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**November 2022** 

# First Chancellor and 14th President Welcomed to Dean College

Historic Installation of Chancellor, Edward M. Augustus, Jr. and Inauguration of 14th President, Kenneth Elmore, J.D.

Last month, Dean College celebrated the installation of Edward M. Augustus, Jr. as the College's first-ever Chancellor and the investiture of Kenneth Elmore, J.D. as the College's 14th President.

Chancellor Augustus and President Elmore were chosen to succeed Dr. Paula M. Rooney, who led Dean College from 1995 to 2022, in an innovative new approach to leadership. Chancellor Augustus, the former city manager of Worcester, and President Elmore, the former dean of students at Boston University, are collaboratively leading the College while also strategically focusing on areas pertaining to their respective roles, back-





Dean College Chancellor Edward M. Augustus, Jr., left, the College's first-ever Chancellor, and Dean College President Kenneth Elmore, J.D. the College's first black 14th President, right, will take an innovative, collaborative approach to leading Dean College. Photos courtesy of Dean College

grounds and skill sets. The Installation Celebration formally conferred the authority of high office to Chancellor Augustus and President Elmore and commemorated the momentous occasion in the College's history.

On Friday, October 14, the College held the Installation

Ceremony of Chancellor Augustus and President Elmore. The ceremony included performances and readings by students, faculty and staff. Remarks were given by Mariah

**DEAN COLLEGE** 

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After a couple of years, Franklin Newcomers & Friends Craft Fair is back, taking place at Tri-County Regional Vocational Technical High School on November 5th. This year, the event will take place in the gym.

# 47th Annual Franklin Newcomers Craft Fair is Nov. 5th

By Judith Dorato O'Gara

It's back! The Annual Franklin Newcomers & Friends Craft Fair will once again take place this fall at Tri-County Regional Vocational Technical High School, 147 Pond St., Franklin, on November 5, 2022, from 9 am to 3 pm. The event, the group's largest fundraiser, will be the organization's 47th, with a couple of years off during the height of the pandemic. The craft fair will take place in Tri-County's gym.

"We are so happy that many of our crafters who have participated every year in the past are back again this year," says Terri Attinello, President of the Newcomers group, who explains that crafters are chosen by a jury process and all items sold must be handmade to enter the fair. She adds, "We have a range of unique items, from jewelry, home décor, holiday décor, hand knit, sewn, and embroidered items, soaps, and food. About half are new, and half are returning crafters."

Franklin Newcomers & Friends began in 1971 by Fran Kober. She moved to Franklin from New Jer-

#### **NEWCOMERS**

continued on page 2







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#### **Note from the Publisher:**

Please note that in the October edition, on page 9, the Shawn Dooley Political Spotlight was a paid advertisement.

**Unfortunately the words PAID ADVERTISEMENT were** not included as part of the disclaimer in error.

Our apologies for any confusion this may have caused our readers. As a media source, we maintain our neutrality in all political matters and do not endorse candidates.

#### **NEWCOMERS**

continued from page 1

sey and was very disappointed to learn there was no Newcomers Club in town, so she placed an ad in the paper to meet other new residents to the town. She received five replies, and the next ad she placed encouraged new people to come meet and socialize. Twenty people responded, and the Franklin Newcomers & Friends group was born.

Membership is \$25 per year and is open to Franklin residents as well as those living in adjacent towns that don't have a similar club. Meetings are held at Escape into Fiction, the new bookstore in downtown Franklin, on the 2nd Wednesday of each month September through May.

#### **localtownpages**

Published Monthly Mailed FREE to the Community of Franklin Circulation: 13.164 households & businesses

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## Creative Design & Layout

Michelle McSherry Kim Vasseur

Ad Deadline is the 15th of each month.

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Members organize events such as Couples Socials, Monthly Dinner Groups, Ladies Night Out, Children's Activities, Movie Nights, Craft Nights and much

"Recently we've gone to a concert at the Circle of Friends, out to dinner, out for muffins on a Saturday morning, and a labyrinth walk under a full moon. Later this month we are planning to see a play. We will have a group running/walking the Franklin Turkey Trot, and plan to see performances at Dean College and the BLACK BOX," says Attinello.

