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### Publisher/Advertising

Kim Miller

### **General Manager/Editor**

Dan Miller

### <u>Writers</u>

Deanna Adams Ante Logarusic Stacy Turner

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### What does it mean to be an introverted or extroverted child?

Understanding your child's personality type.

Sharon Apel Bursky, PhD, IMFT-S, AAMFT Director of Behavioral Health Services Senders Pediatrics, South Euclid

he terms introvert and extrovert identify the way people are energized by either their internal world (introverts) or their external world (extroverts). The introverted/extroverted preference is noticeable from the time children are young, and can be objectively measured by second grade, using an instrument called the MMTIC® (Murphy-Meisgeier Type Indicator for Children) assessment.

The table to the right outlines characteristics of both extroverted and introverted children.

#### Learning styles in the classroom

Extroverted students have a strong need to connect with peers before having the expectation to sit and listen and are more engaged in learning when they have the freedom to discuss the information during learning. Extroverts need very little processing time, which means they can engage in discussion and answer questions quickly. But their energy drives introverted teachers crazy. Introverted students, on the other hand, may respond more slowly or show a reluctance to share their ideas until they are clearly formed. Due to their tendency to think internally, teachers may hear silence which is the time necessary to process new information. Extroverted teachers often erroneously interpret this silence as lack of knowledge or distractibility. Mismatch of type between teachers and students occurs frequently.

### Learning styles at home

Extroverted children may come home from school energized, talkative and ready for the next activity. This can be overwhelming to introverted parents. The worst rule would be to require this child to do homework before being allowed to play. Creating a routine where the extroverted child has time for physical movement or socialization before homework is recommended.

Introverted children are drained from interacting with others all day and need some time alone to recharge when coming home from school. This can be hard for extroverted parents to appreciate and they often force their children to interact upon returning home eliciting a lot of short answers like "no," "I don't know" or "nothing." Allow your child time to regroup, and they will likely talk endlessly.

Understanding your own personality type is essential in supporting your child's personality type. Without this understanding, parents often force their children to behave in their own image. For example, an introverted child will behave like an extrovert if the parent appears to value extroverted behaviors. But it is exhausting for children to operate in their less-preferred learning style leading to stress which manifests itself with symptoms of anxiety, depression, or anger.

A great reference for every parent is the book Quiet by Susan Cain. If you don't have time to read the book, there is a TED talk available on YouTube. It will change the lives of every parent, both extrovert and introvert.

Contact Senders Pediatrics at 216-291-9210.

### **Extroverts**

- Work well in large groups and enjoy interacting with others
- · Like to try new things
- Act before thinking
- Adapt easily to new situations
- Exhibit energy and enthusiasm for
- · Become energized by activities and spending time with others
- Friendly, outgoing, talkative, and easy to get to know
- Are spontaneous and often change their minds
- Are verbal communicators
- Often communicate ideas before formulating their final thoughts
- Respond quicker to questions than introverts

### **Introverts**

- Prefer individual or small group activities
- Are energized by ideas
- Think before they act
- Carefully formulate ideas before sharing
- Like to observe things before trying them
- Internal processors- may not share their thoughts and feelings with others
- Need time for privacy and spend time alone to recharge
- Dislike interruptions
- Can ignore distractions
- May appear reserved and quiet
- · Prefer calmer, less stimulating environments
- May prefer to write or draw over talking





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### What kids learn from collections

By Sarah Lyons

y kids love to collect everything from rocks to stickers. They bring my kids joy and entertainment but they also seem to take up space and collect dust. Are there benefits to encouraging the kids to collect items? While these treasures seem like garbage to me, they can be a great opportunity for kids to research and learn about things that interest them and experience the world around them. Here are some great reasons to encourage your child's collection.

### **Teaches responsibility**

Kids who collect items will need to learn to be responsible for them. They will sort, take care, and find creative ways to display the things they are interested in. They will need to make sure they are well cared for and stored correctly so they don't get lost or broken. This will help them learn responsibility and organization.

#### **Experience the world around them**

Kids who collect items are more likely to spend time reading about, sorting, and discussing their collections. As kids learn about and research their collections they will experience the world around them. While collecting rocks, kids will learn about science. While researching stamps or coins they will learn about history. A leaf or shell collection

will teach them about nature and a baseball card collection teaches them about sports and math as they study and compare statistics.

### **Shared experience**

Kids who collect items can bond with others who share similar interests. This can help start friendships because you are already building on common ground. There may even be conventions kids can attend to explore, purchase, and meet others who are interested in the same collector's items that they are. This will help them build social skills, meet new people, and build new relationships.

#### **Create a story**

Collections can also help kids create a story. As they look through the items in their collection they can recall where they found the item — at a family trip to the zoo or on a hike with a friend and they can remember, share the experience, and learn to tell a story about how they acquired the item.

#### **Lessons in budgeting**

Kids who collect items that need to be purchased will have the opportunity to learn budgeting skills. They will need to research how much the item costs, find a way to earn money, and save until they can purchase the item. This may provide the opportunity to research and compare items and compromise on which item they can afford. If the



item can be traded they will need to practice their negotiation skills as they bargain with their friends.

### **Brings joy**

While your child's collection may look like a dust collector to you, it likely brings your child happiness. When I really think about it, I have my own collections that bring me joy. A stack of books by my nightstand, my grandmother's china, more lipsticks and nail polish than I truly need, and enough kitchen gadgets to fill two kitchens. I don't need these things but I have collected them over the years and they bring me joy. Your child's collection brings them a similar happiness and it is important to remember this.

A child's treasured collection may seem like a trash collection to a parent but try to foster their interests and encourage what is important to them. Provide a shelf to display items or a special box to store their items in. Many valuable lessons can be learned from collecting items and it seems to be human nature to want to gather items and start a collection.



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### Where kids can touch the art!

Chagall for Children is a multisensory, hands-on exploration of one of the best-known and best-loved artists of the twentieth century, Marc Chagall. This world class special exhibition is specifically designed to engage ages 2 – 12 and features 14 multisensory exploration stations, each incorporating a high-quality reproduction of one of Marc Chagall's works encouraging children to explore art principles such as color, composition, light and texture.

Here's what visitors can expect to see and do in the Chagall for Children exhibition:

America Windows: Visitors explore the effect of light upon stained glass by adjusting the light levels behind the work and recreating their own America Windows by rearranging puzzle-like pieces of the work.

At the Circus: Incorporating role-play, which is key in the creative development of young children, visitors see themselves as part of a Chagall painting via a video camera and monitor. They don silk-screened capes to become part of the painting as they pose and play on a circus stage.

The Birthday: Comparing art forms, visitors examine the reproduction of this oil painting and compare it to the tactile experience of touching the bas relief. Visitors can also create a "rubbing" from a steel engraving of the bas relief.

**The Blue House:** Studying form and structure, visitors create their own three-dimensional house against the backdrop of this painting.

The Concert: Visitors at this station select musical instruments represented in this painting and blend sounds the way Chagall artistically blended colors.

**Flowers:** Visitors create their own flower arrangements inspired by this colorful work and experiment with floral scents.

The Flying Sleigh: In a comput-

erized activity, visitors explore the art of narrative form by manipulating main figures and details of this Chagall piece to tell a different story.

**Green Violinist:** Visitors can re-create the painting using magnetized puzzle pieces.

I and the Village: Visitors learn about the concept of symmetry and explore the different ways people view the world by rotating this painting.

**Job Tapestry:** Tapestry provided Chagall with yet another form of artistic expression. Visitors cooperatively create a tapestry by weaving and sewing.

**The Juggler:** Visitors explore the role of detail in this work by using a touch screen to animate elements of the painting.

