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Norfolk & Wrentham

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Free to Every Home and Business Every Month

Scott Brown's Musical Return to Wrentham

By Grace Allen

He called Wrentham home for close to twenty years and might be considered its most famous citizen. Later this month, Scott Brown will return and he's bringing his band.

Scott Brown and the Diplomats will play on Wrentham's town common on Sunday, July 17 at 6 p.m., part of the Concerts on the Common series. It will be the second appearance for Brown, who made his musical debut in Wrentham during last summer's concert series.

"I've always loved music," said Brown, in a phone call. "I enjoyed singing in high school and college but then I got away from it. After I lost the election to Elizabeth Warren, I learned to play the guitar."

Turns out he was pretty good. He played some guest gigs with Cheap Trick, Alice Cooper, and the James Montgomery Band, among others. And of course, he played with his daughter, country music singer Ayla Brown, now the



Photo by Micah Gumel.

morning co-host at Country 102.5 in Boston.

"There's always been music in our family," Brown shared. "Before Ayla was born, I would sing to her and when she came out she would actually quiet down when I sang."

Scott Brown and the Diplomats formed after Brown's return to the United States from New Zealand and Samoa, where he served four years as Ambassador. That post capped

off his extensive political career, which started when he was elected to the Wrentham Board of Selectmen in 1995.

Brown brought his guitars with him to New Zealand, where he formed a band, engaging in what he calls "rock 'n roll diplomacy" to break down barriers and forge connections. He says one of the highlights

BROWN continued on page 2

Senior Center Director Set to Retire

By Grace Allen

After three-and-a-half years of directing Norfolk's senior center, Sherry Norman is retiring.

Brought on board in November of 2018, a big part of her tenure unexpectedly included helping the town's senior citizens navigate a public health crisis that directly impacted their age group the most.

Acknowledging the chaotic times, Norman reflected, "When you're doing it you don't realize it, you're just doing it. Now I'm here and looking back and I think, wow, how did we do that? Maybe that's why I'm ready. I think we're all a little tired after all we've been through the last two years."

Norman brought a varied skill set to Norfolk's senior center, including over fifteen years as a volunteer SHINE (Serving the Health Insurance Needs of Everyone) Program counselor, working some of that time in Wrentham's senior center. She was also assistant director and outreach counselor at Plainville's senior center.

Norman took over the job held by Christine Quinn, whose rocky tenure as director lasted only two



Senior Center Director Sherry Norman will retire on July 15, after three-and-a-half years of helping the town's oldest residents.

years. Quinn had followed Norma Shruhan, who held the position for close to thirty years.

"I wouldn't have been interested in the job if it was more of a maintenance job," said Norman. "I like to come in and make things better because I get bored pretty fort"

RETIRE

continued on page



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RETIRE

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Norman believes she achieved several of the goals she set for herself when she became director, including securing a Department of Transportation grant to make safety improvements at several intersections in town, with the ultimate goal of creating a "senior walking district." The grant also funded the installation of benches on the town's common.

Norman also worked to bring Meals on Wheels back to the senior center.

"Among Sherry's accomplishments on behalf of Norfolk's seniors has been her relocating Meals on Wheels to the Senior Center," affirmed Jerry Calhoun, the Chair of the Council on Aging and a volunteer driver for Meals on Wheels. "For several years, volunteer drivers traveled to Wrentham Senior Center to pick up meals for delivery to Norfolk residents. Thanks to Sherry these homebound Norfolk residents are more central to the Senior Center outreach."

She also helped transition the Friends of the Council on Aging lunches to a "grab 'n go" pro-

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gram because of the pandemic. Subsidized by the Friends, the lunches support local restaurants while providing a meal for seniors. Norman noted that about half of the seniors participating in the lunches now opt to eat at the center.

Norman also spearheaded the effort to secure Community Preservation Funds to construct a shade structure at the Senior Center. The COVID pandemic meant many of the center's programs had to pivot to an outdoor format.

During the vaccination rollouts in early 2021, Norman and her staff helped the town's seniors navigate the initial, seeminglydisorganized process to procure shots.

Although COVID provided many challenges, Norman believes there were some silver linings. While working remotely in 2020, the senior center's staff made reassurance calls to the town's senior citizens, updated the email database, put out a bimonthly newsletter (now back to monthly) to keep in touch with residents, and set up an interime email blast for tech-savvy older residents.

"One of the things I feel really proud about was that we were the first center in the area to re-open after lockdown and we never closed our doors again," Norman shared. "We did it thoughtfully, carefully, and safely for the people that really wanted and needed to get out."

Norman, age 67, will be moving from Plainville to Mashpee with her husband, who's retired from Bryant University. Although she says her immediate plans are to spend time on the beach and work on her new home, it's likely she won't be idle for long. She's already applied to volunteer for AmeriCorps Seniors, a chapter of AmeriCorps, perhaps as a SHINE counselor. She says she may pop into Mashpee's senior center, too, and offer her services there.

Norman says she will miss the staff, volunteers, and patrons of Norfolk's senior center, but promises to be back for the shade structure's ribbon cutting, which she hopes will be completed by next spring.

Her last official day is July 15. Norman will be replaced by Norfolk resident Karen Edwards, the Council on Aging's Vice Chair. Edwards previously worked as the Program Manager of Volunteer Services for Natick's Council on Aging.

"I'm thrilled about the choice," said Norman. "She's a known quantity and her mom used to play Bingo here. I think it's going to be a nice transition."

She added, "It's been a great run. I have no regrets. My mission was to right the ship and I feel like I've done that. We're in a really good place for me to leave it to the next person."

BROWN

continued from page 1

of his time as ambassador was playing in front of 15,000 fans at Sky Stadium in Wellington, New Zealand.

"When I got home, I said I'm going to continue playing," he explained, seeking out talented area musicians to reform his band.

Now living in Rye, New Hampshire, Brown travels to Pawtucket, Rhode Island, weekly to practice with his band at Jamstage, a recording studio. Along with Brown, who's on rhythm guitar and vocals, the other musicians include Rich Eisner on drums, Jesse Bastos on bass/vocals, Jon Hathaway, on guitar and vocals, and Robin Hathaway, on vocals. The band members hail from N. Attleboro, New Bedford, and East Greenwich, Rhode Island.

"I'm the martyr," quipped Brown. "It's about an hour and forty-five minute drive for me but it's well worth it because we get the whole stage and we can practice like we're performing live. I don't mind, and it gives me a chance to stop at Café Assisi or Aroma," two area eateries.

The band's set list, which is rock 'n roll heavy, focuses on music from the '60s on. Familiar tunes include "Johnny B. Goode," "I Want You to Want Me," "Lola," "Born to Be Wild," "Lonely Is The Night," "Rock And Roll All Nite," "You Really Got Me," and "Should I Stay or Should I Go."

The band has garnered good reviews in the last year, playing in front of crowds at Hampton Beach Casino and Indian Ranch, an outdoor music venue in Webster. Last month, the band performed during Franklin's Strawberry Stroll, and upcoming performances are scheduled in N. Attleboro, Salem, Cape Cod, and several venues in Hampton Beach, along with Wrentham. The band also plays private events, appearing at Wrentham businessman and Republican governor hopeful Chris Doughty's convention-eve party in Springfield on May 20.

Along with his musical career, Brown, 62, is busy with family activities—he's a grandfather now—and says many of his relatives live nearby, noting his family has had roots in New Hampshire for generations. He also coaches junior high sports teams, including cross-country, and serves on several boards.

In April, Brown became chair of the Competitiveness Coalition, a newly-formed conservative group advocating for less regulation while promoting American high-tech innovation. He is also supporting his wife, former WCVB/News Center 5 reporter Gail Huff, who is running for Congress.

Brown, when asked if his music career was truly his second and final act, just laughed.

"We get paid real money and have to be good," he said. "We have very, very talented musicians and we're getting a lot of very good responses. It's fun and a great outlet, and I'm working very hard."





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Local Young Artist Will Attend Renowned Interlochen Arts Camp

Ella Brown, 16, of Wrentham will attend Interlochen Arts Camp in Michigan, the nation's premier multidisciplinary summer arts program for aspiring artists in grades 3 through 12.

Brown has been awarded the prestigious Interlochen Orchestral Scholarship. This full tuition scholarship is given based on the strength of Brown's experience and audition. Hundreds of applicants were considered for the award. Brown, the daughter of Neva Lazzara and Marc Brown, will study harp at Interlochen.

Brown, a rising junior at King Philip High School, is currently a member of the New England Conservatory Youth Philharmonic Orchestra conducted by David Lobel, and the orchestra for Boston Ballet Next Generation. Brown's passion for harp started at the age of 9 when she began studying under the tutelage of Lizary Rodriguez of Norwood.

In 2021, Brown received a perfect score in the Massachusetts Music Educators Association (MMEA) All State Audition and earned the role as principal harpist in the All-State Orchestra. In addition, Brown has been an award winner at the Connecticut Valley Harp Intensive Competition (Advanced Division), the American Harp Society 24th National Competition (Intermediate I division) and first place winner and audience winner of the Intermediated/ Advanced Division of the Red Maple Music Competition New Year Season 2021 and Charleston International Music Competition Classical Division 2022.

This summer, at Interlochen Arts Camp, Brown will play with the World Youth Symphony Orchestra (WYSO) and the Interlochen Philharmonic (IP). Students play with the world's most talented young musicians, learning from the nation's foremost conductors and concertmasters. WYSO and IP play advanced repertoire chosen from traditional and contemporary masterpieces, as well as other influential genres, in this challenging and extraordinary orchestral experience.

With a global alumni base that includes creative leaders in the arts and many other fields, Interlochen Arts Camp has been at the forefront of arts education for nearly a century. Among distinguished Camp alumni are Norah Jones, Josh Groban, Rufus Wainwright, Jessye Norman, Loren Maazel, actor Anthony Rapp, cartoonist Cathy Guisewite, and many more. Approximately ten percent of the nation's professional orchestra



musicians have roots at Interlochen and the alumni community has been awarded nearly 100 Grammy Awards.

In addition to hundreds of performances, presentations, and readings by young artists, Interlochen brings leading artists to its northern Michigan campus. In recent years, guest artists have included Joshua Bell, Diana Ross, Wynton Marsalis, Yo-Yo Ma, Lady Antebellum, Harry Connick Jr., and many more.

Federated Church to hold "Christmas in July"

The Love Your Neighbor Outreach Team at the Federated Church of Norfolk will be sponsoring "Christmas in July" throughout the month of July.

Please bring your gifts of nonperishable food (canned items, cereals, snacks and juices), household supplies (paper towels, toilet paper, Kleenex, cleaning products), and personal items (shampoo, soaps and tooth care products) to the stable set up on the front lawn of the church. All donations are given to the Norfolk Food Pantry, as summer is a time when fewer items are given and the need for food is still great. This year we have also teamed up with the Norfolk SAFE Coalition and will also be welcoming disposable baby diapers.

Every donation helps as we come together to help our neighbors in need.

For further information, please contact missions@fcon. org or call (508)-528-0262.

Norfolk Lions Club Announces 2022 Scholarship Recipients

The Norfolk Lions are pleased to announce the recipients of its 2022 scholarship awards. Four \$2,000 scholarships were awarded to high school seniors. To be eligible, the student must reside in Norfolk but can attend any public or private high school or be home-schooled.

The scholarships are awarded to candidates who demonstrate a commitment to active involvement in community service, as well as academic performance and participation in other extracurricular activities. This year's recipients are:

Sydney O'Shea

High School: King Philip High School

Attending: Bryant University

Jamie Gudas

High School: King Philip High School

Attending: UMass Amherst

Sean McCarthy

High School: King Philip High School

Attending: University of Colorado Boulder

Makayla Hickey

High School: King Philip High School

Attending: Boston College

The scholarships were presented to the students at the King Philip Awards Ceremony on June 2 at the high school.

The College Essay - Let the Student's Voice be Heard!

My favorite pastime is reading students' college essays and essay tips from the masters - Admissions Officers. Does this make me a college nerd? Probably! But it certainly is why I do what I do!

