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Vol. 9 No. 11

Free to Every Home and Business Every Month

July 2022

Ashland drivers can expect delays this summer

BY PATRICIA ROY

The renovation and reconstruction of the downtown area is \$30 million, multi-year project that has turned into a daily headache for many commuters.

In the works since 2017, there are likely many residents who may not be able to conjure up a memory of downtown that is not cluttered with construction equipment and orange cones. But there is an end in sight - the work is due for completion in early 2023.

However, added to the traffic grief is the Route 126/Pond Street Revitalization Project, a 1.7-mile section of roadway running through town from the Framingham town line to the Holliston town line.

The Department of Public Works posts weekly updates on the town website and reminds drivers to “give yourself extra time to get where you are going and be patient.”

Crews are doing the best they can to get drivers through the construction area quickly



and safely, the newsletter states.

In the upcoming week, crews were expected to finish paving the current stretch of construction on Monday, June 20 and Tuesday, June 21. Full depth construction commenced on the next 2000 feet beginning Wednesday, June 22, and continue through Friday.

The work began at Nash Ave. and continue to Eliot Street.

This two-lane two-way section of Route 126 has 17,730 vehicles traveling it in the north and 12,100 in the south. It does

DELAYS

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New home for Ashland Fire

BY PATRICIA ROY

The state of the soon to be former public safety buildings in town can be described in two words – old and older.

The Ashland Police station is a relatively youthful 44 years old, while the Fire Station clocks in at 95 years.

In 2008, the Mass. Municipal Association Consulting Group found a litany of items that needed to be remedied in both buildings. These included inadequate space for vehicles and equipment, no room for expansion, poor design and layout, no room to conduct training, inadequate facilities for female employees, as well as staff crowding.

The buildings' locations by the railroad track poses a unique hazard; they are vulnerable to a derailment and passing trains delay emergency response.

The heritage-aged building problem is on the cusp of being remedied, however.

In 2018, voted \$3,500,000 for construction documents and accepted the gift of land at 12 – 16 Union St., for a new Public Safety Building. An additional \$27,000,000 was voted to complete the project.



Installation of the communications tower.

The new structure will be 42,000 square feet with three stories, a one-story apparatus building with mezzanine, a sally port with police vehicle storage and a standing carport. There will also be a freestanding shooting range.

The ground level will contain the main entrance for the public, dispatch, booking area and cells,

NEW HOME

continued on page 2

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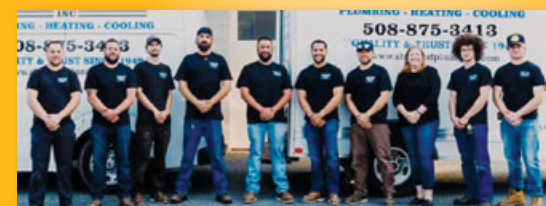
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NEW HOME

continued from page 1

a roll call room, offices for police and a K-9 kennel.

The fire department will house a watch room, apparatus bay, training mezzanine, dorm rooms, day room and kitchen.

Both departments will share a fitness area. The third level will contain offices and conference rooms for both police and fire.

The expected completion date for the rapidly rising project is Sept. 9 of this year.

In May and early June, work has been ongoing on drainage and utility work, shooting range installation, antenna tower and traffic light foundations. Pads for the generator and dumpster will also be installed.

Some members of the town's Public Safety Building Committee toured the building in progress with Owner's Manager Bill Nangle.

They viewed the administration offices, dispatch room, living quarters and cells among other areas.



The Progress of the exterior at the rear of the fire department side.
Photos courtesy of the Ashland Public Safety Building Facebook page



The Progress of the lower green roof.



The Progress of the third floor finishes—paint and ceiling grid.



The Progress of the apparatus bay.

An exciting innovation – a green roof which is a layer of vegetation on top of a building is in progress. The advantage of this feature is energy savings through increased R-value (resistance of a material to heat flow) and storm-water management by controlling run-off and retention.

The National Park Service estimates that over a 40-year lifespan of a roof, there is some \$200,000 in savings, mostly through energy costs.

With a spiffy new building in the works, one might ask what about the two venerable ones left behind.

So far, residents have suggested a mixed-use workspace, housing, art center or restaurant.

Demolishing the Police Station and putting up a parking lot would create an additional 50 spaces downtown.

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DELAYS
continued from page 1

come up short on aesthetics, amenities and safety according to the Massachusetts Department of Transportation.

With inconsistent road widths and variously marked travel lanes, and “stingy” shoulders at just two to five feet wide, the Route 126 corridor experiences an above average crash rate compared to the statewide average, along with substandard bicycle and pedestrian infrastructure according to the Massachusetts Environmental Notification Form.

The full-depth pavement reconstruction and road widening will address safety, operational and multimodal deficiencies including accessible sidewalks, designated bicycle lanes and improved intersection sightlines.

Full depth reconstruction addresses the base problems of road work, rather than filling holes, sealing cracks and covering with overlay or an additional layer of pavement.

The asphalt service is pulverized into a reusable material that is incorporated into the failing base. Further stabilizing materials can be added. This mixture is then reshaped and re-compacted to provide a stable base. Finally, a layer of chip-seal or asphalt is applied to make a more durable and longer-lasting road. The layers may go as deep as 20 inches.

Wheelchair ramps will also be installed in compliance with the American Disabilities Act.

Traffic improvements at the intersection of Route 126 and Eliot Street include traffic signals, stone masonry retaining wall construction and minor drainage improvements, along with the installation of granite curbing and edging as well as sidewalk construction and resetting the guardrail.

The project is due to be completed in 2024.

The downtown project is complicated by moving overhead utilities underground, affecting water, sewer and storm water lines, all under the direction of the Ashland Department of Public Works.

See You at Ashland Farmers Market

- **Destination for “foodies” and folks who care about what they eat and care about food’s role in the survival of the planet.**

The Ashland Farmers Market offers whole foods rather than highly processed foods; locally grown foods, rather than foods trucked in from distant distribution centers. It offers produce grown organically and through environmentally responsible practices. And it offers products from animals that are sustainably raised and humanely handled.

