

## Franklin's Harvest Festival is Back - October 2

By J.D. O'GARA

After taking a year-long break from the Harvest Festival due to the Covid pandemic, the Franklin Downtown Partnership (FDP) is excited to bring back the event on Saturday, October 2, with a rain date of October 3. The 18th annual Harvest Festival will be held in downtown Franklin from noon to 5 p.m. on Main Street, Dean Avenue, West Central Street, and Depot Street, as well as the large parking area behind Rockland Bank.

"There's excitement to be able to do this outdoor festival this year," says Scott Martin, of the Hocko-

**HARVEST FESTIVAL**  
*continued on page 4*

**Franklin Downtown Partnership Presents**

**18th Annual Harvest Festival**

**Saturday, October 2nd**  
**Rain Date, October 3rd**  
**Downtown Franklin**  
**In the center of the Cultural District**  
**12:00 - 5:00 pm**

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Ally and Ava Remillard, a senior and junior at Franklin High School and members of the Lions Heart organization, are shown here delivering meals to a family on behalf of The Ellie Fund.

## Franklin to Go Pink to Support Breast Cancer Patients

By J.D. O'GARA

The town of Franklin will go pink the last week of this month!

**PINK**  
*continued on page 2*

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15, 16, 17  
22, 23, 24



**PINK***continued from page 1*

On September 9th, the Franklin Downtown Partnership voted to partner with The Ellie Fund in honor of Breast Cancer Awareness month. Local businesses will promote The Ellie Fund as part of their “Do Good” campaign (<https://www.elliefund.org/do-good/>). Companies and businesses can participate by hosting an event, donating a percentage of sales or collecting contributions in support of the Ellie Fund, which is a nonprofit supporting patients with breast cancer.

“They’re very unique in that what they do,” says Lisa Piana, of the Franklin Downtown Partnership. “They provide grocery assistance, transportation to appointments...things like that. We want the town to put up pink balloons and pink lights, to bring attention to The Ellie Fund in the last week of October.”

Kristen Sajdak, of Franklin, is Community Relations Manager for The Ellie Fund.

“We did this last year with Wellesley,” says Sajdak. “Usually in October, we have a lot

of restaurants raising money for us, but last year, we didn’t want to have anyone (do that). We came up with this idea, and we had Wellesley promote The Ellie Fund.”

Sajdak herself is a 20-year survivor of breast cancer. She was living in Norfolk, mother to children ages 3, 5, 7 and 9, at the time.

“The whole town encompassed my family, and it was just a wonderful experience,” says Sajdak. That experience, she says, mirrors the mission of The Ellie Fund.

“We offer grocery gift cards, childcare housecleaning, transportation, meals,” says Sajdak. “Every patient receives two services, and we tailor it to them. We don’t look for any financial information, if you’re treated in Mass. Our way of receiving patients comes from the social worker.” Since Covid, The Ellie Fund has also worked to become known in doctors’ offices and community health centers.

“I didn’t even know The Ellie Fund existed prior to having breast cancer,” says Jane Moran, who’s lived in Franklin for 16 years and was diagnosed in April



**Franklin will go pink in the last week of October. Shown is a bottle of wine from La Cantina, the sales of which will benefit The Ellie Fund.**

of 2018 with stage 3 breast cancer. “There’s a great organization out there that people don’t even know about, and they’re very special.”

Moran, who underwent 16 weeks of chemotherapy, with 36 rounds of radiation, a double mastectomy and four other surgeries, admits her family felt the crunch with their high deductible health plan.

When she met with a social worker at Dana Farber, she says, she was concerned about finances.

“It’s a time when, whatever your diagnosis is, it’s scary. You shouldn’t have to worry about expenses when you’re going through all of that,” says Moran, who appreciated that ease of The Ellie Fund’s application. “Some of the others you have to provide tax returns and give them copies of actual bills,” she says.

“It makes patients feel so relieved that they didn’t have to look for tax information,” says Sajdak.

Moran’s grant offered her the choice of two services, and she chose grocery and gas gift cards.

“Honestly, that was so awesome, to know I didn’t have to pay for it. It takes some of the pressure off. Every little bit you have to spend on stuff in your life that is not medical-related is so appreciated. It’s like the well is dry once the bills start coming, and they come immediately. There is no grace period.”

Moran and her family have also been able to attend social events sponsored by The Ellie Fund, such as a drive-in movie last year at Gillette Stadium.

“It’s just nice every now and then for someone to reach out

to you and say, ‘Hey, we’d like to do something special for you. You’re all consumed with the financial stress, the stress on your body, the stress of what it’s doing to your family. To know that there’s an organization that does nothing but (offer) support is amazing to me.”

Sajdak describes The Ellie Fund as “a friend you didn’t know you had.”

If you would like to become involved in the Franklin Goes Pink campaign, visit this link at

<https://www.elliefund.org/wp-content/uploads/2021/08/Franklin-Pink-Registration.pdf>

The town of Franklin also has its own fundraising page for The Ellie Fund. If you would like to learn more or donate, visit

Go Fund Me at [www.gofundme.com](http://www.gofundme.com) and search for “Franklin Goes Pink for Ellie Fund”.

“If anyone knows anyone they’d like to refer to The Ellie Fund, they can call or connect to someone who can help them fill out the application,” says Sajdak. “It’s a very simple process.”

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# Santa Foundation Holds Annual Fundraiser

The Santa Foundation, a (501c-3) organization based in Franklin, held its annual fundraiser on September 10th, 2021, at La Cantina Winery. The non-profit group, with all overhead cost incurred by Sullivan & Associates, has helped needy families in Franklin and surrounding communities with Christmas

gifts for over 30 years. Directing all donations to its charitable cause, the Santa Foundation has also helped assist those in emergency situations who need help paying for mortgage or rent, heat and other utilities. Local sponsors of the fundraiser include: 1776 Financial, Distinctive Creations, Donovan



Pat and Cindy Timmons, of the Santa Foundation, welcomed guests at the fundraiser.



Members of the 1776 Financial team, Chris Montville and Carolyn Hayes, pose for a quick pic with Santa Foundation director Dick Timmons.

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Cantina Winery and Maddie, Parker & J.B. The Santa Foundation reports an increase in need over this past year. If you would like to donate, visit [www.sfjoy.org](http://www.sfjoy.org).

## Franklin Cultural Council 2nd Annual Halloween House Decorating Contest!

Deadline to enter: October 17th

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## HARVEST FESTIVAL

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mock YMCA and Chair of the Harvest Festival Committee. “It gives local businesses and organizations that have served our community during challenging times a chance to highlight and shine and show what they do best. It gives residents a reason to come to the downtown, people from out of Franklin a reason to come to Franklin by offering entertainment, different crafters, different fun activities. We really try to make sure there’s enough for all ages.”

“Everyone in the community really wants to get out and celebrate,” adds Lisa Piana, Executive Director of the Franklin Downtown Partnership. “They missed it last year. We have great local businesses and organizations that really want to come out and talk to people, and this is an opportunity for them to do it, hopefully on a great fall day.”

Working with guidance from the Franklin Health Department and the Franklin Police, the out-



door festival will feature carefully-spaced vendor booths, with a number of booths moved into the Rockland Trust parking lot this year. “Safety is our number one priority,” says Piana. “I think people will be excited to see how much extra room we have.”

Visitors to the Harvest Festival will enjoy entertainment, shop specials, artwork by area artisans and helpful information from community groups. There will be over 160 vendors, crafters and food booths. In addition:

- Dancing on Dean will feature live music from two popular local bands: Ben Gardner’s Boat and The Driftwoods.
- The Franklin Historical Museum will host a photo display of farming in Franklin as far back as 100 years.
- The Franklin Art Association will have an art show in the Rockland Trust Annex on Main Street that will feature art, photography, a scholarship raffle and small works and greeting cards for sale.
- The Franklin Fire Department will display an antique ladder truck while mascot Sparky greets children.

A yummy way to support this annual event is to stop by the Dean Bank booth on Main Street for seasonal cider donuts and cider. Proceeds from those sales go to the FDP to help run

the festival. Visitors can enjoy other offerings in the food court area behind Rockland Trust Bank, including traditional Fenway Italian sausage, hot dogs, barbecue chicken sandwiches, cheeseburgers, veggie burgers, chicken fingers, French fries, sweet potato fries, fried dough, fried Oreos, fresh squeezed lemonade, and ice cream. Please email [fdpevent@gmail.com](mailto:fdpevent@gmail.com) with any vendor-related questions.

Piana encourages Harvest Festival goers to patronize the 12-14 food booths that will be set up behind Rockland Trust. “They’re all local restaurants, and they had such a tough year last year, so we’re really asking folks to come out and support their local restaurants. Eat a lot of food! There’s plenty of room, plenty of tables and chairs.”

Many businesses are helping make the Harvest Festival possible by sponsoring it. The Franklin Downtown Partnership thanks platinum sponsors Dean Bank, Mosquito Mary’s and RI Motorsports and Detail; silver sponsors Bissanti Real Estate Appraisals & Consulting, Glen Meadows Apartments, Hockomock YMCA, Liberty Tax, Middlesex Savings Bank, Rockland Trust & The Enclave of Franklin; and bronze sponsors: Arcadia Dental of Franklin, Beaux Regards Photographic Art, Camford Property Group, Chestnut Dental Associates, D.G. Ranieri

Real Estate, Encore Music Academy and Recording Studios, Edward Jones - Kevin L. Johnson, Fenton Financial Group, Keefe Insurance, La Cantina Winery, LeafFilter North, Mint Dental of Franklin, MyFM 101.3, Nerds to Go, and Senate President Karen E. Spilka.

“I just can’t say enough about the businesses that stepped up to sponsor this event,” says Piana. “Residents need to understand that without the support of local businesses, these community events just don’t happen. We’re very, very grateful for their support.”

The Franklin Health Department is recommending that everyone who is not vaccinated, please wear a mask at the Harvest Festival. Anyone who is immune-compromised should also wear a mask, regardless of their vaccination status. Anyone with Covid symptoms should stay at home.

The Harvest Festival committee is also looking for volunteers to help with the event. If you are interested, please contact Beth Simon at [simonsez4@verizon.net](mailto:simonsez4@verizon.net).

“It’s our 18th year, so we’re glad to be back doing this,” says Martin. “I see a lot of my neighbors, my friends, and a lot of people I’ve met. Over the course of three to four hours, I see a lot of people I haven’t seen, and it’s just good to feel we’re together again.”