The scope of the club has broadened to include community service as an integral part of member activity. Proceeds from the Newcomers' Craft Fair not only fund club events and outings, but the club has volunterred as a group annually donates thousands of dollars to local Franklin

"Organizations are nominated by our membership, and the amounts distributed are based on the members voting for their top choices," says Attinello. "In 2020, we donated to a small number of causes - that was a bit different due to COVID. About half of our donations went to the Franklin Food Pantry. The remainder went to FISH of Franklin, Random Smile, MA Fund for COVID-19, and the YMCA Emergency Response Fund." In 2019, the club donated to 14 different organizations, including Finding You Sanctuary, FISH of

# **Rausch Responds to Dooley Assertions**

Thank you to the editor for clarifying that this paper does not make political endorsements and the opportunity to respond to falsehoods in an advertisement my opponent bought.

I am proud to serve as your State Senator. A mom of two young children, attorney with public and private sector experience, and champion of reproductive rights, I consistently deliver real results for our families. This term alone, I secured tens of millions of funding for local housing, water, transportation, and infrastructure, passed small business support legislation, and helped our youth by fully funding fullday kindergarten in Wrentham and creating the first state-sponsored youth mental health support text line. I crafted components of this term's reproductive health protections law; last term I championed reproductive rights legislation ensuring Bay Staters still had those rights when Roe fell, while my opponent voted no every time.

My opponent is campaigning unethically and deceptively, including spreading disinformation about my positions. I urge voters to compare our records.

Once you know the facts, you'll see why 50+ town leaders endorsed me: I'm the proven leader who best delivers for our shared values in the Senate. I respectfully ask for your vote by November 8. Thank

STATE SENATOR BECCA RAUSCH

Franklin, Franklin/Bellingham Rail Trail Committee, Franklin Downtown Partnership, Franklin Education Foundation, Franklin Food Pantry, Franklin July 4th Coalition, Franklin Performing Arts Company, Franklin Public Schools Activity Fund, Friends of the Franklin Library, Neighbor Brigade, Random Smile Project, Santa Foundation, and YMCA's Reach Out for Youth (ROFY).

"We will again be donating to organizations important to our membership in the spring now that we are able to fund the donations with proceeds from our craft fair," says Attinello. In fact, the Franklin Newcomers & Friends will also be accepting donations for the Franklin Food Pantry at this year's event.

The entry fee to the Franklin Newcomers & Friend Craft Fair on November 5th is \$3 for people 12 years of age and older. Find more details on the craft fair on Facebook @Franklin-NewcomersCraftFair. For more information about the club and its latest list of upcoming events, visit its Meetup Page, Franklin Newcomers & Friends (Franklin, MA) | Meetup, their Facebook page: @FranklinNewcomers-Friends Club, or their website at www.franklinnewcomers.com.

# **Upcoming Election Information**

The State Election will be held on Tuesday, November 8, 2022 from 6am-8pm at Franklin High School Gymnasium. In person early voting will take place October 22 - November 4 (with the exception of Sundays) at the Franklin Municipal Building ONLY (355 East Central Street). There will be NO in person early voting at Franklin High School.

For additional Election information, please visit the Town Clerk's webpage.

# **Newcomers Meet November 9th**

The Franklin Newcomers and Friends Club will hold their next monthly meeting at 7 p.m. on Wednesday, November 9th at Escape Into Fiction at 12 Main Street in Franklin. Please join us for an informative evening with members of the Franklin Town Council as they share with us some recent happenings in town and their priorities for the upcoming year. .

No need to be a newcomer to the area. Come make connections in your community. We are a multi-generational, memberdriven organization, offering a wide range of activities. Residents of Franklin, or any surrounding town that doesn't have a Newcomers Club, are welcome.