**Paris Through the Window:** By experimenting with composition using magnetized pieces, visitors create their own picture of Paris.

The Poultry Yard: In a creative approach to form and structure, visitors experiment with brightly-colored, three dimensional, soft-sculpture animals to create fantasy creatures and scenes.

The Rooster: A rich tactile experience occurs when visitors touch and rearrange the beautiful feathers in the tail of a soft sculpture copy of Chagall's rooster.

Many stations are accompanied with audio descriptions, highlighting information about the artwork upon which the interactive is based.

Visitors can tour the Chagall for Children exhibition in person at the Maltz Museum, Tuesday through Sunday, 10:00 a.m. to 4:00 p.m. through August 28, 2022.

Tickets can be purchased in advance at www.maltzmuseum.org or by phone at 216-593-0575. Masks are not required for entry. General: \$12, students & seniors: \$10, children 5 – 11: \$5, children under 5 and Maltz Museum members: free.

### Final Chance To See Chagall On View Through August 28, 2022



### WHERE KIDS CAN TOUCH THE ART!



## Chagall for Children is a multi-sensory, hands-on exploration of the work of twentieth century artist Marc Chagall

Specifically designed to engage ages 2 – 12

14 multi-sensory exploration stations featuring reproductions of Marc Chagall's works

Explore art principles such as color,

explore art principles such as color composition, light and texture.

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### 39 northeast Ohio Girl Scouts earn highest award in Girl Scouting

Girl Scouts of North East Ohio (GSNEO) is proud to honor 39 Gold Award Girl Scouts this year. The Girl Scout Gold Award is the highest award a Girl Scout senior or ambassador may earn. The Gold Award project challenges girls to identify an unmet need or core issue in their community, research and investigate it, recruit volunteers, and build a team to create a plan to address the issue or need.

Across northeast Ohio, members of the community are seeing great changes take place. Elementary schools are receiving valuable STEM resources. Places of worship are seeing improvements to their buildings and to the safety of their congregations. Animals have new habitats and resources to support their populations. These things were all made possible because of Gold Award Girl Scouts!

When compared to non-Girl Scout alums, Gold Award Girl Scouts soar when it comes to seeing themselves as leaders, providing service to others through volunteerism, and having positive attitudes about themselves and the lives they lead. Over 90% of Girl Scouts not only attributed their success in life to Girl Scouts, but they also said they could not have had access to the same experiences anywhere else.

Nationwide, only five percent of eligible Girl Scouts go for the gold. This year, 39 Gold Award recipients from northeast Ohio will join the ranks of generations of young women who are recognized for making a difference, both locally and globally. It's not only Girl Scouts who understand the value of the Gold Award. Some universities and colleges offer scholarships unique to Gold Award recipients, and girls who enlist in the U.S. armed forces automatically enter the military one rank higher.

There are 14 girls in the Today's Family coverage area who received the 2022 Girl Scout Gold Award. Here are the recipients including city and project title:

Bailey Brotz, Madison
Sensory Courtyard at
Madison Pre-K
Tyauna Carlgren, Willoughby
BRIDGES

Abigail Colbow, Mentor
Connecting Children with Nature
Through Art
Katherine Giza, Chardon
Building Multi-Purpose Room
for Recovery Home
Nia Guess, Willoughby Hills
Rain Garden Sustainability
and Beautification Project
Celia Hawk, Chagrin Falls
Clothing Swap
Sarah Lynch, Chagrin Falls
Sensory Garden
Emily Morris, Mentor

Emily Morris, Mentor Plant Seeds to Save the Bees Abigail Myers, Chardon Abigail's Instilling Installation Jane Peck, Chagrin Falls

Fostering Empowerment in Young Women Louisa Piotrkowski, Chardon

Book in a Box Halle Preneta, Chagrin Falls The Rainbow Choir: An Anthology

of LGBTQ+ Youth Voices
Madeline Ramsey, Chagrin Falls
Setting Up a School Compost Bin
for the School Kitchen

Shaine Robertson, Cleveland Camp Collinwood

Many of the 39 area winners.

Bios and a list of all winners can be found at gsneo.org/goldaward.

Earning the Gold Award is just one of the amazing things girls can do as part of Girl Scouts. To join Girl Scouts of North East Ohio, or learn more about volunteering, please visit gsneo.org.



### **BUILDING BRIDGES**

### Communicate and connect with your child's teacher

By Janeen Lewis

o you feel intimidated when you think of talking with your child's teacher? What if your child complains about problems with his or her teacher? What do you do then?

I'm a parent and a teacher, so I've been on both sides of the teacher's desk. Here are some tips to help you communicate and connect with your child's teacher so that all involved can have an amazing school year.

### Meet and greet the teacher

Teachers like to meet parents at the beginning of the school year so that if a problem does occur, a teacher's first encounter with a parent isn't a call about misbehavior or academic struggles. If your school hosts a back-to-school night in the days before school starts, make it a priority to attend. Introduce yourself and show your support for the teacher. There will probably be several parents waiting to meet the teacher, so you may not be able to have a lengthy discussion, but making this initial contact helps break the ice.

#### Be involved

One of the best ways to get to know your child's teacher is to be involved in the classroom and school. When school starts, let the teacher know if you can volunteer. Because the beginning of school is a busy time for teachers, wait the first couple of weeks until the class is settled in, and then contact the teacher and ask, "How can I help?"

If you can't volunteer during the day, offer to organize donations or supplies for projects or parties by setting up a parent signup list online. Ask if you can cut out items



the teacher has laminated or track down supplies for a lesson. Come to after-school events, school productions and parent-teacher conferences so that you are visible and can touch base with your child's teacher.

If your career is related to something your child's class is studying, offer to come in and answer questions. Many employers build in time for employees to volunteer in schools so they don't have to take time off from work.

### Keep communications open and positive

Teachers welcome questions and concerns and are proactive. As a teacher, I would much rather know about a problem early so that I can deal with it in the best way for all concerned. Your child's teacher should be open to your questions and suggestions, so don't be too intimidated to ask.

See Building Bridges page 10



### Building bridges from page 9

Keep up with written teacher notes, field trip permission slips, report cards and any other written communications the teacher sends home. Sending a quick response to the teacher's requests makes the teacher's job easier.

Remember to keep communications positive. If you have concerns or think the teacher has dealt unfairly with your child, don't dash off a negative note and send it first thing in the morning. For sensitive conversations, call and set up a time to meet after school.

Of course, encouraging notes brighten a teacher's day!

#### Try to understand both sides

Teachers have a lot to manage in their classrooms, and with 25 or more students to supervise, sometimes they make mistakes or don't see every problem. Your child may think something happened in class that wasn't fair, and it's easy as parents to react emotionally and blame the teacher. But support the teacher as much as possible while you gather information about what happened. Try to help your child see the teacher's point of view, and talk about how people can have differences and still work together to succeed.

### Advocate for your child

Don't be afraid to speak up if a problem in

your child's class becomes pervasive. If your child's grades start to slip, he or she is continually unhappy or you suspect your child is being bullied by a classmate, work with the teacher to devise a plan to help.

### Make a change as a last resort

Sometimes children have personality conflicts with their teachers. This actually offers an opportunity for growth if teachers and students can work together in a respectful and productive manner. After all, this is what children will need to be able to do when they grow up. But if problems persist, it may be time to request a change to another class. Discussing your options with a school counselor or administrator may help you navigate a

#### Understand that teachers are human

Most of the teachers I know are caring individuals who want to make a difference in the lives of the children they teach. Often, they are parents too, and although it is hard to imagine, at one time they were students who lived through awkward growth spurts, problems with peers, lost homework and braces. They understand what parents and kids are going through, and they strive to build a positive connection between school and home.