## About the Franklin Downtown Partnership:

The Franklin Downtown Partnership is a nonprofit, 501(c)(3) organization made up of more than 350 business owners, community leaders and residents working to stimulate economic development downtown and create a positive impact throughout the area. Visit [www.franklindowntownpartnership.org](http://www.franklindowntownpartnership.org)

## Franklin Art Association to Hold Art Show during Harvest Festival

The Franklin Art Association will be holding an art show and sale on Saturday, October 2 from 12-5 p.m. at the Rockland Trust Annex (44 Main Street,

Franklin) in conjunction with the Franklin Downtown Partnership Harvest Festival.

## HARVEST FESTIVAL

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## localtownpages

Published Monthly  
Mailed FREE to the  
Community of Franklin  
Circulation: 13,164  
households & businesses

**Publisher**  
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**Editor**  
J.D. O’Gara

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**Creative Design & Layout**  
Michelle McSherry  
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Ad Deadline is the  
15th of each month.

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**HARVEST FESTIVAL***continued from page 4*

This year marks the 50th anniversary of the Franklin Art Association. According to its website, it was “established to provide a forum for the promotion of visual arts; for the preservation of the finest artistic traditions by means of exhibiting works, conducting classes, lectures, and sponsoring other activities favorable to artistic expression, and to provide friendly exchanges among painters, photographers and those interested in the fine arts.”

The Franklin Art Association holds monthly meetings, which are free and open to the public, from September through June. The organization recently resumed in-person meetings at the Franklin Senior Center, 10 Daniel McCahill St., Franklin, on the first Wednesday of each month, from 6:30-9 p.m. with a business meeting starting at 6:45, followed by a presentation. This month, the group will feature guest demonstrator Deborah L. Friedman, who has won numerous awards for her beautiful and lifelike studies using colored pencil as her artistic medium.

For more information about the Franklin Art Association, visit Franklin Art Association on Facebook up to date information, or find them at [www.franklinart.org](http://www.franklinart.org).

# Sparky the Fire Dog to Attend Harvest Festival at Franklin Fire Department

The Franklin Fire Department will help celebrate the annual Franklin Harvest Festival on its front ramp on October 2nd, inviting families to enjoy its antique ladder truck as well as meet

Sparky the Fire Dog®, the official mascot of the National Fire Protection Association ([www.nfpa.org](http://www.nfpa.org)).

Sparky actually celebrated his 70th birthday on March 18th of this year. The mascot has been a part of the NFPA's public safety campaigns over the years, with messages such as “Stop, drop and roll,” “Get out, stay out,” “Know two ways out,” and “Dial 9-1-1.” The mascot even has his own website children can visit, <http://www.sparky.org/>.

This year's Harvest Festival takes place one day before the kickoff of National Fire Prevention Week, which takes place this year from Sunday, October 3, 2021 to Saturday, October 9, 2021. The Franklin Fire Department will acknowledge this important awareness campaign with an open house on Saturday, October 9th, from 10 a.m. -2 p.m. at their headquarters, with a rain date of October 10th.



Sparky the Fire Dog®, the official mascot of the National Fire Protection Association, will join in the Franklin Harvest Fair at the Franklin Fire Department.

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# SALMON at Medway Hosts Grand Opening Gala

On September 14, SALMON Health and Retirement's new Medway community opened its doors for their Grand Opening Gala. Masked attendees were ushered in through the front doors, warmly greeted by the sparkling chrome lettering: Whitney Place and The Willows at Medway, and chilled champagne. While some guests enjoyed the company of the entire SALMON family in the Bistro adjacent to the lobby, many attendees chose to embark on group scavenger hunts, with prizes in every corner of this brand-new campus, including



State Reps. Brian Murray and Jeffrey Roy issue Andrew Salmon a proclamations welcoming SALMON at Medway to the community.



Many members of the Salmon family joined in the celebration.

candy in the game room, baskets of cookies in the Great Room, mini hand lotion samples at the campus Spa, Life Saver candies decorating the pool area, oranges in the gym, and baskets of SALMON visors in backyard.

A catered party on the fourth floor highlighted the culinary offerings of the new community, with a raw bar, a cheese and antipasto station, a dessert table, chef station, and cocktail bar featuring SALMON's signature cocktail, as well as the company of the location's new Medway Residents.



SALMON at Medway's first resident, Dottie, center, is flanked by Andrew and Matt Salmon and their parents, Danny and Dottie Salmon, as she cuts the ribbon on the new cutting-edge residence in Medway.



SALMON at Medway's new team!



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Join us October 12th to learn more about Tapestry Memory Care with Executive Director Andrew Freilich.

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Discover what family means to us when you visit Tapestry at Whitney Place, SALMON at Medway's memory care community accommodating the unique and changing needs of Residents with Alzheimer's or other memory impairments. Take a tour on October 12th at 2pm with Executive Director Andrew Freilich and learn more about the secure and innovative community for loved ones to live a happy and fulfilling life.

RSVP [medwayseniorliving.com](https://www.medwayseniorliving.com) or call 508-533-3300.

After Executive Director Andy Freilich, and Matt and Andrew Salmon took turns welcoming the celebrants and thanking everyone who made such a grand opening possible, from the construction crews who built the campus, to the catering staff, to second-generation founders also present at the event, Danny and Dottie Salmon, State Representatives Brian Murray (D-Milford) and Jeffrey Roy (D-Medway) offered a proclamation from the state, noting that The Willows and Whitney Place at Medway will now be bringing more jobs, more opportunities, and a fantastic resource for the senior community to the Medway area.

It was then that the first SALMON at Medway Resident, Dottie, cut the ceremonial ribbon held up by Danny and Dottie Salmon to mark the exciting new chapter.

**About SALMON Health and Retirement** SALMON Health and Retirement is a trusted leader in the operation of senior living communities. Founded as a skilled nursing center in 1952 by Dan and Helen Salmon, today, the third generation of the Salmon family runs the region's only complete care continuum—from active living to hospice care,

and everything in between. To learn more, please visit [www.SalmonHealth.com](https://www.SalmonHealth.com). SALMON at Medway is the organization's newest community, offering active independent living, assisted living, and memory care. For more information, please visit [www.MedwaySeniorLiving.com](https://www.MedwaySeniorLiving.com).



Your Money, Your Independence

# Open Enrollment: Benefits to Opt-In for your HSA

For many, fall brings Open Enrollment to work benefits. The once-a-year opportunity to make changes without needing a life event.

Beyond insurance and retirement benefits, these elections help maximize your tax planning for 2022. Yet, people spend more time scrolling Instagram than reviewing offered electives.

## What are HSAs?

Health Savings Accounts or HSAs are tax-exempt savings plans paired with a high-deductible health plan (HDHP) meeting certain criteria (i.e. \$2,800 family deductible).

HSA is not "Use It or Lose It" like FSA annual benefits and upon leaving a company or retirement, you maintain your HSA.

## How do you participate?

Only during an Open Enrollment can you Opt-In to an HSA by choosing a \$ amount to contribute. You can change \$ amount throughout the year, but not the ability to Opt-In.

## Key HSA facts:

- In 2022, an individual can contribute \$3650 and a family up to \$7,300.

- If over 55, contribute an additional \$1,000.
- All contributions are tax-free - federal, state, and FICA (Social Security and Medicare).
- No federal taxes on HSA funds spent on qualified health care expenses.
- Excess HSA funds can be invested for tax-free growth to compound for years.

Thus, unlike any other tax-advantaged savings plan, HSA can offer "triple tax benefits": tax-free contributions, tax-free earnings, and tax-free distributions.

## Free money. Really.

Shockingly, over 50% of eligible Americans decline to participate in an HSA. Unbelievable considering most employers put \$500-\$1,500 each year into an HSA. In theory, \$1 per pay period could return \$500-\$1500 per year from your employer - take it!

Furthermore, "health rewards" programs can earn deposits into HSA by doing preventative care activities. For example, seen \$400 deposited into an HSA when each spouse had an annual physical.



Glenn Brown

## Get the tax savings.

Consider a family in 24% tax bracket averaging \$4,000 in out-of-pocket medical expenses. HSA tax-free contributions would provide them tax savings of \$1,466 (\$960 federal 24% + \$200 state MA 5% + \$306 FICA 7.65%). Earners in 32% bracket can max out 2022 contributions and gain tax savings of \$3,259.

## Leverage tax-free growth for retirement.

Gaining momentum is a financial planning strategy of avoiding withdrawals from HSAs and pay medical expenses from

free cash flow. The allows for investment (funds, ETFs, equities) of HSA contributions to grow tax-free for years before using in retirement for eligible expenses like Medicare premiums, vision, dental, hearing aids, nursing services, long-term care premiums, and medical expenses.

Alert for the Retire Early crowd, while HSAs cannot be used to pay private health insurance premiums, they can pay for health care coverage purchased through an employer-sponsored plan under COBRA, which may be a desired option leaving a

company and maintaining until reaching Medicare eligibility.

Learn more by connecting with your benefits coordinator or Certified Financial Planner.

*The opinions voiced in this material are for general information only and are not intended to provide specific advice or recommendations for any individual.*

Glenn Brown is a Holliston resident and owner of PlanDynamic, LLC, [www.PlanDynamic.com](http://www.PlanDynamic.com). Glenn is a fee-only Certified Financial Planner™ helping motivated people take control of their planning and investing, so they can balance kids, aging parents and financial independence.

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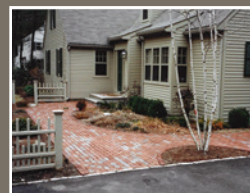
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# Franklin Cultural Festival a Hit on Town Common

The Franklin Cultural Council held its first Franklin Cultural Festival on a warm, sunny afternoon on Sunday, September 12, 2021. An estimated 8,000 people attended the festival, which featured artisans, food trucks, and performances throughout the day. Here a glimpse of some of the fun.



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# The b.LUXE *beauty beat*

By GINA WOELFEL

Happy Fall, Y'all! I've busted out my autumn wardrobe, enjoyed my first PSL (pumpkin spiced latte for you coffee purists) and officially embraced my favorite season - "sweata weatha."

We hope you took some time for yourself last month and enjoyed our September specials. It's a crazy time of year when the kids return to school and you're suddenly juggling a more chaotic schedule. Self-care is super important and that means scheduling it out. Be it yoga, a facial, a massage or your salon visit, these appointments are your "you time." They give you the chance to relax, regroup and feel better. It's hard to believe that the end of this month is the start of the holiday season! Yup, you read that right. In less than 30 days, we'll be knee-deep in witches, turkeys and snowmen. With all the holiday hoopla right around the corner, that brings us to this month's beauty beat topic: Scheduling.

We thought this would be a good time to talk about what it really means to work in the service industry and more specifically, the obstacles and frustration that many face with a commissioned-based career. To

work on commission means that your salary is based on a percentage of the business you generate. For argument's sake, let's talk about the beauty industry.

