

Peck Dynamic Competitor For NHS Field Hockey Team

Next Stop Will Be At UMass-Amherst

By KEN HAMWEY
 STAFF SPORTS WRITER

Emma Peck didn't waste any time taking her game to a higher level. The Natick High senior accepted a scholarship and committed to play field hockey for UMass-Amherst at the start of her junior year.

The 17-year-old Peck will be competing for a Division 1 team that's not only rich in field-hockey tradition, but also a perennial participant in the NCAA Tournament. UMass acted quickly in landing the talented defender/midfielder, who has all the credentials and attributes to be an impact player.



PECK
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A Retirement Paused by the Pandemic

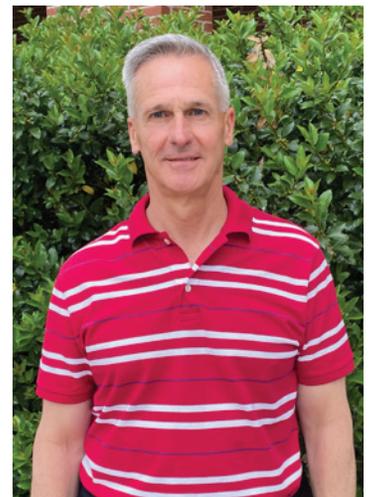
By SEAN SULLIVAN

For most Americans on the cusp of professional retirement, the onset of coronavirus last year may have seemed a signal to move toward the exit a bit early. But in March of 2020, as COVID evolved from a concern into a crisis, Jim White did the opposite.

He had been with the town's health department since 1979, spending his last 13 years there as its director. His was a tenure long enough that the position he started in those decades ago now no longer exists.

That kind of institutional expertise and familiarity with the community is not so soon or easily replaced, so when the health crisis that is COVID came onto the scene, White's retirement was put on hold.

"There hasn't been a whole lot we haven't seen here," he said of his time with the town and the health department.



He's watched floods flow and hurricanes blow through, health scares emerge and subside. Under the purview of the health department are water quality, food safety, septic system issues, and a host of other areas that demand attention. Substance-abuse prevention and outreach has also fairly re-

RETIREMENT
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SPARK Kindness October Events

SPARK Kindness Crew Pop Up Popcorn & Marathon Poster Making Party

Saturday, October 9 | 10am-1pm at Mile 10/outside Paper Fiesta on Rt 135/ 27, Natick

Join the SPARK Kindness Crew and spread kindness from the Natick Common to our neighborhoods and all the way to downtown Boston for Marathon Monday! Come with your inspirational and supportive messages for runners, we'll supply sidewalk chalk, paper and markers for your posters and some popcorn snacks, too as we connect communities through kindness.

Help us support all of our Boston Marathoners, including SPARK runners Jennifer Del-Rey and Jenny Sack, and cheer for folks who are running their virtual marathons through Natick that day, too!

The Kindness Crew is a growing team of SPARK volunteers who support opportunities for connection in our community through random acts of kindness and fun. We assemble the

team as needed to spread joy, inspire interaction, and support the efforts of SPARK Kindness. Participation on any level of commitment from all members of our community is welcome! You can learn more about SPARK Kindness and how to get involved by visiting www.SPARK-Kindness.org.

How to Navigate Re-entry Stress

Wednesday, October 20 | 7pm via Zoom

SPARK Kindness invites the community to a FREE program with Christine Koh, PhD. During the pandemic, many families delighted in a slower, more intentional way of life and are now overwhelmed by the demands and pressures of re-entry. Author and podcaster, Christine Koh will share practical advice for how to navigate re-entry stress, including tactics to manage calendar creep, maintain bound-

aries, protect time for yourself and with your family, and continue to tap into the things you and your family truly care about.

ASL interpretation will be provided at this event.

SPARK Kindness presents
a FREE virtual program
on Wednesday, October 20th at 7pmET



Visit SPARKKindness.org to register for this free program, learn more about the Fall Resilient Community Program Series, discover additional resources, and get information about how to volunteer and support SPARK Kindness.

RETIREMENT

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cently come under the department's umbrella.

"There's a wide range of stuff that we do here," said White. On a given day, "You never know what you're going to get into."

But a crisis as pervasive as the recent pandemic was a first. Preparations were in place for White to leave in June of 2020, but COVID had other plans.

"I couldn't leave," he said. "I'm kind of invested in this. I would have been mad at myself if I hadn't [stayed]."

Now, with the pandemic peak seemingly in the rear view, he retired at the end of last month.

"I think they're in good shape to go on from here. They'll be fine."

As for his retirement, White said he sees it as switching gears - not standing idle. There's over a year's worth of golf to catch up on, and other projects on the horizon to occupy his time. Yet before that, he plans on taking a few months to decompress.

"I'm not going to sit around the house," he said. "I need a few months off to take a breath and just step back."

White's career with the health department was roughly bookmarked by the Blizzard of '78 and the COVID crisis. Having graduated that same year decades ago during a tight job market, he was juggling several jobs to make ends meet. Born and raised in the town, White applied for the job when it became available.

"I got the job because I was a Natick guy."

The occupation grew on him as years and experience piled up. He passed through five roles and promotions within the department, earning applicable educational degrees as he went. White got married during those years, moved to Millis and raised two children.

"I got involved in local public health and really started to love it. Feeling that you're doing something positive for the community is very satisfying."

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Business Owner Overcomes Double Whammy of Pandemic and Cancer To Re-Open

By SUSAN MANNING
STAFF WRITER

It's hard to find a person or a business who has not been affected by the Covid pandemic. But for Ashland small business owner Don Gordon, life got particularly challenging when he was diagnosed with cancer—just as businesses were opening again.

Thanks to successful cancer treatments, Gordon has been able to re-open the shop on a part-time basis starting this past summer.

Q: Tell me a little bit about yourself

A: We've been here since 1989, my wife Janet and me. We have about five shows a year with the Framingham Artists Guild, the Franklin Artists Association Thursday. We have a holiday show and a few in between Intermezzo shows. We've been doing a lot of custom framing. We have a gift shop with Boyds Bears and limited editions and prints. And

we kind of just cater to the neighborhood artists and the local guilds.

Q: When did things get off track for you and your store?

A: When COVID-19, it shut us down for six months, which was kind of a devastating time for everybody. And then when we opened up, I think in September of 2020, when things eased up, unfortunately at the end of March 2021, I was diagnosed with cancer. Leukemia.

I was rushed to the hospital and of course, the gallery was closed because I'm the one that does all the work. My wife has a regular job. And you know, I returned to the gallery when I got out of the treatment and everything was in remission. I didn't want to close the gallery because I love doing what I'm doing and I love working with the people and seeing final products, you know, all framed. It's what I want to do. So I came back on a part-time



basis, the middle of June.

I'm only here 9 to noon Monday through Friday because I still don't want to stress myself out.

Q: Has business recovered? Are your customers returning?

A: We're hearing from a lot of my customers who have seen the flags out front and stopped in to wish me well—to find out what

happened. Our customer base is great. We've had generations of people use our services. I've had customers come in when they're pregnant and now they're pregnant with their own kids, so they continue to return to me.

Q: How do people in the area know your business so well?

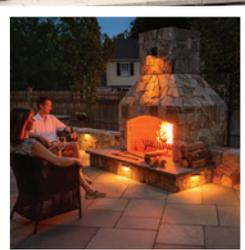
A: We cater to local original

artists from the local MetroWest area and have some great artists and we exhibit their work. We love it.

We've had very good open houses. Of course, we haven't had an open house with COVID-19, and then we haven't had an

REOPENING
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Holliston Youth Selected for Laver Cup Boston Ballkid Squad

Caroline Cosgrove from Holliston has been selected following an intensive recruitment process as one of 30 Massachusetts kids between the ages of 12-15 to be part of the Laver Cup 2021 Boston Ballkid Squad. She participated in a grueling training session on Friday, August 13 at Longfellow Tennis Club in Natick, going through a series of training exercises, focusing on their agility, endurance, coordination, ball skills, balance, speed and teamwork—all attributes essential to make it to the Laver Cup Ballkid Squad.

Caroline Cosgrove, 12, from Holliston, plays tennis 6-7 days a week and is currently sitting in the top 50 ranked in the Girls 12's league. Caroline is currently a student at Robert Adams Middle School but has big plans to



Caroline Cosgrove, Age 12, from Holliston, selected to be a part of the Laver Cup 2021 Boston Ballkid Squad, takes part in training session at the Longfellow Tennis Club in Natick on Friday, August 13.

become one of the top tennis players in the world. Aside from tennis, Caroline enjoys playing soccer for both her club and travel teams.

The fourth edition of The Laver Cup, featuring the best tennis players from Europe against their counterparts from the rest of the world, took place at TD Garden from September 24-26.

REOPENING

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open house in 2021 because of me being sick. We were closed from the 24th of March through June.



Q: What's going on at the shop currently?

A: Right now we have a great exhibit on display, with work from 11 different artists on display in the upper gallery.

We have about 45 to 50 pieces in the upper gallery. And in the lower gallery, we probably have 100 pieces shrink-wrapped and some framed. And then we have in the gift shop, probably a couple of hundred of posters. And then about 50 limited edition framed pieces.

The current exhibit will run through the end of February. When we get into March, then we'll probably have like the Framingham Artists Guild. And then Franklin Artists Guild—we work with them too, and they have an exhibit here.

Q: Where do your artists hail from?

A: We have a lot from MetroWest and artists from Hopedale. Lisa Bailey from Franklin has been an exhibitor here for about 20 years. They're they're some of my steadfast exhibitors. I have Pearl McCarthy from Natick. I also have some artists from Framingham, Ashland, and Holliston.

Q: How did you come to own the shop?

A: I got out of Boston College with a degree in marketing and I went to work for Bradlees. I worked there for 20 years and then I decided I'd rather have my own business.

Q: What keeps you coming back?

A: I love what I'm doing because I meet some great people in my life and I love to see the expressions on their faces when they pick up the work I have done.

I think I make an impact. I have such a repeat customers, that I've been around, it's just fun to watch the generations come through here.

And I can't forget that it's just been such an important time for small businesses, trying to stay open and trying to survive and with COVID. I had the leukemia on top of that, but I'm still here. I'm surviving.

