of Culinary & Dining Operations, Chef Jason Wallin, SALMON's 'Anytime Dining' restaurant-style meal plans are enough to make any college student drool with envy.

"It's not just about eating fresh, local and healthy", says Wallin. "It's about making dining more than a meal and truly making it a lifestyle. Our offerings will feed and nourish the body, mind and soul."

Residents will have tough decisions to make when it comes to eating as they will find many choices available anytime of day, including fresh, locally sourced Mediterranean and plant-based options designed with input from on-site nutritionist Sarah Clarke.

Speaking of local, let's talk about SALMON's partnership with Medway Community Farms. Not only is the farm providing 20-30% of all produce at the community and helping tend to the on-site hydroponic garden, they and SALMON will host

on-campus farmers markets open to the public all summer long.

And the sweetest little 'extra'? A collaboration with Best Bees of Boston making SALMON at Medway the only senior living community in New England to boast on-site beekeeping. Residents can immerse themselves in education, experience and fresh honey drizzled on top of anything they want.

As a family-owned business, Wallin, SALMON CEO, Matt Salmon and their team are committed to making the community feel like 'home' for seniors' family and friends, too. "Our campus is an open, inviting place where people want to be", says Wallin. "Every element is thoughtfully planned to maximize the health, well-being and happiness of our residents and their extended social circles."

Included among the family-friendly dining and entertainment: a game room for grandkids to hang featuring a more kid-focused menu; a casual café with grab-and-go items for in-room entertaining; and cooking classes hosted by Wallin.

When it comes to the menu and lifestyle at SALMON at Medway, there hasn't been a detail overlooked and the community is excited to open its doors to residents and the local community. Check them out at www.medwayseniorliving.com or on Instagram, Facebook and TikTok @SalmonatMedway.

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expenses (up to \$3,500 value)!



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### **New Cooking Show Airing on HCAT-TV**

Resident Chef Silvia Ribas main goal is to share her recipes that focus on helping residents maintain a balanced and whole diet. Her new local HCAT-TV show "Garden in the Kitchen" will give her an opportunity to do just that. The first two episodes were taped in her home and are currently airing on HCAT-TV. The first dish that Silvia prepared is ground turkey butternut

Silvia grew up in a small farming town in Brazil. As a young child she would help her grandmother sell vegetables at the local farmers market. That experience taught her the value of nutritious foods which are grown from our planet's soil. "My recipes are

JOHN ELHILOW, C.PED, O.S.T.

in less than an hour" says Ribas. She wants everyone to know that it's possible to maintain a healthy diet with home cooked meals without interfering with people's busy lives.

Viewers can expect to see Silvia prepare gluten free recipes. Some other dishes will include filet mignon, sheet pan chicken and potatoes, instant pot chicken parmesan, sheet pan sausage and peppers as well as other healthy

Garden in the Kitchen has been featured on msn.com, Country Living magazine, 36,000 followers on Facebook and Instagram. Visit Silvia's blog at Garden in the Kitchen.

Watch Garden in the Kitchen on HCAT-TV on Comcast channel 8 or Verizon channel 32. Check the local program schedule for days and times. Go to: www. hcattv.org Click HCAT's Facebook link to watch the Premiere edition! https://www.facebook. com/HollistonCableAccess/videos/553996982246020.







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#### **GARDEN**

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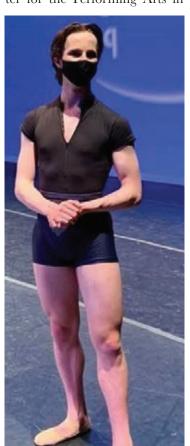
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### Dancing Arts Center Students Compete in Youth America Grand Prix Finals

Dancing Arts Center is proud to announce that two of its students are competing in the Youth America Grand Prix finals held at the David A. Straz Jr. Center for the Performing Arts in



Tampa, Florida from May 10-16, 2021.

Youth America Grand Prix (YAGP), the world's largest global network of dance, each year hosts a season of regional semi-finals for top ballet and contemporary dance students in the U.S. and around the world, culminating in the YAGP finals. Trevor PinterParsons, age 18, and Clementine "Coco" Perrott, age 12, both of Holliston, will attend master classes and perform classical and contemporary solos in their age divisions while competing in Tampa. Mr. PinterParsons is one of over 65 finalists in Senior Men's Category and will be dancing the Act III Franz variation from Copèlia and "Emergence" for his classical and contemporary solos. As one of over 160 in the Junior Ladies' Category, Miss Perrott will be dancing the Cupid variation from Don Quixote for her classical solo and "One Morning in June" for her contemporary. Both students train under the direction of Gregg Saulnier and Patrick Notaro at Dancing Arts Center in Holliston.

For well over a decade, Dancing Arts Center students have





been participating in the regional YAGP semi-finals, which this year took place March 19-21 at the Hanover Theater for the Performing Arts in Worcester, Massachusetts. Dancing Arts Center brought six dancers to the competition: Mr. PinterParsons, Senior Men's Category; 15-year-old Gabrielle Schmid of Holliston, 12-year-olds Jacqueline Vaughn of Holliston, Julia Kerins of Upton, and Miss Perrott, all in the Junior Ladies' Category; and Avery Marion, age 11, of Holliston in the Pre-Competitive Category. Mr. PinterPar-

### YAGP 2021 FINALS



sons placed 3rd in Senior Men's Classical and top six in Senior Men's Contemporary. Miss Perrott placed 3rd in her category with her classical solo, while Miss Schmid placed in the top twelve in her category performing the Act I variation from Giselle.