Picking a topic for the college essay may end up being the most hair-pulling part of the application process. Students tend to search for the perfect topic that is not cliche, layered with the pressure to create a fascinating story that has never been told before. The truth is, all stories have been told before: the comeback story after a basketball injury, the mission trip that changed your life, the patience you showed after vacationing with 30 family members in a small cabin with one bathroom. The lesson is that there is no one unique topic they have all been done.

Does this mean that you settle for mediocrity? No, but it does mean that you need to differentiate yourself by finding YOUR voice, make sure it is heard, and unveil the fantastic and authentic

CORNER

YOU in your story. Here are a few tips from the masters. FREE RESOURCE: email me for the full list of tips - #5 is especially valuable about being specific!

1. Just make sure that the story you're telling is uniquely YOURS.

"I believe everyone has a story worth telling. Don't feel like you have to have had a huge, life-changing, drama-filled experience. Sometimes the seemingly smallest moments lead us to the biggest breakthroughs." Maggie Schuh, high school English teacher in St. Louis.

2. We want to learn about growth.

"Some students spend a lot of time summarizing the plot or describing their work and the "in what way" part of the essay winds up being one sentence. The part that is



Tracy Sullivan of College 101 Admissions Consultants

about you is the most important part. The majority of the essay should be about your response and reaction to the work. How did it affect or change Dean J, admissions officer and blogger from University of Virginia.

3. Keep the story focused on a discrete moment in time.

"By zeroing in on one particular aspect of what is, invariably, a long story, you may be better able to extract meaning from the story. So instead of talking generally about playing percussion in the orchestra, hone in on a huge cymbal crash marking the climax of the piece. The specificity of the story not only helps focus the reader's attention, but also opens the door to deeper reflection on what the story means to you." Mark Montgomery, former Associate Dean at the University of Denver

4. Write like a journalist.

"The first few sentences must capture the reader's attention, provide a gist of the story, and give a sense of where the essay is heading. Think about any article you've read—how do you decide to read it? You read the first few sentences and then decide. The same goes for college essays. A strong lead will place your reader in the 'accept' mindset from the beginning of the essay. A weak lead will have your reader thinking 'reject'-a mindset from which it's nearly impossible to recover." Brad Schiller, MIT graduate and CEO of **Prompt**

5. Write like you speak.

"You should use words and phrases that you would actually use in everyday conversation. The most meaningful essays are those where I feel like the student is sitting next to me, just talking to me." Kim Struglinski, admissions counselor from Vanderbilt University.

6. Read it aloud.

"Reading your essay aloud is the best way to corroborate that your essay is revealing your voice. Do you feel the emotions? Is it a good story? Does it sound a bit drab and need

some tweaks? And, will the admission reader say 'yes, I can see this student making a difference at our college'?" Tracy Sullivan & Maryline Michel Kulewicz, College 101 Admission Consultants

7. Attention Parents.

Advice agreed upon by all admission officers - parents should never write a student's essay. Admission Officers absolutely know when they do. It is the easiest way for a student to get denied! Parents can support their child, review the essay, but don't let that adult voice creep into the student's essay!

One final note, there are so many admission resources out there. However, I enjoy reading Rick Clark's Georgia Tech Admission Blog. Clark is the Director of Undergraduate Admission at Georgia Tech. He is knowledgeable, honest, and tells an engaging story. Hint: elements of a good essay!

The college tips were paraphrased from College Essay Guys's "35+ Best College Essay Tips from College Application Experts."

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Enjoy Every Sandwicher Moment

Once David Letterman had frequent guest and a favorite musician of his, Warren Zevon, on for an entire show. Zevon, who'd disclosed terminal cancer, performed and interviewed throughout. Dave at one point asked, "Anything you know now, that I should know?" to which Zevon wittily deadpanned, "Enjoy every sandwich."

Those raising children and helping aging parents often feel rushed and are distracted thinking about what's next, overlooking the beauty of daily, mundane moments.

July is National Sandwich Generation Month, celebrating a generation of people sandwiched between caring for their young children and aging parents at the same time.

I'm a Sandwicher, as are approximately 15% of Americans between ages 40-60 who face the challenges of planning, communicating and executing for 3 generations at once.

In 2018, my parents were struggling with health to remain independent in NH after 60 years in their home. Stress rained down on my mom as a caregiver and daily living/house routines began to slide. My wife, our daughters (then 5 & 3) and I lived comfortably in our Ashland home. The adults agreed on a Plan B supported by updated financial planning. Sell both homes, buy a new home for 3 generations and live as one household sharing in daily responsibilities.

The urgency was greater than anticipated and not without challenges since our move to Holliston, here's some antidotes for Sandwichers:

Small talks instead of "The Talk." Families don't like to think about declining health and elder care, let alone discuss it. I used single topics tied to a recent story about a friend, asking what they would do. Gained small agreements, the changed topics as would address others another day to frame a mutual plan.

Bring in outside mediators. My aunt shared with my mom that time is not your friend. She encouraged the positives to take action now, rather than later when fewer options are available. Additionally, we consulted with an elder care attorney on

understanding MA Health options, current trusts, POAs and proxies before making the move.

Your spouse's support is critical. Incredibly fortunate to have a spouse that pushed me to see the positives and embraces bringing family in as "you'd want your daughters to treat you the same someday."

Through the eyes of a child.

It's not all about you, the girls show the love and benefits of learning by being around grandma and grandpa. And vice versa, as health has improved so has activity as the girls provide motivation and energy.

Sometimes timing is everything. I couldn't imagine the anxiety and ill-advised actions my parents would have faced on their own these past 2-plus years.

Your parents sacrificed many things to make sure you had it better, including concealing issues to not worry you. Be open with communication and embrace change, the best ways to prevent costly unintended consequences and ensure positive lasting memories.



Fathers Day 2022

The opinions voiced in this material are for general information only and are not intended to provide specific advice or recommendations for any individual.

Glenn Brown is a Holliston resident and owner of PlanDynamic, LLC, www.PlanDynamic.com. Glenn is a fee-only Certified Financial PlannerTM helping motivated people take control of their planning and investing, so they can balance kids, aging parents and financial independence.

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Wrentham Lions Club Announces 2022 Scholarship Recipients

The Wrentham Lions are pleased to announce that the following King Philip Regional High School graduating seniors have been selected as recipients of the Club's 2022 Scholarships:

- Wrentham Lions Club Educational Opportunity Scholarship Rachael Anderson
- Wrentham Lions Club Olive & James Damato Memorial Health Profession Scholarship - Juliana Caravaggio
- Wrentham Lions Club Mariano Bernardini Memorial STEM Profession Scholarship -Samantha Quillen
- Wrentham Lions Club Phil & Mickey Scott Memorial Health Profession Scholarship -Haley Izydorczak
- Wrentham Lions Club Eugene "Skippy" Brooks Memorial Leadership Scholarship -Gina Brown

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The Little Shop has inspired thousands of healthy and delicious meals since Tracey Wilkinson opened in 2017.

"We opened the shop after falling in love with the quality and freshness," says Wilkinson, who runs the family-owned business with her husband Mike and son Sean. The family (which includes other sons Mike and Matt) lives in Medway.

Also known as "The Little Shop of Olive Oils," the business shortened its name to reflect its diverse collection. "We carry so much more than olive oil. In addition to oil and balsamic, we carry a curated selection of wines, pastas, pesto, spices, and other gourmet foods.'

A trip to this little shop (which is approximately 1,000 square feet) is a big experience.

"We want you to come to our store, relax, decompress, and enjoy, "says Wilkinson. "We are passionate about sharing healthy choices, especially the extraordinary health benefits from consuming EVOOs [extra virgin olive oils] and balsamic vinegars, and seeing the joy on our guests' faces when they sample different flavor combinations is priceless."



THE LITTLE SHOP

GOURMET ESSENTIALS

Whether you're a seasoned chef or you're just looking for a place to start a tasty experience, the shop's website www.shopevoo.com has a variety of recipes to share.

The online "Recipe Box" includes appetizers, main courses, soups, salads, dressings and sauces, side dishes, desserts, drinks and cocktails. The recipes are from Wilkinson, staff, customers, and from some of the many cookbooks in the store.

A great summer menu might include:

- Caprese Salad, drizzled with Strawberry or Raspberry Balsamic
- Lemon Butter Scallops over Angel Hair Pasta
- · A glass of Rosé with a splash of Blackberry Gin-



Business



If you're on the Cape this summer, The Little Shop has a second location in Mashpee (12 Central Square). If you're not in the immediate area, you can find their products at Lowe's Market (Northborough), The Kitchen Sink (Bolton and Groton), and Nashoba Valley Winery.



Mike and Tracey Wilkinson, owners of The Little Shop at 5 Main Street in Franklin. Courtesy photo.

And if you'd prefer to order online, the shop has a robust online business that offers free delivery on orders over \$75.00. Products include premium oils, balsamic vinegars, pantry items, beauty products, accessories, and a Sales & Pairing of the Month. Wilkinson says the gift boxes are a great idea "because they have purpose and meaning for the receiver; food brings us together."

One more surprise at The Little Shop is a thoughtful tribute to Wilkinson's father who inspired her love of cooking.

"My dad was an incredible cook. We would tell him to open a restaurant all the time...He

passed away a few years ago but I always carry him with me. He would say "alright or OK on the right" when we were driving." Now there is an "OK" hidden in the olive in the logo. "What better way to say thanks to my Dad than to open up a specialty store. The store is delightful just like him and we always have some fantastic goodies to try...All OK here!"

For more information on the shop and its products, visit www. shopevoo.com, or follow them on Facebook @LittleShopOfE-VOOS or Instagram @littleshopofoliveoils.

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Guest Column

"Defense" Redefined

By G. Gregory Tooker

After pondering the remarks of a PBS commentator recently about the cost of strategic weaponry, your writer came to the conclusion that we are dropping the ball. Before you can efficiently allocate increasingly unavailable defense dollars, you first must identify what constitutes the "enemy."

The true enemy, in terms of its ability to devastate mankind, is ignorance. A fully educated population during the previous century would not have supported world leaders who advocated for the presently existing nuclear overkill capability. Unfortunately, that monstrous mistake is history now and we are saddled with the albatross...nuclear warheads by the thousands.

These days, we wrestle with wartime defense budgeting decisions, calculating the cost-benefits of drone vs. human piloted combat aircraft. Sophisticated, long range powerful drones can range up to \$100 million. "Top Gun" fighter jets cost \$50 to \$100 million or more; exciting to watch but what a cost when a ground to air missile hits its mark. Our wallet is shrinking and these babies are not your typical widget.

New "enemies" have been identified by those better acquainted with science and the foremost is climate change. This planetary invader is striking with increasing ferocity, leaving in its wake fire, flood, hunger, disease and untold human suffering. Are we mounting an effective defense against this rapidly growing threat to our existence? The question does not beg an answer. Are the dollars allocated to fighting climate change proportional to the threat? Perhaps we should rethink our present attitude toward "defense" spending when it comes time to cast our ballots this year.



Kid's Activities

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Norfolk Resident Walking to Benefit Cancer Care and Research

By Grace Allen

Michelle Daszkiewicz estimates she has walked over 350 miles and raised at least \$100,000 for cancer research. Because for her, it's personal. In September of 2020, her sister Teri Weir passed away after a decade-long struggle with aggressive breast cancer.

On October 2, Daszkiewicz will participate in the Boston Marathon Jimmy Fund Walk, adding another 26.2 miles to her tally. She will walk alongside members of "Teri's Pink Ladies," a group of friends she has walked with in every cancer fundraiser since Teri was diagnosed.

"My sister is my superhero," said Daszkiewicz. "During her cancer battle, I saw or talked to her every day, and I knew the pain she was in but she did everything she could to keep fighting. I believe the money my team has raised has helped with the development of new drugs and treatments, and I feel those drugs and treatments allowed us to have eleven more years of memories with my sister."

This will be Daszkiewicz's third walk for the Jimmy Fund. She's participated in other walks, too, including the Avon Walk for Breast Cancer, a two-day, 39.3mile fundraiser, several times. Teri walked in some of those, and it was soon after one of the AVON walks that doctors discovered her cancer had metas-

Teri, a Plainville native, worked in the financial services industry, but Daszkiewicz says her sister was so inspired by the care she received at Dana-Farber that she decided to change career paths during the course of her treatment. Teri returned to school and became a medical assistant in OB/GYN, going on to work at Sturdy Memorial Hospital in Attleboro until her passing.