Premier Image is open weekdays, from 9 AM to noon. The shop is located at 290 Eliot St., Ashland. To reach the store, call 508-881-4730.

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Chuck Tashjian

Editorial

Susan Manning

Send Editorial to:

editor@naticktownnews.com

Advertising Director

Kathy Benoit

Advertising Sales Manager

Jen Schofield

508-570-6544

jenschofield@localtownpages.com

Multi Media Sales Consultant

Jeremy Wardwell

413-204-5296

jeremywardwell@localtownpages.com

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Sports

PECK

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The 5-foot-5 Peck is the total package, whether she's on the field or in the classroom.

Now in her fourth year with the Redhawks' varsity, the Natick native is a four-year starter, a two-time captain and a Bay State Conference all-star. On the academic front, she has a 3.9 GPA.

"Emma is a role model for a what a great field hockey player looks like, whether it's defending a corner, passing to a teammate or scoring a goal," said Natick coach Ann Burns. "She approaches every game with high expectations. Her strengths come from years of playing field hockey. She has nicely developed stick skills, a solid understanding of the game and she knows the role defenders play. She's also versatile, able to play two positions. Emma always strives to improve her game and she doesn't like to lose."

Factor in other assets, like mental toughness, a high field hockey IQ, an instinctive nature and athleticism. Those traits make Peck a very polished competitor.

"I like field hockey because it's the ultimate team sport," Peck said. "The pace is fast and there's lots of movement. And, as a captain, I try to create bonding and team chemistry within our group."

Peck was only 11 when she started playing the sport — a fifth-grader who was forced by her mom to attend a clinic. "I wasn't enthusiastic about going but came away liking it," she said. "I later joined a club team (Northeast Elite Field Hockey) and have competed at that level for six years. My club coach, Chelsey Feole, deserves credit for improving my game and getting me to the next level. I learned new skills and techniques."

Peck gained tourney experience as a freshman and sophomore when Natick faced Andover both times in the sectional semifinals. The Redhawks bowed twice by 1-0 scores.

One of her goals for her final season includes defeating Andover if the matchup occurs.

"My other goals include having fun and bonding with my

teammates," Peck said, "but I also want us to win the Carey Division title, qualify for the tourney and advance as far as possible. My individual objectives are to be a quality leader and role model and to repeat as a BSC all-star."

At Local Town Pages deadline, the Redhawks were 0-1-1 after two matches.

A captain who leads by example and by being supportive, Peck firmly believes that the Redhawks have the talent, depth and experience to achieve her goals. And, she's quick to point to Natick's other three captains as top-notch leaders and contributors. They include seniors Hadley Green (defender), Samantha Gondelman (forward), and Emilia Morales (midfielder).

"All four of us strive to be positive and welcoming captains," Peck said. "Hadley is a dynamic defender, Samantha is great at finishing a play and Emilia possesses superb passing skills."

Peck is also upbeat about Burns and her style of coaching. "Coach Burns can be firm but she's also fair," Peck emphasized. "She's also an excellent motivator and a great role model."

Thanks to a decision by Burns, Peck gained valuable confidence in her ability as a freshman. That decision involved Peck's playing time against Andover in the tourney.

"We lost to Andover in two overtimes," Peck recalled. "Combining regulation and the overtimes, the game lasted about 65 minutes. Coach Burns never took me out. I learned how to persevere and that game gave me a sense of belonging."

Burns knew she had a gem in Peck early on and she never hesitated in giving her captain status as a junior. "Emma is a vocal leader for sure," Burns offered. "Even as a junior captain, she had a strong voice whether it was in planning fundraising, organizing senior nights/captain's practices, or leading by example in drills. It's rare for us to have a junior captain but Emma's experience with the game and leadership abilities made it a no-brainer."

"Last year's season (4-4-2 record) was challenging given the covid restrictions and constantly changing guidelines. Emma always maintained a strong mindset



Emma Peck will take her game to a higher level next year at UMass-Amherst

to make the most of the season."

Peck's top thrill in three-plus years of field hockey is finalizing her college choice as a junior.

"I had been contacted by six schools in addition to UMass," Peck noted. "I always wanted to attend UMass and play for them. The transition to college will be a huge adjustment and more responsibility, especially in academics. I'll be pushed more to excel — by the coaches, my opponents and myself. Also, games will be played at a faster pace and the talent level of opponents will be top-notch."

Peck is acutely aware that she'll have to work hard to get playing time in college. "Coach Barb Weinstein is awesome," Peck said. "She has a welcoming style. Nothing is promised. It's all about earning time."

Peck will major in education and minor in psychology. After getting a bachelors degree, she plans to earn a masters in special education and become a teacher.

Relying on an athletic philosophy of "respecting my opponent on and off the field," Peck says that striving to reach one's potential is important if winning is to occur.

Sports have also helped her to learn valuable life lessons. "Overcoming challenges and adversity is a great lesson that can be learned from athletics," she of-

fered. "Playing through covid-19 is a good example of that. Athletics have also helped me to learn how to improve leadership skills."

Calling her parents (Steve and Christina) role models for their support, encouragement and motivating nature, Peck also includes Ainslee Lamb in the role-model category. "Ainslee introduced me to field hockey when I went to that clinic when I was in fifth grade," Peck said. "She's been the head coach at Boston College and often has helped out with Natick High's program."

Realizing that her Natick field-hockey career will conclude when the fall season ends, Peck knows "it will be bittersweet."

"It'll signal the end of a four-year career where I got to meet and know many wonderful people," she said. But, I'll be ready for a new challenge and a new four years."

A deep run in the tournament, however, would be just the right elixir to turn any bittersweet thoughts into happy and delightful memories of a very poised athletic career.

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A Path Ahead Community Fund Awards Family Promise Metrowest a Grant

Natick-based nonprofit Family Promise Metrowest proudly accepted a \$10,000 grant from A Path Ahead Community Fund, a donor-advised fund with the Foundation for Metrowest. A Path Ahead Community Fund supports growing and sustainable 501(c)(3) organizations that fulfill basic human needs and promote long-term independence.

Since 2008, Family Promise Metrowest has provided shelter and housing support for families facing homelessness and has responded to their changing needs by expanding its programming to include the LIFE and SAIL programs, which provide transitional support and homelessness prevention services. This new grant will help fund these programs and aid FPM in its ongoing mission to help families transform their lives

and create stable, sustainable homes where their children can thrive.

“I am honored to partner with Family Promise Metrowest. They are serving such an important need in the Metrowest community in helping struggling families lead independent and dignified lives through the provision of training, meals and other support, and affordable housing within a safe community,” said Sue DeRoche, A Path Ahead Community Fund Founder and Principal Donor/Advisor.

“These are challenging times and with an unprecedented increase in families facing unemployment and possible eviction, our community partners are needed more than ever. The Path Ahead Community Fund grant comes at an opportune time and

we are so grateful for the support,” said Susan Crossley, Family Promise Metrowest Executive Director.

Family Promise Metrowest serves low- and moderate-income Massachusetts families with at least one child under the age of 18 that are facing homelessness. With the help of a diverse community, FPM provides resources, guidance, and encouragement to help motivated families meet their goals, move themselves out of poverty, and become self-sufficient. FPM believes that if all community members take a role in solving the homelessness crisis, together as a community we can change lives permanently.

To learn more about Family Promise Metrowest and how to become involved or donate please visit www.familypromisemetrowest.org



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Local Nonprofit Receives \$10,000 Grant

JANSON awarded a \$10,000 grant to Natick-based nonprofit Family Promise Metrowest (FPM) for their Shelter program.

FPM's cornerstone Shelter program serves families with children that have lost their housing, providing safe shelter, meals, clothing, and supportive case management so families can address the root causes of their housing instability and set goals for future sustainability.



The COVID-19 pandemic put the strength of FPM and its Shelter program to the test. To address their families' emergency needs, FPM skillfully pivoted its programming to remote services and successfully raised emergency funding to bring immediate relief and stability to the families that were currently being served. In 2020, FPM served a record-breaking 50 families, including 58 parents and 89 children that were facing

homelessness. “FPM is currently on track to double the number of families we served last year. Increasing our resources and community support is essential in order to meet the great need. We are so grateful for JANSON Communication's generosity,” said Susan Crossley, Family Promise Metrowest Executive Director.



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GRANT
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Your Money, Your Independence

Open Enrollment: Benefits to Opt-In for your HSA

For many, fall brings Open Enrollment to work benefits. The once-a-year opportunity to make changes without needing a life event.

Beyond insurance and retirement benefits, these elections help maximize your tax planning for 2022. Yet, people spend more time scrolling Instagram than reviewing offered electives.

What are HSAs?

Health Savings Accounts or HSAs are tax-exempt savings plans paired with a high-deductible health plan (HDHP) meeting certain criteria (i.e. \$2,800 family deductible).

HSA is not “Use It or Lose It” like FSA annual benefits and upon leaving a company or retirement, you maintain your HSA.

How do you participate?

Only during an Open Enrollment can you Opt-In to an HSA by choosing a \$ amount to contribute. You can change \$ amount

throughout the year, but not the ability to Opt-In.

Key HSA facts:

- In 2022, an individual can contribute \$3650 and a family up to \$7,300.
- If over 55, contribute an additional \$1,000.
- All contributions are tax-free - federal, state, and FICA (Social Security and Medicare).
- No federal taxes on HSA funds spent on qualified health care expenses.
- Excess HSA funds can be invested for tax-free growth to compound for years.

Thus, unlike any other tax-advantaged savings plan, HSA can offer “triple tax benefits”: tax-free contributions, tax-free earnings, and tax-free distributions.

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Shockingly, over 50% of eligible Americans decline to partic-

ipate in an HSA. Unbelievable considering most employers put \$500-\$1,500 each year into an HSA. In theory, \$1 per pay period could return \$500-\$1500 per year from your employer - take it!

Furthermore, “health rewards” programs can earn deposits into HSA by doing preventative care activities. For example, seen \$400 deposited into an HSA when each spouse had an annual physical.

Get the tax savings.

Consider a family in 24% tax bracket averaging \$4,000 in out-of-pocket medical expenses. HSA tax-free contributions would provide them tax savings of \$1,466 (\$960 federal 24% + \$200 state MA 5% + \$306 FICA 7.65%). Earners in 32% bracket can max out 2022 contributions and gain tax savings of \$3,259.