"We are incredibly proud of all our students for continuing their training through this challenging year and overcoming many physical and emotional challenges, and in spite of the difficulties flourishing and thriving," said Mr. Saulnier. "Our YAGP competitors especially have demonstrated so much dedication in taking on the extra preparation and work for these events. It gives us great hope for what's to come, not only for their growth and development as young people but for the future of this art form."

#### **About Dancing Arts Center:**

Dancing Arts Center provides world-class instruction in classical ballet, modern dance, improvisation, tap, jazz, and choreography, and is proud to include the American Ballet Theatre® National Training Curriculum.

Located in the Metrowest Boston area, DAC has professionals from around the world, New England and the U.S. teaching dance to students of all ages with the mission of creating a deep understanding of dance through in-depth instruction, creative expression, and exploration. Its variety of performance opportunities through the year, exceptional summer program, and exposure to professional companies provides a foundation for dance that encourages emotional, physical and intellectual growth.





### The b.LUXE Beauty Beat

Hello and welcome to the b.LUXE Beauty Beat, a new monthly column covering all things beauty!

We'll share new hair trends, makeup tips, skincare advice, and our must-have products of the moment.

For many of us, 2020 was the year we stayed home, the year we worked from our kitchen tables and forgot what it felt like to wear pants with buttons.

Self-care in 2020 was a challenge. With our salons, spas and gyms closed, many of us were left to navigate a home health and beauty routine that wasn't always healthy or beautiful.

But those months in quarantine certainly showed us that we're stronger and more resilient than we ever imagined. And our idea of beauty in this (almost) post-pandemic world has changed so much. We're taking a healthier approach, with more emphasis on what's good for us, as opposed to what just makes us look good. A "less is more" philosophy, perhaps, this shift in our beauty doctrine gives our health and our aesthetic equal attention.

So, with this in mind, let's chat a little bit about this month's most important beauty tip - SUNSCREEN!

If there's one thing we're all pumped for it's Summer. Outdoor gatherings, beach days and that warm, summer sun is just around the corner. What should we do to prepare ourselves for the sunshine?

We can't stress to you enough the importance of wearing a daily SPF on your face and any exposed skin. Again, it's good for you AND good for your appearance. Regular daily use of SPF 15 sunscreen can reduce your risk of developing squamous cell carcinoma (SCC) by about 40%, and lower your melanoma risk by 50% (skincancer.org) Also, regular use of SPF keeps you from looking like a handbag. So there's that...

What many people don't know about sun protection is that SPF application shouldn't stop at the hairline. Your scalp is your skin, too, and if exposed, it'll burn. Work that sunscreen through your part and any bare, unprotected areas on your head. Even better, wear a hat! Sun hats are great for protecting your skin and your hair's health. UV rays can cause hair to become dry and brittle and fade your hair color simply from exposure. We also recommend a heat protection spray that coats the tresses, locking in moisture and saving your beautiful hue. See products

Next month we'll talk about safeguarding your hair from pool and hard water, hand painted highlights and packing the perfect beach bag.



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Recommended products are available for purchase at b.LUXE Hair + Makeup Studio, Medway

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G.M. Collin SPF 50 HIGH PROTECTION VEIL - 100% mineral filter SPF enriched with vitamin E, sesame, rapeseed, coconut & karanja oil. Protects against UVA-UVB rays & chemical filter intolerances. Leaves a lightweight, invisible veil that provides an ocean-friendly & reef-safe solution

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E, baobab be bamboo extracts, SHIM-MER.SHINE nourishes strands from scalp to tip, while light-reflective technology (the same used in high-end skin care) bounce away the harmful rays of the sun.















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### **Living Healthy**

### Milford Regional Honors Volunteers

Milford Regional Medical Center has recognized several long-serving and dedicated volunteers during Volunteer Appreciation Week.

The seven volunteers honored this year have each logged between 500 and 1,000 hours of service fulfilling various roles



at the hospital. Each of the honored volunteers received a pin in recognition of their service.

Pins are awarded annually to volunteers who have reached their first 500 hours of service and then at 1,000-hour intervals.



Volunteers who received service pins this year are (from left to right): Stephen Priest; Susan Priest; Jane Blackwood, volunteer services assistant; Alyne Oppenheim; Ed Kelly, president and CEO of Milford Regional; Nancy Stengel; Joe Amato; and Elaine Willey, director of Volunteer Services. Not pictured are Debby Cole and Cathy Sullivan.