"It became her passion to work with patients and to give back," said Daszkiewicz.

Since its inception in 1989, the Boston Marathon Jimmy Fund Walk has raised more than \$155 million for Dana-Farber Cancer Institute. This year, participants will return to the Boston Marathon route after two years of walking virtually. The event is the largest single-day fundraising walk in the nation.

Daszkiewicz says people have asked her why she walks when she could simply donate to cancer research instead.

"I walk because I can," she explained. "I'm healthy and I'm walking for everyone battling cancer, not just breast cancer. When I walk I think about all the people who are suffering. The pain I might feel is nothing compared to what they're going through. I can do this, I tell my-

Reflecting on the unexpected extra time she had with her sister, Daszkiewicz says the funds raised through the Boston Marathon Jimmy Fund Walk have directly improved outcomes and awareness of all kinds of cancers.

"I do see good things coming



out of the money that's raised and how it helped my sister," said Daszkiewicz. "She was Stage 4 from the beginning, but we had her for 11 more years. The medicines really kept the cancer at bay. It was amazing, but oh do I miss her."

Daszkiewicz has set a personal goal to raise \$1,000 for Dana-Farber. To donate, visit https:// danafarber.jimmyfund.org and click on the link for the Boston Marathon Jimmy Fund Walk. Click on Menu to search for a participant or team.

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Notable People of Wrentham

As part of Wrentham's 350th anniversary celebration in 2023, the committee planning next year's events has asked residents to submit memories of significant people in the town's history. Following is a submission the anniversary committee shared with Local Town Pages

Corporal Robert William Topham, Jr. & Corporal Eric Lee Hatch

According to several Sun Chronicle articles, Robert W. Topham Jr., the only Wrentham resident to be killed in action in the Vietnam War, wanted so badly to fight for his country that he tried three times before finally being sent, family members say. After graduating from King Philip High School, Topham joined the Marine Corps, telling loved ones he felt it was the right thing to do. After all, he came from a family with a lengthy military heritage.

Known as "Top" or Bobby, Topham was just 20 years old and a corporal in the Marines when he was killed by small arms fire while on patrol in the Quang Nam Province in South Vietnam on Feb. 22, 1969, joining 58,138 others who perished in the war. Topham was trained as a sharpshooter, and was awarded the Gold Star, a Purple Heart and five other medals.

Unlike the bitterly divisive war--the nation's second longest at 10 years, two months--his life came to an end much too soon.

VFW Post 9658, located for decades near Wampum Corner but disbanded in 2010 after almost 50 years because of declining membership and growing expenses, had been named in his honor, along with a scholarship it handed out for years. But a memorial was planned in 2016 on town land at the corner of Robert W. Topham Jr. Drive and Creek Street.

And it all came about because of a chance encounter. Police



Corporal Robert William Topham, Jr. (US Marine Corps), 28 Dec 1948 – 22 Feb 1969, (Quang Nam, Vietnam).

Chief William McGrath bought the house off Creek Street that Topham grew up in but was unaware of Topham until coming across items relating to him in the home's attic. Research that included contacting Topham's brother Paul, who also grew up in the house but has lived in Attleboro for about 15 years, led McGrath to donate money for a monument for the slain marine. "He was a war hero," McGrath said, noting he himself has an uncle listed as missing in action in the Korean War. "I thought a monument would be nice."

For the Tophams, military service was a family affair. Robert and Paul Topham's father, Robert W. Topham Sr., worked for years as a custodian at King Philip Middle School in Norfolk and continued to live in Wrentham until he died at age 77 in February 2005. He served in the Navy in World War II. One of his brothers, Richard, also a town resident, served two tours of duty with the Army in Vietnam. He died at age 69 in October 2004. Another brother, Raymond, who died at 62 in July 1998 served in the Navy in the Korean War. Yet another brother, Edward, who had relocated to Florida, also was in the service.

"My father, uncles, we have all the people up at Wrentham Center Cemetery," Robert's



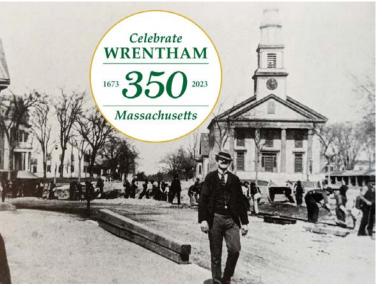
Corporal Eric Lee Hatch (US Marine Corps), 17 April 1948 – 21 Sept 1970.

brother Paul Topham said, besides his brother, in the Veterans Circle. "Five members are buried there." His grandfather and great-grandfather also were in the military. "Everybody was a military person. Some were in the Navy, some in the Army," Topham said.

The 4-foot tall monument's final design includes an image of Topham and some basic biographical information. It was dedicated in May 2017.

Another town resident, Eric Lee Hatch, a classmate of Topham, served in Vietnam and has a memorial at the corner of West Street and Sheldon Road. Hatch died at home in January 1968 as a result of injuries suffered in the Vietnam War.

Both veterans' names are also listed on the Vietnam Memorial on the Wrentham town com-





Peter Santoro, commander of Wrentham VFW Post 9658, left, presents a flag to Robert and Marion Topham of Wrentham whose son Robert Topham Ir. died in the service

Source: Wrentham American Legion Post 225 Facebook.

mon. Topham is honored on the Vietnam Veteran's Memorial in Washington DC, his name inscribed at VVM Wall, Panel 32w, Line 85.

Compiled by Paula Kowalewski Sullivan from online sources including The Sun Chronicle, the Vietnam Veterans memorial site, The Wall of Faces, the online www.virtualwall.org, Tribute in Stone website, and Find A Grave website. For more photos associated with this submission, visit wrentham 350.com.



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Smart Money Management Tips for Young Adults

If you pay much attention to social media, you've probably noticed some of the trending memes about "adulting." They can be pretty funny, but they also make young adulthood look a little scary. In reality, being a young professional is an exciting time. And, adulting doesn't have to be so hard — or scary — when you have the knowledge it takes to set yourself up for success, especially when it comes to making sound financial decisions.

Start Investing Now!

One of the most common mistakes that young professionals make is the assumption that investing takes more money and experience than they have. You don't want to invest blindly, of course, but that doesn't mean you can't learn enough to start making smart investments now. If you aren't sure where to start, contact us here at Northeast Financial Strategies for investment guidance, and check out a resource like Money Under 30 for a primer on investing basics like mutual funds, bonds, and robo-advisors.

In addition to stocks and bonds, real estate is another investment option young adults should consider. Any property you buy is technically an investment, but real estate investing as a growth strategy usually means buying a property that you either rent or fix and sell for a profit.

Like any other investment, real estate has the potential for positive outcomes along with possible drawbacks. For young people, one advantage to real estate is that it doesn't require a great amount of capital. The rental market is also a sustainable business model with the potential for regular passive income. The possible downside is that financing your property does require a certain amount of money up front. What's more, if you aren't up for the task, handling maintenance, marketing, and everything else it takes to be successful can become a burden.

Adopt Money-Smart Habits

Saying it's important to manage money wisely may seem like a no-brainer, but actually doing this takes effort. To begin, make



sure you're familiar with money management basics like setting a budget. You may even want to use a budgeting app. Once you have the basics down, focus on adopting other money-smart habits that will protect your finances now and for the future.

Spend Less

One of the best long-term habits to adopt is to live frugally. Doing this doesn't mean leading a life of denial; instead, it's all about learning to make informed decisions about purchases. Try some of our favorite money-saving tips from Young Adult Money, including shop-

ping habits like choosing generic brands and using coupons. It may not seem like saving a dollar here and there is such a big deal, but small savings add up, especially when you start early.

Save More

The natural result of spending less is that you have more money left over to save. In addition to investing, young adults should also set savings goals. These should always include creating an emergency fund and saving for retirement, but you may also have other specific goals like saving to start a family or buy a house.

Build Credit Wisely

Another top financial goal for young adults should be to build your credit history. This is important because having a good credit score can make a difference in other financial decisions like getting a car or home loan. To make sure you do this without incurring debt, brush up on credit card best practices, which include finding a card that's lowinterest and low-fee and always paying off your balance. It's also important to know what kind of things damage your credit. One key example is how your credit score takes a hit anytime you pay bills late, which is why CNBC money experts recommend setting up automatic bill pay.

"Adulting" may be a recent concept, but learning smart money management is something every generation of young adults has to do (or at least, should do). The great thing for today's generation is that technology has made this easier than ever, with tools like automatic bill pay and budgeting apps. With a concerted effort, commitment to using these tools, and guidance from Northeast Financial Strategies, getting started on solid financial footing doesn't have to be hard or scary!

Jeffrey Schweitzer can be found at Northeast Financial Strategies Inc (NFS) at Wampum Corner in Wrentham. NFS works with individuals and small businesses providing financial and estate planning, insurance, investments and also offers full service accounting, bookkeeping, payroll, income tax preparation, and notary public services. For more information call Jeffrey at 800-560-4NFS or visit online - www.nfsnet.com





Poetry Night is Back in Wrentham!

The Wrentham Cultural Council is pleased to announce that Poetry Night will return on Wednesday, July 13, to be held on the side lawn of the Old Fiske Museum at 6:30 p.m. The museum is located at 55 East Street, across from the courthouse.

The challenging period of pandemic semiisolation inspired poets and writers to reacquaint with the classics as well as capture their own impressions in verse. It will be invigorating to again gather and share.

The Council invites area poets and poetry fans alike to attend and participate. Please call Cultural Council member Jeanie Mattila at 508-384-8779 if you are interested in reading your favorite two poems.

A Family Affair

In 1993, Norfolk resident Amy Lehan graduated from King Philip High School. Her father, Jim Lehan, the Norfolk representative to the KP Regional School Committee, as well as a member of the Norfolk School Committee, presented his daughter with her diploma. Martin Gavin, a Sun Chronicle photographer, captured the moment.

Fast forward twenty-nine years to 2022. Amy's daughter, Sarah Lehan-Allen, was now the one graduating from King Philip High School. Sarah's

grandfather, Jim Lehan, is once again serving on the King Philip School Committee so he was able to present his granddaughter with her diploma.

As Lisa Mobley, principle of KPHS said in her opening speech, they were making history.





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SUMMER CONCERTS



Wrentham Concerts on the Common Continue This Month

The 2022 Concerts on the Common series is in full swing. Concerts are held on Sundays at 6 p.m.

July 10 The Reminisants

July 17 Scott Brown & The Diplomats

July 24 Jack Goddard

July 31 Mad Strummer Dad

August 7 Mike & Joe's Big Band

August 14 Slightly Tooned
August 21 Elastic Five

August 28 Providence Drum Troupe

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Wrentham's Senior Center Welcomes New Outreach Worker

By Angie Fitton

People like Robin Tobin are true pillars of the community. With an obvious passion for helping others, it's clear she is kind and compassionate and willing to lend an ear. Wrentham residents can reach out to her in just about any situation.

In April, the 40-year-old Tobin took on the role of Out-reach Worker at the Wrentham Senior Center. Though she has lived in various places around the state, she is now back in her hometown, raising her two young daughters with her husband.

For nearly 11 years, Tobin was a team member at the Canton Department of Elder and Human Services, formerly known as the Canton Council of Aging. She was responsible for an array of services where people could go for help with state and federal assistance programs. She is a 2005 graduate of Lesley University in Cambridge, where she received her bachelor's degree in Art Therapy and Human Services. She has worked with peo-

ple of all ages, but aging clientele are her favorite.

As an outreach worker, Tobin's mission is to keep seniors safe and make sure all their needs are met. She primarily identifies the needs of seniors over 60 but can help with resources for younger residents who have food and financial insecurities as well.

For seniors having financial difficulties, Tobin determines what kind of assistance is needed and walks them through the process of receiving support. She helps with SNAP (food stamps), fuel assistance, cash assistance and will also work with the tax assessor's office.

Sadly, too many seniors have found themselves in dire situations, especially since the pandemic began. Many programs shut down during COVID, and it was difficult for seniors to get help. Tobin can assist the homeless as they apply for state or federal housing and direct them to shelters. She works with the Elder Abuse Line, helping seniors in unsafe circumstances. For peo-



ple with poor self-care or who neglect their own basic needs, she can assist in finding facilities where they can thrive.