Leverage tax-free growth for retirement.

Gaining momentum is a fi-

nancial planning strategy of avoiding withdrawals from HSAs and pay medical expenses from free cash flow. The allows for investment (funds, ETFs, equities) of HSA contributions to grow tax-free for years before using in retirement for eligible expenses like Medicare premiums, vision, dental, hearing aids, nursing services, long-term care premiums, and medical expenses.

Alert for the Retire Early crowd, while HSAs cannot be used to pay private health insurance premiums, they can pay for health care coverage purchased through an employer-sponsored plan under COBRA, which may be a desired option leaving a company and maintaining until reaching Medicare eligibility.

Learn more by connecting with your benefits coordinator or Certified Financial Planner.

The opinions voiced in this material are for general information only and are not intended to provide specific advice or recommendations for any individual.



Glenn Brown

Glenn Brown is a Holliston resident and owner of PlanDynamic, LLC, www.PlanDynamic.com. Glenn is a fee-only Certified Financial Planner™ helping motivated people take control of their planning and investing, so they can balance kids, aging parents and financial independence.

GRANT

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“JANSON is honored to be able to extend our support to Family Promise Metrowest,” says Janet Chihocky, CEO of JANSON. “In every state where we conduct business, JANSON searches for local entities who share a similar mission to ours –

making an impact in the lives of others. We are thankful to have found FPM in Massachusetts and have the ability to bless the community.”

Family Promise Metrowest serves low- and moderate-income Massachusetts families with at least one child under the age of 18 that are facing homelessness. With the help of a diverse community, FPM provides

resources, guidance, and encouragement to help motivated families meet their goals, move themselves out of poverty, and become self-sufficient.

To learn more about Family Promise Metrowest and how to become involved or donate, please visit www.familypromisemetrowest.org or email carole@familypromisemetrowest.org.

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Metrowest Women's Fund Announces A Needs Assessment of Middle School Girls: Metrowest

The Metrowest Women's Fund, in partnership with the Center for Social Research at Framingham State University, conducted a Needs Assessment

of Middle School Girls: Metrowest. The report, which can be found at <https://www.metrowestwomensfund.com/copy-of-news> identifies the needs of girls

in Metrowest and produces critical data on issue areas including emotional and mental health, self-image, gender identity, social relationships, physical activity and COVID concerns.

The Report states that middle school is a critical juncture for all girls and especially those of low and moderate income who have limited access to resources ranging from menstrual health to mental health services.

"The Metrowest Women's Fund initiated a needs assessment of middle school girls in Metrowest to provide needed data and ultimately to help girls thrive," said Rebecca Parkhill, Co-Founder of the Metrowest Women's Fund.

The goals of the study, identified in the report, were to ascertain the needs of middle school girls in Metrowest and to identify unmet needs. An electronic questionnaire regarding the needs of middle school girls was prepared in 2020. In January and early February 2021, the questionnaire was sent to principals from 37 middle schools in the Metrowest

catchment area. The response rate of 54% (principals at twenty of the thirty-seven schools responded) was strong. The report presents the results of the survey.

The greatest areas of concern are as follows:

1. Mental health conditions, including depression and anxiety, are of considerable concern. Issues with self-esteem and bullying are associated with both depression and anxiety. In addition, depression was found to be associated with dating violence, obesity, issues with gender identity, sleeping difficulties and lack of exercise/physical activity. An additional factor associated with anxiety was issues with self-assurance/feeling competent.
2. Three aspects of self-image issues are of considerable concern: body image, self-esteem, and feeling competent/self-assured.
3. In terms of social issues and relationships, bullying is of moderate concern and peer



pressure is of considerable concern.

4. More than half (58.3%) of the respondents said the services provided were NOT adequate to meet the needs of middle school girls.

5. Half of respondents felt the Covid-19 pandemic and resulting alterations in academic conditions would create problems for girls with respect to academic issues, including a lack of confidence in educational abilities.

The Metrowest Women's Fund invests in women and girls through education, community building, grantmaking and strategic partnerships. Our mission is to identify the needs of women and girls in the Metrowest and raise resources to meet those needs. Our mission includes educating the community about the critical needs of women and girls from low incomes.

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SALMON at Medway Hosts Grand Opening Gala



State Reps. Brian Murray and Jeffrey Roy issue Andrew Salmon a proclamation welcoming SALMON at Medway to the community.

Many members of the Salmon family joined in the celebration.



SALMON at Medway's new team!



SALMON at Medway's first resident, Dottie, center, is flanked by Andrew and Matt Salmon and their parents, Danny and Dottie Salmon, as she cuts the ribbon on the new cutting-edge residence in Medway.



Medway, and chilled champagne. While some guests enjoyed the company of the entire SALMON family in the Bistro adjacent to the lobby, many attendees chose to embark on group scavenger hunts, with prizes in every corner of this brand-new campus, including candy in the game room, baskets of cookies in the Great Room, mini hand lotion samples at the campus Spa, Life Saver candies decorating the pool area, oranges in the gym, and baskets of SALMON visors in backyard.

A catered party on the fourth floor highlighted the culinary offerings of the new community, with a raw bar, a cheese and antipasto station, a dessert table, chef station, and cocktail bar featuring SALMON's signature cocktail, as well as the company of the location's new Medway Residents.

After Executive Director Andy Freilich, and Matt and Andrew Salmon took turns welcoming the celebrants and thanking everyone who made such a grand opening possible, from the construction crews who built the campus, to the catering staff, to second-generation founders also present at the event, Danny and Dottie Salmon, State Representatives Brian Murray (D-Milford) and Jeffrey Roy (D-Medway) offered a

On September 14, SALMON Health and Retirement's new Medway community opened its doors for their Grand Opening Gala. Masked attendees were ushered in through the front doors, warmly greeted by the sparkling chrome lettering: Whitney Place and The Willows at

proclamation from the state, noting that The Willows and Whitney Place at Medway will now be bringing more jobs, more opportunities, and a fantastic resource for the senior community to the Medway area.

It was then that the first SALMON at Medway Resident, Dottie, cut the ceremonial ribbon held up by Danny and Dottie Salmon to mark the exciting new chapter.

About SALMON Health and Retirement SALMON Health and Retirement is a trusted leader

in the operation of senior living communities. Founded as a skilled nursing center in 1952 by Dan and Helen Salmon, today, the third generation of the Salmon family runs the region's only complete care continuum—from active living to hospice care, and everything in between. To learn more, please visit www.Salmon-Health.com. SALMON at Medway is the organization's newest community, offering active independent living, assisted living, and memory care. For more information, please visit www.Medway-SeniorLiving.com.



Join us October 12th to learn more about Tapestry Memory Care with Executive Director Andrew Freilich.

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@SALMONatMedway   



Discover what family means to us when you visit Tapestry at Whitney Place, SALMON at Medway's memory care community accommodating the unique and changing needs of Residents with Alzheimer's or other memory impairments. Take a tour on October 12th at 2pm with Executive Director Andrew Freilich and learn more about the secure and innovative community for loved ones to live a happy and fulfilling life.

RSVP medwayseniorliving.com or call 508-533-3300.



Morse Institute and Library News

The Endangered Apples of New England Monday, October 4th at 7pm Most Americans would be surprised to learn that a common New England crop, apples, have been called the country's "most

endangered food." Currently, 86% of apple varieties grown in the US have vanished, and four out of five are on the brink of extinction. Many of these apple varieties are not "dessert apples" like Red Delicious, but traditional cider apples. Thanks to

the hard cider revival, rare apples are being saved. In this talk, join presenter Sarah Lohman, as we explore the historical characters that brought good cider to America and the contemporary cider makers who hope to preserve these apples. I'll also

share my travels across the country on the hunt for rare apples, including a once famous New Jersey apple that was considered extinct until its 2018 rediscovery in an abandoned 19th century orchard. Registration is required!



High-TAIL it Outta Here: The History of Horror Thursday, October 7th at 7pm Ever wondered what horror was like before the glossy modern movies? Are you looking for something spooky to read for Halloween? Come with us on a whirlwind tour of older horror novels! We'll touch on some of the classics, of course, but mostly we're going to look at books you've probably never heard of. Creep through some old haunted houses. Visit the vampires that predate Dracula! Learn about the controversies surrounding The Amityville Horror. Maybe you'll discover a new favorite... that's actually a very old favorite.

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Helen Keller: Champion of the Disabled Wednesday, October 6th at 6pm This program is written from Helen's mind eye and helps people of all ages understand and accept the different ways we do

Helen Keller: Champion of the Disabled

A virtual one-woman show chronicling the life of Helen Keller in celebration of Disability Awareness Month



October 6th 6pm via Zoom
This program is written from Helen's mind's eye and helps people of all ages understand and accept the different ways we do the same things. Join us and get inspired to be the best you can be with the talents you possess.

A virtual Zoom event for all ages | Run Time: 25 minutes | Advanced registration is required
Natick Commission on Disability | MORSE INSTITUTE LIBRARY | Natick Historical Society

the same things. Join us and get inspired to be the best you can be with the talents you possess. This program is cosponsored by the Natick Commission on Disability, Morse Institute Library, and the Natick Historical Society. Please register to receive the Zoom link.

The 2021 Vetëtima Fall Bake Sale

October 9, 2021 10am - 2pm

The schedule of events:
Wednesday Oct 6, (930AM) volunteers are needed to help us bake Baklava in the Church Hall

Thursday Oct 7 (noon), we will be cutting and plating Baklava in the Church Hall

Friday, Oct 8 the Church hall will be open 3pm to 6pm for those wishing to drop off their baked good. Please call Ann Powers, before 3pm, to let her know at what time you will be coming to drop off your baked goods

As a reminder, good sellers are leek/spinach/sauerkraut lakror, and traditional ethnic cookies/pastries - (finiqi, kourabie).

Saturday, October 9 (930AM) volunteers are needed to help setup and sell items.

There is a signup sheet for volunteers, please call Ann or Katerina (508-333-6282) if you are able to help on any of these days.

Let's all gather to make this bake sale a success!