The following volunteers

#### 500 Hours

• Nancy Stengel of Mendon

received recognition pins:

• Cathy Sullivan of Holliston

#### 1,000 Hours

- Joe Amato of Milford
- Debby Cole of Hopkinton
- Alyne Oppenheim of Franklin
- · Stephen Priest of Milford
- · Susan Priest of Milford



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### **Living Healthy**

### July 30 is Holliston Day at HCA

Hopkinton Center for the Arts (HCA) announced its summer season, with 21 free outdoor music concerts, three art exhibits, and three theatrical presentations in its Summer Arts Series. The summer kicks-off with the Corbett Family Summer Concert featuring Hot Acoustics on Saturday, June 19. Additional series performers throughout the summer include American Idol alum and Massachusetts native Ayla Brown with special guest Rob Bellamy, Texas blues man Willie J Laws, and country blues group Erin Harpe & The Delta Swingers.

Concerts take place on Fridays and Saturdays and run from 6:30 to 8 p.m. Families are welcome to bring their own picnic and a blanket or chairs for their comfort. Food trucks and artisan vendors will be on-site at select concerts. All music concerts are free, but tickets are required and can be reserved online at www. hopartscenter.org. Donations to



the HCA are appreciated.

The Summer Arts Series will also present three theatrical events from Enter Stage Left Theater, including Firebringer, a new stone age musical, a children's production of Willy Wonka Jr., and a night of one act plays in A Play, a Pint, and a Pie. Tickets are available for purchase online.

Guests to the HCA can also enjoy three free exhibits: Art in Bloom, on display now through June 24; All the World's a Stage, an outdoor sculpture exhibit running from June 19 through September 30; and an exhibition of

the work of Linda Hoffman & Ariel Matisse on display July 5 through Aug. 27.

The 2021 Summer Arts Series is generously sponsored in part by Phipps Insurance Agency and MAPFRE Insurance. For additional sponsorship opportunities, please contact Development Director Katie Broach at katie@hopartscenter.org.

July 30 is Holliston Day at the HCA -- residents will receive a free gift at check-in before the concert

July 30 is Holliston Day at the HCA – residents will receive a free gift at check-in before the concert. The performer that night is Back Pages (Classic / Modern Rock).

Hopkinton Center for the Arts (HCA) celebrates 10 years in 2021. HCA is a non-profit community arts organization that works to create a place for people of all ages and abilities to study, enjoy, and participate in the visual and performing arts under one roof.

HCA annually offers over 200 classes to more than 2,000 students. In 2015, the HCA opened its expanded arts center, with

newly renovated classrooms, a 200-seat performance space, and gallery spaces.



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including squeezing us in or calling after hours
to check on how we are doing. Her care and
compassion always makes us feel we are in very
competent hands. She is more like a friend to us!"

Stacy - Douglas, MA



We're accepting new primary care patients in Bellingham, Franklin, Hopkinton, Medway, Mendon, Milford and Northbridge.

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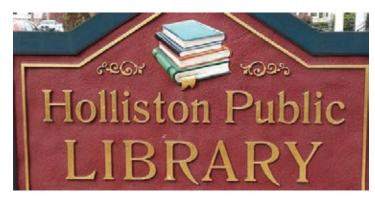
### Holliston Public Library Holliston, Massachusetts

### **Holliston Public Library Opens For In-Person Visits**

The Holliston Public Library re-opened for in-person visits, browsing and computer use on Thursday, March 25, on the following schedule: Monday, Tuesday, Thursday and Friday from 10-6 pm; Wednesday from 10-8 pm; and Saturday from 10-4 pm.

Curbside pickup will continue uninterrupted on the same schedule. Home delivery is available to Holliston residents who are not able to visit the library.

Patrons should call 508-429-0617 or email holreturns@minlib.net to request books, arrange for curbside



pickup or home delivery or to inquire about any other library services.

The book drop is open 24/7 for returns at the lower entrance and there is a drop at curbside pickup. No fines

or DVD rental fees are being charged at this time and all returns are quarantined for 3 days for safety.

Visit www.hollistonlibrary. org for more information.





\*Labor Only. Cannot be combined with any other offers or discounts.



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### **Statement from Senate President** Karen E. Spilka on **Chauvin Trial Verdict**

The verdict reached in the Derek Chauvin trial has brought relief to many of us, and a glimpse of hope for more accountability, and ultimately, justice. This evening, I am thinking of George Floyd, the many friends and family who loved him, and the pain of their irreparable loss. I am also deeply grateful for the courage of the witnesses who testified against Chauvin, as well as the countless individuals who persisted in protesting for accountability over the

Last year, we began the long process of answering calls for change by passing nation-leading legislation to

improve equity, transparency, and accountability in policing in Massachusetts. I am proud of this accomplishment, but I am determined to do more. I will continue to call on the Massachusetts State Senate to be intentional in our policymaking, and view all legislation through the lens of racial justice in order to break down the systemic barriers that have unfairly burdened generations of Black and brown people. As Senate President, I am personally committed to the hard work that will be required of all of us to make our Commonwealth a more equitable and just place.



## Aging Gracefully: Advice on What to do Now!

Doctors and patients have all kinds of difficult conversations. How to prepare for aging and caring for an aging partner or parent is one of those. For Lee Willis and her husband Hal, the conversation started this way: their beloved doctor of 15 years asked Lee, point-blank: "Are you prepared for the possibility that Hal may outlive you?"