"COVID has done a number on seniors," Tobin said, referring to the isolation and associated problems the pandemic caused. "Isolation leads to loneliness, depression and anxiety. It has also led to seniors misusing alcohol and prescription drugs." The Wrentham Senior Center, she notes, is there to help anyone who feels they have nowhere to turn.

Another major service that Tobin assists with is HESSCO Legal Services for southern Norfolk County. The organization serves Plainville, Wrentham, Foxborough, Sharon, Canton, Norwood, Westwood, Dedham, Walpole, Norfolk, Millis and Medfield. HESSCO helps not only with legal services, which are provided on a sliding scale after a free consultation, but also provides home services, like Meals on Wheels, helps with shopping and meal prep, medication management and three rides a year to important medical appointments. For those who don't qualify for HESSCO, the Senior Center has a list of private care agencies. There is also an Emergency Alert Program and the Are You OK program to help ensure seniors that live alone are safe.

The Wrentham Senior Center also provides its own transportation for seniors, working on a Monday through Friday schedule servicing multiple needs, such as rides to the doctor, the grocery store or pharmacy and also to the Senior Center itself. RSVP of Norfolk County provides rides for veterans.

At the Senior Center, older residents have many ways to socialize, Tobin said. Programs include a knitting and crochet club, exercise classes, chair and traditional yoga, dance or art classes, and a walking group. Occasionally, the center hosts guest speakers. Recently, Norfolk County Sheriff Patrick McDermott spoke about scammers and how seniors, their primary target, can protect themselves. There is also a weekly SHINE counselor available, who can help seniors understand Medicare and supplemental programs.

Tobin also hopes to create a caregiver support group. Caregivers with questions or concerns about what resources are available to those in their care are encouraged to call and speak with her

Along with her role as an outreach worker, Tobin is also a notary public.

Tobin says she is honored to be the Outreach Worker for the Wrentham Council on Aging. She notes she is grateful to the Director, Janet Angelico, the COA board, staff and volunteers. She is also thankful to Wrentham officials and town departments, saying she appreciates their ongoing support while she is transitioning into her Outreach role.

To learn about resources available through the Senior Center, call Tobin at 508-384-5425. Or drop by the Senior Center, located at 400 Taunton Street.

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Norfolk Summer Concert Series Continues This Month

Norfolk's summer concert series is in full swing. Concerts are held on the town common at 6:30 p.m. on Thursday evenings unless otherwise noted. Rain dates are scheduled for the following Monday whenever possible (check the Recreation Department's Facebook page for updates). Children's performances will be held inside the library if raining.

July 7 Closing Time

July 7 Music Matters

July 12 Elijah the Grasshopper (Tuesday at 5 p.m., for children)

July 14 BC & Company

July 21 KendoJuly 28 Pub Kings

August 2 Toe Jam Puppet Band (Tuesday at 5 p.m., for children)

August 4 Franklin School of the Performing Arts

August 27 End of Summer Celebration (Saturday, including food trucks, music, & more)

The b.LUXE **beauty beat**

Easy Breezy Summer Style

By Gina Woelfel

After a not-so-hot start to the summer, it's finally getting warmer here in New England! The summer season is a time for fun in the sun, but it's also a time when your beauty routine can feel more like a burden. When the sun's out, you want to be out! Who has time for flat ironing or curling! At-home hair care can be time-consuming, especially if you're trying to achieve a certain style that takes a lot of effort. If you're looking for ways to streamline your look and simplify your summer hairstyle, consider these three salon services that, we feel, put more time back in your schedule.

1.The b.LUXE Blowout

If you're working each morning to straighten your hair, try a professional blowout that leaves hair smooth and sleek for days! Summer weekends are magical and the faster you can get out there and enjoy them, the better. If you have a summer weekend that's packed with events and parties, book yourself a b.LUXE blowout on Friday and let the fun roll in! Here's the plan: Blowout on Friday means your hair is salon fresh and red-carpet ready for Friday night! Spray roots with dry-shampoo, twist in a top-knot bun and secure with a scrunchie overnight. Hair is full and wavy for Saturday play! If you're hitting the beach or pool, keep your hair secured in a bun. Meeting your friends for dinner and drinks? Let your hair down and add a few waves with an iron or wand. Repeat the nighttime routine for Sunday and voilà! You just rocked three days of fabulous hair with minimal effort! And for those of you who have thick, more naturally textured hair, there's no need to wash Monday. Just brush your hair back into a tight pony and you're ready to start your work week!

2. The Cezanne Smoothing

Treatment

For those of you who want a smooth, effortless, wash and go, style, there's no better method than the Cezanne Classic Smoothing Treatment! It smooths all hair types, including straight, wavy, textured and curly hair. It's non-toxic, 100% formaldehyde-free and doesn't contain any aldehydes or harmful toxins found in similar products. Cezanne not only adds gloss and shine while it straightens, it makes the hair stronger and healthier, too. It's revolutionary low pH formulation restores the bonds on broken or damaged hair. The Classic Treatment lasts up to five months and reduces blow dry time by up to 30%. You also won't need to rely on extra styling products to get the look you want. The Cezanne Treatment gives you more flexibility and allows you to change your style without affecting your smooth results. If you want to wear your natural curls one day and flatiron it the next, go ahead,

For the month of July, receive your choice of a complementary smoothing product with a Cezanne Smoothing Treatment, valued from \$25 - \$40

3 The DevaCurl Haircut (aka the DevaCut)

Looking for a summer solution that will make your curly hair look its best? Say hello to the DevaCut! This unique approach to haircutting is specifically designed to showcase natural texture, and make styling your curls easier than ever. Most haircuts treat all hair textures the same way - your hair is wet, pulled straight, and then cut. For people with straight hair, this is a perfectly acceptable method. But, when you have curls, a cut like this usually results in an uneven nightmare. No two curls are the same. Curly hair wet is completely different from dry curly hair. One section can be perfect





scan for more info

ringlets, while another might be more wavy. The solution: Dry cutting. By cutting the hair dry, in its natural state, our Deva stylist is able to cut the curls where they normally lay, thus creating a more balanced shape. This is the simple, but game-changing concept behind the DevaCut.

We hope you take some time for yourself and enjoy our summer style suggestions. Eliminating a few hours a week from your "to-do" list is always a good thing, especially during this beautiful time of year.

Be sure to check out our Summer Specials!

We'll see you soon at the studio! The b.LUXE Beauty Team

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(Extreme) School Makeover, **KP High School Edition**

By Grace Allen

Tri-town residents, officials, administrators, and local educators have a chance to nominate King Philip High School to win a space or classroom makeover through a new contest launched last month.

The "Sustaining Futures Raising Communities" program created by Saint-Gobain North America will provide materials to transform or renovate educational spaces, or material donations to support students or enrich programs.

A total of \$250,000 will be split between winning high schools in Massachusetts (Worcester, Middlesex, and Norfolk counties), Georgia, and Pennsylvania after a three-week public voting period on social media this fall. Nominations will be accepted until July 31.

King Philip High School was renovated little more than a decade ago, but qualifying projects don't have to be for structural improvements or repairs, say contest organizers. Anything that would enhance the learn-



King Philip Regional High School is eligible to win a makeover or materials donation in a new contest.

ing experience for students is on the table, including 3D printers, electronics, books, science equipment, smart boards, and school supply vending machines, for example.

The company also welcomes more creative ideas that might benefit students, citing a greenhouse, nap room, or acoustical wall panels or ceiling tiles for the music room as possible projects. As an unfortunate sign of the times, security improvements, such as replacing glass on classroom doors with bullet or fireresistant glass, are also an option for funding.

Saint-Gobain North America manufacturers and distributes innovative and sustainable materials for construction and industrial markets with a goal of building safer and stronger communities. The new contest reflects the company's commitment to STEM education and community, according to a press

"Our 2022 Sustaining Futures, Raising Communities program will help the educators and students of those communities create something of their ownbetter learning environments where they can collectively thrive and grow," said Magda Dexter, Senior VP of Human Resources and Communications at Saint-Gobain North America, in a statement. "We are very excited to support schools across Norfolk County and the state of Massachusetts where more than 1,500 Saint-Gobain North America employees work, live, and raise their families."

To nominate King Philip High School, and for complete contest rules and regulations, visit www.SustainingFutures-RaisingCommunities.com.





Norfolk Resident Recognized as **Leaders Club Qualifier**

The Bullfinch Group has announced that Barry Zimmerman has been named a Leaders Club qualifier for the twentysecond year by The Guardian Life Insurance Company of America.

Leaders Club is one of the highest honors annually awarded by Guardian to financial professionals who demonstrate outstanding service and dedication to their clients.

Barry resides in Norfolk with his wife Kathy and three adult



Senator Rausch Secures \$1.1 Million In Local Investments

On May 26, following deliberation on 1178 amendments. the Massachusetts State Senate passed a \$50 billion Fiscal Year 2023 (FY23) budget. Over the course of budget deliberations, Senator Becca Rausch (D-Needham) secured over \$1.5 million in statewide funding and \$1.1 million for local investments in the Norfolk, Bristol, and Middlesex District, including youth mental health supports, environmental protection initiatives, and municipal infrastructural upgrades.

"This year's budget prioritized bringing sorely needed relief to Bay Staters," said Senator Becca Rausch. "We leveraged Massachusetts' record surplus revenues to make major investments in schools, childcare, workforce development, and housing all while boosting state aid to our cities and towns. The effects these investments will have on our communities will be game-changing, and I am proud to have delivered for the people who sent me to Beacon Hill for a second term."

Norfolk and Wrentham initiatives and municipal projects within Sen. Rausch's district include:

• \$127,000 to fund and implement full-day kindergarten in Wrentham

- \$25,000 for technological upgrades to study water pollution mitigation in Nor-
- \$25,000 to repair and expand the Norfolk Council on Aging parking lot

"It is the biggest honor of my life to serve the towns and cities I represent," said Senator Rausch. "I am grateful for the partnership of our local community members and municipalities to elevate their needs do a statewide level. When we work together, we suc-

The Senate FY '23 budget now heads to conference committee to reconcile the differences between the House and Senate versions. Once complete, the final budget bill will advance to the governor's desk to be signed into law.

Senator Becca Rausch represents the Norfolk, Bristol and Middlesex District, comprised of Attleboro, Franklin, Millis, Natick, Needham, Norfolk, North Attleborough, Plainville, Sherborn, Wayland, Wellesley, and Wrentham. Senator Rausch serves as the Senate Chair of the Joint Committee on Environment, Natural Resources, and Agriculture and the Senate Vice Chair of the Joint Committee on State Administration and Regulatory Oversight.

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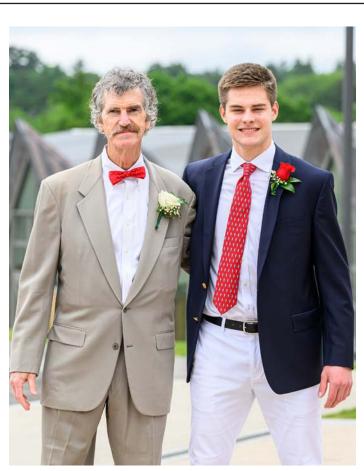
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St. Sebastian's Headmaster William Burke, left, with graduate Michael T. Cataldo, a Norfolk resident. St. Sebastian's graduated 67 students at its 78th Commencement Exercises on Thursday, June 2.

District Attorney Morrissey is Norfolk Bar Association Person of the Year

Bar Association of Norfolk County President Joanne M. DiPietro presented Norfolk District Attorney Michael W. Morrissey the organization's "Person of the Year" award at its annual meeting on May 18.

"This award really belongs to all the people in the DA's office who work every day to make me look good and get justice for the victims of crime," said Morrissey, now in his twelfth year as District Attorney.

Norfolk County courts were among the most impacted by state COVID protocols because of the age and condition of its courthouses. Many credit Morrissey for his dogged advocacy to get the courts open again, ranging from buying and installing necessary Plexiglas barriers in courtrooms to working with state officials on ventilation repairs and alternate trial space.



"Norfolk was one of only three counties that did not have a single courtroom with the space and ventilation necessary to have a jury trial. Our newest courthouse came online in 1971, our oldest in 1820," Morrissey said. "The backlog that stoppage created was bad for victims, bad for defendants, contrary to the need for speedy trials, and something

we are still digging out of."