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Bacon Free Library News

Visit our website for the latest information: baconfreelibrary.org



BFL Hours

The Bacon Free Library is open every Monday through Friday from 9:30am to 5:30pm, with extended hours on Tuesdays until 7:00pm. Patrons are welcome to come into the library and browse. Curbside pickup is available during all open hours as well as Saturday mornings from 10am to noon.

Kids Programs

Monday Morning Stories and Songs: Mondays at 10am on the library lawn -- this is a high-energy story time that includes both stories for listening and songs for dancing. Be sure to bring a blanket and/or chair.

Tuesday Morning Traditional Story Time: Tuesdays at 10am on the library lawn -- join us for several stories and maybe some sing-alongs with Ms. Fran on her ukulele! Be sure to bring a blanket and/or chair.

Virtual story time on Zoom: Wednesdays at 6:30pm -- visit our website to register.

Kids Special Program

Elijah T. Grasshopper & Friends: Somethin' Bout a Pumpkin

Wednesday, October 20th from 5-6 pm

Join us on the leaf-covered lawn of the library for a harvest-themed musical show!

Elijah T. Grasshopper & Friends are a children's music group featuring Emma "Go-Go Green" Bean and their puppet pals, Willa the Worm and Weatherbee Frog. Today they will bring a special guest -- the Orange Farmer -- to perform her interactive dance song, Somethin' Bout a Pumpkin.

This program is best suited for children ages 2 through 8, but can be enjoyed by all ages. Elijah T. Grasshopper and Friends have received multiple grants through the Mass Cultural Council in the past few years and are excited to bring their music to local communities. Join Elijah & Friends for some super-duper interactive kids' music and a hopping good time!

Adult Clubs - the BFL offers 5 monthly book clubs and 1 film discussion club. These clubs meet virtually, over Zoom meeting. Copies of the books (normal, large print, and audio) are available at the library. Check the BFL website, baconfreelibrary.org, in order to register for a book or film club.

Mystery book club - the

first Thursday of each month at 1:00pm

October 7th: The Mystery of Mrs. Christie by Marie Benedict

November 4th: The Firekeeper's Daughter by Angeline Boulley

December 2nd: The Windsor Knot by SJ Bennett

History book club - the second Thursday of each month at 11:00am

October 14th: Book of Ages: the life and opinions of Jane Franklin by Jill Lepore (nonfiction)

November 11th: Caleb's Crossing by Geraldine Brooks (fiction)

December 9th: The Firebrand and the First Lady: portrait of a friendship: Pauli Murray, Eleanor Roosevelt, and the struggle for social justice by Patricia Bell-Scott (nonfiction)

Environmental book club - the third Tuesday of each month at 7:00pm

September 21st: Gathering Moss : a natural and cultural history of mosses by Robin Wall Kimmerer

October 19th: The Home Place : memoirs of a colored man's love affair with nature by J.

LIBRARY NEWS
continued on page 12

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Nursing Home Negligence or a Vibrant Life Plan Community?

BY HEATHER J. CULKEEN EXECUTIVE DIRECTOR: PROJECT PERSEVERANCE

Doctors, nurses, patients, and their family members have all types of unpleasant conversations, according to Amy Sarah Marshall of the University of Virginia Medical Center magazine, *Healthy Balance*. For example: How to prepare for aging and caring for an aging partner or parent is one of those. For Lee Willis and her husband Hal, the conversation started this way: their beloved doctor of 15 years asked Lee, point-blank: "Are you prepared for the possibility that Hal may outlive you?"

At 94, Hal is ten years older than Lee. A plane accident broke multiple bones in his legs, and arthritis had settled in. Walking is hard for him. He does his own laundry and washes the dishes, but he doesn't drive and often uses a wheelchair.

Lee, on the other hand, just bought herself a new kayak. A nine-year cancer survivor, she relieves pain with exercise, not

medicine. She swims three times a week. When not caring for Hal, she's active, traveling, and socializing.

Still, the doctor had a point: Be prepared.

FACING THE FACTS OF AGING

Most people avoid the subject of getting old. Death is as natural as birth, but too many people simply don't want to think about it until they are too ill to participate in decision making, leaving family members and their physicians to make decisions that may or may not be what they would have wanted at the end of life. We need to prepare better.

FINDING A PLACE TO AGE

Lee's major purpose in preparing for Hal's aging and her own was to find a location where this could happen. Lee didn't simply conduct a Google search. She went to a lot of nursing homes. She compiled a list of in-home care services and went to each one.

But Lee wasn't satisfied, mainly because of shifting staff. "You can never guarantee the same people. The bottom-line dictates staffing. This turnover and the resulting lack in continuity of care, is a problem."

So, she looked at the option of aging in place. She volunteered at programs of all-inclusive care for the Elderly, which offers 24/7 coverage for anyone qualified for a nursing home. It seemed like "this would probably be what we choose to do," she said.

But then Lee discovered The Green House Project, a new model for long-term care for elders. In 2001, a doctor named Bill Thomas was appalled at the state of elder care. He saw it was a hospital, not a home with people just sitting in wheelchairs. So, he introduced a lot of changes, bringing in birds, dogs, cats, and plants. But it still wasn't enough. So, he "super-trained" staff to behave like family members, not healthcare providers. He built a new structure, with one central room, the residents living in rooms off in spokes. It became a communal place, with a common

kitchen where people cook family recipes and behave like relatives.

Lee found one in her state. "If we both have to go somewhere, this will be it!"

AGING GRACEFULLY: HOW TO GET STARTED NOW

The best advice Lee's received from her doctor: Exercise. He told her that the biggest factor that differentiates healthy from unhealthy aging is exercise—folks who remain sedentary clearly become frailer more rapidly than those who either remain or become active in their later years. Exercising on a regular basis makes a huge difference in how one ages.

Lee's primary lessons for younger people: Be proactive. "It's really hard when you're 50 to think about being 80, but you should." She advises younger people to:

- Take your health seriously—eat well and exercise.
- Prepare with a reputable Estate Planning Attorney who cares about your health as well as your assets.

- Be an advocate for yourself.
- Get political and advocate for end-of-life care.

Heather J. Culkeen is Executive Director of Project Perseverance. The public charity is dedicated to supporting rescue efforts, as well as assisting local, early-stage nonprofit organizations. We focus on protecting Families for Generations. We have protected families, children, boomers, seniors, and the elderly for generations. We welcome opportunities for growth and development.

In our experience most people prefer aging on their own as they take steps to improve and protect health, home, spouse, family, and life savings enabling them to stay in control. Take control of your life! You will be glad you did.

To donate to Project Perseverance to help support our mission to give back, please email us at ProjectPerseverance888@gmail.com with subject line: PP888. The QR Code and link will be emailed for you to donate. Please feel free to suggest a cause via email that you feel would benefit from our support as well. Thank You.

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LIBRARY NEWS

continued from page 11

Drew Lanham

November 16th: The Nation of Plants by Stefano Mancuso

December 21st: Finding the Mother Tree : discovering the wisdom of the forest by Suzanne Simard

Fiction book club - the fourth Tuesday of each month at 7:00pm

September 28th: The Wife Between Us by Greer Hendricks

and Sarah Pekkanen

October 26th: The Book of Lost Friends by Lisa Wingate

November 23rd: The Glass Hotel by Emily St. John Mandel

Nonfiction book club - the fourth Saturday of each month at 10:00am

September 25th: The Beauty in Breaking by Michele Harper

October 23rd: Hands of My Father: A hearing boy, his deaf parents, and the language of love by Myron Uhlberg

November 20th: One Day: the extraordinary story of an ordinary 24 hours in America by Gene Weingarten

Cinephile Mondays (film discussion club) - the last Monday of each month at 4:00pm

The films are accessible through Kanopy or DVD.

September 27th: 11'09'01 September 11

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Common Street Spiritual Center switches to solar, helping bring healing and justice to Earth

Common Street Spiritual Center has recently flipped the switch on an 18kW rooftop solar system. Common Street Spiritual Center is an inclusive, love-centered community space that works together to bring peace, justice and healing to the earth. The project was made possible by a \$25,000 grant from the Solar Moonshot Program, which is managed by Hammond Climate Solutions and funded by Left Coast Fund to help stop the climate crisis. SunBug Solar, a Massachusetts owned and operated certified B Corporation, was contracted to design and install the system.

“Common Street is a community that has been at the forefront of local and statewide climate and environmental justice initiatives, and so it is fitting that we now have solar panels on our roof,” said Ian Mevorach, Founding Minister and Director of Common Street Spiritual Center. “The recent International Panel on Climate Change report spells out clearly that humanity’s

window of opportunity to act on climate is rapidly closing. We owe it to future generations to change our priorities and start treating each other and the Earth in non-exploitive ways. Part of that change is that we have to stop burning fossil fuels and invest in renewable energy.”

In addition to saving money on electric bills thanks to solar, which will be reinvested into serving its mission, the solar power project will help decrease greenhouse gas emissions driving the climate crisis and creating environmental injustices. The clean energy system will also help educate the community about the importance of moving to renewable energy and creating local green job opportunities.

“We have had the chance to work with many nonprofits and houses of worship, but few turned out to be as dedicated as the Common Street Spiritual Center team, which determined in 2015 that there was not enough capital for a solar power system at that time,” said Dan-



iel Covey, co-owner of SunBug Solar. “In 2021, after six years, thanks to help from a keystone grant from the Solar Moonshot Program, Common Street was able to overcome many hurdles and end up with a clean energy system that produces most of its annual electricity needs.”

The solar project comes at the heels of the newly released Inter-governmental Panel on Climate

Change report, labeled a “code red for humanity” by United Nations Secretary-General António Guterres and at a time when the state of Vermont is seeing severe drought and record breaking temperatures.

“We applaud Common Street Spiritual Center for making the switch to solar, and we hope this project inspires other nonprofit organizations across the coun-

try to go solar and become clean energy champions,” said Tara Hammond, founder and CEO of Hammond Climate Solutions. “This project showcases how rooftop solar can reduce electric bills, support local green jobs and mitigate impacts to the climate crisis while contributing to a just and livable future.”

The Solar Moonshot Program has funds available for other nonprofit organizations looking to make the switch to solar in the new year. The no-fee grant initiative that is generously funded by San Diego-based Left Coast Fund, which is invested in stopping the climate crisis. There is a \$1 million budget for solar projects in 2021 available, expected to fund about 40 more solar projects across the country. To learn more about the program, please visit the website at www.solar-moonshot.org.

