

Observance of Holi this month will bring some color to the town

By SEAN SULLIVAN

A central feature of the festival is the colors that are cast about with abandon. The pigments are powdered, and so adhere to skin and clothing, creating a moveable feast for the eyes. Known also as the “festival of colors,” the Hindu tradition celebrates the arrival of spring, and has been observed in India since about the 4th century.

Swati Dave (pronounced dah-vee) works with the Natick Cultural Center District (NCCD), serving as director on its board. She is a Natick resident, who grew up participating in the rituals of Holi (pronounced holy) in the land where the tradition originated. Dave lived in the west-central city of Mumbai before moving to the U.S. in 2005, and brings that cultural context to Natick’s Holi celebrations.

“There are a couple of stories around Holi,” said Dave. India’s ancient history and rich religious tradition have produced legends that have lasted



centuries. And the narrative color of some of those stories is reflected in the hues and rituals of Holi.

“It’s a pretty, pretty old tradition,” she said.

The event will be held on Saturday afternoon, May 21st, from 2:00-4:00. The rain date will be at the same time the following day. Natick’s first Holi

celebration was held in 2018, and this year will mark the third such event in the town.

Traditionally, the colors that decorate Holi revelers were derived from natural sources. Many of those recipes involve the boiling of flowers and veg-

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Natick Resident Reflects on Home Country of Ukraine



By SEAN SULLIVAN

Even for less-than-casual consumers of news, regular reports of Russia’s recent invasion of Ukraine have been hard to miss. Headlines of the event have emblazoned front-pages

in print for weeks, been featured on the feeds of so many social-media platforms.

For some, the humanitarian

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etables to extract vivid pigments. Red may represent love and fertility, and blue a way to honor the Hindu god Krishna. Yellow is sometimes derived from turmeric, the Indian spice valued for its health benefits. Apropos of springtime, green serves as a symbol of new beginnings.

But everything old being new again, volunteers hosting the festival have sourced their pigmented powders from online retailers. Those colors are derived from more modern recipes, featuring cornstarch as a base and the same pigments used to add color to candy.

“It can be any way you want to celebrate,” said Dave.

Natick resident Shriya Joag is also a native of India, and will be working to bring some authenticity and education to the town’s version of Holi. She spoke of some of the main themes associated with the tradition.

“There’s a lot of context to this,” she said, highlighting the festival’s theme of the triumph of good over evil. “The agrarian community hopes for a good har-

vest,” she added. She is chair of the Natick Cultural Council, and was contacted by Athena Pandolf, executive director of the NCCD. The two sister organizations often partner to host cultural events in the town.

Born in India’s mid-western city of Pune, Joag lived in the Middle East for a time, before moving to the U.S. She recalls the festival of Holi being celebrated in the country of her birth. The festival of colors is one of the most popular events on the Hindu calendar - it’s a national holiday in India - though features of the festival can vary throughout the subcontinent. The celebration there can last days, said Joag, and is sometimes precipitated by a bonfire



the night before its colors start to fly.

“A lot of folks partake in it,” said Joag. “It’s not just for Hindus.”

Brown School Assistant Principal Leaving For Ashland Schools

The Natick Public Schools are losing English Language Learner teacher and Brown Elementary School Assistant Principal Christy Arnold.

Come July 1, Arnold will be employed by the Ashland Public Schools.

She will serve as the district’s first director of English language learner programs.

“This has been a long time coming, and we are excited to have someone like Ms. Arnold help us lead the way. Not only does she have the education and experience, but she is also connected to our community as an Ashland parent and resident,” said Superintendent Jim Adams.

Arnold is an equity-focused leader with previous experience in urban and suburban school districts. Currently, she serves as



an English language education coordinator and assistant principal for Natick Public Schools.

Arnold has a Master of Education from Lesley University and a Bachelor of Arts in Psychology from Hampton University.

She is presently completing a superintendent internship through the Influence 100 Fellows Program.

“I believe every student deserves compassion, support and a plan, and I’m grateful for this role where I’ll be able to dedicate my time exclusively to advocating for ELL students in policy and practice,” said Arnold.

The new director of English language learner programs will begin July 1 and will report to the superintendent.

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crisis precipitated by the invasion has been a call to action. They've launched or donated to relief efforts in Ukraine, have leaned in to pay closer attention to coverage of the country. For others, following the news unfolding in Ukraine is an imperative.

"It's hard to believe this is going on in Ukraine," said Lyudmyla Gavrylyak-Machado.

She is a Natick resident and native of the country that has so dominated the news during the past several weeks. For Gavrylyak-Machado and so many of her fellow eastern-European expats, standard news of the war has been supplemented by text messages and emails from family and friends facing danger and displacement first-hand.

"I'm alive," would sometimes be the extent of such an update.

Gavrylyak-Machado's aunt remained in the country as the fighting began, hosting refugees in her home in Halych, a city in western Ukraine. That place has remained far afield of the devastation sustained by east-

ern Ukraine, where so many non-combatants have fled to escape the war.

"They had to keep moving from one place to another," said Gavrylyak-Machado.

The refugees hosted by her aunt were a family of three - a grandmother, daughter and her 8-year-old son. They had reportedly fled from Mariupol, the south-eastern city that has been the focus of much fighting and media attention. Spring weather in Ukraine can mirror that of New England, with bouts of cold surfacing now and then along a warming trend.

Gavrylyak-Machado came to the U.S. from Ukraine as a student in 2007 as part of an educational summer program. She stayed, earning her nursing degree at Regis College. She met Carlos Machado not long after, gaining a husband and her hyphenated last name.

"I turned 21 here," she said.

Her parents received their green cards soon after, and came to live with the family in the U.S. She has a sister who lives in California, and their grandmother still resides in Ukraine.

Gavrylyak-Machado's own daughter is a toddler who toggles



between English and Ukrainian when she speaks. Coming in from New England cold these past few months, her parents would pull off her winter cap, uncorking a puff of hair rendered unruly by static electricity.

September of last year, her mother brought the young girl to Ukraine to visit her great grandmother. That was a world and country much changed during the months since. Gavrylyak-Machado recalls seaside visits to south-eastern Ukraine when she lived there years ago. Now, the sounds of the sea are sometimes drowned out by air-raid alarms.

"Ukraine is a really beautiful country. It's really heartbreaking

what's going on there right now."

"She had a good time," she said of her trip there last year with her daughter. "I really want her to know Ukrainian traditions, because that's how I grew up." She had planned for them to visit again this summer, a trip that will likely be postponed until some semblance of peace is restored.

"Hopefully, it's going to be over soon," she said.

She recalled a country that resembled Europe in its leanings toward the west, while in the east it retained more so its Russian character. Now, those eastern-Ukrainian neighbors flee westward as the fighting further intensifies.