Morrissey said he strives to make the Norfolk DA's Office one that works with opposing

counsel to get to the right result in each case and does so respectfully.

Page 15

"It is possible to disagree without being disagreeable," Morrissey said. "I tell my Assistant District Attorneys that a win doesn't always mean a conviction; sometimes it means giving people the

help they need." Along that line, Norfolk is the only county to have a Veterans Treatment Court, Drug Treatment Court, Domestic Violence Court session, and Mental Health Court.

"The courts are a mechanism to impose punishment when necessary, but they can also be the arm of government that helps people put their lives back together," DA Morrissey said. "I am grateful that the Norfolk County Bar Association sees me as a partner in that."



Electric Youth and the Boston Show Band to Perform Free Summer Concerts Following European Tour

Show Band will perform concerts on the common in Franklin, Norfolk and Hopkinton following their 2022 European Concert Tour. The free to the public shows will be July 31 at 5:00 p.m. in Hopkinton, August 4 at 6:30 p.m. in Norfolk, and August 5 at 6:00 p.m. in Franklin. This July, EY will embark on a concert tour of Belgium, France, Switzerland, and Italy.

Electric Youth delivers highenergy, fully choreographed performances of classic rock, contemporary pop, Broadway, and country hits for audiences

Electric Youth and the Boston of all ages. The American touring ensemble of talented singerdancers, ages 14-18, is backed by the eight-piece Boston Show Band — world class musicians who've worked with music legends Tony Bennett, Aretha Franklin, Dizzy Gillespie, B.B. King, Diana Ross, The Temptations, Van Morrison and more. Electric Youth is trained at the Franklin School for the Performing Arts. The group has toured Europe performing in such renowned venues as Vienna's Konzerthaus, Musikverein and Schonbrunn Palace; Sanremo's Ariston Theatre; England's



Arundel Festival; Disneyland Paris; and professional theaters in Bristol, London and Windsor. EY has also headlined Fourth of July shows for U.S. troops stationed in Italy at Camp Ederle, Camp Darby, and Aviano Air Force Base. The ensemble has performed on Royal Caribbean's Oasis of the Seas, on Fox-TV and WBZ Radio, and at Fenway Park, Gillette Stadium, the Smithsonian Museum Theater, the United Nations and the U.S. Embassy in Vienna. Electric Youth has released six albums, including 2014's Power Chord, available on iTunes. Last year, EY recorded and released their a cappella single "Always Remember Us This Way" arranged and edited by Jim Hogan of a cappella sensation T.3 (available on all streaming platforms).

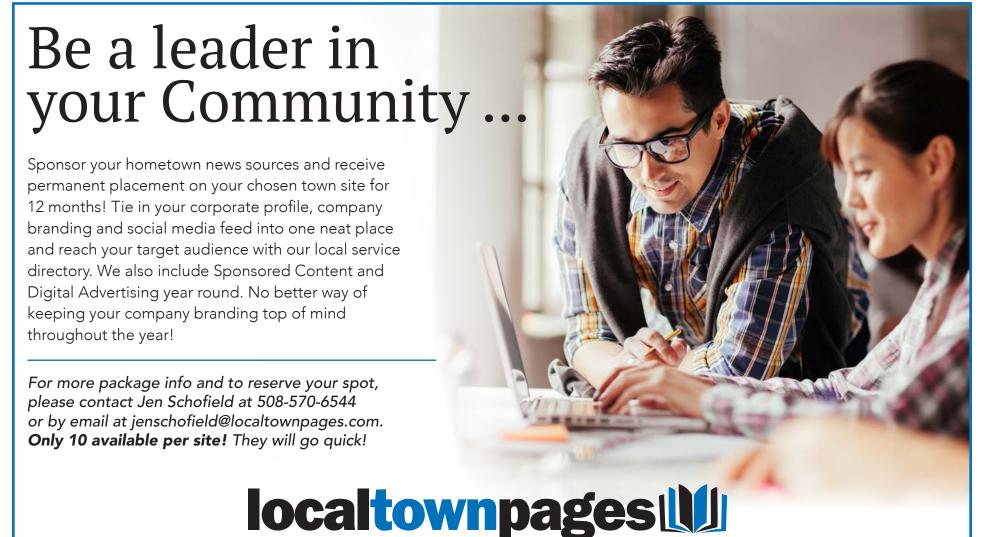
Collectively, the members of Electric Youth 2022 have per-

formed with Broadway stars, sung the National Anthem for Boston sports teams, been selected to perform at "Broadway Sessions" in NYC, worked with choreographers from So You Think You Can Dance, and more. Alumni of Electric Youth have gone on to appear on Broadway, in national and international tours, television, regional theater, feature film, professional dance companies, cruise ships, and more.

The 2022 group of talented young singers and dancers includes Hayley Driscoll, Tatiana McAlpine, Sami Goldman, Abby Settle, Audrey Miningham, Devin DeAngelis, Finley Doherty, John Fitzhenry, Madigan Wirkus, Abby Trombert, Anya Fox, Ashley Peppin, Erin Belger, and Tzintli Cerda.

Electric Youth is trained at the Franklin School for the Performing Arts. FSPA students have the chance to audition for the international touring ensemble every fall.





Ashland | Bellingham | Franklin | Holliston | Hopedale | Medway/Millis | Natick | Norwood | Norfolk/Wrentham

Fire Officials Urge Seasonal Fire Safety

Now that warmer weather is here, State Fire Marshal Peter J. Ostroskey, Shrewsbury Fire Chief James Vuona, president of the Fire Chiefs Association of Massachusetts, and Chief Fire Warden David Celino of the Department of Conservation and Recreation are asking residents to practice fire safety this summer.

Grilling Safety

- Always grill outdoors, never inside.
- Do not use a gas or charcoal grill on any porch, balcony, or fire escape.
- Place grills 10 feet away from the house and deck railings. Make sure grills are not under eaves or overhanging branches.
- Gas grills can be used on first floor decks or patios, only if there is an outdoor stairway to the ground, or it is at ground level.
- Keep all matches, lighters and lighter fluid away from children.
- Create a circle of safety. Keep children and pets three feet away from grills. Children should never play near grills.

Charcoal grill safety:

- Only use charcoal starter fluid. Do not use gasoline or kerosene to start a fire in a grill.
- Never add lighter fluid to burning briquettes or hot coals. Doing so may cause a flash fire and result in serious burn injuries.
- Charcoal briquettes give off carbon monoxide, a colorless, odorless gas that can be deadly. Always use charcoal grills outdoors in a well-ventilated area.
- For proper disposal of grill ashes, allow the coals to burn out completely and then cool for 48 hours before disposal.
- If you must dispose of ashes before they are completely cooled, thoroughly soak them in water before putting them in a metal container.

Gasoline Safety

- Never use gasoline to start a fire or add it to any fire.
- Store gasoline only outside the home, such as in a locked shed, and always in an approved container. Never store gasoline in the home or basement.
- Gasoline should only be used as fuel for an engine, not as a solvent.
- Refuel lawnmowers, leaf blowers, mopeds, and other devices only when the engine is cool. Never refill while it is hot.
- Keep gasoline away from all heat sources, such as smoking materials, campfires, and grills.

Smoking Safety

Smoking materials have been the leading cause of fire deaths in Massachusetts for decades, and there have been many fires this spring from improperly discarded smoking materials on porches and in backyards. Smoking fires can be particularly dangerous because they may smolder undetected and then erupt into flames that grow rapidly. A fire that starts on a porch, balcony, or exterior stairway can get a strong hold before smoke alarms inside warn anyone of the danger.

"If you still smoke, or if you're having guests who smoke, please do it responsibly," said Chief Vuona. "Always use a deep, sturdy ashtray or a can with sand or water. Don't let people toss smoking materials into the mulch, leaves, grass, or planters, and don't stub them out on the porch railing or stairs. Remember to put it out, all the way, every time."

Brush and Wildland Fire Safety

- Before setting up a campfire, be sure it is permitted by checking with the local fire department.
- Clear away dry leaves and sticks and overhanging low branches and shrubs.
- Avoid burning on windy, dry days.



- Keep campfires small so they are easier to control and attend to them at all times
- Never use gasoline or other flammable or combustible liquids.
- Always have a hose, bucket of water, or shovel and dirt or sand nearby to put out the fire.
- Make sure your campfire is out cold before leaving.

If using an ATV, dirt bike, or other off-road vehicle, be sure the spark arrestor is properly installed, as required by Massachusetts law

Don't park an ATV, dirt bike, or other off-road vehicle on or near dry vegetation, and turn the engine off when stopped for an extended period of time.

Fireworks Safety

Massachusetts law prohibits the use, possession, or sale of fireworks in Massachusetts without a license, even if they were purchased legally elsewhere and then transported into the state. Their possession or use carries a fine of up to \$100, and sale carries a fine of up to \$1,000 and a year behind bars.

"People are injured and property is lost every single year in Massachusetts because of fires that start with illegal fireworks," said State Fire Marshal Ostroskey. "If you want to watch fireworks this summer, many cities and towns will have displays that are carefully managed and organized by licensed experts. For the safety of our friends, families, and communities, let's leave fireworks to the professionals."







Living Healthy

Milford -Franklin Eye Center

Decades of Service to the Community And a New Provider

By: Roger M. Kaldawy, M.D. MILFORD FRANKLIN EYE CENTER

Milford-Franklin Eye Center has been providing excellent eve care to the community for decades. With much excitement, we are happy to announce that we have grown to a dedicated group of 7 physicians and Optometrists. In August of 2022 Dr. Donald L. Conn, OD will join our team in our state-of-the art medical offices in Franklin, Milford and Millis. Dr Conn is a comprehensive optometrist offering the latest in comprehensive eye care for the entire family.

With offices located in Milford, Franklin and our new office in Millis, our own award-winning surgery center in Milford and a support staff of 50, we are proud to be the leading medical and surgical eye care center in the

area and one of the major eye care centers in the State. We are also one of the rare ophthalmology practices to own and operate our own surgical center, the Cataract Surgery Center of Milford. No more need to travel miles and hours to have cataract surgery! Three experienced eye physicians/ surgeons and 4 optometrists are here to provide comprehensive and excellent eye care for the entire family. If your eyecare provider is still asking you to travel for eyecare to far away practices and surgey centers, be aware of this provider financial bias and call us for a second opin-

Dr. Roger Kaldawy is an experienced eye physician and surgeon and the area's only full-time specialist in corneal diseases. Having completed his training in Ophthalmology at University of Rochester and his fellowship in Cornea and Refractive Surgery at the prestigious Department of Ophthalmology of the University of Iowa, Dr. Kaldawy served as Assistant Professor of Ophthalmology at Boston University where he was Director of the Cornea and External Disease program and trained fellows and residents in Ophthalmology. Some of his trainees are now in academic and private practices in Massachusetts and around the world. Dr Kaldawy published research articles in peer-reviewed academic journals and has been invited as a guest speaker to many prestigious academic programs in the US and around the world including University of New York, Stanford University and University of Wisconsin, Madison. Dr. Kaldawy is proud to be the first surgeon in cen-



tral Massachusetts and among a handful of surgeons in the State to have performed DSAEK corneal transplantation. With special interest in cataract surgery, Dr Kaldawy has performed over 30,000 procedures and surgeries and was the first surgeon in the area to offer the highly advanced accommodating implants. Dr Kaldawy was the first surgeon in the area to offer bladeless laserassisted Femto cataract surgery. This laser procedure is offered locally at the Cataract and Laser Surgery Center of Milford.

Dr. Hatch is the only fellowship trained pediatric ophthalmologist in the area, and is a skilled surgeon with training in the latest techniques for straightening misaligned eyes. Dr. Hatch earned bachelors and master's degrees in engineering from Boston University and Dartmouth College. He completed his medical degree at the University of Massachusetts Medical School in 1988, followed by residency in Ophthalmology at Yale-New Haven Hospital and fellowship in Pediatric and Neuro-ophthalmology at Duke University. Returning to his home state in

1993, Dr. Hatch joined the Milford-Franklin Eye Center where he focuses on comprehensive pediatric and adult ophthalmology and adult strabismus.