### Be an A+ Chaperone

During the year, your child's class will more than likely take a field trip. Teachers really appreciate the help of parents when they venture outside school grounds with a group of students, and this is a great way to get to know your child's teacher better. Here are seven quick tips to help you be an

- 1. Show up on time so you can get information from the teacher and meet your group.
- 2. If possible, take a picture of your group so that if someone becomes separated, you know what they are wearing and can show the picture to other helping adults.
- 3. Learn the names of all the students in your group, and encourage them to pay attention, be on task and stay together.
- 4. If a child is consistently ignoring the rules, alert the teacher.
- 5. Take head counts often, especially after bathroom breaks and lunch.
- 6. Keep your cell phone with you at all times. Get the teacher's number and numbers of other parent chaperones so that you can stay in contact if you split up.
- 7. Remember you are there to help the teacher and students foremost. While you should model participation and have a positive attitude about the trip, don't slip away to that new exhibit you've been dying to see and leave your group.



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### Back-to-school shopping: then & now

By Stacy Turner

s you can imagine, back-toschool shopping was a big production in a home with six children. Since we went to parochial school and wore the mandated school uniforms, we didn't have a big list of clothing to purchase.

Long before Target, Walmart, or in our fam similar chain stores,
Dad would take us school shopping at his favorite retailer — chronicles

Sears. This was when

the age-old company still issued a two-inch thick annual catalog and had stores at every mall near and far. "If you can't find it here, you don't need it," he'd threaten if anyone took too long to decide on the limited options. If only Sears, and shopping malls for that matter, had employed Dad's tagline, maybe they would still be popular today.

For shoe purchases, Dad would inspect each pair for the quality of the uppers and soles on our Buster Browns, saddle, or Earth shoes — after double-checking the fit by pressing the front to gauge toe placement. The same meticulous method was applied to sneakers before we gathered our cardboard boxes and moved on to our other items. After shoes, the only other items we required were socks — usually knee highs — and underwear. Once our purchases were made, we'd leave the climate-controlled mall and return to the sunshine and heat of the summer afternoon to try and forget the coming school year.

I think dad wisely deferred the purchase of undergarments to mom once my sisters and I hit preteen

status. Mom also handled school uniform procurement, which included checking for size and fit and handing down outgrown items from older to younger siblings. If jumpers, skirts, or blouses from the girls or collared shirts and dress pants from the boys were still in good condition, but no longer fit anyone in our family, they were traded in at

the uniform exchange. This is where other Catholic school moms brought their gently used items to trade for

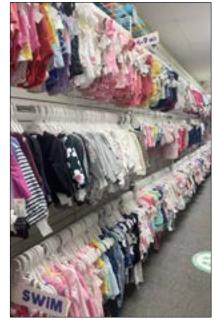
sizes they needed, and a big part of how large families like ours prepared for the new school year.

I don't remember our school supply lists being as lengthy or full of obscure items as my kids supply lists these days. Though I'm sure it was enough trouble purchasing the gross of pencils, pens, notebooks, and book bags for the six of us. These days, supply lists for my two kids are very long and highly specific. Special binders with assorted color tabs; markers of all sorts - Expo, permanent, highlighters, and Crayola; along with mechanical pencils, gel pens, index cards, and post-it notes in a rainbow of colors. Last year, we searched high and low for a particular grid paper filled notebook for one class, making the rounds at big box and office supply stores until we found it, like Ahab's elusive white whale. In hindsight, I think these annual supply-hunting missions have been preparing us for the next big adventure: college.

This year, our eldest will be heading off to a school six hours from home. And while her school supply list is minor, the dorm essentials list

is daunting. Right now, all manner of bins and baskets currently line her bedroom floor, filled with toiletries, laundry detergent, and comforts of home. But what size and type of under bed storage will work in her tiny double dorm room? Will she need a desk lamp, fan, mattress topper, and mini fridge like so many have recommended? And more importantly, will they even fit in her room? The list seems unwieldy as her move-in date looms large and foreboding. I'm sure by the time our youngest heads to college in two more years, we'll have it all figured

For now, our eldest seems more than ready to pack up her supplies and head off to college. But this supply-hunting momma is going to need a little time to adjust to the change. For now, I've taken comfort in filling those bins and baskets with everything she may need on this new adventure. Because like Dad was fond of saying, if she can't find it here, she doesn't need it.



A great place to shop today for clothing, shoes, backpacks, equipment and more is Once Upon A Child with locations in Mentor and Westlake. They offer gently-used items and will purchase your gently-used items on the spot.

See their ad on page 20 for a money-saving coupon!





### **Homework Help**

### 15 ways to support your child

By Janeen Lewis

et's be honest – sometimes parents dread homework as much as their kids do. But homework connects parents to what their children are learning in school, and research shows that children are more likely to be successful in school when their families support them. By following these tips, even the most homework-challenged parents can help their children have a successful homework year.

### 1. Understand the reason for homework

Homework reinforces what is being taught in the classroom and teaches students important life skills responsibility, time management and task completion. Children should be able to complete the work with little help from parents, and they shouldn't come home with an entirely new concept to learn. Homework should be practice or an extension of what they've already learned.

### 2. Know the teacher's philosophy

Teachers have different philosophies about how much homework to assign. Some think piling on a ton of homework helps build character. Others think children have done enough work during the day and don't assign any. Understand where your child's teacher falls on the homework spectrum so you are not surprised as the homework does (or doesn't) come home. If you are unsure what a reasonable amount of homework is, The National Education Association and The National Parent Teacher Association recommend 10-20 minutes of homework per night in the first grade, and an additional 10 minutes per grade after

### 3. Learn what the homework rules are

At open house learn the homework policy of the school and your child's teacher. What are the consequences for lost or forgotten homework? Don't be quick to bail your child out every time you get a frantic text message about forgotten homework. One of the purposes of homework is to teach responsibility.

### 4. Get organized

Your child should have a backpack and homework folder to carry assignments between home and school. Teachers of primary students usually send homework correspondence each night. If your older child's teacher doesn't require students to record school work in an assignment book, provide one yourself and teach your child how to fill it out.

### 5. Schedule a consistent time

With sports, service projects, religious and community activities, it can be hard to schedule one set time every day to do homework. Aim for as much consistency as possible when scheduling homework around after-school activities.

### 6. Designate a study space

Pick a homework space free from distractions. However, consider your child's personality and ability to focus when selecting a homework station. Some children concentrate best in complete quiet at the kitchen table or a desk. Others study well on their bed with background music. And reading areas can be creative like a reading tent or comfy bean bag. Make study areas free from video games, television and the games of other siblings who finish homework early

### 7. Create a supply caddy

Fill a plastic caddy or bin organizer with items your child might need for homework. Some good supplies are pencils, markers, crayons, glue, tape, stapler, three-hole punch, paper clips, notebook paper, small wipe-off board with dry erase markers, art paper, graph paper, calculator, protractor, compass, ruler and a dictionary/ thesaurus combo. Also provide a wipe-off calendar for important due

### 8. Be available, but don't do the work

Helping your child with home-



work is a great way to connect with them, but don't spoon feed answers. The whole point of homework is for children to practice skills independently.

### 9. Use a timer if necessary

Sometimes children like to procrastinate. Some children like the challenge of beating the clock. Either way, a timer keeps a child focused on the finish line.

### 10. Keep a resource bookshelf

Can't remember what a gerund is? Are you a little rusty on what the terms perpendicular and parallel mean? Keep an assortment of reference books or save online references to your favorites list on your computer. A good math dictionary for parents of elementary students is "Math Dictionary: Homework Help for Families" by Judith de Klerk. Another great resource is the "Everything You Need to Know About Homework Series Set" by Anne Zeman and Kate Kelly.