To learn more about Common Street Spiritual Center, visit www.commonstreet.org.

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The Metrowest K95K, held Sunday, September 19, was a tremendous success

Here's why:
The MetroWest YMCA, represented by Peter Waisgerber, provided a wonderful, fun, and professional course through the woods and a great venue at the YMCA Hopkinton Outdoor Center.

The Ashland Greater Lions handled registration as always with ease and a smile.

The Ashland Lions provided delicious food and handled both water stops.

Mike Messina was our voice and master of ceremonies

Craig Incardone shot some great photos

Second Wind Timing provided professional timing

Refreshing Concessions had wonderful treats for humans and their dogs

Spyglass Printing made sure we got our shirts and dog tags

Sergeant Tom Ferrari managed the traffic

Pamela Bathen, Jennelyn Belotindos and Jamie Falzone from MVMA promoted this event

Dr. David Schwarz is the spirit of this event and had more fun



great day.
Thank you to all sponsors, volunteers, family, friends, dogs and the weather.

"SUCCESS"
Look forward to seeing you next year!

Senator Rausch Announces Virtual Fall Office Hours

Senator Becca Rausch (D-Needham) will host her next virtual office hours on Friday, October 9 from 10 am – 11 am. In keeping with best practices and recommendations from public health officials, conversations with the Senator and her staff will take place via video conferencing and phone calls.

Residents from any part of the Norfolk, Bristol and Middlesex District are welcome to share their questions and opinions on state issues with Senator Rausch and her staff. Constituents may reserve 15-minute appointments in advance at beccarauscha.com/office-hours.

Sen. Rausch will also hold virtual office hours on The following dates:

- Friday, Nov. 5 from 10-11 a.m.
- Friday, Nov. 10 from 10-11 a.m.

To subscribe to Senator Rausch's newsletter, please visit <https://beccarauscha.com/newsletter>. Constituents can still contact the Senator and her team at 617-722-1555 or email becca.rausch@masenate.gov to share their opinion on state issues, seek assistance, or schedule a call with the Senator or her staff. Residents can also get live updates from the Senator via

Twitter (@BeccaRauschMA) and Facebook (@BeccaRauschMA).

Senator Becca Rausch represents the Norfolk, Bristol and Middlesex District, comprised of Attleboro, Franklin, Millis, Natick, Needham, Norfolk, North Attleborough, Plainville, Sherborn, Wayland, Wellesley, and Wrentham. Currently in her second term, Senator Rausch serves as the Senate Chair of the Joint Committee on the Environment, Natural Resources, and Agriculture and the Senate Vice Chair of the Joint Committee on State Administration and Regulatory Oversight.

Sha'arei Shalom

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What Dementia Caregivers Should Know About Burnout

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When your family member is diagnosed with dementia, there are many considerations and questions that must be answered as soon as possible. When immediate nursing care in the home or elsewhere isn't an option, it's family caregivers who fill the gap for dementia patients at home. Even when the family member is in an assisted living facility or nursing home, it's family caregivers who still find themselves filling in the gaps where a facility just can't meet all the family member's needs.

Providing care for a loved one is an overwhelming experience no matter the medical diagnosis. The unpredictable scope of the caregiver job means that it can be difficult for family members to maintain balance in their life. Balancing home life and family, work obligations, and caregiving for the family member with dementia is a delicate balance that can very quickly feel all-consuming and difficult to manage.

Furthermore, in certain cases, dementia conditions can worsen so much that the person needs professional dementia care sup-

port in an assisted living or nursing home setting. Some of the unique issues faced by dementia caregivers can include:

- Issues with helping the loved one as concerns over speaking, walking, and swallowing worsen due to disease progression.
- Fearfulness of the loved one's behavior
- Changes in mood
- Anxiety over the loved one's disorientation or wandering behavior

The progressive nature of dementia adds to the level of unpredictability and also the emotions that the caregiver is coping with. Caregivers should be mindful of when the situation has escalated to the point that it may be better to place the loved one in an assisted living facility or nursing home. Research has found that:

- One in 5 family caregivers have poor or fair health
- Between 40% and 70% of caregivers say that they are dealing with anxiety or depression
- The mortality rate for spousal caregivers who are older than age 66 is 93% higher when compared with their

Business spotlight

non-caregiver counterparts. You've probably heard the pre-flight announcement on an airplane that you need to put your oxygen mask on first before helping the person next to you with their mask. The same principle applies with caregivers. It's crucial for the caregiver to pay attention to their own physical and mental health. This not only helps the caregiver, but also helps the person with dementia since the caregiver is in a better position to be able to help.

Caregivers can and should also take advantage of local support groups. These groups can provide a sounding board and can also be a good source of information for the caregiver.

Finally, it's critical that the caregiver have the person with dementia meet with an estate planning attorney well before the family member's condition reaches the point where they no longer have capacity. The estate planning attorney should be well informed on dementia and Alzheimer's and should be brought in well ahead of a crisis. The attorney can help make



sure that all legal documents are in place so that the caregiver can do what they need to do from a legal end for both financial and medical matters whenever the time comes that the person with dementia can no longer handle those matters themselves. It shouldn't be surprising that

not having the necessary legal documents in place can further aggravate a caregiver's level of burnout since the caregiver will need to seek court involvement in order to help their loved one. Getting these documents done years ahead of needing to use them is always the best option.

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MassBay Receives \$1.2M in National Science Foundation Grants

WELLESLEY HILLS, Mass. (August 25, 2021) – MassBay Community College is pleased to announce the awarding of two National Science Foundation (NSF) grants totaling more than \$1.2 million to promote diversity in cybersecurity programs and to train faculty who teach Science, Technology, Engineering, and Math (STEM) in best practices that encourage and support underrepresented students in their STEM programs. Both projects, funded by the NSF, will start in October 2021 with a focus on promoting diversity in the classroom, as well as improving retention and graduation rates, and adding diversity to the workforce.

“We are tremendously grateful to the NSF for this investment,” said MassBay President David Podell. “This region has been driven by a STEM economy for decades, and we have long recognized that good, sustainable careers can be had in STEM fields. Directing resources that lead to the recruitment and retention

of underrepresented students in STEM is a common sense step that will help to ensure underrepresented students also thrive along with this growing sector of our economy. MassBay is proud to play a leading role in making that happen.”

The MassBay initiative titled, Catalyzing Transformative Change in STEM Education through an Institute for Inclusive Pedagogy was awarded \$699,994 and will be dedicated to systematically changing how STEM faculty educate stu-

dents of color. The project was created to address national data that reveal students of color who are enrolling at the same rate as their peers have lower-levels of retention, graduation, and transferring or entering the workforce. To combat this, MassBay will create and hold three STEM Equity Summer Institutes (STEM-ESI)

over the grant period, educating 30 STEM faculty and staff members at MassBay and 15 high school faculty members from partner high schools, Milford High School and Framingham High School. The STEM-ESI will teach educators how to better serve underrepresented students by address inequities in the classroom that impede students

from completing STEM courses, majoring in STEM fields, and succeeding in STEM disciplines.

“This is a transformative grant for MassBay and for the MetroWest region,” said MassBay Associate Director of the Math and Science Center, Anu Meacham. “With these resources we will provide instructors in STEM

classrooms at the high school and post-secondary level with the tools they need to fully support all of the students they serve. We are truly grateful for these funds and cannot wait to get started on this important work.”

The second MassBay initiative titled, Attracting the Next Generation Cybersecurity Workforce or ACT was awarded \$598,712 and is aimed at diversifying the Cybersecurity field by recruiting, retaining, and graduating underrepresented and female stu-

dents in MassBay’s Cybersecurity programs. Through collaborations with regional industry and high school partners, MassBay will create an education pipeline to encourage and support female and underrepresented high school students to pursue a Cybersecurity education. A central part of this project will be the recruitment by high schools and youth organizations, working alongside industry partners to create competitions, hackathons, mentoring and internship programs, all designed to provide students with opportunities to engage in hands-on and experiential learning, career mentoring, and tailored career advice. This project will also create a Cyber Range, where students use an online interactive technology space that simulates a network, learning to detect and solve cybersecurity attacks.

“This exciting project aims to build an educated and diverse workforce that will strengthen the local and regional economy,” said MassBay Computer Science Professor and Director of Center for Cybersecurity Education, Shamsi Moussavi. “We will play a leading role in Cybersecurity education at MassBay, but we are especially eager to work with our current and future partners in the MetroWest region to engage female and underrepresented scholars, inspiring them to explore a career in cybersecurity. We expect this program will ultimately produce a diverse pool of skilled workers who will enhance the level of security our businesses and organizations, serve

our community, and enjoy a clear path to good jobs.”

According to the National Science Foundation (NSF) website, the independent federal agency was created by Congress in 1950 “to promote the process of science; to advance the national health, prosperity, and welfare; to secure the national defense.” The NSF has an annual budget of \$8.5 billion, and are a funding source for approximately 25% of all federally supported basic research conducted by America’s colleges and universities. MassBay’s STEM-ESI project is funded by NSF’s Improving Undergraduate STEM Education (IUSE): Education and Human Resources program and the ACT project is funded by NSF’s Advanced Technological Education (ATE) program.

To learn more about MassBay visit www.massbay.edu.

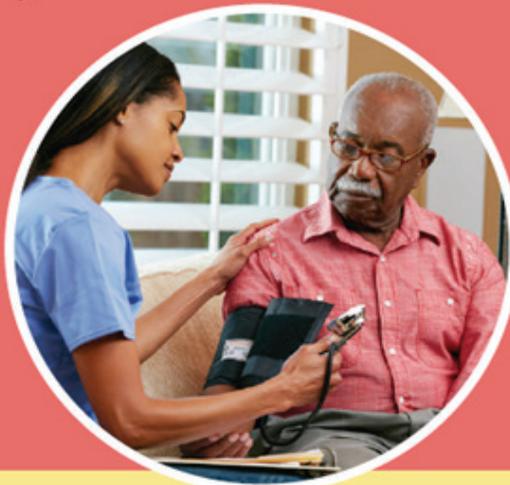
MassBay Community College is the most affordable higher education option in MetroWest Boston, offering a robust portfolio of courses and more than 70 associate degree and certificate programs with flexible day, evening, and weekend classes in Ashland, Framingham, Wellesley Hills, and online. MassBay students receive an unmatched educational value by earning stackable credits that transfer to bachelor’s degree programs, and workforce-ready skills necessary to advance careers in high-demand fields such as health and life sciences, automotive technology, engineering, business, cybersecurity, and the humanities. MassBay’s Associate Degree in Nursing (RN) and Practical Nursing (LPN) programs were both ranked as the #1 Nursing Program in Massachusetts in 2020-2021 by national nursing advocacy organizations RegisteredNursing.org, and PracticalNursing.org. Since its founding in 1961, MassBay has been accredited by several governing bodies and remains firmly committed to its mission of meeting the needs of the diverse local communities it serves. We value the intrinsic worth of all individuals, collectively in pursuit of inclusiveness and prioritize our work towards achieving equity within our community and beyond.



