Medway & Millis

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June 2022

Local firefighter dies unexpectedly, GoFundMe set up to help family

Lisa Thompson of Medway dedicated her career to public service

By Theresa Knapp

A GoFundMe account has been set up for the Thompson family of Medway.

Lisa Thompson, 38, died suddenly on April 29 leaving behind two sons, Dylan, 14, and Bentley, 2, and husband Craig.

Lisa was working as a fulltime firefighter with the Southborough Fire Department, a recent accomplishment of which she was very proud, and had previously worked as a call firefighter for the towns of Medway and Sherborn. She was a longtime supporter of public service including her husband's service as a Millis Police Officer and Air Force Reservist.

Sgt. John Shearns of the Millis Police Department has known the Thompson family



Lisa Thompson of Medway was a full-time firefighter with the Southborough Fire Department, a recent accomplishment of which she was very proud. She died suddenly in April leaving behind her husband and two sons. Photo credit: Facebook/Millis Police Department

for more than 10 years.

"Craig was a police officer a while before Lisa got involved in public safety. She was a huge supporter of Craig and public safety in general," says Shearns. "About six months prior to her death, she got hired full-time for Southborough. Craig was incredibly proud of her, the

FIREFIGHTER

continued on page 2

Millis Rolling Rally



On May 13, the Millis High School Class of 2022 held its Rolling Rally through town. Pictured here are (L to R) Matt Fiala, Matt Krauss, Jess Khan, and Alex Joseph. Photo credit www.adrianaarguijophotography.com





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FIREFIGHTER

continued from page 1

kids were obviously proud."

Lisa died suddenly at home from an unknown medical issue. The GoFundMe was created to help the Thompson family meet

"We'd like to see as much help for Craig and his two kids as possible," says Shearns. "The family is definitely going to need help going forward."

For more information on the Thompson family and how to help, visit gofundme.com/f/ donations-in-loving-memory-oflisa-thompson



The Thompson family dedicated their careers to public service. Lisa was a firefighter and died suddenly on April 29 leaving behind her husband, Air Force Reservist and Millis Police Officer Craig Thompson, and their two sons Dylan, 14 and Bentley, 2. Photo credit: Facebook/ Millis Police Department

Mark Your Calendar: June 12, 2022

June 12, 2022, 12-4pm 50 Winthrop Street, Medway.

Medway Community Farm is thrilled to invite you to our annual BBQ & Cornhole Tournament!

Kick-off the start of summer with a day on the Farm. Walk the trails, visit our farm stand, and see what's growing in the fields. Enjoy the best in finger lickin' southern-style BBQ smoked on site by Tazz's BBQ, while listening to great music. New this year, we will have a beer tent with locally brewed beer available. Grab a partner and sign up to play in our corn hole tournament. The Cornhole Tournament will start at 12pm (corn hole players please arrive by 11:30 for your board assignments) and we will have great prizes.

Event/Meal Tickets

\$25/person; \$10 for kids 5-10; \$5 for children under 5. BBQ includes smoked chicken, smoked pulled pork, and 3 southern style sides. Soda/seltzer and bottled water will be available.

You must pre-register for food by June 5th.

Cornhole Tickets & Combo Package

\$75 for (2) meals and team cornhole tickets.

Local Craft Brewery Castle Island

Local craft beer brewery, Castle Island, will be providing an assortment of their offerings for your enjoyment in our beer tent. You need to be over 21 and there will be an extra charge for this.

Please feel free to bring a picnic blanket, a pop-up, and chairs for lounging. Don't forget your sunscreen.

See you on the Farm! www.medwaycommunityfarm.org

Medway hosts Police Academy graduation and welcomes new police officers

On April 6, the Town of Medway hosted the Randolph Regional Police Academy's graduation exercises (14th Recruit Officers' Class) at Medway High School.

Before the ceremony, Town Clerk Stefany Ohannesian swore in Medway's newest officers including Andrew Latosek, Jr., Stephen Paschal, Katherine Sharkey and Andy Chu.



(L to R) Medway's newest police officers Andrew Latosek, Jr., Stephen Paschal, Katherine Sharkey and Andy Chu, along with Medway Police Chief Allen Tingley and Town Manager Michael Boynton at a recent Police Academy graduation in Medway. Courtesy photo.

Town Manager Michael Boynton opened the ceremonies with a few welcome remarks and recognized Chief Allen Tingley for his years of service. Chief Tingley will retire in July

of this year. Congratulations to Officer Stephen Paschal who was awarded the physical fitness excellence award during the ceremony.



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Pamela Means and Rachel Sumner to appear at the new **Niagara Coffee Haus in Millis**

with Mama's Boy - June 3 from 8 p.m. to 10 p.m.

Pamela Means is best known for her folk music career with an



Pamela Means will perform on June 3. Courtesy photo.

amazing treasure chest of original songs. She is also a fine jazz singer and social activist who has even covered the entire Beatles Abbey Road album, infusing it with soul and emotion, not to mention a female perspective that really brings the songs to life in a live setting. A biracial lesbian with a penchant for protest songs, Pamela is also known to dip into the Great American Songbook for jazz standards from 1930s-1950s made famous by Billie Holiday, Ella Fitzgerald, Fats Waller, and more. Pamela has shared the stage with Ani Defranco, Pete Seeger, Neil Young, Indigo Girls, Joan Baez, Shawn Colvin and a plethora of contemporary artists. Whatever she has in store for the Niagara

Pamela Means in concert will be more than welcome. Mama's Boy opens.

> Sponsored by Middlesex Bank. Purchase your tickets through Eventbrite at https:// bit.ly/3FTooge

> Rachel Sumner in Concert with Hobo Coat - July 1 from 8 p.m. to 10 p.m.

> With songs as sweet and biting as the nectar and venom in her voice, Rachel Sumner has been captivating audiences throughout the Northeast with roots deep in bluegrass and traditional folk music. Her lyric-forward writing and penchant for snaking chord progressions demand something beyond folk conventions and in a comparatively short time, Rachel has become one of the most vital voices in Boston's thriving roots music scene. No stranger to the stage, she spent her early career on the bluegrass circuit, singing and writing with the genrebending Boston group, Twisted Pine. Since setting out on her own, Sumners songs have been critically acclaimed, winning the Lennon Award in the folk category of the 2021. Hobo Coat

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> For more information, email niagaracoffeehaus@gmail.

com. Individuals with disabilities, please contact us for seating info. Masking is optional, pending further notice. Visit our Facebook page, Niagara Coffee Haus for regular updates; facebook.com/ groups/4513448492092697

Doors open at 7:30pm. Location: Niagara Fire House, 8 Exchange Street, Millis.



Rachel Sumner will perform on July 1. Courtesy photo.

This series is brought to you in part by a grant from the Millis Cultural Council, which is supported by the Mass Cultural Council. Special thanks to the Millis Historical Commission and Friends of Niagara.

Medway election draws record numbers

By Theresa Knapp

This year's town election in Medway brought out 23 percent of the town's 10,218 registered

Medway Town Clerk Stefany Ohannesian said, "It was exciting to see the level of involvement by the community in this election as most of the races were contested. We had 2,385 registered voters, including new and first-time voters, who came out to cast their vote."

Election results:

Moderator

Laura Graham Mullen (3 year term)

Select Board (two seats)

Maryjane White (3 year term) Todd Alessandri (3 year term)

Board of Health

Caryn Metzger-Smith (3 year term)

School Committee (two seats)

Lauren Nassiff (3 year term) Kailene Simon (3 year term)

Park Commission

Sean Murphy (3 year term)

Library Trustees (two

Nutan Mathew (3 year term) Gregory Thomas Peverill-Conti (3 year term)

Water Sewer Advisory Board

Leo C. O'Rourke (3 year term)

Housing Authority

Linda F. Donahue (3 year term)

Planning and Economic Development Board (three seats)

Sarah Raposa (3 year term) Richard DiIulio (3 year term) Matthew Hayes (1 year term)

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Rori Stumpf (5 year term)





Millis High School Announces Valedictorian and Salutatorian for Class of 2022

Millis High School is proud to announce the Valedictorian and Salutatorian for its graduating Class of 2022.

Colin Streck will be recognized at graduation ceremonies as the class Valedictorian. Colin achieved the highest cumulative grade point average for the class. Colin is a three-sport athlete, leading the cross-country, winter and spring track teams as captain senior year. A member of the Drama Club, and a STEAM Scholar, he has been involved in a host of other sports and volunteering opportunities. Academically, you will not find a grade of less than an A on Colin's transcript. Treasurer of our National Honor Society and a Spanish Immersion student, Colin has been recognized for several awards, including the NESDEC Award for Academic Growth and Leadership, as well as excellence in AP course awards. It's hard to find an award that Colin has not won. He is passionate about

math and computer science, and has been recognized for his aptitude in those realms with the Xerox Award for Innovation and Information Technology and the Rensselaer Medal, among others. In his limited free time, he enjoys miniature painting, board games, rock climbing, and playing guitar. He will be attending Worcester Polytechnic Institute next fall, where he will major in Computer Science and Mathematics. Colin is the son of Robert and Kathleen Streck of Millis.

Riley Conroy is Millis High School's Salutatorian for the Class of 2022. During her time at Millis High School, Riley has

earned several honors including the George Eastman Young Leaders Award, the Massachusetts Maritime Academy/Future Women Leaders in STEM Award, the Society of Women Engineers Certificate of Merit with Honors, the Massachusetts Association of School Superintendents Certificate of Excellence, and has been recognized as an AP Scholar with Honors. President of the National Honor Society, Riley is also a STEAM Scholar and the correspondence secretary for the Chemistry Club. She is a three-sport varsity athlete on the girl's varsity soccer, basketball, and track and field teams and has earned various awards including the coaches award for track and field and the MVP award for soccer sophomore year. Riley is also an ac-





Colin Streck (left) and Riley Conroy. (Courtesy photos)

tive member of the Junior Leo's Club, the Peer Leaders Club, and is Vice President of the Class of 2022 Student Council. Through her participation in these organizations, she has planned and supported dozens of community service events that benefit her classmates and her community. Riley will be attending the University of Virginia next fall,

where she will be majoring in Biomedical Engineering. She is the daughter of Marc and Samantha Conroy of Millis.

