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January 2022

## **Holliston Youth Cheer Earns Fourth Place At Regionals**



From left to right: Standing Captain Grace Ristuccia, Lexi Bowie, Sarah Parnell, Whitney Ryng-Armento, Ella Yaari and Brenda De Araujo Front row: Nila Hill, Emily Crawford, Skyla Rodenhiser, Liv Fell, Olivia Fanara, Sophie Nystrom

Last month, the Holliston Youth Cheers U14 Asquad headed to Regionals in Bridgeport, CT. Although they did not place in the top three, their coaches were very proud.

"We missed 3rd by 3 tenths of a point. A super close fight

to the end game, but we are so very proud of how far the girls came this season.

"This was the first time a team for Holliston decided to be Nationally tracked. Placing 1st at Locals and being State Champs is a great achievement this year.

"We plan to come back next year as strong as ever and continue to make our families and town proud," said Melissa Armento, Head Coach of HYC A squad.

**REGIONALS** 

continued on page 2

See our **Healthy Living Section** Inside...



## 8-Foot Menorah Lit Up Holliston, as Part of World's Largest Hanukkah Observance

CHABAD CENTER ignited a This is true especially in America, public 8FT Hanukkah menorah erected at Holliston Town Hall, followed by a community-wide celebration on Monday Nov. 29, the 2nd night of the eight-day holiday.

The ceremony, organized by Chabad Rabbi Mendy Kivman, featured community leaders lighting the Menorah. Following the menorah lighting ceremony, those gathered danced, sang and ate the traditional latkes and donuts!

"The menorah serves as a symbol of Holliston's dedication to preserve and encourage the right and liberty of all its citizens to worship G d freely, openly, and with pride.

a nation that was founded upon and vigorously protects the right of every person to practice his or her religion free from restraint and persecution," said Rabbi Kivman.

"I want my kids to grow up with pride in their Jewish heritage and a feeling of equality and self-confidence as Americans" said Susan Cohen of Holliston, who was looking forward to attending the public menorah lighting. "Chabad Lubavitch's Hanukkah menorahs

**MENORAH** 

continued on page 4

## **Pre-Targeting:** The New Way to Buy Online Display Ads

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#### **REGIONAL**

continued from page 1

It wasn't just the team members who made her proud, either.

"A squad Coaches want to thank the parents, HYC board members, the league and regional directors for all their support this season. It truly takes an army and we appreciate having them in our our corner," she said.





Left to right: Brenda De Araujo, Ella Yaari, Lexi Bowie, Skyla Rodenhiser, Nila Hill, Sophie Nystrom, Liv Fell, Emily Crawford, Sarah Parnell, Olivia Fanara, Kaitlyn Cordon, Whitney Ryng-Armento, Grace Ristuccia & Head Coach Melissa Armento







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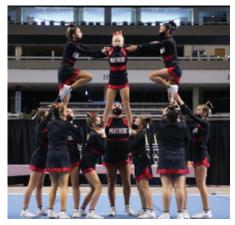
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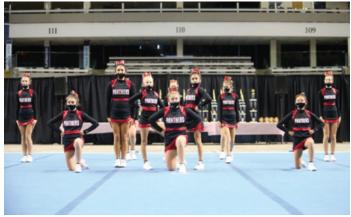
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Your Money, Your Independence

## **Resolutions Gone Bad: Rein In Your New Year**

Making New Year's resolutions to improve your financial wellness in 2022?

Let's help you start by recognizing questionable resolutions, including three destined for failure plus what should be considered for successful planning outcomes.

**Bad Resolution:** *Need to start buying some "X" to make more money.* 

Please, tell me more. If due to FOMO (Fear Of Missing Out) or based on this year's performance, give pause.

Yes, momentum, innovation, social & macro themes, niche' and/or value could be part of your investing strategy, but let's back up - do you have a strategy?