### 11. Create a phone/email chain

How many times has your child left their spelling words at school or forgotten a lesson? Help your child make a list of friends they can call, text or email, or get to know other parents in your child's class so you can have a chain to get answers about assignments.

#### 12. Model learning as a priority

Let your child see you reading the newspaper or books. Discuss current events, politics or the new art or history museum you want to visit. Find exciting tidbits in their homework lessons and research them. Show by example that learning is fun.

#### 13. Encourage

No matter how tired you are, have a positive attitude about the work your child is doing. Encourage their efforts and let them know you are proud of them.

### 14. Reward

Homework rewards don't have to be elaborate, although you may want to up the ante for a struggling child or one who is hard to motivate. A reward can be something as simple as a fun activity when they finish. But you can also keep a homework incentive chart and let your child earn a special activity with mom or dad, some extra screen time or a dinner out.

### 15. Don't be afraid to speak up

If you think too much homework is coming home, that your child isn't familiar with the material or that they are struggling, don't be too intimidated to schedule a conference with your child's teacher. Most teachers welcome feedback and want to help your child succeed.

## IN THE **EW SCHOOL YEAR!**



- More joy and adventure under our new Vision for Learning
- Say Yes Cleveland now providing mental health, housing and other support services in all schools.
- PowerSchool, an easy-to-use online platform for parents to access student records, submit consent forms and communicate with teachers
- Tech Fest, featuring CMSD technology and services. Aug. 13 and 20. More at ClevelandMetroSchools.org.
- Wi-Fi on yellow buses, so students can stay connected to school and back
- Interactive Clevertouch screens in more classrooms

**Enroll Now!** ChooseCMSD.or





SAYYES FREE college and trade school tuition scholarships for four-year CMSD grads! Go to SayYesCleveland.org to learn more!



### 7 ways to start the school year right

By Janeen Lewis

T chool bells will soon be ringing, and while that means no more sleeping in or lazy days at the pool, welcoming structure and routine back into family life helps get kids who are reluctant to return to school more motivated to go. With a positive attitude and a few back-to-school motivators, even reluctant school goers can start the school year off right. And getting off on the right foot paves the way for school success for the entire year.

### 1 Reintroduce routines

It's easy to get off schedule during the summer when longer days beckon kids outside late and sleeping in is easy to do. Introduce routines for going to bed and waking up before school starts because it may take children a few days to adjust. Read a book together as a family to simulate academic routine before daily homework starts. If you have tweens or teens that have been staying up late, take their bed time back 15 minutes every night until you get to the desired bedtime so it isn't too much of a shock to kids' sleep cycles.

### 2 Get organized

Organize those areas that you will use for school preparations. Make a place for lunch and



breakfast items in the refrigerator and pantry so they will be ready to go when making lunches or breakfast. Restock home desk supplies and prep study areas. Organize your laundry room with baskets for school uniforms, sports uniforms, and individual kid's clothes. Don't overlook your vehicle. Keep a basket with all the things you might need for those busy hectic drives between school, work and after-school activities.

### 3 Purge last year's items

Go through backpacks and closets and get rid of anything that is outgrown or worn out. Sell the nicest items at consignment stores or a yard sale, and save what you make to put toward new items this school year.

If your child has a hard time letting go of items

even though they are worn out or don't fit, try putting them in storage for a month or two, then bring them back out. I've done this with my own kids, and usually they are willing to give up the items when they realize they haven't missed them.

### Devise a shopping strategy

After you have purged your home of old items, it is fun to replace them. Sometimes kids get excited about returning to school because they get new clothes and supplies.

Check out all the sales fliers and compare prices for the things your child needs. Make a shopping list of needed school supplies, clothing items and any organizing tools you might need for closets.

If your school has already sent a supply list, you can shop early and avoid the crowds and out-ofstock items. Sometimes I even shop late in the evening for school supplies when the aisles are less crowded so I can look carefully for what my kids need. The more you plan, the more you can do in one trip. You might even make it a special day out with the kids.

### 5 Attend school orientations

Sneak-a-peek. Back-to-School Night. Readyfest. They are called a variety of names, but back-to-school orientations are another way to create a desire to go back to school. Students



Don't wait to enroll! At six convenient Cleveland-area locations, Creative Playrooms Montessori and Child Care Centers is making fun autumn plans for your child's learning.

- Award-winning, experienced care providers with over 50 years of experience
- Infant through elementary options, including Montessori preschool
- A whole child-focused approach to learning

**SCHEDULE A TOUR TODAY!** creativeplayrooms.com 440-349-9111



### BACK TO SCHOOL

can meet their teacher, check out their classroom and see friends they haven't seen all summer. This can make students previously hesitant to return to school eager to get started.

### 6 Set goals

Help your child set a goal for the school year, or set a family goal together. Maybe your child wants to ace pre-algebra, start a kid blog or read more books than they read last year. Or maybe he or she wants to kick more goals in soccer this year or nail that back handspring they have been working on in gymnastics. As a family, maybe you want to volunteer together at school or raise money for a worthy cause in the community. Setting goals can motivate kids and families to have an amazing school year.

### **7** Celebrate with back-toschool traditions

It can be simple, like snapping a morning photo shoot before the first day of school, or elaborate, like hosting a neighborhood back-to-school bash at your house. Have a family meal at your favorite restaurant after the first day or plan a special weekend getaway before homework and sporting events kick in. Whatever you choose, model an upbeat attitude about the start of a new school year, and chances are your child will too.

### Just For Laughs

**Student:** Teacher, would you punish me for something I didn't do? **Teacher:** Of course not.

**Student:** Good, because I didn't do my homework.

**Teacher:** Josie, can you tell us where the Declaration of Inde-

pendence was signed?"

Josie: Yes! At the bottom.

**Q:** What's big and yellow that comes every morning to brighten your mom's day?

A: A school bus.





### **Foundations for Lifelong Learning**

Open House / Wednesday November 2, 2022 5:30 - 7:00 p.m.

A child's preschool experience should build a foundation for their education and lifelong skills of

perseverance independence confidence curiosity and finding joy in their own interests.

Located in the heart of Little Italy, our students grow and thrive in a learning environment that promotes a lifetime passion for learning. Unlock your child's potential with a solid foundation for life.

Applications are now being accepted for PreK through 8th grade. Call for information on tuition discounts for employees at select University Circle institutions.

Contact the Director of Admissions at 216-421-0700 or email at info@clevelandmontessori.org to arrange a personal tour.



### **CLEVELAND MONTESSORI**

12510 Mayfield Road • Cleveland P (216) 421-0700 • clevelandmontessori.org

### **Education Guide**

### **Ruffing Montessori School**

3380 Fairmount Boulevard, Cleveland Heights (216) 321-7175

ruffing montessori.net

From the moment you walk into Ruffing Montessori School, the difference is palpable. In our early childhood classrooms, you will hear the cheerful voices of children gathered around the Spanish teacher, en Español, of course. Close by, a young child focuses intently on skip-counting by fours on a long 100-bead chain set out on the floor. Yet another group of children may be planting bulbs in the garden just outside their classroom, or kneading dough that will be baked inside the classroom.

In the elementary school and middle school, students learn collaboration and creative problem solving in addition to the rigorous core curriculum subjects. Most notable is

how a Ruffing education prepares young minds to shape our changing world.

We invite you to learn more by contacting our admissions office at 216-321-7571 and visit www.ruffingmontessori.net for upcoming admission events or to schedule a personal tour.

