

# TODAY'S family

August 2022

Lake Geauga



**Chagall  
for Children**

**Understanding  
your child's  
personality  
type**

**Fun Events**

Summer's not over yet!

**What kids learn  
from collections**

**Aging &  
Disability  
Summit**





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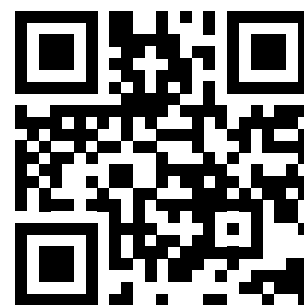
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# INTROVERT

## What does it mean to be an introverted or extroverted child?

Understanding your child's personality type.

Sharon Apel Bursky, PhD, IMFT-S, AAMFT  
Director of Behavioral Health Services  
Senders Pediatrics

The terms introvert and extrovert identify the way people are energized by either their internal world (introverts) or their external world (extroverts). The introverted/extroverted preference is noticeable from the time children are young, and can be objectively measured by second grade, using an instrument called the MMTIC® (Murphy-Meisgeier Type Indicator for Children) assessment.

The table to the right outlines characteristics of both extroverted and introverted children.

### Learning styles in the classroom

Extroverted students have a strong need to connect with peers before having the expectation to sit and listen and are more engaged in learning when they have the freedom to discuss the information during learning. Extroverts need very little processing time, which means they can engage in discussion and answer questions quickly. But their energy drives introverted teachers crazy. Introverted students, on the other hand, may respond more slowly or show a reluctance to share their ideas until they are clearly formed. Due to their tendency to think internally, teachers may hear silence which is the time necessary to process new information. Extroverted teachers often erroneously interpret this silence as lack of knowledge or distractibility. Mismatch of type between teachers and students occurs frequently.

### Learning styles at home

Extroverted children may come home from school energized, talkative and ready for the next activity. This can be overwhelming to introverted parents. The worst rule would be to require this child to do homework before being allowed to play. Creating a routine where the extroverted child has time for physical movement or socialization before homework is recommended.

Introverted children are drained from interacting with others all day and need some time alone to recharge when coming home from school. This can be hard for extroverted parents to appreciate and they often force their children to interact upon returning home eliciting a lot of short answers like "no," "I don't know" or "nothing." Allow your child time to regroup, and they will likely talk endlessly.

Understanding your own personality type is essential in supporting your child's personality type. Without this understanding, parents often force their children to behave in their own image. For example, an introverted child will behave like an extrovert if the parent appears to value extroverted behaviors. But it is exhausting for children to operate in their less-preferred learning style leading to stress which manifests itself with symptoms of anxiety, depression, or anger.

A great reference for every parent is the book *Quiet* by Susan Cain. If you don't have time to read the book, there is a TED talk available on YouTube. It will change the lives of every parent, both extrovert and introvert.

Contact Senders Pediatrics at 216-291-9210.

### Extroverts

- Work well in large groups and enjoy interacting with others
- Like to try new things
- Act before thinking
- Adapt easily to new situations
- Exhibit energy and enthusiasm for activities
- Become energized by activities and spending time with others
- Friendly, outgoing, talkative, and easy to get to know
- Are spontaneous and often change their minds
- Are verbal communicators
- Often communicate ideas before formulating their final thoughts
- Respond quicker to questions than introverts

### Introverts

- Prefer individual or small group activities
- Are energized by ideas
- Think before they act
- Carefully formulate ideas before sharing
- Like to observe things before trying them
- Internal processors- may not share their thoughts and feelings with others
- Need time for privacy and spend time alone to recharge
- Dislike interruptions
- Can ignore distractions
- May appear reserved and quiet
- Prefer calmer, less stimulating environments
- May prefer to write or draw over talking

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# What kids learn from collections

By Sarah Lyons

**M**y kids love to collect everything from rocks to stickers. They bring my kids joy and entertainment but they also seem to take up space and collect dust. Are there benefits to encouraging the kids to collect items? While these treasures seem like garbage to me, they can be a great opportunity for kids to research and learn about things that interest them and experience the world around them. Here are some great reasons to encourage your child's collection.

## Teaches responsibility

Kids who collect items will need to learn to be responsible for them. They will sort, take care, and find creative ways to display the things they are interested in. They will need to make sure they are well cared for and stored correctly so they don't get lost or broken. This will help them learn responsibility and organization.

## Experience the world around them

Kids who collect items are more likely to spend time reading about, sorting, and discussing their collections. As kids learn about and research their collections they will experience the world around them. While collecting rocks, kids will learn about science. While researching stamps or coins they will learn about history. A leaf or shell collection

will teach them about nature and a baseball card collection teaches them about sports and math as they study and compare statistics.

## Shared experience

Kids who collect items can bond with others who share similar interests. This can help start friendships because you are already building on common ground. There may even be conventions kids can attend to explore, purchase, and meet others who are interested in the same collector's items that they are. This will help them build social skills, meet new people, and build new relationships.

## Create a story

Collections can also help kids create a story. As they look through the items in their collection they can recall where they found the item — at a family trip to the zoo or on a hike with a friend and they can remember, share the experience, and learn to tell a story about how they acquired the item.

## Lessons in budgeting

Kids who collect items that need to be purchased will have the opportunity to learn budgeting skills. They will need to research how much the item costs, find a way to earn money, and save until they can purchase the item. This may provide the opportunity to research and compare items and compromise on which item they can afford. If the



item can be traded they will need to practice their negotiation skills as they bargain with their friends.

## Brings joy

While your child's collection may look like a dust collector to you, it likely brings your child happiness. When I really think about it, I have my own collections that bring me joy. A stack of books by my nightstand, my grandmother's china, more lipsticks and nail polish than I truly need, and enough kitchen gadgets to fill two kitchens. I don't need these things but I have collected them over the years and they bring me joy. Your child's collection brings them a similar happiness and it is important to remember this.

A child's treasured collection may seem like a trash collection to a parent but try to foster their interests and encourage what is important to them. Provide a shelf to display items or a special box to store their items in. Many valuable lessons can be learned from collecting items and it seems to be human nature to want to gather items and start a collection.



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## Where kids can touch the art!

Chagall for Children is a multi-sensory, hands-on exploration of one of the best-known and best-loved artists of the twentieth century, Marc Chagall. This world class special exhibition is specifically designed to engage ages 2 – 12 and features 14 multisensory exploration stations, each incorporating a high-quality reproduction of one of Marc Chagall's works encouraging children to explore art principles such as color, composition, light and texture.

Here's what visitors can expect to see and do in the Chagall for Children exhibition:

**America Windows:** Visitors explore the effect of light upon stained glass by adjusting the light levels behind the work and recreating their own America Windows by rearranging puzzle-like pieces of the work.

**At the Circus:** Incorporating role-play, which is key in the creative development of young children, visitors see themselves as part of a Chagall painting via a video camera and monitor. They don silk-screened capes to become part of the painting as they pose and play on a circus stage.

**The Birthday:** Comparing art forms, visitors examine the reproduction of this oil painting and compare it to the tactile experience of touching the bas relief. Visitors can also create a "rubbing" from a steel engraving of the bas relief.

**The Blue House:** Studying form and structure, visitors create their own three-dimensional house against the backdrop of this painting.

**The Concert:** Visitors at this station select musical instruments represented in this painting and blend sounds the way Chagall artistically blended colors.

**Flowers:** Visitors create their own flower arrangements inspired by this colorful work and experiment with floral scents.

**The Flying Sleigh:** In a comput-

erized activity, visitors explore the art of narrative form by manipulating main figures and details of this Chagall piece to tell a different story.