Is a core of low-cost, diversified index funds present to allow for explore ideas like X? How does X correlate with what is already owned? Impact on overall risk? Without mentioning performance, can you articulate why you own X and when wouldn't own X?

**Better Resolution:** Need to save \_\_\_\_\_ % and take \_\_\_\_\_ risk with investments to reach \_\_\_\_\_ goal.

To truly build assets, you need to save a specific percentage each year, take opportunistic or measured risks AND invest towards your established goal, not an investment benchmark or The Joneses.

Bad Resolution: Pay down debt. Sounds important, but is it? It depends. Tax deductions, interest rates, duration, fixed or variable, inflation, deflation, and depreciation ensure all debt is not equal.

**Better Resolution:** *Execute a debt reduction plan.* 

Access all debt, then prioritze on high-interest debt, variable rates, and unsecured. If down to a 3% of lower mortgage, 2% auto loans, and a MassSave at 0%, then maintain required payments, reap benefits of low, fixed rates in an inflationary environment and allocate towards investments outpacing inflation.

An exception, if not at ~40% home equity ownership, can make a case to get there and open a HELOC. Beyond flexibility to access equity built and lower total interest paid, can eliminate the opportunity costs of a large cash position for the "what ifs" in life.

**Bad Resolution:** *Do more for my retirement.* 

Buy a lottery ticket, as greater chance of success than this vague "lose weight" resolution tossed by January 10th.

**Better Resolution:** *How do I* retire at 55 or semi-retire in 5 years.

Now you're analyzing cash flows, balance sheet, contribution rates, investment allocations, taxation, work benefits, college funding, planning for the unexpected and desired lifestyle with expenses in retirement. You'll establish a set of base facts, allowing to then create scenarios, see projections, reverse engineer action steps, and track goals within timelines.

Aggressive timelines creates urgency, leading to actions that bring you closer the ultimate retirement accomplishment - choice.

How to ensure resolutions are not misguided, outdated, or simply unrealistic?

Use common sense, socialize with your spouse, and/or leverage an accountability partner (i.e. Certified Financial Planner) to make your 2022 resolutions happen.

The opinions voiced in this material are for general information only and are not intended to provide specific advice or recommendations for any individual.

Glenn Brown is a Holliston resident and owner of PlanDynamic, LLC, www.PlanDynamic.com. Glenn is a fee-only Certified Financial Planner<sup>TM</sup> helping motivated people take control of their planning and investing, so they can balance kids, aging parents and financial independence.



**Glenn Brown** 

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#### **MENORAH**

continued from page 1

are arguably one of the most important developments ever to help my child's education. I wish they had this where I grew up."

The Menorah lighting is part of the worldwide Hanukkah campaign, an initiative launched by the Rebbe, Rabbi Menachem M. Schneerson in 1973. The campaign highlights and encourages the central theme of the holiday — publicizing the story of the Hanukkah miracle.

"The message of Hanukkah is the message of light," added Rabbi Kivman. "The nature of light is that it is always victorious over darkness. A small amount of light dispels a lot of darkness. Another act of goodness and kindness, another act of light, can make all the difference."

Today, the unprecedented public display of Hanukkah has become a staple of Jewish cultural and religious life, forever altering the American practice and awareness of the festival. Holliston's menorah is one of more than 15,000 large public menorahs sponsored by Chabad in more than 100 countries around the world, including in front of landmarks such as the White House, the Eiffel Tower, and the Kremlin, helping children and adults of all walks of life discover and enjoy the holiday message

#### **ABOUT HANUKKAH**

Hanukkah, the Festival of Lights, began this year on the evening of Sunday, Nov. 28 and concluded the evening of Monday, Dec. 6. It recalls the victory of a militarily weak Jewish people who defeated the Syrian Greeks who had overrun ancient Israel and sought to impose restrictions on the Jewish way of life and prohibit religious freedom. They also desecrated and defiled the Temple and the oils prepared for the lighting of the

menorah, which was part of the daily service. Upon recapturing the Temple only one jar of undefiled oil was found, enough to burn only one day, but it lasted miraculously for eight. In commemoration, Jews celebrate Hanukkah for eight days by lighting an eight-branched candelabrum known as a menorah. Today, people of all faiths consider the holiday a symbol and message of the triumph of freedom over oppression, of spirit over matter, of light over darkness. Additional information about the Hanukkah holiday is available at www.JewishMA.com