### **Cleveland Montessori**

12510 Mayfield Road, Cleveland (216) 421-0700

www.clevelandmontessori.org

Cleveland Montessori has been serving the Little Italy and Greater Cleveland community for over 25 years. Students from preschool through 8th grade are met with respect and compassion as they strive to meet their individual potential in beautifully prepared classrooms that offer social, emotional and academic experiences in a diverse and unique urban setting.

A Cleveland Montessori education begins at the preschool level with the focus on developing independence, concentration and confidence to build a foundation for lifelong learning with multi-age children working and learning together. Close proximity to the resources of Little Italy

and University Circle provides culturally rich extensions to classroom learning.

Applications are being accepted for the fall (preschool – 8th grades). Discounts are available for employees at select University Circle institutions. Contact our administrative staff for more information and to discuss enrollment for your child.

### Villa Angela-St. Joseph High School

18491 Lakeshore Boulevard, Cleveland (216) 481-8414 www.vasj.com

When you become a student at Villa Angela-St. Joseph High School, you become a member of a family where everyone knows you. It is a place where you can grow in your faith, be challenged academically, follow your passions, and create high school memories and friendships that will last a lifetime.

VASJ welcomes any student who would like to find meaning in Catholic traditions and has a sincere desire to develop a closer relationship with God as lived through the teachings of St. Angela Merici and Blessed Father William Joseph Chaminade.

Learn more about VASJ by attending one of our upcoming open houses:

Sunday, October 9, 2022 Thursday, November 3, 2022 Wednesday, March 8, 2023

Visit vasj.com/admissions for more information. Go Vikings!



Nurturing the spirit. Engaging the intellect. Inspiring creative thinking.

### Children Need a Hershey Montessori Education Now More Than Ever

- World-renowned education
- Individualized approach
- Academic mastery
- Social and emotional learning
- · Meaningful social connections
- Stress-reducing integration with nature
- Life readiness & college readiness

### CONTACT US TO REGISTER OR REQUEST MORE INFORMATION

Birth - 6th Grade: (440) 357-0918 7th -12th Grade: (440) 636-6290 admissions@hershey-montessori.org

Ask about our transportation & boarding options!

### **OPEN HOUSE DATES**

\*Registration is required\*

### **Concord Campus**

(B-6th Grade) 10229 Prouty Rd. Concord Township, OH 44077

From 9-11 am on October 12 | November 9 February 8 | April 12 | May 10

### **Huntsburg Campus**

(7th-12th Grade) 11530 Madison Rd. Huntsburg, OH 44046

From 9-11 am on October 10 | November 14 December 12 | February 13 April 10 | May 8

Virtual tours are available on our website.







Visit our website at www.Hershey-Montessori.org

### **Education Guide**

### **Hershey Montessori School**

(440) 357-0918

www.Hershey-Montessori.org Concord Campus: 10229 Prouty Road Huntsburg Campus: 11530 Madison Road

Hershey Montessori School warmly welcomes students from both near and abroad to a new, exciting school year.

Hershey's Concord campus is ready to receive children 2 months through 12 years of age with prepared environments intentionally designed for every stage of their natural development. Concord classes begin August 23.

Hershey's adolescent campus, located in Huntsburg, is ready to welcome seventh through twelfth grade students. Local adolescents, and those arriving from across the globe, will begin classes August 24.

Students can anticipate continued emphasis on robust academics, creative and physical expression, independence, responsibility, social and emotional learning, and daily stress-reducing connections to nature.

Information sessions will be held for those interested in learning more about Montessori education. Concord Campus Information Session will be held Saturday, September 17 from 1-3 pm. Huntsburg Campus will host a Virtual Information Session Wednesday, November 16 from 7-8 pm. Contact 440-636-6290 or admissions@hershey-montessori.org for inquiries/registration.

### **University School**

www.us.edu

Junior kindergarten to grade 8 20701 Brantley Road, Shaker Heights (216) 321-8260 Grades 9 to 12

2785 SOM Center Road, Hunting Valley (216) 831-2200

Young boys are growing quite fast physically, mentally, and emotionally. University School's junior kindergarten and kindergarten programs invite, inspire, and cultivate a boy's curiosity. The teachers understand boys and this important stage of development.

Campus and classroom spaces were designed by teachers and are housed in the primary building and on its 32-acre site in Shaker Heights. These spaces are ideal for young, active boys and the hands-on academic program. The low student-to-teacher ratio is possible because each classroom has full-time licensed lead and associate teachers. Boys enjoy the resources of the extensive physical education, performing arts, outdoor, and maker spaces.

University School is a wonderful community to launch a young boy's lifetime love of learning. Having a strong knowledge base and desire for learning in the youngest years is key to future educational success. Schedule a family tour or join us for an upcoming in-person or virtual open house. Learn more at www.us.edu/visit.

### Creative Playrooms Montessori and Child Care

(440) 349-9111 creativeplayrooms.com

With six convenient Cleveland-area locations and over 50 years of award-winning experience, Creative Playrooms Montessori and Child Care Centers still love to focus on new beginnings—especially when autumn arrives. When your family partners with our experienced teachers and care providers, together we provide your children a safe, nurturing atmosphere and an individualized, holistic approach to learning....not to mention fun and friends!

With Creative Playrooms' programs for every age and stage—from infant through elementary, plus Montessori preschool and camp options—you'll find:

- Dedicated, specially trained staff who help children reach their greatest potential.
- Our play-based learning approach is inspired by Montessori and Reggio Emilia methods and focuses on the whole child—physical, emotional and cognitive.
- Highly trained educators who're active in early childhood organizations and continuous learning.
- •A dedication toward continually refining, pioneering and innovating curriculum and programs to offer your family the very best.

  Schedule your back-to-school tour.

### St. Joan of Arc School

498 East Washington Street, Chagrin Falls (440) 247-6530 www.stjoanofarc.org

For over 50 years, faculty and staff of St. Joan of Arc Catholic School have instilled within each student a lifelong desire to learn, lead, and live the gospel of Jesus Christ.

Committed to learning and teaching in the 21st century, the experienced faculty and staff of St. Joan work tirelessly to develop each student to his or her fullest potential. Technology is incorporated as a part of daily instruction, which may find students utilizing the 3-D printer in the makerspace or working collaboratively with the aid of an ActivPanel.

The small class sizes allow for individualized instruction and contribute to the warm, Christ-centered atmosphere that is a hallmark of St. Joan of Arc. As a National Blue Ribbon School of Excellence, St. Joan of Arc has been recognized for the education that they provide to students in the Chagrin Valley.



### **Horizon Learning Centers**

www.horizonchildcare.com Euclid: 1050 E 200th Street (216) 481-3830

Cleveland: 2285 Columbus Road (216) 344-3000

There's a lot that goes into child development and Horizon Learning Centers gives kids a whole new world to explore with a play-based curriculum that sparks creativity, independent thinking, self-help skills, and social interaction.

"We believe in dramatic play as being one of the best ways to learn," says program supervisor, Nihada Nabulsi. "We set the stage for them with all the needed materials and they take off from there."

They use Creative Curriculum where students use dramatic play, such as a store setup, to learn how to navigate real-life activities in a fun, collaborative, and educational way.

Horizon Learning Centers provide a clean, safe, educational setting and welcome infants (starting at six weeks), toddlers, preschoolers, kindergartners, and school-age children up to 14 years of age.

There are three locations in the Greater Cleveland area: Tremont, Euclid and Mentor. All curriculum is researched based and age appropriate with quality, certified, degreed teachers.

### **Gilmour Academy**

34001 Cedar Road, Gates Mills (440) 473-8050 www.gilmour.org

Gilmour's Montessori toddler and preschool programs teach children how to learn instead of just what to learn.