At 94, Hal is ten years older than Lee. A plane accident broke multiple bones in his legs, and arthritis had settled in. Walking is hard for him. He does his own laundry and washes the dishes, but he doesn't drive and often uses a wheelchair.

Lee, on the other hand, just bought herself a new kayak. A nine-year cancer survivor, she relieves pain with exercise, not medicine. She swims three times a week. When not caring for Hal, she's active, traveling, and socializing.

Still, the doctor had a point: Be prepared.

#### **Facing the Facts of Aging**

Most people avoid the subject of getting old. Death is as natural as birth, but too many people

simply don't want to think

about it until they are too ill to participate in decision making, leaving family members and their physicians to make decisions that may or may not be what they would have wanted at the end of life. We need to prepare better.

#### Finding a Place to Age

The main goal for Lee in preparing for Hal and her own aging was to find a place that could happen. Lee didn't just do a Google search. She visited dozens of nursing homes. She made lists of in-home care services, and visited each of those.

But Lee wasn't satisfied, mainly because of shifting staff. "You can never guarantee the same people. The bottom-line dictates staffing. This turnover and the resulting lack in continuity of care, is a problem."

So, she looked at the option of aging in place. She volunteered at programs of all-inclusive care for the Elderly, which offers 24/7 coverage for anyone qualified for a nursing home. It seemed like "this would probably be what we choose to do," she said.

But then Lee discovered The Green House Project, a new model for long-term care for el-

ders. In 2001, a doctor named Bill Thomas was appalled at the state of elder care. He saw it was a hospital, not a home with people just sitting in wheelchairs. So, he introduced a lot of changes, brought in birds, dogs, cats, and plants. But it still wasn't enough. So, he "super-trained" staff to behave like family members, not healthcare providers. He built a new structure, with one central room, the residents living in rooms off in spokes. It became a communal place, with a common kitchen where people cook family recipes and behave like relatives.

Lee found one in her state. "If we both have to go somewhere, this will be it!"

### Aging Gracefully: How to Get Started Now

The best advice Lee's received from her doctor: Exercise. He told her that the biggest factor that differentiates healthy from unhealthy aging is exercise—folks who remain sedentary clearly become frailer more rapidly than those who either remain or become active in their later years. Exercising on a regular basis makes a huge difference in how one ages.



Lee's primary lessons for younger people: Be proactive. "It's really hard when you're 50 to think about being 80, but you should." She advises younger people to:

- Take your health seriously—eat well and exercise.
- Prepare with a reputable Estate Planning Attorney who cares about your health as well as your assets.
- Be an advocate for yourself.
- Get political and advocate for end-of-life care.

Dennis Sullivan & Associates and its caring and compassionate team of experienced professionals support aging on your own terms. They offer FREE webinars to learn about how to protect your health, home, spouse, family, and life savings as you age and empower you to stay in control. To register for a Free Discoverv Session call 781-237-2815 or visit www.DSullivan.com! You will even qualify to receive up to \$2,475 in valuable benefits to update your trust and estate plans and build your own value-based legacy to guide future generations. Take control of your life. Call now!



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### RECYCLE THIS NEWSPAPER



Days to Celebrate * June 2021								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
		1 National Say- Something- Nice Day	Global Running Day	3 National Bicycle Day	4 National Doughnut Day	5 National Trails Day		
6 National Cancer Survivor's Day	7 National Chocolate Ice Cream Day	8 National Best Friends Day	9 National Strawberry Rhubarb Pie Day	10 Iced Tea Day	11 National Flip Flop Day	12 National Peanut Butter Cookie Day		
13 World Softball Day	14 Flag Day	15 National Nature Photography Day	16 Fresh Veggies Day	17 Bunker Hill Day	18 International Picnic Day	19 Juneteenth		
20 Father's Day	21 National Selfie Day	22 National Onion Ring Day	23 National Pink Day	24 National Work from Home Day	25 National Food Truck Day	26 National Canoe Day		
27 Helen Keller Day	28 Tau Day	29 Camera Day	30 World Social Media Day	This month is also: African-American Music Appreciation Month Alzheimer's & Brain Awareness Month Great Outdoors Month * National Adopt a Cat Month PTSD Awareness Month * Pride Month				

Credit: Theresa Knapp for Local Town Pages



#### **SOFTBALL**

 $continued \ from \ page \ 1$ 

municating well, and adjusting to a faster mindset," she said. "And, the talent level

will be challenging."

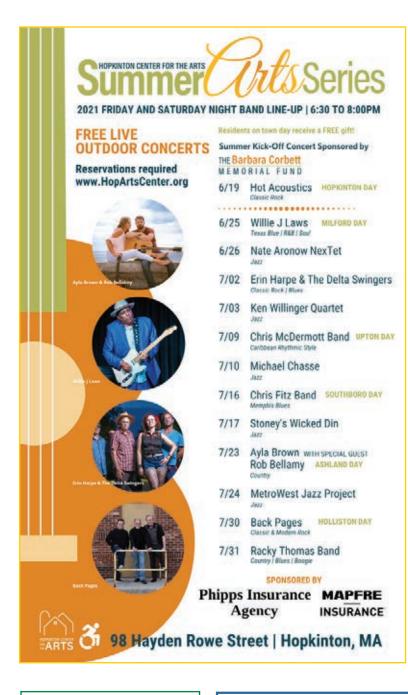
Focusing on an athletic philosophy that stresses winning, Umlauf says she chose a team sport to have fun. She also chose a team sport because of valuable life lessons that can be learned.