"Who suffers and who has to fight?" she said. "It's civilian people."

To have gained citizenship in a new country, established a life there, is often to belong to a small and far-flung adopted family. But bearing distant witness to the invasion and destruction of that native land - such a thing unites that tribe in tragedy as well.

Gavrylyak-Machado has a friend who lives in Belmont, a Ukrainian expat also, whom she stays in touch with. It's a rare source of comfort and commiseration to talk with a person who is feeling the same things, someone who understands.

The outpouring of relief efforts aimed at alleviating the humanitarian crisis in Ukraine has been a small bright spot amid the dark headlines and images flowing out of the country. Blue and yellow flags have become ubiquitous as a symbol of support, as has been the fundraising on behalf of Ukraine.

"My heart was smiling and crying at the same time," said Gavrylyak-Machado. "We never had so much support for Ukraine before."

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Natick Police Lt. Cara Rossi Named As One Of Two Finalists For New Ashland Police Chief

Candidates currently going through background check

BY THERESA KNAPP

The Town of Ashland had narrowed its search to two final candidates as Ashland Town News was going to press. The candidates include Lieutenant Cara Rossi who has been with the Natick Police Department for 28 years, and Chief Samuel Santiago who has been with the Shirley Police Department for nearly 20 years, the last five as Chief.

Ashland's former Police Chief Vincent Alfano retired in July 2021. Since that time, Acting Chief Richard Briggs has filled the acting role but has decided not to pursue the permanent position.

Town Manager Michael Herbert conducted the interviews of the two finalists in person on March 31. The following week, he told the Ashland Select Board

the two emerged as finalists after a "very thorough process which included public surveys, departmental surveys, and focus groups to help develop a candidate profile and job description."

Herbert said the town received 14 applications for the position. Candidates who met the minimal qualifications proceeded to an independent screening committee. During the screening process, three candidates withdrew their applications. The committee advanced Rossi and Santiago to the town manager for a public interview and his final decision.

"I thought both candidates presented themselves very, very well; two very, very strong candidates," Herbert told the Select Board at its April 6 meeting. "I applaud the screening committee for what they put forward."

At that time, Herbert said the town was conducting a "background investigation" on both candidates before making a decision. As of press time, Herbert was scheduled to give an additional update to the Select Board after Ashland Town News went to press.

Cara Rossi, Lieutenant/Operations Commander with Natick Police Department

During her interview, Rossi said she has lived in Ashland for more than 40 years, is a 1988 graduate of Ashland High School, and has raised her two children in town.

Rossi has been with the Natick Police Department for 28 years, the last 11 years as Lieutenant -- the last step before Chief, in Natick's department structure. She detailed her work with community policing, a jail diversion program, the opioid epidemic, homelessness, the Racial Equity Municipal Action Plan, and school resource officers.

Rossi holds a Bachelor's from the University of Massachusetts Lowell in Criminal Justice and a Master's in Criminal Justice from Anna Maria College. She recently graduated from the FBI National Academy where she spent three months studying in Quantico.

She said she has an open door policy and likes to lead by example. She said two-way communication, relationship building, and



Lieutenant Cara Rossi is one of two finalists for the position of Ashland Police Chief. Rossi has been with the Natick Police Department for 28 years. Source: Ashland Cable Access Television.

mutual trust are important to a successful leader.

"This is the only police chief job that I've ever applied to," Rossi said at the end of the interview. "I really feel like there's something telling me it's time to come home and lead my hometown police department, so I would love that opportunity."

Samuel Santiago, Police Chief with Shirley Police Department

During his interview, Santiago said he grew up in Worcester where he still lives and has

raised his two children.

Santiago started his law enforcement career as a federal police officer with the Department of Defense Police Department in Devens. He joined the Shirley Police Department in 2003 and became Chief in 2017. He said his current experience as police chief has prepared him for this job.

He said has an open-door policy, and that his leadership style is situational and participatory. He stressed the importance

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After two long years of waiting, I finally had the opportunity to go to Paris. It did not disappoint. Having the freedom to travel again and go places, also brings the responsibility to make sure our legal affairs are in order. So that you too can go off and enjoy your time away from home, let's make sure you can have peace of mind knowing that you've got everything orderly in case something should unexpectedly happen.

The Legal Documents You Need If You Should Become Incapacitated: If you should ever become incapacitated, it is critical to have a Power

something for you if you are unable to do so. It is also essential to have a Health Care Proxy in place so that the person you want to make medical decisions for you, if you can't, is legally authorized to do so. If you don't have these documents in place, and something happens to you, your loved ones may need to go to court so that they can act on your behalf. Having to go to court is costly, time-consuming and very stressful for those who need to take care of you. *That cost, time and stress can be completely avoided by getting a Power of Attorney and Health Care Proxy in place now while you are still able to do it.*

The Legal Documents You Need When You Have Young Children: At the very minimum, in addition to the above documents, if you have minor children, it is essential to get a Will in place and name a guardian who will care for your child if you can't. It is not unusual to hear from a client that it took them a long time to come and see us because they just couldn't decide who they wanted as guardian for their children if they died. Although making this decision is a hard one, if you are having trouble deciding, just imagine what it would be like for a court to decide. Sometimes a decision (especially one that you can change) is better than no decision. An estate planning attorney can help you through your decision-making process and help you get an appropriate Will done so that your children will be taken care of.

The Legal Documents You Need Done NOW In Order to Be Prepared for the Future: None of us like to think about dying, but not thinking about having the appropriate legal documents in place prior to something happening, no matter how unexpected it is, will just leave a mess for your loved ones. In addition to having a Power of Attorney and Health Care Proxy (see above), you should have a Will even if you do not



have young children so that you can say what you want to have happen and not leave it up to the state to decide it for you. A Revocable or Irrevocable Trust may also be important. A Trust can help avoid probate, minimize taxes, potentially give you asset protection, and make sure those who you want to benefit are taken care of in the way *you* want.

You've Got Legal Estate Planning Documents, But They Are Old: You may say, 'well, I already have these legal documents.' That's great, but do they still make sense for you?

Estate planning documents need to be updated over time. If your documents are over 5 years old, you should have them reviewed by an estate planning attorney to make sure they still work for you and, if they don't, get them updated.

Now, go ahead and schedule that trip. However, also give us a call at 508-202-1818 so that you can get the above done now and then enjoy whatever you do and wherever you go.