**Green Violinist:** Visitors can re-create the painting using magnetized puzzle pieces.

**I and the Village:** Visitors learn about the concept of symmetry and explore the different ways people view the world by rotating this painting.

**Job Tapestry:** Tapestry provided Chagall with yet another form of artistic expression. Visitors cooperatively create a tapestry by weaving and sewing.

**The Juggler:** Visitors explore the role of detail in this work by using a touch screen to animate elements of the painting.

**Paris Through the Window:** By experimenting with composition using magnetized pieces, visitors create their own picture of Paris.

**The Poultry Yard:** In a creative approach to form and structure, visitors experiment with brightly-colored, three dimensional, soft-sculpture animals to create fantasy creatures and scenes.

**The Rooster:** A rich tactile experience occurs when visitors touch and rearrange the beautiful feathers in the tail of a soft sculpture copy of Chagall's rooster.

Many stations are accompanied with audio descriptions, highlighting information about the artwork upon which the interactive is based.

Visitors can tour the Chagall for Children exhibition in person at the Maltz Museum, Tuesday through Sunday, 10:00 a.m. to 4:00 p.m. through August 28, 2022.

Tickets can be purchased in advance at [www.maltzmuseum.org](http://www.maltzmuseum.org) or by phone at 216-593-0575. Masks are not required for entry. General: \$12, students & seniors: \$10, children 5 – 11: \$5, children under 5 and Maltz Museum members: free.

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# 39 northeast Ohio Girl Scouts earn highest award in Girl Scouting

Girl Scouts of North East Ohio (GSNEO) is proud to honor 39 Gold Award Girl Scouts this year. The Girl Scout Gold Award is the highest award a Girl Scout senior or ambassador may earn. The Gold Award project challenges girls to identify an unmet need or core issue in their community, research and investigate it, recruit volunteers, and build a team to create a plan to address the issue or need.

Across northeast Ohio, members of the community are seeing great changes take place. Elementary schools are receiving valuable STEM resources. Places of worship are seeing improvements to their buildings and to the safety of their congregations. Animals have new habitats and resources to support their populations. These things were all made possible because of Gold Award Girl Scouts!

When compared to non-Girl Scout alums, Gold Award Girl Scouts soar when it comes to seeing themselves as leaders, providing service to others through volunteerism, and having positive attitudes about

themselves and the lives they lead. Over 90% of Girl Scouts not only attributed their success in life to Girl Scouts, but they also said they could not have had access to the same experiences anywhere else.

Nationwide, only five percent of eligible Girl Scouts go for the gold. This year, 39 Gold Award recipients from northeast Ohio will join the ranks of generations of young women who are recognized for making a difference, both locally and globally. It's not only Girl Scouts who understand the value of the Gold Award. Some universities and colleges offer scholarships unique to Gold Award recipients, and girls who enlist in the U.S. armed forces automatically enter the military one rank higher.

There are 14 girls in the Today's Family coverage area who received the 2022 Girl Scout Gold Award. Here are the recipients including city and project title:

**Bailey Brotz, Madison**  
Sensory Courtyard at  
Madison Pre-K  
**Tyauna Carlgren, Willoughby**  
BRIDGES

**Abigail Colbow, Mentor**  
Connecting Children with Nature  
Through Art  
**Katherine Giza, Chardon**  
Building Multi-Purpose Room  
for Recovery Home  
**Nia Guess, Willoughby Hills**  
Rain Garden Sustainability  
and Beautification Project  
**Celia Hawk, Chagrin Falls**  
Clothing Swap  
**Sarah Lynch, Chagrin Falls**  
Sensory Garden  
**Emily Morris, Mentor**  
Plant Seeds to Save the Bees  
**Abigail Myers, Chardon**  
Abigail's Instilling Installation  
**Jane Peck, Chagrin Falls**  
Fostering Empowerment  
in Young Women  
**Louisa Piotrkowski, Chardon**  
Book in a Box  
**Halle Preneta, Chagrin Falls**  
The Rainbow Choir: An Anthology  
of LGBTQ+ Youth Voices  
**Madeline Ramsey, Chagrin Falls**  
Setting Up a School Compost Bin  
for the School Kitchen  
**Shaine Robertson, Cleveland**  
Camp Collinwood



Many of the 39 area winners.

Bios and a list of all winners can be found at [gsneo.org/goldaward](https://gsneo.org/goldaward).

Earning the Gold Award is just one of the amazing things girls can do as part of Girl Scouts. To join Girl Scouts of North East Ohio, or learn more about volunteering, please visit [gsneo.org](https://gsneo.org).



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# Consider the SEER rating when shopping for air conditioners

Every year homeowners try to get one last summer out of their aging air conditioners before replacing them. Some make it, others do not. If you are ever the unlucky one, you will need to find a replacement fast — you can only sweat it out for so long! So, it is important to understand one of the key data points when picking out a new system — the SEER rating.

SEER stands for seasonal energy efficiency ratio. An air conditioner's SEER rating is a numerical representation of the amount of cooling power produced per unit of electricity. The higher the SEER rating, the more efficient the system. The more efficient the system, the lower the monthly power bill.

## Sticker shock

The SEER rating for any given air conditioning system should be easy to find. It will be in the product specs when shopping online, and any HVAC professional will have that information if you are shopping via a personal consultation. When shopping at retail, just look for the yellow and black sticker that says, "energy guide."

All SEER ratings will be at least 13 which is the current federal minimum. In the hottest regions, the minimum is 14. SEER ratings go as high as

25, but you will notice as you shop that higher SEER ratings generally mean higher prices.

The SEER rating is just one of many factors to consider when it comes to finding an air conditioning system that is a good value for your home and budget. Even though the upfront cost is higher, long-term operating costs will be lower — so more efficient systems can be a good choice if you are able to pay cash or secure good financing. If high financing rates threaten to wipe out your energy savings, you could be better off with a cheaper, less-efficient system.

## Calculate your savings

If the SEER rating seems too abstract and you want a better estimate of what a particular air conditioner might cost to operate, you can turn to the Environmental Protection Agency. The EPA has created a series of free, downloadable energy efficiency calculators that you can use to make more informed purchase decisions and anticipate costs down the road.

And if you find an energy-efficient model that works for your needs and budget, be sure to use the EPA's rebate finder to search for valuable rebates available in your area. Local utilities and government agencies sometimes offer these re-



bates to encourage energy efficiency upgrades.

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# BUILDING BRIDGES

Communicate and connect  
with your child's teacher

By Janeen Lewis

**D**o you feel intimidated when you think of talking with your child's teacher? What if your child complains about problems with his or her teacher? What do you do then?

I'm a parent and a teacher, so I've been on both sides of the teacher's desk. Here are some tips to help you communicate and connect with your child's teacher so that all involved can have an amazing school year.

## Meet and greet the teacher

Teachers like to meet parents at the beginning of the school year so that if a problem does occur, a teacher's first encounter with a parent isn't a call about misbehavior or academic struggles. If your school hosts a back-to-school night in the days before school starts, make it a

priority to attend. Introduce yourself and show your support for the teacher. There will probably be several parents waiting to meet the teacher, so you may not be able to have a lengthy discussion, but making this initial contact helps break the ice.

## Be involved

One of the best ways to get to know your child's teacher is to be involved in the classroom and school. When school starts, let the teacher know if you can volunteer. Because the beginning of school is a busy time for teachers, wait the first couple of weeks until the class is settled in, and then contact the teacher and ask, "How can I help?"

If you can't volunteer during the day, offer to organize donations or supplies for projects or parties by setting up a parent signup list online. Ask if you can cut out items



the teacher has laminated or track down supplies for a lesson. Come to after-school events, school productions and parent-teacher conferences so that you are visible and can touch base with your child's teacher.