"The most important life lesson one can learn from sports is how to work in a team environment," she said. "Overcoming adversity is another key lesson that's valuable and sports also help us to be compassionate leaders." How well the Panthers play this season has yet to be determined. Umlauf initially set a .500 record as a goal but now she's hopeful and optimistic that "rebuilding is behind us."

And, when she heard that Quindley regards her as a coach on the field, she was humbled by the comment. "I was flattered by those words," she said. "It shows that my commitment is admired and appreciated. It's beyond a great feeling."

And, now that the 2021 season is underway and is indeed a reality, Madison Umlauf says the chance to qualify for the tourney as a senior is simply "awesome."

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Our Ad & **Editorial** Deadline is the 15th of each month, for the following month's issue.

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### **Senior Center News**

#### **Tablets for Seniors**

Would you like to attend virtual programs and meetings? Have you wanted a tablet but can't afford one? Do you have a tablet, but aren't sure how to use an app, such as Zoom? The Senior Center has received a grant from the MetroWest Health Foundation to use technology to help decrease social isolation in seniors.

As part of the grant we will also be hiring a technology assistant to both set up the tablets, and to teach seniors how to use either one of these tablets, or their own tablet. You must have internet service, but if you are low income you may qualify for Comcast low income service for \$10.00 per month. Examples of those who qualify would be those qualifying for benefit programs such as MassHealth, Fuel Assistance, or SNAP benefits. For those who qualify for low income internet, through the grant, we can assist you with up to 10 months of payment or through 10/30/21, whichever comes first.

Those receiving tablets must agree to complete a quarterly survey on how they are being used. The tablets are being loaned out, for as long a period as you continue to use them. If you

stop using the tablet, we ask that you return it so we can offer it to other seniors. For more information about this, or any other programs, call Bryan at the Senior Center.

#### **Chat with Staff**

#### 1st and 3rd Thursdays, 10am

Whether you received a tablet from us, have a computer/tablet of your own, or just want to call in, sign up to chat with the staff at the senior center! These will be informal sessions to simply talk with us about anything. WE STRONGLY ENCOURAGE anyone who received a tablet from us to try to attend these chats with Zoom!

To sign up, please email Bryan at perkinsb@holliston.k12.ma.us or call him at the senior center at 508-429-0622 x218

### Summer Sizzler Drive-By Lunch

Monday, June 21, 2021, noon—\$7 Donation

Real Lobster Roll—Whole Belly Clam Roll—your choice! Served with clam chowder, fresh sides and strawberry shortcake! Tuna Roll or Egg Salad can be substituted for those with food allergies.

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Lottery Opens April 8, 2021 closes June 10, 2021 @ 6PM

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Open House TBD will notify all applicants of date

Informational Session May 10, 2021 @ 7pm Via Zoom link available on www.norfolk.ma.us

Information Session May 17, 2021 @ 7PM Norfolk Town Hall if permitted due to COVID

Applications accepted:/postmarked June 10, 2021 @ 12:00 PM if dropped off must be by 6PM

Housing Lottery: June 15, 2021 @ 7PM Via Zoom link available at www.norfolk.ma.us

**APPLICANT QUALIFICATIONS INCLUDE 2021 INCOME LIMITS** 

Household of 1 - \$70,750 Household of 2 - \$80,850, Household of 3 - \$90,950, Household of 4 - \$101,050

\*Maximum Asset limit of \$275,000for this development\*

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To apply, please contact Susan Jacobson, Norfolk Affordable Housing Director @ 508-440-2812

Application can be found at www.norfolk.ma.us, or at the Norfolk Town Hall, One Liberty Lane, Norfolk, MA 02056

Municipal Affordable Housing Office, 2nd Floor and the Town Clerk's Office 1st Floor

email contact: sjacobson@norfolk.ma.us

Use and resale restrictions apply

This will be a drive-by pickup and go event similar to our other holiday drive-by luncheons. You MUST reserve your meal by June 14th in order for us to get your meal ordered. Please sign up early by calling (508) 429-0622

#### **Zumba Gold!**

#### Tuesdays 10:30—11:30 am

ZUMBA IS BACK and our instructor is ready to bring you the same Zumba energy and excitement from the comfort of your own home.

This class introduces easy-to-follow Zumba® choreography that focuses on balance, range of motion and coordination. It will also focus on all elements of fitness: cardiovascular, muscular conditioning, flexibility and balance! Come ready to sweat, and prepare to leave empowered and feeling strong. This class is exercise in disguise.

Suggested \$4.00 donation per class; make checks payable to the SSF. Please email our instructor, Lourdes Fournier directly to sign up at Lfournier-h@hotmail.com or call the senior center with any questions at 508-429-0622

#### **Singing For Well Being**

#### 2nd and 4th Thursday at 10:30 am

Improve your overall health in these fun and easy, stress-free singing sessions. These one-hour sessions will include:

- Tips for better breathing
- Learning relaxing mindful meditations
- Easy body warm-ups (seated or standing)
- Singing songs from around the world together
- All in the comfort of your own home on Zoom!