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MetroWest Visitors Bureau

MetroWest Visitors Bureau Awarded Tourism Recovery Grant

The MetroWest Visitors Bureau (MWVB) announced today that they have been awarded \$99,000 by the Massachusetts Office of Travel and Tourism (MOTT) as part of the Travel and Tourism Recovery Grant Program. This grant award will help fund the MWVB's new "We Are MetroWest" campaign, designed to highlight the diversity of MetroWest, as well as the following projects by their collaborative partners:

- Natick Cultural District's Natick Nights, Holi Festival, and Multicultural Day marketing

The Bureau's executive director Erin Lynch says "MetroWest is an incredibly vibrant region, with a variety of cultural experiences to offer its residents

and visitors. This award is exciting because it celebrates so many aspects of who we are as a welcoming and inviting destination."

Part of the "We Are MetroWest" campaign will include a public TV series with episodes highlighting the diversity of MetroWest and its many ethnic and cultural communities and festivals. Episodes will air throughout MetroWest and on the MWVB's YouTube channel. A new section of the website will be created to promote all "We Are MetroWest" events and activities. Sign up to receive updates here: <https://www.metrowestvisitors.org/#newsletter>

The MetroWest Visitors Bureau promotes travel and tourism throughout the 19 towns of the MetroWest region: Ashland, Bellingham, Framingham, Franklin, Holliston, Hopedale, Hopkinton, Hudson, Marlborough, Medway, Millis, Natick, Northborough, Sherborn, Southborough, Sudbury, Wayland, and Westborough. For more information, please visit the MWVB website at www.metrowestvisitors.org.

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Your Money, Your Independence

Teaching Kids about Savings and Investing

Momma, can I take the \$40 from grandma and grandpa to the Dollar Store?

Dada, how much does a dog cost?

Yes, a third grader and kindergarten can be curious and money conversations become more difficult as they grow older. Making kids understand how money works is a start, however financial literacy doesn't equate to understanding value or making good, responsible decisions.

A book to help create financial decisions as teaching opportunities is *The Opposite of Spoiled: Raising Kids Who Are Grounded, Generous, and Smart About Money* by Ron Lieber.

Let me share the central strategy: Allowance & Three Jars.

No allowance for chores. Lieber argues when parents tie al-

lowance to completion of chores, they make work the primary focus, not money. Kids should do chores for the same reason we do - because they need to be done. If done poorly, there are plenty of privileges we can take away.

Allowance as a teaching tool. If your child can count and ask to buy things, start an allowance. Consider 50 cents or \$1 a week per year of age, raised each year on birthdays. Your focus is to have them learn patience, strive for a goal and make decisions with defined resources.

Three jars: spend, save & give. They divide allowance into three clear jars each week: spending now, saving for later and giving to those who may need it more - an introduction to budgeting.

Now here is where I've come to differ from Lieber.

He pays an unrealistic interest rate each week (i.e. 20%) for "save jar" to help kids visibly see the power of savings and compounding. Once spent, less interest is paid, helping teach selective spending decisions and building of savings.

Thinking like an investor. I want them curious if something can be invested in, think why (or why not) it is a good investment and participate in risk/reward.

To execute, some investment firms allow buying slices of shares, up to 5 companies for \$50 total. Can be in a child's name via custodial account (beneficial capital gains rules) and viewed as a teaching tool rather than education savings since they'll be spending on their larger wants.

As a holiday gift, we started three companies they knew and

two I educated why they own it. Monthly we review values, if dividends were paid, total account value, if they want to add more and/or if there's a new company they want to invest in.

I've explained their favorite pizza shop is a small business that doesn't have shares. Also explained who makes a game they like, which they decided to take from their "save jar" to buy. It's down ~15% in a short time but I asked if the reason they bought is still true, if they want to buy more, still hold or sell.

Remember, it's about learning and making mistakes now, to benefit when they're older with their real earnings.

The opinions voiced in this material are for general information only and are not intended to provide specific advice or recommendations for any individual.



Glenn Brown

Glenn Brown is a Holliston resident and owner of PlanDynamic, LLC, www.PlanDynamic.com. Glenn is a fee-only Certified Financial Planner™ helping motivated people take control of their planning and investing, so they can balance kids, aging parents and financial independence.

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of relationship building within the department plus community building with the public through community programs like pizza or coffee with police and Public Safety Day.

Santiago said he would work on diversifying Ashland's Police Department. He would utilize his connections with the Massachusetts Latino Police Association (of which he is vice president), the National Organization of Black Law Enforcement Executives, and the Massachusetts Association of Women in Law Enforcement.



Chief Samuel Santiago is one of two finalists for the position of Ashland Police Chief. Santiago has been with the Shirley Police Department for nearly 20 years, the last five as Police Chief. Source: Ashland Cable Access Television.

Santiago holds a Bachelor's from Springfield College, a Master's degree in Public Administration from Clark University and a Master's in Criminal Justice from Anna Maria College. He is currently pursuing a Doctorate in Criminal Justice from California University of Pennsylvania.

"I'm grateful for this opportunity; what you see is what you get with me," Santiago said at the end of the interview. "I believe I'm the only Latino police chief in Middlesex County and Central Mass. and I'm very proud of that."

To see the full interviews of the final two candidates, visit <https://bit.ly/37tSBFR>

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Why Nurses Love to Work in Home Health and Hospice

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Flexible Schedule

While facility-based health-care professions come with rigid shift schedules, home health and hospice nurses have more flexibility in scheduling patient visits. At VNA Care, we provide patient care seven days a week with opportunities to work weekdays, weeknights, and weekends as well as full-time, part-time, and per diem. The variety of schedules provides nurses more flexibility for work-life balance or to continue their education.

Employment spotlight

We understand that our nurses have their own responsibilities and obligations outside of work, and providing adaptable schedules makes finding that balance easier.

Independence and Autonomy

Home health and hospice nurses work independently in coordination with their multi-disciplinary teams and clinical service manager as they care for patients. It's a challenging and rewarding field that allows nurses to practice at the top of their license. Seeing patients in the home setting enables VNA Care's clinicians to personalize care and develop strong relationships with each of their patients and their families.

Learning and Growing Opportunities

Our nurses are never alone throughout their learning process. VNA Care's nurse specialists provide their expertise to help their colleagues learn new skills such as wound care and IVs. Nurses are also supported



by their clinical service manager and collaborate with other members of the team (such as rehab therapists, social workers, etc.) to provide the best possible patient care.

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professionals also enjoy competitive benefits including HMO and PPO health insurance plans with a company-sponsored health reimbursement arrangement to offset deductible expenses, dental plans, vision plans, and much



more. We encourage a manageable work-life balance and incorporate additional benefits to help you outside of your careers such as pet insurance and auto and homeowners' insurance. Compensation, including signing bonuses for certain positions, is just one side of the coin – room for professional growth is a priority at VNA Care, and our career opportunities aim to provide the necessary support and resources to help you meet your personal and professional goals. Founded by Massachusetts' most established home care organizations, VNA Care Network, VNA of Boston and VNA Hospice & Palliative Care, VNA Care has built a company culture of mutual trust and support that enables clinicians to deliver exceptional care.