- **Place to see your neighbors, enjoy live music and break bread together.**

Come for breakfast, stay for lunch. Enjoy a variety of free concerts with jazz, pop, folk, or rock each week in July from 10:30 to 12:30.

- **Fun family destination with an active Kid’s Corner and special event days.**

Kid’s Corner from 9:30 to 10:30. Games, crafts, and Outlast Blocks. Mark your calendar for Farm Day on July 23 with barnyard animals and tractors to climb on.

- **Up to \$25 SNAP matching program, and HIP for free fresh produce.**

Bring your SNAP EBT card to the green Market Manager tent for an extra \$25 each time you shop at the market. Long Life Farm and Upswing Farm offer the Healthy Incentives Program (HIP) for free vegetables and fruits. And some food vendors accept WIC and Senior Coupons.

- **Eric the Knife Sharpener on July 9.**

Bring your knives, tools, and scissors to be sharpened while you shop.

- **Local artisans and their hand-made works.**

Support local businesses when you seek out unique soaps, jewelry, handcrafted cards, upcycled bags, and more.

To sign up for weekly eBlasts and find out what’s happening, go to www.AshlandFarmersMarket.org. Join us each Saturday 9-1 in downtown Ashland at 125 Front Street, across from the Library. Remember to bring your reusable shopping bags or use ours.



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Introducing Ashland Access

Dear Reader,

Are you looking for the latest information from our Town Hall departments? The Town of Ashland prepared a special publication located in this newspaper! Take out the insert in this edition of Local Town Pages, and take a look at the brand new publication, Ashland Access!

Ashland Access is a brand new method of communicating directly to each of you. Ashland Access contains valuable information, including Town department updates, upcoming events, and featured articles highlighting unique aspects of our community.

This publication fulfills our goal to prioritize printed communications to access more commu-

nity members. In addition to this printed newsletter, a digital copy will remain on our town website, ashlandmass.com, on our Communications webpage. This easy-to-read digital format will be eligible for downloading and printing at any time from your home or our local library and community center.

Ashland Access will be an annual print publication with two additional digital editions.

We hope you find Ashland Access informative and helpful!

Sincerely,

Michael Herbert, Town Manager and the Town of Ashland Team.

Construction Update for the Route 126/ Pond Street Project

After decades of planning for the state-funded, \$20+ million 126/Pond Project, construction is in full swing and the project is finally off and running. Although it is exciting and wonderful to see crews hard at work beautifying the corridor it can be challenging to travel through this section of town. By the time you are reading this, the full depth construction (milling and paving) on a major portion of Pond Street will be wrapping up and you will travel on newly paved roads. Thank

you for your patience during the difficult time of full depth construction, it has been hard on residents and business owners and has required additional time and perseverance. Although the pavement will be smooth there is much more to be done!

Here is a rough timeline of what is to come; In the month of July, crews will begin work on sidewalks and will begin to install new lighting poles as well. The Algonquin intersection is slated to be completed this Fall. The

Spyglass Roundabout will take approximately 5-8 weeks to complete and it is the hope to have that completed by Spring of 2023. The remaining work to be completed in 2023 includes retaining walls at Spyglass and Eliot, utility work, installation of four new culverts and crews will finish full Depth Construction from Marker 77 to the Framingham Line. Final paving of the corridor will occur in Spring of 2024.

Regina Wilkinson Named as Ashland Public Schools' New Director of Nutrition Services

After 16 years with Ashland Public Schools, Director of Nutrition Services, Lisa Beaudin announced in December that this school year would be her last. Since then, the district has searched for a successor and is excited to announce Regina Wilkinson will be the next director of nutrition services.

Since 2016, Wilkinson has served as an administrative assistant in the district's nutrition services department. She has 20 years of K-12 experience, along with additional culinary employment in New York, Boston and Japan. Most recently, she served as a high school kitchen manager for Westwood Public Schools. She has an Associate's Degree in Culinary Arts from the Culinary Institute of America and a Certificate in Excellence in Child Nutrition from Framingham State University.

"Over the last 20 years working in K-12 school nutrition services, I have partnered my passion for cooking good healthy food with the day-to-day operation of running a successful food service program. What we do as a department – as a team – is an important part of each student's day. If Ashland "Clockers" eat good, healthy food, they are ready to learn. Moreover, when they do not, countless studies show the adverse effects of an unhealthy diet. I am proud to say that the Ashland School Nutrition Program feeds the whole child to make them great learners that can engage and learn," said Ms. Wilkinson.

Ms. Wilkinson is excited to continue bringing her passion for cooking and food into her new role beginning July 1.



ABOUT ASHLAND PUBLIC SCHOOLS

Ashland Public Schools is a forward-thinking district located in Ashland, Mass., serving nearly 3,000 pre-K through grade 12 students in five schools. For news, updates and announcements, follow Ashland Public Schools (@AshlandClockers) on Twitter.

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Juneteenth Poetry Contest Winners

Ashland Residents for Equity and Action held a poetry contest around the holiday Juneteenth. The topic was: What does Juneteenth mean to you?

Juneteenth

BY NATHANAEL.

Juneteenth to me means more than I can express with words It is a celebration of freedom from those who wanted us leashed like dogs. From those who said those of color must be chained must be contained. It is a way of celebration for those who were forced to work day after day so on this Juneteenth is a day when the enslaved jumped for joy for freedom who cried for their freedom and toiled after their freedom. So they no longer have to suffer slavery but finally found liberty with our Nation america whose history has sanitized by those who feel as if the suffering of the slaves the horrendous form of torture known as slavery shouldn't be shared but instead hide it and not try to make amends to the african people like me. For those children who had to cry for days and their freedom strayed from them and stripped from the and were tortured by their masters. and were treated as mere animals but Juneteenth is a day where our culture is represented not covered up and told by those who in the past enslaved us but told by the people it came from. It is a time when black excellence is to be shared. And to remember those who suffered day after day.

This is what Juneteenth means to me.

Juneteenth

BY PHOEBE FELLEBAUM
MRS. BALUKONIS - GRADE 4.