Millis High School will graduate a class of 74 students during its 119th commencement exercises, being held on campus at Welch Memorial Field, June 2, 2022, at 6pm.

Medway To Decicate Police Station To Former Chief Lambirth

On Sat., June 11, at 10 a.m., the Town of Medway will dedi-

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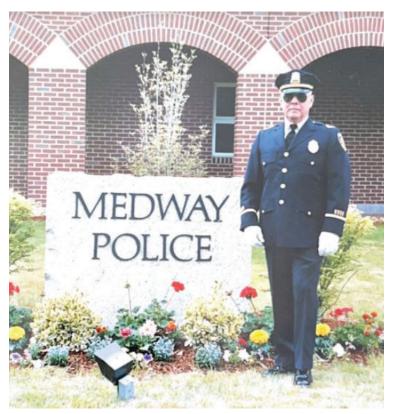
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cate the Medway Police Station in the name of former Chief of Police W. David Lambirth.

Chief Lambirth was a lifelong resident of Medway, attending Medway Schools until Junior High and then finishing his high school education at Norfolk Agricultural School. After graduating from high school, he joined the United States Marine Corps where he served for four years.

In 1966, Lambirth joined the Medway Police Department as a patrol officer. During his years of service, he attained the rank of Sergeant and, in 1980, he was promoted to Chief of Police to replace then-retiring Chief William Giallonardo.

By 1989, the police department had outgrown its facility in the Town Hall building and research began to locate a place for a new police station. A com-



mittee was formed and a new police station was built on Village Street on the site of an old railroad station. The building was completed in 1990 and the police department moved into its new home.

Chief Lambirth served in the new police station until 2002, completing 23 years as Chief of Police and a total career of 36 years dedicated to the Town of Medway. During that time, he saw the department grow from five officers to 16 full-time members with another seven Reserves. Chief Lambirth passed away on July 25, 2021.

The public is invited to attend this dedication which will be held in the front of the police station. After the ceremony, an open house will be held to tour of the police station.





Holliston Vision Center zooms in on patients' needs

By Christie Vogt

Dr. Roselyn Jeun, the owner of Holliston Vision Center, prides herself on being a small provider who's big on community. "Since 2010, when I purchased the practice, I have really enjoyed getting to know and take care of a lot of people in town," Jeun says. "At some offices, patients get shuffled along and only get one minute with the doctor; I don't want to work that way. I want to get to know my patients."

Jeun and her team at Holliston Vision Center offer comprehensive and medical eye exams, contact lens evaluation, laser vision and cataract co-management and a wide selection of eyewear. Jeun has been an optometrist for more than 20 years and possesses training that makes her particularly skilled at fitting specialized contact lenses on "hard-to-fit" eyes, such as those with irregular corneas due to eye diseases.

Her expertise in orthokeratology is a "real practice definer" for Holliston Vision Center, Jeun says. Through orthokeratology, special lenses can be used to reshape the eye, similar to how dental retainers shape teeth, she says. The process is effective for nearsighted patients, Jeun explains, and she has been fitting such lenses since 2005. Jeun finds it particularly rewarding being



Dr. Roselyn Jeun looks forward to welcoming new patients at Holliston Vision Center.

able to use orthokeratology to slow down nearsightedness in children.

The clinic's dry eye care services also help the practice stand out. While many providers offer dry eye care, Holliston Vision Center uses TearCare, a treatment that involves the use of heated strips that melt congested oil glands and provide a "deep cleaning" for the eyes that can bring welcome relief.

Jeun suggests children and adults have a check-up with an optometrist every one to two years, even if they don't have noticeable problems. When children visit a pediatrician, they

Business sp⊗tlight

only receive an eye screening, not a comprehensive eye exam, Jeun cautions, and full exams are necessary to monitor eye health and visual performance.

As of May 20, the clinic will no longer accept vision plans like VSP and EyeMed but will continue to accept major medical plans. Jeun explains that vision plans often limit patient choices and make it difficult for doctors to operate. Patient experience will improve without the red tape of these plans, Jeun says, and many medical insurers will cover routine eye exams. Patients may also pay out-of-pocket and then submit their receipts and claim directly to their vision plan for possible reimbursement.

"Unlike some places where you feel like a number, that's the last thing I want people to feel like," Jeun says. "We really listen to people and get them what they need. It's not about selling, it's about taking care and paying attention to patients."

Such attention to detail was critical in the care of one recent patient, Jeun shares. The patient came into the clinic due to



Holliston Vision Center

abnormal vision symptoms but upon examination, his eyes indicated no issues. Jeun informed his primary care doctor and advised the patient to go immediately to the emergency room as his symptoms were indicative of an artery blockage. "He had a major blockage in his carotid artery and could've had a stroke," Jeun explains. "I'm happy he didn't ignore his own symptoms."

"The pandemic has been tough," Jeun reflects, "with many people scared to go to the doctor. Now, we're seeing people coming out of the woodwork, and we want to reassure patients that it is safe to come in. We're still wearing masks in the office, and we do all we can to make it a comfortable, friendly environment for all."

Holliston Vision Center is located at 841 Washington St., Holliston. For more information, visit hollistonvisioncenter.com or call 508-429-1330.





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Millis Senior Center Events

Events have changed and needs to be updated

The Millis Senior Center is located at 900 Main Street on the ground floor of the Veterans Memorial building. The Center is open Monday, Tuesday, and Wednesdays 8:30-4 Thursdays 8:30-2 Fridays 8:30-12:30. For more information call (508) 376-

Regular Events:

Technological Training for Multi- Devices Having trouble with your laptop, smart phone or tablet? Available by appointment any Monday from 10-12.

BLOOD PRESSURE

CHECKS: We have a registered volunteer nurse that will provide a blood pressure check for you every Thursday from 11:00-

Cribbage: Meets every Monday and Friday from 9:30-

BINGO: Thursday at 12:15 in room 21. SUPER Bingo (the last pot is worth \$25) is every Thursday of the month.

Stretch & Flow Yoga: Every Friday at 9:30 in room 130. Cost

*Please note that some Regular is \$3.00 per class. Class will meet Bar Association booklet " 2022 in room 18.

Line Dancing with Jean:

Every Thursday at 10. \$4.00 per

FREE BREAD AND

PASTRY: is available on a daily basis every day in room 21 courtesy of Roche Brothers, Shaws, Country Kitchen and Blue Moon Bakery.

Nanak's Kitchen The Sikh Dharma: food relief program is providing bags of nonperishable organic, vegan foods to anyone in need at the Council on Aging every Tuesday from 9-11 All are welcome.

June Events:

Mass Bar Association -The Power of Trusts: with Attorney Jennifer Deland Monday, June 6th at 1:00. If you're confused, or unfamiliar with trusts as part of an estate plan, you're not alone! Some people need to have a trust, others do not. Then there's the probate process. Does having a trust impact the probate process? Should you have a trust to avoid the probate process? To answer your questions about trusts and probate, please join us. The Mass

Elder Law Education Guide" will be provided to all participants. Reservations are greatly appreciated.

Normandy with the Mc-**Coys** Join us on June 14 atlpm, just a few days after the anniversary of D-Day, to see a photo show of Janice McCoy's trip to Normandy in 2014. Janice visited Normandy including the D-Day beaches, memorials and museums; Bayeux, home of the famous tapestry and cathedral; and Giverny, home of famous artist Claude Monet. The trip was just before the 70th anniversary of the D-Day landings and preparations for the upcoming anniversary were evident in many of the important sites. Janice stayed in the charming town of Honfleur from which all trips originated. Refreshments will be served so please reserve your spot so we will have enough for all.

Fathers Day Luncheon Come on down and enjoy a meal fit for a king. We will be serving lasagna and antipasto from the Rome restaurant on Thursday, June 16th at noon. We will also be discussing future groups for men. Your input is very important to us. Please make reservations with payment of \$7 before Monday, June 13th.

Boxing with Amy Gagne You're never too old to try something new! Try this 30-minute boxing workout designed for seniors who want to keep their bodies & minds strong after age 60. High-intensity workouts can be difficult as we age, and we each have our own physical limitations. Boxing workouts are especially beneficial for fitness lovers over the age of 60 because they can be adapted into low-impact

routines. Benefits include: improving hand-eye coordination, increase in cognitive abilities and alertness, and mind body connection. Gloves will be provided but if you prefer you can purchase your own at Walmart or amazon. Classes will be held every Wednesday, starting Wednesday, June 1st from 1–1:30 in room 18. Cost is \$3 per class for Millis residents \$5 for out of towners.

Main Street Podiatry will be here Wednesday, June 8th from 9-11am. to trim your toe nails and provide an initial evaluation of your feet. They accept most insurances with the exception of BMC. There may be charges from your insurance such as co-pays, deductibles, etc. Please check to with your insurance in advance to see if a referral is required. Pre- registration for appointments will be required. We will mail or email you a form that can be filled out prior to your visit. Please bring your insurance cards and completed form to the first visit. Please note that home visits can be arranged by calling Main Street Podiatry (508) 533-3500.

Pizza and Prevention \sim Millis Firefighters will be here on Monday, June 13th at 11:00. Topic to be determined. Pizza will be served.

Legal Consultations with Beth Murphy Do you have a legal concern and don't know where to turn? Beth will be here on Thursday, June 9th from 11-12 to steer you in the right direction. If she cant help you directly she can refer you to a lawyer that can. Appointments are required and Millis residents have priority.

Knitting Group Calling all knitters. Come meet some new and old friends as you help each other with knitting projects on Thursday, June 2nd and June 16thth from 1-3. You can knit hats for charity or bring your own project. Carol Goldstein will assist with explaining patterns. Bring your knitting needles if you have; otherwise needles and yarn will be supplied.

Line Dancing with Jeanne If you have interest in joining the "Silver Streaks" every Thursday morning @ 10:15 am in Room 18, and have the basic rudiments of footwork used in Line Dancing, i.e., the grapevine, the jazz block, stomps, scuffs, taps, shuffle steps and pivots, come join us!