Dr. Lashkari is our practicing vitreoretinal specialist as well as a scientist at the Schepens Eye Research Institute, Harvard Medical School. He is also a part-time Assistant Professor of Ophthalmology at the Harvard Medical School. Dr. Lashkari completed a Medical-Surgical Fellow in Vitreoretinal disease at Massachusetts Eye and Ear Infirmary.

Dr. Perriello Consigli received her Bachelor of Science degree from Clark University in 1987. She went on to earn her Doctor of Optometry degree from New England College of Optometry in 1991. Dr. Consigli has over twenty five years of experience, spending several years in private practice. In February 2019, Dr. Consigli joined Milford-Franklin Eye Center. She enjoys seeing patients of all ages. She is proficient in routine eye care, contact

EYES

continued on page 19



MILFORD - FRANKLIN



Roger M. Kaldawy, M.D.



John F. Hatch, M.D.



Kameran A. Lashkari, M.D



Michael R. Adams, O.D.



Caroline Perriello Consigli, O.D.



Donald L. Conn, O.D.



Dr. Mai-Khuyen Nguyen, O.D.



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Living Healthy

Back pain in pregnancy got you down? Think Chiropractic!

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Chiropractic is not only beneficial to you but to your baby as well. Misalignments in the pelvis can restrict the amount of space that is available for your baby to grow. This is known as intrauterine constraint. This can make it hard for your baby to move into the best position for delivery increasing the chance for a breech or posterior position. This can complicate your delivery.

Lisa L. entered our practice at 36 weeks pregnant with back pain and sciatica which she had endured for several weeks. At the urging of her friend she decided to give chiropractic a chance. She was pleasantly surprised that after several adjustments her pain was significantly reduced. She continued with care right up to her delivery to insure that her pelvis was aligned to reduce any complications that may arise during delivery. Post Natal care was encouraged to insure that her pelvis was aligned after delivery. Lisa followed through with care and is enjoying her baby pain free.

If you are experiencing similar symptoms please don't hesitate to call The Holistic Center at Bristol Square located at 1426 Main Street in Walpole. Call 508-660-2722 and make your appointment today.



Dr. Rochelle Bien & Dr. Michael Goldstein

EYES

continued from page 18

lens fitting, and diagnosing and treating various eye disease.

Dr. Adams, graduated from John Carroll University, Bachelors of Science, summa cum laude, in 1995. He completed his Masters in Biochemistry from The Ohio State University in 1997. In 2003 he received his Doctorate from the New England College of Optometry. Dr. Adams has advanced training in corneal pathology, specialty contact lenses, ocular disease and laser refractive surgery.

Dr. Mai-Khuyen Nguyen joined Milford-Franklin Eye Center from the New England Carpenters Benefit Fund - Vision Center, where she served as Head of Optometry. She has over 10 years of experience in comprehensive eye exams for adult, geriatric, pediatric, and special needs populations. Her experience includes performing contact lens fitting and managing contact lens complications. Dr Nguyen is also experienced in glasses fitting and lens edging. Her charitable activities include participating in Boston Cares program and the Boston Special Olympics.

Dr. Donald L. Conn, OD will join our team in our state-of-the art medical offices in Franklin, Milford and Millis starting August 2022. Dr Conn is a com-

prehensive optometrist offering the latest in comprehensive eye care for the entire family. Dr Conn earned his Bachelor of Science from College of the Holy Cross in 2016. He then went on to earn his Doctor of Optometry degree from New England College of Optometry in 2021. He has completed a residency in ocular Disease and Primary care at the Bedford VA in June 2022. His clinical experience also includes clinical rotations at Lahey Hospital & Medical Center, Boston Medical Center and South Boston Community Health Center. Dr Conn will join our team in August of 2022. He is experienced in providing care to patients of all ages including adults, geriatrics and pediatric populations. Outside of work Dr Conn enjoys long distance running and spending time with friends and family.

Milford-Franklin Eye Center realizes you have choices when it comes to eye care. We are different. We focus on excellent and advanced eye care and treat our patients as if each and every one is family. We have surgical results that rival those of major centers in Boston- we can prove it. We are from the community, most of us live in the community and our focus is to serve the community. You will see us in the office, at the local supermarket and in the ER at 1 AM if there is a need for our care. Our focus is you, your vision and excellent results. We are

available, in your backyard and proud to offer world class cataract surgery closer to home: Here in Milford! Our optical shop has its own dedicated lab and can cut and finish your glasses while you wait. We offer after-hours, same day emergency appointments and Saturday appointments. We have great management focused on quality customer care. 90% of our staff has been with us for rover 5 years! Excellent retention of staff means outstanding loyalty and training. Seven providers dedicated to the best in eye medicine and surgery closer to home. Are they still suggesting you travel hours to other practices and remote surgery centers? Call us: We are available for a second opinion.

For more details, see our ad on page

July Program Highlights at the Norfolk Senior Center

Pre-registration is required for these events. RSVP to 508-528-4430 or register at the Norfolk Senior Center, 28 Medway Branch Road, Norfolk.

Tuesday, July 19 at 1 p.m. Floral Design Workshop Presented by Rick Tedoldi of the Norfolk Garden Club. Space is limited. Please pre-register by July 1.

Fridays in July at 1 p.m. Free introductory Qigong Classes with Holly. Wear comfortable

clothes you can move in. We may practice outside, weather permitting.

Monday, July 25 from 10 a.m. to 1 p.m. **Oakdale Farms Popup Farm Stand** in the parking lot of the Norfolk Senior Center. A large variety of produce will be available for purchase. SNAP and Farmers Market coupons accepted.





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Sports

Bennett Sisters Key Cogs for KP's Softball Team

By Ken Hamwey Staff Sports Writer

The King Philip softball team gets high marks for its achievements during the 2022 spring campaign.

Coach Kate Fallon's squad rolled to a 20-2 regular-season record and won the Hockomock League's Kelly-Rex Division championship. Seeded second in the Division 1 state tourney, the Warriors blanked Lynn Classical, 15-0, in their opener, then edged St. Paul's, 6-4. KP's playoff run, however, ended in the third round where it lost to Methuen, 4-3.

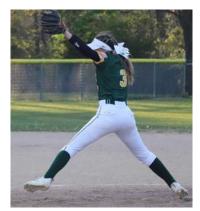
When all the results were in, the Warriors won all their Hock-omock League games and lost only three times — bowing to non-league Bishop Feehan and Billerica in the regular season, then losing to Methuen in the tourney. KP's overall record was 22-3.

The Warriors had all the attributes for success but they also had a sister combination that played a major role at two key positions.

Senior tri-captain Mia Bennett competed efficiently at shortstop and her younger sister, Jordan, a sophomore pitcher, was dynamic in the circle. During the regular season, Mia hit .300, had 11 RBIs and scored 12 runs. Jordan compiled a 10-2 record, struck out 89, and had an

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KP pitcher Jordan Bennett enjoyed a successful sophomore season.

earned-run average of 1.36.

Here's how Fallon regards the sisters: "Mia provided us with solid leadership in the infield. She finds a way to get on base or get the hit we need in a certain situation. Normally a second baseman, Mia transitioned to shortstop and worked hard every practice on that move. Mia is not only the big sister to Jordan, but the 'big sister' to many girls on the team.

"Jordan was in her second year as a starting pitcher for us. Her strength is her ability to mix speeds and locations, as well as her calm demeanor in the circle. Not much fazes her, and she battles her way through tough games."

Following is a profile of the sisters, who discuss a variety of topics and the successful season they experienced:

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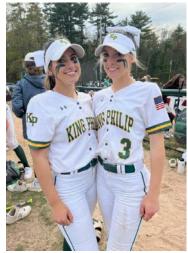
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Mia Bennett, left, and her sister Jordan, had outstanding seasons for King Phillip's softball team.

Mia Bennett

The 18-year-old Plainville native has the passion and the key attributes to excel at shortstop and at the plate.

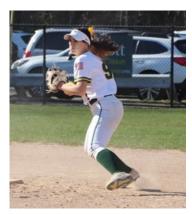
Relying on mental toughness, a high softball IQ and athleticism, Mia displayed terrific range at shortstop and was aggressive diving or attacking the ball. At the plate, she'd swing at the first pitch if it was appealing or change gears and be selective.

"I love playing shortstop," she emphasized. "There's a lot of responsibility there. You have to be in the game mentally and also be instinctive, always thinking ahead."

A captain, Mia not only led by example, but she earned the respect of her teammates by focusing on other avenues. "I was vocal at times but I also tried to be supportive of all the players," she noted. "I aimed to earn the trust of everyone."

A Hockomock League all-star as a junior, Mia's team goals at the start of the season were to win the Kelly-Rex Division title, qualify for the tourney and go as deep as possible. "I felt we could be in the mix to win the state championship," Mia said. "We had an amazing season but all good things must come to an end at some point. However, we achieved most of our team goals. My personal objectives were to get timely hits, bat around .300 and be the best leader I could be."

All of the boxes for her individual goals get checkmarks.



Mia Bennett was solid in her role at shortstop and also as a KP captain.

And, two other checkmarks are important. Mia wanted to beat Taunton twice, especially after last year when their arch-rival defeated KP three times.

"We downed Taunton both times this year," Mia said. "Those two games were my best. In the first game I played well in the field, got a key bunt to advance the runners, and managed a single. I also felt my leadership was helpful in both games."

As for her top thrills, Mia listed being named a captain and helping the team win the division title. She also was pleased to be a Hockomock all-star. "I didn't expect the all-star honor but my teammates and coaches deserve the credit for that," she offered.

Mia was effusive in her praise for KP's other captains and also for her coach. KP's other captains were seniors Emma Sheehan (pitcher) and Margaret Sherwood (left fielder).

"Emma was excellent as a pitcher," Mia said. "Her control was outstanding. Margaret was solid in the field and hit for power (four home runs). Coach Fallon also deserves credit for our success. She's a great motivator and she's a good strategist. She cares about her players and she's able to adjust and be flexible."

A two-time National Honor Society member, Mia's GPA was 4.25. She'll be attending Salve Regina in the fall and major in psychology and criminal justice. She intends to play softball.

"Salve's coach is Shawna Mulkerin who recruited me," Mia revealed. "I was one of her first recruits since she's coached at Salve for only a year. She's optimistic I can play shortstop at the college level."

Relying on an athletic philosophy of reaching her potential and enjoying competitive sports, Mia says "if those things occur, then winning will follow." Valuable life lessons she's learned in softball and also in one year of basketball include "overcoming adversity, being resilient, striving to be a quality leader and becoming an improved public speaker."

Mia calls her club coach (Maggie Quealy) her role model. "She was my coach early on during my 10 years at that level," Mia said. "She was very helpful to me and was like an older sister."

Jordan Bennett

Also a Plainville native, Jordan, at age 15, has become one of the Hockomock League's topnotch pitchers.

A right-hander, she's added a drop and riser to an assortment that includes an effective changeup, a fastball, curve and screw ball. Jordan is passionate about pitching.

"I like pitching because you're involved in a lot of the action," she said. "You control the tempo of the game and it's very challenging. But, I don't really feel any pressure and I'm very comfortable in that role."

Possessing some of her sister's attributes, Jordan works fast in the circle and her control and assortment are a plus. "I've learned to stay calm when I'm pitching," she said. "I like to think that I'm athletic, mentally tough, and am a high IQ player who's very determined."

Jordan's goals at the start of the season mirror her sister's objectives — win the Kelly-Rex title, qualify for the tourney and advance as far as possible. "My individual goals were to improve on my record from last year, add new pitches, and aim for another all-star berth," she noted. "I had a seven-win season and surpassed that this year, and I added two new pitches. I was a league all-star last year and would like to repeat that."

When Jordan faced arch-rival Taunton in KP's second meet-

KEY COGS

Sports

KP Nine Bow to Milton, 4-2, in State Final

By Ken Hamwey Staff Sports Writer

King Philip's baseball team lost to Milton, 4-2, in the Division 2 state tourney championship game.

The game was played at Fitton Field on the Holy Cross campus in Worcester Saturday night June 18 after Local Town Pages deadline. More details, photos and post-game comments will be featured in the paper's August edition.