Look for us on our Meetup and Facebook pages for more in-

https://www.meetup.com/franklin-newcomers-friends/ https://facebook.com/FranklinNewcomersFriendsClub



www.justfeliciawi.com



PAID POLITICAL ADVERTISEMENT

# A proven record of delivering legislation, local aid and constituent services

Since 2013 Jeff Roy has been part of a legislative team that has addressed the issues of education, economic development, the coronavirus pandemic, health care, substance use disorder, criminal justice, civil rights and social equity, gun safety, energy, and the environment. In addition, he has led efforts to:

- Draft and pass the clean energy and offshore wind bill
- Finalize the Roadmap Bill on climate change
- Pass legislation on sexual violence on higher education campuses
- Pass legislation increasing transparency and financial reporting requirements for higher education institutions
- Pass legislation that increased civic engagement and transparency by creating a searchable online database of legal notices
- Fight for health care reform
- Support Veterans through the Valor Acts and funding for memorial walkway
- Help seniors with Housing, Tax Relief and state funding for Senior Centers

- Pass legislation lowering thresholds on specialty license plates, making them available to smaller charities and causes
- Brought civics education back to our public schools so young people will understand the importance of participating in government

#### Locally, he has:

- Worked to maintain high quality of the school systems
- Helped families with substance use disorder by co-founding the SAFE Coalition and delivered \$250,000 in state funds
- Led legislative effort to create a Regional Dispatch Center for Franklin, Norfolk, Wrentham and Plainville
- Advocated for Cultural District in Franklin



- Aided in re-opening a factory in Franklin to manufacture PPE
- Delivered local aid for schools, roads, infrastructure, public safety, arts and recreation
- Delivered improvements to Commuter Rail Service and infrastructure
- Delivered funding for SNETT tunnel under Prospect Street, parking at Franklin State Forest, and improvements to recreational spaces in Medway
- Helped thousands of constituents with issues involving unemployment, health care, human services, and other matters with state agencies











#### A 10-year history of delivering local aid for Franklin and Medway:

**\$28,574,921** - Chapter 70 (Franklin)

**\$10,564,089** - Chapter 70 (Medway)

\$10 million - Reconstruction of intersection at Pleasant & Chestnut Streets, Franklin

**\$2.42 million** - Improvements to the MBTA commuter rail station in downtown Franklin

**\$2.2 million** - Intersection and roadway improvements along Grove Street in Franklin **\$1.3 million** - Environmental Bond Bill for

improvements to SNETT trail tunnel **\$1 million** - Sidewalk and pedestrian safety

improvements in Medway\$917,261 - Chapter 90 road funding for

Franklin \$700,000 - expand the SNETT trail from Grove Street to Union Street

**\$600,000** - Franklin Food Pantry Building Project

**\$500,000** - Route 109 access improvements at Choate Park

**\$395,749** - Chapter 90 road funding for Medway

**\$350,000** - Grant for improvements to Medway parks

**\$275,000** - Grant for Black Box Theatre **\$250,000** - Opioid epidemic funds for SAFE Coalition

**\$200,000** - King Street Park improvements in Franklin

\$200,000 - Medway THRIVE program

**\$183,000** - Franklin Green Community grant

\$170,000 - Medway public safety equipment \$135,000 - Accessibility and safety improvements at the Lovering Heights Senior Citizens

Complex in Medway

\$100,000 - Dept. of Public Services building

**\$100,000** - Parking lot at Franklin State Forest **\$100,000** - Medway Community Farm

\$100,000 - Franklin Downtown Partnership

\$100,000 - NE Center for Children Program at Parmenter Elementary in Franklin

\$75,000 - Zoning audit and bylaws modernization grant

**\$70,000** - Quiet Zone study for Franklin commuter line

**\$70,000** - Mental health screenings in the Franklin public schools

**\$65,000** - New firefighter headsets to help prevent hearing loss

**\$60,000** - Solar lighting and traffic controls **\$58,500** - Development of outdoor fitness programming at the Medway senior center

**\$58,000** - Franklin schools substance abuse task force

**\$50,000** - Veteran's Memorial pathway

**\$50,000** - MetroWest Veterans District

**\$50,000** - Replacement of the playground at Fletcher Field in Franklin

**\$50,000** - Vaping prevention program in the Franklin public schools

**\$50,000** - Accessible van for Tri-County School

\$50,000 - Horace Mann statue in Franklin \$25,000 - Moving Vietnam Wall in Medway

\$25,000 - Charles River Meadowlands

\$22,000 - Upgraded communications technology for Medway Fire

**\$21,000** - Senior citizen health program in Medway

Funding for lights at Franklin Sculpture Park Restore funding for Franklin Housing Authority

#### **DEAN COLLEGE**

continued from page 1

Sheirer '23, president of the Student Government Association; Jane Gagnon, director of logistics and campus engagement; and Tom Mercer, chair of the Franklin Town Council. The featured speaker was Dr. Anthony P. Monaco, president of Tufts University. Monaco traced the history of Dean College and the close ties Dean and Tufts share, as well as his confidence in Dean's future. "From Universalist beginnings that instilled a sense of moral good and social and personal responsibility to preparing today's generation to succeed and thrive in a blossoming multi-racial society, the journey from Dean Academy to Dean College has been truly impressive," he said.

