

Four Scouts from Troop 73 Earn Eagles

On June 19, four Boy Scouts from Holliston's Troop 73 received their Eagle Awards in a Court of Honor held at Christ the King Lutheran Church.

Chris Walters, Ted Grevers, Ben Chamberlain, and Chris Maclean were each presented with their award, along with a Commendation from the Massachusetts House of Representatives. Each Scout completed a service project to earn the prestigious award. This included designing the project, securing permission from the proper agencies, supplying materials, and recruiting fellow Scouts to help with the project. Amazingly, all four projects were completed during the COVID-19 pandemic, with meetings being held via Zoom and Scouts wearing masks during construction.

Chris Walters' project was sponsored by the VFW. He cleaned, scraped, and repainted seventeen poles of veterans' me-



Troop 73's newest Eagle Scouts. (L to R) Chris Maclean, Ben Chamberlain, Ted Grevers, and Chris Walters.

morial signs around the town.

Ted Grevers and Ben Chamberlain each completed a project for the Holliston Conservation Commission. Ted built and in-

stalled an information kiosk at the entrance to the Daniels Conserva-

EAGLES

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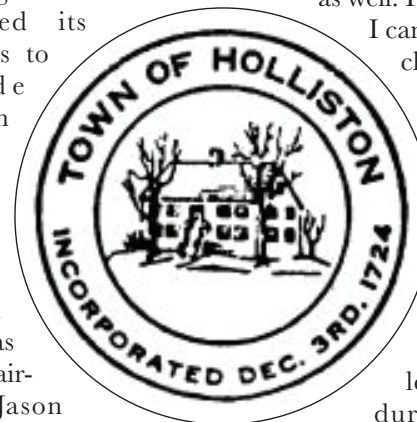
Holliston Planning Board reorganizes

Karen Apuzzo Langton unanimously voted Chair

BY THERESA KNAPP

At its meeting on June 17, 2021, the Holliston Planning Board reorganized its members to include Karen Apuzzo Langton as Chairman, David Thorn as Vice Chairman, Jason Santos as Agent/Clerk, Scott Ferkler and Barbara Peatie as members, and Joshua Santoro as associate member.

"I would be honored to serve the town as chair and I would work really hard to do a good job for all of you as well. I hope that I can meet the challenge," said Apuzzo Langton, commending Thorn for his leadership during his tenure.



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Be On Tv! Looking For Trivia Show Contestants!

Holliston Cable Access Television (HCAT) is searching for residents to be contestants on a new community TV game show called "What Do You Know?" Production of this exciting new trivia game show will begin later this summer. HCAT-TV personality Brian Winston will be the host and producer for this new local TV show. He is currently a Middle School teacher having

taught mostly Social Studies for the past 20 years. Brian has on air experience including high school sports play by play and he is currently an anchor for Heartbeat of Holliston. "It has always been a dream of mine to be host of a TV game show" said Winston.

HCAT producers recently decided that a hole currently exists in HCAT's programming lineup



and that a certain niche needs to be filled. "We need a show that people can have fun with and be excited about".

Some of the other programs that the local TV station airs tend to be more serious in nature. The show, "What Do You Know?" is currently in the planning stages

according to Production Manager Don Cronin. Contestants will answer questions from various categories which include People (past and present) Movies, TV, Sports, Games, History, Geography and Music. "The idea for the show grew out of a virtual trivia game which took place during the pandemic for volunteer producers at HCAT" said Cronin. "We are excited to be able to add this unique type of program to our lineup of shows. Plus, it will be a terrific opportunity for residents to participate and show off their trivia skills."

Prizes will be awarded to the winning teams.

If you would like to be a contestant on the show please tell us briefly - Why you want to be on the show? You must be at least 18 years of age and live or work in Holliston. You and a friend or associate can sign up!! Two person teams will be allowed to compete. We also invite any non-profit organization in Holliston to take on other town groups or organizations! Please email your information including your name, phone number and email address to: office@hcatv.org

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Commercial Motor Vehicle Exclusion Now in Place

DOT approves CMVE for Bullard, High, Locust, and South/Clark Streets

By THERESA KNAPP

The Massachusetts Department of Transportation has approved the town's application for a 2.5-ton commercial motor vehicle exclusion (CMVE) on Bullard, High, and Locust Streets as well as South Street (Holliston) and Clark Street (Medway).

The exclusion does not apply to local deliveries. "We did receive the official word today," said Town Administrator Travis Ahern at the Select Board's meeting on July 20, 2021. "There will be quite a bit of education before enforcement starts and we'll be working with the DPW and [Holliston Police Department]...to get this up and running."

Police Chief Matthew Stone said at the meeting, "It's going to be a phased approach...and will be a team effort with Medway."

Residents should watch for temporary electronic signs that will be replaced by permanent signs in the near future.

The town had also requested CMVEs for Fiske and Railroad Streets, as well as an updated (24-hour) CMVE exclusion for Lowland Street which is now 7 p.m. to 7 a.m., but those were rejected by DOT. Ahern said, "They feel that Woodland [Street], when fully implemented, will address some of the concerns there, therefore, it is not necessary... If we feel it is absolutely necessary, we can definitely circle back."

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Source: "West of Hopping Brook" Facebook group <https://www.facebook.com/groups/670003603621820>

Your Money, Your Independence

Your Teen Working This Summer? Fund Their Roth IRA.

Have a teenager working as camp counselor, mowing lawns, selling ice cream, babysitting or another summer job?

If income is being reported to the IRS, you can open a Roth IRA for Kids in a child's name to help them save for retirement, qualified educational expenses and introduce personal investing.

Roth IRA for Kids. There is no age minimum, as long as they earn income. It's up to you to document that they had income earned from work, either W-2 or self-employment taxable wages. Recall a Roth IRA's tax treatment is most valuable when time horizons are long and current tax rates are low, both are true for kids.

Adult supervision. The account owner is the child, however, an adult maintains control

and invests for the benefit of the child. Once a child becomes an adult, usually 18 in most states, the account is transferred.

What if your teen spent their earnings? After a talk about budgeting (i.e. 3 Jars - Spend, Save, Gift), you or a grandparent can set up and fund the Roth IRA up to the amount of your child's reported earned income.

Some parents make contributions as a 'match reward' for money earned in a summer job. Remember, Roth IRA for Kids contributions count against the \$15,000 tax-free gifts per individual for 2021. So if you've funded \$15,000 for child's 529 Plan, find another individual (i.e. spouse, relative) who can make the contribution.