Milton's title is the first in the program's history and much of the credit belongs to ace pitcher Charlie Walker who hurled a complete game, yielding five hits and striking out seven. Walker didn't walk a batter and finished his senior year with an 11-1 record.

The top-seeded Wildcats never trailed. They led, 2-0, after two innings and scored again in the fourth and sixth frames. The Warriors' runs came in the third and seventh innings.

The last time KP played in a state final was in 2002 when Hudson shut out the Warriors, 5-0. KP ended its season at 16-9 and the Wildcats finished 22-3.

KP's road to the playoff final began with an 8-1 victory over Melrose, followed by a 12-5 triumph over Plymouth North, a 14-3 win over Plymouth South, and a 1-0 shutout over third-seeded Mansfield in the semifinal round.

The second-seeded Warriors advanced to the final when Tommy Martorano threw a one-hitter and struck out 12 in KP's gem against Mansfield. Shortstop Shawn Legere's two-out RBI single scored Matt Kelley for the only run in the semifinal matchup.

KEY COGS

 $continued from \ page \ 20$

ing with the Tigers this year, that contest turned out to be her "best game."

"I pitched 10 innings and got the win in a game we won by two runs," she recalled. "My control was good and it was nice to rally in the seventh inning and eventually defeat them."

Jordan's top thrill so far in her two-year varsity career was helping the Warriors win the Kelly-Rex title. "It was a good feeling to be a division champion and it provided us with some momentum for the playoffs," she said.

Calling her catcher (sophomore Maddie Paschke) "an excellent contributor who helped us to be successful," Jordan also includes her coach for much of KP's emergence.

"Maddie is really good at maintaining control of a game," Jordan said. "She calls a smart game and knows what preference her pitchers have. She got timely hits and drove in her share of runs. Coach Fallon is so knowledgeable and competitive. She cares about her players and she's an excellent motivator."

A good student, Jordan, who also is a point guard in basketball, hopes to play softball in college. So far, she hasn't decided on a collegiate venue or a major.

Calling her parents (Claudia and Jason) role models because of their support and encouragement, Jordan has the same athletic philosophy as her sister — she focuses on reaching her potential and having fun. "That combination usually leads to winning," she emphasized. "And, the life lessons I've learned from sports include mental toughness, sportsmanship, leadership and how to be a good teammate."

The loss in the tourney was disappointing but Jordan liked the way KP competed and the way the team stayed together. "It was a tough game, we battled till the end, but we came up short against a really good team," she said.

What makes Mia and Jordan a top-notch duo is the absence of a sibling rivalry. Their coach is quick to emphasize what makes the sisters tick.

"The girls have a great relationship, always cheering for each other, and they fully support each other's needs," Fallon noted.

King Philip Middle School announces its 2021-2022 Trimester 2 Honor Roll

GRADE 8

HIGHEST HONORS

Evgenia Adamos; Jaydon Ajoy; Chloe Albert; Srithika Amirineni; Annabelle Andre; Nakshatra Arun: Justin Basile: Ella Beatty; Lucy Beaupre; Jillian Berry; Erin Berthiaume; Felicia Bishop; Ryan Brown; David Brutus; Jacoby Cady; Aidan Carone; Kaitlyn Ceurvels; Lex Chatham; Alexander Ciuica; Allison Cleasby; Michaela Cole; Isabella Coliflores; Sean Cory; Nathan Crisci; Andrea Cunningham; Alexandra Curry; Kyle Danson; Alexandra DeGuzman; Christopher DelVecchio; Teaghan Derfler-Murphy; Kaitlynn Dorcil; Riley DoRosario; Ariana Dubovsky; Ryan Ford; Connor Fountain; Nora Garland; Faith Garvey; Sophia Giancioppo; Alexandria Gill; Ava Gill; Lauren Griffin; Lusia Harmon; Noam Hasson; Leah Hayes; Mia Izzo; Lily Jacobson; Madison Keough; Jinan Khannouchi; Cecelia Kilroy; Brooke Kosar; Kathryn Kurtzer; Daniel Lawson; Halle LeBlanc; Katherine LeBlanc; Abigail Lefebvre; Ella Lussier; Audrey Lutfy; Kelsey Lynch; Damon MacKinnon; Ethan Martin; Dominic Mastroianni; Mya McCormick; Catherine McFarlane; Mara McGowan; Sara McKenna; Molly Milici; Sophia Mohamed; Cecelia Mullen; Lauren Obara; Reilly O'Brien; Kaitlyn O'Hara; Patrick O'Neill; Aarush Patlola; Meghan Peterson; Asher Poynot; Catherine Putt; JoHanna Ragan; Zayjiana Ramirez; Anusha Rana; Freya Rawson; Danielle Redlitz; Ayla Ricci; Logan Riley; Eve Rose; Michael Saraf; Brenton Schneider; Dylan Sestito; Aiden Shaughnessy; Matthew Shore; Caleigh Shore; Rivya Shrivastava; Jason Silva; Ryan Simas; Liam Simone; Sophia Small; Pranav Srinivasan; Claire Stanfield; Christopher Stock; Samantha Torricelli; Emma Wallick; Ella Wehmeyer.

HIGH HONORS

Dylan Anderson; Amber Astin; Luke Bailer; Violet Berthiaume; Sonny Bianculli; George Blakesley; Michael Bobulis; Louise Bourque; Rory Bresson; Loren Brundrett; Ethan Buban; Ryan Burns; Paul Byrne; Isabelle Camire; Rose Campbell; Henry Campbell; Allie Carew; Preston Casassa; William Castro; Isabella Cecko; Sean Clancy; Brycen Cloutier; Benjamin Cochran; Joshua Cochran; Kieran Coen; Duggan Comendul; Matthew Crotty; Alexandra Cullen; Samantha Daley; Dylan Daley; Alexandra D'Amadio; Chase Davit; Isabelle DeMedeiros; Aidan DeVasto; Leo Dowling; Shayne Dugan; James Dwinell; Nolan Feeley; Leah Flynn; Mia Francis: Adam Francis; Thomas Frazier; Zachary Gebhard; Michael Gendrolis; Bayley Graham; Lukas Gray; Jack Gresham; Jack Haltom; Bryce Heinselman; Brady Herlin; Audrina Jaber; Beckett James; Sadie Jasset; Phoebe Jones; Rayhan Kanaabi; Miller Kananowicz; Jacob Kinahan; Caitlin LaPlante; Thomas LeBlanc; Grace LehanAllen; Meghan Linehan; Peter Lopes; Michael Love; Ryan Love; Thomas Lovell; Jayson Lussier; Gregory Manley; Matthew Marrone; Dylan Maw; Logan McCormick; Griffin McCreedy; Brendan McDonald; Brodie McDonald; Eric McDonald; Connor McDonald; Katherine McGann; Christopher McGarry; Liam McGrath; James McKenna; Ella McManus; Andrew McNeil; Matthew McNeil; Vander Medeiros; Greta Mischley; Matthew Monti; Maura Mooney; David Morrison; Zachary Mullen; Elizabeth Musial; Brandon Neipris; Thomas Nerney; Kendall Noonan; Colin O'Connell; Mackenzie O'Connell; Camryn O'Shea; Madelyn Palson; Emma Panepinto; Nicholas Pennini; Malek Perry; Jessica Persky; James Petrakos; James Petrillo; Cole Pitman; Zavier Quimby; Alexander Rioux; Ignacio Rivera; Colby Scarsciotti; Jacob Schmier; Emma Silva; Emily Sower; Dylan Spak; Jeremiah Springer; Kate Thomas; Mason Thompson; Marissa Walker; McCoy Walsh; Ashleigh Whitbread; Isabella Wiggin; Victoria Wilson.

HONORS

Nabil Akrouche; Jack Birenbaum; Gregory D'Aiello ; Liam King; Abigail McGowan; Joseph Robison; Elizabeth Theberge.

HONOR ROLL

continued on page 26

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Franklin School for the Performing Arts Welcomes New Families

The Franklin School for the and teachers. Their impressive Performing Arts (FSPA) is excited to welcome new families for the 2022-2023 school year. Proudly serving more than 500 students annually from 45 communities in Massachusetts' Metro West region, the Franklin School for the Performing Arts (FSPA) is committed to quality education in the arts with exceptional curriculum, outstanding professional faculty and unwavering dedication to each and every student enrolled. Founded in 1985 by Director Raye Lynn Mercer, FSPA is a unique place where students of all ages and levels of ability participate in an array of music, dance, and drama programs with professional instruction and extraordinary performing opportunities. With broad-based and varied curricula, FSPA guides students in the development of technique, creativity, and artistic expression to last a lifetime. FS-PA's faculty boasts outstanding professional artists, performers,

credentials are indicative of the excellent instruction available in all programs. FSPA instructors strive to meet the individual needs of each student, working to develop each student's abilities to his or her own potential.

FSPA will hold Open Houses for prospective students and families at 38 Main Street on July 27, August 2, and August 23 from 3:00-7:00 p.m. and September 10 from 10:00 a.m.-2:00 p.m. as well as Info Night on August 23 from 3:00-7:00 p.m. The community is invited to tour the facilities, observe classes, speak with faculty and staff, and learn more about FSPA programs in music, dance, and drama, whether for recreational enjoyment or serious study. Additionally, interested families are always welcome to call 508-528-8668, visit FSPAonline.com, or stop by 38 Main Street to ask questions and learn more about the school.

Performance is an integral part of an FSPA education and the school offers unrivaled performing opportunities for students throughout the year. On the calendar annually are student recitals, concerts by faculty and guest artists, master classes, student showcases, holiday shows, the school's signature Spring Concert, and summer camps and intensives. In addition, for students whose level of interest is more focused, there are special performing ensemble opportunities available by audition. THE BLACK BOX, home of the Franklin Performing Arts Company (FPAC), a 200-seat flexible theater located behind FSPA, provides a professional venue for FSPA student productions, while FPAC offers professional opportunities by audition for student performers.

Students who wish to attend FSPA for academic classes as well have the option of FSPA Academy. FSPA Acad-



emy combines the flexibility of a virtual education with the practicality of a schoolroom, and can accommodate professional opportunities, rehearsal, and performance schedules. FSPA Academy partners with TECCA, a virtual Massachusetts Public School. The curriculum is taught by licensed,

certified teachers through a combination of Live Lessons and individual assignments.

For more information about FSPA and its programs, visit www.FSPAonline.com, call 508-528-8668, or stop by 38 Main St. in Franklin. You can follow FSPA on Facebook, Instagram, and YouTube.



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Wrentham Student Graduates from The Sage School

The Sage School of Foxboro held commencement exercises for the Class of 2022 on June 16. Emma Jackson of Wrentham was one of the 22 graduates.

Emma also delivered the featured performance at the ceremony, singing "For Good" from the musical Wicked.

The Sage School is a private, independent school in Foxboro for academically gifted and talented students from preschool to Grade 8. Founded in 1990, Sage offers advanced learners a challenging curriculum, an accelerated pace, and academic peers in a traditional school setting. Sage welcomes more than 160 students from across the Greater Boston and Providence areas.

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KPRHS Announces Class of 2022 Graduation Distinction Recipients

Several King Philip Regional High School Class of 2022 students graduated with distinction on June 5. In order to achieve distinction status, students must propose a project and work with an advisor to complete the action steps that were approved by a KPRHS faculty panel.

"Every year, we have a handful of students who are passionate about a topic and further explore it through a project that coincides with their curriculum," KP Superintendent Paul Zinni said in a statement. "Through hands-on and experiential learning, these students work towards completing their complex project alongside their distinction advisors. As a result, they receive a special distinction affixed to their diploma that recognizes their accomplishment."

The following students graduated with distinction:

Olivia LaFond: Distinction in STEM – Creation of a Website for the Wrentham Food Pantry

As part of her project, LaFond worked with the directors of the Wrentham Food Pantry to develop a website that provides easy

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access to information for both volunteers and patrons.

Sheela Pandit: Distinction in STEM – Promoting Interest in Artificial Intelligence Among Elementary-School Aged Children

Pandit developed several games that were placed in the Norfolk Public Library that teach young children about the "thought" processes incorporated into artificial intelligence programming.

Katharine Pepper: Distinction in STEM – Design of a Web Browser Game to Help Educate About Confirmation Bias

Pepper developed and launched a web browser game that incorporated activities to help participants learn about confirmation bias.