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Natick Town Warrant

FALL ANNUAL TOWN MEETING
OCTOBER 19, 2021
THE COMMONWEALTH OF THE
MASSACHUSETTS Middlesex, ss
To Any Constable of the Town of
Natick in said County: Greeting:

In the name of the Commonwealth
of Massachusetts you are required to
notify the qualified Town Meeting Mem-
bers of the said Town of Natick to meet
via remote participation on **Tuesday
Evening October 19, 2021 at 7:30
PM**, then and there to act on the follow-
ing Articles:

- Article 1** Committee Article
- Article 2** Fiscal 2022 Omnibus Budget
- Article 3** Rescind Authorized, Unissued Debt
- Article 4** Unpaid Bills
- Article 5** Stabilization Fund
- Article 6** Operational/Rainy Day Stabilization Fund
- Article 7** Other Post-Employment Benefits (OPEB) Appropriation or Transfer of Funds
- Article 8** PEG Access and Cable Related Fund
- Article 9** Acceptance of M.G.L. Chapter 200A, Section 9A: Disposition of Abandoned Funds
- Article 10** Create a Natick Town Bylaw to provide for Tax Payment Agreements pursuant to M.G.L.c.60 section 62A
- Article 11** Capital Stabilization Fund
- Article 12** Capital Equipment and Im-

- provement
- Article 13** Collective Bargaining
- Article 14** Amend By-Laws: Dates of Spring Annual Town Meeting & Submission of Fiscal Documents
- Article 15** Establish and Authorize Revolving Fund for Community Gardens
- Article 16** Amend Bylaws: Personnel Bylaw Amendments
- Article 17** Personnel Board Classification and Pay Plan
- Article 18** Parks & Recreation Wage Increase Subsidy (Cody Jacobs)
- Article 19** Diversity Officer
- Article 20** Street Acceptance - Collins Avenue, Fairview Avenue, Fern Street, Green Street, Lakeview Avenue, Moore Street, Whitcomb Street, Windsor Avenue
- Article 21** Easement at 21 Overbrook Terrace (David Locke Hawthorne)
- Article 22** South Natick Dam Mitigation Alternatives (Brad Peterson)
- Article 23** Amend Home Rule Petition, Home Rule Petition, and/or Authorize Sale of Property at 5 Auburn Street
- Article 24** Acquire 60 Harwood Road
- Article 25** Appropriate Funds for New Zoning and Capital Improvement Planning for the Golden Triangle Area
- Article 26** Amend Zoning By-Laws: Agri-Tourism Accessory Use
- Article 27** Amend Zoning By-Laws: Live-stock Accessory Use
- Article 28** Amend Zoning By-Laws: Cluster Bylaw Amendments
- Article 29** Amend Zoning By-Laws: Lim-

- ited Salesroom for Motor Vehicles
- Article 30** Amend Zoning By-Laws: Special Permit Lapse
- Article 31** Hoop I District Near West Natick Commuter Rail (George L. Richards)
- Article 32** Re-Zoning of Portions of East Central Street, Wilson Street, Grant Street and Union Street (George L. Richards)
- Article 33** Rezone the Natick Highway Overlay District (Peter Golden)
- Article 34** Amend Home Rule Charter, Article 3
- Article 35** Hybrid Town Meeting
- Article 36** Town Seal Report and Design Services
- Article 37** Committee Report, Handbook, and Term
- Article 38** Fiscal Information
- Article 39** Amend Article 3 Procedure at Town Meeting of the Town of Natick ByLaw

ARTICLE 1 Committee Article (Town Administrator)
To see if the Town will vote to hear and discuss the reports of town officers, boards, and committees; or otherwise act thereon.

ARTICLE 2 Fiscal 2022 Omnibus Budget (Town Administrator)
To see what of money the Town will appropriate and raise and appropriate, transfer from available funds or otherwise provide for the operation of the

government of the Town of Natick, including debt and interest, during Fiscal

TOWN WARRANT
continued on page 18



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TOWN WARRANT*continued from page 17*

Year 2022 (July 1, 2021 through June 30, 2022) and to provide for a reserve fund for Fiscal Year 2022, and to see what budgets for Fiscal 2022 will be reduced to offset said additional appropriations; or otherwise act thereon.

ARTICLE 3**Rescind Authorized, Unissued Debt (Town Administrator)**

To see if the Town will vote to rescind the authorization for unissued debt that has been determined is no longer needed for the completion of various projects; or otherwise act thereon.

ARTICLE 4 Unpaid Bills (Town Administrator)

To see what sum of money the Town will vote to raise and appropriate, transfer from available funds, or otherwise provide for the payment of unpaid bills of previous years, incurred by the departments, boards and officers of the Town of Natick; or otherwise act thereon.

ARTICLE 5 Stabilization Fund (Town Administrator)

To see what sum of money the Town will vote to raise and appropriate, transfer from available funds or otherwise provide for the purpose of supplementing the Stabilization Fund established under Article 22 of the warrant for Annual Town Meeting of 1961, as authorized by Chapter 40, Section 5B of the General Laws, as amended; or otherwise act thereon.

ARTICLE 6 Operational/Rainy Day Stabilization Fund (Town Administrator)

To see what sum of money the Town will vote to raise and appropriate, transfer from available funds or otherwise provide for the purpose of supplementing the Operational Stabilization Fund

established by vote of the 2011 Spring Annual Town Meeting under Article 4, as authorized by Chapter 40, Section 5B of the General Laws, as amended; or otherwise act thereon.

ARTICLE 7**Other Post-Employment Benefits (OPEB) Appropriation or Transfer of Funds (Town Administrator)**

To see what sum of money the Town will vote to raise and appropriate, transfer from available funds or otherwise provide for, the Other Post-Employment Benefits Liability Trust Fund established pursuant to the provisions of Chapter 32B, Section 20 of the General Laws as amended by section 15 of Chapter 218 of the Acts of 2016, or otherwise act thereon.

ARTICLE 8**PEG Access and Cable Related Fund (Town Administrator)**

To see what sum of money the Town will vote to appropriate from the PEG Access and Cable Related Fund, established by vote of 2019 Special Town Meeting #1 under Article 1, as authorized by Chapter 44, Section 53F 3/4 of the General Laws, as amended, to fund PEG access programming, as well as certain other municipal cable related expenses; or otherwise act thereon.

ARTICLE 9**Acceptance of M.G.L. Chapter 200A, Section 9A: Disposition of Abandoned Funds (Town Administrator)**

To see if the Town will vote to accept the provisions of Massachusetts General Law Chapter 200A, Section 9A, to authorize an alternative procedure for disposing of abandoned funds held in the custody of the Town as provided for in MGL Chapter 200A, Section 9A; or otherwise act thereon.

ARTICLE 10**Create a Natick Town Bylaw to provide for Tax Payment Agreements pursuant to M.G.L. c.60 section 62A (Town Administrator)**

To see if the Town will vote to create a Town of Natick by-law to authorize, pursuant to M.G.L. c.60 section 62A, payment agreements between the Treasurer and persons entitled to redeem parcels in tax title and waive certain interest payments as specified in said bylaw or otherwise act thereon.

ARTICLE 11 Capital Stabilization Fund (Town Administrator)

To see what sum of money the Town will vote to raise and appropriate, transfer from available funds or otherwise provide for the purpose of supplementing the Capital Stabilization Fund established under Article 2 of the warrant for Fall Annual Town Meeting of 2010, as authorized by Chapter 40, Section 5B of the General Laws, as amended; or otherwise act thereon.

ARTICLE 12**Capital Equipment and Improvement (Town Administrator)**

To see what sum of money the Town will vote to raise and appropriate, borrow, transfer from available funds or otherwise provide to implement a Capital Improvement Program as may be required for capital equipment for the various departments of the Town of Natick; to protect the physical infrastructure of the Town of Natick, to add new physical infrastructure, or to improve community assets; and further to determine whether this appropriation shall be raised by borrowing or otherwise; or otherwise act thereon.

ARTICLE 13 Collective Bargaining (Town Administrator)

To see what sum of money the Town

will vote to raise and appropriate, transfer from available funds, or otherwise provide, to implement any Collective Bargaining Agreements between the Town of Natick and any recognized bargaining units of the Town; or otherwise act thereon.

ARTICLE 14**Amend By-Laws: Dates of Spring Annual Town Meeting & Submission of Fiscal Documents (Town Administrator)**

To see if the Town will vote to amend the Town of Natick Bylaws by Modifying Article 1, Section 1: Annual Town Election and Town Meetings regarding the Spring Annual Town Meeting, and Article 20, Section 2: Dates of Submission of Fiscal Documents regarding the date for submission of the preliminary budget for the next fiscal year. Or otherwise act thereon.

ARTICLE 15**Establish and Authorize Revolving Fund for Community Gardens (Town Administrator)**

To see if the Town will vote to amend the General By-Laws of the Town by adding a new section to establish and authorize a revolving fund for maintenance and enhancement of Community Gardens, as provided for under Massachusetts General Laws Chapter 44, section 53E1/2; or otherwise act thereon.

ARTICLE 16**Amend Bylaws: Personnel Bylaw Amendments (Town Administrator)**

To see if the Town will vote to amend the General By-Laws of the Town by modifying Article 24, Section 7 Employee Benefits regarding holidays and vacations; or otherwise act thereon.