If your career is related to something your child's class is studying, offer to come in and answer questions. Many employers build in time for employees to volunteer in schools so they don't have to take time off from work.

## Keep communications open and positive

Teachers welcome questions and concerns and are proactive. As a teacher, I would much rather know about a problem early so that I can deal with it in the best way for all concerned. Your child's teacher should be open to your questions and suggestions, so don't be too intimidated to ask.

See *Building Bridges* page 12



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## Get good rest

Good nightly sleep is important to your health. Depending on your age, it may be best that you get seven or more hours of sleep each night.



## Cover your coughs & sneezes

It is highly recommended you cover your sneezes and coughs to prevent the spread of germs from person to person.



## Practice good hygiene

Wash your hands often with soap and water for at least 20 seconds. Be sure to also clean your body to prevent the spread of other sicknesses that need touch to spread germs from person to person.



## Fuel your body

If you're able, try to have food and drinks that will provide good nutrients to your body. Keeping a balanced diet could positively impact your health over time.



## Clean high-touch surfaces

Clean high-touch surfaces and items in your home and car often, especially after having visitors.



## Try to stay in open spaces

When possible, especially if indoors, try to be in areas with open space and with open windows.

## Everyday Ways to Help Protect Yourself & Others

There are key simple ways to protect yourself and others from germs that spread easily. Using these tips could positively impact your health and those around you.



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## Building bridges from page 11

Keep up with written teacher notes, field trip permission slips, report cards and any other written communications the teacher sends home. Sending a quick response to the teacher's requests makes the teacher's job easier.

Remember to keep communications positive. If you have concerns or think the teacher has dealt unfairly with your child, don't dash off a negative note and send it first thing in the morning. For sensitive conversations, call and set up a time to meet after school.

Of course, encouraging notes brighten a teacher's day!

### Try to understand both sides

Teachers have a lot to manage in their classrooms, and with 25 or more students to supervise, sometimes they make mistakes or don't see every problem. Your child may think something happened in class that wasn't fair, and it's easy as parents to react emotionally and blame the teacher. But support the teacher as much as possible while you gather information about what happened. Try to help your child see the teacher's point of view, and talk about how people can have differences and still work together to succeed.

### Advocate for your child

Don't be afraid to speak up if a problem in

your child's class becomes pervasive. If your child's grades start to slip, he or she is continually unhappy or you suspect your child is being bullied by a classmate, work with the teacher to devise a plan to help.

### Make a change as a last resort

Sometimes children have personality conflicts with their teachers. This actually offers an opportunity for growth if teachers and students can work together in a respectful and productive manner. After all, this is what children will need to be able to do when they grow up. But if problems persist, it may be time to request a change to another class. Discussing your options with a school counselor or administrator may help you navigate a tough year.

### Understand that teachers are human

Most of the teachers I know are caring individuals who want to make a difference in the lives of the children they teach. Often, they are parents too, and although it is hard to imagine, at one time they were students who lived through awkward growth spurts, problems with peers, lost homework and braces. They understand what parents and kids are going through, and they strive to build a positive connection between school and home.

## Be an A+ Chaperone

During the year, your child's class will more than likely take a field trip. Teachers really appreciate the help of parents when they venture outside school grounds with a group of students, and this is a great way to get to know your child's teacher better. Here are seven quick tips to help you be an ace chaperone.

1. Show up on time so you can get information from the teacher and meet your group.
2. If possible, take a picture of your group so that if someone becomes separated, you know what they are wearing and can show the picture to other helping adults.
3. Learn the names of all the students in your group, and encourage them to pay attention, be on task and stay together.
4. If a child is consistently ignoring the rules, alert the teacher.
5. Take head counts often, especially after bathroom breaks and lunch.
6. Keep your cell phone with you at all times. Get the teacher's number and numbers of other parent chaperones so that you can stay in contact if you split up.
7. Remember you are there to help the teacher and students foremost. While you should model participation and have a positive attitude about the trip, don't slip away to that new exhibit you've been dying to see and leave your group.

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# Back-to-school shopping: then & now

By Stacy Turner

As you can imagine, back-to-school shopping was a big production in a home with six children. Since we went to parochial school and wore the mandated school uniforms, we didn't have a big list of clothing to purchase.

Long before Target, Walmart, or similar chain stores, Dad would take us school shopping at his favorite retailer — Sears. This was when the age-old company still issued a two-inch thick annual catalog and had stores at every mall near and far. "If you can't find it here, you don't need it," he'd threaten if anyone took too long to decide on the limited options. If only Sears, and shopping malls for that matter, had employed Dad's tagline, maybe they would still be popular today.

For shoe purchases, Dad would inspect each pair for the quality of the uppers and soles on our Buster Browns, saddle, or Earth shoes — after double-checking the fit by pressing the front to gauge toe placement. The same meticulous method was applied to sneakers before we gathered our cardboard boxes and moved on to our other items. After shoes, the only other items we required were socks — usually knee highs — and underwear. Once our purchases were made, we'd leave the climate-controlled mall and return to the sunshine and heat of the summer afternoon to try and forget the coming school year.

I think Dad wisely deferred the purchase of undergarments to Mom once my sisters and I hit preteen

status. Mom also handled school uniform procurement, which included checking for size and fit and handing down outgrown items from older to younger siblings. If jumpers, skirts, or blouses from the girls or collared shirts and dress pants from the boys were still in good condition, but no longer fit anyone in our family, they were traded in at the uniform exchange.

## mommy chronicles

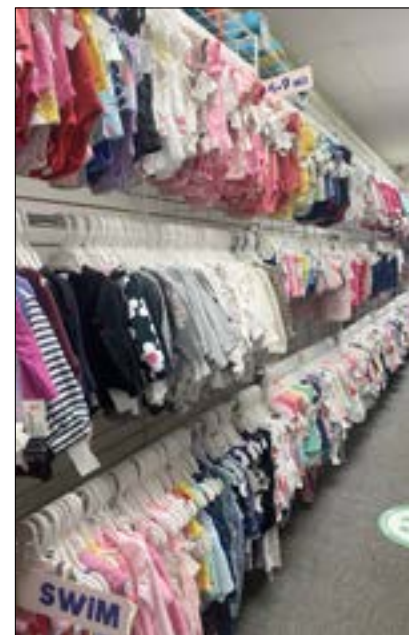
This is where other Catholic school moms brought their gently used items to trade for sizes they needed, and a big part of how large families like ours prepared for the new school year.

I don't remember our school supply lists being as lengthy or full of obscure items as my kids supply lists these days. Though I'm sure it was enough trouble purchasing the gross of pencils, pens, notebooks, and book bags for the six of us. These days, supply lists for my two kids are very long and highly specific. Special binders with assorted color tabs; markers of all sorts — Expo, permanent, highlighters, and Crayola; along with mechanical pencils, gel pens, index cards, and post-it notes in a rainbow of colors. Last year, we searched high and low for a particular grid paper filled notebook for one class, making the rounds at big box and office supply stores until we found it, like Ahab's elusive white whale. In hindsight, I think these annual supply-hunting missions have been preparing us for the next big adventure: college.

This year, our eldest will be heading off to a school six hours from home. And while her school supply list is minor, the dorm essentials list

is daunting. Right now, all manner of bins and baskets currently line her bedroom floor, filled with toiletries, laundry detergent, and comforts of home. But what size and type of under bed storage will work in her tiny double dorm room? Will she need a desk lamp, fan, mattress topper, and mini fridge like so many have recommended? And more importantly, will they even fit in her room? The list seems unwieldy as her move-in date looms large and foreboding. I'm sure by the time our youngest heads to college in two more years, we'll have it all figured out.