Both Chancellor Augustus and President Elmore delivered remarks after their respective inauguration and investiture.

Augustus spoke about the holistic support Dean provides to each and every student, from the classroom to their extracurriculars to the everyday interactions, throughout the students' academic and personal journeys. He highlighted the parallels of Dean to the City of Worcester, where he was born, raised and served as the city manager. He emphasized the work and the transformation that happened in Worcester to help residents believe in both the city and themselves - just like the transformation that occurs at Dean. "Many students, when they arrive on campus, are just beginning to find themselves," Augustus explained. "Their parents, teachers and friends already see greatness in them. But our students must find that for themselves, and we are privi-



Dean College's October 14th ceremony installing a new president and inaugurating a chancellor at Dean College was attended by alumni, including Franklin resident and businessowner Victor Pisini, Class of '47, right, shown here with President Kenneth Elmore, J.D.

leged and humbled to help them in that journey. Together, we will continue graduating the thinkers, doers and leaders that have long been cultivated on this campus."

Augustus also spoke about the challenges and issues society is facing today and the role that a liberal arts education plays in preparing students to make an impact on the world. "The world needs these students and their passions, dreams and confidence now more than ever," he said. "It is my hope that when Dean students set out to make lifelong relationships as alumni, that they will have learned not only how to make a difference, but they will also have learned how to be a difference."

In Elmore's investiture address, he acknowledged the people that influenced him and got him to where he is today, from his teachers to his family and ancestors to figures everything from higher education to literature to music. He echoed Augustus on the idea of Dean as a place for transformation and discovery, and called for the community

# Dean Celebrations Encompass New Leadership, Homecoming

The welcoming of a new chancellor and a new president allowed the Dean College campus an opportunity for festivities that extended beyond the October 14th Installation Ceremony.

The celebration began on Thursday, October 13 with an afternoon salon moderated by President Elmore on the topic of "Discovering and Re-Discovering Mesopotamia," featuring leaders in higher education to engage the community in meaningful dialogue.

Dr. Gregory Ellison II, associate professor of pastoral care and counseling at Emory University and founder of Fearless Dialogues, discussed his work in creating meaningful, shared experiences and heartfelt conversations. Ellison encouraged the audience to relate to other people "soul to soul, rather than role to role," and that when it comes to having hard conversations, that "if you ask the right questions, even the most resistant people will feel something moving in them."

Dr. Rob Lawson, professor of history at Dean and managing editor of the New England Journal of History, reflected on his book "Jim Crow's Counterculture: The Blues and Black Southerners, 1890-1945" and the idea of music as resistance and accommodation. Lawson explained that music can not only find a common ground between those who don't have similar life experiences, but it can also take on different meanings based on those life experiences. "Different people can listen to the same track and it has a different outcome," he said.

Dr. Keith Magee, chair and professor of practice of social justice at Newcastle University and senior fellow in culture



Dean students, family and alumni enjoyed Homecoming Weekend following the Installation Ceremony.

and justice at University College London, spoke about the journey to end racism in our lifetime. He emphasized that an obstacle to change is often known as cathedral syndrome, or building towards something you won't see the completion of. "Rome wasn't built in a day," he remarked, "but every day a brick was laid to build Rome."

The Installation Celebration also coincided with Dean's annual Homecoming Weekend for alumni and families. On Friday, women's volleyball played Saint Joseph's College of Maine in Pieri Gymnasium but came up short with a final score of 3-1. The celebrations continued on Saturday with the alumni lacrosse game, a favorite tradition of the weekend, as well as a historical tour of campus led by Dr. Rob Lawson. Over at Longley Athletic Complex, families and alumni enjoyed a game-day cookout and participated in fun activities for all ages at the Bulldog Fan Zone.