You know that wonderful feeling you get when you visit your salon, get your nails done, or have a facial? I know, for me, there's nothing like taking that beat from my schedule and doing something exclusively for myself.

Our post-pandemic lives are busier than we could have imagined. With safety precautions in place and tightly booked schedules, appointment-based businesses are working hard to ensure that clients can readily book services, feel safe during their treatments and still provide the highest level of customer care. Employees who work on commission are also still struggling to find a balance with childcare and expenses, with many having to split their time apart as a family to keep their children safe and make ends meet.

This year at b.LUXE, we moved towards a more strict enforcement of our 24 hour cancellation policy and fees, a move that, perhaps, ruffled a few feathers.

Like many businesses, b.LUXE keeps an active cancel-



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lation list for our customers who were unable to schedule their desired appointment. If a booked appointment is canceled with less than 24 hours notice, re-booking that time can be difficult. Not only is this disappointing for our waitlisted customers, it can be devastating for your stylist who depends on that service for their commissioned-based pay. When you cancel, no show or run so late that you can't be seen, you

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directly impact the lives of your hairdresser. (You know, the one who makes you look so amazing!)

We understand life is busy and things can pop up. This chat wasn't for the client who's had to cancel once or twice. It was for the serial canceler (and you all know who you are!)

Stylists LOVE their clients and every day, go above and beyond to make them look and feel beautiful.

Perhaps, as we head into what's sure to be a very busy season, we can shift our perception of our schedules and the people we've tied to them. With three of

the most overscheduled months ahead of us, book ahead! Set some time aside for yourself to relax and enjoy what makes you happy and prioritize that time. Let's also give a face to each appointment we make and respect and adhere to the time we've asked them to set aside for us. If we can do that, we'll enhance our local business community and support the people who, so often, support us.

We look forward to seeing you soon at the studio!

Be sure to check out our October specials above!

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# Living Healthy

## World-Class Eyecare and Cataract Surgery Closer to Home

By ROGER M. KALDAWY, M.D.  
MILFORD FRANKLIN EYE CENTER

Cataract surgery is by far the most common surgery performed in the United States. With advanced technology and if you choose an experienced and highly skilled surgeon, mod-

ern cataract surgery should be a rather quick outpatient and a minimal risk procedure. If you are considering cataract surgery, your expectations should not only be to improve your vision, reduce glare at night, see more vivid colors and improve your day to day

activities, but you should also be given an opportunity to reduce your dependence on glasses or contacts and in many cases eliminate this need. Your expectations should also be to have your surgery by a world-class surgeon close to where you live and not

be told to travel hours for testing and surgery. Many choices exist on where to have the surgery and by whom. Here are the specific questions to ask when it's time to have the surgery:

1. Why are you referring me to this surgeon? Your optometrist may ask you to travel miles and hours away from home to have your surgery with a particular surgeon of their choice. When you have experienced surgeons within minutes from where you live and when those top-notch ethical surgeons with excellent nationwide reputation will perform your surgery in a state-of-the-art surgery center closer to home. Ask your provider why they want you to travel hours and miles away. Unfortunately, if you dig enough, you will find the only reason for this remote referral is financial and business-related interest your provider has with the far-away surgeon. Beware referral bias. In our center, 100% of the surgeries are performed in a state-of-the-art facility in Milford. Very close to home. Your interest comes first.
2. What is my cost? Did you know that when your optometrist refers you to a surgeon who will perform your surgery at a hospital your insurance deductible and co-insurance will be higher at a hospital? If this is happening to you, we are available for a second opinion! All our surgeries are performed at an ambulatory surgery center in Milford with potential cost savings to you.
3. What type of anesthesia am I going to get? With modern cataract surgery, most surgeries should be completed under topical anesthesia. This means that the surgery eye becomes numb with drops. No need for injections or shots around or behind your eye. No shots will reduce the risk of bleeding and serious



complications from the shots. Ask about the techniques of the surgeon you are being asked to travel to see. In our center, 100% of the surgeries are performed under topical simple anesthesia.

4. What are the risks? One of the most dreaded risks of cataract surgery is accidental damage to the posterior capsule, which is the back wall of the bag holding your lens. Ask about the complication rate of the surgeon you are being asked to travel to. In our center this rate is close to zero percent.
5. What is the rate of infections in your center? Another potentially devastating risk of cataract surgery is an infection inside the eye called "endophthalmitis". Ask the complication rate of the surgeon you are being asked to travel to. In our center this rate is close to zero percent.
6. What type of technology is available at your surgery facility? Different centers have different equipment and resources. For instance, Massachusetts has only few centers offering laser-assisted bladeless cataract surgery. This should be an option if you want to reduce dependence on glasses and treat low grades of astigmatism at the same time as your cataract surgery. Our center was among the first in the State and New England to of-



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# Living Healthy

## EYES


continued from page 10

- fer this technology. Did you know that many hospitals and other centers do not offer laser bladeless cataract surgery? We do!
7. What type of implant am I going to get? Different lens implants can be used during cataract surgery with different materials, quality and ability to reduce your need for glasses. Ask your referring provider about his/her surgeon choice of implants. Our center was the first in the greater Boston area to offer the new diffractive and extended-focus implants. With those implants you can see clearly at distance, close and intermediate like your phone and computer screen without the need for glasses.
8. Will my need to wear glasses be reduced? Cataract surgery is a wonderful opportunity to limit or eliminate your need for glasses. As the surgeon removes the cataract, there is an opportunity to replace the cloudy lens with a special high-tech implant able to achieve this goal. Ask your referring provider about his/her surgeon of choice ability to achieve those goals. Our center has many happy and glasses free patients.
9. Will I have stitches? It is ideal to eliminate the need for stitches such as the surgery is a no-stitch surgery. Placing a stitch can be complicated by stitch induced astigmatism, a foreign body sensation and a broken and irritating stitch. Ask your referring provider if his/her surgeon of choice is still using stitches. 100% of our cataract procedures are stitch-free.
10. What will be my vision on day 1 after the surgery? One of the measurements defining quality of outcomes after cataract surgery is the quality of vision on day 1 after the surgery. Surgeons should strive to make the vision correct to as close to best as possible on day 1. Ask your referring provider about his/her surgeon of choice ability to achieve this outcome. Our center has many patients with happy 20/20 vision on day 1 after cataract surgery.

Cataract surgery is all about better precision, more safety and excellent outcomes. At Milford Franklin Eye Center, Dr. Kaldawy is proud to have been the first surgeon in the area and among the first in Massachusetts to offer bladeless laser assisted cataract surgery and the first surgeon in the greater Boston area to implant the PanOptix and Vivity lens implants. We offer bladeless laser cataract surgery. We implant high quality premium lenses only, with correction for distance, near and everything in between. Many cases of astigmatism are no longer a problem. Our percentage of posterior capsule complications and infections is one of the lowest in the Nation. No more need to travel hours for your cataract surgery! We operate in a state-of-the-art surgery center in Milford offering bladeless laser cataract surgery.

100% of the surgeries are performed under topical anesthesia, so only drops, no need for shots and no need for stitches. Brand new gorgeous office in Franklin and a second location in Milford. 7 providers with your interest in mind offering the best cost-efficient surgical care in an ambulatory surgery center closer to home.

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# Dean College Ranks Among the Top Best Regional Colleges

Dean College, a private, residential college located in Franklin, Massachusetts, has been ranked 28th in the 2022 *U.S. News & World Report* Best Colleges rankings for the Best Regional Colleges, North category. This is the 11th consecutive year that Dean College has received the Best Colleges honor.

Additionally, Dean placed 5th in the Best Regional Colleges, North category for Best Undergraduate Teaching.

"We are thrilled to be recognized by U.S. News and our peer institutions once again this year," said Dr. Paula M. Rooney, Dean College President. "It signals the overall strength of Dean's academic experience and the emphasis we place on student success."

*U.S. News & World Report* is a multi-platform, publisher of news and information. The U.S. News ranking system for the Best Regional Colleges rests on two pillars. The formula uses quan-

titative measures that education experts have proposed as reliable indicators of academic quality, and it is based on research of what matters in education, including: graduation rate performance, academic reputation, and financial selectivity, among others.

This year's ranking is a testament to The Dean Difference – the way that our community cares for and commits to each other through hands-on learning, engaging faculty & staff, strong academic support, and real-life workforce preparation to help our students achieve unimagined heights.

For more information on *U.S. News & World Report*, visit [www.usnews.com/best-colleges](http://www.usnews.com/best-colleges). For more information on Dean College, visit [www.dean.edu](http://www.dean.edu).

## Dean College Welcomes Students for Fall 2021 Semester, Grows Enrollment

Dean College is pleased to welcome students to campus for an in-person Fall 2021 semester as enrollment grows for both returning and incoming students.

Total full-time enrollment for the Fall 2021 semester is at 1,121 students, a 7% increase over enrollment for 2020. The College is especially pleased to welcome back 751 returning students as well as 370 incoming first-year students. Over 90% of Dean students are enrolled in bachelor's degree programs, while around 9% are enrolled in an associate degree program.

The increase in enrollment and high retention rate shows the College is thriving as a result of growing academic programs, co-curricular opportunities, learning support and career preparation services, and the College's 16 Division III athletic teams. Dean College earned full-time NCAA Division III membership in September 2020.

As students, faculty and staff settle back into life on campus, Dean College looks forward to a successful semester for the entire Dean community.

For more information about Dean College, visit [www.dean.edu](http://www.dean.edu).

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# FPAC to present *Mary Poppins*

The Franklin Performing Arts Company (FPAC) will present Disney & Cameron Mackintosh's *Mary Poppins*. The production, choreographed by and starring Broadway's Clay Rice-Thomson, will run October 15-17 and 22-24 at THE BLACK BOX. Everyone's favorite practically perfect nanny takes flight in THE BLACK BOX for this Supercalifragilisticexpialidocious musical adventure.

The production stars NYC's Kaley Were as the title character. Were has performed regionally and across America with *The Wizard of Oz* National as well as at Lyric Theatre of Oklahoma (*Bernice Bobs Her Hair*, *Mary Pop-*

*pins*, *Oklahoma!*, *Big Fish*), and Disney Cruise Line (Disney Magic, Disney Fantasy, Disney Dream). She has most recently been sailing the seven seas with Disney Cruise Line, performing on the Disney Dream in the IAAPA award-winning production of *Beauty and the Beast*. Were graduated from Oklahoma City University's Bass School of Music with a Bachelor of Music in Music Theatre. This will be her first production with FPAC.