The suggested donation is \$4 per class and payments should be made to the SSF. Please call ahead to sign up at 508-429-0622

#### Yoga

Yoga is a wonderful way to stay limber and get more energy! It can help boost your circulation, stretch and strengthen all your muscles, help you get a good night's sleep, and relax and de-stress you! Roberta Weiner, a Certified Kripalu and Hatha Yoga teacher who runs the Prana Center in Holliston, will be running these live virtual sessions.

Yoga—Monday & Wednesdays via Zoom, \$4 donation per class requested. This is the usual Yoga class that is normally held at the Senior Center. Roberta will be holding her class every Monday and Wednesday morning from 11:00 am—Noon via Zoom.

#### **Pilates**

Pilates will also be held on Zoom!

Thursdays from 9:00 am—10:00 am via Zoom, \$4 donation per class requested. Please join Sharon Broadley-Martin as she leads the class to help improve your strength, balance and circulation through a whole-body workout.

#### **Book Club**

We welcome you to join us on the second Friday of the month at 1:30 pm to enjoy some interesting titles.

The Holliston Public Library can help you get books for the meetings and will be available for curbside pick up. Call the Library with any questions (508) 429-0617.

Please sign up at the Senior Center (508) 429-0622 to be added to the Zoom meeting. Conference call is also an option for those who do not have internet/camera access.

#### **Java with Jay**

### Last Thursday Each Month at 9:30am

Enjoy your morning cup of coffee and join Jay for a workshop to learn about different estate planning strategies from the comfort of your own home via Zoom! Each month will feature a different topic and a conversational Q&A for your questions. Advance registration required for the Zoom call-in number/link. Please call the Senior Center at 508-429-0622to sign up!

June Topic: Planning for Blended Families

#### Legal Hour with Attorney Jay Marsden

Helping clients plan and secure their legacy for future generations.

Attorney Jay Marsden continues to meet with individuals for a complimentary 30-minute consultation. This meeting will be done via Zoom or telephone on the 2nd Tuesday of each month between 10:00 am and noon.

If you would like to schedule an appointment with Jay, please call the Senior Center at (508) 429-0622 to sign up for your personal consultation.

### Virtual Seminars with Attorney Bergeron

Each month, Bergeron will hold a Live Zoom Seminar with Q&A on various topics. Please sign up in advance to get the Zoom invitation. Call the Senior Center to sign up at 508-429-0622!

There are people and resources in your community that can help make that last year as good as can be! In this seminar, we will talk about geriatric care managers, the Medicare hospice benefit, the MassHealth Frail Elder Waiver Program, health care proxies, and MOLST forms.

June 15th at 1 pm: You can't take it with you, but you can control who gets it!

#### SENIOR CENTER

### June 2021 "The Senior Center is the

MONDAY		TUESDAY		WEDN	WEDNESDAY		RSDAY	FRIDAY	
			1		2		3	4	
		10:30	Zumba	11:00	Yoga	9:00	Pilates		
		Gold				10:00 Staff	Chat with		
	7		8		9		10	11	
11:00	Yoga	10:30	Zumba	11:00	Yoga	9:00	Pilates	1:30 Book	
		Gold				10:30	Singing for	Club	
		10:00 with	Legal Hour			Health	Zoom		
		With	Attny			Class	200111		
		Marsden							
	14		15		16		17	18	
11:00	Yoga	10:30 Gold	Zumba	11:00	Yoga	9:00	Pilates		
		1:00	Live Zoom			10:00 Staff	Chat with		
	21		22		23		24	25	
11:00	Yoga	10:30	Zumba	11:00	Yoga	9:00	Pilates		
12:00 Sizzler	Summer	Gold				9:30 Jay	Java with		
Lunch	Drive By					10:30 Health	Singing for		
	20		30		20				
10.00	28	10.20	Zumba	11.00	30				
10:00 Advice w	Legal vith	10:30 Gold	Zumba	11:00	Yoga				
	A ++. ,					Ple	ease Call to	o Sign Up in	
Atty Bergeron						Advance for All Programs!			
11:00	Yoga								
	-								

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#### **SENIOR CENTER**

continued from page 18

Learn about the important considerations when deciding on beneficiaries. Learn about proper estate planning documents and appropriate communication with family members and advisors, so you will be able to rest easy knowing your wishes will be met when leaving a gift/legacy to your loved ones.

#### Legal advice

Legal Advice with Attorney Bergeron

Attorney Bergeron will continue to offer a free 15-minute legal advice through the Senior Center on the 4th Monday of the month from 10 am - 12 pm. You have the option of either talking with him over the phone or virtually using Zoom video conference.

Call the Senior Center at (508) 429-0622 to sign up for your 15-minute meeting with Attorney Bergeron to discuss legal questions or concerns.

### **Grief and Loss Support Group**

Second Tuesday of the Month June 8th 1:00—2:00 PM

"What is grief, if not love persevering?"