## ABOUT THE SPONSORING ORGANIZATION

Chabad offers Jewish education, outreach and social service programming for families and individuals of all ages, backgrounds and affiliations. For more information, contact Rabbi Mendy Kivman at 508-473-1299 or visit www.JewishMA.com



## RECYCLE THIS NEWSPAPER



# Holiday lights

Blair Square was aglow with Christmas lights on a tree this season.



## **Holliston Public Library**

The Friends of the Holliston Public Library will present "Tales From the Home of the World's Worst Weather" on Thursday, January 13 at 7 pm. Brian Fitzgerald from the Mount Washington Observatory in North Conway, New Hampshire will share stories of challenges from this continuously staffed scientific outpost from 1932 until present day. The program is virtual and interested patrons should register online to receive their Zoom link one week before the program.

The Morning Book Club will discuss The Girl With Seven Names: A North Korean Defector's Story by Hyeonseo on Monday, January 3 at 11 am. The Mystery Book Club will read The Stranger Diaries by Elly Griffith on Tuesday, January 11 at 11 am. The History Book Club meets on Monday, January 24 at 10:30 am to share King Leopold's Ghost by Adam Hochschild. All three groups offer both in-person and virtual attendance simultaneously and welcome new members. Register to receive a Zoom invitation. Copies of books are available about one month prior to the discussions at the library.

Misha and the Wolves will be the selected film for Movie Mondays on Monday, January 10 at 12:30 pm. The film is seen in person.

Readers who would like to learn how to use electronic books, downloadable audiobooks and digital magazines are offered training for beginners on Tues-

# Holliston Public Library Holliston, Massachusetts

day, January 11 from 10 to 11:30 am at the library. Participants should bring their device, their Amazon login and password for a Kindle and their Apple ID for Ipads and Iphones if these logins are not saved on the device already. There will also be an in-person training at the Senior Center on Tuesday, January 25 at 10 am as well.

The Friends of the Library will meet virtually on Tuesday, January 18 at 7 pm.

For more information on library programs, visit www. hollistonlibrary.org or call 508-429-0617 or email Lmcdonnell@minlib.net









## Winter Bluesfest comes to HCA

The HCA, your regional arts center located at 98 Hayden Rowe Street in Hopkinton, is delighted to announce that they will be hosting four amazing musicians for a Winter Bluesfest on January 22nd. This is just one of the many exciting events coming to the HCA this year.

"We're so pleased to head into 2022 with a full year's line-up of music, dance, theater, gallery and other special events" says Kelly Grill, Executive Director for the HCA. "Some events will have a ticketed price, while others will be free or ask you to pay what you can. We are working towards the goal of having live entertainment happening every weekend. Keep checking our calendar on the website to see what's coming up"

The January 22nd festival-style event will feature Chris Fitz, Racky Thomas, Ken Clark and Sonya Rae. Chris Fitz' music resonates with Woodstock era Baby Boomers all the way to young adults who have never listened to a blues record in their life. His energy and enthusiasm for his profession shines through every performance. The Racky Thomas Band has been a torchbearer for the blues since its formation in 1995, when Racky Thomas collaborated with bassist Todd Carson, guitarist Nick Adams, and drummer

Ted Larkin to make a demo cd, and do some gigs around the Boston area. Ken Clark is internationally known as one of the world's greatest jazz organists. Ken's technical ability joined with his natural feel for funk and soul makes for a great experience. Sonya Rae is part of the new breed of blues and soul musicians, always searching for new ways to revitalize the form. A triple threat, her striking musical ability is immediately evident through her soaring vocals, scorching guitar work and savvy song-craft. Often joined by guitar phenom (husband) Ryan Taylor, she and her band are quickly becoming one of the most sought after acts on the scene today.