Running, working, hot hot sun
Not being a part of anyone
All the horses riding up
Someone gets off and speaks up
He said we were no longer owned by somebody mean
We were our own - finally free

Packing, packing right on out,
Fleeing free round about.
After that it was walking and walking night and day
Finding hope in every way.
Feeling worse than before
But knowing it would last forever more.

Now today remembering that joyful day
We play and play out in the sun
that same sun black ancestors worked in
That same sun they packed in
On that happy, sad and mad day
Remembering a very hopeful day.

Juneteenth

BY CHARLOTTE ROSEMARY DOWD.

Dark and cloudy, The month after may. Scratches on hands from working all day. Picking cotton being abused. So so tired from being used. Like rocks that were kicked and nobody cared. When standing for auctioning always scared when they stared and stared. Being sold to ones with hearts hard and cold. Some may have been young but work made them feel old. Until the 19th day of the month after May. All went upside down. It was sunny and each other's smiles they saw, happy tears everywhere due to the new law. Slaves were no longer forced to clean. In Texas slaves were finally free, and that's why we celebrate the day Juneteenth.

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Events Around Town

It is officially event season for the Town of Ashland! June held so many great events such as The Corner Spot Opening Day Birthday Party Celebration, the kickoff to our MetroWest famous Farmers Market, Juneteenth Celebration, and more. We hope that you had a great time at these events and look forward to participating in all of the upcoming events!

Ashland Farmers Market

The Farmers Market launched its eleventh season on June 11th from 9 am – 1 pm downtown on 125 Front Street. Food vendors lined the space on Front Street, while the community enjoyed a live performance by Railroad House Band. At Kids' Corner, Ashland's youngest community members had fun with collage. Vendors ranging from fresh produce, prepared foods, delicious sweets, and beverages offered something for everyone. Artisans

complemented the day offering unique items to gift yourself or a loved one. It was an amazing day with great weather and community atmosphere!

The Corner Spot

The Corner Spot season began with an Opening Day Birthday Party Celebration celebrating 5 years of the space. The community gathered for great food from the Art of Umami and live music from Hit the Bus. Fresh lemonade, cupcakes, an ice cream truck, and candy bus were perfect editions to this birthday party! Thank you to everyone that helped celebrate this community spot!

Also in June, The Corner Spot showcased vendors for Shop on the Spot. New this year, this Shop on the Spot is an opportunity to discover new businesses, their products, and shop from different vendors all in one spot!

Community members shopped from Decolores Houseware, Simply Eeve, Bali Marle, Meybell's Beauty Shop, Sandie Rossini Designs, Bright Beginning, and more! Our local cable station WACA TV also hosted a Summer Movie night where we had delicious food, beverages, and ice cream while we watched the 80's classic E.T Extra Terrestrial.

There is always fun to be had at the #bestspotintown!

Juneteenth

The community groups Ashland is United and Ashland Residents for Equitable Action teamed up to host a very important event, Juneteenth. Held at The Corner Spot, the community gathered to celebrate the newly established Federal holiday commemorating the emancipation of black Americans and celebrating African-American culture. The day included performances from

Mirlande Butler, Drum Nomads, and a poetry recitation. Lisa Abbasia of Backstage Dance also led a dance workshop. Chef Sentie of Sentie's Kitchen prepared a delicious menu featuring his signature African BBQ Cuisine. We had a wonderful time celebrating this important holiday.

Upcoming Events in July

CultureFest at The Corner Spot located at 6 Cherry Street on Saturday, July 23, from 12-4 pm.

Welcoming community members near and far to enjoy a great afternoon of music, dance, diverse cuisine, and beverages, as we celebrate a variety of cultures that make our community fabulous!

Visit the Corner Spot website, thecornerpotashland.com, or the flyer on the bulletin board of "the shed" for more events!

Shop on the Spot at The Corner Spot located at 6 Cherry Street on Friday, July 8, and 22, from 5- 7 pm. There are more opportunities to discover new businesses and their products! Come on down to support these local business owners.

Ashland Farmers Market located at 125 Front Street on Saturdays until October from 9 am – 1pm.

Each week at the Farmers Market hosts a vast array of different vendors with some new and familiar faces. Don't miss special theme weeks! Visit ashlandfarmersmarket.org for market day details.

Stone Park Summer Concert Series at Stone Park located at 73 Summer Street on Tuesday evenings. In July, concerts will begin at 7 pm and at 6:30 pm in August. For more information contact the Ashland Day Committee.

Ashland Resident Graduates from Mass Maritime

Massachusetts Maritime Academy held its 179th Commencement Exercises last month.

Ashland resident Benjamin

David Temple graduated with a degree in Marine Engineering.

Robert Maersk Uggla, CEO AP Møller Holding, addressed

the Class of 2022 at the

Commencement Exercises at Massachusetts Maritime Academy for both undergraduate and graduate degree recipients.

The Academy named two Honorary Members of the Class of 2022: Robert Maersk Uggla, CEO AP Møller Holding; The Honorable Ronald J. Mariano, Speaker of the House of Representatives of Massachusetts.

Uggla was the keynote speaker at the commencement ceremony. He addressed the graduates on the importance of being responsible global citizens; the fragility of the international supply chain and how organizations that are well-prepared to respond will become leaders across the globe; optimism and opportunity in the maritime industry; and the need for industry and global leaders who lead with empathy.

There were 385 graduates in seven Bachelor of Science programs and three Master of Science programs.



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10-50 Main Street Mill Building Property

Community Forum Recap

The Mill Building property located on 10-50 Main St. is being proposed for redevelopment by the property owner, Rich Gordon.

Recently, Gordon and his development team put together two forums to present the latest project plans and gather resident input and ask questions about the project.

At the last forum on June 8, Gordon's development team began the presentation by addressing questions from the forum on May 24, such as the parking space to retail and residential spaces ratio, the traffic impact, and the fiscal impacts among others.

The presentation continued with updated renderings

since the May forum. Community members voiced concerns about the size, scale, and aesthetic character perceived by the updated drawings. After these sessions, it is anticipated that Gordon will submit an official application to the Planning Board soon.