Introduction to personal investing. Have fun by letting your kid

research an ETF or company to invest in, have them explain why and teach how they can follow. The next year, have them choose a different investment with the new contribution. Over time, they have a mix of investments, outcomes and lessons learned.

Taxation of withdrawals before age 59 1/2. A Roth IRA allows for 100% of contributions to be taken out at any time and for any reason, with no taxes or penalties. Furthermore, if a Roth IRA withdrawal is for qualified education expenses, you avoid the 10% penalty on earnings but still pay income tax on the earnings. Thus, Roth IRA for Kids could supplement educational savings.

Impact on financial aid? Yes, in a great way. The "expected family contribution" or "EFC" formula has student-owned as-

sets assessed at 20% with two notable exceptions: 529's at parent's 5.6% and retirement accounts owned by you or your child are not counted or 0%. However, if a child takes money from a Roth IRA, even to pay for college, up to 50% of the withdrawal may be assessed.

Getting Started. Not all institutions offer Roth IRAs for Kids, but many do with no minimums, no fees and no commissions. Consult your advisor or seek a fee-only CFP to learn more.

The opinions voiced in this material are for general information only and are not intended to provide specific advice or recommendations for any individual.

Glenn Brown is a Holliston resident and owner of PlanDynamic, LLC, www.PlanDynamic.com. Glenn is a fee-only Certified Financial Planner™



Glenn Brown

helping motivated people take control of their planning and investing, so they can balance kids, aging parents and financial independence.

Coffee Donation To Military Families



Pictured L-R facing is Steve Bradford of Holliston a Navy veteran and Mike Shain founder and president of Thanks To Yanks, a local charity that supports our military families. Mr. Bradford is accepting a donation of Dunkin' coffee to be given to local military families in need and to be sent to those deployed, from the local area, recently Holliston based Northern Management group, made a very generous donation to Thanks To Yanks of coffee, for information visit them on Facebook.



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continued from page 1

tion Land on Hollis Street. Ben built and installed a similar kiosk at the entrance to the Fairbanks Property on Dunster Road, as well as making repairs to the sign.

Chris Maclean constructed a boardwalk over a muddy section of trail in the Weenakeening Woods. His project was sponsored by the Upper Charles Conservation Land Trust, owner of Weenakeening Woods.

The Eagle is the highest rank in Boy Scouts. Scouts are required to earn at least twenty-one merit badges, thirteen of which are required for Eagle, in addition to completing their service project. Only one in one hundred people who join Scouting will earn their Eagle. Including Chris, Ted, Ben, and Chris, 51 Scouts from Troop 73 have achieved Eagle.

Submitted by Terri Chamberlain



Walter McGrath, Chris Walters, and Steve Bradford. Chris's project was sponsored by the VFW



Ted Grevers reciting the Eagle Pledge



Ben Chamberlain presents a Mentor pin to his father, Scoutmaster Frank Chamberlain.



Chris Maclean prepares to receive his Eagle award

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Community Ties and a Commitment to Customer Service: Affordable Junk Removal

There are plenty of reasons to call a junk removal service. Maybe you're planning to move and need to clear out the basement and attic before your open house. Maybe you've spent way too much time at home lately and are feeling the need to declutter.

But figuring out who to call can be a pain. If you contact one of the big haulers, they route you to a phone center where they've never even heard of your town, plus their pricing seems vague and full of extra fees. No wonder you've let the stuff pile up—it's too much of a hassle to get rid of it!

Or you can call Affordable Junk Removal and let a local small business with deep community roots take care of everything.

Jay Schadler started his business in 2003. Back then, it was just him and a beat-up pickup truck taking small jobs and working nights and weekends when he could. As the years rolled on, his business grew, but his commitment to customer service never wavered. Now he's got a staff of ten, along with ten trucks, servicing eastern and central Massachusetts and northern Rhode Island.

Affordable Junk Removal specializes in house and estate cleanouts. If your garage, attic, or office is overflowing with stuff, take back your space and let the pros do the heavy lifting.

Jay and his team have handled it all. They've dismantled above-ground pools, hauled away ancient hot tubs, taken down old fencing, and stripped away worn carpeting. They'll come for a single item, or they'll clean out an entire house. And they can take almost anything. They can't accept hazardous materials, brush, dirt, or concrete, but everything else is fair game for them to take away.

Not everything ends up in a landfill—not if Jay can help it. He first tries to either recycle or donate items. Only after he tries to repurpose items do they end up at the transfer station.

Working with Affordable Junk Removal is simple. First, you can load stuff yourself if you want by renting a 15-cubic-yard dumpster for a week and chucking up to a ton of your unwanted stuff. If you need to get rid of more weight, then Jay prorates that tonnage—you never pay for what you don't use.

If you don't want to be bothered with the dumpster, they've

Business spotlight



also got a driveway special where they'll take away a truckload of your unwanted things if you pile it up. Or if you don't want to lift a finger, then you can point at the items, and the team will fill up their truck and haul away your unwanted things. However you do it, you're left with more space and more peace of mind.

Jay and his team beat the big waste haulers on both price and customer service. When you call Affordable Junk Removal, you aren't connected to an anonymous call center. Your phone call goes right to Jay.

And speaking of pricing, Jay is upfront about it. His website shows the truck sizes and prices, so you can save time knowing your costs before you call for

an appointment. There aren't any hidden costs or surprise fees with Affordable Junk Removal.

Affordable Junk Removal is fully licensed and fully insured, and they'll treat your property with care and respect.

They also have a thriving commercial business, working with contractors and roofers to clear away debris and keep the job site clean. They can even handle commercial and residential emergencies with same-day service.

Jay and his family are deeply involved in the community. He and his wife, Christine, run the Corner Market restaurant in Holliston as well as Resellables, a thrift store in Bellingham. It's not uncommon for someone to reach Jay at the restaurant, order a sandwich, and then schedule a junk removal appointment. Yes, the local small business really can handle everything!

For more information, contact Jay Schadler at (774) 287-1133 or visit Affordable Junk Removal online at affordablejunkremoval.com.

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Independence and Critical Thinking: Home health and hospice nurses work at the top of their licensure in an environment unlike any other in healthcare. They must possess high levels of aptitude and autonomy to operate independently while caring for patients with a wide range of needs. Our nurses must possess the ability to independently communicate assessment findings and care needs of the patient. This requires keen assessment skills, critical thinking, creative problem-solving, and self-motivation to empower patients to meet their health care goals.