Tickets for this event can be purchased online at hopartscenter.org

#### **About the HCA**

The HCA offers arts to all people. Classes, theater productions, and gallery exhibitions serve an inclusive community of students, performers, and exhibiting artists diverse in age, ability, experience, ethnicity, and geography. Created in 2011, HCA, a 501(c)(3) nonprofit community arts center, fosters and celebrates the creative spirit in everyone.







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## Jane Maloney Joins SVT

Sudbury Valley Trustees (SVT) has welcomed Jane Maloney as its new Land Steward. Ms. Maloney will play an integral role in the organization's efforts to control invasive plants on its properties and to maintain hiking trails for public use.

SVT is a nonprofit land trust that protects natural areas and farmland in the region around the Sudbury, Assabet, and Concord Rivers. The organization, which has 2,900 members, has helped to protect more than 8,500 acres of land since its founding in 1953, and it has a goal of protecting 12,000 more by 2050.

A native of New Jersey who now lives in Watertown, Ms. Maloney holds a bachelor's degree in environmental science from Saint Michael's College in Colchester, Vermont. She has previously worked for the Appalachian Mountain Club in Boston, where her responsibilities included managing volunteers who maintain hiking trails, and for the Umpqua Watersheds in Roseburg, Oregon, where she worked on conservation-themed educational programs for children and families.

"We are delighted to welcome Jane to the SVT staff," said Laura Mattei, SVT Director of Stewardship. "Her extensive experience in trail work and man-





aging volunteers along with her knowledge of biology and natural history make her a valuable addition to our team."

Added Ms. Maloney, "I'm excited to join the dedicated team of staff and volunteers at SVT. I'm very much looking forward to working with everyone to protect all the beautiful and ecologically significant properties that SVT manages."

At SVT, Ms. Maloney will work with the dozens of volunteers who help the organization care for its lands. To improve the ecological conditions of local conservation lands, she will recruit and train groups of volunteers to remove non-native invasive plants such as glossy buckthorn from SVT properties. In addition, she will work with volunteer preserve stewards to maintain the 65 miles of hiking trails that SVT manages for public enjoyment.

Lisa Vernegaard, SVT Executive Director, explained, "In the past five years alone, SVT has conserved more than 1,100 acres on 27 properties, bringing the number of properties under our care to 187. We are thrilled with this success, but it has greatly increased the workload for our Stewardship staff, who are responsible for the care of these important lands. Thanks to the generous financial support of our members, we were able to hire Jane so we can continue to take first-class care of our properties."

Ms. Maloney will be based out of SVT's headquarters in Sudbury.

## **Coffee Donation To Fire Department**

Pictured is Michael Shain president and founder of Thanks To Yanks, a local charity that serves our military families and first responders. Recently Thanks To Yanks donated Red Bard coffee to the Medway Fire department as a way of showing support and saying thank you, for all that you do to keep us safe. For more information on Thanks To Yanks, visit them on Facebook.















MuffinHouseCafe@gmail.com

# Learn About Youth Mental Health: Free Virtual Workshops, January 12

By Cynthia Whitty

Youth mental health has been on everyone's mind lately. As a community, Ashland has prioritized youth well-being and provided opportunities both in and out of school to promote student mental health and wellness. However, the past two years have challenged all of us to enhance our understanding of mental health, particularly as it pertains to young people. We know that when young people experience positive mental health it can

help support academic learning, social connections, and healthy decision-making.

We can begin our understanding of mental health and how to achieve and support mental health through mental health literacy. But what does that mean?

To help us answer this question, Ashland's Decisions at Every Turn (DAET) and the Ashland Public Schools (APS) are partnering with Mental Health Collaborative (MHC), a non-profit mental health education and awareness organization

based in Hopkinton.