ARTICLE 17**Personnel Board Classification and Pay Plan (Town Administrator)**

To see if the Town, pursuant to the authority contained in Section 108A of Chapter 41 of the General Laws, will vote to amend Article 24 of the Natick Town By-Laws, specifically the Classification and Pay Plan referenced in Section 3, paragraph 3.10 therein, by adding, deleting or amending position titles; re-classifying positions to a different Grade; and/or effecting changes in the salary ranges as presently established; or otherwise act thereon.

ARTICLE 18**Parks & Recreation Wage Increase Subsidy (Cody Jacobs)**

To see if the Town will vote to appropriate and raise, or transfer from available funds, a sum of money for the purpose of the operation and administration of parks and recreation programs to offset the cost of increasing the minimum level of pay for part-time employees, for Fiscal Year 2022 (July 1, 2021 through June 30, 2022); or otherwise act thereon.

ARTICLE 19 Diversity Officer (Select Board)

To see what sum of money the Town will vote to raise and appropriate, transfer from available funds, or otherwise provide for the creation of a chief diversity officer, or other title as deemed appropriate by the Personnel Board pursuant to Article 24 of the Natick Town By-Laws, for the purposes of advancing diversity, equity and inclusion priorities and policies of the Town of Natick; or otherwise act thereon

TOWN WARRANT*continued on page 20*

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TOWN WARRANT

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**ARTICLE 20
Street Acceptance - Collins Avenue, Fairview Avenue, Fern Street, Green Street, Lakeview Avenue, Moore Street, Whitcomb Street, Windsor Avenue (Select Board)**

To see if the Town will vote to accept

Collins Avenue, Fairview Avenue, Fern Street, Green Street, Lakeview Avenue, Moore Street, Whitcomb Street, and Windsor Avenue as public ways, and any appurtenant easements thereto, as laid out and generally shown on a plan entitled "Street Acceptance Plan of Land in Natick Massachusetts, Middlesex County - South District " dated September 27, 2021 prepared by DGT Associates, Inc.; to see if the Town will vote to authorize the Select Board to acquire by gift, purchase,

eminent domain or otherwise, easements in any land necessary for laying out and acceptance of said roads, and any appurtenant drainage, utility or other easements related to said roads and/or to accept grants thereof; and further to authorize the Select Board and other applicable Town of Natick Boards and personnel to take all related actions necessary or appropriate to accomplish the purposes of this article; Meaning and intending to accept all, or the un-

accepted remainder of Collins Avenue, Fairview Avenue, Fern Street, Green Street, Lakeview Avenue, Moore Street, Whitcomb Street, and Windsor Avenue such that the entirety of these named roads are accepted by the Town as public ways, or otherwise act thereon.

**ARTICLE 21
Easement at 21 Overbrook Terrace (David Locke Hawthorne)**

To see if the Town will vote to authorize the Select Board to grant to David Locke Hawthorne owner of 21 Overbrook Terrace Assessors' Parcel ID 00000369 an exclusive appurtenant easement running with the land of said 21 Overbrook Terrace to pass and repass, maintain such structures presently within the easement area but not to extend such structures, over a Parcel shown as 'Easement Area' on a Plan entitled 'Easement Plan 21 Overbrook Terrace, Natick, Massachusetts' Framingham Survey Consultants, Inc., dated August 6, 2021' or to take any other necessary action to effectuate the purpose of this Article; or to act otherwise thereon.

**ARTICLE 22
South Natick Dam Mitigation Alternatives (Brad Peterson)**

To see if the Town will vote to fund an investigation into any feasible alternative mitigation solutions for the South Natick dam, beyond the two proposed (removal of trees on earthen dam, or breach of spillway).

**ARTICLE 23
Amend Home Rule Petition, Home Rule Petition, and/or Authorize Sale of Property at 5 Auburn Street (Select Board)**

To see if the Town will vote to authorize the Select Board to

1) petition the General Court of the Commonwealth to amend Chapter 93 of the Acts of 2009, related to an act authorizing the town of Natick to sell or lease the town-owned property at 5 Auburn Street in Natick, Massachusetts, the site of the former Eliot Elementary School; and/or

2) petition the General Court of the Commonwealth to enact special legislation, notwithstanding the provisions of Sections 3 of Chapter 40 of the Massachusetts General Laws, or any other general or special law to the contrary, authorizing the Select Board to lease for a term not to exceed 99 years, including any extensions or renewal terms, and/or to sell the property at 5 Auburn Street in Natick, Massachusetts, the site of the former Eliot Elementary School; and/or

3) to sell the property at 5 Auburn Street in Natick Massachusetts, the site of the former Eliot Elementary School, and to establish the terms of said conveyance; or to otherwise act thereon.

To see if the Town will vote to authorize the Select Board to acquire by gift, purchase, taking by eminent domain,

TOWN WARRANT

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TOWN WARRANT

continued from page 20

or otherwise, to accept a deed or deeds to the Town of fee simple, easements, or other interests in the parcel of land located at 60R Harwood Road, Natick, MA, assessor's parcel ID 14-0000016A, and to transfer such land to the Conservation Commission for conservation purposes. Further to see what sum of money the Town will vote to raise and appropriate, borrow or transfer from available funds, to fund said purchase or takings along with all legal, appraisal, and related costs associated with obtaining this interests in land; or to otherwise act thereon.

ARTICLE 25

Appropriate Funds for New Zoning and Capital Improvement Planning for the Golden Triangle Area (Planning Board & Select Board)

To see what sum the town will appropriate and raise, or otherwise provide for the procurement of professional services to develop new zoning and capital improvement planning for the Golden Triangle Area. Or otherwise act thereon.

ARTICLE 26

Amend Zoning By-Laws: Agri-Tourism Accessory Use (Planning Board)

To see if the Town will vote to amend the Town of Natick Zoning Bylaws to add a new Agri-Tourism accessory use in Section V-B.2: Accessory Uses. Or otherwise act thereon.

ARTICLE 27

Amend Zoning By-Laws: Livestock Accessory Use (Planning Board)

To see if the Town will vote to amend the Town of Natick Zoning Bylaws, Section V-B.2: Accessory Uses, to remove the requirements relating to livestock as an accessory use. Or otherwise act thereon.

ARTICLE 28

Amend Zoning By-Laws: Cluster Bylaw Amendments (Planning Board)

To see if the Town will vote to amend the Town of Natick Zoning By-laws Section III-F: Cluster Development Allowed in Certain Districts. Or otherwise act thereon.

**ARTICLE 29
Amend Zoning By-Laws: Limited Salesroom for Motor Vehicles (Planning Board)**

To see if the Town will vote to amend the Town of Natick Zoning Bylaws Section 200 Definitions: Limited Salesroom for Motor Vehicles and Section III-A.2 Use Regulations Schedule. Or otherwise act thereon.

ARTICLE 30

Amend Zoning By-Laws: Special Permit Lapse (Planning Board)

To see if the Town will vote to amend the Town of Natick Zoning Bylaws to amend the special permit lapse period in Section VI-DD.2.A.f: Special Permit Procedures and Site Plan Review. Or otherwise act thereon.

ARTICLE 31

Hoop I District Near West Natick Commuter Rail (George L. Richards)

To see if the Town will vote to amend the Zoning By-Laws by including a certain parcel of land near the West Natick Train Station known as 247 West Central Street (and being shown on the Town of Natick Assessor's Map as Lot 58A on Map 40) into the Housing Overlay Option Plan (HOOP-I) District, or otherwise act thereon.

ARTICLE 32

Re-Zoning of Portions of East Central Street, Wilson Street, Grant Street and Union Street (George L. Richards)

"To see what action(s) the town will take to re-zone some or all of the following properties from Residential General (RG) to Downtown Mixed Use (DM):

- 2 Union Street (Assessor's Map 44, Lot 240);
- 5 Union Street (Assessor's Map 44, Lot 239);
- 4 Grant Street (Assessor's Map 44, Lot 219);
- 5 Grant Street (Assessor's Map 44, Lot 216);
- 6 Grant Street (Assessor's Map 44, Lot 220A);
- 6 Grant Street (Assessor's Map 44, Lot 220B);
- 6 Off Grant Street (Assessor's Map 44, Lot 220C); -4 Wilson Street (Assessor's Map 44, Lot 197);
- 6 Wilson Street (Assessor's Map 44, Lot 198);

-44 East Central Street (Assessor's Map 44, Lot 354G);

-46 East Central Street (Assessor's Map 44, Lot 354H); -47 East Central Street (Assessor's Map 44, Lot 196); -51 East Central Street (Assessor's Map 44, Lot 217); -57 East Central Street (Assessor's Map 44, Lot 244); -59 East Central Street (Assessor's Map 44, Lot 243); -63 East Central Street (Assessor's Map 44, Lot 242); -67 East Central Street (Assessor's Map 44, Lot 241); or otherwise act thereon."

ARTICLE 33

Rezone the Natick Highway Overlay District (Peter Golden)

To see if Town Meeting will vote to establish a committee appointed by the Town Moderator to study the feasibility of rezoning the Highway Overlay District (Rt. 9 from the Wellesley border in East Natick to Speen Street in West Natick). The Moderator shall appoint committee members consisting of Town Meeting Members and designees of the Select Board, Zoning Board of Appeals, Planning Board, Equity Task Force, Open Space Committee, citizens and a representative of the Real Estate industry. The Committee will consist of an odd number of members charged with considering the following criteria: best uses of the Highway Overlay District, impacts and benefits of rezoning the district based on input from interested parties, recommendations regarding district futures, including further study, retention of advisory and planning professionals and proposals for future action. Said

Committee to serve at the discretion and direction of the Moderator and shall report to the 2022 Annual Town Meeting

ARTICLE 34

Amend Home Rule Charter, Article 3 (Town Clerk)

To see what actions the town will take to amend the Home Rule Charter Article 3, Section 3-14 (a), or otherwise act thereon.

ARTICLE 35

Hybrid Town Meeting (Frank W. Foss, Town Moderator)

To see if the Town will vote to authorize and empower the Select Board to file a petition with the General Court for special legislation as set forth below:

AN ACT AUTHORIZING THE TOWN OF NATICK TO HOLD HYBRID TOWN MEETINGS.