From there, students move seamlessly into the Lower School, where they are provided endless possibilities to grow. Whether it's robotics, learning a new instrument each year, service, nature-based learning, or any of our after-school offerings ranging from sports and theater programs to dance and music lessons through the Cleveland Ballet and Piano Cleveland, each student can discover their passions. Additionally, our looping system has grade level teachers working with students for two years, providing consistency and personalization.

Students then progress to the Middle School and Upper School, also housed on our 144-acre campus, to expand on the foundation built at the Lower School.

As an independent, Catholic school, Gilmour is rooted in its mission to educate the mind and empower the heart of every student, resulting in a graduate who is centered in faith, able to think critically and communicate effectively, and prepared to make a difference.

### The ABCs of thrift shopping!

Before the kids go back to the classroom this fall, head to your local Goodwill store

### **Amazing finds!**

Whether your kiddo is heading off to Kindergarten or onto college, Goodwill carries a variety of new and donated goods including jeans, uniforms, backpacks, shoes and electronics to start the school year out on the right foot. New items are continuously being stocked on the sales floor for a never-ending supply of great finds at affordable prices!

With so many local stores to shop and a steady stream of new donations coming into those stores, Goodwill will never give you that "all-the-good-stuff-is-gone" panic attack you might have when shopping at big-box stores as the start of school quickly approaches.

Don't forget to look for some of our top backto-school items, many of which you might not realize you can find at Goodwill:

- Adult shirts that can be repurposed as paint smocks for a preschooler's classroom.
- Plastic crates, bins, and baskets that can be used to store school supplies.
- Wall décor, lamps, and seasonal decor for a college dorm room or new apartment.
- Instruments like guitars, horns, or metronomes for the budding music student.
- Calculators and flash cards for the math student.
- · Bedding like sheets, blankets, and towels for



the college student.

- Bicycles and helmets for riding to and from school.
- Backpacks and lunch boxes along with thermal and plastic drink bottles for students who enjoy a homemade lunch.
- Educational games, toys, books, globes, and maps.
- Jewelry, clothing, and accessories for all those classroom themed parties.

### **Budget friendly!**

At Goodwill stores you can find gently used, and new-with-tags, clothing, shoes, accessories and more at prices that are typically 50-90% less than large retailers. Whether you are on a budget,

just love a good deal, frugal, or saving money for a special reason shopping at Goodwill stores help teach money-saving lessons to you children. Don't miss an opportunity to save even more August 5-7 during Ohio's tax-free weekend.

Thrift shopping at Goodwill stores also means you are giving second life to clothing and other items by reducing waste and keeping them out of landfills. Shopping in a thrift store like Goodwill is a valuable teaching moment, giving you a chance to demonstrate to your children the value of being financially, environmentally and socially conscious.

### **Community strengthening!**

Did you know that shopping at Goodwill helps support programs like job training, hot meal programs, parenting classes, support of families in crisis and much more? Every year, your local Goodwill supports thousands of individuals in your community with programming that gives them a hand-up in life, not just a hand-out.

"It may not be foremost in your mind, but you're helping the people in your community when you shop at Goodwill," explained Bryant Taylor, vice president of donated goods. "Whether its dorm essentials you need or shoes for gym class, Good-

See Goodwill page 19



### 2022 Northeast Ohio Aging & Disability Summit

The evolution of services and programs for the aging and disability community is here! Mark your calendar for the 2022 Northeast Ohio Aging and Disability Summit, coming September 30. The Summit is presented in partnership with the Cuyahoga County Division of Senior and Adult Services (DSAS), The MetroHealth System and Western Reserve Area Agency on Aging. This year's summit will be held in person at Tri-C's Corporate College East campus with a virtual option.

The Northeast Ohio Aging and Disability Summit was designed to be a platform for sharing stimulating dialogue, innovations and best practices on issues impacting older adults and adults with disabilities in our community. Last year's inaugural summit was held virtually and attracted nearly 400 attendees to hear national and local experts speak on topics such as diversity, equity and inclusion, assistive technology, aging and public policy, gerontological research, workforce opportunities and much more.

This year's theme – From Hindsight to Foresight: The Evolution – will continue the dialogue on progress, as we emerge post-pandemic with more savvy, inclusiveness and resiliency. Topics for this year's summit include:

- New ideas for post-pandemic aging.
- Diversity, equity and inclusion in aging.
- The power of developing great habits.
- The evolution of aging.
- Resiliency and aging.

Attendees can choose to take part in the summit in person or virtually. In-person attendees can interact with our stellar speakers and nearly 40 exhibitors. Virtual attendees can join us from anywhere in the world and enjoy the opportunity to learn and chat with our presenters. Up to 6.5 CEUs/CPDUs are pending approval, so summit-goers can leave the event with fresh ideas a renewed focus, and the accredited professional development that is critical to the work they

Cost to attend the Northeast Ohio Aging and Disability Summit is \$65 professional; \$25 student/retiree. Exhibitor opportunities are still available, and registration will open soon. For more information, visit dsas.cuyahogacounty.us or contact 216-698-2562 or agingsummit@jfs. ohio.gov.

### Goodwill from page 18

will is a great option for families who are looking to save. And all purchases support a network of programs that help thousands in our community."

Before you restock your kids' wardrobes with clothing and accessories at Goodwill, take a moment to go through their closet and clear out any items they do not wear or need anymore. Any clothing that does not fit anymore can be donated to Goodwill, along with shoes, accessories, books, furniture and other household goods! Keep a bag or box in the corner of your kids' rooms designated for Goodwill donations. Then, before your next shopping trip, drop off your donations to Goodwill. You'll keep your home organized and up-to-date while doing good for your community!

Locally, Goodwill Industries has several convenient locations for both donating and shopping. Log onto GoodwillGoodSkills.org for a location near you.

### **Mayfield Heights**

6605 Mayfield Road 440-683-1602

### **University Heights**

Cedar Center South Shopping Center 13908 Cedar Road 216-306-2661

### Landerwood Plaza Donation Center

30850 Pinetree Road Pepper Pike

### **Eastlake**

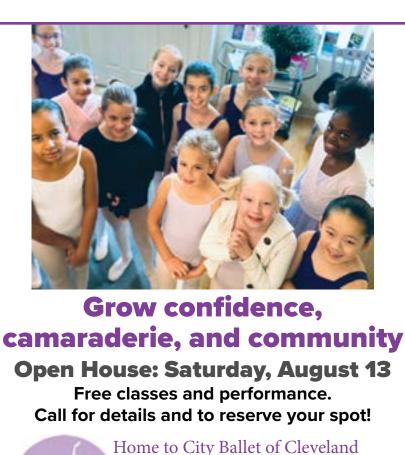
33459 Vine Street 440-942-6910

### Chardon

425 Water Street 440-901-0100

### **Painesville**

2175 Mentor Avenue 440-867-2716



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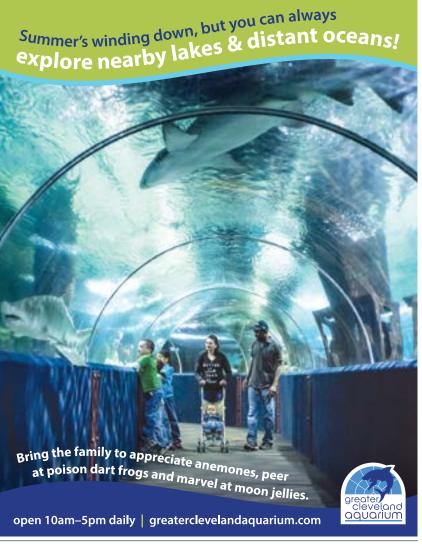
Iome to City Ballet of Cleveland
Cleveland City Dance

(216) 295-2222 www.clevelandcitydance.com







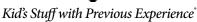


## Your Back to School Savings Headquarters

# Shid child

Clothing infant to size 14
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   Books
- Equipment More!