Choreographing the production and starring as the loveable chimney sweep Bert, is Broadway's Clay Rice-Thomson. Rice-Thomson has performed on Broadway in *KING KONG*

(King's Company), Newsies (Spot Colon), *Matilda* (Michael Wormwood), and the Broadway National Tours of *WICKED* (Chistery), *Jesus Christ Superstar*, *West Side Story* (A-rab), and Cameron Macintosh's *Oliver*. His TV credits include *Saturday Night Live*, *The TONY Awards*, *MACYS Thanksgiving Day Parade*, *The Tonight Show*, *GMA*, *The Late Show*, *The View*, *The Marvelous Mrs. Maisel*, and more. With FPAC, Rice-Thomson choreographed *Matilda*, starred in Christopher Rice's *The Tappy Christmas Special: LIVE!*, and most recently played Aaron Schultz in summer 2021's *Legally Blonde*.

FPAC's production, directed

by Raye Lynn Mercer, is presented with a live professional orchestra and the spectacular aerial effects of Flying By Foy. Based on the books by P.L. Travers and the classic Walt Disney film, Disney and Cameron Mackintosh's *Mary Poppins* delighted Broadway audiences for over 2,500 performances and received nominations for nine Olivier and seven Tony Awards, including Best Musical. *Mary Poppins* is an enchanting mixture of irresistible story, unforgettable songs, breathtaking dance numbers, and astonishing stagecraft.

*Mary Poppins* runs October 15-17 and 22-24 at THE BLACK BOX in downtown



Franklin. Tickets are on sale now at [www.THEBLACKBOXonline.com](http://www.THEBLACKBOXonline.com) or by calling the box office at 508-528-3370. Patrons are invited to follow the Franklin Performing Arts Company on Facebook and Instagram (@franklin.performing.arts.co) for season updates, behind the scenes looks at their productions, and more.

## Franklin Newcomers Resumes!

We're pleased to announce that the Franklin Newcomers and Friends are back!! We're excited to be able to hold our monthly meetings again. One change that we've made is that we now meet on the 3rd Wednesday of the month at "3" Restaurant in Franklin, located at 461 West Central Street, Franklin. Complimentary appetizers and beverages are provided, and a cash bar is available. We previously met on the 2nd Wednesday . . . "3 at 3" is much easier to remember!

This month, on October 20th, Mary Olsson, Chair of the Franklin Historic Commission, will be our speaker. Mary will explain the history of the town as well as provide some information about the Franklin Historical Museum and volunteer opportunities that are available.

The Franklin Newcomers & Friends Club is a non-profit so-

cial and charitable organization begun in 1971 by Fran Kober. We like to have fun, learn new things, spend time together, and give back to the community through volunteer activities and fundraisers. Residents of Franklin, or any surrounding town that doesn't have a Newcomers Club, are welcome to join us the 3rd Wednesday of the month. We run our meetings September through May. We also hold many fun and varied events throughout the year to stay connected.

No need to be a newcomer to the area . . . and no need to RSVP. Come join us and have fun while you make connections in your community. We are a multi-generational club offering a wide range of activities for all ages with an emphasis on fun and camaraderie. Members organize



a broad range of events such as dinners out, movie nights, theatre, hiking, biking, Yankee swaps, golf, book groups, trivia, trips and more. Some of the friendships started in the early years are still going today even though the people are no longer members. Both new and old residents alike have found the Franklin Newcomers to be a wonderful place to get involved with fun activities. We are member driven organization and are always excited to welcome new faces and new ideas!

Community service is also an integral part of our member activity. The annual Franklin Newcomers' Craft Fair, although it has been on hold due to Covid, has been a tradition in the town. The club annually donates

thousands of dollars to local Franklin organizations such as the Franklin Food Pantry, Santa Foundation, YMCA, Franklin Education Foundation, Friends of the Franklin Library, Random Smile Project, and the annual 4th of July Celebration.

For more information or to join visit our Meetup Page.

<https://www.meetup.com/Franklin-Newcomers-Friends>

You can also find more information on Facebook, at <https://facebook.com/FranklinNewcomersFriendsClub>

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# Franklin Art Association to Hold Meeting October 6th

The Franklin Art Association will hold its second in-person meeting of the new season at 6:30 p.m. on Wednesday, October 6th. We are fortunate to welcome as our special guest demonstrator Deborah L. Friedman, who has gained acclaim and won numerous awards for her beautiful and lifelike studies using colored pencil as her artistic medium.

Friedman earned a Bachelor of Fine Arts degree in printmaking from the University of Massachusetts at Amherst, and has received prestigious fellowships



to several artists' colonies, as well as numerous awards for her work, most recently the Dorothy Berberis Memorial Award at the



Catharine Lorillard Wolfe Art Club Exhibition in 2019 and the DerWent/MacPherson's Art Award for Exceptional Merit at the Colored Pencil Society of America 26th International Exhibition in 2018.

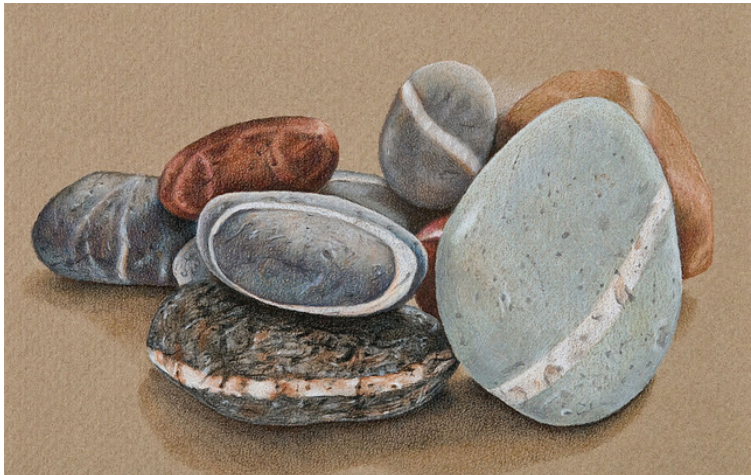
"Whether it's finding the wings of a luna moth in my garden, growing vegetables in my community garden, or observing catbirds and great blue herons at the pond near my house," says Deborah, "I am constantly amazed by the natural world and strive to pass on some of this beauty and joy in



my artwork." This has led to totally unexpected and new imagery, most notable being stones placed in clear glass containers and filled with water. The concepts presented by the distortion of glass, light, color, shadow and shape continue to fascinate the artist and provide endless challenges.

Our meetings, held at the Franklin Senior Center (10 Daniel McCahill Street, Franklin), are free and open to the pub-

lic. In accordance with public health guidelines attendees will be expected to wear facemasks. They are also live-streamed via Zoom for those unable to join us in person. The Zoom link is <https://us02web.zoom.us/j/82181910922?pwd=ME9aTGtvRVJFVlg2aDBlMlIvT1Zkdz09> <https://us02web.zoom.us/j/82181910922?pwd=ME9aTGtvRVJFVlg2aDBlMlIvT1Zkdz09>.





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## SECOND SUNDAY SPEAKER SERIES

### Sunday October 10 – Voyage of Mercy

Author Steve Puleo returns to the museum to discuss his 8th book, *Voyage of Mercy*. The USS Jamestown, the Irish famine, and the remarkable story of America’s first humanitarian mission. Sponsored by the Friends of the Franklin Historical Museum.

### Sunday November 14 - Vintage Franklin Homes.

The second in a series of presentations from the Nathan Wales photography collection of early 20th century Franklin

### Sunday December 12 – A Contemplative Life

Franklin native Charlie Harrington discusses his recently released book, *A Contemplative Life: Essays and musings from the last of the baby boomers*.

### Sunday January 9 – Byzantine and Russian Icons

Dennis Sardella, docent at the Museum of Russian Icons in Clinton, MA discusses the world of Byzantine and Russian icons.

Please join us for these interesting and informative presentations

Doors open at 1 p.m. and the presentations start at 1:15.

Admission is always free

An elevator is available through the rear door entrance

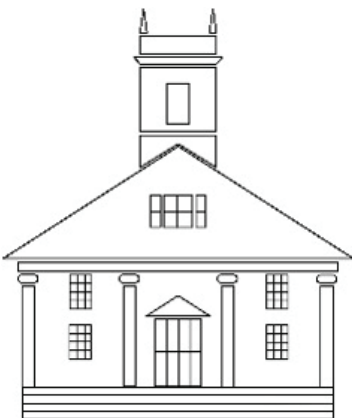
# Franklin Historical Society to Feature Author Stephen Puleo

On Sunday, October 10th, the Franklin Historical Society will delve into the story of the USS Jamestown, the Irish Famine, and the Remarkable Story of America’s First Humanitarian Mission.

In his latest book, *Voyage of Mercy*, author and historian Stephen Puleo details the remarkable story of the mission that inspired America to donate massive relief to Ireland during the

potato famine, which sparked America’s tradition of providing humanitarian aid around the world. Wall Street Journal Review “well- researched and splendidly written...a tribute to the better angels of America’s nature.”

Join us in this next chapter of our Second Sunday Speaker Series, doors open at 1 p.m. Sponsored by the Friends of the Franklin Historical Museum



# Franklin Cultural Council Invites Grant Submissions

The Franklin Cultural Council (FCC) has officially opened its grant application process with a deadline for submitting on October 15th, 2021.

All applicants should submit their proposal online at: <https://massculturalcouncil.smartsimple.com>

Grants will go to projects and events that benefit Franklin residents.

For the first time, the MCC will be implementing a direct-grant process for all approved grant recipients.

Instead of requiring each grant applicant to process paperwork for reimbursement after their program or event has been completed, the council will make the awarded grant money available in full and upfront to all approved grant recipients.

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## Rep. Jeff Roy appointed to 250th American Revolution Anniversary Commission

Speaker Mariano appointed Representative Jeffrey Roy (D-Franklin) to the special commission to investigate and study the promotion and celebration of the two hundred and fiftieth anniversary of the American Revolution. The Massachusetts Commission on the 250th Anniversary of the American Revolution was established in the FY22 state budget which was signed by Governor Charlie Baker on July 16, 2021.