For now, our eldest seems more than ready to pack up her supplies and head off to college. But this supply-hunting momma is going to need a little time to adjust to the change. For now, I've taken comfort in filling those bins and baskets with everything she may need on this new adventure. Because like Dad was fond of saying, if she can't find it here, she doesn't need it.



A great place to shop today for clothing, shoes, backpacks, equipment and more is Once Upon A Child with locations in Mentor and Westlake. They offer gently-used items and will purchase your gently-used items on the spot.

See their ad on page 15 for a money-saving coupon!



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[www.HorizonChildcare.com](http://www.HorizonChildcare.com)



# 7 ways to start the school year right

By Janeen Lewis

School bells will soon be ringing, and while that means no more sleeping in or lazy days at the pool, welcoming structure and routine back into family life helps get kids who are reluctant to return to school more motivated to go. With a positive attitude and a few back-to-school motivators, even reluctant school goers can start the school year off right. And getting off on the right foot paves the way for school success for the entire year.

## 1 Reintroduce routines

It's easy to get off schedule during the summer when longer days beckon kids outside late and sleeping in is easy to do. Introduce routines for going to bed and waking up before school starts because it may take children a few days to adjust. Read a book together as a family to simulate academic routine before daily homework starts. If you have tweens or teens that have been staying up late, take their bed time back 15 minutes every night until you get to the desired bedtime so it isn't too much of a shock to kids' sleep cycles.

## 2 Get organized

Organize those areas that you will use for school preparations. Make a place for lunch and



breakfast items in the refrigerator and pantry so they will be ready to go when making lunches or breakfast. Restock home desk supplies and prep study areas. Organize your laundry room with baskets for school uniforms, sports uniforms, and individual kid's clothes. Don't overlook your vehicle. Keep a basket with all the things you might need for those busy hectic drives between school, work and after-school activities.

## 3 Purge last year's items

Go through backpacks and closets and get rid of anything that is outgrown or worn out. Sell the nicest items at consignment stores or a yard sale, and save what you make to put toward new items this school year.

If your child has a hard time letting go of items

even though they are worn out or don't fit, try putting them in storage for a month or two, then bring them back out. I've done this with my own kids, and usually they are willing to give up the items when they realize they haven't missed them.

## 4 Devise a shopping strategy

After you have purged your home of old items, it is fun to replace them. Sometimes kids get excited about returning to school because they get new clothes and supplies.

Check out all the sales fliers and compare prices for the things your child needs. Make a shopping list of needed school supplies, clothing items and any organizing tools you might need for closets.

If your school has already sent a supply list, you can shop early and avoid the crowds and out-of-stock items. Sometimes I even shop late in the evening for school supplies when the aisles are less crowded so I can look carefully for what my kids need. The more you plan, the more you can do in one trip. You might even make it a special day out with the kids.

## 5 Attend school orientations

Sneak-a-peek. Back-to-School Night. Ready-fest. They are called a variety of names, but back-to-school orientations are another way to create a desire to go back to school. Students



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## BACK TO SCHOOL

can meet their teacher, check out their classroom and see friends they haven't seen all summer. This can make students previously hesitant to return to school eager to get started.

### 6 Set goals

Help your child set a goal for the school year, or set a family goal together. Maybe your child wants to ace pre-algebra, start a kid blog or read more books than they read last year. Or maybe he or she wants to kick more goals in soccer this year or nail that back handspring they have been working on in gymnastics. As a family, maybe you want to volunteer together at school or raise money for a worthy cause in

the community. Setting goals can motivate kids and families to have an amazing school year.

### 7 Celebrate with back-to-school traditions

It can be simple, like snapping a morning photo shoot before the first day of school, or elaborate, like hosting a neighborhood back-to-school bash at your house. Have a family meal at your favorite restaurant after the first day or plan a special weekend getaway before homework and sporting events kick in. Whatever you choose, model an upbeat attitude about the start of a new school year, and chances are your child will too.

## Lake Humane Society's Mutt Strut

The whole family (and well-behaved dogs!) is invited to join Lake Humane Society at the 28th annual Mutt Strut! The event will be held at Lake Metroparks Farmpark in Kirtland on Sunday, August 28, 2022 from 10 am-2 pm.

Enjoy a FREE eventful day with an itinerary full of fun activities. Some of these activities include: the one-mile walk, canine games and contests, an agility course and rally training course, a raffle with many great baskets and prizes, food available for purchase, "Project Ruffway" a runway show of adoptable dogs at LHS, informational booths about LHS, face painting and crafts for children, shopping at the Mutt Mall which includes a bunch of vendors

who support our cause and the chance to meet your new forever family member at Rescue Row!

Show your support for Lake Humane Society & start raising pledges now! No donation is too small, and all donations will immediately be used to help homeless animals in need. Fundraisers can raise pledges in one of two ways: They can create a personalized online fundraising page at lakehumane.org, or they can print a pledge form and go door to door. Attendees who raise or donate at least \$35 will receive a complimentary Mutt Strut T-shirt (while supplies last). A variety of prizes will be awarded to fundraisers depending on what level they reach.



## Family festival and didgeridoo held at Morley Library

Families came together on Saturday, July 2 at Morley Library for a summer Fun Festival and a free performance by Didgeridoo Down Under. Forty attendees enjoyed making soft tie-dye octopi, face painting, snacks and games, then took in a lively show about Australian music and culture featuring the didgeridoo, an ancient Australian Aboriginal instrument with an otherworldly sound. This event was part of Morley Library's Oceans of Possibilities Summer Reading Program. For more great events at Morley Library visit [www.morleylibrary.org](http://www.morleylibrary.org) or call 440-352-3383.

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- Placement Tests

# Huntington offers tips for students headed back to school

This is the time of year that students from kindergarten through high school are thinking about the first day of school and the rest of the year. Kimberly Walter of the Mentor Huntington Learning Center says there are lots of things parents can do during the final weeks of summer to help their children prepare. “A little mental preparation and some simple planning ahead can help children get off to the best start possible,” she says. Here are several back-to-school tips for parents:



- **Get reacquainted with the organizational system.** Organized students are successful students. Remind your child that a good organizational system should include a planner or planner app to help them keep track of all assignments, tests, deadlines and other obligations, a system for keeping track of all papers and graded homework, and a digital filing system for any electronic documents.
- **Talk through time management.** Most students struggle a little with time management, with so much else competing for their time and attention. Go over the essentials before school starts. At the top of the list should be homework prioritization (dividing homework every night into what is due the next day, later in the week or later in the month, and into rank of importance), breaking down big tasks

into smaller ones, scheduling time for school, and avoiding time-wasters and distractions.

- **Go over the routine.** Summer is more relaxed, so your child might need a little refresher on what the routine will look like for the school year. Talk about school start time, when the carpool or bus picks up (or when to leave if walking) and everything that your child should prepare the night before and on school mornings. Go over what works best for your child in the evenings as far as when to do homework and what other evening obligations they will have (e.g., sports practice).
- **Transition into learning mode starting now.** Use the final few weeks of school to get your child back into school mode. Tidy up the workspace and get all supplies for home and

school. Resume a nightly routine of 20 minutes of reading, encourage an earlier bedtime, and review any textbooks or graded homework or tests from last year. Even a little effort can make a big difference in getting your child's brain working again.

- **Talk positively about school.** As a parent, you have a big influence on how your child sees learning and school. Have a good attitude and never speak negatively about school in front of your child. Talk about learning as something that is continuous and requires students to make mistakes. Let your child know that you want them to be unafraid of trying and failing, and remind them that school requires persistence and patience. This attitude is called a growth mindset, and students who have this take responsibility and ownership of their own learning.
- **Discuss your child's goals for the year.** Goals help students reflect on their strengths and think about how they can make improvements on any weaknesses. Achieving goals can help them fulfill their dreams and envision their futures. Talk with your child about what goals they want to set this school year and how you can support them.