Teamwork: Although home health and hospice nursing require autonomy there is a community of support at VNA Care. Nurses draw on the expertise of, and learn new skills from, VNA Care’s nurse specialists. They have support from clinical services managers and participate in interdisciplinary collaboration with other team members to provide the best possible patient care.

Organization: Organizational skills are critical in this role, particularly when working independently in the field. Our nurses visit with multiple patients per day with complex and unique needs. Organization helps them handle multiple priorities and adapt quickly to unforeseen changes if necessary.

Empathy and compassion: The people we serve may be recovering from surgery, managing an illness or other health conditions or they may be on their end-of-life journey. Empathy and compassion are important parts of support. An empathic and compassionate approach to care makes all the difference in creating that source of support.


Passion for the work we do: VNA Care nurses enjoy working face-to-face with patients and being an integral part of our communities. They build meaningful relationships with patients and families, becoming trusted partners to help live their best lives at home.

Home health and hospice care is uniquely rigorous and exceptionally rewarding. Although it requires a specific set of skills and characteristics, our nurses ease into their new roles while working with a preceptor and educator through our strong orientation program. If you see these qualities in yourself and are interested in joining our team, please check out our careers page. We would love to meet you and welcome you to our team!

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SURVIVE To Thrive

Sibling Support Group (For youth ages 11-14)

This is a 10-week program that begins
Thursday, September 9, 2021 (5:45-7:30pm)

The Survive to Thrive Sibling Support Group is offered for youth who have siblings with mental health and behavioral health challenges living in the home. Ben Speaks' knows the wide-ranging impact that mental health issues can have on families, and looks to serve as a resource to youth that are impacted by the stigma, volatilities, and demands placed on families. Siblings of family members with mental health needs may experience challenges and disruptions in their own emotional growth and development. This group will provide these youth with a nurturing environment to share their unique experiences of having a sibling with mental health needs, engage in empowering and fun expressive activities, and develop their own skills and resources, so that they may thrive in face of the challenges that they and their families encounter.

What is the Sibling Support Group?

- Group is open to youth ages 11-14 years old, living in MetroWest Massachusetts, who have siblings that struggle with mental health and behavioral health issues living in the home.
- Group sessions will include opportunities for both open and themed discussions, expressive art activities, age appropriate learning about mental health challenges and their impacts on families, and empowerment skills to enhance emotion regulation and effective communication.
- Group sessions to be held at the Ben Speaks Resource Office, 360 Woodland Street – 2nd Floor, Holliston, MA 01746. Meetings will be held in person as we follow the CDC rules regarding COVID-19. Drop off 5:45pm, Pick up 7:30pm. Healthy meal provided. If need be, we will shift to ZOOM.
- 10 weeks - 1.5 hours each week (No group will be held September 16 due to Yom Kippur)
- Facilitated by Bretton Torkelson, Psy.D., Judy Giovangelo, Michael Giovangelo and Penny Young, Members of the Ben Speaks' Board of Directors.
- Cost: FREE

Visit www.benspeaks.org for more information & to sign up



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Learn more at a meet & greet with Executive Director Andrew Freilich

Open now and accepting reservations, SALMON at Medway is not your typical senior living community. From deposit to move-in day, living life the SALMON way includes support and accommodations at every step as you truly become a part of the family.

Operated by local, family-owned SALMON Health and Retirement -- a trusted leader in senior living since 1952 -- SALMON at Medway focuses on health, wellness and the longevity of its residents. Located at 44 Willow Pond Circle, SALMON

at Medway features an integrated campus consisting of independent living together with assisted living and memory care.

For those who need a little more help with their daily routines, SALMON at Medway's Whitney Place, their full-service, assisted living community offers private apartments in a warm and gracious setting with unique offer-



CEO Matt Salmon welcomes SALMON at Medway's first resident Dottie Johnson to the community recently opened at 44 Willow Pond Circle.

ings and amenities at all levels of care.

Featuring the added convenience of Resident-centered care, 24-hour emergency response from personal care staff, "Anytime Dining" featuring locally grown chef-prepared fare, plentiful social activities and excursions, state-of-the-art fitness center with an indoor heated pool & hot tub and on-site amenities including banking, library, convenience store, postal center and more!

If you are ready to make the most out of your retirement or want to learn more for a loved one, we invite you to join Executive Director Andrew Freilich, a member

of the SALMON community for over 15 years, on August 31, 2021 and September 9, 2021 at 3pm for refreshments and a tour.

RSVP by visiting www.MedwaySeniorLiving.com/events or call them at 508-533-3300. To get deeper glimpse into the SALMON lifestyle they invite you to follow @salmonatmedway on Facebook, Instagram and TikTok.

Become a part of our SALMON family!

Join us in August and September for a meet & greet with Executive Director Andrew Freilich.

Discover what family means to us when you visit SALMON at Medway's Whitney Place, our full-service, assisted living and memory care community offering private apartments in a warm and gracious setting for those who need a little help with their daily routines.

Learn more about the community from Executive Director Andrew Freilich, a member of the SALMON community for over 15 years, over refreshments on August 31st and September 9th at 3pm. **RSVP at medwaySeniorLiving.com or call 508-533-3300.**

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St. Mary's Kof C and Green Team Join Forces Again

This past May, St. Mary's Knights of Columbus Council teamed up with the Green Team Junk Removal and held an Electronics Recycling Program with the proceeds donated to charity. The day was extremely successful, and they raised \$3,400 which was split between the Holliston Pantry Shelf and the Metrowest Veterans Emergency Fund. The Green Team now wants to help the KofC Council continue their good work.

So, the Green Team and the KofC developed a coupon program which will donate \$5 of

each pickup to St. Mary's KofC, with a minimum of a 1/4 truck-load per pickup. The program will continue through the end of this year. You need to include the coupon below when you place your pickup order with The Green Team, but there's no limit to the number of times you have them pick up items; just give them another copy of the coupon. The Green Team may be reached by phone at (508) 361-0519 or via the internet at www.gogreenteamjunk.com. Check them out on their website; Green Team Junk Removal's mission

is to reuse and donate materials to local charities and non-profit organizations that help build affordable housing and provide assistance in furnishing homes to low-income families. Items and materials that cannot be reused will be recycled and kept out of our landfills. Al Scaramella, Grand Knight for St. Mary's KofC, feels that the Green Team mission closely aligns with the Council's charitable mission to help those in need through a variety of actions.