"Vision" from WandaVision by Marvel Cinematic Universe

Join us for friendship and support on the second Tuesday of the month as we learn to live with those we've lost and have the opportunity to share our individual journeys. If the weather cooperates and makes it possible to gather in person, outside we may be able to do that so it is very important that you call the Senior Center in advance to register so we can plan accordingly. Call and ask for Marty for more information.

#### **Phone-a-Friend**

Recognizing the effects of the isolation this pandemic has had on all of us and how difficult it has become for all of us to see family and friends with any regularity, we here at the Senior Center would like to pilot a program

to help people stay connected. If you are interested in making a new "phone pal", please give a call and ask for Marty.

#### **Taxi Rides**

We are happy to announce that the Center has received a generous grant from the Metropolitan Area Planning Council (MAPC), to supplement our current transportation program. Through the grant we will be able to provide taxi rides outside of our current service area, including Boston and Worcester areas. We will also be able to offer after hours and weekend rides, within our service area.

To schedule a taxi ride, you must call Marty at least 48 hours in advance. For weekend rides, please call by Thursday afternoon. You will need to provide the exact pick up location and your destination. If the ride is needed for an appointment, we will need the time of your appointment, the time you'd like to be picked up and an estimated return time.

Rides are limited to 4 rides per person per month.

Taxi rides are available through December 31, 2021, or

until funds run out, whichever occurs first.

### Your local Holliston VFW Post 8507 needs you!!

Join a dynamic group of women and men who are "still serving" veterans and their community by helping those in need and promoting patriotism. For qualification information please email Ron at ronturcotte2@gmail.com.

Council on aging needs help The Holliston Council on Aging Is seeking expressions of

Aging is seeking expressions of interest from individuals who would like to be considered for appointment to the Council.

The Holliston Council on Aging is anticipating one or more openings, and is seeking candidates who may be interested in serving on the Council. Members are appointed by the Holliston Select Board upon the recommendation of the Town Administrator. Members are charged with working with the Senior Center Director and staff and the community in identifying the needs of Holliston's senior population, assisting in formulating programs and services to

best meet those needs, advocating for necessary resources, and educating town and state leadership and the community of the importance of support for senior programs.

The primary delivery point for senior services is the Holliston Senior Center. The Council works with the Senior Center staff in ensuring the Senior Center is planning and conducting programs and services adequately serving the senior community. The Council serves as advisors and advocates and makes policy recommendations, but does not supervise Senior Center staff. The Council is composed of 7 members, and meetings are held monthly, excepting July, August and January.

Please consider this opportunity to serve your town and its seniors, and those who care for seniors. We would be pleased to provide more in-depth information about the Council and its work.

#### **SENIOR CENTER**

continued on page 21



#### WHY DEAN COLLEGE SUMMER PROGRAMS?

**JULY 26-AUG. 6, 2021** 

Enjoy an amazing experience at Dean College this summer while earning college credit.

- Earn college credit for successful completion of course/program.\*
- Get advice on the college admissions process from a Dean College admissions counselor during a free one-on-one consultation.
- Find unique experiences and field trips embedded into each program with behind-the-scenes access to program-specific venues, including Gillette Stadium and New England Patriots training camp. Tentative trips planned to a science lab and police station for forensics and an e-sports venue and baseball stadium for sports-specific programs.
- Get unmatched instruction by leaders in their respective fields.
- Commuter: \$1,250\* Overnight: \$1,950\*

**DEAN.EDU/SUMMER** 

508-541-1626

Pre-college programs available to high school students ages 14+. For those students looking to stay overnight, housing will be provided by Dean College. \*Does not include activity fee

Dean College does not discriminate on the basis of race, color, religion, sex, sexual orientation, gender identity, national or ethnic origin, age, status as an individual with a disability, protected veteran status, genetic information or other protected classes under the law (including Title IX of the Education Amendments of 1972). For more information, visit dean.edu.

#### **SENIOR CENTER**

continued from page 20

Expressions of interest may be made to either Lisa Borchetta, Director at the Senior Center, or Bob Malone, Chair of the Council On Aging. Call 508-429-0622!

#### SHINE — Serving the Health Needs for Everyone

High Prescription Drug Costs? Prescription Advantage May Help!

Prescription Advantage is a state assistance program which may lower the amount you pay for prescription drugs. Members are also allowed to join or change their Medicare drug plan or Medicare Advantage plan. Eligibility is based on income only and there is no asset limit!

#### Who can join?

For Massachusetts residents eligible for Medicare, Prescription Advantage may provide secondary drug coverage if you are:

65 or older with an annual income at or less than \$64,400 for a single person or \$87,100 for a married couple OR

Under 65 with a disability, with an annual income at or less than \$24,214 for a single person or \$32,750 for a married couple.



The SHINE Program can help you apply for Prescription Advantage. Trained SHINE volunteers offer free, confidential counseling on all aspects of Medicare and related health and drug insurance programs. To schedule a SHINE phone appointment, call the Senior Center!

#### **Medicare event**

**Save the Date:** Welcome to Medicare Virtual Event – June 23, 2021

If you're new to Medicare, this is for you! (register at shiptacenter.org)

\*\*\*We are providing this information regarding the COVID-19 vaccine, recognizing that by the time we go to print, some of this information may be out of date.