If your child had a difficult school year last year,

*See Huntington on page 17*



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Education Guide

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Learn more about VASJ by attending one of our upcoming open houses:

Sunday, October 9, 2022  
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Visit [vasj.com/admissions](http://vasj.com/admissions) for more information. Go Vikings!

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Gilmour's Montessori toddler and preschool programs teach children how to learn instead of just what to learn.

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Students then progress to the Middle School and Upper School, also housed on our 144-acre campus, to expand on the foundation built at the Lower School.

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Joyfully serving the communities of Lake, Geauga, and Ashtabula for four decades, Our Shepherd Lutheran School's highly-educated and caring staff engages students with new and innovative programs, ideas, instruction, and hands-on learning while remaining dedicated to the faith formation of students in a loving, Christ-centered environment.

They are a private K-8 Christian school located across the street from Lake Erie College and housed in the Zion Lutheran Church campus. A low teacher-student ratio means greater focus on individual student's needs.

They are nationally accredited by the NLSA and recognized by the Ohio Department of Education. They feature full-day, five-day kindergarten; weekly STEAM programs; computer technology with robotics, iPads, Chromebooks, and a dedicated computer lab; smartboards in the classrooms; library/media center; and middle school enrichment program.

Please direct questions to Principal Goodwin at [pgoodwin@oslpainesville.org](mailto:pgoodwin@oslpainesville.org).

### Huntington from page 16

Walter says that now is the time to act. "It's best to send children into the school year feeling confident and ready as opposed to fearful and nervous," she says. "A student who had trouble last school year risks falling further behind if they head into the new school year without fixing those problems." To learn more about Huntington's personalized learning plans for students of all ages, call 1-800 CAN-LEARN.

#### About Huntington

Huntington is the tutoring and test prep leader, providing service online and at its brick-and-mortar facilities. Its certified tutors provide individualized instruction in reading, phonics, writing, study skills, elementary and middle school math, Algebra through Calculus, Chemistry, and other sciences. It preps for the SAT and ACT, as well as state and standardized exams. Huntington programs develop the skills, confidence, and motivation to help students succeed and meet the needs of Common Core State Standards. Founded in 1977, Huntington's mission is to give every student the best education possible. Learn how Huntington can help at [www.huntingtonhelps.com](http://www.huntingtonhelps.com).



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Hershey Montessori School warmly welcomes students from both near and abroad to a new, exciting school year.

Hershey's Concord campus is ready to receive children 2 months through 12 years of age with prepared environments intentionally designed for every stage of their natural development. Concord classes begin August 23.

Hershey's adolescent campus, located in Huntsburg, is ready to welcome seventh through twelfth grade students. Local adolescents, and those arriving from across the globe, will begin classes August 24.

Students can anticipate continued emphasis on robust academics, creative and physical expression, independence, responsibility, social and emotional learning, and daily stress-reducing connections to nature.

Information sessions will be held for those interested in learning more about Montessori education. Concord Campus Information Session will be held Saturday, September 17 from 1-3 pm. Huntsburg Campus will host a Virtual Information Session Wednesday, November 16 from 7-8 pm. Contact 440-636-6290 or [admissions@hershey-montessori.org](mailto:admissions@hershey-montessori.org) for inquiries/registration.

### Horizon Learning Centers

www.horizonchildcare.com  
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There's a lot that goes into child development and Horizon Learning Centers gives kids a whole new world to explore with a play-based curriculum that sparks creativity, independent thinking, self-help skills, and social interaction.

"We believe in dramatic play as being one of the best ways to learn," says program supervisor, Nihada Nabulsi. "We set the stage for them with all the needed materials and they take off from there."

They use Creative Curriculum where students use dramatic play, such as a store setup, to learn how to navigate real-life activities in a fun, collaborative, and educational way.

Horizon Learning Centers provide a clean, safe, educational setting and welcome infants (starting at six weeks), toddlers, preschoolers, kindergartners, and school-age children up to 14 years of age.

There are three locations in the Greater Cleveland area: Tremont, Euclid and Mentor. All curriculum is researched based and age appropriate with quality, certified, degreed teachers.

# The ABCs of thrift shopping!

Before the kids go back to the classroom this fall, head to your local Goodwill store

## Amazing finds!

Whether your kiddo is heading off to Kindergarten or onto college, Goodwill carries a variety of new and donated goods including jeans, uniforms, backpacks, shoes and electronics to start the school year out on the right foot. New items are continuously being stocked on the sales floor for a never-ending supply of great finds at affordable prices!

With so many local stores to shop and a steady stream of new donations coming into those stores, Goodwill will never give you that “all-the-good-stuff-is-gone” panic attack you might have when shopping at big-box stores as the start of school quickly approaches.

Don't forget to look for some of our top back-to-school items, many of which you might not realize you can find at Goodwill:

- Adult shirts that can be repurposed as paint smocks for a preschooler's classroom.
- Plastic crates, bins, and baskets that can be used to store school supplies.
- Wall décor, lamps, and seasonal decor for a college dorm room or new apartment.
- Instruments like guitars, horns, or metronomes for the budding music student.
- Calculators and flash cards for the math student.
- Bedding like sheets, blankets, and towels for



the college student.

- Bicycles and helmets for riding to and from school.
- Backpacks and lunch boxes along with thermal and plastic drink bottles for students who enjoy a homemade lunch.
- Educational games, toys, books, globes, and maps.
- Jewelry, clothing, and accessories for all those classroom themed parties.

## Budget friendly!

At Goodwill stores you can find gently used, and new-with-tags, clothing, shoes, accessories and more at prices that are typically 50-90% less than large retailers. Whether you are on a budget,

just love a good deal, frugal, or saving money for a special reason shopping at Goodwill stores help teach money-saving lessons to you children. Don't miss an opportunity to save even more August 5-7 during Ohio's tax-free weekend.

Thrift shopping at Goodwill stores also means you are giving second life to clothing and other items by reducing waste and keeping them out of landfills. Shopping in a thrift store like Goodwill is a valuable teaching moment, giving you a chance to demonstrate to your children the value of being financially, environmentally and socially conscious.

## Community strengthening!

Did you know that shopping at Goodwill helps support programs like job training, hot meal programs, parenting classes, support of families in crisis and much more? Every year, your local Goodwill supports thousands of individuals in your community with programming that gives them a hand-up in life, not just a hand-out.

“It may not be foremost in your mind, but you're helping the people in your community when you shop at Goodwill,” explained Bryant Taylor, vice president of donated goods. “Whether its dorm essentials you need or shoes for gym class, Good-

See Goodwill page 19

Goodwill

**BACK TO SCHOOL**

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## 2022 Northeast Ohio Aging & Disability Summit

The evolution of services and programs for the aging and disability community is here! Mark your calendar for the 2022 Northeast Ohio Aging and Disability Summit, coming September 30. The Summit is presented in partnership with the Cuyahoga County Division of Senior and Adult Services (DSAS), The MetroHealth System and Western Reserve Area Agency on Aging. This year's summit will be held in person at Tri-C's Corporate College East campus with a virtual option.

The Northeast Ohio Aging and Disability Summit was designed to be a platform for sharing stimulating dialogue, innovations and best practices on issues impacting older adults and adults with disabilities in our community. Last year's inaugural summit was held virtually and attracted nearly 400 attendees to hear national and local experts speak on topics such as diversity, equity and inclusion, assistive technology, aging and public policy, gerontological research, workforce opportunities and much more.