The Dean College football team took on Gallaudet University and, after leading for most of the game, ultimately fell 26-23. The Thomas "Butchie" Williams '75 Award for Most Valuable Player was presented to Mozes Mooney '24 for having the most impact on the game. Fans also enjoyed halftime performances by the Dean College dance performance teams.

Following the game, Chancellor Augustus and President Elmore held a celebration with the community on Awpie Way, featuring food, lawn games and more. The day's events also included a tree dedication in memory of Professor David Middleton, an open house at the Green Family Library Learning Commons and an alumni gathering at Teddy Gallagher's in downtown Franklin, before concluding with a performing arts showcase and trivia night in the Rooney Student Center.

To round out the weekend, both the field hockey and men's soccer teams celebrated senior day on Sunday, while the women's soccer team also competed. Field hockey took on Rivier University but fell 4-0, men's soccer played to a 0-0 draw with Fisher College and women's soccer took home a 3-1 win against Norwich University.

Learn more about the celebration at www.dean.edu/installationcelebration.

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to take up opportunities to show up in the world and bring about change

Rather than share his vision for the College, Elmore instead shared what he wanted for each member of the community. "This is what I want for you, Bulldogs: I want you to live pluralistically," he said. "I want you to be able to live in places that are global, that are communities of and for teaching and mentoring. I want you to be in a place where you

can go into the world with art and movement that changes the world. I want you to be in a place where art and live theatre moves our hearts to beat in unison. I want you to live in a place where you are discovering new ways to consider how we gather and how we talk to each other.

"Bulldogs, it's time for you to tell your stories. It's time for you to have something to say. I hope that you're never afraid to be bold, especially when it comes to social justice, and that you keep your strength up. I hope that you dare to believe in the possibility of a common good, a common ground and a higher ground. Believe in that."

Following the ceremony, the Dean College community was invited to a reception in the Dr. Paula M. Rooney Student Center to celebrate the next chapter in Dean's history.

PAID POLITICAL ADVERTISEMENT

# The Clear Choice is Dooley for State Senate

With inflation soaring and crime on the rise, there is one clear choice for State Senate. That person is Shawn Dooley.

To keep our economy rolling and avoid the national recession, it is essential to support small businesses that create the majority of new jobs in Massachusetts. As a State Representative, Shawn Dooley is the only candidate with a proven track record of working with local businesses. He has supported initiatives and filed legislation to help small businesses thrive. Not only does Shawn have a perfect record in supporting small business, but he is also endorsed by the National Federation of Independent Business which is our nation's leading small business advocatec.

Shawn Dooley is the candidate we can count on to help our local mom-and-pop stores that are the backbone of our economy.

On the home front, many families and seniors are worried about the rising price of gas, heating oil and groceries especially with the latest report showing inflation increased to a whopping rate of 8.2 percent. Once again, Shawn Dooley is the only candidate for State Senate



with a proven record of working to make Massachusetts affordable.

Just this year, he supported suspending the gas tax, because Shawn knows that by lowering the price of gas that helps drivers while also decreasing the costs for transporting products such as groceries and clothing. With the Commonwealth having a record surplus of \$3 billion in tax revenue and \$8 billion in the rainy day account, Shawn supports the 62F law to return the excess to the taxpayers.

Moreover, there is only one person in this race that opposes new taxes on gas and home heating oil. That's Shawn Dooley and it is one of the many reasons why he has earned a perfect 100 percent score in protecting taxpayers' wallets from Citizens for Limited Taxation.

As our next State Senator, we can count on Shawn Dooley to lower taxes whether it is the gas tax or the sales tax while work-



"Shawn is one of the hardest working public servants I know. He is fiercely independent and his passion for helping people makes him the perfect choice for the State Senate. The Commonwealth of Massachusetts needs strong independent voices like Shawn Dooley. For the 8 years we have worked together – Shawn has been a tireless advocate for the people of his district and no one has worked harder to make our state a better place to live and raise a family. Please vote for Shawn Dooley for State Senate." Gov. Charlie Baker

ing to reduce rising utility costs. He has the proven track record we can trust. That's why he has earned the endorsements of Governor Charlie Baker, Governor Bill Weld and Lt. Governor Karyn Polito along with a slew of local officials and police associations.