Revolution 250 will explore the history of the American Revolution and the ways that this story still resonates in society

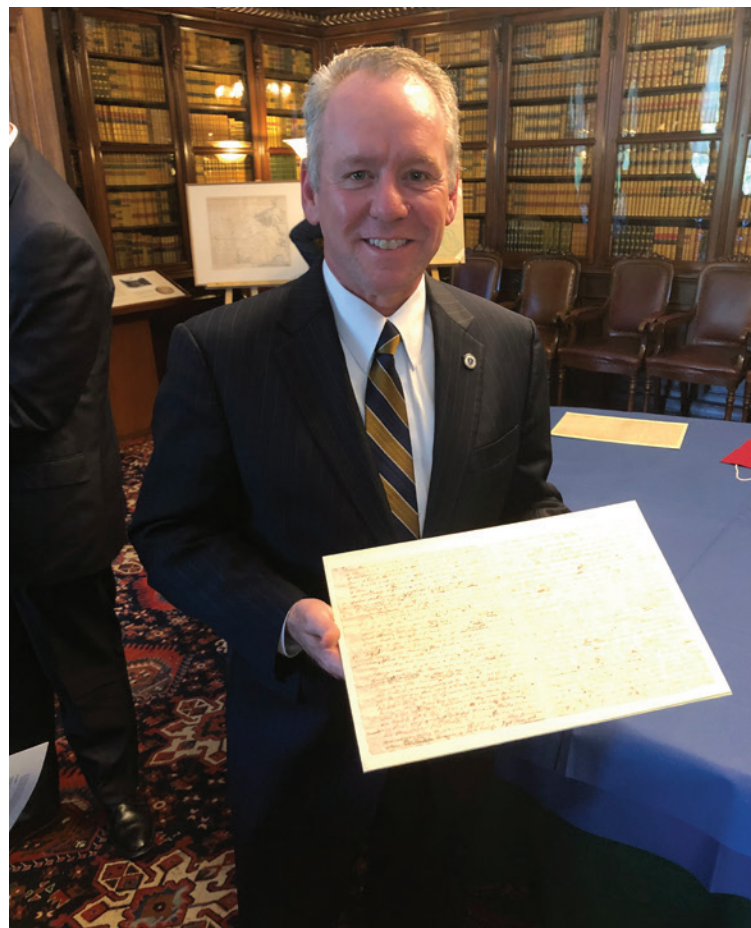
today. Culminating in 2026, 250 years since the American colonies declared independence from the British Empire, the organization will pull together residents, visitors, planners, educators, artists, students, the business community, and politicians to recognize the importance of our culture and values.

The Commission's members — leaders in the historical, cultural, tourism, and political sectors — are expected to partner with the other states, and with the federal America 250 Commission, to commemorate, cel-

ebate, and investigate the

will and determination of the people 250 years ago who risked their "lives, liberty, and property" for the cause of American Independence.

"It is a great honor for me to serve on this commission given my love of, appreciation for, and understanding of history," said Representative Roy. "I have worked closely with the Massachusetts Historical Commission over the past year on this legislation and am committed to ensuring that the anniversary does not pass without appropriate



Shown is Rep. Jeff Roy holding the original of the letter written in 1798 to Massachusetts Historical Society founder Dr. Jeremy Belknap from Paul Revere describing his actual adventures during his 'Midnight Ride' of April 18-19, 1775. Roy was recently appointed to the 250th American Revolution Anniversary Commission



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acknowledgment from the Commonwealth of Massachusetts. It is sure to be a great educational effort and will be a boost for our local economy."

Franklin and Medway have a long and distinguished connection to the events surrounding American independence. Franklin is home to the first public library in America started with a donation of books by Benjamin Franklin, as well as it being along the route that saw the victorious French army march through on their return from the battlefield of Yorktown. Medway's Evergreen Cemetery is the final

resting place for about 50 Revolutionary War veterans.

The Commission will be tasked with overseeing the operations of Revolution 250, a consortium of organizations working together to commemorate the 250th anniversaries of the events that led to American Revolution. With over 30 institutional members, it operates under the fiscal sponsorship of the Massachusetts Historical Society.

To learn more about the commission, including news, upcoming events and how to become a sponsor visit the website <https://revolution250.org/>.

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# Calendar

## October 1

The Franklin Farmers Market, 2-6 p.m., Franklin Town Common, visit [franklinfarmermarketma@gmail.com](mailto:franklinfarmermarketma@gmail.com), find Franklin Farmers Market MA on social media, or call (508) 507-9684

## October 2

Franklin Harvest Festival, sponsored by Franklin Downtown Partnership, 12-5 p.m., Main Street, Dean Avenue, West Central Street, and Depot Street, as well as the large parking area behind Rockland Bank, includes over 160 vendors, crafters and food booths. Dancing on Dean with live music, Franklin Historical Museum farming photo display, Franklin Art Association art show in Rockland Trust, Franklin Fire Department antique ladder truck with mascot Sparky. Rain date: October 3

## October 2 – October 31

St. John's Pumpkin Patch, St. John's Episcopal Church, 237 Pleasant St., Franklin, Monday through Friday from 4 p.m. to 6 p.m. and Saturdays and Sundays from 12 p.m. to 6 p.m., Purchase sustainably grown pumpkins to support church activities, children's activities available

## October 5

Sustainable Landscaping with Melanie Trecek-King, 7 p.m., Franklin Public Library

## October 6

Franklin Art Association Meeting, 6:30 p.m., Franklin Senior Center, 10 Daniel McCahill St., Franklin, guest artist Deborah L. Friedman. Zoom option available: <https://us02web.zoom.us/j/82181910922?pwd=ME9aTGtvRVJFVlg2aDBlMlVT1ZDz09>

## October 8

The Franklin Farmers Market, 2-6 p.m., Franklin Town Common, visit [franklinfarmermarketma@gmail.com](mailto:franklinfarmermarketma@gmail.com), find Franklin Farmers Market MA on social media, or call (508) 507-9684

## October 9

Senator Rausch virtual office hours, 10 a.m. – 11 a.m. (<https://www.beccarauscha.com/office-hours>)

## October 10

Franklin Historical Museum Second Sunday Speaker Series, 1:15 p.m. (doors open 1 p.m.) Author Steve Puleo presents "Voyage of Mercy." The USS Jamestown, the Irish famine, and the story of America's first humanitarian mission. Sponsored by Friends of the Franklin Historical Museum.

## October 14

Dolley Madison and the War of 1812, 7 p.m., Franklin Public Library, Janet Parnes, founder of Historical Portrayals by Lady J, will portray Mrs. Madison, free

## October 15

The Franklin Farmers Market, 2-6 p.m., Franklin Town Common, visit [franklinfarmermarketma@gmail.com](mailto:franklinfarmermarketma@gmail.com), find Franklin Farmers Market MA on social media, or call (508) 507-9684

FPAC presents *Mary Poppins*, 7:30 p.m., Tickets at [www.THEBLACKBOXonline.com](http://www.THEBLACKBOXonline.com) or by calling (508) 528-3370. Follow Franklin Performing Arts Company on Facebook and Instagram (@franklin.performing.arts.co) for season updates and more.

## October 16

FPAC presents *Mary Poppins*, 2 & 7:30 p.m., Tickets at [www.THEBLACKBOXonline.com](http://www.THEBLACKBOXonline.com) or by calling (508) 528-3370. Follow Franklin Performing Arts Company on Facebook and Instagram (@franklin.performing.arts.co) for season updates and more.

## October 17

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Franklin Odd Fellows William F. Ray Lodge #71 Cornhole Tournament, 2-7 p.m., Bellingham Sportsman Club, 360 Lake St., Bellingham, Fundraiser will consist of teams of two players each with a registration cost of \$20 pp. Register and prepay: <http://www.franklinmas-soddfellows.org/cornhole2021/>

## October 20

Franklin Newcomers Meeting, 7:30 p.m., upstairs at 3 Restaurant, 461 W. Central St., complimentary appetizers and beverages, cash bar, all welcome, featured speaker, Mary Olsen, Franklin Historical Society  
Stefano: The True Story of Shakespeare's Shipwreck, Wednesday, 6:30 p.m.

## October 22

Franklin Public Library book sale, 1-5 p.m., all books \$1  
The Franklin Farmers Market, 2-6 p.m., Franklin Town Common, visit [franklinfarmermarketma@gmail.com](mailto:franklinfarmermarketma@gmail.com), find Franklin Farmers Market MA on social media, or call (508) 507-9684

FPAC presents *Mary Poppins*, 7:30 p.m., Tickets at [www.THEBLACKBOXonline.com](http://www.THEBLACKBOXonline.com) or by calling (508) 528-3370. Follow Franklin Performing Arts Company on Facebook and Instagram (@franklin.performing.arts.co) for season updates and more.

## October 23

Franklin Public Library book sale, 9 a.m.- 12 p.m., all books \$1; 1-4 p.m. bag sale, fill a brown bag for \$5

FPAC presents *Mary Poppins*, 2 & 7:30 p.m., Tickets at [www.THEBLACKBOXonline.com](http://www.THEBLACKBOXonline.com) or by calling (508) 528-3370.

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## October 24

FPAC presents *Mary Poppins*, 2 p.m., Tickets at [www.THEBLACKBOXonline.com](http://www.THEBLACKBOXonline.com) or by calling (508) 528-3370. Follow Franklin Performing Arts Company on Facebook and Instagram (@franklin.performing.arts.co) for season updates and more.

## October 26

Franklin Public Library Book Club, 7 p.m., The book for discussion is *Interview with the Vampire*, by Anne Rice.

## October 29

The Franklin Farmers Market, 2-6 p.m., Franklin Town Common, visit [franklinfarmermarketma@gmail.com](mailto:franklinfarmermarketma@gmail.com), find Franklin Farmers Market MA on social media, or call (508) 507-9684

## October 30

Trunk or Treat! 10:30 a.m., Franklin Public Library Parking Lot, safe, little-kid friendly afternoon of trick-or-treating in the daylight! The parking lot will be full of decorated trunks and activities! Rain date October 31

After Hours Among Us, 4 p.m., Franklin Public Library, Halloween themed event, players will be able to use their detective skills as they try to figure out who the imposter is. Register on library website calendar or by emailing [mgousie@minlib.net](mailto:mgousie@minlib.net)



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# Warren Again Visits Franklin

By J.D. O’GARA

Massachusetts Senator Elizabeth Warren visited the town of Franklin for a meet-and-greet on Monday, August 30th, 2021, at the Franklin Town Common. Warren, who was introduced by Senate President Karen Spilka, D-Ashland, was greeted by a group of about 100, with a mix of about two-thirds supporters and a third protesters, and she answered questions, drawn by number, from the crowd. State Sen.

Becca Rausch, D-Needham and state Rep. Jeff Roy, D-Franklin were also in attendance. When asked what Warren would do about advancing treatment for ALS, the Senator responded with a pledge to “do everything I can to try to help you and to try to advance legislation that will both accelerate the treatment of ALS and will put more research funding into ALS, into Alzheimer’s, into all the diseases that are plaguing this nation.”