This year's theme – From Hind-sight to Foresight: The Evolution – will continue the dialogue on progress, as we emerge post-pandemic with more savvy, inclusiveness

and resiliency. Topics for this year's summit include:

- New ideas for post-pandemic aging.
- Diversity, equity and inclusion in aging.
- The power of developing great habits.
- The evolution of aging.
- Resiliency and aging.

Attendees can choose to take part in the summit in person or virtually. In-person attendees can interact with our stellar speakers and nearly 40 exhibitors. Virtual attendees can join us from anywhere in the world and enjoy the opportunity to learn and chat with our presenters. Up to 6.5 CEUs/CPDUs are pending approval, so summit-goers can leave the event with fresh ideas a renewed focus, and the accredited professional development that is critical to the work they do.

Cost to attend the Northeast Ohio Aging and Disability Summit is \$65 professional; \$25 student/retiree. Exhibitor opportunities are still available, and registration will open soon. For more information, visit [dsas.cuyahogacounty.us](http://dsas.cuyahogacounty.us) or contact 216-698-2562 or [agingsummit@jfs.ohio.gov](mailto:agingsummit@jfs.ohio.gov).

## Goodwill from page 18

will is a great option for families who are looking to save. And all purchases support a network of programs that help thousands in our community."

Before you restock your kids' wardrobes with clothing and accessories at Goodwill, take a moment to go through their closet and clear out any items they do not wear or need anymore. Any clothing that does not fit anymore can be donated to Goodwill, along with shoes, accessories, books, furniture and other household goods! Keep a bag or box in the corner of your kids' rooms designated for Goodwill donations. Then, before your next shopping trip, drop off your donations to Goodwill. You'll keep your home organized and up-to-date while doing good for your community!

Locally, Goodwill Industries has several convenient locations for both donating and shopping. Log onto [GoodwillGoodSkills.org](http://GoodwillGoodSkills.org) for a location near you.

**Mayfield Heights**  
6605 Mayfield Road  
440-683-1602

**University Heights**  
Cedar Center South  
Shopping Center  
13908 Cedar Road  
216-306-2661

**Landerwood Plaza  
Donation Center**  
30850 Pinetree Road  
Pepper Pike

**Eastlake**  
33459 Vine Street  
440-942-6910

**Chardon**  
425 Water Street  
440-901-0100

**Painesville**  
2175 Mentor Avenue  
440-867-2716

## St. Justin Martyr Parish Festival

**Sunday, September 18 • noon–10:00 p.m.**

**LOCATION: Wickliffe Italian-American Club**

29717 Euclid Avenue

Homemade Parish Food • Food Trucks  
Beer Truck • Kid's Games • Live Music  
Instant's & Wheels • Basket Raffle



### ENTERTAINMENT

Noon–3:00 p.m. Rooftop Project (pop)  
4:00–5:30 p.m. Goin' Grey (oldies)  
6:30–9:30 p.m. Disco Inferno (disco)

**Car Cruise 4:00–7:00 p.m.**  
No preregistration

**\$7,500  
Raffle**

**ALL ARE WELCOME!**  
**FREE PARKING & FREE ADMISSION**

For more information:  
**[www.StJustin.net](http://www.StJustin.net) • 440-946-1177**



## Struggling with a loved one's use of alcohol, drugs or problem gambling?

**Lake-Geauga Recovery Centers can help!**

We offer multiple levels of care, providing life-changing opportunities for individuals to drastically change their thinking, attitudes, and behaviors about their involvement with alcohol, drugs and problem gambling.

Contact us today to learn more about our programs and services at **[www.lgrc.us](http://www.lgrc.us)** or call **440-255-0678**



## Membership in moments, benefits for all stages of life

Cardinal Credit Union is structured to support your family through all stages of life, from big milestones like your teen's first checking account to everyday transactions that help build your credit score and retirement savings. We're here to grow with you, your kids, and your parents with a personal, guided approach to banking.

Big decisions – like taking on an education loan or planning for retirement – can seem scary without an expert on your side. We meet your family's unique needs with personal care and attention that you won't find at a big bank. Conventional banks make lending decisions based on numbers and ratings alone. We take into account our members' stories, where they've been and what they want to accomplish so we can help fund their futures.

Our support doesn't stop once members open an account. Cardinal members always have a financial counselor in their corner to help make sound financial decisions. Our team of certified financial counselors

**money  
matters**

make it easy to tackle household budgeting, debt management, credit repair, or financial problem solving – all at no charge!

"We're excited to make it easier than ever to help you make the switch to Cardinal for a better banking experience," says Cardinal Credit Union CEO, Christine Blake. "Instant membership is quick and convenient, without the complicated application process at a typical bank."

Visit [CardinalCU.com](http://CardinalCU.com) to apply for Instant Membership in three simple steps and learn more about the ways we support you and your family through every stage of life.

Cardinal is a member-owned, full service financial institution open to anyone who lives, works, worships, or attends school in Lake, Cuyahoga, Geauga, Ashtabula, Portage, Summit, Mahoning, Trumbull, and Columbiana counties.



## Learn something new this fall at Fairmount Center for the Arts

Classes and programs for preschoolers  
through adults to be offered

Fairmount Center for the Arts announces its fall session of dance, fitness, music, theatre and visual arts programs. Recently named "Best of the East" in dance and music instruction by Cleveland Magazine, Fairmount focuses on technique-driven, inclusive teaching. The fall session will begin on Sept. 7.

Current and prospective students are invited to learn more about Fairmount's offerings at the Fairmount Fun Festival on Saturday, August 13

from noon to 4 p.m. Attendees can tour the facility while viewing the 46th annual Fairmount Art Exhibition, create art, grab a bite from Off the GRIDdle food truck and enjoy special performances by music faculty and the Fairmount Dance Company.

Registration is currently open for all fall classes. Scholarships and payment plans available. For more information, visit [fairmountcenter.org](http://fairmountcenter.org) or call 440-338-3171.



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of our neighbors, since 1953**

➤ **Instant membership with  
any account**

➤ **All are welcome**

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New/Used Auto Loans | VISA | Home Equity**

Cardinal Credit Union membership is open to anyone who lives, works, worships, or attends school in Lake, Geauga, Cuyahoga, Ashtabula, Portage, Summit, Mahoning, Trumbull, or Columbiana counties.

## Asian Lantern Festival returns to Cleveland Metroparks Zoo!

Tickets on sale now for the Zoo's popular  
after-hours event running through August 21

Asian Lantern Festival will feature both walk-through and drive-through experiences, large-scale illuminated lantern displays, live acrobatic performances culturally inspired cuisine.

The Zoo has been transformed with over 1,000 illuminated lanterns that will light up after dark. This year's event will include some of the largest displays yet, including a 100-foot-long, four-story-tall palace, sprawling Chinese gardens along Waterfowl Lake and a half-dozen giant walk-through lanterns that will surround guests with colorful flowers.

In addition to the full walk-through experience Thursdays through Sundays from 6:30 p.m. to 10:30 p.m., a limited number of drive-through opportunities will be available on Wednesday nights for individuals and families who wish to experience this year's event from the comfort of their personal vehicles.



Tickets are on sale now and guests can reserve their spot and save by purchasing tickets in advance. The discounted cost for Zoo members is \$19 or a four-pack for \$57. Advance nonmember tickets are \$22 or a four-pack for \$66. Same day tickets can be purchased at the box office for \$25 or a four-pack for \$75. Drive-through tickets are \$57 per vehicle for members and \$66 per vehicle for nonmembers. Children under 2 are admitted free. Advance tickets are on sale now at [FutureForWildlife.org/lanterns](http://FutureForWildlife.org/lanterns).