The class is \$4.00 per class payable at the time of class. Please call (508)376-7051 to reserve your spot.

TAI CHI with Tony Berg This class will focus primarily on the therapeutic aspects of Tai Chi, while the martial/ self-defense and performance aspects will be secondary, discussed only as an aid to learning the various forms. We will be practicing Yang style Tai Chi, which is the most popular of the five traditional schools of Tai Chi. The slow, controlled movements of Tai Chi improve concentration, strength, endurance, flexibility, balance, coordination, and poise. We learn to release unnecessary tension from the body and increase relaxed awareness. The movements and postures are easily modified to fit individual needs. Tony will be here every Tuesday at 9. Classes are \$3.00 per class.

GRAB AND GO LUNCH from HESSCO Every Thursday from 11:15-12 HESSCO is offering a packed lunch which consists of a sandwich, chips, side salad, dessert and lemonade for a suggested donation of \$3. Every week the sandwich is different. Week 1: Chicken Salad, Week 2: Turkey & Cheese, Week 3: Seafood Salad, Week 4: Ham & Cheese, Week 5: Tuna Salad. Please call the Center at 376-7051 by noon the Friday before to order.

Stretch & Flow Yoga In yoga class at the Senior Center we practice gentle stretches, flowing movement and breathing exercises. The class is adaptable and really is for everyone! You can use a chair or bring your own mat if you prefer to be seated on the floor. Several levels of modification are given, you will go at your own pace. In this class you will be encouraged to move with ease, never forcing or pushing yourself to a place where you feel uncomfortable.

The class concludes with a breathing exercise and a few minutes in deep relaxation. My hope is that you will leave the class feeling refreshed, rejuvenated and ready to take on your day with grace and an optimistic mindset The class meets every Friday at 9:30. The cost is \$3.00.





Your Money, Your Independence

You Can't Always Get What You Want... But If You Try Sometimes...

Markets got you down?

As of May 16th, S&P 500 is -16% for the 2nd worse start in 80+ years.

Wait, there's more.

Tech heavy NASDAQ is -26%, small companies Russell 2000 -20% and "favors the brave" (insert eyeroll) Bitcoin is -39%.

Diversification in developed international -16% and emerging markets -17% is failing.

Good thing there's bonds. Oh wait, US bond market via the BarCap Agg Index -10% is worse start to a year ever.

And cash, true it didn't lose principal but purchasing power decreased -8.3% the last 12 months, and if you've been to a grocery store, auto dealer/service dept, barber or gas station, 8.3% inflation my...

Don't be Torn and Frayed, become Happy about the opportunity to roll your Tumbling Dice. Yes, Rolling Stones reference to Exile on Main Street celebrating a 50th anniversary. The relevance?

The Stones were on an amazing run of albums - Beggars Banquet, Let It Bleed (headline reference) and personal favorite Sticky Fingers. Yet, they found themselves exiled from Britain due to new 93% wealth tax, broke from a manager who'd stolen from them and sued by their record label. As vagabonds in France and later LA, they recorded what many consider their greatest album and then toured the US as year's top grossing act, a first of record 9 times.

Let me Shine a Light on 3 action steps to consider given down markets:

Roth Conversion - If certain investments you intend to hold for a long period are down -20% or more, then convert those a Roth and pay 20% less tax. Estimate your MAGI prior, as



Glenn Brown

conversion is taxed as income impacting your federal tax bracket and % owed.

Take Tax Losses - Face your mistakes, learn and move on. In taxable accounts selling at a loss builds capital losses to carry and offset capital gains over future years. If you believe the investment will come back, wait 31 days later to avoid wash sales.

Remember, every Apple or Amazon from 2000, there's dozens of JDS Uniphases, Lucents, Global Crossings, and CMGIs.

Buy Quality When On Sale - People love sales, except when it comes to risk assets like equities. If not now, then when do you "buy low and sell high"? Sure, the market may go lower, but if you own quality investments you understand at a fair price, over time it will be time that matters most.

Don't overload on commodities, energy, TIPs and cash as this too shall pass on a macro level, since economic cycles rarely skip stages. Up next will likely be cooling housing values, layoffs disguised as reorgs and deflation via recession or soft landing by Fed's raising of rates.

Eventually a base for economic expansion is created but if you wait to see it, investment values will have adjusted in anticipation and opportunity past.

Had the Stones simply stopped or not built upon their foundations in '71 until all things favorably aligned, one wonders about their legacy or even living to old age, let alone being the top grossing US tour in 2021.

The opinions voiced in this material are for general information only and are not intended to provide specific advice or recommendations for any individual.

Glenn Brown is a Holliston resident and owner of PlanDynamic, LLC, www.PlanDynamic.com. Glenn is a fee-only Certified Financial PlannerTM helping motivated people take control of their planning and investing, so they can balance kids, aging parents and financial independence.

SENIOR CENTER

continued from page 6

TRIPS

Foster's Authentic Maine Lobsterbake— Wednesday, August 24th \$99 PP

9:30 AM Depart from the Millis Town Hall, 900 Main Street on your luxury, Silver Fox Coach. You'll initially visit scenic Nubbles Light and York Village, where you will have time to browse through the many boutiques or stroll along Ocean Drive, a spectacular coastal walkway. Then be ready to feast on plenty of delicious food at Fosters. The feast is steamed over a

Lilac House

Chinese Restaurant

紫丁原

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roaring wood fire- The Downeast way! Menu choice includes: Maine Lobster OR Chicken, New England Clam Chowder, Cultivated Mussels, Corn on the Cob, Roasted Red Potatoes and Onions and Blueberry Crumb Cake. Foster's also provides live musical entertainment during your stay.

Cruising the Charles—Wednesday, September 7th \$99

9:00 AM Depart from the Millis Town Hall, 900 Main Street, this morning on your luxury Silver Fox Coach for Boston. You and your friends are in for a great day in "Beantown" today. After sightseeing on Boston.

ton Common this morning, a delicious luncheon follows at the terrific Cheesecake Factory restaurant. You can choose your entrée off the menu and then enjoy a scrumptious Cheesecake Dessert and beverage, You'll have time to explore the stores at the Cambridge Side Galleria Mall before you enjoy the day's special treat, a delightful cruise along the Charles River as the Captain provides a narration of the most historic sights of Boston and Cambridge. Your narrated cruise will provide you a most different perspective of Boston. You'll arrive home at 5:30 PM after a great day with your friends in scenic Boston and Cambridge.

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Medway Boy Scout Troop 108 holds Eagle Scout Court of Honor

Medway Boy Scout Troop 108 recognized three of its scouts on Sunday, May 15, at a Court of Honor ceremony for earning the rank of Eagle Scout, the program's highest achievement. Ryan Hopkins, Logan Thomsen and Daniel Hudon, all seniors at Medway High School, have been part of Troop 108 since it was reformed in 2015. In that time, the troop has celebrated one other Eagle Scout (in 2019), Connor Gilmore, also MHS Class of

During the ceremony, Scoutmaster Steve Johnson described

this achievement. "Today we have the honor and pleasure of bestowing the rank of Eagle Scout to three members of our troop. In full awareness of the challenge of the times, these scouts, their leaders and their parents have labored long and faithfully through the Boy Scout program to develop an extensive set of leadership skills, resulting in thoughtful, aware and active citizens of our community, nation and world. Today, their efforts will be recognized as we present to each of them their Eagle Awards."

Part of the ceremony included each Eagle Scout's parents applying Eagle rank regalia to the scout's uniform and in return, the scout "pins" (with an actual "mother" and/or "father" pin) each parent in recognition of their support.

The most demanding requirement of earning the Eagle Scout rank is the Eagle project. Each scout is required to plan, formally propose, execute, and troubleshoot a project that benefits the community. Here is a brief description of each scout's project: Ryan's Eagle Scout Project was to build ramps on the Adams Street Bridge on the Medway Community Trail system, making it safer and more accessible. His project was completed on April 3, 2021.

Logan's Eagle Scout Project was to design and construct a three-stage composting station for the Medway Community Farm. The project was completed on June 15, 2021.

Daniel's Eagle Scout Project was to install historical markers commemorating two of Medway's important figures for the Medway Historical Society. This project was completed on Sept.

Along with the rank awards



The Eagle Scouts of Troop 108 (L to R): Connor Gilmore, Ryan Hopkins, Logan Thomsen and Daniel Hudon. Courtesy photo.

and parent pins, these Eagle Scouts also earned nine additional "palms" - pins which are applied to the ribbon of the actual Eagle award. Each palm is earned for every five merit badges beyond what is specified for Eagle rank requirements. Which means between them, these scouts earned 45 merit badges on top of what their ranks demanded of them.

To close the ceremony, Troop 108 Committee Chair Chris Tramontozzi, a 1996 Troop 108 Eagle Scout himself, charged the scouts with the Eagle Scout

"Ryan, Logan and Daniel, you deserve much credit for having achieved Scouting's highest honor. Wear your new rank humbly, wear it discreetly over your heart, not on your sleeve. Be ever mindful that an Eagle Scout is looked up to as an example. Remember that your actions are now a little more conspicuous and people will expect more of you. You will always be an Eagle Scout and will be expected to conduct yourself accordingly. May the Scout Oath and the Scout Law and the ideals of Scouting be your guide for today and the future. Last, but not least, I charge you, and ALL Scouts, to put back into Scouting what you have taken. Make us all proud to have been a part of your achievement here today."

Many of the troop's scouts and leaders attended as did family, friends, community members and Eagle project beneficiaries.

Troop 108 leadership includes Scoutmaster Steve Johnson, Charter Organization Representative Tamara Smith, Committee Chair Chris Tramontozzi, plus other troop leaders Scott Hopkins, Bob Hudon, Mat Thomsen, John Gilmore, Steve and Andrea Davis, Janice Porter, and Jon Redfield.