Provided that the General Court may reasonably vary the form and substance of this requested legislation within the scope of the general public objectives of this petition, be it enacted by the Senate and House of Representatives in General Court assembled, and by the authority of the same, as follows:

SECTION 1. Notwithstanding any general or special law, charter provision, ordinance or by-law to the contrary, the Town of Natick may hold town meetings at which participants attend both in person and remotely (hereinafter sometimes called a "hybrid meeting"), subject to the following:

a) The determination of whether a town meeting shall be a hybrid meeting shall be made by the Select Board at the

time that it approves the warrant for such meeting, and the warrant shall contain such provisions as shall be deemed by the moderator and Town Counsel to be necessary in order properly to notify participants in such meeting of the requirements set forth in this section.

b) Except as otherwise set forth in this section, town meeting members and other participants in a hybrid meeting may elect to attend such meeting either in person, at the location designated in the warrant for such meeting, or remotely by means of a video conferencing platform.

c) All town meeting members attending a hybrid meeting, whether in person or remotely, shall be counted for purposes of determining the presence of a quorum at the meeting.

d) The moderator, the Town Clerk and certain members of the Town's information technology staff and other persons required to operate the voting and other technical systems necessary for the proper function of a hybrid meeting in accordance with this section shall attend each session of a hybrid meeting in person. All other participants in a hybrid meeting, including town meeting members and other residents and non-residents of the Town, may attend each session of a hybrid meeting either in person or remotely. In order to attend a session of a hybrid meeting remotely, a

TOWN WARRANT

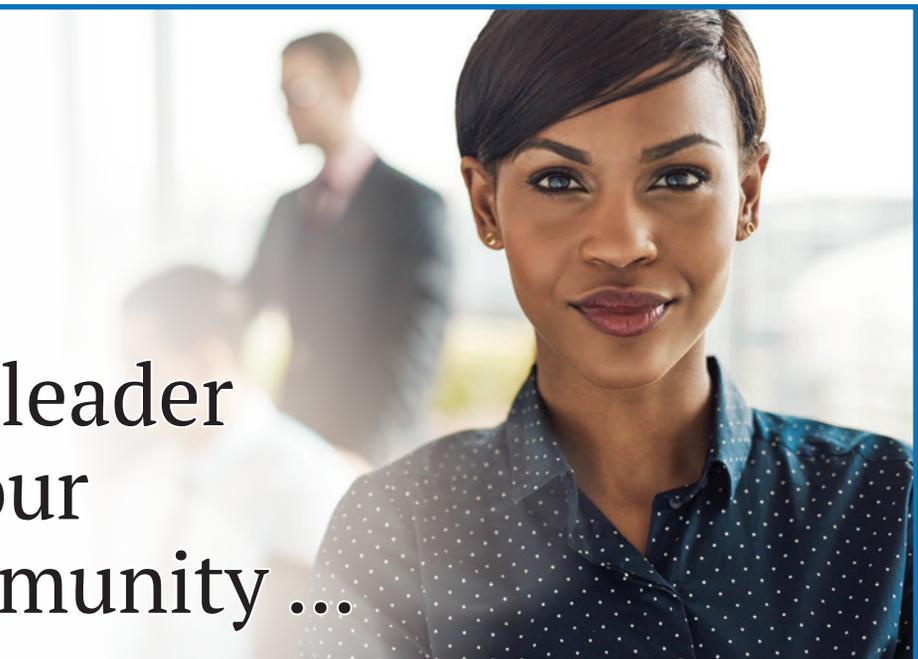
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TOWN WARRANT

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participant shall be required to provide written or electronic notice of such participation to the moderator and Town Clerk, which notice shall be required to be received no later than 48 hours before such session. Such notices may cover such person's remote attendance at one or more sessions of a hybrid meeting. Such notice requirement may be waived for Town officials and other Town employees by the moderator, by written notice to the Town Clerk and Office of the Select Board.

e) The video conferencing platform shall afford all remote participants in a hybrid meeting the ability to identify and hear the moderator and each town meeting member who attends the meeting, as well as any other persons who participate in the meeting. All remote participants in a hybrid meeting shall have substantially the same access as in-person participants to the content of handouts, presentations and other material distributed or displayed, prior to or during the meeting, to in-person participants in the meeting.

f) All participants in a hybrid meeting, whether attending in person or remotely, shall have a substantially equal opportunity to request recognition by the moderator. All town meeting members shall have a substantially equal opportunity to make a motion or raise a point of order or question of privilege.

g) All town meeting members participating in a hybrid meeting, whether attending in person or remotely, shall have the opportunity to vote on all matters put to a vote of town meeting members; such votes shall to the extent feasible be taken substantially contemporaneously; and such votes shall in the case of recorded votes be published as soon as practicable subject to the abilities of the respective voting systems used for in-person and remote votes. All votes at a hybrid meeting shall be taken by such means and in such a manner as shall be determined by the moderator and consistent with any General By-law of the Town to record accurately and securely the votes of those entitled to vote at the meeting.

h) Town meeting members who do not have access to the video or other conferencing system used for remote participants in a hybrid meeting may participate in the meeting via telephonic or voice over internet protocol (VOIP) means. The requirements of sub-sections (e) and (f) of this section shall to the extent that they cannot be complied with through said telephonic or related means not apply to town meeting members.

SECTION 2. All actions taken during a hybrid meeting held pursuant to section 1 are hereby ratified, validated and confirmed to the same extent as if the hybrid meeting had been conducted entirely in person, and such actions shall be deemed to comply in all respect with all other applicable laws, charter provisions

and by-laws.

SECTION 3. This act shall take effect upon its passage. or otherwise act thereon.

ARTICLE 36

Town Seal Report and Design Services (Town Seal Review Committee)

To hear a progress report from the Town Seal Review Committee, and to see what sum the Town will appropriate for design and associated services for a new Town Seal, or otherwise act thereon.

ARTICLE 37

Committee Report, Handbook, and Term (Town Meeting Practices and Rules Committee)

To see what action(s) the Town will take to:

1) Hear and discuss a report from the Town Meeting Practices and Rules Committee;

2) Approve, accept and or adopt a revised Town Meeting Member Handbook;

3) Extend the term of the Town Meeting Practices and Rules Committee;

4) Appropriate monies or transfer from available funds for the work of the Town Meeting

Practices and Rules Committee; or otherwise act thereon.

ARTICLE 38 Fiscal Information (Town Meeting Practices and Rules Committee)

To see what action the Town will take to amend the Town of Natick ByLaws (ByLaws) to

1) specify or require certain information on assets and liabilities of the Town to be included in the Town Administrator's Budget Message in Article 5 Fiscal Procedures of the Charter;

2) specify the types or names of such information on assets and liabilities to be so provided pursuant to 1) above;

3) require an updated budget message and certain information to be provided in connection with annual operating and/or capital expenditures budgets for a current fiscal year at any Spring Annual Town Meeting, any Fall Annual Town Meeting and for any special town meeting which deals with fiscal or budgetary matters;

4) specify the types or names of such information to be so provided pursuant to 3) above;

5) determine what new or amended sections of the ByLaws should contain the provisions contemplated above;

6) create new articles and or sections or amend existing sections of the ByLaws, including without limitation Article 20 Town Administrator, to specify the town agencies and their responsibilities to provide the matters contemplated above and /or

7) amend and/or renumber existing sections within any of the articles of By-laws in order to accomplish the foregoing as editorial matter or otherwise act thereon.

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Real Estate Corner

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ARTICLE 39 Amend Article 3 Procedure at Town Meeting of the Town of Natick ByLaw (Town Meeting Prac- tices and Rules Committee)

To see what action(s) the Town will take to amend Article 3 Procedure at Town Meeting of the Town of Natick By-Laws regarding scope, purpose, subject matter, language, timing, procedure or other aspects of resolutions at the Representative Town Meeting including but not limited to

1) Limiting resolutions to the provisions as provided in Town Meeting Time and/or

2) Allowing resolutions only as provided in Town Meeting Time and/or in a statement or declaration of defense or needs of the Town or the Representative Town Meeting and/or

3) Allowing the introduction, debate, consideration and or voting of resolutions to be delayed by the Moderator for consultation with Town Counsel and/or

4) Requiring resolutions to be submitted in writing in advance to the Moderator and/or

5) Otherwise setting or restricting the procedures, purposes, subject matter, scope and/or timing of resolutions and/or Otherwise act thereon.

You are directed to serve this Warrant by causing an attested copy of said Warrant to be posted in the Post Office in said Natick, and at the following public places in said Natick, to wit: Precinct 1, Reliable Cleaners, 214 West Central Street; Precinct 2, Cole Recreation Center, 179 Boden Lane; Precinct 3, Kennedy Middle School, 165 Mill St.; Precinct 4, 2 Summer Street; Precinct

5, Wilson Middle School, 22 Rutledge Road; Precinct 6, East Natick Fire Station, 2 Rhode Island Avenue; Precinct 7, Lilja Elementary School, 41 Bacon Street; Precinct 8, Natick High School, 15 West Street; Precinct 9: Community-Senior Center, 117 East Central Street and Precinct 10, Memorial Elementary School, 107 Eliot Street.

Above locations being at least one public place in each Precinct, in the Town of Natick, and also posted in the Natick U.S. Post Office, Town Hall, Bacon Free Library and Morse Institute Library seven days at least before October 19, 2021; also by causing the titles of the articles on the Warrant for the 2021 Fall Annual Town Meeting to be published once in the Newspaper called "The Metrowest Daily News," with notice of availability of an attested copy of said Warrant, said Newspaper published in the Town of Natick and said publication to be August 26, 2021.

Hereof fail not and make due return of this Warrant with your doings thereon to the Town Clerk at or before the time appointed for holding said meeting.

Given under our hands this 23rd day of August, 2021.

Select Board for the Town of Natick

Karen Adelman-Foster Chair
Richard P. Jennett, Jr. Vice Chair
Michael J. Hickey, Jr. Clerk
Susan G. Salamoff Member
Paul R. Joseph Member

Certified copies of the Warrant are available at the Office of the Town Clerk, Natick Town Hall, 13 East Central St., Natick, MA between the hours of 8:00 a.m. - 5:00 p.m., Monday through Wednesday; 8:00 a.m. - 7:00 p.m. on Thursday; and 8:00 a.m. - 12:30 p.m. on Friday. The Warrant may also be accessed from the Town website www.natickma.gov.

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