Even though an official application has not been filed, because of community interest the town created a web page dedicated to this project on the town website. The page shows different design iterations and videos of the previous forums. This webpage does not have the June 8 forum posted at this time. It will be posted shortly.

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Your Money, Your Independence

Enjoy Every Sandwicher Moment.

Once David Letterman had frequent guest and a favorite musician of his, Warren Zevon, on for an entire show. Zevon, who'd disclosed terminal cancer, performed and interviewed throughout. Dave at one point asked, "Anything you know now, that I should know?" to which Zevon wittily deadpanned, "Enjoy every sandwich."

Those raising children and helping aging parents often feel rushed and are distracted thinking about what's next, overlooking the beauty of daily, mundane moments.

July is National Sandwich Generation Month, celebrating a generation of people sandwiched between caring for their young children and aging parents at the same time.

I'm a Sandwicher, as are approximately 15% of Americans between ages 40-60 who face the challenges of planning, communicating and executing for 3 generations at once.



Fathers Day 2022

In 2018, my parents were struggling with health to remain independent in NH after 60 years in their home. Stress raised on my mom as a caregiver and daily living/house routines began to slide. My wife, our daughters (then 5 & 3) and I lived comfortably in our Ashland home. The adults agreed on a Plan B supported by updated financial planning. Sell both homes, buy a new home for 3 generations and live as one household sharing in daily responsibilities.

The urgency was greater than anticipated and not without challenges since our move to Holliston, here's some antidotes for Sandwichers:

Small talks instead of "The Talk." Families don't like to think about declining health and elder care, let alone discuss it. I used single topics tied to a recent story about a friend, asking what they would do. Gained small agreements, the changed topics as would address others another day to frame a mutual plan.

Bring in outside mediators. My aunt shared with my mom that time is not your friend. She encouraged the positives to take action now, rather than later when fewer options are available. Additionally, we consulted with an elder care attorney on understanding MA Health options, current trusts, POAs and proxies before making the move.

Your spouse's support is critical. Incredibly fortunate to have a spouse that pushed me to see the positives and embraces bringing family in as "you'd want your daughters to treat you the same someday."

Through the eyes of a child. It's not all about you, the girls show the love and benefits of learning by being around grandma and grandpa. And vice versa, as health has improved so has activity as the girls provide motivation and energy.


Sometimes timing is everything. I couldn't imagine the anxiety and ill-advised actions my parents would have faced on their own these past 2-plus years.

Your parents sacrificed many things to make sure you had it better, including concealing issues to not worry you. Be open with communication and embrace change, the best ways to prevent costly unintended consequences and ensure positive lasting memories.


The opinions voiced in this material are for general information only and are not intended to provide specific advice or recommendations for any individual.

Glenn Brown is a Holliston resident and owner of PlanDynamic, LLC, www.PlanDynamic.com. Glenn is a fee-only Certified Financial Planner™ helping motivated people take control of their planning and investing, so they can balance kids, aging parents and financial independence.

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Library News

Summer Reading

Summer Reading for All Ages:

Sign up the whole family on Beanstack and be ready to Read, Watch, Listen all summer long. This year's reading theme is "Read Beyond the Beaten Path" and we'll be having fun related programs through the summer. And, prizes, don't forget the prizes (although reading is a prize in itself, right?)!

Read Across Ashland! at the Corner Spot

Saturday, July 16 @ 10am-2pm

Join us for a day of reading - grab your friends and family - bring your own books, blankets, snacks, drinks and plan to spend some time reading and enjoying your fellow Ashlanders! Miss Lois will be on hand from 10-12 to read stories to the kids who would like a storytime.

Adult:

Virtual: Northeast Native Plant Primer -- 235 Plants for an Earth-Friendly Garden

Wednesday, July 6 @ 7pm
Author Uli Lormier will discuss his new book, "The Northeast Native Plant Primer: 235 Plants for an Earth-Friendly Garden".

A Discussion with the Library Director Saturday, July 9 @ 10am

Our Director, Meena Jain, wants to meet our community members, hear what you want from the library in the coming years, and brainstorm ways on how she can help make that happen.

Virtual: Books, Boots & Bridles: The Story of the Horse Back Librarians

Tuesday, July 12 @ 2pm
Learn the story of the Pack Horse Library initiative, a little known program of FDR's Work Progress Administration (WPA).

Virtual: Scott Joplin - "King of Ragtime"

Wednesday, July 13 @ 11am
Learn about what made ragtime so special as we delve into the details of Joplin's life and enjoy select pieces by the king of ragtime writers.

Virtual - What's on Your TBR pile? with author Suleikha Snyder

Wednesday, July 13 @ 7pm
Today we hear from romance author Suleikha Snyder. Wonder what she's read and loved lately?

Virtual: My Summers with a Serial Killer -- A Massachusetts True Crime Story

Wednesday, July 13 @ 7pm
Authors Liza Rodman and Jennifer Jordan will discuss their latest book, "The Babysitter: My Summers with a Serial Killer".

Virtual - The Other Madisons: In Search of Mandy

Thursday, July 14 @ 1pm
According to the oral history passed down through eight generations of her family, retired pediatrician Bettye Kearse is a descendant of the enslaved cook Coreen and her enslaver, and half-brother, President James Madison. She'll be talking about her book "The Other Madisons: The Lost Story of a President's Black Family".

Virtual: A Trip To Cambodia with Travel Photographer Jack Holmes

Tuesday, July 19 @ 2pm
Travel with Jack Holmes to Cambodia as he investigates ancient Angkor temples and culture in modern Siem Reap, digs for origins near Battambang, and visits the massive central lake Tonle Sap.

Virtual: The Life Cycle of a Star

Wednesday, July 20 @ 11am
Join us as we dive into the life cycles of stars - from their formation in massive nebulas to violent



supernova explosions, black holes, and more.

Virtual - Climate Justice - Addressing the Disproportionate Impacts of Climate Change

Wednesday, July 20 @ 7pm
Where does social justice and climate change overlap? How does identity (race, ethnicity, gender, etc.) influence the way a person will be impacted by climate change? And how can we, as concerned community members, fight climate change in a way that is just and equitable for all?