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Natick's Art in Bloom May 14 and 15

Sponsored by the Natick Center Cultural District, Natick Art Association and the Natick Garden Club. Generously sponsored by a grant from the Massachusetts Cultural Council.

When: May 14, 11 am - 3:30 pm and May 15, 1 pm - 3:30 pm

Where: Morse Institute Library, 14 E. Central St. Natick, MA, Lebowitz Hall, lower level



What: Natick Garden Club members will artfully design floral arrangements inspired by selected works from the Natick Art Association. These will be on display on Saturday and Sunday at the Morse Institute Library.

Live music on Saturday from local violinist Ioana Weichelt and guitarist Scott Matsumoto on Sunday and fun photo booth for the whole family.

For more information, please visit the Garden Club at <http://www.natickgardenclub.org/> or on Facebook and the NCCD at <https://www.natickcenter.org/>.

The Natick Garden Club

Our mission is to promote a positive educational environment for sharing gardening, horticultural, and conservation information and to encourage civic planting, beautification, and service in the Natick community.

Organized in 1998 by three women, the Natick Garden Club currently has about 80 members. Members represent a range of ages, genders, and gardening acumen. All have a passion to learn, share, and volunteer in service to their garden club. The NGC has evening meetings September through May at Morse Library featuring a keynote speaker, with time for socialization and NGC business at the start. September and March are non-membership meetings and for the public at large. We have deep roots in Natick although draw members from several communities and can be found around town in a variety of civic capacities throughout the year.

The Natick Center Cultural District

Natick Center Cultural District is fostered by a private-public partnership, managed by Natick Center Associates (NCA). This nonprofit organization is comprised of property owners, retail and office workers, concerned neighbors, town officials, nonprofits and corporations with a history of more than 40 years working together for downtown



revitalization. We strive to be a great example of a successful community-driven alliance dedicated to preserving the small-town feel and the big-city amenities.

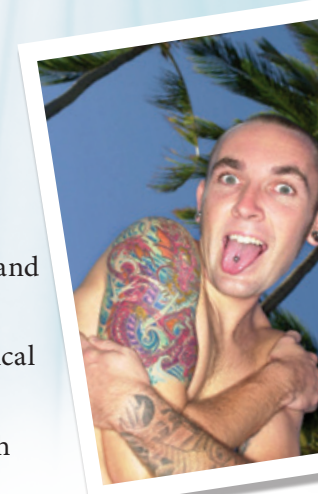
Natick Art Association

The Natick Art Association seeks to promote and encourage creative expression of fine arts to its own membership, the Natick community and beyond. The NAA is an organization of active artists and art enthusiasts who represent all branches of visual art mediums from drawing to sculpture. The NAA works together to find and support like-minded colleagues; to learn from demos, critiques and workshops; and to present our art to the public through exhibits and other opportunities.

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Town Elections Draw Almost 3300 Voters

*This year, 13.7% of Natick's registered voters turned out on March 29, for its annual town election.
March 29, 2022 Official Results*

Precinct	1	2	3	4	5	6	7	8	9	10	Total	%
Registered voters	1,681	2,398	2,375	2,347	2,378	2,299	2,629	2,561	2,524	2,847	24,039	
Ballots Cast	64	264	374	345	273	317	417	429	400	402	3,285	
% Turnout	3.8%	11.0%	15.7%	14.7%	11.5%	13.8%	15.9%	16.8%	15.8%	14.1%	13.7%	

Board of Selectmen (Three Years) - Vote for not more than 2

Kathryn M. Coughlin	37	165	232	191	160	184	249	226	214	238	1,896	57.7%
Bruce T. Evans	36	136	231	225	188	190	293	267	234	271	2,071	63.0%
Cody Jacobs	34	127	180	168	107	124	167	193	191	157	1,448	44.1%
Write-ins	1	1	2	0	0	2	0	0	0	3	9	
Blanks	20	99	103	106	91	134	125	172	161	135	1,146	
Total	128	528	748	690	546	634	834	858	800	804	6,570	

School Committee (Three Years) - Vote for not more than 3

Cathi Collins	35	133	207	173	157	167	223	153	168	237	1,653	50.3%
Henry W. Haugland	28	110	173	108	109	124	203	105	129	182	1,271	38.7%
Julie M. McDonough	29	169	282	193	159	176	259	209	214	238	1,928	58.7%
Kathleen A. Flathers	24	98	144	161	94	121	157	302	228	156	1,485	45.2%
Elise A. Gorseth	36	113	153	204	125	161	219	289	248	160	1,708	52.0%
Write-ins	0	2	2	0	0	1	2	0	0	2	9	
Blanks	40	167	161	196	175	201	188	229	213	231	1,801	
Total	192	792	1,122	1,035	819	951	1,251	1,287	1,200	1,206	9,855	

Planning Board (Five Years) - Vote for not more than 1

Douglas L. Landry	49	163	262	234	169	204	291	272	251	256	2,151	65.5%
Write-ins	0	1	1	0	0	2	1	0	0	2	7	
Blanks	15	100	111	111	104	111	125	157	149	144	1,127	34.3%
Total	64	264	374	345	273	317	417	429	400	402	3,285	

Assoc Planning Board (Two Years) - Vote for not more than 1

Christine M. Therrien	49	163	264	218	162	193	286	267	242	244	2,088	63.6%
Write-ins	0	0	0	0	1	0	0	0	0	1	1	
Blanks	15	101	110	127	110	124	131	162	158	157	1,196	
Total	64	264	374	345	273	317	417	429	400	402	3,285	

Recreation and Parks (Three Years) - Vote for not more than 2

David W. Ordway	48	161	258	220	165	207	270	272	245	249	2,095	63.8%
Jessica A. Ordway	49	163	258	220	170	197	279	269	248	253	2,106	64.1%
Write-ins	0	0	0	0	1	0	0	0	0	1	2	
Blanks	31	204	232	250	210	230	285	317	307	301	2,367	
Total	128	528	748	690	546	634	834	858	800	804	6,570	

Board of Assessors (Three Years) - Vote for not more than 1

Paul B. Griesmer	47	152	260	223	166	196	284	261	256	266	2,111	64.3%
Write-ins	0	0	0	2	0	0	0	0	0	0	2	
Blanks	17	112	114	120	107	121	133	168	144	136	1,172	
Total	64	264	374	345	273	317	417	429	400	402	3,285	