When asked if she would support the Cancer Drug Parity Act and the Palliative Care and Hospice Education and Training Act, Warren responded that she would support getting patients the treatment their doctors and other health care professionals say is right, not the least expensive, and second, she gave a “shout out” to hospice workers, saying those for whom hospice is a calling need to be supported and she would take a look at the bill, and that, in prin-



ciple, it was the right thing to do and she would look at it “to see that the money gets to the right places.”

Warren was also asked about voting rights, she reminded the crowd of the importance of voting and her hope that those in Franklin would encourage all those eligible to get out and vote. On climate change, Warren pointed to parts of the upcoming Reconciliation Bill that would “attack climate change head on,” including tax breaks for clean energy electric power generation, a switch to an electric bus system, charging stations on roads and



bridges and the need to build for worse storms and rising sea levels. Warren, whose responses had to compete with the chants of her opposition in the crowd, also encouraged individuals to waste no time involving those they know in civic engagement.



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# Franklin Local Town Pages Q&A with Sen. Elizabeth Warren

**Prior to her meet and greet, Local Town Pages was given the opportunity for a brief interview of Senator Elizabeth Warren. Here's how it went:**

LTP: First of all, why are bills, say like the infrastructure bill, that passed, why is it they're always packed with what seems like so many partisan extras? Why is it always let's make a deal, with so many different points? Why can't it be, you know, the roads need to be fixed, let's fix the roads?

Warren: I wish we could do it that way. I wish we could take up bills that are basically a single issue, talk about them and vote. The problem is that the way the senate is designed, holdouts get benefits. And so, because they're rewarded, they hold out until they get their special thing and once you add this special thing and that special thing, you look around and say, well, you know, he got something special and she got something special, I think I want something special, and that's how these things become huge packages. It's become the case that it is easier to pass something that has a whole lot of moving parts than it is to pass a single thing. I wish it were otherwise, and I'm not going to blame this on just one side or the other. It's a problem of how the Senate started functioning long before I got there and has gotten worse in the Mitch McConnell years. I believe it to be the case that long before I got there, the Senate was at least committed to doing something and that increased the odds that you could get a single bill through on a usually pretty bipartisan basis. But when McConnell announced back when Obama was President that his job was to keep Obama from succeeding as President, gridlock and just locking the senate down to pass nothing became the way the place functioned. And so now, it's almost as if we have to bribe the Republicans, one at a time, to cross Mitch McConnell and agree to move a package of anything forward. Mitch McConnell was opposed to this bipartisan package right up until the last minute after it was negotiated, and he said yes, but he wouldn't come to the negotiating table, and he's their leader in the Senate, so that's the kind of problem we've got now. The Senate has become a place for

which many people on the Republican side are perfectly willing to say if nothing ever gets done, they'll be fine with it.

LTP: With everything so polarized, including our state, it seems there's such a rift between left and right, how do you breach that gap? How do you get anything accomplished?

Warren: What's so troubling to me is how hard it is to do the things that people want to see us do, and I'll give you some examples. Raising taxes on millionaires and billionaires is very popular across this country with Democrats and Republicans, and yet, it's a terrible fight within the Senate. The Republicans, across the board, say they will not increase taxes, and there are some Democrats who are squeamish about asking billionaires to pay even half of what middle class families are paying.

LTP: Does that have to do with their funding, their donations?

I think partly. It's about the corruption of the system that donors' voices are very loud in Washington, and the voices of people who are just trying to get on with their lives often don't get heard.

I'll give you another example around that and that is – childcare. Much of America would like to see us make an investment in childcare – Universal Pre-K – but there's not a single Republican who will vote for a childcare bill and it's not as if, when I say, well could we design it in a way that—tell me what you don't like about it, and the answer is that they won't even talk about it. To me, what that says is our problem is people who worry more about the kind of public statement that's going to be made afterwards than about getting work done that the American people want to see us do. Raising the minimum wage—it's popular across the country and yet, we can't get a single Republican vote to raise the minimum wage. It's just wrong.

LTP: But how do you go about breaching the gap. What do you do?

Sometimes it's to try to work on things that jump the usual political channels. For example,

I'm working on a bill about marijuana. Here's a perfect example. I am a co-sponsor on a Democratic bill to legalize marijuana. I support it; I think it's the right thing to do, nationwide, but it is very unlikely to get 60 votes in the Senate. So, I'm working on a second bill, and that's a bill that says whatever the state decides on marijuana, the federal government will defer to it, and this is important, because it not only says the federal government will not prosecute, it says that banks can accept money from marijuana businesses, and that the IRS can treat it as a legitimate business for tax purposes. It solves the other problems about marijuana without forcing the Republicans to have to say yes or no on nationwide legalization. I have Republican co-sponsors on that and some hope that once we get past infrastructure and voting bills that we'll be able to turn to this and actually put together more than 60 votes to get it done.

LTP: That's also states' rights?

Warren: It has a states' rights element, absolutely, but it's also just a very practical solution to the problem, and it says to every state that whatever you decide, whether it's recreational use is okay, medicinal use is okay, or nothing is okay, the federal government will respect your position, and for fed purposes, treat your laws as the laws that govern these businesses that are within your jurisdiction. It's a very specific issue; it doesn't have a lot of pieces hung onto it, and the idea is, I've reached out, I've talked to diff Republicans about it, but we've gotten some commitments and expressions of interest and I'm hopeful that this could be a solution that both sides could sign onto. I don't think there ought to be Democrat vs. Republican positions on marijuana once the states have legalized it. I really do think the state should be the one to determine here. If Massachusetts has decided this is how far we're going to go on legality. I don't think that childcare should be an issue that divides Democrats and Republicans. These are our children, and we should be investing in all

of them, because they are our collective future.

LTP: Talking about the infrastructure bill. That's an achievement. How did you work across the board?

Warren: The inf bill, I think that one of the biggest challenges is that the need is so great. America has under invested in infrastructure for decades. Roads, bridges, the power grid, our water supply, all of it receives a rating of D by the American Society of Civil Engineers.

In order to bring our infrastructure up to date costs a lot of money, and one of the biggest struggles in the back and forth was whether or not the Republicans could agree with the Democrats on how much we needed to spend. I tried to help to talk about ways we could raise the revenue so that there would be enough to pay for infrastructure. This was the advantage of doing two different infrastructure packages side by side – the bigger one, that would provide for childcare, home- and community-based care, fighting the climate crisis, expanding Medicare -- let the Republicans move forward on a narrower infrastructure package without forcing them to commit to that larger pack. Part of how the bipartisan deal came to be was because Democrats didn't have to put everything into the bipartisan bill. We knew that we had another opportunity and that was through the budget reconciliation, so kind of running the two tracks to keep it going forward.

LTP: So, it's a strategy, to put forward these two bills – here's one with all the extras?

Warren: That's right, it's a strategy.

LTP: And if you don't like this one with the extras...

Warren: You can at least vote on this one.

LTP: Afghanistan? Your basic position on should we be there shouldn't we be there? It feels like a hot mess ...

Warren: President Biden was right to end the war in Afghanistan...

LTP: Well, so would you say too, that maybe Trump was right, since he was the one who got it started?

Warren: That's right, and it is a reminder that President Trump negotiated the exit and dealt with the Taliban and brought them to the table to make them a part of our leaving Afghanistan. The American military is the finest on earth, and they do everything we ask them to do and far more, but the problem in Afghanistan could not be solved by our military.

The Trump negotiation with the Taliban left President Biden in the position either of pulling out or putting more troops in to deal with an increasingly aggressive Taliban. He made the right decision. It was long past time for us to go.

I will say, in general – I sit on the Senate Armed Services Committee, and for years now, the generals would come in for hearings or briefings, and I've gone to Afghanistan, and I'd ask the same questions over and over about what success looks like, what metrics we're using, and over and over, the generals would concede that we had lost land, that there was more corruption than ever, that the heroin trade had increased, and yet they would claim, 'but we're turning a corner,' and over and over, they were wrong. It was time to leave years ago, and I'm glad that President Trump started us on this path to leave, and that President Biden followed through.



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# FSPA Continuing Enrollment for 2021-22 Performing Arts Programs

The Franklin School for the Performing Arts (FSPA) is still enrolling for the 21-22 school year. FSPA is a home for performing artists of all ages, abilities, and interests. Founded in 1985 by Director Raye Lynn Mercer, FSPA is a unique place where students can participate in an array of music, dance, and drama programs with professional instruction and extraordinary performing opportunities. FSPA offers programming for students as young as 18 months. Students are able to "discover their FSPA" and take class anywhere from one day a week to six.

Proudly serving more than 500 students annually from 45 communities in Massachusetts' Metro West region, the Franklin School for the Performing Arts is committed to quality education in the arts with exceptional

curriculum, outstanding professional faculty, and unwavering dedication to each and every student enrolled. With broad-based and varied curricula, FSPA guides students in the development of technique, creativity, and artistic expression to last a lifetime.

FSPA's faculty boasts outstanding professional artists, performers, and teachers. FSPA instructors strive to meet the individual needs of each student, working to develop each student's abilities to their own potential. Violin Instructor Irina Fainkichen speaks of the school, "I see FSPA as a second home for many students. Besides all the opportunities this school provides, I love that everybody has



so much fun together. Whether in the hallways or classrooms, you

can hear music, dancing, singing, and laughter."

Performance is an integral part of an FSPA education and the school offers unrivaled performing opportunities for students throughout the year. On the calendar annually are student recitals, concerts by faculty and guest artists, musicals, plays, opera scenes, dance performances, master classes, student showcases, holiday shows, the school's signature Spring Concert, and summer camps and intensives. In addition, for students whose level of interest is more focused, there are special performing ensemble opportunities available by audition.

Students who wish to attend FSPA for academic classes as well have the option of FSPA Academy. FSPA Academy combines the flexibility of a virtual education with the practicality of a schoolroom, and can accommodate professional opportunities, rehearsal, and performance schedules. FSPA Academy partners with TECCA, a virtual Massachusetts Public School. The curriculum is taught by licensed, certified teachers through a combination of Live Lessons and individual assignments.

For more information about FSPA and its programs, visit [www.FSPAonline.com](http://www.FSPAonline.com), call (508) 528-8668, or stop by 38 Main St. in Franklin. Follow FSPA on Facebook, Instagram (@fspaonline), and YouTube.

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# Sports

## O'Neill, Powderly Key Leaders for FHS Soccer Team

By KEN HAMWEY,  
STAFF SPORTS WRITER

Terry O'Neill and Tyler Powderly are outstanding soccer players at Franklin High but, as two-time captains, it's their leadership skills that make them special.

Both midfielders, they've been on the Panthers' varsity for four years and both were major contributors as freshmen. And, the tandem has valuable tourney experience — as freshmen they were eliminated in the first round by Boston College High, and as sophomores they were ousted by Brockton in the quarterfinals.