"We teach all types of literacy in schools, but we don't tend to teach mental health literacy," Abbie Rosenberg, Mental Health Collaborative Executive Director, said. "Everyone needs and deserves to be mental health literate, and that is what we hope to achieve with these trainings and our school curriculum."

The public is invited to learn when, where, and how to get mental health help and support for our kids and teens at one of two virtual workshops on Wednesday, Jan. 12: 9 a.m. to 10:45 a.m. or 6:30 p.m. to 8:15 p.m. Register online at www. mentalhealthcollaborative.org/ashlandparents.

Participants will explore mental health literacy through an educational presentation on the importance of self-care; reducing stigma; recognizing the dif-



ference between mental health and mental illness; distinguishing between stress, anxiety and depression; coping strategies; and accessing local resources.

"We are grateful for the opportunity to partner with Mental Health Collaborative and their amazing clinical team to share their expertise and strategies for supporting kids of all ages," Kristin French, DAET Director, said. "I encourage every adult to join us."





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## Disney destinations - What's new in 2022?

If you are contemplating a vacation this year, and are looking for that Disney world class customer service with or without the theme parks - you have many options!

To help you decide on the best Disney destination for your family, I wanted to share some of what's NEW in 2022!

Both Walt Disney World and Disneyland saw the addition of Genie, Genie+ and the Lightning Lane at the end of 2021 and all will continue in 2022! Lightning Lane allows you to skip the regular stand by line and is only accessible by booking a return time via Genie+ AND/OR by purchasing an Individual Lightning Lane return time. Disney's Genie+ is a ticket upgrade that gives you the ability to choose the next available time to arrive at a select number of attractions using the Lightning Lane entrance, as well as additional fun enhancements. Disney's Genie is a FREE addition to both mobile apps. After answering a few questions about what you want to see and do in the park of your choice, Disney Genie "creates your best Disney day."

Star Wars Galactic Starcruiser - Opening March 1, 2022 at Walt Disney World Resort, the

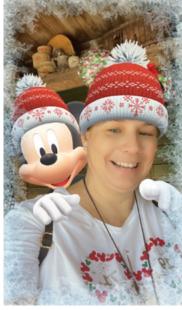
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# Business sp⊗tlight

new "Star Wars Hotel" is a revolutionary new experience described as "part live immersive theater, part themed environment, part culinary extravaganza, part real-life role-playing game". Included in the cost of this experience is a 2-night stay in a well-appointed cabin or suite, meals, valet parking and entry to Disney's Hollywood Studios for your planetary excursion to Batuu. This would be a great add-on to a Walt Disney World stay OR a vacation all in itself!

Guardians of the Galaxy: Cosmic Rewind - This thrilling new family-friendly coaster is scheduled to open in the summer of 2022 in Walt Disney World's Epcot and will be one of the longest, fully enclosed coasters in the world. Though currently still under construction, this ride was originally slated to open in 2021, but was delayed due to the pandemic.



One of the photo filters included with Genie+ at Walt Disney World

The Wish will be taking its inaugural sailing in June of 2022! The newest Disney Cruise Line ship will offer all the same innovative experiences you expect from Disney - including a Frozenthemed theatrical dining experience, a kids club area that will allow your superheros to train alongside some of their favorite Marvel characters, and the Aquamouse - the first ever Disney attraction at sea! The Wish is available to book through May of 2023!



Marvel Super Hero Academy aboard The Wish (artists rendering)

 ${\rm In}\ 2022$  Adventures by Disney is returning to more than two dozen destinations around the world, now on all SEVEN continents, with the addition of Antarctica and Patagonia and Galapagos Islands Expedition Cruises! Families will relax and play together aboard an intimate ship as a team of Adventure Guides lead engaging programming for adults and Junior Adventurers alike. Special presentations by naturalists will further immerse travelers in the stories of the ecosystems around them, and on select sailings, Disney animal and photography experts will host conversations and hands-on workshops about wildlife, conservation and travel photography. These curated,

John's

authentic itineraries are geared towards families with children older than 4, providing hasslefree travel and VIP experiences all with the world-class service you expect from Disney.