Board of Health (Three Years) - Vote for not more than 1

Donald J. Breda	45	154	253	219	166	191	285	269	241	250	2,073	63.1%
Write-ins	1	1	0	2	1	0	0	0	0	0	5	
Blanks	18	109	121	124	106	126	132	160	159	152	1,207	
Total	64	264	374	345	273	317	417	429	400	402	3,285	

Natick Housing Authority (Four Years) - Vote for not more than 1

Kimberly M. Condon	49	159	259	216	160	202	280	272	245	254	2,096	63.8%
Write-ins	0	0	0	0	0	1	0	0	0	2	3	
Blanks	15	105	115	129	113	114	137	157	155	146	1,186	
Total	64	264	374	345	273	317	417	429	400	402	3,285	

Moderator (Three Years) - Vote for not more than 1

Frank W. Foss	49	165	270	224	178	213	288	278	244	265	2,174	66.2%
Write-ins	0	1	3	1	1	6	0	0	1	2	15	
Blanks	15	98	101	120	94	98	129	151	155	135	1,096	
Total	64	264	374	345	273	317	417	429	400	402	3,285	

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ELECTION RESULTS

continued from page 12

Precinct	1	2	3	4	5	6	7	8	9	10	Total	%
Registered voters	1,681	2,398	2,375	2,347	2,378	2,299	2,629	2,561	2,524	2,847	24,039	
Ballots Cast	64	264	374	345	273	317	417	429	400	402	3,285	
% Turnout	3.8%	11.0%	15.7%	14.7%	11.5%	13.8%	15.9%	16.8%	15.8%	14.1%	13.7%	

Town Clerk (Three Years) - Vote for not more than 1

Diane B. Packer	47	171	275	237	182	209	300	282	270	281	2,254	68.6%
Write-ins	0	0	0	1	2	1	0	0	0	0	4	
Blanks	17	93	99	107	89	107	117	147	130	121	1,027	
Total	64	264	374	345	273	317	417	429	400	402	3,285	

Constable (Three Years) - Vote for not more than 6

Kevin F. Flynn	44	142	236	183	138	177	241	225	200	221	1,807	55.0%
Todd M. Gillenwater	41	132	221	178	135	153	238	214	195	204	1,711	52.1%
Joseph William Spurling	40	135	221	177	133	169	236	222	198	207	1,738	52.9%
Write-ins	0	0	2	3	5	5	4	4	5	2	30	
Blanks	259	1,175	1,564	1,529	1,227	1,398	1,783	1,909	1,802	1,778	14,424	
Total	384	1,584	2,244	2,070	1,638	1,902	2,502	2,574	2,400	2,412	19,710	

Question 1

Yes	56	226	324	293	221	266	360	365	337	254	2,702	82.3%
No	4	14	20	14	24	20	19	17	17	15	164	5.0%
Blanks	4	24	30	38	28	31	38	47	46	133	419	
Total	64	264	374	345	273	317	417	429	400	402	3,285	

A Cappella Singers Spring Concert

The A Cappella Singers, a Metro-West women's chorus, is holding its annual Spring Concert on Saturday, May 14, at 7:30 p.m. at the Fisk Memorial United Methodist Church, 106 Walnut

St., Natick. The chorus was formed over 50 years ago and is directed by George Sargeant. The program is a secular and sacred mix, including Fields of Gold (Sting), It

Don't Mean a Thing if it Ain't Got that Swing, And So it Goes (Billy Joel song), Pavane for spring (Eugene Butler), and ending with a sing-a-long. We're hoping to be able to have a reception following

the concert. Tickets are \$15 or \$12 for students and seniors, and will be available at the door.

info@theacappellasingers.org, or call Betty Hood at 781-444-5963.

For more information or to reserve tickets, go to www.theacappellasingers.org, or contact us at

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Research Consumer Center Curion Opens In Natick

Curion Holdings LLC, an award-winning, full-service product and packaging consumer insights firm is pleased to announce its new Boston metropolitan area Consumer Center in Natick. This new Consumer Center will allow Curion to expand its innovation insights within the New England area by better connecting companies and their consumers via state-of-the-art technology, research methods, and cutting-edge solutions. With newly renovated testing accommodations that can seat 28 par-

ticipants, two full-sized, fully equipped industrial kitchens, and a client lounge, the Boston Con-

sumer Center is primed to meet clients' every insight need. Natick's Consumer Center provides new opportunities for CPG and durable goods compa-

nies to run testing in a center fully tailored to their needs. Curion's Natick Consumer Center, located adjacent to the Natick Mall, opened for its inaugural taste test in January. The Center supports a variety of in-facility and take-home testing methodologies to gather information that investigates attains quantitative, qualitative, sensory and exploration understandings. Curion's core solutions include concept testing, focus groups, quantitative descriptive analysis (QDA)®, ethnographies, central

location tests, claims substantiation, and home use tests. Addi-

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Sports

Carr's Ability In Goal A Major Plus For NHS Lacrosse Team

By KEN HAMWEY
STAFF SPORTS WRITER

Before the start of the 2022 season, James Carr was a goalie on Natick High's varsity lacrosse team for three years. But, the only stretch that was significant was last year when he helped the Redhawks go unbeaten in the Bay State Conference's regular season (14-0) and led them into the Sectional semifinals where they bowed to Boston College High.

As a freshman, the Natick native played for the junior-varsity team and was the back-up net-minder on the varsity. His sophomore campaign was wiped out when state officials canceled all spring sports because of the pandemic. When 2021 arrived, the 5-foot-11, 175-pounder was eager to get started, and he was dynamic, posting a 5.5 goals-against average and registering a 2-1 record in the playoffs.

As his final season continues to unfold, Carr has helped the Redhawks post a 4-0 record at Local Town Pages deadline and his goals-against average was 2.33 in three games. Coach Nate Kittler has high praise for the 18-year-old who'll be playing next spring on scholarship for Division 1 Bryant University. His scholarship was awarded for athletics and academics (3.7 GPA and a two-time National Honor Society student).

"James is the key to our defense," Kittler said. "He's our quarterback. He's athletic, smart, instinctive and resilient. When something negative happens, like an opponent scoring on him, he's able to shake it off and be ready for the next challenge."

Carr, who was a two-time all-star as a junior, is a captain now but he's very familiar with what it takes to be a leader. He also was a captain in hockey. He played defense and scored five goals and had 10 assists for the Redhawks.

When the lacrosse season ends, it will also end Carr's time as a Natick High athlete.

"My goals are for us to make a deeper run in the tourney and battle for a state championship," he emphasized. "And, I'd also like to win the BSC's regular-season title. Another objective is for the team to keep improving in practice and in games."

Carr, who's played club lacrosse for six years, showed how much his game improved last year when the Redhawks hosted Needham in their first meeting. "We won, 9-5, before a packed crowd," he recalled. "I had the most saves (22) of any game I've played. That game helped my confidence and the squad real-

ized it had lots of potential."