Virtual: A Civil Rights Investigation -- Mississippi Burning

Tuesday, July 26 @ 2pm
Investigate the disappearance of three civil rights workers during the Freedom Summer of 1964 using telephone conversations, oral histories, and documents as evidence to solve the case.

Virtual - Authors Grace Draven and Ilona Andrews: A Dinner Discussion

Tuesday, July 26 @ 7pm
Join authors and friends Grace Draven and Ilona & Gordon Andrews as they discuss books, writing, and whatever they'd like to!

Virtual: Beachcombing for Signs of Wildlife with the Mass Audubon

Wednesday, July 27 @ 11am
Learn how to read the landscape, search for wildlife, and understand the ecological relationships between species you may be familiar with.

Virtual - 'Story vs History' with Author and Antiques Appraiser, Kate Bateman Wednesday, July 27 @ 7pm

Bestselling historical romance author Kate Bateman is also an antiques appraiser with her own auction house in the UK. Join Kate for 'Story vs History' - a fast, fun delve into the similarities and differences between her two careers.

LIBRARY NEWS
continued on page 11



**ASHLAND
PUBLIC
LIBRARY**

Ashland Library's Recurring Programs

Children's Room:

Read to a Dog:
*For kids reading on their own (walk-in, sign up for 15 minute increments):

"Knives and Machete"
3rd Saturdays @ 10:30am - 11:30am

(Hybrid) Lapsit for Infants and Toddlers
Wednesdays @ 10:30-11am

Friday Morning Storytime *PreK and Up
Every other Friday @ 11-11:30am
Check our calendar for dates

PJ Story Time with Miss Lucie *Ages 3 and Up
2nd Tues @ 6:30pm

Teen Room:

(Teen programs are on hiatus until we find a new teen librarian)

Adults:

Book Clubs:
Virtual - Environmental Book Club
1st Tuesday @ 6:30pm

Virtual - Romance Book Club
1st Thursday @ 6:30pm

Mystery Book Club
2nd Wednesday @ 6:30pm

Cookbook Club
2nd Saturday @ 12pm

Bio/Memoir Book Club
3rd Wednesday @ 11am

Virtual - LGBTQ+ Book Club
4th Monday @ 7pm

Other Adult Programs:

DIY Green Products
2nd Thursday @ 6:30pm

Virtual - Friday Night Film Discussion
2nd and 4th Friday @ 7pm

Card Making with Jan Poppendieck
2nd Monday @ 6:30pm

Great Decisions Discussion Group
3rd Thursday @ 6:30pm

Knitting:
Mondays at 6pm
Saturdays at 2pm

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The b.LUXE *beauty beat*

Easy Breezy Summer Style

By GINA WOELFEL

After a not-so-hot start to the summer, it's finally getting warmer here in New England! The summer season is a time for fun in the sun, but it's also a time when your beauty routine can feel more like a burden. When the sun's out, you want to be out! Who has time for flat ironing or curling! At-home hair care can be time-consuming, especially if you're trying to achieve a certain style that takes a lot of effort. If you're looking for ways to streamline your look and simplify your summer hairstyle, consider these three salon services that, we feel, put more time back in your schedule.

1. The b.LUXE Blowout

If you're working each morning to straighten your hair, try a professional blowout that leaves hair smooth and sleek for days! Summer weekends are magical and the faster you can get out there and enjoy them, the better. If you have a summer weekend that's packed with events and parties, book yourself a b.LUXE blowout on Friday and let the fun roll in! Here's the plan: Blow-out on Friday means your hair is salon fresh and red-carpet ready for Friday night! Spray roots with dry-shampoo, twist in a top-knot bun and secure with a scrunchie overnight. Hair is full and wavy for Saturday play! If you're hitting the beach or pool, keep your hair secured in a bun. Meeting your friends for dinner and drinks? Let your hair down and add a few waves with an iron or wand. Repeat the nighttime routine for Sunday and voilà! You just rocked three days of fabulous hair with minimal effort! And for those of you who have thick, more naturally textured hair, there's no need to wash Monday. Just brush your hair back into a

tight pony and you're ready to start your work week!

2. The Cezanne Smoothing Treatment

For those of you who want a smooth, effortless, wash and go, style, there's no better method than the Cezanne Classic Smoothing Treatment! It smooths all hair types, including straight, wavy, textured and curly hair. It's non-toxic, 100% formaldehyde-free and doesn't contain any aldehydes or harmful toxins found in similar products. Cezanne not only adds gloss and shine while it straightens, it makes the hair stronger and healthier, too. It's revolutionary low pH formulation restores the bonds on broken or damaged hair. The Classic Treatment lasts up to five months and reduces blow dry time by up to 30%. You also won't need to rely on extra styling products to get the look you want. The Cezanne Treatment gives you more flexibility and allows you to change your style without affecting your smooth results. If you want to wear your natural curls one day and flatiron it the next, go ahead, you can!

For the month of July, receive your choice of a complementary smoothing product with a Cezanne Smoothing Treatment, valued from \$25 - \$40

3 The DevaCurl Haircut (aka the DevaCut)

Looking for a summer solution that will make your curly hair look its best? Say hello to the DevaCut! This unique approach to haircutting is specifically designed to showcase natural texture, and make styling your curls easier than ever. Most haircuts treat all hair textures the same way - your hair is wet, pulled straight, and then cut. For people with straight hair, this is a per-

fectly acceptable method. But, when you have curls, a cut like this usually results in an uneven nightmare. No two curls are the same. Curly hair wet is completely different from dry curly hair. One section can be perfect ringlets, while another might be more wavy. The solution: Dry cutting. By cutting the hair dry, in its natural state, our Deva stylist is able to cut the curls where they normally lay, thus creating a more balanced shape. This is the simple, but game-changing concept behind the DevaCut.

We hope you take some time for yourself and enjoy our summer style suggestions. Eliminating a few hours a week from your "to-do" list is always a good thing, especially during this beautiful time of year.

Be sure to check out our Summer Specials!