With so many changes there's no better time to use me to help you book your next Disney destination vacation! My planning services cost you nothing extra and with most Disney vacation packages having a refundable deposit - it's never too early to book! Contact me today meghan@ TinksMagicalVacations.com or 1-833-88Tinks x700

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He will then be returning to his practice location at 969 Main Street, Suite 205 in Millis.

Please call **617-831-7316** to schedule an appointment.

He is currently welcoming both new and returning patients to his practice.

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# The b.LUXE **beauty beat**

## New Year • New You 2022 Giveaway!

By GINA WOELFEL

Different cultures from around the world welcome the change of the calendar with unique traditions all their own.

In Spain, it's customary to eat 12 grapes at midnight, one for each stroke of the clock. Each grape represents a wish of good luck for the coming months of the year.

In Denmark, plates and glasses are thrown at the front doors of close family and friends to banish bad spirits away.

In Scotland, the first person to cross the threshold of a home in the New Year should carry a gift for good luck.

And in Ireland, there's a beautiful tradition of opening the back door to the house just before midnight to "let the Old Year out" and opening the front door to "let the New Year in".

As many of you know, b.LUXE owner Heather Cohen is a true New Year's baby and was the first child born in Boston on January 1st, 1976!

"I love to travel somewhere warm and tranquil for my birthday. I don't go out or do much while I'm there, it's really my time to reflect, reset and look ahead. I love to read on the beach and watch the crystal blue waves crash over the sand. If I'm carrying any tension or stress from the previous year, I let it all go. I give everything I have to my business and love working with my team, but every once in a while, I need to take some personal time to regroup and set new goals. This time away let's me reboot and return filled with inspiration and a renewed sense of excitement for the coming year." - Heather Cohen

2021 was a remarkable year for b.LUXE. We achieved so many of our personal goals and worked collaboratively to push the studio to the top of the beauty industry! It's time to celebrate and start our own New Year's tradition with you!

In lieu of throwing plates at your front door, we've come up with a wonderful way to ring in the New Year and usher in a fantastic 2022!

How does a HUGE giveaway valued at \$1000 sound? Pretty amazing, right?

Let's celebrate Heather's birthday together!

NEWYear/NEWYou

2022 Giveaway

We're so excited to share this AMAZING giveaway with all of you!

Here's to the year ahead - our brightest one yet and may we always be grateful for the past, find joy in the present, and remain excited for the future.

Let's "kick open the door" to 2022 together!



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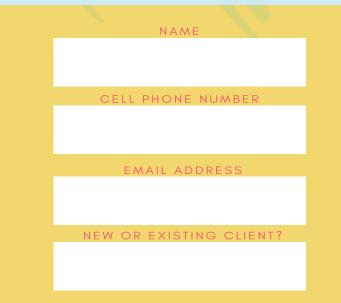




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# Sports

## **New Holliston Hockey Coach Aims For Smooth Transition**

## Bedard Was Player, Assistant For Panthers

By KEN HAMWEY Staff Sports Writer

Derek Bedard graduated from Holliston High seven years ago in 2015 and now, at age 25, he's the school's varsity hockey coach.

Bedard may be young but he's got a good hockey pedigree. And, his family's hockey roots at Holliston run deep at.

Bedard played defense for four varsity seasons for the Panthers and was captain his senior year. Competing at 5-9 and 170 pounds, he averaged 20 points (goals and assists) during his final three campaigns. And, as a sophomore and senior, he was a prime contributor in helping the Panthers qualify for two tournament berths. His father (Mike) and his brother (Jason) both played hockey for Holliston.