Some facts about earning the Eagle Scout rank (from Wikipedia): "Eagle Scout is the highest achievement or rank attainable in the Scouts BSA program of the Boy Scouts of America (BSA). Since its inception in 1911, only four percent of Scouts have earned this rank after a lengthy review process, The Eagle Scout rank has been earned by over 2.5 million youth...Requirements include earning at least 21 merit badges. The Eagle Scout must demonstrate Scout Spirit, an ideal attitude based upon the Scout Oath and Law, service, and leadership. This includes an extensive service project that the Scout plans, organizes, leads, and manages. Eagle Scouts are presented with a medal and a badge that visibly recognizes the accomplishments of the Scout. Additional recognition can be earned through Eagle Palms, awarded for completing additional tenure, leadership, and merit badge requirements."

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Robin Christie Named Millis Mother of the Year

By Theresa Knapp

Robin Christie has been named Millis Mother of the Year through the Millis Recreation Department's annual campaign that started in the 1980s.

Christie, whose son Colin is graduating this year from Millis High School, has been holding an annual Last Day of the Year Breakfast for Colin and his friends since they were in third or fourth grade.



Millis Mother of the Year Robin Christie with a group of 10 boys at this year's Last Day of the Year breakfast. Christie has been holding the event since her son and his friends were in elementary school. Courtesy photo.

Recreation Director Kris Fogarty said the department receives hundreds of letters each year with nominations, and the Recreation Committee then narrows it down to one. This year's winner received a dozen roses from Paul's Flowers, a gift card from Magic Nails, a gift card from Victory Lane, and a gift card from Harkey's Wine and Liquors.

"I wanted the last day of school to be special and fun for them, a great event to kick off the summer," says Christie, noting the boys call themselves "Los Ninos" because they originally met in the Millis Spanish Immersion program in elementary school. "There's a group of 10 of them that have been consistent all the way through."

Kristin Quinzani nominated



MILLIS – Leonard F. "Lenny" Caruso, former longtime resident of Natick, passed away on Thursday May 5, 2022, at age 75.

Born in Natick, he was the only son of the late Anna (Fiore) and Leo Caruso. He was the brother of Grace Pintabona of Hudson, Elizabeth Carey of Millis, Anna Capen of Douglas, Mary Whalen of Hudson, and is survived by many nieces and nephews and great nieces and nephews.

Lenny worked at General Motors for many years after graduating high school. He owned his own gas station in Natick for a few years. Lenny spent a good portion of his life in partnership with his good friend Richard Vitale as C-V Wallpapering. They did residential and commercial wallpapering throughout Massachusetts.

Lenny enjoyed working with cars, old movies, gardening and animals. He made multiple friends throughout his lifetime.

Lenny lived in Millis the last ten years of his life, and he enjoyed the many friends he had at Millis Housing.

 $\ensuremath{\mathsf{A}}$ man of few words but when he spoke you listened.

Funeral services were held from the John Everett & Sons Funeral Home, 4 Park St., at Natick Common on Tuesday May 10, 2022, at 9 AM. Funeral Mass in St. Patrick's Church, 44 E. Central St., (Rt. 135) Natick at 10 AM. Visiting Hours were Monday, May 9th from 3-7 PM in the Funeral Home. Interment was in St. Patrick's Cemetery, Natick.

Expressions of sympathy may be made in Leonard's memory to the St. Jude Children's Research Hospital, or to the animal charity of your choice.

For guestbook, see www.everettfuneral.com.

Christie for the honor; her son, Nick, is one of los ninos.

"She's just like a second mother to Nick and she's treated all the boys that way. I just thought, 'How do you thank someone who has treated your child like her own?' Nick loves Robin, and all his friends have really enjoyed the tradition over the years, they look forward to it every year."

Though eight of the 10 boys are graduating this year, two are juniors. Christie hopes to hold the breakfast one last "last" time next year when the remaining two graduate and the other eight are home from college.

Of the honor, an emotional



The "Los Ninos" in the Millis Class of 2022 Rolling Rally. Source: www. adrianaarguijophotography.com/

Christie said, "I'm so appreciative that someone would think that I'm deserving of this when, really, we all deserve it because it takes a village, 100 percent, it

takes a village."

Quinzani added, "Millis has so many amazing Moms and Dads! We are very lucky to live here."







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Volunteers Show Pride in Millis

One hundred volunteers showed up on Sat., April 30, to show pride in their community by participating in Millis Beautification Day.

The annual event is co-sponsored by the Millis Garden Club and the Millis Lions Club. This year community residents cleaned up 28 town-owned sites, picking up litter and trash, weeding, and raking leaves. Bags filled with nip bottles were collected and disposed of along with an

12:00 noon

12:30 p.m.

1:00 p.m.

One hundred volunteers abandoned shopping cart found owed up on Sat., April 30, to at one site.

"This was a great opportunity to spruce up our town," said Janet Gashler, Garden Club Co-Chair, "and all it took was a few hours on a Saturday morning."

The Garden Club and the Lions thank the groups and individuals who gave their time and effort to make the 18th Millis Beautification Day the success it was. Millis High School athletic teams, coaches, teachers, and

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clubs cleaned up all the Millis Schools sites. The Blackstone Valley Young Marines cleaned and raked behind the library and the Niagara Fire Station. Millis firefighters cleaned up the parking lot and spruced up the landscaping at the Old Railroad Station. Members of the UCC Church picked up trash and litter along Middlesex Street, while Girl Scout Troop 82362 and Daisy Troop 83168 picked up trash and raked leaves at the Clyde Brown soccer field. Many thanks to all these groups.

Mass Improvement in Millis, a home repair and improvement company, did needed repairs on benches and picnic tables at two town parks. Thank you, Mass Improvement! Thanks also to new residents, who worked for the first time; and to volunteers



June focus groups for Millis Senior Center

In June, the town will hold two more focus groups related to a proposed new senior center. The meetings will be held on:

June 7 at 2 p.m., Millis Housing Authority, 310 Exchange St.
June 22 at 7 p.m., Millis Public

Library, Roche Brothers Room The current Senior Center is located in the Veterans Memorial Building on the ground floor/basement. Options, and associated costs, being discussed include:

- Renovation current space, including an addition. Estimated cost \$15.5 million
- Cassidy Farm (townowned land with open space), Exchange Street.

Estimated cost \$16 million

Courtesy photos.

 Cassidy Farm, new construction with a gymnasium. Estimated cost \$21 million

For a full copy of the Millis Senior Center Feasibility Study, visit https://bit.ly/3Oj5x1Z or www.millisma.gov/council-aging



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SUMMER

The b.LUXE **beauty beat**

TRENDING - Summer 2022

By GINA WOELFEL

Are you looking for summer's trending hairstyles? Look no further! b.LUXE has the hottest styles for Summer 2022! Whether you're looking for something sleek and sophisticated or fun and flirty, our stylists have got you covered!

An increasingly vaccinated population means 2022 will likely see more of us frequenting our favorite hairstylists. There's no better time to freshen up your look like the start of a season!

Maybe it's time to switch up your hair's style or color? A new hairstyle acts like an announcement to both yourself and the outer world that something in you is shifting. With so many of us feeling a bit more social freedom returning to our lives, freshening up our aesthetic feels perfectly timed.

After two years of keeping things low maintenance, people are ready to show more effort and try new looks like sleek, straight styles, tight ponytails, and braids.

We're so excited for this style swing. Although many of our clients are still keeping their looks lived-in and easy, people are shaking off their pandemic hair and trying out bolder, more adventurous trends!

What does summer 2022 have in store for you? Fringe, fros, mullets and bobs! Kinda 70's, kinda 80's, with a little 90's tossed in for good measure. It's all about embracing our natural hair texture and boosting the oomph we've got! These shaggy styles are a definite mix of effortless effort and can be hyper-tailored to your hair type and desired aesthetic.

Ultra short styles and super long layers are both making an appearance, too! We've definitely seen an uptick in our pixie, buzz cuts, undercuts and clipper art! The "Big Chop" is a thing! People are ready to let it all go and why not! Short hair cools things down for summer's hot, humid weather and adding a graphic design to your barely-there buzz shows your fun and creative side! A Pixie isn't for everyone, but short hairstyles can be customized to flatter everyone's features and face-shape.

Many of our clients have not had their hair cut for two years and have grown attached to their Rapunzel-like locks. But, extreme length can be a drag for the four hottest months of the year. Consider lightening your one-length-wonder with layers. Adding a few layers to extremely long hair builds volume and texture! With a few strategic snips, long layers frame the face and give hair bounce and play.

The "Bob Haircut" might be "THE" cut of the summer. Popularized by the film stars of the 1920's, it was seen as a shocking statement of independence in young women known as flappers, as older generations were still used to seeing girls in long dresses and heavy Edwardian-style hair. Now roaring its way through this century's second decade, this classic has stood the test of time and with endless versatility, there's a "Bob" for everyone. Previously a pretty straightforward, shoulder-length, blunt cut, now we have the "Long Bob" the "Shaggy Bob", the "Stacked Bob" and even a "Messy Bob". The variations are endless and with bangs or no bangs, this classic is a flattering change for those looking to lighten up and mod-

Behold the braid revival! (And space buns, too! Ugh.) We LOVE our braid work at b.LUXE! If you have a special event on the books, consider working a braid through your hair. They're fun and best of all, practical. Nothing keeps your style in place







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through sweaty nights of dancing like a braid. And space buns? Well, whatever. You do you...

Oh, and bangs...SOO many bangs! We're here for the cut and we're here for the grow out. And please, please (with sugar on top) don't cut them yourself! NO HOME BANG TRIMS, Ladies! We know you're watching all those twist + snip Tik Tok videos and we're here to say that, more often than not, you'll look like your elementary school photo, (you know the one where your mom cut them too short!). Be it fringe, curtain, bottleneck, or wispy, bring your bang requests to the professionals. You're welcome in advance.

We can't wait to hear all about your style desires! Bring your comments on over to our Facebook or Instagram page (scan the QR code above to follow along) For your inspo, our beautiful cuts and colors are posted daily.

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Living Healthy

Eye Care Facts and Myths

By: Roger M. Kaldawy, M.D. Milford Franklin Eye Center

We have all been told by someone at some time, "You'll hurt your eyes if you do that!" But do you really know what is or is not good for your eyes?