### We Pay Cash!

We buy up to 1 hour before closing. No appointment necessary.

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WESTLAKE 25028 Center Ridge 440-899-1100

Mon.–Sat. 10am – 6pm • Closed Sunday



Register Now For Fall Classes!

September 6-December 17, 2022

Call for more information: 440-247-5747



Offering classes in Ballet, Tap, Creative Movement, and Modern Dance for ages 3 through adult.

516 E. Washington Street, Chagrin Falls • In The Gallery 440-247-5747 www.enpointedanse.com



### Learn something new this fall at Fairmount Center for the Arts

Classes and programs for preschoolers through adults to be offered

Fairmount Center for the Arts announces its fall session of dance, fitness, music, theatre and visual arts programs. Recently named "Best of the East" in dance and music instruction by Cleveland Magazine, Fairmount focuses on technique-driven, inclusive teaching. The fall session will begin on Sept. 7.

Current and prospective students are invited to learn more about Fairmount's offerings at the Fairmount Fun Festival on Saturday, August 13 from noon to 4 p.m. Attendees can tour the facility while viewing the 46th annual Fairmount Art Exhibition, create art, grab a bite from Off the GRIDdle food truck and enjoy special performances by music faculty and the Fairmount Dance Company.

Registration is currently open for all fall classes. Scholarships and payment plans available. For more information, visit fairmountcenter. org or call 440-338-3171.

### Asian Lantern Festival returns to Cleveland Metroparks Zoo!

Tickets on sale now for the Zoo's popular after-hours event running through August 21

Asian Lantern Festival will feature both walk-through and drivethrough experiences, large-scale illuminated lantern displays, live acrobatic performances culturally inspired cuisine.

The Zoo has been transformed with over 1,000 illuminated lanterns that will light up after dark. This year's event will include some of the largest displays yet, including a 100-foot-long, four-story-tall palace, sprawling Chinese gardens along Waterfowl Lake and a half-dozen giant walk-through lanterns that will surround guests with colorful flowers.

In addition to the full walk-through experience Thursdays through Sundays from 6:30 p.m. to 10:30 p.m., a limited number of drive-through opportunities will be available on Wednesday nights for individuals and families who wish to experience this year's event from the comfort of their personal vehicles.



Tickets are on sale now and guests can reserve their spot and save by purchasing tickets in advance. The discounted cost for Zoo members is \$19 or a four-pack for \$57. Advance nonmember tickets are \$22 or a four-pack for \$66. Same day tickets can be purchased at the box office for \$25 or a four-pack for \$75. Drivethrough tickets are \$57 per vehicle for members and \$66 per vehicle for nonmembers. Children under 2 are admitted free. Advance tickets are on sale now at FutureForWildlife. org/lanterns.



### **AUGUST 2022**

#### Twilight at the Zoo

Fri., August 5 • 7 pm–11:55 pm Cleveland Metroparks Zoo 3900 Wildlife Way, Cleveland 216-661-6500 ext. 4421 www.ClevelandZooSociety.org Spotlights local bands playing pop, rock, dance, swing, country and blues. Admission for all partygoers includes cover charge, small bites, complimentary beer, wine and soda. 21 & over.

#### Vintage Ohio

August 5–6 • noon–9 pm Lake Metroparks Farmpark 8800 Euclid Chardon Rd., Kirtland 440-466-4417

www.visitvintageohio.com
Sample Ohio wines, food,
cooking school demonstrations,
two stages of live music, artisans,
shopping, and spectacular Friday
fireworks. One-day samplers are
\$37 per person, nondrinkers and
designated driver tickets are \$14,
children ages 4–17 are \$4.

#### **Meet the Machines**

Sunday, August 7 • noon–4 pm Legacy Village 25001 Cedar Road Lyndhurst 216-382-3871

www.legacy-village.com/play
Meet the Machines offers a
unique opportunity for kids and
families to touch and explore
a fire truck, ambulance, SWAT
truck, snow plow, school bus,
construction equipment and
many more machines of all makes
and sizes in a fun, family friendly
environment with giveaways, live
entertainment, safety information
and more! Free and open to the
public.

### **Cuyahoga County Fair**

August 9–14

Tuesday–Friday • noon–11 pm Saturday • 10 am–11 pm Sunday • noon–10 pm Cuyahoga County Fairgrounds Berea 440-243-0090 www.cuyfair.com

### Little Italy Feast of the Assumption

Fri., August 12 • 6 pm-midnight Sat., August 13 • noon-midnight Sun., August 14 • noon-midnight Mon., August 15 • noon-11 pm 12021 Mayfield Road, Cleveland www.holy-rosary.org

Featuring Italian foods, desserts, live music, vendors, casino, raffle, rides and games.

### **Ohio Celtic Festival**

August 12–14, 2022 Lake County Fairgrounds Painesville

www.ohiocelticfestival.com
Featuring some of the very best
in Celtic music and dance. The
children's stage will feature lots of
activities, shows, food, beverages,
some new events and music.

Presale tickets for Sat. and Sun. are available online for \$9 plus fees. \$15 at the gate. Friday is \$10 at the gate.



#### **Fairmount Fun Festival**

Saturday, August 13 • noon–4 pm 8400 Fairmount Road, Novelty 440-338-3171

www.fairmountcenter.org
This family-friendly festival features performances by FCA dancers, food & drinks, arts activities,
art exhibition and more.

#### **Rock The Block**

Friday, August 19 • 6–11 pm Saturday, August 20 • 2–11 pm St John Lutheran Church 4386 Mayfield Road, South Euclid www.serocktheblock.com Featuring food, live music and more. Visit website for more info.

#### **Water Lantern Festival**

Saturday, August 20 5:30–9:30 pm

Voinovich Bicentennial Park
800 E 9th Street Pier, Cleveland
www.waterlanternfestival.com
A magical evening that includes, music, food and beautiful
lanterns that light the water.

Each adult ticket provides entry into the festival area and comes





with a floating lantern, commemorative drawstring bag, LED light, marker, and wristband. lantern will be collected after the event. Tickets are \$35.99 through August 10, 2022, \$45.99 through August 19 and \$55.99 day of the event.

#### Waterloo Arts Fest

Saturday, August 27 • noon-7 pm 15605 Waterloo Road, Cleveland 216-692-9500

www.waterlooarts.org Features local bands playing a great mix of music, local handmade art vendors, CLE's best food trucks, and an exciting mix of innovative and interactive art experiences for all ages.

#### **Cleveland Garlic Festival**

Sat., August 27 • noon-8 pm Sun., August 28 • noon-6 pm Historic Shaker Square, Cleveland 216-751-7656

www.clevelandgarlicfestival.org Featuring a garlic gourmet alley, live music, kids area with a clown, rock climbing wall, tractors and more, Ohio craft brew tent, artist

gallery and more. \$10 adults; \$5 seniors (65+), \$5 children 4-12 years old. Children under 4 are free.

### Milk and Honey Weekend

August 27, 28 • 9 am-5 pm Lake Metroparks Farmpark 8800 Euclid Chardon Rd., Kirtland www.lakemetroparks.com

Learn how milk becomes cheese, butter, or delicious ice cream and watch the production process. Demonstrations, garden tours and more. Free with Farmpark admission. \$8 ages 12 through 59; \$7 Ages 60 and older; \$6 ages 2 through 11; children younger than 2 are free.

#### **76th One World Day Festival**

Sun., Aug. 28 • 11 am-6 pm Cleveland Cultural Gardens MLK Drive, Cleveland 216-220-3075 clevelandoneworldday.org A parade of flags, naturalization ceremony, ethnic food, cultural performances with music and dance, children's village.