Not only are linked through soccer, but also by academics, both straight-A students want to win the Hockomock League's Kelly-Rex Division title and advance deep into the State tourney, but emphasize growth as a team as success.

"A successful tourney run would be great, but if we don't win a State title, that's not failure," O'Neill said. "I judge success on how much our team improves, how well we practice and bond, and the connections and relationships that occur and will last a lifetime."

Powderly echoes O'Neill's viewpoint. "I'd love a deep play-off run," he said, "but success is more than that. It's all about team chemistry, improvement, bonding and the development of close-knit relationships. And, because this year's team is young, we want to prepare the players for the future. Supporting and helping younger teammates is important."

Fran Bositis, who's in his 51st year as Franklin's coach, has high praise for the duo.

"Terry was our best player last year, and he was a league all-star," Bositis noted. "He's an exceptional captain who leads by example and by being supportive. Tyler was vocal as a freshman, always encouraging his teammates. He's a mature kid who's supportive and sensitive to those in need of help."

Bositis not only emphasizes the pair's value as leaders, but he also admires their skills in midfield.

"Both have high soccer IQs, are hard workers, and they're

strong in transition," Bositis said. "Terry has good technical ability, he's strong in the air, and he's instinctive. Tyler is unselfish, intelligent and a terrific passer. He's like a point guard in basketball."

Following is a detailed look at what makes these exceptional captains special.

### TERRY O'NEILL

The 6-foot, 160-pound O'Neill previously played center back but he thoroughly enjoys competing now as the Panthers' center midfielder.

"I love playing the center slot because there's lots of open space, and a midfielder has the option to either go on the attack or pass," he said. "To be successful, the key is to rely on endurance, technical skills, know how to handle transition and maintain a high soccer IQ."

Now in his second year as a captain, O'Neill likes Franklin's prospects for the season in spite of the Panthers slow start (FHS was 0-2 at Local Town Pages deadline). "We've got talent, experience, depth and good team chemistry," he noted. We could be a surprise this season."

One aspect of O'Neill's style that won't be surprising is how he handles his role as a captain. He's got a relentless work ethic, he's encouraging and supportive. "To be a captain for the second time is an honor and it shows that my teammates rely on me. But, I rely on them, too."

Two underclassmen O'Neill believes will be quality contributors are soph center back Rex Cinelli and junior wing Will Kryzak. Also a fan of Bositis, O'Neill calls him "a great motivator who's dedicated to his players and offers sound life advice."

A native of Cumberland, R.I., O'Neill's best game came as a sophomore when Franklin defeated Natick in its playoff opener, 1-0. "I didn't score, but I won all the headers, displayed good technical skills and moved the ball with consistent dribbles," he said. "The win moved us into the quarterfinals against Brockton."

The 18-year-old O'Neill banks on an athletic philosophy that stresses reaching one's potential and enjoying sports. "If



Center midfielder Terry O'Neill is strong in transition for the Panthers.



Midfielder Tyler Powderly relies on skills and an instinctive nature.

those things are in balance, then winning will occur," he said. "I'm competitive and want to win. Some life lessons I've learned from sports are how to lead, how to be a good teammate and how to sacrifice."

O'Neill, who has seven years of club soccer experience, hopes to play in college, possible at Stonehill, Holy Cross, Northeastern or the University of Rochester. His major will be either political science, economics or business.

The son of King Philip coach Mike O'Neill, the two don't talk about KP-Franklin games as they approach. "When a Franklin-KP game ends, there's no hard feelings, and my dad and I recap the game," Terry said. He'll often give me tips and advice."

### TYLER POWDERLY

The 5-foot-7, 140-pound Powderly, who played wing before he started as a midfielder during his sophomore season, is comfortable in his current role.

"I like playing midfield because you contribute on offense and defense," he said. "There's lots of transition, and you see the entire field. To succeed there, the keys are to be skilled in many areas. That includes being instinctive and aware of the next play and rely on a high soccer IQ and strong technique."

The 18-year-old Franklin native, who's a National Honor Society student, put his soccer IQ and instinctive ability on display in two memorable matches as a sophomore.

"We beat Oliver Ames in a regular season game," he recalled. "I played about 95 percent of the game and was voted MVP of the game. "I'm small in stature but played big in that game. I connected with my teammates by passing well and winning the headers. It was my best game. Against Brockton in the tourney, I scored the only goal in a 2-1 loss. I was at the right place at the right time, and the atmosphere of playing in a big stadium was great."

Acutely aware that the current Panther squad is young, Powderly firmly believes that Franklin will finish strong and improve greatly on last year's 3-5-4 covid-19 season. "We've got juniors and sophomores who'll be major contributors," he offered. "We've also got good team chemistry, balance and depth."

One veteran teammate Powderly admires his senior center back Aidan Griffith, a four-year veteran. Powderly also admires his coach, and he labels him "a strong motivator and a leader who's positive and knows soccer inside and out."

Delighted to be a captain for the second straight year, Powderly is supportive, vocal and a leader by example. "I like to get feedback from my teammates, and I like to give them feedback, too," he said.

Powderly is a versatile athlete who competes in indoor and outdoor track. Speed and strength make him potentially the Panthers No. 1 middle distance runner in the 400, 600 and 800-meter events.

Possessing a 4.0 GPA, Powderly, who's Student Government treasurer, is mulling colleges like Duke, Northwestern and Georgetown. He'd like to play soccer, but if it's not at the varsity level, he'll consider competing in intramurals or for a club team. Undecided on his major, he's leaning towards biology or engineering.

Relying on an athletic philosophy that stresses winning, reaching one's potential and having fun, Powderly said, "I've learned not to take anything for granted. And, sports have helped me to be a good teammate and to be a strong leader."

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# Nursing Home Negligence or a Vibrant Life Plan Community?

BY HEATHER J. CULKEEN  
EXECUTIVE DIRECTOR: PROJECT  
PERSEVERANCE

Doctors, nurses, patients, and their family members have all types of unpleasant conversations, according to Amy Sarah Marshall of the University of Virginia Medical Center magazine, *Healthy Balance*. For example: How to prepare for aging and caring for an aging partner or parent is one of those. For Lee Willis and her husband Hal, the conversation started this way: their beloved doctor of 15 years asked Lee, point-blank: "Are you prepared for the possibility that Hal may outlive you?"

At 94, Hal is ten years older than Lee. A plane accident broke multiple bones in his legs, and arthritis had settled in. Walking is hard for him. He does his own laundry and washes the dishes, but he doesn't drive and often uses a wheelchair.

Lee, on the other hand, just bought herself a new kayak. A nine-year cancer survivor, she relieves pain with exercise, not medicine. She swims three times

a week. When not caring for Hal, she's active, traveling, and socializing.

Still, the doctor had a point: Be prepared.

## FACING THE FACTS OF AGING

Most people avoid the subject of getting old. Death is as natural as birth, but too many people simply don't want to think about it until they are too ill to participate in decision making, leaving family members and their physicians to make decisions that may or may not be what they would have wanted at the end of life. We need to prepare better.

## FINDING A PLACE TO AGE

Lee's major purpose in preparing for Hal's aging and her own was to find a location where this could happen. Lee didn't simply conduct a Google search. She went to a lot of nursing homes. She compiled a list of in-home care services and went to each one.

But Lee wasn't satisfied, mainly because of shifting staff.

"You can never guarantee the same people. The bottom-line dictates staffing. This turnover and the resulting lack in continuity of care, is a problem."

So, she looked at the option of aging in place. She volunteered at programs of all-inclusive care for the Elderly, which offers 24/7 coverage for anyone qualified for a nursing home. It seemed like "this would probably be what we choose to do," she said.

But then Lee discovered The Green House Project, a new model for long-term care for elders. In 2001, a doctor named Bill Thomas was appalled at the state of elder care. He saw it was a hospital, not a home with people just sitting in wheelchairs. So, he introduced a lot of changes, bringing in birds, dogs, cats, and plants. But it still wasn't enough. So, he "super-trained" staff to behave like family members, not healthcare providers. He built a new structure, with one central room, the residents living in rooms off in spokes. It became a communal place, with a common kitchen where people cook family recipes and behave like relatives.

Lee found one in her state. "If we both have to go somewhere, this will be it!"

## AGING GRACEFULLY: HOW TO GET STARTED NOW

The best advice Lee's received from her doctor: Exercise. He told her that the biggest factor that differentiates healthy from unhealthy aging is exercise—folks who remain sedentary clearly become frailer more rapidly than those who either remain or become active in their later years. Exercising on a regular basis makes a huge difference in how one ages.

Lee's primary lessons for younger people: Be proactive. "It's really hard when you're 50 to think about being 80, but you should." She advises younger people to:

- Take your health seriously—eat well and exercise.
- Prepare with a reputable Estate Planning Attorney who cares about your health as well as your assets.

- Be an advocate for yourself.
- Get political and advocate for end-of-life care.

*Heather J. Culkeen is Executive Director of Project Perseverance. The public charity is dedicated to supporting rescue efforts, as well as assisting local, early-stage nonprofit organizations. We focus on protecting Families for Generations. We have protected families, children, boomers, seniors, and the elderly for generations. We welcome opportunities for growth and development.*

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## A Statement by the Franklin Interfaith Council:

In Support of COVID-19 Vaccination

"Love your neighbor as yourself" is a key principle of the religions we practice. We believe it's what God calls us to do. But, while it's an easy phrase to remember and recite, it can be challenging to actually live it out in our daily lives.

We are in the middle of a pandemic. To state the obvious, it has been a stressful, scary, exhausting, grief-filled year and a half, and it's not over yet. The advent of the Delta variant is ramping things up again. In the middle of our own stress, can we stop to consider what our neighbors might need from us? How might we, practically, treat them with love?

One way to answer that question:

**Please get the Covid 19 vaccine! (if you are eligible)**

Here are some reasons we would like everyone who is eligible to get the COVID-19 vaccine:

- It drastically reduces the possibility of you contracting the virus and spreading it to others. Even if a vaccinated person does get a breakthrough infection, they get a MUCH milder case, as the vaccine is highly effective at preventing hospitalization and death.
- Since vaccinated people are less likely to contract the virus and pass it on, it protects the people around them, particularly children and the immunocompromised who are not eligible for the vaccine.
- More vaccinated people means fewer hosts for the virus, thus less virus present in the community.
- Fewer people infected with COVID means fewer people dying, fewer people hospitalized, and therefore less risk for healthcare workers, and fewer people missing work and school.
- Since the vast majority of people hospitalized with COVID are unvaccinated, if everyone chose to get vaccinated, that would free up ICU's, doctors, and nurses to treat people with other conditions.