Most importantly, Shawn Dooley is one of a very few independent voices. He always puts people ahead of politics and is never obligated to special interest groups. When he votes on an issue, he votes for the people not the party.

Whether it is supporting our police, lowering taxes, helping the economy or putting people ahead of politics, Shawn Dooley is the only candidate we can trust. His agenda is our agenda – not the special interest groups'. Shawn Dooley is the clear choice to be our next State Senator.

For more information on Shawn Dooley, visit Dooley4Senate.com

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# 5th Annual Thanksgiving Day Pie Sale –Knights Of Columbus, Franklin

Why bake when the Knights can do it for you? The Knights of Columbus, Sacred Heart Council 1847 St. Mary Parish Franklin MA is running their 5th Annual Thanksgiving Pie Sale. Our famous bakery (same as last year) is the family-owned Mann's Orchards and Bakery. The flavors will be - Apple, Pecan, Pumpkin and our new Burgundy. These Pies are fantastic.... outstanding flavor, aroma, and taste. The price will be \$16 per Pie.

As last year, you will be able to DONATE a pie. All donations will go to the Franklin Senior Center and the Franklin Food Pantry for distribution at Thanksgiving time.

This year there will be 2 means by which you may purchase your Thanksgiving Day pies:

- Please visit our website www. kofc1847.org or on Facebook, KnightsofColumbus-Council1847. You will find a link to order and pay for your order. The site is open now until November 14. Online orders are Credit Card only.
- We will also be taking Pie orders in person over two weekends this year, November 5-6 and November 12-13, after all the Masses at St. Mary Franklin. We will be set up in the back of the Church to take your Pie orders. Cash, Check, or Credit Card will be accepted.

You will be able to Pick Up your order of Thanksgiving Day Pies on Tuesday, November 22, from 3 p.m. – 6 p.m. at the CCD Offices at the old St. Mary's

Franklin Parish School (previously the Charter School) on the 1st floor. You will see our signs.

We are excited again this year to bring this quality product to the St. Mary Parish community and all our Franklin neighbors. Please support this most worthy cause, enjoy them on your dinner table as well as help a senior and people in need to make their Thanksgiving Day special with a Pie (or2) from Mann's Orchard.

Any questions, please call Jim Campbell at (508) 848-8681, Jim Lane at (774) 571-9804 or Mike Swan (508) 404-4792.

Thank You for your generosity and "giving back"...

Knights of Columbus, Sacred Heart Council 1847 Franklin, MA 02038



# **College-Prep: To-Do List for High School Juniors**

Junior year in high school sneaks up on families quickly. Students are now at the halfway point and in less than 2 years, many students will be heading off on a new adventure - college! Junior year is a critical time to put a college prep plan in place. Creating a timeline now, versus waiting until senior year, will definitely alleviate some of the college stress, and will set your student up for a successful college admissions experience their senior year.

Robert D. McCaig, Monmouth University Vice President for Enrollment Management, sums it up perfectly when he said, "The most important things students should do when applying to college is pace themselves and prioritize. Starting early certainly helps students with the pacing, and knowing when to put time into SAT prep versus studying for an exam versus visiting another college, for instance, is an important part of prioritizing."

@Students: Here are some helpful tips to get you moving in the right direction this fall:

1. The #1 question an admission rep will be thinking when they are reviewing

your college application: "Did you take the most rigorous courses you could, and did you earn good grades?" GPA and course rigor, without question, are the 2 most important factors. Make your studies a top priority. Other factors like leadership activities, strong SAT scores, and athletic prowess are secondary considerations. They will help-but you still need good grades!

- 2. If your grades start to slide, don't wait until you are drowning. Raise the red flag immediately and meet with your teacher or tutor and ask what can be done to help. Asking for help is not a sign of failure but of strength.
- 3. Visit your guidance counselor early junior year. Determine the courses you should take to put you on the right track for college admission. Course selection is important. Colleges like to see growth in a student's transcript. If you have 2 years of A's in College Prep

Math - think about taking Honor's Math the following semester or year. A good question to ask-"How much can I push myself without being shoved."