# CALENDAR

## AUGUST 2022

### Concord Community Days

August 5–6  
Town Hall campus  
7229 Ravenna Road  
440-354-7510  
[www.concordtwp.com](http://www.concordtwp.com)  
Celebrating Concord Township's 200th birthday! Family day is Sunday, August 6 starting at 4:30 pm. Featuring a raffle, food trucks, craft & vendor exhibit, frog jump contest, Bubblepalooza, live music, beer sales, fireworks.

### Nature & Arts Fest

Sunday, August 7 • 10 am–4 pm  
The West Woods  
9465 Kinsman Road (Rt. 87)  
Russell & Newbury Townships  
440-286-9516  
[www.geaugaparkdistrict.org](http://www.geaugaparkdistrict.org)  
This year's Geauga Park District arts show will feature nature-themed/inspired art sales inside plus nature exhibits/activities outdoors! Free admission.

### Chardon Arts Festival

Sunday, August 7 • 10 am–5 pm  
Historic Chardon Square  
100 Short Ct. St., Chardon  
440-285-8686  
[www.chardonsquareassociation.org/events/arts-festival](http://www.chardonsquareassociation.org/events/arts-festival)  
Free to attend and will feature over 100 artists providing an opportunity for a day of shopping and dining in a park-like setting.

### The Fest

Sunday, August 7 • noon  
Center for Pastoral Leadership  
28700 Euclid Avenue, Wickliffe  
216-202-3040  
[thefest.us](http://thefest.us)  
An inspiring day of faith, family and fun with live music, activities, crafts, inflatables, entertainment, great food and drinks.

### Brewing Up History

Tuesday, August 9 • 6 pm  
(See ad to the right for info.)

### Ohio Celtic Festival

August 12–14  
Lake County Fairgrounds  
Painesville  
[www.ohiocelticfestival.com](http://www.ohiocelticfestival.com)  
Featuring some of the very best in Celtic music and dance. The children's stage will feature lots of

activities, shows, food, beverages, some new events and music. Presale tickets for Sat. and Sun. are available online for \$9 plus fees. \$15 at the gate. Friday is \$10 at the gate.

### Super Star Party

Sat., August 13 • 7–11 pm  
Penitentiary Glen Reservation  
8668 Kirtland Chardon Road  
440-256-1404  
[www.lakemetroparks.com](http://www.lakemetroparks.com)  
Discover the eight unique worlds of our solar system. Featuring engaging activities for people of all ages and interest levels including:  
• Night sky exploration using telescopes (compliments of Chagrin Valley Astronomical Society)  
• View the Perseid meteor shower.  
• Guided night hikes & planet data zones.  
• Cosmic craft, intergalactic games, spaced-out contests.  
• Wild animal shows.  
• Popcorn, soda, and snacks for purchase.  
• Miniature train rides (weather permitting).  
\$7 per person. Registration is required.

### Sunflower Festival

Sat., August 13 • 10 am– 5 pm  
Sun., August 14 • 10 am– 5 pm  
Ianiro Farm  
18266 Thorpe Road, Chagrin Falls  
Guests will be able to pick their own sunflowers, shop with local artisans and collectors, pet donkeys and play yard games at the Ianiro's farm of five generations.

### Mentor Cruise-In

Saturday, August 13 • 10 am–4 pm  
Mentor Civic Center Park  
8500 Civic Center Blvd., Mentor  
The Mentor Cruise-In has been wowing crowds for nearly two decades. Now, it's bigger and better than ever with over 800 cars, 2,500 spectators, music, food and refreshments. Featuring classic cars, door prizes, goody bag & dash plaque (first 250) and live entertainment. Cruiser registration 8 am–noon. No vehicles on site before 8 am. No pets, alcohol, inline skates or bicycles please.

### Last Stop Willoughby

Saturday, August 13 • 8 am–4 pm  
Downtown Willoughby  
[heartofwilloughby.com](http://heartofwilloughby.com)  
A community event designed to showcase the Historic Downtown District of Willoughby. The day starts early at 8 am with the Willoughby Outdoor Market. There are activities throughout the day including: a Parade 2pm, KidZone activities 10-2, train displays 10-4, continuous showing of Twilight Zone: A Stop in Willoughby 10-4 at Willoughby Library.

### Fairmount Fun Festival

Saturday, August 13 • noon–4 pm  
8400 Fairmount Road, Novelty  
440-338-3171  
[www.fairmountcenter.org](http://www.fairmountcenter.org)  
This family-friendly festival features performances by FCA dancers, food & drinks, arts activities, art exhibition and more.

### Ladies and Gents Who Lunch

Thursday, August 18 • noon  
Lake County History Center  
(See ad below for info.)

### Mentor CityFest

Friday, August 19 • 4–11 pm  
Sat., August 20 • noon–11 pm  
Civic Center Park  
8600 Munson Road, Mentor  
[www.mentorcityfest.com](http://www.mentorcityfest.com)  
Mentor CityFest is Lake County's premier family-friendly festival with activities, games, nonstop entertainment, live music, food, parade, Color Dash & Walk and more! Free admission. Featuring national recording artists The Spin Doctors on Saturday night.

### Art in The Park & Monarch Butterfly Festival

Saturday, August 20  
10 am–5 pm  
Veterans Park  
Downtown Painesville  
[www.painesville.com](http://www.painesville.com)  
Featuring local and regional artists, whose works will transform Veterans Park's tree-lined sidewalks into an outdoor art gallery bursting with fine art and continuous multi-cultural music in the gazebo, as well as food & refreshments from local vendors.



## Unique Events at the Lake County History Center!

### Brewing Up History

\$40 members, \$45 nonmembers (includes dinner)

Tuesday, August 9 • 6 pm

Join us at Westel's in Downtown Willoughby and learn about Cleveland's rock and roll roots with Deanna Adams.

Wednesday, September 14 • 6 pm

At Grand River Cellars. Katherine Kerestman "Creepy Cat" talks about her travels to Tennessee to find the Bell witches.

### Ladies and Gents Who Lunch

\$17 members, \$20 nonmembers

Thursday, August 18 • noon

Jill Householder takes us into the past with stories of early pioneers and citizens of Lake County.

Thursday, September 15 • noon

Local author Jennifer Boresz Engelking talks about her new book, "Lost Lake County."

### Night in the Museum | Sept 8 • 6:30–9 pm

Meet and greet notable citizens of Lake County's past.

### Painesville Walking Tour | Sept. 10 • 1 pm and 3 pm

### Clambake | Sept. 24 • 4–8pm

### Lushes with Brushes | Sept. 29 • 5:30 pm

Create a reversible Halloween/Thanksgiving sign.

More information including prices can be found on  
[lakehistorycenter.org](http://lakehistorycenter.org) or [lakehistory.eventbrite.com](http://lakehistory.eventbrite.com),  
or call 440-639-2945

415 Riverside Drive, Painesville Township

# CALENDAR

## Water Lantern Festival

Saturday, August 20  
5:30–9:30 pm

Voinovich Bicentennial Park  
800 E. 9th Street Pier, Cleveland  
[www.waterlanternfestival.com](http://www.waterlanternfestival.com)

A magical evening that includes, music, food and beautiful lanterns that light the water.

Each adult ticket provides entry into the festival area and comes with a floating lantern, commemorative drawstring bag, LED light, marker, and wristband. Lanterns will be collected after the event. Tickets are \$35.99 through August 10, 2022, \$45.99 through August 19 and \$55.99 day of the event.

## Old-Fashioned Picnic

Wednesday, August 24 • 4–7 pm

Painesville Township Park  
1025 Hardy Rd., Painesville Twp.  
[www.lakemetroparks.com](http://www.lakemetroparks.com)

Come enjoy the warm sunshine and cooling lake breezes. Join in for a hot dog cookout (or bring your own picnic). Activities include fishing off the pier, flying a

kite, hopscotch and cornhole. You can also give archery a try under the watchful eye of a certified instructor. Registration required.