The Green Team will donate \$5 of each pickup (1/4 truck minimum) to St. Mary's of Holliston Knights of Columbus Council 14224.



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Holliston Public Library Opens For In-Person Visits

The Holliston Public Library re-opened for in-person visits, browsing and computer use on Thursday, March 25, on the following schedule: Monday, Tuesday, Thursday and Friday from 10-6 pm; Wednesday from 10-8 pm; and Saturday from 10-4 pm.

Curbside pickup will continue uninterrupted on the same schedule. Home delivery is available to Holliston residents who are not able to visit the library.

Patrons should call 508-429-0617 or email holreturns@min-lib.net to request books, arrange for curbside pickup or home delivery or to inquire about any other library services.

The book drop is open 24/7 for returns at the lower entrance and there is a drop at curbside pickup. No fines or DVD rental fees are being charged at this time and all returns are quarantined for 3 days for safety.

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Gillian Berkowitz Comes to The Holliston Historical Society

Gillian Berkowitz, pianist, composer and music director, will be performing at the Holliston Historical Society on August 8th, 2021 at 6 pm. Gillian has performed piano, keyboard, accordion, and vocals in over 40 Broadway and Off-Broadway shows.

The ticket price is \$25 and includes a charcuterie plate. Beer and wine are available for purchase.

Tickets are available online at: Holliston Historical Society.org or Manager@Holliston Historical Society.org.

An in demand New York pianist and music director, Gillian Berkowitz has performed piano, keyboard, accordion, and vocals in over 40 Broadway and



Off-Broadway shows. She will be making a return engagement as Pianist in *The Lehman Trilogy* at the Nederlander Theater. Past projects include music direct-

ing the New York premiere of *A Taste of Things to Come*, and the world premiere of Bill Russell and Janet Hood's musical: *Unexpected Joy*. She has been featured as both a soloist and collaborator playing jazz, pop, classical, contemporary, and theatre music in venues across New York City. She composes and performs with the Sheba Ensemble, promoting Jewish music with a unique twist. Gillian is also an adjunct faculty member at Pace University.

Holliston Historical Society 40th annual Harvest Fair

Did you miss the Holliston Historical Society Fair last year? Well, you don't have to miss it this year! The Fair returns this coming September. Save September 19, 2021, with a rain date of September 26, 2021, to attend the Holliston Historical Society fair.

We will implement guidelines to make the fair safe for vendors and visitors, while keeping the Harvest Fair flavor with apple pies, food, and a baked goods table.

Vendor applications are currently being accepted. Check

our Harvest Fair page link for an application or get in touch with Harvest Fair Vendor Coordinator Pat Pereira at patpereira1106@gmail.com. Sign up soon! Vendor space rental goes up to \$80 as of June 1st.

Note: Vendors are wonderful...and so is Volunteering! It's a lot of fun, you meet great people, and you don't even have to be a member of the society to help! Please join us this year. You won't regret it. For more information, please contact Bea Hait at beateh1@aol.com.

Get ready to celebrate Fall!

Shout Out to Vendors!

Please sign up ASAP for the Holliston Historical Society 40th Harvest Fair. The date is September 19, 2021 with a rain date of September 26, 2021. We still have spaces available, but these spaces are filling up quickly with 41 already booked.

We welcome all types of handmade items, plus antiques and collectables. Vendor space rental is \$80.

Don't get left out of this wonderful event with food, fun, and people who want to buy what you're selling.

Check on our Harvest Fair page link for an application or get in touch with Harvest Fair Vendor Coordinator Pat Pereira at patpereira1106@gmail.com.

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Massachusetts Legislature Passes Bill Authorizing \$350 Million in Funding for Transportation Infrastructure

The Massachusetts Legislature on Thursday passed a bill that will invest \$350 million in municipal transportation and selected statewide transportation infrastructure projects.

The bill, An Act financing improvements to municipal roads and bridges, authorizes \$200 million for municipal roads and bridges through the chapter 90 program and \$150 million to support statewide projects to address congestion, support electric vehicle infrastructure, prioritize bus infrastructure, and improve public transit.

“As travel returns to pre-COVID levels, our transportation system has a vital role to play in getting us back to better,” stated Senate President Karen E. Spilka (D-Ashland). “The Chapter 90 proposal advanced by the Senate and House today authorizes \$200 million for roads and bridges across our state and makes additional investments in emerging electric vehicle infrastructure which will greatly

benefit the Commonwealth’s residents. Passage of this legislation is critical to maintaining a transportation system that is sustainable, reliable, accessible and climate resilient. I am grateful to Senators Rodrigues, Boncore, and Feeny as well as Speaker Mariano, Rep. Michlewitz, Rep. Straus, Gregoire and their staffs for their collaboration.”

“I would like to thank Chairs Michlewitz, Straus and Gregoire, as well as Senate President Spilka and her colleagues, for their work on the Chapter 90 bill,” said Speaker of the House Ronald J. Mariano (D-Quincy). “This bill not only authorizes \$200 million for roads and bridges but advances our priorities by investing in projects that municipalities will use to improve our transportation system, such as increased access to transit and specifically buses.”

“As we continue building back to our new better, Chapter 90 funding remains an important mechanism through which



the state can directly support cities and towns in Massachusetts,” said Senator Michael J. Rodrigues (D -Westport), Chair of the Senate Committee on Ways and Means. “Thank you to Senate President Spilka and

Senators Boncore and Feeny for their leadership, and to my colleagues in the Legislature for their urgency to direct funding to projects that will make a real difference in their communities and strengthen our local infrastructure across the Commonwealth.”

“These critical funds will ensure that our transportation needs are addressed all across the Commonwealth” said Representative Aaron Michlewitz, Chair of the House Committee on Ways & Means (D-Boston). “I want to thank the Speaker, Chairs Straus and Gregoire, and our colleagues in the Senate for the hard work they put into this legislation, and for continuing to prioritize our transportation system”.

“Public transportation is a public good. The \$350 million investment is among the largest Chapter 90 bond bills to date and represents the Legislature’s

commitment to safe roads, reliable bridges, and modernized transit infrastructure,” said Senate Transportation Committee Chair Joe Boncore (D-Winthrop). “In addition to funding shovel-ready projects, the Chapter 90 bond bill makes statewide investments support public transit, address traffic congestion, and advance electric vehicle infrastructure and fleets.”