Test yourself with the following true or false statements and see how much you know about your eyes.

"Reading in dim light is harmful to your eyes."

False. Using your eyes in dim light does not damage them. However, good lighting does make reading easier and can prevent eye fatigue.

"Using computers can damage your eyes."

False. Working on computers will not harm your eyes. Often, when using a computer for long periods of time, just as when reading or doing other close work, you blink less often than normal. This reduced rate of blinking makes your eyes dry,

which may lead to the feeling of eyestrain or fatigue.

Try to take regular breaks to look up or across the room. This should relieve the feeling of strain on your eyes. Keep the monitor between 18 to 24 inches from your face and at a slight downward angle. Also consider the use of artificial tears. If your vision blurs or your eyes tire easily, you should have your eyes examined by an ophthalmologist.

"Wearing the wrong kind of eyeglasses damages your eyes."

False. Eyeglasses are devices used to sharpen your vision. Although correct eyeglasses or contacts help you to see clearly, wearing a pair with the wrong lenses, or not wearing glasses at all, will not physically damage your eyes. However, children less than eight years old who need eyeglasses should wear their own prescription to prevent the possibility of developing amblyopia or "lazy eye."

"Children outgrow crossed or misaligned eyes."

False. Children do not outgrow crossed eyes. A child whose eyes are misaligned may develop poor vision in one eye because the brain will "turn off" or ignore the image from the misaligned or lazy eye. Children who appear to have misaligned eyes should be examined by an ophthalmologist.

"Learning disabilities are caused by eye problems."

False. Difficulties with reading, mathematics, and other learning problems in children are often referred to as learning disabilities. There is no strong evidence that vision problems cause learning disabilities. Children with learning difficulties often need help from teachers and people with special training. Before such treatment begins, make certain your child is seeing as well as possible.



"Sitting close to the television can damage children's eyes."

False. Children can focus at close distance without eyestrain better than adults. They often develop the habit of holding reading materials close to their eyes or sitting right in front of the television. There is no evidence that this damages their eyes.

"People with weak eyes should avoid reading fine print."

False. It is said that people with weak eyes or people who wear glasses will "wear out" their eyes sooner if they read fine print or do a lot of detail work. The concept of the eye as a muscle is incorrect. The eye more closely resembles a camera. A camera will not wear out sooner just because it is used to photograph intricate detail.

"Wearing eyeglasses will cause you to become dependent on them."

False. Eyeglasses are used to correct blurry vision. Since clear vision with eyeglasses is preferable to uncorrected vision, you may find that you want to wear your eyeglasses more often. Although it may feel as if you are becoming dependent on your eyeglasses, you are actually just

getting used to seeing clearly.

"Older people who gain 'second sight' may be developing cataracts."

True. Older individuals who wear reading eyeglasses sometimes find themselves able to read without their eyeglasses and think their eyesight is improving. The truth is they are becoming more nearsighted, which can be a sign of early cataract development

"A cataract must be 'ripe' before it is removed."

False. With older surgical techniques, it was thought to be safer to remove a cataract when it was "ripe." With today's modern surgical procedures, a cataract can be removed whenever it begins to interfere with a person's lifestyle.

"Contact lenses can prevent nearsightedness from getting worse."

False. Some people have been led to believe that wearing contact lenses will permanently correct nearsightedness so that eventually they won't need either

EYES

continued on page 13





Roger M. Kaldawy, M.D.



John F. Hatch, M.D.



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EYES

continued from page 12

contacts or eyeglasses. There is no evidence that wearing contact lenses produces an improvement in vision.

"Eyes can be transplanted."

False. Medical science has no way to transplant whole eyes. Our eyes are connected to the brain by the optic nerve. Because of this, the eye is never removed from its socket during surgery. The cornea, the clear front part of the eye, has been successfully transplanted for many years. Corneal transplant is sometimes confused with an eye transplant.

"Laser assisted cataract surgery is the same as traditional cataract surgery."

False. The 5 best rankings Eye Hospitals in America offer bladeless laser assisted cataract surgery. We do offer exactly the

same. Bladeless cataract surgery is all about aiming towards better precision, more safety and excellent outcomes. The laser advanced bladeless precision and ability to correct astigmatism translates into better likelihood of seeing well without glasses following cataract surgery. The same laser used in bladeless cataract surgery breaks up and softens the cloudy cataract so there is less ultrasound needed to remove the cataract. Less ultrasound translates into less energy used inside the eye and clearer corneas, which in turn helps producing better vision on the first day after the surgery. This becomes even more critical if you have a weak cornea or a small eye with a dense cataract.

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In addition to his clinical practice, Dr. Illanes is Chief of the Division of Urogynecology/Female Pelvic Medicine and Reconstructive Surgery at Tufts Medical Center in Boston. He completed his residency in obstetrics and gynecology and a fellowship in female pelvic medicine and reconstructive surgery at UMass Medical School. He is fluent in English, Spanish and Portuguese.

In addition to his Milford office, Dr. Illanes has locations in Hopkinton and Franklin.

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Sports

Medway Softball Team Knocking On The Tourney Door

Reding Returns To Coach His Alma Mater

By KEN HAMWEY Staff Sports Writer



Chris Reding, Medway's new softball coach, has returned to his alma mater.

Chris Reding is in his rookie year as Medway High's varsity softball coach but he's certainly no novice when it comes to instructing or coaching the sport.

The 54-year-old native of Medway was a junior varsity coach at Whitinsville-Christian and Blackstone Valley Tech, and he was Northbridge High's varsity coach for four years. Reding also coached the club team at Providence College for three seasons, was a volunteer coach for Jeff Kearney at Medway High for two years, and still coaches the Central Mass. Thunder at the AAU level.

When Kearney stepped down last year, Reding, who is a certified hitting instructor, decided to return to the varsity ranks. Hired last fall, the 1986 Medway High graduate's transition into the Tri

Valley League has gone smoothly.

Medway began the season with a 3-1 record but at Local Town Pages deadline, the Mustangs were 8-5, a record that is on par to gain a tournament berth.

"I've always felt like I might enjoy coaching at Medway," Reding said. "It feels good to return to my alma mater."

The Mustangs are a young team — 3 seniors, 1 junior, 2 sophomores and 6 freshmen — but the squad has promise.

"My goals for the season were to change the players' approach to the game, qualify for the tourney and aim for the TVL Small Division championship," said Reding. "Their approach needed more passion for the sport. They're now more aggressive and they've got a never-say-die attitude. As far as the tourney and the division title go, I think those are realistic objectives because we've got enough talent."

Reding, who has worked for the last four years at Metrowest Sports Center in Ashland, a softball and baseball hitting academy, likes the strengths his players have displayed this season.

"We've got decent softball IQs, our technique has improved, our defense is excellent, we're athletic, competitive and have good mental toughness," Reding said. "We've got good senior leadership, we've gained experience and our young players have travel team experience. Our depth, however, is still thin."

Medway's senior captains

provide Reding with a variety of leadership styles. The captains are catcher Zoe Ratcliffe, Meghan Coakley (designated player/third base), and second baseman Sarah Peterson.

"Zoe leads by example," Reding said. "Meghan is a quiet, calming force, and Sarah is vocal, encouraging and always instilling confidence."

The captains also give Reding solid efforts on the field. "Zoe is very tough," he said. "She's got a strong arm and blocks the plate in excellent fashion. Solid on defense, she's a capable singles/doubles hitter. Meghan is a strong fielder, who's got good range and can hit for power. A spray hitter, Sarah is an effective fielder who has good range in either direction."

Olivia Basso, the only junior on the team, handles the chores at third base. "Olivia has a strong arm and is quick to the ball," Reding said. "She also hits for power. Her two-run homer against Bellingham in the eighth inning gave us an 11-8 win early in the season. She gave us a big spark."

Sophomore Ava Fahey is Medway's primary pitcher. A right-hander, she's got an 8-5 record and an earned-run average of 6.14. She relies on a curve, fastball, change-up and a drop.

"Ava has a relaxed demeanor," Reding said. "Her control is very good, her velocity is improving and her work ethic is very good."

The Mustangs' other sophomore is centerfielder Nina Pacella. "Nina is an aggressive fielder," Reding emphasized.



Medway's captains, from left, are Sarah Peterson, Zoe Ratcliffe and Meghan Coakley.

"She's exceptionally fast and covers a lot of territory. Her arm is strong and she's improving as a hitter."

Prya Bedard is Medway's young shortstop but she's got some experience. The freshman plays shortstop and catcher on her club team. "Prya is a smooth fielder who's quick to the ball and has a strong arm," Reding noted. "A vocal competitor, she's instinctive and has a high softball IQ."

Two freshmen — Katie Anderson and Amanda Fletcher — are in left field and right field, respectively. "Katie hits consistently," Reding said. "She's a smart player who relies on a strong arm and accurate throws. She gets key hits and drives in runs. Amanda is aggressive in the field and at the plate. Her speed in the outfield and on the basepaths is good."

Freshman Olivia Klaus handles the chores at first base. "Olivia is a very fine competitor who's got a lot of hitting ability to go with a strong arm," Reding said. "Through 13 games, she's hitting .426 and has 17 runsbatted-in.

Two other freshman — outfielders Audrey Durgin and Shae O'Neill — provide depth. "Both are capable reserves who'll make the most of their opportunities when they get playing time," Reding said.

Coaching philosophies often are different and Reding's doesn't fall into a simple formula for winning. His focus is on dealing with success or failure.

"The field is an extension of the classroom," he emphasized. "Kids will either succeed or fail, so I stress the importance of handling any failure that occurs. I tell our players to approach all games with a positive attitude and focus on winning. If we're winning, they gain confidence. If we're losing, then that becomes the area to correct or improve upon. If all of this is occurring, then winning and having fun will be the by-products."

Reding also coaches with an eye towards teaching valuable life lessons. He's got four he hopes his players will embrace.