We'll see you soon at the studio! The b.LUXE Beauty Team



July + August Specials:

•SMOOTHING SPECIAL

Book a Cezanne or Brazilian Smoothing Treatment + receive a complimentary styling product from Brazilian Blowout at the time of your appointment

Choose from:

- Thermal Straightening Balm
- Root Lift
- Dry Oil
- Sculpt + Define Polish

Complimentary styling product valued at \$25 - \$40

•TEEN FACIAL or YOUNG ADULT ACNE FACIAL

WITH COMPLIMENTARY BROW WAX

Includes skin analysis, cleanse, steam, extraction, light massage, a bespoke serum and moisture.

Brow wax valued at \$22

Last Minute Luxury Deals

DUALSENSES INTENSIVE CONDITIONING SERUMS

2 FOR \$20

Regularly \$15 each

These treatments instantly lock in luminosity and color. Keeps your salon color vibrant for up to 22 washes.



HAPPY 4TH OF JULY!

In support of UV Safety Month this July, the American Academy of Ophthalmology reminds the public of the importance of shielding eyes from the sun's harmful rays with 100% UV-blocking sunglasses and broad-brimmed hats.

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Ashland Senior Center

JULY CALENDAR

please sign-in for the class using the kiosk

Monday	Tuesday	Wednesday	Thursday	Friday
				1 blood pressure check at 10:30am Exercise Class w/Joni at 9:30am Mahjong At 10am CLOSEAT 1PM
4 CLOSED	5 Drop-in Watercolor 9:30 -11:30am Art Class w/Ana at 11am Chair Yoga at 1pm Bingo at 1pm	6 Drop-in Watercolor at 9:30 am Exercise Class w/Joni at 9:30am	7 Cribbage at 12:30 pm Mindful Meditation at 1pm Backgammon at 1 pm Parkinson's Boxing at 1:30pm	8 blood pressure check at 10:30am Exercise Class w/Joni at 9:30am LEGAL CONSULTATION at 10am Mahjong at 10am CLOSEAT 1PM
11 Exercise Class w/Joni at 9:30am BARBECUE 12pm VARIETY SHOW 1PM PITCH CARD Game at 12:30 Chess Club at 1pm	12 Drop-in Watercolor 9:30 -11:30am Art Class w/Ana at 11am Chair Yoga at 1pm	13 Drop-in Watercolor at 9:30 am Exercise Class w/Joni at 9:30am financial topics at 12:30pm	14 HEARING SCREENING at 10am Cribbage at 12:30pm ANIMALADVENTURES at 1 pm Mindful Meditation at 1pm	15 blood pressure check at 10:30am Exercise Class w/Joni at 9:30am Mahjong at 10am CLOSEAT 1PM
18 Exercise Class w/Joni at 9:30am LUNCH 12pm PITCH CARD Game at 12:30 Chess Club at 1pm	19 Drop-in Watercolor 9:30 -11:30am Art Class w/Ana at 11am Chair Yoga at 1pm Bingo at 1pm	20 Drop-in Watercolor at 9:30 am Exercise Class w/Joni at 9:30am TECHHELP at 10:30am Parkinson's Boxing at 1:30pm	21 Cribbage at 12:30 pm at 1pm Mindful Meditation at 1pm TEAPARTY at 12 pm Backgammon at 1 pm	22 blood pressure check at 10:30am Exercise Class w/Joni at 9:30am Mahjong at 10am CLOSEAT 1PM
25 Exercise Class w/Joni at 9:30am LUNCH 12pm PITCH CARD Game at 12:30 Chess Club at 1pm	26 Drop-in Watercolor 9:30 -11:30am Art Class w/Ana at 11am Chair Yoga at 1pm	27 Drop-in Watercolor at 9:30 am Exercise Class w/Joni at 9:30am	28 MEMORY CAFÉ at 10am Cribbage at 12:30 pm Mindful Meditation at 1pm Backgammon at 1 pm	29 blood pressure check at 10:30am Exercise Class w/Joni at 9:30am Mahjong at 10am CLOSEAT 1PM

LIBRARY NEWS

continued from page 8

Local Author Book Fair *For Adults and Teens

Saturday, July 30 @ 10-12pm
Join us for our 2nd Annual Local Author Book Fair. Meet those you know and discover new ones.

Knitting:

Saturday Needlecraft Club
Saturdays at 2pm Monday Needlecraft Club
Mondays at 6pm

Teens:

Keep a lookout on our calendar for upcoming Teen programs!
Children:

Special Event:

Teacher Tales is Back
Check our calendar to join some of your favorite Ashland teachers for story times at the Library!

Wild Kat Hoops - Hula Hoop program

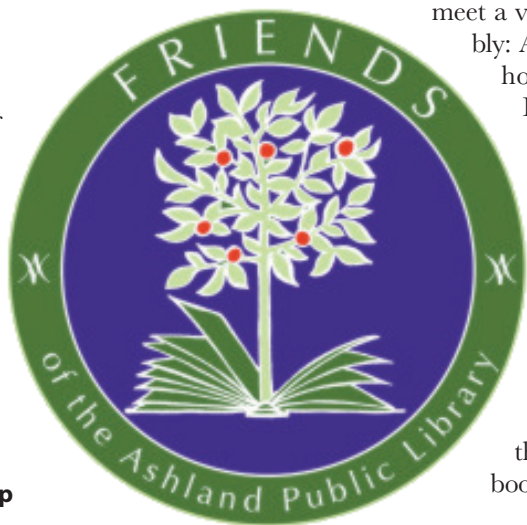
Friday, July 8 @ 10:30
At the Corner Spot
Hula Hooping is a low intensity, aerobic exercise that increases flexibility, and tones and strengthens one's body. Join us for fun and exercise!

TumbleBus

Wednesday, July 13 @ 10:30am
At Montenegro Square
Come have fun on the TumbleBus! The TumbleBus is an old school bus that has been fitted out with gym equipment inside. Kids can climb, jump, crawl and hang to their hearts content. For ages 2-6

Wildlife Encounters

Friday, July 22 @ 10:30am
At the Farmers Market Field
"Junior Zookeeper Encounter" Come meet a variety of wild animals. Possibly: Alligator, Fennec Fox, Hedgehog, Cockatoo, Giant Tegu Lizard, Giant Toad, and large snake.