“This legislation recognizes that in addition to the backlog of local roads in need of repair, there is an unmet need for local projects that benefit all modes of transportation, and I am pleased that the legislature was able to provide municipal assistance for road work and expanded funding for towns and cities to advance public transit and reduce congestion,” said Rep. Bill Straus (D-Mattapoisett), House chair of the Joint Committee on Transportation.

SPILKA
continued on page 11

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SPILKA

continued from page 10

“The funding provided through this critical legislation allows our cities and towns the ability to move forward on the necessary repairs and improvements to keep our roads, bridges and infrastructure safe for the residents of our communities,” said Representative Gregoire, co-Chair of the Joint Committee on Bonding, Capital Expenditures and State Assets. “I am grateful to Speaker Mariano for the opportunity to play a small part in its passage.”

“Today’s final enactment of \$350 million in Chapter 90 bond authorizations is a smart investment for the Commonwealth,” said Senator Paul R. Feeney (D-Foxborough), the Senate Chair of the Joint Committee on Bonding, Capital Expenditures and State Assets. “There is no question our local infrastructure is in dire need of repairs and upgrades. As we recover from the pandemic and businesses and offices re-open, more people are hitting the roads and commuting once again. This comprehensive investment in our transportation infrastructure will put people to work and allow our city and town officials to forge ahead with the critical projects necessary to keep our communities moving along safely.”

“The members of the Senate Republican Caucus are pleased to join with our colleagues in passing Chapter 90 legislation that will provide valuable resources to our cities and towns to construct and maintain the roads and bridges all of us depend on every day. Road paving, bridge construction and repair, and similar projects are important to our economy, our safety, and our quality of life, but their costs can be a major challenge for municipal budgets,” said Senate Minority Leader Bruce Tarr (R-Gloucester). “The spending authorizations contained in this bill will provide the resources and support needed urgently to respond to that challenge and make those projects possible this year.”

“The long-standing state-municipal partnership established under the Chapter 90 program is critical to helping cities and towns meet their transportation infrastructure needs. Today’s

agreement continues the House and Senate’s ongoing commitment to support this important road and bridge program. Combined with the funding increases for targeted municipal transit-related grants, this bond bill will allow cities and towns to focus on addressing some of their most critical transportation needs,” stated House Minority Leader Brad Jones (R-North Reading).

The bill includes the following components:

- \$200 million in chapter 90 funding for cities and towns for projects to maintain, improve, and repair roadways, bridges, sidewalks, and bike-ways.
- \$25 million for the Municipal Small Bridge Program to support replacement or preservation of structurally deficient local bridges critical to local communities and not eligible for existing federal aid programs.
- \$25 million for the Local Bottleneck Program to address localized traffic bottlenecks and invest in infrastructure to reduce congestion, improve traffic flow, and reduce idling and greenhouse gas emissions.

- \$25 million for Electric Vehicle (EV) infrastructure to support municipalities and regional transit authorities in their efforts to install EV infrastructure and purchase EVs and zero-emission vehicles.

- \$25 million for Transit-Supportive Infrastructure to create dedicated bus lanes, enhance bus stops and train stations, support passenger safety, upgrade technology and modernize infrastructure to meet demand and increase frequency of public transit services, and improve access to public transit.

- \$25 million for Bus Prioritization and Enhancement Projects to support municipalities in their efforts to create bus rapid transit lanes, construct catenary wires for electric trolley buses, purchase equipment for transit signal prioritization, and make improvements at bus stations and stops.

- \$25 million for Enhancements at Transit and Commuter Rail Stations to support municipalities in their efforts to construct parking lots and structures, drop-off and pick-up zones, electric vehicle

charging stations, park-and-ride locations, bicycle parking or bicycle cages, and accommodations for micro-mobility devices.

The bill also includes language clarifying that transportation infrastructure projects are

an allowable use of American Rescue Plan Act funds, consistent with U.S. Treasury guidelines. Having been passed by the House and Senate, the legislation now goes to Governor Baker for his signature.

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ANNUAL FALL FAIR

The Senior Support Foundation is planning to hold our annual Harvest Festival on Saturday Sept. 11th from 9:00 - 3:00

More inside newsletter for further information.

Davis Bates & Ice Cream Social

August 11 at 12:30 PM

The Holliston Council on Aging will celebrate summer and the diverse heritage of the United States by presenting a performance by Parents' Choice Award winning singer & storyteller Davis Bates. Entitled This Land is Your Land, the program will involve the audience in a variety of cultural traditions. It will include traditional songs and tales from Native American and immigrant cultures, sea songs & chanteys, farming songs & stories and family tales. There will also be plenty of sing-alongs, a short lesson in how to play music with spoons, and an appearance by a dancing wooden dog named Bingo!

Join us for ice cream sundaes with a variety of your favorite toppings prior to the performance

A special thanks to the Holliston Cultural Council for underwriting this wonderful performance.



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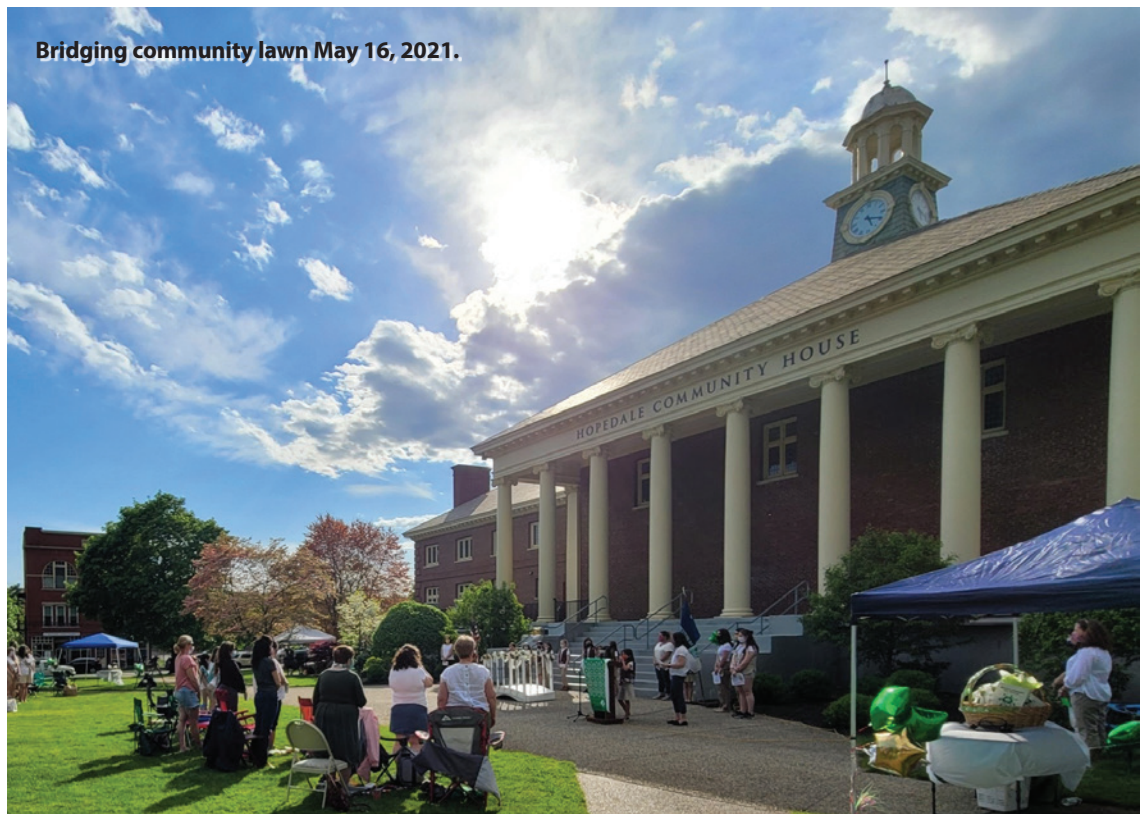
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The b.LUXE *beauty beat*