Carr's style in goal and his passion for playing the position speak volumes about his talent and ability.

"I rely on basics and being technically sound but I'm aggressive when I come out to cover the ball or battle with an attacker," Carr noted. "I like being a goalie because there's satisfaction stopping a potential goal. That's a mini-matchup within the game. I also enjoy leading in that position and I don't mind dealing with pressure."



A captain and an all-star, James Carr knows how to direct the Redhawks' defense.

James Carr sparked Natick to an unbeaten 14-0 record in the Bay State Conference last year.

Carr's top thrills in lacrosse are being a captain and an all-star. His style as a captain is to lead by example, be communicative and supportive.

"When I became a captain, that was a thrill because it showed my teammates respect me and my coaches trust me as a leader," he emphasized. "Being an all-star (BSC and Eastern Mass. Coaches) is a close second."

Carr credits his coaches and teammates for his all-star recognition. Natick's other senior captains — attacker Colby LeBlanc and defender Ryan Lebrun — are highly regarded by Carr. "Colby is incredibly smart, intense in practice and games and a quality leader," Carr said. "Ryan is very athletic and shows tenacity on defense. He, too, is a great leader."

Kittler gets high marks for his coaching style. "Coach Kittler built Natick's lacrosse program," Carr offered. "He's always prepared and he's a terrific motivator. He gets the best out of his players and gets us up for big games."

Carr is acutely aware that competing in college will be different than high school. He knows what's needed for his transition to go smoothly.

"I'll be competing with teammates who were all-stars and facing opponents who were all-league in high school," he noted. "I'll need to maintain a good mental focus and I'll need to continue to elevate my work ethic."

Relying on an athletic philosophy that stresses winning, reaching one's potential and having fun, Carr says that "reaching your potential means that you're at your best." He also understands that winning leads to fun.

Carr also has learned some valuable life lessons from athletics. "I've learned to compete hard all the time, to embrace a strong work ethic, to sharpen my leadership skills and to be resilient when handling adversity," he said.

Labeling his older brothers (Ryan, John and Brendan) as role models for their help in teaching him the finer points about sports, he also admires their support and

encouragement. As for a favorite pro athlete, Carr is a fan of Michael Jordan. "His intensity and competitive desire define his success," said Carr, who started playing lacrosse as a six-year-old. As his days as a Natick High athlete head for the finish line, Carr calls the present time "bittersweet." For good reason.

"It'll be sad to move on from high school," he said. "But, I'm anticipating a new chapter in my life. I can't wait to get to Bryant (Smithfield, R.I.). I'll work hard to earn a place on the roster."

But, before Carr's collegiate career starts, he's got some unfinished business. He wants "to get Natick deep into the tourney and chase a state championship." He believes those objectives are realistic.

"We can achieve those goals," he emphasized. "We've got lots of firepower on offense and our defense has been traditionally strong."

The Redhawks also have a talented goaltender who's a team-first competitor.

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Free mental health programs in May

SPARK Kindness is offering the following mental health programs in May at no charge via Zoom.

How to Move Forward During Difficult Times – May 4 at 7 p.m. (Zoom)

For parents, caregivers, and community members. Are you, your child or someone you care for feeling stressed or stuck?

Psychologist and author Lisa Coyne, PhD, will share actionable microskills to help you tolerate the discomfort of living through challenging times, confront obstacles and difficult emotions, and move forward to live a more meaningful life. Simultaneous Spanish Language and ASL Interpretation will be provided at this event.

Learn more about this FREE online program and register at www.SPARKKindness.org

The Addiction Inoculation with Jess Lahey – May 11 at 7 p.m. (Zoom)

For parents, caregivers, and community members. Join New York Times bestselling author and educator Jessica Lahey as she

The Addiction Inoculation with Jessica Lahey

May 11, 2022 | 7-8:30 pm EST via Zoom



Join New York Times bestselling author and educator Jessica Lahey as she discusses how parents, caregivers, and educators can better understand the roots of addiction and communicate effectively with the teens in their lives.



To register for the event & learn more about the author



discusses how parents, caregivers, and educators can better understand the roots of substance use disorder and identify who is most at risk for addiction.

Learn how to approach difficult conversations around addic-

tions (illicit substances, overuse or harmful use of social media, and other injurious behaviors), why teen brains are especially at risk, and the mental health roots of these issues. All children, regardless of their genetics, are at some



SPARK Kindness presents a FREE virtual program on Wednesday, May 4th at 7pmET



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Senior Center News

MEET UP AT DAVIS MUSEUM, WELLESLEY COLLEGE

Wednesday, May 4, 2:00 pm, free. Includes highlights tour
Located in the center of Wellesley College campus, the

Davis Museum houses a permanent collection of about 11,000 objects ranges from antiquity to the present day. The artists represented in the collection include John Singleton Copley, George Inness, Paul Cézanne,

Andy Warhol and more. Parking is free and available in the Parking garage located directly off of the Route 135/Central Street entrance to the College. Masks required and proof of vaccination upon entry. We will

meet in the Lobby. LIVE MOTHER'S DAY MUSICAL CELEBRATION - IN PERSON

Thank you to our neighbors, Mary Ann Morse Healthcare, for sponsoring this event!

Friday, May 6, 11:30-12:30 pm, free, registration required, limited seats.

Come celebrate with us! Fun, upbeat music with the Rob Naticoli String Swing Band, bass/guitar/fiddle plays big band songs from the 20s, 30s and 40s. Songs you know and love to sing along with, tap your toes, get up and DANCE! A departing gift for all attendees from Mary Ann Morse. Limited seats, so register early!

SAFE DRIVING FOR OLDER ADULTS- IN PERSON

Thursday, May 12, 11:00am-noon, free

Join MASS DOT presenter, Michele Elicks for tips on how to be a better driver, looking at frequent causes of collisions for older drivers, the warning signs of unsafe driving and medical conditions or medications that may affect your driving. She'll also review obtaining a disabled plate or placard and Real ID.

MEET UP AT GARDEN IN THE WOODS, FRAMINGHAM, MA

Wednesday, May 18, 10:30am, \$5, guided tour included

Meet at 180 Hemenway Rd, Framingham, free parking on site. Size limited to 15.

Extensive trails through natural & some cultivated 45 acres of varied garden landscape, sculpted by retreating glaciers into eskers, steep-sided valleys, and a kettle pond. A shaded brook and wetlands draw a panoply of animals and insects. Here you'll find inspiration for your own garden and a new appreciation for the varied plant life of our region. Map will be provided. Please wear comfortable walking shoes, sneakers.