#### **Vaccine Information**

As you may already know, the State has now switched to a preregistration system to sign up for a vaccination appointment at a Mass Vaccination Site including: The DoubleTree Hotel-Danvers, Eastfield Mall-Springfield, former Circuit City-Dartmouth, Gillette Stadium, Hynes Convention Center, Natick Mall, The Reggie Lewis Center, and more coming soon. To pre-register, you can go to www.mass.gov/covid-19-vaccine or call 2-1-1.

They will prioritize your eligibility based on what group you're in and will call, text, or email you back when an appointment becomes available. Don't forget, we have a grant to help you get a ride to/from your appointment as well. If you need transporta-

tion help, please call the Senior Center once you have a vaccine appointment booked and we can set you up with a ride!

Other Locations: Pharmacies, Grocery Stores, and Health Care Providers are other places to get an appointment. These options have been quite limited due to the limited available supply of the vaccine itself. Please check online or call these places to ask about available appointments.

### **Vaccine Appointment Assistance**

We recognize that there has been a lot of frustration and difficulties setting up appointments to get a vaccine. If you are in a group eligible to receive the vaccine, we are here to help. If you need assistance to schedule an appointment, or guidance on where to start, give us a call as we have staff and volunteers here to help you. If you don't have anyone who can help you get to an appointment, again, we can help you get to your appointment also.

#### !!! SCAM ALERT !!!

We are aware that many of you are anxious to get your COVID vaccine, the scammers know that too. If anyone asks you for money, or a credit card to get a vaccine, or to set up an appointment for you, or to otherwise help you get a vaccine, IT IS A SCAM! The vaccine is free, even if you don't have insurance. Never give out personal information to anyone you don't know. Although, at some point your Dr.'s office may call you as vaccines become available to them. the large vaccination sites will not call to set up an appointment.

We at the Senior Center will be sending out automated calls providing information and will assist with finding vaccine appointments. The town may also send out automated calls as information becomes available. If you believe you have received a call or email that is a scam, please notify us, the Police Dept., or the State's Attorney General's office. If in doubt call us before giving any information out!





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Doggie Daycare • Dog Training • Grooming • Medical Boarding

### Real Estate Corner



1 Norfolk Lane in Holliston recently sold for \$1.4 million Image credit: www.zillow.com

### **Recent Home Sales**

DateHolliston Amount							
April 20	46 Paul Road	\$536,20	00				
April 21	86 Stonybrook I	Orive	\$524,90	)2			
April 23	29 Foxwood Cv	\$850,00	00				
April 23	5 Peach Drive, I	ot 21-11	\$548,13	35			
April 23	106 Pinecrest Ro	oad	\$660,00	00			
April 23	7 Peach Drive, I	ot 22-11	\$549,74	ł5			
April 26	54 Burnap Road	l, Apt 6	\$200,00	00			
April 29	49 Windsor Driv	ve, Apt 30	8(	\$239,900			
April 29	83 Westfield Dri	ve	\$585,00	00			
May 353 Bake	er Street \$537,00	00					
May 323 Oak	hurst Lane	\$410,00	00				
May 352 Burn	nap Road, Apt 2	\$190,00	00				
May 5665 Ad	ams Street	\$1.29 m	nil				
May 729 Hill	\$206,00	00					
May 720 Part	ridge Way\$865,00	00					
May 11	101 Donna Roa	d\$471,00	00				

May 11 8 Mechanic Street \$440,000

May 12 1 Norfolk Lane \$1.4 mil

May 14 30 Bald Hill Road \$829,000 May 14 125 Overlook Drive \$659,125

**Call Jeremy Wardwell at** 

413-204-5296

Source: www.zillow.com / Compiled by Local Town Pages





June 2021

508-259-2100 lynn@lynnrossini.com



TEAM RICE - Carl, Kristen, Ellie, Adam 508-330-0281 teamrice@remaxexec.com



617-901-1275 thedeeve@remaxexec.com



508-333-4670



508-277-9600 katemcbride@remaxexec.com



508-380-3595 kerry@remaxexec.com





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2 Tulip Circle, Medway \$729,900



LYNN ROSSINI



LYDIA RAJUNAS



**TEAM RICE** 

42 Shrewsbury Street, Grafton \$345,000



**TEAM RICE** 

106 Pinecrest Road, Holliston



KATIE MCBRIDE

96 Dorset Road, Holliston



**MELISSA KASPERN** 

77 Wingate Road, Holliston \$599,900



LYNN ROSSINI

58 Robert Road, Holliston



**MELISSA KASPERN** 

217 Marked Tree Road, Holliston



LYNN ROSSINI

8 Pike Street, Hopkinton



KATIE MCBRIDE

10 Nicholas Road, Hopkinton



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One entry per day/per person. Contest open June 1 - 21, 2021



### **Explore our new website** hollistontownnews.com and enter to win a \$100 gift card to

Winner will be chosen at random and posted on facebook.com on June 22.



Congratulations to our May Winners: William Scotland, Corinne Fahey, Bob Zalvan, Joe Clar & Sherri Bauman