BY GINA WOELFEL

As a kid, summer always seemed like such a magical time with it's long, lazy days, beach trips and friend-filled afternoons. It was a time to kick off routines, close our school books and enjoy the sunnier side of the year. We stayed outside until dark with only the mosquitos forcing us indoors.

A summer job meant freedom and hard work, but money to save and spend. We babysat, picked vegetables, worked as clerks and mowed lawns. I watered plants in a hot, steamy greenhouse and hauled them outdoors for the customers to buy. I left work a damp and dreadful mess, but I had the money to afford my first car, a 1971 Triumph Spitfire convertible. Top down, with the sun on my face, I'd take the long way home. That was summer to me.

We didn't think much back then about the harmful effects of the sun or pool water or the not-so-healthy ingredients in our products.

I'm sure more than a few of us can wax nostalgic of those by-gone beach days, (Nantasket was mine). Bodies slathered in baby oil and hair spritzed with *Sun In*, by the time the boardwalk lights flickered on, our skin was blistered and our hair was orange. All was right in the world, but what was it that made that time so special?

For me, it was the effortless-ness of it all. We didn't have to

care so much about our health and beauty routines. My red, angry skin would eventually peel to reveal a sea of freckles and I'd box-dye my hair in the fall and return to school the hot mess that I was in 1989.

Now, at 50 years old, with my "freckles" redefined as age-spots and SPF my new best friend, I miss the effortlessness of it all... Don't you?

Let's throw it back to that un-complicated time and talk a bit about the three salon services we feel can streamline your beauty routine, add more free time to your day and help you get your summer groove back!

1. Organic Spray Tanning - Go on, get your bronze on and love your healthy, sun-kissed, skin! From a pretty, all-over honey glow, to a deep, island tan, we have the perfect shade to make you look your bronzy-best. And best of all - No sun damage to your skin.

2. Lash Lift + Tint. Oh man, where were these when I was young? Imagine waking up to lashes that already look curled and coated with a hit of mascara...all before your feet hit the floor! Not only is it possible, it's magical and yields 6-8 weeks of beautiful, mascara-free lashes that appear thicker, darker, longer + have the *va-va-voom* factor we all crave.



hair • makeup • skincare • editorial

3. Waxing - Now here's a service that's been around the block! We've all endured the yearly, pre-summer bikini wax, (Ouch) but, it's time for you to revisit this hair removal option. Hit the beach with no shaving or fuss. Wax formulas have improved immensely in the past few years and this depilatory service is galaxies apart from its predecessors. Bikini, arms, legs, or wherever you don't want hair - wax it off!

Here's a few August specials from b.LUXE Hair + Makeup Studio to help you enjoy the rest of your summer. We'll see you next month with some back-to-school beauty and a September Giveaway you won't want to miss!

Lash Lift + Tint - \$75
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This month's *beauty beat* was written by guest contributor, Gina Woelfel

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Sports

Q and A with Holliston Wrestling Coach Mike Capobianco

Who is on the team?

We had 15 kids on the team this year. I don't know if you want the names of every single kid but the 4 seniors are David Touchette, Laurent Kwan, Thoren berg. All three were captains as well. And the last senior was Michael Liberty. We had an young team overall mostly sophomores, with 2 juniors and 2 freshman.

How many matches did they have?

We had we had 7 matches during the season we went 1-6 with but we were only able to wrestle league matches and two non league matches this year. The TVL was very tough this year and our record shows that. We wrestled Tri-county and Natick in non league matches who had good teams as well. We

then lost to Tri-County in the sectional semi finals 42-36.

How was their season altered because of Covid?

The season was altered by covid in many ways including not being able to practice in our wrestling room all year. Also the kids had to wear masks during practices and matches unless we were outside which was tough. Wrestling is tough enough without having to wear a mask the whole time. also the season went from a winter season to a spring season. Unfortunately because of covid we weren't able to get approval for a season right away. Because of this and the season change we lost atleast 10 kids this season that we were expecting to have back on the team this year. Either kids played other sports in the spring, couldn't wrestle

cause of the covid pandemic or was unsure of what the wrestling season was gonna look like. So unfortunately we didn't have to same team we thought we were gonna have.

How were their attitudes because of the changes to their season?

The kids that did come out for the team had great attitudes all year. They did a great job all year as well about following all the covid changes and restrictions to give our team the best chance to get through the season healthy and safe, which we did. The kids effort and passion never wavered even in a shortened strange season. They came ready to go every day and competed hard with each other trying to get better and never complained once.

How many practices are there? And how many meets are there?

We practice every day during the week unless we have a match on that day. Wrestling is the hardest high school sport and it's not close. Especially with the mask this year.

How long have you been coach?

This was my 5 year as head coach. I was the assistant for three years before I took over as head coach.

What makes you proud to be their coach?

I was extremely proud of their work ethic all year, even with all the hurdles and changes we had to deal with. Their attitude and the effort never lacked. They

were a fun group to coach because they came in every day trying to get better and improve on the day before. Very coachable and fun group of kids to coach.

Is there anything I didn't ask that you would like to include in the story?