Arielle Feuer: Distinction in STEM – *Plant-Based Eating: What and Why?*

Feuer created an interactive website that informs the community about the benefits of plantbased eating that includes a food blog to which she posted recipes that she has developed using the principles of a plant-based diet. Each recipe post contains a description, a picture, ingredients and instructions on how to make it. Additionally, each entry contains a general review, a recommendation out of 10, and pictures of the food.

Makayla Hickey: Distinction in Liberal Arts – The Benefits of Foreign Language Learning

Hickey worked with staff at the Norfolk Public Library to create a display that educated people about the benefits of foreign language learning. She followed up with data collection to determine if the overall number of foreign language books checked out from the library increased after the display was posted.

Lily Luskin: Distinction in Liberal Arts – Empty Calories Fill Cupboards Program

Luskin worked with the Plainville Food Pantry to develop the Empty Calories Fill Cupboards Program, which educates people about which types of food items are best for food pantry donations when looking at nutritional value. She also helped to promote this project throughout the community.

Molly O'Brien: Distinction in Liberal Arts – Sexism: The Cage Women Are Placed In

O'Brien developed and launched a website that explored the topic of sexism in America and the feminist movement. In addition to focusing on the historical aspects of the topic, O'Brien interviewed several women and incorporated those interviews into her website presentation.

Gina Brown: Distinction in Liberal Arts – Cinema and Ideology

Brown conducted an in-depth literature review on the topic of

ideology infused into modern cinema. She then created a video to explain this topic and asked a panel to provide feedback on her findings. The information gleaned from the panel, in addition to her literature review, was used to create an infographic about the topic that was shared with the community.

Rasya Reddy Bollu: Distinction in Liberal Arts – The Unemployment Insurance Crisis During the Covid-19 Pandemic

Reddy Bollu worked with a team of people during the pandemic to address the issue of unemployment and to provide resources through a Facebook page.

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Recent Home Sales in Norfolk

Date	Address	Amount
May 17	5 Ariana Lane	\$384,000
May 19	22 Main Street	\$690,000
May 19	11 Leland Road	\$900,000
May 19	12 Avery Way	\$605,893
May 20	4 Stop River Road	\$1.16M
May 20	86 Rockwood Road	\$395,000
May 20	23 Boydes Xing	\$790,000
May 23	15 Ridgefield Road	\$725,000
May 24	8 Ariana Lane	\$1.38M
May 25	21 Cleary Circle	\$635,000
May 26	85 Grove Street	\$902,500
May 27	25 King Street	\$556,000
May 27	47 Maple Street	\$616,000
May 27	13 Cleary Circle	\$725,000
May 27	13 Sumner Street	\$714,900
May 31	42 North Street	\$1.3M
June 1	46 Noon Hill Avenue	\$770,000
June 1	34 Fredrickson Road	\$1.2M
June 1	8 Gold Street	\$1.28M
June 2	60 Everett Street	\$530,000
June 10	3 Evans Lane	\$1.12M
June 10	2 Old Pond Street	\$525,000
June 10	3 Noon Hill Avenue	\$790,000

Source: www.zillow.com
Compiled by Local Town Pages



Recent Home Sales in Wrentham

Date	Address	Amount
May 16	46 Archer Street	\$571,000
May 19	55 Lafayette Avenue	\$981,701
May 19	55 Weber Farm Road	\$877,714
May 19	36 Field Circle	\$1.29M
May 20	180 Tilting Rock Road	\$850,000
May 20	22 Lake Street	\$350,000
May 24	576 Dedham Street	\$330,000
May 26	16 Weber Farm Road	\$779,562
June 3	118 Franklin Street	\$310,000
June 8	170 Oak Hill Avenue	\$1.05M
June 10	18 Davis Avenue	\$265,000
June 10	100 Williams Street	\$1.05M
June 14	115 Woolford Road	\$705,000

Source: www.zillow.com
Compiled by Local Town Pages

x105





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HONOR ROLL

continued from page 21

GRADE 7

HIGHEST HONORS

Rihanna Alexandropoulos; Alex Alves; Marina Amidon; Liam Beachkofski; Anna Beatty; Shreyas Bollu; Brianna Bonaceto; Garrett Bouffard; Julia Brideau; Olivia Cleasby; Ashley Cleverdon; Jad Cordahi; Mia Costa; Tessa Coutchie; Nathan Crowley; Benjamin Davis; Michael Davis; Amelia Dawe; Ty DeCarteret; Jake Diamond; Lucas Dolan; Robert Ford; Aidan Forrester; Lilian Freeman; Quinlan Greenberg; Nathanael Hatami; Maddock Henderson; Alexandra Hickey; Hayden Houlding; Elijah Hoyt; Luke Hughey; Hollis Hunt; Owen Hurwitz; Emily Jacobsen; Liam James; Malia Jusczyk; Addison Kane; Angelina Karavasileiadis; Rowan Kavanah; Caitlin

Keswick; Tanmayee Kolluri; Carly Kuzmeskas; Jamie Lagasse; Molly LaPlante; Kiera Lawrence; Courtney Lewis; Andrew MacDonald; Faelyn Mahoney; John Marchand; Ryan Marrone; Oscar Mason; Mallory McCrave; Tayla McDuff; Grace McHugh; Eric Miles; Alice Modena; Bella Moriarty; Emily Morris; Sebato Moses; Gia Mucciarone; Victoria Mullaney; Molly Muse; Lauren Newcom; Ava Noonan; Rylie O'Brien;

Nova Rose Pasquantonio; Kathryn Podzka; Abby Quinn; Lucas Raymond; Drew Richard; Henry Roach; Menfhis Salguero; Sangeetha Senthil Kumar; Aarit Shrivastava; Benjamin Smith; Grady Soares; Cole Soifer; Kellan Sperling; Swathi Sreenath; Erin Steck; Addison Sullivan; Daania Talat; Adeline Townsend; Brayden Ward; Julia Wetmore; Brody Whalen; Ashley Wistran; Anran Ye; Angela Young.

HIGH HONORS

Pearl Babbitt; Donnelle Balunos; Emmette Barry; Jack Becker; Benjamin Bostrom; Jack Boucher; James Boucher; Olivia Bourdeau; Marleigh Brown; Adrian Burke; Addison Burns; Braden Burns; Jordyn Callahan; Paige Campbell; Brianna Cardona-Ortez; Tyler Cecere; Bailey Cederbaum; Daniel Chalmers; Colin Chard; Avery Charland; Olivia Chavers; Harrison Chisholm; Shane Chmielewski; Kayla Collins; Natalie Collins; Kerin Connolly; Laura Valentina Da Silva; Jace Disla; Ellie Donegan; Jake Duffy; Raymond Evans; Elin Fitzgerald; Michael Flaherty; Lila Fleischman; Zachary Foley; Lilliana Fox; Alexandria Gebhard; Ava Giampa; Adriana Gomez; Ashlyn Greaney; Katelyn Harlow; Alida Hasson; Willow Hegarty; Isla Hollowell;

Rita Ibrahim; Michael Joseph; Katelyn Kelley; Anthony Khalil; Alex Labell; Matthew Labriola; Olivia Laight; Brendan Lawler; Christian Leite; Owen Loomer; Thomas Lutfy; Arina Maksakova; Luca Marshall; Ella McDonald; Rylan McKillop; James Medeiros; Emily Michenzie; Rebecca Michienzi; Taj Montfort; Matthew Moore; Ella Morgan; Andrew Morneau; Leila Mros; Brendan Mui; Cameron Murk; Benjamin Murphy; Erik Nelson; Amie O'Neil; Berkley Parenteau; Brodie Parker; Kyle Polce; Abigail Pompei; Caelan Quinn; Zachary Rettman; Cooper Richard; Donovan Rohrs; Julian Rosario; Jemma Ruiz; Alex Saenz; Neila Schweitzer; Brayden Simmer; Kathryn Stierer; Tanvi Tammineni; Chase Troutman; Sophia Uriarte; Max Van Hoesen; Maria Clara Vasconcelos De Souza; Ryleigh Waldner; Hunter Wells; Ethan Wolff; Paige Wolloff; Mia Yanni.

HONORS

Ryan Antonellis; Eliott Bourret; Nathan Daniele; Samantha Elpus; Hadley Jacobs; Ryan Marchand; Charlie Moon; Francesca Morando; Teagan O'Sullivan; Anthony Rausa; Liliana Reynolds; Adeline Rushlow; Olivia Sisti; Caroline Sullivan; Julia Walker.





May Real Estate Activity in Norfolk County

May 2022 numbers relative to Norfolk County recordings indicate a continuing decrease in overall real estate activity compared to the May 2021 numbers but show a significant increase in average sale prices.

According to Norfolk County Register of Deeds William P. O'Donnell, data indicates that the Norfolk County real estate numbers in May signal a continued slowdown in the market compared to 2021 but show a slight uptick from last month.

"There were 11,556 documents recorded at the Norfolk County Registry of Deeds in May, a 29% decrease from May 2021 but an increase of 3% from April, 2022," said O'Donnell.

The number of deeds for May 2022, which reflect real estate sales and transfers, both commercial and residential, show a slight decrease of 3% from May 2021 but an increase of 25% from April 2022. Sale prices continue to surge as compared to last year but may be starting to level off, noted the Register. The average sale price in May was \$1,264,350, a 26% increase compared to May 2021 but down 18% from last month. Total dollar volume of commercial and residential sales also showed gains from one year ago, increasing 22% and up 3% from last month.

Overall lending activity shows a continued trend downward for the month of May. A total of 2,283 mortgages were recorded during the month, a significant decrease of 40% compared to a year ago.

"It appears that the interest rate increases by the Federal Reserve Board and the fact that many consumers have already refinanced are impacting mortgage activity," O'Donnell stated.

A continuing cause for concern in Norfolk County is the number of pending foreclosures. During May, there were 5 foreclosure deeds recorded as a result of mortgage foreclosures taking place in Norfolk County, one more than in May, 2021 and one less than in April. However, there were 21 Notices to Foreclose, the first step in the foreclosure process, recorded in May, up significantly from 14 recorded in May 2021

"The dramatic increase in the number of these notices is alarming. It indicates that more of our neighbors are facing financial challenges going forward", said O'Donnell. "We will continue to monitor these numbers."

For the past several years, the Norfolk County Registry of Deeds has partnered with Quincy Community Action Programs, 617-479-8181 x376, and NeighborWorks Housing Solutions, 508-587-0950 to help anyone facing challenges paying their mortgage. Another option for homeowners is to contact the Massachusetts Attorney General's Consumer Advocacy and Response Division (CARD) at 617-727-8400.

BERKSHIRE HATHAWAY

Cathy Flem

Homestead recordings by owners of homes and condominiums decreased again this month at the Norfolk Registry of Deeds. There was an 8% decrease in homestead recordings in May 2022 compared to May 2021 but increased 16% from last month.

"May real estate activity in Norfolk County continues to show a decline from last year. We still see the increase in sale prices from last year as indicating a continuing lack of available real estate inventory but looking at the numbers from last month, it appears the market may be starting to cool down a bit," said O'Donnell.

The Norfolk County Registry of Deeds is located at 649 High Street in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information. All land record research information can be found on the Registry's website www.norfolk-deeds.org. Residents in need of assistance can contact the Registry of Deeds Customer Service Center via telephone at (781) 461-6101, or email us at register-odonnell@norfolkdeeds.org.

Local Fireworks Displays Across Massachusetts



JULY 1

Attleboro | 9:20PM Haywood Field at North Avenue

Orleans | 9:00PM Barge off Rock Harbor Beach

Marion | 9:15PM

Barge off Silver Shell Beach at Front Street

JULY 2

Chatham | Dusk

Veterans Field at 150 Depot Road

Franklin | 10:00PM Franklin High School

Walpole | 9:30PM

Joe Morgan Memorial Field at 220 School Street

JULY 3

Mashpee | 9:00PM Golf Course at 20 Red Brook Road

Needham | 9:30PM

Needham HS Parking Lot at 609 Webster Street

Sharon | 9:30PM

Barge on Lake Massapoag at 196 Pond Street

JULY 4

Nantucket | 9:00PM

Barge off Jetties Beach

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Bellingham | 9:00PM 60 Blackstone Street

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