#### **Geauga County Fair**

August 31-September 5 Exhibits open at 10 am daily Rides open noon daily 14373 N. Cheshire Street, Burton 440-834-1846 www.geaugafair.com

Exhibits, animals, rides, music, food, games, and shows. Ohio's oldest fair--since 1823.

### SEPTEMBER

#### **Cleveland National Airshow**

September 3-5 9 am-4:30 pm **Burke Lakefront Airport** Cleveland 216-781-0747

www.clevelandairshow.com Featuring the U.S. Navy Blue Angels, U.S. Army Golden Knights Parachute, Dronewerx, Shockwave Jet Truck, USAF The Hangar, pyrotechnics, Metro Life Flight, C-130 "Fat Albert," U.S. Air Force F-16, Animal Aerobatics Team, cockpit photos, Kiddie Koncourse, Kidz Zone, Cleveland Aeromodeling Society, Meet a

Hero, Tuskegee Airmen Display, food vendors and more! Tickets available only in advance. No gate sales. General admission: \$30 for adults (\$35 after 8/30/22), \$20 for children ages 6–11 and FREE for children 5 and younger.

### **Lyndhurst Home Days**

Fri., Sep. 9 • 5–10 pm Sat., Sep. 10 • noon-10 pm Sun., Sep. 11 • 1-8 pm Lyndhurst Park (Behind City Hall) 1341 Parkview, Lyndhurst 440-442-5777

Filled with activities, music, parade, vendors and lots of food.

#### **Cleveland Oktoberfest**

Sept. 2-5 and Sept. 9-10 Cuyahoga County Fairgrounds www.clevelandoktoberfest.com Live musical and artistic cultural performances, food, weiner dog races, fireworks (4th & 10th), 5K bier run, and more.



## Grand Re-Opening:

Saturday, August 20 · noon-3 pm

### **CELEBRATING NEW OWNERSHIP AND OUR NEW 27,000 SQUARE FOOT FACILITY!**





- **★** Demos
- **★** Free Giveaways
- **★** Incentives

### Featuring:

Dance **Gymnastics Rhythmic Gymnastics** Parent & Tot Classes Rec Classes **Competitive Teams** and More!

## Lakeshore Dance & Gymnastics

760 Beta Drive, Suite G, Mayfield Village 440-461-0015 | www.LakeshoreGym.com

### DANCE | FITNESS | MUSIC | THEATRE | VISUAL ARTS Try something new this fall!







Located in beautiful Russell Township, Fairmount Center for the Arts offers introductory and advanced classes and workshops for children and adults.

### Register today at FairmountCenter.org, or call 440-338-3171. 📵 🛐

Voted Cleveland Magazine's "Best of the East" WINNER in dance and music instruction!



### Classes begin September 7!



8400 Fairmount Rd. Novelty, OH 44072 (440) 338- 3171 FairmountCenter.org





### Doggie Dip 2022

Sat., September 10 • 10 am–1 pm Thornton Park 3301 Warrensville Center Road Shaker Heights 216-491-1295

Your precious pup will have a ball swimming and running around as these canines celebrate the end of the pool season. Local pet-focused vendors will also be on location, and prizes will be raffled off throughout the event. Residents \$5/dog; \$7/dog nonresidents.

#### **Cleveland Pickle Fest**

Sat.. September 17 • noon–7 pm
Mall B – 300 St Clair Ave NE
Cleveland
clevelandpicklefest.com
Cleveland's premier food
festival is back! With dozens of
vendors, food trucks, contests,
bands and attractions, and family
fun, the Cleveland Pickle Fest
is the perfect summer send off
with proceeds benefiting Greater
Cleveland Volunteers.

### **Tremont Arts & Cultural Festival**

Sat, September 17 • noon–7 pm Sun., September 18 • noon–5 pm Lincoln Park

1200 Starkweather Ave., Cleveland experiencetremont.com

Over 110 vendors featuring artists selling their paintings, sculptures, jewelry, etc., live music, dance performances, children's village, and more.

### **Honkin Haulin Hands-on Trucks**

Sun., September 18 • noon–3 pm Beachwood Service Center 23355 Mercantile Road Beachwood

Get up close and personal with more than 30 trucks like a fire engine, police cruiser, snow plow, garbage truck, front end loader, dump truck, bucket truck, ambulance and more. Crafts, games, activities for children, too. Free.

### IngenuityFest 2022

September 23–25, 2022
IngenuityLabs @
The Hamilton Collaborative
5401 Hamilton Avenue, Cleveland
www.ingenuitycleveland.com
IngenuityFest showcases
creativity and innovation across

sectors. It is a unique space to find something for everyone. The festival highlights maker activities, exhibits from small businesses and entrepreneurs; site-specific installations; dozens of bands, dance acts & performances across multiple stages; art of all types; and projects from the IngenuityLabs incubator members and partners at the Hamilton Collaborative. Just \$10 gets you access for the whole weekend!

### ONGOING EVENTS 2022

### **Chagall for Children**

On view through August 28, 2022
Maltz Museum of Jewish Heritage
2929 Richmond Rd., Beachwood
216-593-0575
www.maltzmuseum.org
(See article on page 7.)

### **Legacy Live** Fridays through Sept 3 • 5–8 pm

Legacy Village
25001 Cedar Road, Lyndhurst
216-382-3871
www.legacy-village.com/play
Join in every Friday for live music featuring a variety of genres,
from pop, rock & Motown to

### **CLE Market**

blues, swing and more.

Weds., August 10, September 14 4–8 pm Beachwood City Hall 25325 Fairmount Boulevard Beachwood 216-292-1970

New east side location!
The vibrant marketplace features a variety of vendors and small businesses. A food truck will be on site. Come shop and grab a bite to eat.

### **Wade Oval Wednesdays**

June 15–August 17 • 6–9 pm University Circle, Cleveland 216-707-5033

www.universitycircle.org
Enjoy a free concert, food
trucks, vendors, theme nights,
and activities vary each week
and are all family-friendly. Bring a
picnic or purchase delicious treats
from vendors on site. Select museums are open late on Wednesdays.

### Save the Date!



Sunday, September 25, 2022 12:00-4:00 p.m.

Stroll the streets of Little Italy enjoying food and wine tastings at local restaurants and businesses, with coffee and dessert at the Alta House!

Tickets will go on sale mid-August! Watch the website for details!

www.tasteinlittleitaly.com



**Hosted by:** 

## NOREEN LONDREGAN SCHOOL OF DANCE

Cecchetti Ballet, Classical Ballet, Pointe, Preschool Combo, Terrific 2s, Jazz, Hip Hop, Lyrical/Contemporary, Ballet & Tap Combo, Competition Team



FALL 2022 CLASSES BEGIN SEPTEMBER 6 REGISTER EARLY!!

August 24 & 25 • 4-8 pm

Certified Dance Educators, Dance Masters of America

750 Beta Drive, Mayfield Village 440-449-0240 www.NoreenDancer.com

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Innovative curriculum and state-of-the-art facilities are what you would expect from one of the best private schools in Northeast Ohio. But it is how Gilmour Academy impacts students beyond the classroom that makes our school truly unique. Entrepreneurial opportunities; service projects; experiential learning; unparalleled arts programming; and the chance to pursue robotics, dance, theater, ice skating and swimming right on campus provide endless possibilities for students to find their passions and build confidence. Our students learn about the real world and, more importantly, how to positively impact it. Gilmour educates the mind and empowers the heart of every student. And with tuition assistance available, the advantages of an independent, Catholic school are more affordable than you think.



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