BASIC ESTATE PLANNING & HEALTHCARE PLANNING FOR ELDERS- IN PERSON

Monday, May 23, 1:30-2:30pm, free

Elder Law Attorney Tim Loff will look at how to protect yourself and help your loved ones help you during your "Golden Years". Topics include: Wills, Trusts, Health Care Proxies, Power of Attorney, Living Wills, Medical Privacy Forms and Burial Directives.

Will have hand-outs and Q & A.

VIRTUAL TRAVEL WITH BEYONDER- The Temple Mount in Jerusalem, Israel - ZOOM

Wednesday, May 25, 10:00-11:00am, free, registration required

Welcome to Mount Moriah! Let's visit the holiest place on earth: We will see the Western Wall from an unusual angle, Al-Aqsa mosque, the Golden Dome, and the Golden Gate (Gate of Mercy) where Jesus entered the city on multiple occasions. We will talk about the Jewish, Christian, and Muslim traditions on the mountain and see the strong connection between the three Abrahamic faiths. The zoom link will be sent the week before.

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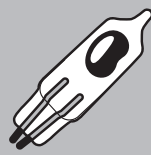
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Join Family Promise Metrowest in changing future for families facing homelessness



Family Promise Metrowest (FPM), a Natick-based nonprofit, is hosting its annual walkathon to raise awareness and funds to support families facing homelessness across the Metrowest region.

This year's 13th Annual Walk to End Homelessness will take place the weekend of May 13-15, in several Metrowest cities and towns. Families, friends, and other small groups will choose their own walk route and time over the course of this weekend-long event. Family-friendly activities are offered leading up to the weekend, including a Scavenger Hunt. This event is to help raise awareness and funds for a continuum of programs for families who are facing homelessness.

Registration is now open at www.familypromisemetrowest.org, and t-shirts and fundraising prizes including \$250 gift cards from BJ's Wholesale Club, Bose Soundlink Mini, gift cards to Burtons Grill and Marathon Sports. The registration site has more information about the event in addition to suggested walking routes.

FPM's mission is to transform the lives of families with children that are facing homelessness by mobilizing local communities to provide shelter, education, and comprehensive support. This annual walkathon raises funds for programs that support families on their path back to stability,

including a shelter program and a homelessness prevention program. Local congregations, businesses, schools, and thousands of



volunteers partner with FPM to address this issue by providing resources, guidance, and support to families as they bring themselves out of poverty and into a future filled with possibility.

"Amid all the fun and games,

this event really matters," says Sue Crossley, Executive Director. "It's one of our biggest fundraisers of the year, bringing in over 25% of our annual program budget and significantly impacting the lives of the families we serve."

This event is made possible by many generous local sponsors and Community Partners including R.W. Holmes Commercial Real Estate, The Village Bank, Herb Connolly Auto Group, Beth Israel Deaconess Hospital Needham, Needham Bank, TJX, Eastern Bank, Mathworks, Rubicon, Dunkin Northern Management, Middlesex Bank, Brookline Bank, Eastern Bank.

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Senator Rausch To Host Youth Legislative Forum

Sen. Becca Rausch (D-Needham) hosted her third Students Speak Youth Legislative Forum on Monday, April 25, from 7 - 8 PM on Zoom. This event was open to all middle and high schoolers attending school in the Senator's district.

Rausch wanted to hear from students across her district concerning the issues facing their communities to inform her legislative work. The Senator also hoped to give youth an opportunity to participate in the democratic process through

this forum, providing space to discuss current legislation on Beacon Hill and students' policy priorities.

This was the Senator's third youth legislative forum after hosting similar events back in April and November 2021. In

response to students' concerns about low levels of mental health within their school communities in her first Students Speak event, Rausch secured the state funding necessary for Samaritans, Inc. to launch Hey Sam!, a pilot text line to support youth in Massachusetts schools.

"I am thankful for the perspectives and advocacy of young people in my district," said Rausch. "This pandemic has been a difficult time for students, and now more than ever, it is critical that we as elected officials listen to the perspectives of young people. I am excited to continue learning from them and work towards legislative solutions that can support their unique needs."

This event was open to students in Attleboro, Bellingham, Dover, Franklin, Medfield, Milford, Millis, Natick, Needham, Norfolk, North Attleboro, Plainville, Sherborn, Wayland, Wellesley, and Wrentham.

Sen. Becca Rausch represents the Norfolk, Bristol and Middlesex District, comprised of Attleboro, Franklin, Millis, Natick, Needham, Norfolk, North Attleboro, Plainville, Sherborn, Wayland, Wellesley, and Wrentham. Senator Rausch serves as the Senate Chair of the Joint Committee on Environment, Natural Resources, and Agriculture and the Senate Vice Chair of the Joint Committee on State Administration and Regulatory Oversight.



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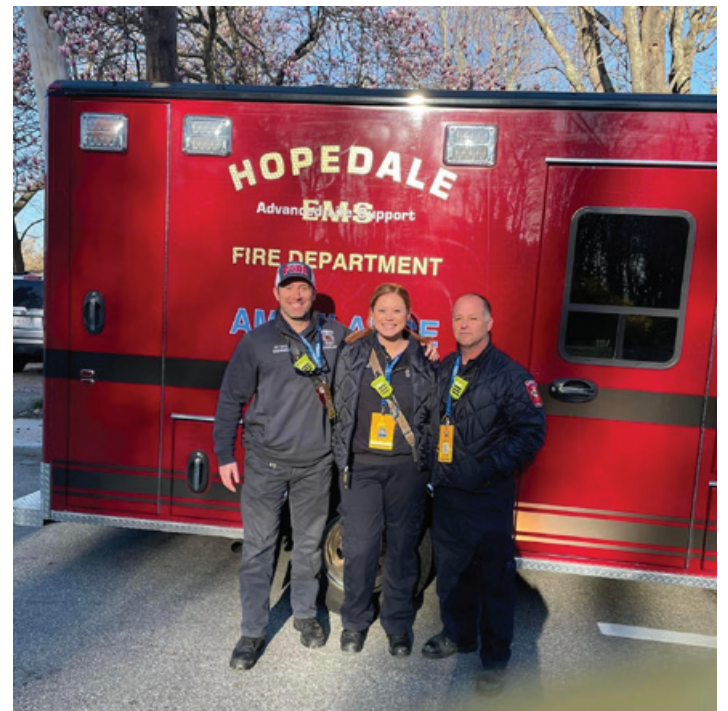


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A Marathon Effort



Hopedale A2 and C1 were in Hopkinton working the Boston Marathon on Patriots' Day, Monday, April 18. Photo courtesy of the Hopedale Fire Department Facebook page.