We had 4 TVL all stars this year

Thoren Berg senior at 195lbs

Laurent Kwan senior at 220lbs

David Touchette senior at 113

Anthony Touchette sophomore at 106

We also have three metrowest all stars as well the three seniors.

Thoren Berg

Laurent Kwan

David Touchette



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Sports

HHS Field Hockey Team Aiming For More Success

By KEN HAMWEY
STAFF SPORTS WRITER

Coach Alyssa Healey and her Holliston High field hockey team are terrific examples of exceeding expectations.

Last fall's athletic menu was chock full of alterations — specific sports not only underwent rule changes, but they also faced a plethora of protocols because of the covid-19 pandemic. Masks had to be worn while competing, social distancing was observed, no fans were allowed and equipment had to be sanitized.

The way field hockey was played changed dramatically. Instead of 11 players the sport went to a 7-on-7 format. And, no penalty corners were allowed. Penalty corners are set offensive plays inside the opposing team's box that can lead to a goal.

Healey and her forces not only had to concentrate on all the changes, but they also knew that the 2020 season would be a huge challenge after losing 10 seniors to graduation. Those seniors had led the 2019 contingent to a 14-5-1 record.

Healey admitted before the 2020 season began that she was pleased the campaign would get underway, but she was sure rebuilding would be the primary theme.

However, when the pandemic-ridden season ended, the Panthers were sitting on Cloud 9. All they did was finish undefeated at 9-0, had five players named to the Tri Valley League all-star team, and won the large division's sportsmanship award. Healey also was rewarded. She was selected as the TVL's Large Division Coach of the Year.

"There's no doubt that I was surprised by our finish but I knew we had potential," Healey noted. "The key to our season was the way our underclassmen committed to off-season training. We also got outstanding leadership from our new captains (Peyton Hastings and Jordyn Kuharich). Another plus was the way we adjusted to the 7-on-7 format. It worked to our advantage because we were physically ready and our athleticism surfaced."



Holliston's captains include, from left, Peyton Hastings, Jordyn Kuharich, and Cara Chipman.

The 2021 season will definitely have a different feel, primarily because of the numbers. The Panthers lost only two seniors to graduation and they have 13 returnees (all experienced seniors).

"Our No. 1 goal will be to qualify for the State tourney," said Healey, who's in her eighth year as the Panthers' coach. "We'll also strive to contend for the TVL Large Division title. We also will focus on team bonding and team chemistry."

Holliston's captains no doubt will work vigorously to maintain the close-knit atmosphere that prevailed last year. Hastings, a midfielder, and Kuharich, a defender, return for another stint of leadership and will be joined by midfielder Cara Chipman.

Peyton was a TVL and Boston Globe all-star," Healey said. "She's the key to our offense. Good in transition, she's athletic, instinctive and has a high field hockey IQ. Utilizing consistent

footwork, she had four goals and six assists last year. Jordyn also was a league all-star. She's a tenacious defender who has great endurance, is athletic and handles breakaways well. Cara is selfless, solid in transition, defensive-minded and athletic. The captains lead in different ways. Peyton leads by example, Jordyn is a great organizer and Cara is vocal."

Bridget Daignault, who played soccer before switching to defense in field hockey, was "a great surprise" for Healey. "Bridget is so athletic," said Healey. "A quiet leader, she's got speed and quickness and she's very agile. She went from the jayvees to a TVL all-star."

A pair of twins who sparkled on offense at forward were Abby and Bridget Glynn. Abby had 4 goals and 9 assists while Bridget had 10 goals and 3 assists. Both were TVL all-stars. "They have what's called twin awareness," Healey said. "They're instinctive

and athletic. They've got nice personalities but they're both great competitors."

A trio of defenders — Emily Waldman, Lily Sawyers, and Jenna Canal — likely will have "a more visible role" this season. "They're smart, instinctive and their timing on tackling is excellent," Healey said.

Called "quiet scorers" by Healey, forwards Ellie Currie and Stephanie Farrell are quick and athletic. "We'll rely on their experience on the forward line," Healey offered. "They create offense and they're effective on tipping and deflections at the net."

Kayla Tomacelli and Adriana Bureau were reserve midfielders last year. "They'll play a bigger role for us this season," Healey said. "They're hard-workers and they're strong on fundamentals. Both were very capable in their roles last year."

Junior goalie Lucy Svirsky (the only player named who's not a senior) competed for the jayvees last year but this time around she'll see plenty of varsity action. "It's my hope that Lucy will become a successful varsity goaltender," Healey said. "Her work ethic is exceptional, she's athletic and she's a quick learner. I like her eagerness to learn everything about the position."

After two weeks of pre-season practice, which gets underway on Aug. 25, the Panthers will then open their campaign on the road against Ashland on Sept. 9. Holliston has a 17-game schedule on tap.

"Westwood and Medfield likely will be strong contenders for the TVL Large Division championship," Healey said. "Westwood has become our rival and they've got a lot of talent and tradition. Medfield is a young team but they're a very capable squad. We'll be in the mix as long as we pay attention to detail and strive to reach our potential."

Delighted that the new season will return to normal with an 11-on-11 format, Healey admits that the pandemic reinforced some basic tenets. "Covid-19 emphasized that developing and maintaining relationships off the field is so vital and positive," she said. "Life is more than just on-the-field coaching."

But, when Holliston's 2021 field hockey team is on a field, expect a plethora of strengths to be very evident. Assets like athleticism, an instinctive nature, speed, quickness, experience, depth and flexibility.

Those attributes should make the Panthers fun to watch.

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You Can Help Make History!

The St. Mary's Knights of Columbus have raised nearly \$240,000 for non-profit charities over the past twelve years - mainly through their Annual Charity Raffle. Most of those donations went to local charitable organizations such as the Holliston Pantry Shelf, the Holliston Senior Center, Homes for Our Troops, and Habitat for Humanity - all which saw their demands of their services increase while donations were significantly impacted by last year's Covid-19 pandemic. The KofC raffle raised nearly \$24,000 in 2019 for charitable donations, but 2020 ticket sales and donations dropped to just over \$12,000 due to the pandemic. BUT - this is a new year, and you can help them make donation history!

The Knights want to raise enough money this year to easily exceed a **QUARTER OF A MILLION DOLLARS** in cumulative charitable donations. That's certainly a significant amount of money going primarily to local organizations in just thirteen years. As they have done for several years, the K of C will donate raffle proceeds to the same charities mentioned above. As Grand Knight Al Scaramella says: "These charities need our support more than ever. We're on a mission to need that need. A description of each charitable organization is provided below.