Friends "Mini" Book Sale!

The Friends are opening up their new(ish) book sale room from 10-1pm on Saturday July 16th. Pop on by to grab some deals and, if you have some donations well, we'll take those, too! It's a combination book sale/donation day!

Mary Mortensen Public Health Award

This past Tuesday, the Board of Health presented the COVID-19 Response Team with the Mary Mortensen Public Health Award.

The award was presented to the COVID-19 Response Team comprised of the Ashland Police

Department, Fire Department, and School and Community Nurses for, "handling the complex and unprecedented issues surrounding the COVID-19 pandemic; despite the incredible challenges they faced, together they coordinated services, and devised a forceful response to the complexities of COVID-19."

As the Proclamation states, "Ashland's COVID-19 Response Team personifies professionalism and Public Service and demonstrates that when working



together, a community can navigate through an issue as unforeseen as a pandemic to keep our community safe, we thank them for their selflessness and dedication."

At the meeting, Fire Chief Robie, Fire Captain Mora-

ghan, Acting Police Chief Briggs, and Head nurse of public schools Audrey LaCroix were in attendance to accept the award.

The Mary Mortensen Public Health Award is an honor given by the Board of Health in honor of the late Mary Mortensen, a tireless advocate for public health. She was incredibly driven to improve the quality of life for the community. She selflessly accomplished so many initiatives and programs, many of which exist today.

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Women's Fashion Shoes in hard-to-find sizes
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All remaining summer sandals are \$20 off!
(Expires August 15th)

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ASHLAND PUBLIC SCHOOLS 2022-2023 CALENDAR

AUGUST '22

S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

24 New Teacher Orientation
 29-30 ALL STAFF Meetings
 31 First Day of School Gr 1-12

SEPTEMBER '22

S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

2 Labor Day Recess No School
 5 Labor Day No School
 6 Kindergarten & Preschool First Day
 26 Rosh Hashanah No School

OCTOBER '22

S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

5 Yom Kippur No School
 8-10 Family Reconnect Weekend
 10 Indigenous Peoples' Day No School
 24 Diwali No School

NOVEMBER '22

S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

1 (PreK-5) Early Release Before Lunch - conferences
 2 (PreK-5) Early Release Before Lunch - Conferences
 3 (PreK-5) Early Release Before Lunch - Conferences
 11 Veterans Day No School
 23 Early Dismissal Day Before Lunch
 24 - 25 Thanksgiving Recess No School

DECEMBER '22

S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

23 (PreK-12) Early Release Day After Lunch
 26 -30 Winter Vacation No School
 31 New Years Day Observed No School

JANUARY '23

S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

2 New Year's Day Observed Day for Teachers – No Classes
 13-17 Family Reconnect Weekend
 16 M.L. King Jr. Day No School
 17 Professional Development for Teachers – No Classes for Students

FEBRUARY '23

S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

20 – 24 February Vacation No School

MARCH '23

S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

17 (PreK-12) Early Release After lunch
 28 (PreK-5) Early Release Before lunch - Conferences
 29 (PreK-5) Early Release Before lunch - Conferences
 30 (PreK-5) Early Release Before lunch - Conferences

APRIL '23

S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

7 Good Friday No School
 7-9 Family Reconnect weekend
 17 - 21 Spring Break No School
 22 Eid el Fitr Observed

MAY '23

S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

26 (PreK-12) Early Release After lunch
 29 Memorial Day No School

JUNE '23

S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

4 Graduation AHS
 19 Juneteenth Observed No School
 20 Tentative 180th school Day Early Dismissal Before lunch
 27 185th day (if 5 snow Days are needed)

JULY '23

S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

4 Independence Day Observed

Please note: No athletic practices or activities allowed on religious observance days.
 Approved by Ashland School Committee November 18, 2021

Sports

Ashland Nine Looking to Make It 11 Years In A Row

BY CHRISTOPHER TREMBLAY,
STAFF SPORTS WRITER

Prior to the season beginning two-plus months ago, Ashland Baseball Coach Matt Messer was looking for his team to once again play out the year in high fashion, and once again advance into the tournament for the eleventh straight season.

The Clockers went 14-6 (11-6 in the Tri-Valley League) during the regular season and punched their ticket to play in the Division 3 State Tournament. Last spring, playing in the Division 3 South Sectionals the Clockers shut out Norwell 10-0 before losing to Fairhaven in the next round. Messer and his team is hoping to avoid another second-round loss.

"Ashland had been to the tournament 10 years in a row; that's something that we pride ourselves on," the Clocker Skipper said. "This year is going to be a little different with the power rankings and getting into the tournament based on strength of schedule."

Although Ashland pushed through the schedule and secured 14 wins, it wasn't what Messer thought the team would do despite bringing back the majority of the team from last year.

"I figured that we'd go 11-9 or 12-8 as it was going to be grind this year with the tougher schedule we put together, but I didn't think that we'd get 14 wins," he said. "You've got to give it to these kids, they've got a lot of heart."

The Clockers brought back their one through six batters from the previous season, and along with this year's seventh hitter, second baseman Ethan Antoniuk Ashland was able to do something special at the plate. Each of the first seven batters had at least 15 hits during the season.

"I've never seen anything like this happen, it's not even close. Usually you might get three, maybe four batters with 15 or more hits, but never seven on one team," Messer said. "These kids can not only swing the bat, but they can score runs. We scored 148 runs this season and that's in part to Football Coach Andrew McKay (who is also an assistant baseball coach) for getting them into the weight room and making

them stronger."

Leading off for Ashland is junior shortstop Connor Cowern, who was also named the TVL defensive player of the year. The Clocker shortstop was also named to the All-Star team while hitting .439 with 26 runs scored.

Following Cowern in the lineup, Ashland had junior first baseman Jack Reardon (21 runs scored), senior centerfielder Connor Kramer (.806 slugging percentage, batted .484 with 3 home runs, 30 hits, 24 RBI and scored 23 runs) and senior right-fielder Luke Herter (also caught a few games, batted .373 and led the team with 25 RBI). Seniors third-baseman Jake Troutman (14 RBI) and leftfielder Keegan Weiss batted fifth and sixth in the lineup.