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Real Estate Corner

Recent Home Sales Source: www.zillow.com / Compiled by Local Town Pages

Date	Natick	Amount
4/15/2022	20 Walden Drive #13	\$370,000
4/14/2022	6 Otis Street	\$575,000
4/11/2022	1 Randall Court #1B	\$953,500
4/08/2022	10 Hopewell Farm	\$790,000
4/07/2022	10 Nouvelle Way #602S	\$675,000
4/07/2022	212 Bacon Street	\$775,000
4/07/2022	16 Wheeler Lane	\$1.15 mil
4/07/2022	13 Harwood Road	\$1.62 mil
4/06/2022	11 Bunker Lane	\$800,000
4/05/2022	41 E Central Street	\$735,000
4/04/2022	12 Sunshine Avenue	\$435,000
4/01/2022	5 Hardwick Road	\$1.40 mil
4/01/2022	19 Indian Ridge Road	\$1.10 mil
4/01/2022	12 Harrison Street	\$630,000
3/31/2022	15 Robinhood Road	\$880,000
3/31/2022	4 Stanley Street	\$1.45 mil
3/31/2022	20 N Pleasant Street	\$705,000
3/31/2022	34 E Evergreen Road	\$960,000
3/30/2022	13 Tamarack Road	\$810,000
3/30/2022	47 South Street	\$1.61 mil
3/30/2022	60 Harvard Street Ext. #1	\$525,000
3/30/2022	40 Nouvelle Way #N141	\$479,000
3/29/2022	15 Church Street #4	\$330,000
3/29/2022	12 Pitts Street	\$845,000
3/28/2022	12 Oakridge Avenue	\$650,000
3/28/2022	72 W Central Street	\$1.26 mil
3/25/2022	8 Irving Road	\$915,000
3/25/2022	10 Village Green Lane #19	\$252,500
3/25/2022	26 Harvard Street #B	\$800,000
3/24/2022	11B Garden Road	\$540,000
3/24/2022	17 Village Way #6	\$305,000
3/24/2022	2 Moccasin Path	\$1.40 mil
3/24/2022	93 E Central Street #10	\$610,000
3/23/2022	9 Edwards Road	\$1.58 mil
3/23/2022	26 Walden Drive #1	\$278,000
3/22/2022	17 Russell Circle	\$920,000

Happy Mother's day

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<p>PENDING</p>  <p>21 East Street Natick - \$649,000</p>	<p>NEW LISTING</p>  <p>100-102 Congress Street Milford - \$499,900</p>	<p>SOLD</p>  <p>51 Lincoln Street Natick - \$1,250,000</p>
<p>SOLD</p>  <p>78 Fisher Street Medway - \$699,000</p>	<p>PENDING</p>  <p>60 Forest Street Millis - \$749,900</p>	<p>PENDING</p>  <p>7B Hawthorne Village Franklin - \$429,900</p>



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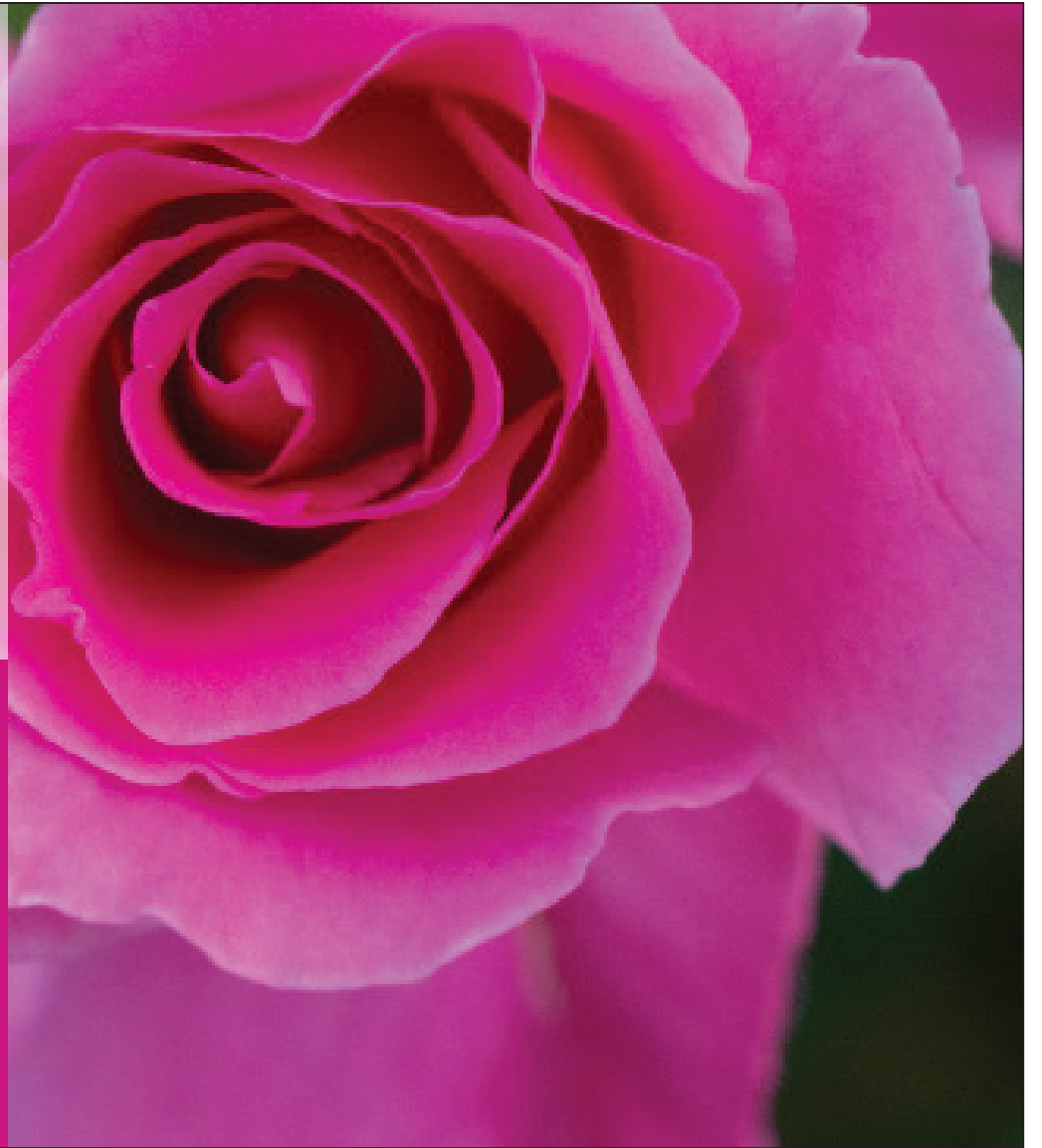
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