So - what can you do to help make history? Buy some raffle tickets for yourself, your family, a friend or for a gift! The top prize of \$1,000 and four other

cash prizes will be awarded to the lucky winners! Tickets are only \$5 each or a book of five for just \$20. That's like getting a free ticket when you buy a book. If you know a Knight, please ask him for tickets if you haven't bought any yet. The council is also setting up group sales sites, with two set up so far: Roche Brothers in Millis scheduled for August 14th, and Shaw's in Ashland on August 28th and 29th. Or, you may send a check, along with your name, address, and phone number (so they can contact you if you win) to Tom Anguish, 542 Winter Street, Holliston, MA 01746. Tom will send you your tickets by return mail. But Tom cautions you to NOT spend the winning money yet - the drawing isn't until Columbus Day Weekend, October

9th. Still, you can dream about it until then...

Major Charities Supported by St. Mary's Knights of Columbus

The **Holliston Pantry Shelf** assists over 200 local families. The Knights make significant annual donations to the Pantry Shelf and also donate to food pantries in other towns where they conduct group raffle sales. Demand on these organizations has increased during the Covid pandemic, increasing the need for their services.

The **Holliston Senior Center** uses the raffle donations to help with their meal program, exercise and other health programs, and other activities which help Holliston seniors stay active and healthy.

Taunton-based **Homes for Our Troops** is a top-rated Veterans Charity and publicly funded 501(c) nonprofit organization that builds and donates specially adapted custom homes nationwide for the most severely injured Veterans Post-9/11. They have a long list of wounded veterans who really need this type of housing and deserve our very thankful support.

Habitat for Humanity builds homes for needy families with the help of local tradespeople, suppliers, and volunteers. The Knights have donated their time, labor and money the past several years to support Habitat for Humanity building projects here in Holliston.

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It's August and that means the days of summer are numbered. Here are some things to do before summer ends:

Remember to stay hydrated and share photos on our Facebook page <https://www.facebook.com/MedwayMillisTownNews>:

- Arts & Crafts - rock painting, leaf rubbing, flower pressing, etc.
- Bicycle ride to any place for any reason
- Bonfire
- Camping - pitch a tent in your backyard, a friend's backyard, or elsewhere
- Catch lightning bugs
- Drive-in movie
- Farmer's Market - pick up some fresh produce while supporting local growers
- Flowers - pick flowers to share with a special neighbor
- Gather - host a late summer gathering, choose a theme for food and dress (Hawaiian shirts, pineapple pizza, etc.)
- Gratitude - practice gratitude by making a list of all the things for which you're grateful this summer
- Host a Favorite Things party
- Ice-cream - make homemade ice cream
- Lemonade stand - have your own and donate the profits to a shelter
- Open your windows on a not-too-hot evening
- Picnic - Plan and pack a picnic for a unique destination
- Plant a fall garden (brussels sprouts, beans, radishes, turnip, lettuce, etc.)
- Popsicles - make your own
- Preserve your favorite summer fruits and vegetables (strawberries, pickles, etc.)
- Quiet time - take a nap outside
- Read a book in the park
- Restaurant A-Z - take turns choosing restaurants for take-out or dine-in, choices must be in alphabetical order
- Scavenger Hunt
- Scrapbook - make a memory book of all the things you did this summer; if the list was short, make a wishlist for next summer
- S'mores around a campfire
- Sprinkler - run through a sprinkler (regardless of your age)
- Summer-themed movie marathon (maybe in the backyard on an outdoor makeshift screen)
- Sunrise/Sunset - catch either one and photograph it
- Write thank you notes to anyone who made your summer special, be sure to tell them why with specific examples

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Real Estate Corner



49 Windsor Drive, Apt. 204, in Holliston recently sold for \$200,000. Image credit: www.zillow.com

Recent Home Sales

Date	Holliston	Amount
July 15, 2021	256 Central Street	\$575,000
July 13, 2021	56 Adam Wheeler Lane	\$458,000
July 12, 2021	332 Concord Street	\$320,000
July 12, 2021	87 Northway Street	\$650,000
July 12, 2021	48 Kim Place	\$700,000
July 9, 2021	448 Prentice Street	\$445,000
July 9, 2021	10 Lone Oak Circle	\$823,000
July 8, 2021	16 Sweet Grass Lane	\$515,000
July 8, 2021	141 Westfield Drive	\$600,000
July 8, 2021	68 Andrew Lane	\$600,000
July 7, 2021	3 Bittersweet Circle, Unit 14	\$745,000
July 6, 2021	44 Exchange Street	\$467,000
July 1, 2021	133 Westfield Drive	\$550,000
June 30, 2021	4 Raleigh Road	\$918,000
June 30, 2021	49 Windsor Dr, Apt 204	\$200,000
June 30, 2021	51 Mohawk Path	\$975,000
June 30, 2021	55 Hanlon Road	\$921,000
June 30, 2021	217 Marked Tree Road	\$385,000
June 29, 2021	425 Highland Street	\$808,000
June 29, 2021	77 Wingate Road	\$660,000
June 29, 2021	20 Appleyard Lane	\$370,000
June 28, 2021	202 Ashland Street	\$425,000
June 28, 2021	47 Piedmont Drive	\$575,000
June 28, 2021	43 Maple Dell Lane	\$420,000
June 28, 2021	671 Washington Street	\$570,000
June 25, 2021	14 Governor Prence Way	\$1.10 mil
June 25, 2021	200 Underwood Street	\$600,000
June 24, 2021	67 Granite Street	\$1 mil
June 23, 2021	1460 Highland Street	\$630,000
June 23, 2021	607 Marshall Street	\$867,530
June 23, 2021	55 Alberta Lane	\$925,000
June 22, 2021	12 Christopher Road	\$500,000
June 21, 2021	36 Sweet Grass Lane	\$650,000
June 21, 2021	36 Mohawk Path	\$920,000
June 18, 2021	19 Hillside Drive	\$957,500
June 18, 2021	181 Shaw Farm Road	\$540,000
June 17, 2021	49 Brooksmont Drive	\$607,000
June 17, 2021	429 Norfolk Street	\$495,000

Source: www.zillow.com / Compiled by Local Town Pages

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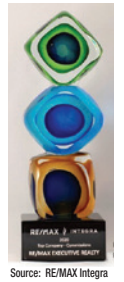
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