"Learning to be resilient or mentally tough is one," he emphasized. "That helps kids bounce back from adversity. Another is to be a team-first player. Setting goals is a life lesson that so often is learned in athletics. And, learning to be an all-around student-athlete is a plus for excelling in the classroom and for playing at a high level."

Reding, who is married and has a son and daughter, was a TVL all-star at Medway as a lineman in football. He also was a pitcher/third baseman in baseball

His return to his alma mater as a softball coach should be a lengthy stay because Chris Reding has plenty of knowledge and experience. And, he also knows the drill.



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Sports

What Do Low Interest Rates Mean for Retirement?

When interest rates are low, you may have questions about how this affects your financial strategy. Low interest rates often make investors worry about lagging returns. Investors might consider adding income annuities to their retirement portfolio.

How to compare incomegenerating solutions when interest rates are low.

When looking at ways to achieve financial security in retirement, individuals need to compare a range of available income-generating options. At any interest rate level, creating retirement income from bonds or CDs may produce less income relative to income annuities since one's lifespan is never known.

With income annuities, that longevity risk is off-loaded to an insurance company, so higher levels of safe retirement income can be generated. Even when rates are lower, solutions like income annuities are more attractive on a relative basis. Investors need not time the market when buying income annuities. Not only are income annuities less sensitive to interest rates, their payouts are not tied to the market. Some mutual companies like New York Life Insurance Company also offer income annuities with the opportunity for more income via non-guaranteed dividends.

It should be noted that income annuities have limited withdrawal features and investors should read the policies carefully for details. Bonds and CDs are more liquid (with CDs having shorter term). At maturity of the CD or bond, the purchaser recovers the full principal back. Keep in mind, too, that these products have differing insurance protections.

Even when interest rates fluctuate, income annuities make good sense.

Income annuities are less sensitive to interest rates than other fixed income instruments like bonds or CDs because part of an income annuity payout is in the form of "mortality credits." These mortality credits do not fluctuate with interest rates and are only available via the mortality pool of an annuity. Simply put, in low interest rate environments generating income from bonds or CDs is very expensive, especially when you need to plan for the chance of living to an advanced age. There is wide academic support for the finding that income annuities have an advantage to bonds or CDs in generating retirement income because they provide mortality credits that results in an income stream that one cannot outlive.

What you need to know about mortality credits.

An income annuity is a way to create a "pension-like" income for life. Because annuity premiums are based off mortality tables that estimate life expectancy at every age, premiums paid by those who die earlier than expected contribute to the overall pool. This can provide a higher yield to survivors than individuals could achieve through individual investments. Mortality credits are a hedge against longevity risk, often creating an income stream that would be difficult to match in the broader financial markets

In short, fluctuations in monetary policy will not have a great impact on income annuities. Income annuity payouts are not particularly sensitive to changes in interest rates or other economic debt instruments such as 10-year treasury notes. Income



annuities provide a base of guaranteed income that might allow the purchaser to take more risk with the rest of the portfolio, knowing that a portion is guaranteed. Pre-retirees and retirees seeking solutions to address the range of financial risks in retirement, such as longevity, inflation, or sequence of return risks, can create a stable, guaranteed income for life through income annuities.

Mutual Income Annuity products are issued by New York Life Insurance Company, 51 Madison Avenue, New York, NY 10010. All guarantees are dependent on the claims-paying ability of the issuer. Available in jurisdictions where approved. The policy form number for the New York Lifetime Mutual Income Annuity is 214-P200. The policy form number for the New York Future Mutual Income Annuity is 215-P200. State variations may apply.

This educational third-party article is provided as a courtesy by Michael Damon, Agent, New York Life Insurance Company and a Registered Representative of NYLIFE Securities LLC (member FINRA, SIPC), a Licensed Insurance Agency and New York Life Company, New York Life, 201 Jones Road, Waltham MA 02451. To learn more about the information or topics discussed, please contact Michael Damon at 508-321-2101.







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Eagle Scout builds tool shed at Medway Community Farm

Logan Casasanta, Eagle Scout Candidate from Troop 367, built a tool shed that offers convenience and protection from the elements at the Medway Community Farm.

The Medway Community Farm would like to give a huge thank you to Logan Casasanta for his Eagle Community Service Project. His project involved the design and construction of a tool shed. The shed's placement as well as the design were of high priority to Logan. The goal of building the shed was not only to provide convenience to the farmer and workers for ease of access to frequently used tools but to offer protection for the tools from the elements to allow for a longer lifespan.

It was determined by all that the shed should be conveniently located in a place at the farm not only for the farmer's convenience but for the community gardeners, education staff, and volunteers. The perfect place was found to be just to the back of the shed, opening towards the

field. This location is ideal as most of the farming is done in the area of Winthrop Street. Formerly, the tools were located closer to the post-harvest area which was a distance from the fields.

Once the location was determined, the next step was to make sure the shed was built on a level surface. In order to accomplish this task, Logan recruited the help of his fellow scouts, family, and friends. His team packed down the gravel and rested the

the gravel and rested the shed on a 6x6 foundation. For ease of access, Logan designed a three-sided shed with a walkin entrance. The frame is made with all wood studs, and the entire shed is covered in corrugated walls which are non-rusting. In addition, Logan designed an angled roof that allows for water to flow off and the scouts built it under his leadership. The finishing touches included hooks on

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Not to be combined with any other offer. Not valid on emergency jobs. the inside walls to hang the tools in an orderly fashion.

"His thoughtful design and



careful placement of the shed offers all who work/volunteer at the farm a much-added convenience", says Farmer Todd Sandstrum.

"Having a place to house all of our tools away from the elements in one convenient location is a benefit we never thought the farm would have. We are so fortunate to have the scouts as such great partners," stated Carol Collord, Medway Community Farm Board President.

Working in conjunction with

the Medway Community Farm, Logan sought the help of Mr. Wayne Podzka for the gravel base, and Mr. Doug Wahl for the shed design review during the build. Logan secured funds for the project through generous donations from the community, his family, and friends. His parents also helped him with the shopping and transportation of all the building supplies and tools. Overall, about 141 hours were spent

designing, shopping, measuring, cutting, and building by the entire team.

"The community of Medway, my family, and friends were very supportive by providing donations to support me getting my project done. It was a great experience, and I am very thankful to all those who helped in any way." Logan Casasanta.

Courtesy Photo.





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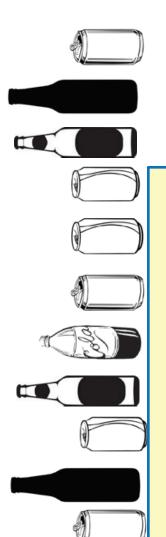
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Medway Organizations

- Local food pantries
- Medway Holiday Fund
- Camp Sunshine
- Celebrate Medway Day
- Movies in the Park
- Clean Sweep
- Senior Barbeque
- First Responders
- Public Library

Medway Schools

- Middle School Environmental trip
- Medway High Peer Counselor Program
- Medway High scholarships
- Medway High Dept. ALA Girls and Boys State
- Medway High Hugh O'Brien Youth Leadership

Schedule of Bottles & Cans Pickup Dates

2022

- June 4
- July 2
- August 6
- September 3
- October 1
- December 3

2023

- January 7
- February 4

Save

This

Schedule

- March 4
- April 1
- May 6
- June 3
- July 1
- August 5
- September 2
- October 7
- November 4
- December 2

It's easy to participate!

- 1. Simply save your redeemable bottles and cans. On the first Saturday of each month (see schedule), place your bag at the end of your driveway by 9AM. Medway Lions and volunteers will be driving around town picking them up.
- At your convenience place your bagged or boxed bottles and cans in one of the Lions drop-off sheds:
 - At Medway Liquors on Main St.
 - At the town Recycling Center on Broad St.

Remember, we can only use the **redeemable** bottles and cans from carbonated beverages. **No** wine, NIPS, liquor, or still water bottles.

And a big Thank You to those who use the dropoff sheds and to our supporters in neighboring towns!

Millis teen places second in UCLA's second annual Open Mind Film Festival

LOS ANGELES – In April, the Open Mind Film Festival announced the three winners of its second annual virtual film festival, which included Daisy Lyons, an 11th grader at Millis High School.

Lyons' submission, "Life Support" told an intimate and personal story about coming out to her family and friends. This powerful film advocates for the understanding and acceptance of the need for trans and queer teens to come out and be themselves. This story and the message are so important and the support Daisy received from her family and friends is inspiring. This is a world we hear about in the media but aren't all privy to. The window into this world, especially from the perspective of the parent/child relationship, is critical for awareness and understanding.

Watch Lyons' film at https://bit.ly/3wlw6Nc starting at 13:55.

More than 800 people reg-

istered for the festival which showcased the nine films selected as finalists out of the 119 films that were submitted by high school students from across the country. The films focus on mental health issues including bullying, loneliness, gender identity, anxiety, and boyfriend abuse.

"All the short films address mental health issues and tell meaningful stories of what teenagers are thinking about and what they are experiencing," said Mia Silverman, founder of the Open Mind Film Festival. "It is important that we hear them and help them see that they are not alone."

In addition to the honor of having their films screened at the festival, the finalists were awarded \$1,000 in prizes, with \$500 earmarked for the top film, \$300 for second place; and \$200 for the 'Friends Choice Award' winner.

Singer-songwriter Grace Gaustad hosted the festival. She has appeared on CNN and The Today Show to talk about her struggles as a teenager and uses her voice to make a difference for teenagers. The festival included a conversation between Gaustad and Dr. Elizabeth Laugeson from the Semel Institute.

First Prize was awarded to Charlie Lyons, a tenth grader at Cascade High School in Leavenworth, Washington for his film Sixth Grade. Charlie made a film that highlights the pain and struggles experienced by many teenagers who are bullied by classmates and peers. One of the festival judges described Sixth Grade as a strong film about a very serious topic. In his closing words, the male character said, "even though bad days happen, the storm always passes, eventually it gets better."

The 'Friends Choice Award' went to the film selected by the Friends of the Semel Institute to recognize an important and timely subject portrayed in a creative, artistic manner. The

award went to Pretend by Richecia Henry, a 12th grade student at The Academy for Careers in Television and Film in Queens, NY.