"My father graduated in 1982 and my brother graduated in 2011," Bedard said. "All three of us played defense and we all wore No. 2. I graduated in 2015 and went to Merrimack College but was unable to play hockey because of knee and shoulder injuries I suffered in high school. I got my degree in business administration and graduated Summa Cum Laude in 2019."

Before taking the head-coaching reins last October, Bedard was an assistant at Holliston for three years, working for Dan Geary and Mike Dutcher. Now he's at the helm and he's set some specific goals.

"We want to stress one game at a time and that our players improve daily," Bedard said. "If we do those things, then hopefully we'll have a winning record. I also want us to be competitive in the Tri Valley League Large Division and be the hardestworking team in the area. As far as a tourney berth goes, we're focused on the present, not looking too far ahead."

A native of Holliston, Bedard is the Panthers' third coach in three years but athletic director Matt Baker is confident he'll be a good fit.

"Derek has a great opportunity to lead the program," said Baker. "He knows most of the kids so with the familiarity it should be a seamless transition. He'll work tirelessly to give the kids a positive experience and build a program the community can be proud of."

Bedard, who works in marketing for Tech Target, isn't worried about a difficult transition. "Dan, Mike and I were all on the coaching staff together," he said. "The kids know me and they know what to expect. Coaching turnover can be difficult but I'm not new to them."

Bedard's style will depend on his personnel and he no doubt will be flexible. "We hope to be a defensive-minded team," he said. "But, if we've got goal scorers, then we'll aim for an offensive identity."



Derek Bedard is Holliston's third hockey coach in the last three years.

The Panthers, who were 2-6 last year, have a decent mix of veterans and youth, giving Bedard optimism about his squad's overall strengths. "We've got experience and depth," he offered. "Our players have a high hockey IQ, their skating ability is strong and their work ethic is excellent."

Bedard's captains will give the Panthers an all-around look. Seniors Mitch Saponaro and Julian Payne are defensemen who lead by example and have a variety of assets.

"Mitch is a defensive defenseman," Bedard said. "He's a three-year varsity player who sees the defensive zone well. He's got a high hockey IQ and excellent quickness. Julian is an offensive defenseman. He's also got a high hockey IQ. His work ethic is strong, he moves the puck well and has a scoring mind."

Holliston's other two captains are senior forwards. Trevor Fanara can play either center or wing and senior Rocco Mas-



Holliston's hockey captains are, from left, Julian Payne, Trevor Fanara, Mitch Sapanaro, and Rocco Mastrangelo

trangelo likely will see time at wing. "Trevor worked hard in the off-season and will get more ice time," Bedard said. "He'll help our play-making up front and he's not afraid of going into the corners. He'll get opportunities to score and get some assists. Rocco is a good locker-room guy who works hard. He's improved, has a good shot and is a powerful skater."

Senior Caden Gallagher and sophomore James Givens provide more depth on defense.

"Caden has improved greatly from last year," Bedard said. "A physical player, he's got good technical skills and should be a top-four defenseman. James got a lot of ice time last year and he also gives us a physical presence. A smart skater, he's got an effective shot and I expect him to build on last year's efforts."

Three junior forwards will give the Panthers versatility on offense. They include center Nick Larche, winger Rhys Duncan, and wing-center Jonah Feldman.

"We need Nick's scoring ability," Bedard said. "He was injured most of last year but he's got a lot of desire and drive. A smart player, he can pass and

his wrist shot is good. Rhys is a hard-hat, lunch-pail guy. He has no fear going into the corners. Always giving 100 percent on every shift, he's got a solid wrist shot. Jonah is versatile, able to score and sturdy on his feet. He's a powerful skater who has a powerful shot."

Sophomore George Gabriel has experience at center. "George can be a top-notch forward," Bedard said. "He displayed good scoring ability as a freshman. He's smart, quick and shifty and his wrist shot and snap shot are very good."

Freshman Collin Logan will handle the goaltending chores. "Collin played on select teams and looks promising," Bedard said. "I hope he'll continue to develop and sharpen his skills and that he'll become a formidable goalie during the next four years."