## Painesville Township Family Fun Day

Saturday, August 27 • 11 am–4 pm

Lake County History Center  
415 Riverside Drive  
Painesville Township  
[www.painesvilletwp.com](http://www.painesvilletwp.com)

This family-oriented event features children's games, the Euclid Beach Rocket Car, music, face painters Dr. Bubble, animal show, food, and much more.

## Waterloo Arts Fest

Saturday, August 27 • noon–7 pm  
Waterloo Arts/Entertainment District

15605 Waterloo Road, Cleveland  
216-692-9500

[www.waterlooarts.org](http://www.waterlooarts.org)

Features local bands playing a great mix of music, local handmade art vendors, CLE's best food trucks, and an exciting mix of innovative and interactive art experiences for all ages.

## Cleveland Garlic Festival

Sat., August 27 • noon–8 pm

Sun., August 28 • noon–6 pm

Historic Shaker Square

Cleveland

216-751-7656

[www.clevelandgarlicfestival.org](http://www.clevelandgarlicfestival.org)

Featuring a garlic gourmet alley, live music, kids area with a clown, rock climbing wall, tractors and more, Ohio craft brew tent, artist gallery and more. \$10 adults; \$5 seniors (65+); \$5 children 4–12 years old; children under 4 are free.

## Milk and Honey Weekend

August 27, 28 • 9 am–5 pm

Lake Metroparks Farmpark

8800 Euclid Chardon Rd., Kirtland

[www.lakemetroparks.com](http://www.lakemetroparks.com)

Learn how milk becomes cheese, butter, or delicious ice cream and watch the production process. Learn about bees and their role in pollination, how honey is harvested, and pollinator-friendly plants, as well as how bees contribute to many products that we use in our daily lives.

Demonstrations, garden tours and

more. Free with Farmpark admission. \$8 ages 12 through 59; \$7 Ages 60 and older; \$6 ages 2 through 11; children younger than 2 are free.

## 76th One World Day Festival

Sun., Aug. 28 • 11 am–6 pm

Cleveland Cultural Gardens

MLK Drive, Cleveland

216-220-3075

[clevelandoneworldday.org](http://clevelandoneworldday.org)

A parade of flags, naturalization ceremony, beer garden, ethnic food, cultural performances with music and dance, children's village, activities, free parking.

## Geauga County Fair

August 31–September 5

Exhibits open at 10 am daily

Rides open noon daily

14373 N. Cheshire Street, Burton

440-834-1846

[www.geaugafair.com](http://www.geaugafair.com)

Exhibits, animals, rides, music, food, games, and shows. Ohio's oldest fair—since 1823.



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**SATURDAY NIGHT**

**THE SPIN DOCTORS**

**WWW.MENTORCITYFEST.COM**



# LIBRARY HAPPENINGS

## Finger Paint Fridays

Fridays • 10 am to noon  
Mentor Public Library  
Headlands Branch  
4669 Corduroy Road  
440-257-2000

Kids can explore their creativity with fingerpainting every Friday at the Headlands Branch. The library will provide paper, paint and aprons. This activity will largely be self-directed with limited assistance from staff. Registration is not required; but, space is limited, so children may need to wait their turn.

## Adopt an Animal

Tuesday, August 9 • 6:30 pm  
Downtown Willoughby

Learn about Adam the box turtle that lives at Lake Metroparks. This is a family program for children and parents. The show will be hosted on the lawn of the old Citizens Bank building next the Willoughby Library so bring your blanket or camp chairs!

## Bee Kind T-Shirt

Wednesday, August 10 • 5 pm  
Mentor Public Library  
The HUB  
6477 Center Street  
440-974-5300

Kids (ages 5–8) can use The HUB's Cricut Maker and heat press to create a shirt that encourages everyone to Bee Kind. Registration required.

## Back-to-School Button Bash for Teens

Thursday, August 11 • 7–8 pm  
Willowick Public Library  
263 E. 305th Street, Willowick  
440-943-4151

Draw your own picture and/or write your own quote to make into a button! Not feeling cre-

ative? No worries-use some of our premade images to make your button. Grades 6–12 (Ages 11–18). Registration required.

## Daddy & Daughter Hair Factory

Saturday, August 13 • 11 am  
Mentor Public Library  
Village Room, Main Branch  
8215 Mentor Avenue  
440-255-8811  
www.mentorpl.org

Dads and caregivers can spend the day with their child and learn some easy hairstyles to create and recreate at home, just in time for the beginning of the school year. You'll also have a chance to paint your kid's nails and have a yummy snack together. Don't miss this adorable bonding moment that your child will cherish forever. All supplies provided. For kids, ages three to 10. Registration required.

## Calling All Kung Fu Fighters

Wednesday, August 17 • 2 pm  
Mentor Public Library  
Lake Branch  
5642 Andrews Road  
440-257-2512

Tiny tigers and karate kids (ages four to 12) can learn Tae Kwan Do moves – as well as self-respect, discipline, courtesy, respect and fitness – from Master Jason Gehring from Mentor ATA. Registration required.

## Teen Art Club

Thur, August 25 • 6:30–8:30 pm  
Eastlake Public Library  
36706 Lakeshore Blvd., Eastlake  
440-942-7880

Join other art-loving teens for Art Club where we will focus on a different artist or style each session. Grades 6–12 (Ages 11–18.) Registration required.

# Just For Laughs

**Student:** Teacher, would you punish me for something I didn't do?

**Teacher:** Of course not.

**Student:** Good, because I didn't do my homework.

**Teacher:** Josie, can you tell us where the Declaration of Independence was signed?"

**Josie:** Yes! At the bottom.

**Q:** What's big and yellow that comes every morning to brighten your mom's day?

**A:** A school bus.

**Child:** Today at school we played a guessing game.

**Parent:** But I thought you had a math exam.

**Child:** That's right!

# Fall classes at Rabbit Run

Registration for fall classes and lessons is now open at Rabbit Run Community Arts Association in Madison. RRCAA is a comprehensive fine arts association offering private and group instruction in all the major disciplines of the fine and performing arts.

Dance classes are available in creative movement, ballet, tap and jazz from preschoolers, who just love to move, to adults looking to get back into shape. Also available are classes in hip hop, modern dance, contemporary and lyrical and ballroom dancing.

The fall dance session begins September 6 and runs through December 17. The winter dance session begins Jan. 7.

Always wanted to learn to paint or draw? School-aged kids will have a great time exploring various mediums while creating one-of-a-kind masterpieces in six-week after-school classes focusing on painting, mixed media, drawing and sculpting.

All new canvas art workshops are planned throughout the year. In these one-hour virtual sessions, par-



ticipants enjoy painting a seasonal acrylic painting using an original as inspiration. Art supplies are provided in handy art-in-a-bag kits.

RRCAA provides a full range of private music instruction from beginner to advanced students in voice, brass, guitar, bass guitar, mandolin, ukulele, woodwinds, piano/keyboard, viola/violin/Suzuki violin, cello and fiddle.

The fall session for private music lessons begins August 29 with enrollment continuing through the fall.

All classes and lessons are currently in person. The Canvas Art Workshops are virtual.

For specific class information or to register visit [www.rabbitrun.org](http://www.rabbitrun.org) or call RRCAA at 440-428-5913. Rabbit Run Community Arts Association is a non-profit organization that receives partial funding from the Ohio Arts Council and is located at 49 Park Street in Madison.

Summer's winding down, but you can always explore nearby lakes & distant oceans!

Bring the family to appreciate anemones, peer at poison dart frogs and marvel at moon jellies.

open 10am–5pm daily | [greaterclevelandaquarium.com](http://greaterclevelandaquarium.com)

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