If you are fearful about the vaccine, talk with your doctor. Read up on the science behind the vaccine on the websites of the Centers for Disease Control (cdc.gov), the World Health Organization (who.int), Massachusetts Department of Health (mass.gov/covid-19-updates-and-information), or other local governments. We hope that everyone will use their God-given powers of reason, discernment, and understanding to make an informed decision to get vaccinated and care for their neighbors as well as themselves.

**INTERFAITH**

continued on page 23



## Franklin Oddfellows to Hold Cornhole Tournament Fundraiser

On October 17, 2021, the public is invited to join the Franklin Odd Fellows for an afternoon of fun and good cheer from 2-7 p.m. at the Bellingham Sportsman Club at 360 Lake St., Bellingham, MA 02019.

The event will consist of teams of two players each with a registration cost of just \$20 per person. Team pre-registration and pre-payment is encouraged, but not necessary to be able to participate.

After a difficult year in 2020 where all of our fundraising events were canceled due to Covid-19, William F. Ray Lodge #71 has remained active and continues with the renovation process of the building and with our annual donations to local and national charities.

This will be our 2nd social event for this year that will help us to continue the longstanding tradition of giving back to our local community - and have a good time while doing it! Our Charity will be the Massachusetts Arthritis Foundation, and it is noteworthy that Massachusetts Odd Fellows give more to the na-



tional foundation than any other state in the country.

Get your teams together and register today! Teams registering at the door on the day of the tournament will be integrated into event as long as there is space and boards available. The Sportsman Club will provide a cash bar for refreshments and a wide screen TV for the sporting fans that wish to keep abreast of the Sox and Patriots. The Odd Fellows will provide a light dinner of burgers & dogs at 3:30 PM from the grill. Many thanks to the Sportsman Club for the use of their facility for this event.

Register and prepay: <http://www.franklinmassoddfellows.org/cornhole2021/>

### INTERFAITH

*continued from page 22*

#### Signed by the following Franklin Interfaith Council representatives:

Rabbi Tom Alpert, Temple Etz Chaim

Susan Borchard, Franklin Federated Church

Rev. Eric Cherry, Minister, First Universalist Society in Franklin

Mary Diehl, The Church of Jesus Christ of Latter-day Saints

The Rev. Maggie Geller, Deacon, St. John's Episcopal Church

Rev. Dr. Jacob W. Juncker, Pastor, Franklin United Methodist Church

Rev. Brian Manning, Pastor, Saint Mary Parish

The Rev. Kathy McAdams, Rector, St. John's Episcopal Church

Rev. Dr. Marlayna Schmidt, Interim Pastor, Franklin Federated Church

For more info.: Visit [www.FranklinInterfaith.org](http://www.FranklinInterfaith.org), Like us on Facebook: Franklin Interfaith Council

## Franklin Residents Running for Cancer Research

### Running in Boston Marathon® to Raise Money for Dana-Farber Cancer Institute

On October 11th, Aaron Jeskey, Kim Luccini and Stephen Rondeau are running to conquer cancer as a member of the Dana-Farber Marathon Challenge team in the 125th Boston Marathon®. The Dana-Farber Marathon Challenge team will run in-person this year and will also field a virtual team, due to the ongoing Covid-19 pandemic.

Along with more than 300 Dana-Farber Marathon Challenge teammates from across the United States and around the world, they will run Massachusetts' historic marathon route from Hopkinton to Boston to collectively raise \$5 million for cancer research at Dana-Farber Cancer Institute.

This year marks the 32nd annual running of the Dana-Farber Marathon Challenge (DFMC). One hundred percent of the money raised by the Dana-Farber Marathon Challenge team benefits Dana-Farber's Claudia Adams Barr Program in Innovative Basic Cancer Research, which supports promising science research in its earliest stages. The Dana-Farber Marathon Challenge has raised more than \$100 million

for the Barr Program to date.

In 1990, Dana-Farber was among the first charity organizations to be recognized by the Boston Athletic Association (B.A.A.), which organizes the Boston Marathon. The Dana-Farber Marathon Challenge team offers its members extensive fundraising support, training guidance from 1976 Boston Marathon Men's Open Division Champion Jack Fultz, and team training runs. Dana-Farber Marathon Challenge runners who are not time-qualified for the Boston Marathon receive an invitational entry into the race.

Dana-Farber Marathon Challenge runners include cancer survivors and patients, and family and friends of those who have been affected by cancer. Each team member must fulfill a basic fundraising commitment:

- *Invitational runners* - runners who receive their entry from Dana-Farber have a fundraising commitment of \$7,500.
- *Own entry runners* - runners who have joined the DFMC after obtaining their own race entry have a fundraising commitment of \$4,000.

- *Virtual runners* - runners participating in the Virtual Boston Marathon have a fundraising commitment of \$4,000.

To contribute to the Dana-Farber Marathon Challenge, visit [RunDFMC.org](http://RunDFMC.org) or contact the Dana-Farber Marathon Challenge office at (617) 632-1970 or [dfmc@dfci.harvard.edu](mailto:dfmc@dfci.harvard.edu). Follow DFMC on Facebook: [www.facebook.com/marathonchallenge](https://www.facebook.com/marathonchallenge). On Twitter: #RunDFMC.

#### Dana-Farber's Claudia Adams Barr Program in Innovative Basic Cancer Research

Since its inception in 1990, the Dana-Farber Marathon Challenge has raised more than \$100 million for the Claudia Adams Barr Program in Innovative Basic Cancer Research. Dana-Farber Trustees J. Wayne and Delores Barr Weaver founded the program in 1987 to honor Mrs. Weaver's mother, Claudia Adams Barr, who lost her battle with cancer 30 years earlier.

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## October Highlights at the Franklin Senior Center

The Franklin Senior Center, located at 10 Daniel McCahill St., Franklin, is open without restrictions! All regular programs are back! For more information, call (508) 520-4945.

### Wednesday, October 6th

The Elder Dental Program is Community VNA's non-profit, community-based dental program dedicated to helping low-income area adults, age 60 and older, access quality dental care at greatly reduced costs. The program relies on a network of local dentists who volunteer to treat low-income older adults at significantly reduced fees. The dental hygienist from Community VNA will be at the Senior Center on Wednesday, October 6th. Please call Maggie Gundersen at (508) 520-4945 for more information.

### Thursday, Oct. 7th at 10 a.m.

Jon Juhl, Project Developer from Juhl Associates will provide an update on the 60-unit affordable housing unit, Franklin Ridge.

### Wednesday, October 13 at 12 p.m.

Milford Regional Hospital Nutritionist will give a talk on Heart Health & Diabetes

### Wednesday, Oct. 13 at 1 p.m.

Franklin Native Joe Landry will present his collection of photos on 'Restaurants and Bars in Franklin.'

### Monday, October 18th at 11:30 a.m.

Name that Tune! Lunchtime Edition

Join us in the Cafe during lunch and play the popular game show, Name that Tune!

Balance and Stability Class with Nurse Trish

This 4-week class begins on Thursday, October 14th at 11 a.m. and will run for 4 consecutive Thursdays. Please call to sign up, (508) 520-4945.

### Franklin Matters Q&A, Date TBD

Join Steve Sherlock at the Franklin Senior Center or on Zoom as he discusses all things Franklin. Bring your questions! To register for Zoom, email: shersteve@gmail.com.

### Write your Own Obituary with Alan Earls, Date: TBD

Write your own obituary! What might seem to be a grim exercise can actually be fun, satisfying and potentially very helpful to your survivors. Obituaries usually attempt to summarize a life and who better to do so than the subject himself or herself? And, no matter your age, they can also be a chance to reflect and think about one's purpose and goals. Alan Earls, who began his writing career crafting obituaries at the *Milford Daily News*, has also written obituaries for family members and lengthy "in memoriam" articles for newspapers. He will lead participants in two sessions. First, will introduce general

guidelines for obit writing, outlining and some basic exercises – with the homework of drafting an obituary. The second session will offer editing suggestions and those interested can share their obits with the class!

Pickelball courts are reserved for Franklin Seniors on Wednesdays & Fridays from 10 a.m.-2 p.m. at King Street Memorial Park. Bring your own equipment.

Bridge Players wanted! Call the Center for more info!

Low Vision Support Group (Conference Call) on the 1st and 3rd Tuesdays of the month at 1 p.m. For more information, call Maggie at (508) 520-4945.

Companion Care Update: The Companion Care Program provides regularly scheduled, in-home respite for caregivers. If you are a caregiver and would like to know more about this program, please email adoggett@franklinma.gov.

Supportive Day Program "Sunshine Club": "Sunshine Club" is a social day program for seniors with mild to moderate cognitive loss, dementia, or Alzheimer's. We are completing the enrollment packets and will be calling those on our waitlist to schedule assessment interviews. If you have a loved one or know someone who might be interested in learning more about Sunshine Club, please email adoggett@franklinma.gov or dhaynes@franklinma.gov.

Monday Movie Matinees, 1:15 p.m.

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- Drive Franklin residents to medical appointments; or
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through Friday and match requests with rides.

Each volunteer is asked to commit to one day a month to either drive or manage the phone line.

Interested in volunteering? Call Chris at (508) 553-3023.

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Real Estate Corner

Franklin Special Olympic Unified Partner Signed by New England Revolution and Special Olympics Massachusetts to 2021 Unified Team

Franklin Special Olympic Unified Partner Farley Asmath was signed by the New England Revolution and Special Olympics Massachusetts to their 2021 Unified Team on August 17 at Gillette Stadium. Supported by Arbella Insurance, the signing is part of the organizations' partnership with Special Olympics Massachusetts that leverages the power of sports to promote an environment of inclusion and friendly competition. As the club's longstanding partner in support of the Revolution Unified Team, Arbella Insurance donated \$35,000 to Special

Olympics Massachusetts during the Revs match on August 18. The 13 members of the 2021 Revolution Unified Team, all of whom reside in Massachusetts, signed their contracts as they were welcomed to the club by President of Kraft Family Philanthropies Josh Kraft, Revolution Sporting Director & Head Coach Bruce Arena, and Revolution President Brian Bilello. Play Unified soccer returned to the Gillette Stadium pitch on Saturday, Sept. 18 when the Revolution Unified Team hosted the Andover Stars Unified Team following New England's MLS match against the Columbus Crew.



Farley Asmath from Franklin was signed by the New England Revolution and Special Olympics Massachusetts to the 2021 Unified Team and will participate in the Unified Match on September 18.

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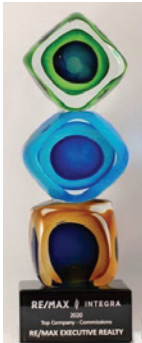
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