Pretend is the story of a young teen hiding an abusive relationship. In Richecia's words, many young girls suffer silently in domestic violence relationships, and rather

than seek help, they protect their abuser. She made the film to spread awareness that the issue is real whether we see it or not. Some girls won't or can't help themselves, so we have to be aware, educate ourselves and intervene to help them.

Films were submitted from 70 schools across the country, including from students at Los Angeles schools such as Brentwood, Crossroads, LAUSD, Viewpoint, Windward, and New Roads, and schools as far away as The Academy for Careers in Television and Film (NY), Horace Mann (NY), Princeton Day School (NJ), Sidwell Friends (DC) and many more.

"The level of creativity, insight, and empathy these young adults have displayed in their submissions is astounding and inspiring for our future," said Vicky Goodman, Founder and President of The Friends of the Semel Institute for Neuroscience and Human Behavior at UCLA. "It was a difficult decision to select only nine films to premier at our festival, and we celebrate the stories, perspectives and lessons we have learned from all these talented young filmmakers.'



Screen shot from Daisy Lyons' film "Life Support." Source: https://bit.ly/3wlw6Nc

The Open Mind Film Festival was launched last year as a way to engage a younger audience in a conversation about mental health, and is organized by the Friends of the Semel Institute for Neuroscience and Human Behavior at UCLA, a non-profit organization dedicated to improving the lives of people living with mental health issues.

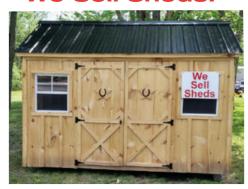
In December 2021, The US Surgeon General released a rare Mental Health Advisory on the Youth Mental Health Crisis, noting an alarming increase in mental health challenges and highlighting the urgent need to address the youth mental health crisis in our country. "Today, many notable personalities are stepping forward to share struggles that impact their lives and mental health," said Mary Snyder, cochair of the film festival. "We believe our festival can make a difference by providing an opportunity for young filmmakers to share their stories and see that they are not alone."

To view the nine finalist films, please visit https://www.youtube.com/watch?v=Pxum34u4KFQ

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Medway High School Undertones Choir Ensemble Performs in MICCA Gold Medal Showcase

Principal John Murray is pleased to announce that the Medway High School choir ensemble the Undertones performed at the Gold Medal Showcase earlier this month.

The Gold Medal Showcase took place at the Mechanics Hall in Worcester on Sunday, April 10. It is held by the Massachusetts Instrumental and Choral Conductors Association (MICCA).

The Undertones were invited to perform after receiving a gold medal at the MICCA Choral and Concert Festivals on April 2 at Westboro High School.

At Mechanics Hall, the Undertones, under the direction of Ashley Nelson-Oneschuk, performed "Brothers, Sing On!" by Edvard Grieg, arranged by Howard D. McKinney; «Three Latin Songs» by Laura Farnell; and "Bound for the Promised Land" arranged by Emily Crocker.

Medway Public Schools staff, students, families and community members also attended the Showcase to support the Undertones.

"The Undertones and I were beyond excited to have the opportunity to perform in a place such as Mechanics Hall," said Matt Bullard, Undertones member and president of the choral program. "I think I speak for all of us when I say none of us thought we'd make it this far. This was also a huge accomplishment, not just for us but for the entire music program at Medway High School that has struggled during the pandemic and is slowly finding its footing again. This was the first step to regaining the credibility and community that we had, and I hope this leads to much more success and prosperity in the future."

MICCA encourages and supports the development of elementary, middle and high school performing ensembles. The festivals include performances by marching bands, soloist and ensembles.



Medway High School National Honor Society students participated in the town's Clean Sweep event in April. Courtesy photo.





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www.millisma.gov/sites/g/files/vyhlif901/f/uploads/ccr_2021.pdf

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Medway Senior Center Events

The Medway Senior Center is located at 76 Oakland Street. The Center is open Monday thru Thursday ---8:00 AM to 4:30 PM and Friday 8:00 AM to 12:30 PM. For more information call 508 533 3210. Contact us to sign up for our monthly newsletter for a full listing of all our activities and events. We offer a full range of exercise classes to fit all abilities as well as crafting classes and games.

June Events: **Home Safety Tips for Fall** Prevention:

June 15th @ 10:00 am - Did you know that one out of 4 older adults will fall each year? Come join Deb Froehlich, OTR/L from Complete VNA, as she shares simples things that can be done to make your home setting safer. Call to reserve your spot for this important presentation.

SHOPPING TRIPS

Transportation provided! Please note- you must call to reserve your spot! All passengers must be able to get themselves from curb to curb without assistance. Pickups start at 12:00 pm.

June 13th @ Noontime -Foxboro shopping- going to the Trader Joes plaza.

June 20th @ Noontime - Milford Shopping trip- take a ride with us to the Home Goods/TJ Maxx plaza.

New Players Needed

Hand & Foot Canasta - experienced players and beginner's welcome! Join in on Wednesdays @ 9:30 am

Bridge Players – Fridays from 8:30 am to 11:00 am. Call the center for more details

Horseshoes - Looking for more members to join this new team! Meetings are Thursdays starting @ 11:00 am. Call the center to sign up.

Pi Mah Jong – looking for new players for this newly formed group. Games are Wednesdays @ 1:00 pm.

Scrabble players – Love this word game? Sign up for this new group and come play!

BINGO – starting a new BINGO group on Mondays at 10:00 am. Sign up to reserve your spot!

Golf- Join our golf league! Beginning on June 7th @ 10:00 am tee time at the Pinecrest Gold course in Holliston. Call to join the team!

SNAP Benefits

If you are struggling with the rising cost of groceries, you may be eligible for SNAP benefits. Call the center and ask to speak to the Outreach department about eligibility and the application process. We can help!

Already receiving SNAP benefits? You may be eligible to receive a community share of fresh fruits and vegetables from the Medway Community Farm. Call the Outreach department for more details on how to sign up for this benefit.



SPARK Kindness presents CPARK a FREE program at the Morse Institute Library on Saturday, June 11th at 2pm













Medway High School to Offer First Innovation Pathway in Healthcare and Social Assistance

Principal John Murray is pleased to announce that Medway High School will begin offering its first state-designated Innovation Pathway next school year.

Innovation Pathways are designed to give students coursework and experience in specific high-demand industries. The 'real-world' pathways allow great flexibility for students who want hands-on experiences and high-level coursework that will prepare them well for both college and career. Innovation Pathway programs designated by the state include information technology, engineering, healthcare, life sciences and advanced manufacturing.

The Innovation Pathway in Healthcare and Social Assistance will be the first pathway offered at MHS, and will give students access to real-world hands-on training to prepare them for careers in medicine, nursing, emergency medical services and more. Through their participa-

tion in the pathway, students will build career awareness, gain skills and participate in classroom and work-based learning.

In the Healthcare Assistance pathway that will be offered at Medway High School, students will take biomedical courses offered in partnership with Project Lead the Way (PLTW). Courses in the PLTW Biomedical Science pathway may include Principles of Biomedical Systems, Human Body Systems and Medical Interventions.

Students in the pathway will participate in an internship with a local healthcare partner for up to 100 hours. They will also complete a capstone experience where they will do a project of their interest in relation to the pathway.

"We are excited to implement this Innovation Pathway at Medway High School as a unique offering for our students interested in exploring healthcare or social assistance careers," Principal Murray said. "This initiative will connect them with real-world experience and high-quality instructional materials and will partner well with the biomedical courses offered through our Project Lead The Way program. Students will participate in a truly immersive learning experience that aligns with their interests and prepares them for life beyond graduation."

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Medway Pride raising on June 4

Flags will fly along Route 109 near Choate Park

By Theresa Knapp

In celebration of Pride Month, eight Pride Flags will fly on lamppost flagpoles on Route 109 near Choate Park between June 4 and June 10.

On June 4, the first weekend of Pride Month, at 9 a.m., Pride flags will be raised on the eight lampposts along Route 109 between Lincoln and Evergreen Streets (four flags on each side of the street), followed by a celebration at the Choate Park Pavilion.

The "Progress Pride Flag" is an updated version of the more commonly recognized rainbow flag, which was created in 1978.

Residents Andrea Moores and Cyndy Ellis petitioned the Medway Select Board in April to raise the flags.

Moores said that, "In 2018, the [rainbow] Pride flag was



Eight "Progress Pride" flags (similar to photo) will fly between June 4 and June 10 along Route 109 in Medway in celebration of Pride Month.

redesigned to include the Chevron which consists of black, brown, light blue, pink and white stripes, and those were added to represent marginalized people of color, trans individuals, and those living with HIV and AIDS. So that's the flag that we'd like to use because that's the flag that's

most inclusive of the LGBTQ+ community.'

Ellis told the Select Board, "The Pride flag, for those in this community, sends a message of inclusion and respect. To see that flag flying will tell members of this community they are accepted, they are loved, and they can be authentically who they

Moores said, "This means a lot to me and I know it's going to mean a lot to my children."

MEDWAY PRIDE MONTH CELEBRATION

- Event: Progress Pride Flag Raising & Pride Celebration
- When: Sat., June 4 at 9 a.m.
- Where: Flags will be raised on eight lampposts on Route 109, starting on the corner of Route 109 and Lincoln Street and ending on the corner of Route 109 and Evergreen Street, Pride Celebration at the Choate Park Pavilion to follow.

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- Medway Oil and Propane
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- Mihran Associates LP
- Muffin House Cafe
- Murphy Insurance Agency
- My FM 101.3
- Neighborhood Wrench
- Paramount Industries
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Real Estate Corner

Local Young Leaders Mobilize Community For Positive Change

Medway Project 351 Ambassadors Leads Service in Support of Children

This spring, Project 351 Ambassador Claire Mullen (8th-grader), Alumni Palak Yadav (9th grade), and Alumni Lile Simmons (11th grade) – all of Medway -- are demonstrating the positive impact of compassion-in-action. They are one of 331 leaders leading Project 351's statewide service campaign in support of Cradles to Crayons (C2C), a nonprofit that provides low-income and homeless children with everyday essentials to grow, learn, and thrive.