Ashland on the mound was sophomore Ty Letichevsky, who went 5-3 with 66 strikeouts and a 2.13 ERA. According to Messer, Letichevsky is a power pitcher who throws about 86-87 miles per hour and should definitely get some Division 1 colleges looking at him by the time he reaches his senior campaign.

In addition to Letichevsky throwing heat, Ashland also had junior Chris Bialzik and senior Max Douglas also take turns on the mound this spring. Bialzik is a side-arm pitcher who posted a 3.73 ERA and came up big for the Clockers throughout the year.

"Chris was really clutch this year; tough to hit and we relied on him all season long," the Coach said. "Max is a kid who just wanted to help the team in any



get to 14-6. Ashland, the number nine seed in the Division 3 State Tournament, is scheduled to play Southeaster, the 41 seed, in the first round.

"I've told the kids that in order to get on a roll you've got to win the first one," Messer said. "With that said, we don't want to be looking to far ahead as its going to be tough. If we defeat Southeaster then we'll get the winner of Fairhaven/Gloucester (Ashland lost to Fairhaven last year in the Division 3 South Sectionals) and if we are able to get past that game, we'd most likely get Austin Prep, the number one seed in Division 3 and the only undefeated team in the state."

Troutman, Weiss, Herter, and Kramer were all captains as well this past season. Kramer, who had offers from Division 3 colleges will be heading to Division 1 Bryant University in Smithfield, R.I., next fall and will be looking to walk onto the baseball team.

While the one through seven hitters were hammering the ball against opposition pitching the Clocker hurlers were keeping batters in check at the plate. Leading

way that he could. We originally had him doing mop-up duty, but he eventually made his way into our starting lineup as our third starter."

Early in the season Ashland actually found themselves with a 3-4 record wondering how their season was going to play out. Luckily, the Clockers got back into the win column where at one point they were able to rattle off seven straight wins to eventually

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Ashland Lions Club July 2022 Update

Congrats Lions Scholarship Recipients

The Ashland Lions Club awarded four \$2000 scholarships to graduating high school seniors this year. Congrats to the Ashland graduates who received the awards this year!

Congrats Lions Officers for 2022-23

Ashland Lions Club held its installation of officers on June 26, 2022 at the VFW. We would like to congratulate and welcome our new club officers for the 2022-2023 Lionistic Year:

- President – Lion Steve Napolitano
- First VP – Lion Marilyn Barrows
- Second VP – Lion Dan Mitchell
- Third VP – Lion Lesley MacDonald

Special thanks to outgoing president IPP Lion Marcia Wiles for her leadership over the past year.

Lions helping out teachers at Warren School

Often school teachers have to take money out of their own pockets to cover school supplies above and beyond their annual allotment. This year the Ashland Lions provided \$30 to every



teacher at the Warren School to help out with extra school supplies and unforeseen expenses. Thanks to Lion Dok for the great idea!

Eyeglasses and Cellphone Collection

Eyeglasses and cellphone collection is a year-round project

with collection of used prescription and nonprescription eyeglasses, sunglasses, hearing aids and cell phones. This year we

have already collected over 1500 pairs of used eyeglasses this Lionistic year alone.

Collection boxes are located at:

- Ashland Post Office
- Ashland Senior Center
- Old train station - Ashland
- Moody Optical - Ashland
- Middlesex Bank – Ashland
- Fayville, MA Post Office
- Studio Optics – Framingham

Stay up-to-date on Lions happenings

To see the latest status of our events, please visit our Ashland Lions Facebook page. Click the Like button and you will be automatically notified of changes or cancellations. While you're at it, be sure to follow Ashland Town News too!

LION DAN MITCHELL

Community Shred-it Event

Our event was held on Saturday June 11, 2022, 9am-12pm and we had a great turn out. Thanks to our sponsors and thanks to all those who came out to participate in the event.

Federated Church of Ashland

Thrift Shop

Federated Church of Ashland
118 Main Street

Wednesdays - 10:00 AM – 6:00 PM
AND
Saturdays – 9:00 AM – 2:00 PM

Lots of Hidden Treasures

*Clothing - Jewelry - Books - Toys
Household Goods - Vintage Items*

~ Additional Parking behind Town Hall ~

Federated Church of Ashland
118 Main Street
In-Person Worship Services –
Sundays @ 10:00 AM
Also available Live on YouTube
FCOA



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Real Estate Corner



284 Main Street in Ashland recently sold for \$506,000. Image credit: www.zillow.com

Ashland Recent Home Sales

Date	Ashland	Amount
06/16/2022	56 Pine Hill Road	\$517,000
06/16/2022	5 Chickering Lane	\$1.08 mil
06/16/2022	438 Chestnut Street	\$1.01 mil
06/15/2022	28 Russet Hill Road	\$935,000
06/15/2022	22 Wayside Lane	\$677,500
06/10/2022	160 Captain Eames Circle	\$575,000
06/10/2022	331 Cedar Street	\$620,000
06/10/2022	237 Trailside Way	\$330,000
06/07/2022	27 Indian Spring Road	\$530,000
06/06/2022	62 Hingley Road	\$900,000
06/01/2022	61 Carriage House Path	\$760,000
06/01/2022	228 Pond Street	\$370,000
05/31/2022	183 Leland Farm	\$457,100
05/27/2022	22 Barry Drive	\$860,000
05/27/2022	21 Carl Ghilani Circle	\$715,000
05/27/2022	42 Davis Farm Road	\$812,500
05/25/2022	451 Captain Eames Circle	\$585,000
05/25/2022	23 Haven Way	\$520,000
05/25/2022	72 Fruit Street	\$660,000
05/20/2022	284 Main Street	\$506,000
05/19/2022	14 Water Street	\$500,000
05/19/2022	25-27 Tilton Avenue	\$635,000
05/19/2022	15 Bay Colony Drive	\$740,000

Image credit: www.zillow.com

Source: www.zillow.com / Compiled by Local Town Pages

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ENTREES

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Spinach, Tomato & Wild Mushroom Cream Sauce

LC's Lobster Salad Roll - \$25.00
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