Bedard's varsity assistant is Mike Donovan who played hockey at Holliston with Bedard. Donovan will work with the defense



**TRANSITION** 

#### **TRANSITION**

continued from page 12

Bedard's athletic philosophy combines winning, reaching one's potential and having fun competing. "Winning is important and if our players are realizing their potential, then we can win," he emphasized. "And, if we're winning, then they'll be enjoying their time on ice."

Life lessons learned in athletics that Bedard hopes his players will embrace are being accountable, communicative and having a

strong work ethic. "Accountability leads to being responsible," he noted. "Communication is necessary on the ice and it'll help in one's future job. A strong work ethic, or going the extra mile, will always be a plus, especially in the workplace."

The Panthers know their new coach will be demanding but fair. And, they know team chemistry will be a key to their future. "We'll need contributions from everyone," Bedard said. "Our team won't be about having oneor-two star players."



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The Knights of Columbus free-throw competition is an annual event sponsored by the Ashland/Hopkinton Council (Bishop Rice council #4822) The event is open to all boys and girls aged 9 to 14 in the local communities. Trophies will be presented to first and second place winners and a medal is awarded to the third-place winner in each age category. First place winners advance to the district finals. The event brings the youth of the community together for a friendly competition and all can participate regardless of disabili-

Since 1972, The Knights of Columbus have sponsored a basketball free-throw competition





for boys and girls between the ages of 9 and 14. The Knights of Columbus, founded in 1882, is an Organization of Roman Catholic men whose charter is to support both their parishes and communities. Based upon the founding principles of charity, unity, fraternity, and patriotism, the Knights of Columbus pro-



vide numerous services to their local communities. The Bishop Rice Council #4822 conducts numerous charity events in support of the parishes of St.John the Evangelist in Hopkinton and Saint Cecilia's in Ashland.

For more information please contact: Joe Altman, 508-380-0163. joealtman@verizon.net.



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Date	Holliston	<b>Amount</b>
12/17/2021	31 Arch Street	\$200,000
12/17/2021	164 North Mill Street	\$1.02 mil
12/15/2021	34 Piedmont Drive	\$610,000
12/15/2021	6 Skyview Terrace	\$675,000
12/15/2021	70 Dalton Road	\$620,000
12/14/2021	125 Fairview Street	\$875,000
12/13/2021	24 Travis Road	\$375,000
12/13/2021	20 Appleyard Lane	\$557,000
12/13/2021	73 Maple Street	\$415,000
12/09/2021	125 Marilyn Street	\$630,000
12/09/2021	48 Chamberlain Street	\$420,000
12/08/2021	58 Front Street	\$442,500
12/08/2021	258 Hanlon Road	\$552,900
12/03/2021	45 Wingate Road	\$540,000
12/03/2021	128 Willowgate Rise	\$625,000
11/30/202`	133 Chamberlain Street	\$450,000
11/29/2021	667 Highland Street	\$1.59 mil
11/24/2021	122 Jennings Road	\$535,000
11/24/2021	33 Winston Road	\$1.14 mil
11/23/2021	138 Cheryl Lane	\$530,000
11/23/2021	95 Woodland Street	\$417,500
11/22/2021	169 Union Street	\$332,000
11/19/2021	164 Prentice Street #2	\$200,000
11/18/2021	94 Union Street	\$500,000

Source: www.zillow.com / Compiled by Local Town Pages



667 Highland Street in Holliston recently sold for \$1.59 million. Image credit: www.zillow.com



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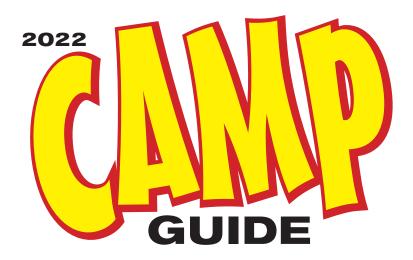
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