Project 351 is a non-profit, statewide youth-driven service organization that convenes an eighth-grader from every city and town in Massachusetts for a transformative year of leadership development, enrichment, and impact through unique service opportunities. In April, Ambassadors and Alumni helped C2C meet the critical needs by leading children's

clothing drives at 348 service sites in 226 cities and towns across Massachusetts.

With the guidance of their teacher Ms. Luvisi, Mullen, Yadav, and Simmons led clothing drives at Medway Middle School, Burke Memorial, and McGovern Elementary School in April. They collected twenty-five 13-gallon bags of clothing for Cradles to Crayons over 5 days.

"I serve in dedication to the future, in hope that someday we will live in a society where everyone has what they need to thrive in a world of peace and love," shares Claire Mullen, the 2022 Medway Ambassador.

This was Yadav and Simmons' second year of leading Spring Service, and all three of them would like to thank all community members and educators for their continued support and contributions.

Spring Service is a cornerstone of Project 351's service mission to address the causes and consequences of poverty through the development of compassionate and skilled service leaders. Since 2012, Ambassadors have impacted 123,853 children served by Cradles to Crayons and annually generate the organization's largest in-kind donation -- 17% of all totals.

"Spring Service is a testament to the power of the community to meet any challenge and the positive change that can be achieved through compassionate action. With the support of their educators and families, Ambassadors are mobilizing more than 82% of our state's cities and towns in service to Cradles to Crayons," said Carolyn Casey, Executive Director and Founder of Project 351, "As they serve, Ambassadors foster the values of kindness and empathy; and strengthen the ethic of service and civic responsibility. And, they demonstrate that when we unite in common cause, anything is possible."

Spring Service is a milestone of the Ambassadors' 12-month Leadership Journey. Other highlights include 9.11 Tribute Service in support of the Massachusetts Military Heroes Fund and Hope & Comfort; Fall Service, a campaign to end hunger through the support of hundreds of hometown food pantries; Hope & Gratitude Walk to raise funds for three nonprofits selected by Ambassadors; quarterly regional service events; and Service Leadership Academy, a forum for leadership development, civic engagement, and service impact. Ambassadors are guided by near-peer Alumni mentors and enriched by the leadership lessons of a community of Project 351 Service Heroes including First Lady Lauren Baker, Devin, Jason McCourty, Ming Tsai, and Bill and Denise Richard.

ABOUT PROJECT 351:

Founded in 2011, Project 351 fosters unity and strengthens the ethic of service through the engagement and enrichment of an eighth-grade Ambassador rep-

resenting every city and town in Massachusetts. Annually, Ambassadors — who exemplify the values of kindness, compassion, humility, and gratitude — are selected to engage in a transformative year of youth-led service. Through Project 351, Ambassadors gain skills for a lifetime of service, strengthen the ethic of civic engagement, and scale service impact to address the causes and consequences of poverty. In 2021, Ambassadors will mark one million neighbors served. Project 351 is funded entirely by the private sector and individuals. Its mission is made possible by the generosity and civic engagement of its Legacy Partner, the Martin Richard Foundation, and a community of private sector and civic leaders including, John Hancock, Blue Cross Blue Shield of Massachusetts, Mabel Louise Rilev Foundation, Michael T. Carmen and Pamela Lederer, The HYM Investment Group LLC, The Foundation To Be Named Later, Boston Celtics Shamrock Foundation, and media partner WBZ-TV.



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Luke

Massachusetts State Senate President Announces Hiring of Karen Adelman-Foster as Director of Community Engagement and Municipal Policy

(Boston – 04/26/2022) Massachusetts Senate President Karen E. Spilka announced today that Karen Adelman-Foster has been hired as Director of Community Engagement and Municipal Policy in her office.

"Karen Adelman-Foster has extensive elected municipal experience and therefore really knows what makes municipalities tick—and what it takes to make local government effective," stated Senate President Karen E. Spilka (D-Ashland). "Combined with her work with the greater MetroWest region, Karen will no doubt hit the ground running in engaging the communities in my district, as well as bringing their needs into focus as we craft policy on the state level."

Adelman-Foster most recently worked as a Senior Communications Strategist at the Metropolitan Area Planning Council (MAPC), where she led external communications on the Metro-Common 2050 regional plan, co-led, with the New England Aquarium, the Community Partners for Resilience (CPR) project, coordinated the MetroWest Regional Collaborative (MWRC), and conceived and led the Regional Municipal Approaches to Diversity and Equity (reMADE) project. Before her work with MAPC, Adelman-Foster worked as a freelance writer and marketing consultant for a number of local and national clients.

In addition to her professional roles, Adelman-Foster served until last month as an elected member of the Natick Select Board, most recently as Chair. In this capacity, she collaborated with the Town Administrator on policy decisions and strategy on behalf of the Board, and was instrumental in establishing a new

town-wide Diversity, Equity, and Inclusion Committee and Chief Diversity Officer position.

From 2006 to 2012, Adelman-Foster served as an elected member of the Natick School Committee, where she helped oversee the hiring process for the then new Superintendent of Schools. She has also served in a number of other town positions, including as a member of Town Meeting, the Finance Committee, the Charter and Bylaw Review Committee, and the Strategic Planning Review Committee.

Adelman-Foster, who resides in Natick, holds a BA in Political Science from Swarthmore College and an MFA in Fiction Writing from the Iowa Writers' Workshop at the University of Iowa. Her first day in the Senate President's office was April 4, 2022

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Medway Market Update

MAY 2021 VS. MAY 2022

53

SF Listings YTD No. of Sold Listings 2021: 65 LISTINGS (\downarrow 18.5%) 2021: 35 listings (\uparrow 14.2%)

\$671,826

\$675,640

Avg. List Price 2021: \$578,593 (\(\gamma \) 16.1%)

Avg. Sales Price 2021: \$510,526(↑ 32%)

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3 Iarussi Way, Medway



5 Independence Lane, Medway



28 Fairway Lane, Medway



27 Causeway Street, Medway



212 Maplebrook, Bellingham



3 Olde Surrey Lane



8 Freedom Trail, Medway



4 Stonyridge, Medway

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Amount

Real Estate Corner

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Date	Medway	
5/17/2022	29 Lovering Street	
5/16/2022	18 Village Street	
5/16/2022	3 Olde Surrey Lane	
5/11/2022	19 Cedar Farm Road	
5/06/2022	30 Fisher Street	
5/03/2022	35 Milford Street	
4/29/2022	14 Sanford Street #65	
4/29/2022	227 Main Street	
4/29/2022	4 Stony Ridge Road	
4/29/2022	166R Holliston Street	
4/29/2022	4 Kingston Lane #5	
4/25/2022	33 Highland Street	
4/22/2022	19 Holliston Street	
4/21/2022	34 Fairway Lane	

Date	Millis
5/12/2022	47 Van Kleeck Road
5/12/2022	338 Village Street
5/09/2022	18 Hattie Lane #194
5/09/2022	178 Village Street
5/04/2022	81 Exchange Street
4/29/2022	27 Bogastow Circle
4/26/2022	35 Rockville Meadows
4/22/2022	200 Pleasant Street
4/21/2022	30 Walnut Street
4/21/2022	265 Orchard Street

\$575,000 \$525,000 \$905,000 \$1.15 mil \$665,000 \$980,000 \$331,000 \$640,000 \$665,000 \$800,000 \$183,800 \$400,000 \$490,000 \$985,000

Amount \$610,000 \$420,000 \$769,995 \$588,000 \$620,000 \$1.08 mil \$670,000 \$580,000 \$825,000 \$576,000

Source: www.zillow.com / Compiled by Local Town Pages

Agents of the Month in our Medway office!



Colleen Henney

Realtor®

617-694-5548

Candice Beecher Realtor®

774-696-1998

Top Listing Agent **April 2022**







Kim Bloom Realtor® 508-361-6888 KimBloomRE@gmail.com KimBloom.bhhspagerealty.com



Top Sales Agent April 2022





Faina Shapiro Realtor® 617-820-0600 Faina@BHHSpagerealty.com FainaShapiro.BHHSpagerealty.com



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Recent Home Sale



227 Main Street in Medway recently sold for \$640,000. Image credit: www.zillow.com



30 Wellesley Avenue Natick - \$739,000



Natick - \$649,000



Medway - \$699,000



Kensington Place, (Ava Marie Model) Millis - \$519.000



150 Spring Street Millis - \$469,000



60 Forest Stree



10 Sanford Street Hyde Park - \$679,000





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\$721,000
348 Plain Street, Millis
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3 & 5 Wingate Farm Road, Medway \$349,900 per lot Laina Kaplan



\$507,000 24 Dover Road, Millis Jennifer McMahon



\$1,465,000 32 Broken Tree, Medway Laina Kaplan



\$420,000 338 Village Street, Millis Jennifer McMahon



\$565,000 2 Neelon Lane, Medway Laina Kaplan



\$376,500 57 Indian Run Road, Bellingham Laina Kaplan

SALE PENDING



\$705,000 36 Eaton Road, Framingham Laina Kaplan



\$360,000 20 Hemlock Circle, Millis Jennifer McMahon



\$965,000 11 Robin Street, West Roxbury Laina Kaplan

\$385,000 11 Rydal Street, Worcester Laina Kaplan

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"Jennifer McMahon was the seller's realtor when we purchased the property, she was always available for any type of interaction and all the steps were extremely organized. Even from the buyer's point of view, she was superb. Now, it was time for us to sell this same condo, so we contacted her without any hesitation. It was just amazing from the beginning to the end. She was extremely well prepared from the very first meeting, and provided us all the customized information that we would ever need over the course of our home selling project. She was very knowledgeable, well-organized, detail oriented, and displayed outstanding professionalism on every single step of the process. As a result, we sold our property without any issues and well above the asking price. We highly recommend Jennifer McMahon and her team at Northeast Signature Properties, as they did everything flawlessly and went above and beyond." — **Mike & Liz Rokas, Millis**

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