- 4. Plan early for the PSAT, ACT, and SAT. You'll need to register 5 weeks before the exam. Many students opt to take the test more than once and a student should plan accordingly. Reminder: many colleges are test-optional if you prefer not to send your standardized tests scores.
- 5. Start building your activity resume and update it throughout the year. Make a list of your extracurricular activities, accomplishments and work experience with a short description. It's never too late to begin an activity or join an organization. Colleges are looking to build a well-rounded class with students that show depth and commitment in a few activities that interest them. My advice: Do what you love and do the work (engage and create impact).



Maryline Michel Kulewicz and Tracy Sullivan of College 101 Admissions Consultants

- 6. Begin visiting colleges as early as possible and definitely by the fall of your junior year. I recommend touring local colleges first, even if you think you may want to attend college out-of-state. It will help determine the factors that are important to you in selecting a future college. A few factors to consider: rural, urban, or a suburban setting; small or large student body; public or private school.
- 7. Create a college list that includes affordable choices. As a family, determine early your available finances and what/if any loans will be necessary. It is important that your family is all on

the same page. Research the availability of merit or need-based aid that will support the student throughout their four college years. Excellent financial aid resource: studentaid.gov. And It is never too late to start saving - 529 plans!

8. As a family, determine early on if you need assistance from an outside source. Independent Educational Consultants (IEC) have broad experience in navigating the many aspects of the college admissions process. Some consultants offer comprehensive packages beginning sophomore and junior years as well as hourly work for specific pieces of the application process.

Good luck and enjoy the journey!

College 101 Admissions Consultants LLC. Website: www.my-college101.com. Email: tracy@mycollege101.com. Phone: (508) 380-3845.

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**RE-ELECT** 

# **SENATOR BECCA RAUSCH**

Reproductive rights are on your ballot. A vote for Becca is a vote for choice:



# RAUSCH



Championed legislation to protect patients and create a personal right to abortion care in Massachusetts



Passed policy and secured funding to **combat fake women's health centers** currently operating in Massachusetts



**Endorsed by Reproductive Equity Now** and **Planned Parenthood** Advocacy Fund of Massachusetts

## SHAWN DOOLEY



Repeatedly voted against Bay Staters' access to birth control and abortion care<sup>1</sup>



Quoted on the record saying he's "a pro-life guy"<sup>2</sup>



Earned 100% ratings from the antichoice group MA Citizens for Life (2020, 2014) and 0% ratings from NARAL Pro-Choice Massachusetts (2019) and Planned Parenthood (2017)<sup>3</sup>

1. MA House Roll Calls #278, 293, 294, 317, 374 (2020); 279 (2017); 440 (2014); State House News, "State Capitol Briefs – Friday, Nov. 3, 2017"

2. "Pro-Life State Rep Argues That Everyone Should Oppose Abortion Expansion Amendment". New Boston Post. 11/18/20

3. Vote Smart. Shawn Dooley (accessed 10/19/22)

VOTE FOR REPRODUCTIVE FREEDOM.

VOTE FOR BECCA ON OR BEFORE NOV 8.

Your Money, Your Independence

# When Markets Give You Lemons, Make Roth Conversion



**Glenn Brown** 

US equities markets are down considerably in 2022 with S&P 500 Index -23.9% and techladen Nasdaq -34.0% year-to-date through October 16 (YTD 10/16).

At least there's the US bond market to help protect. Oh wait... given rampant inflation, the Fed's blunt instrument of raising rates is making bond values fall. Thus, the US Aggregate Bond Index is down -15.8% YTD 10/16.

Put it all together, a basic

60/40 stock/bond index portfolio is -20.5% YTD 10/16.

What's one to do?

Go to cash until you die?

Well, inflation would be an issue. Consider the tales of lore from parents sharing how much they paid for their first house.

As painful as it has been, step back and view annualized returns of last 3-year period (10/17/19 to 10/16/22), S&P 500 Index is +8.25% and Nasdaq is +8.62%... in line with their 15-year and 25-year averages.

There are many aspects to successful financial planning, including being proactive to change, vetting all options for opportunity and giving yourself time to reflect prior to execution.

A year-end strategy to consider for turning lemons into lemonade is Roth Conversion.

Recall Roth Conversion is the taxable act of converting Traditional IRA assets into a Roth IRA. It increases your taxable income (MAGI) the year you convert and you should pay taxes with non-IRA funds. After age 59 ½ and owned for at least 5 years,

withdrawals are completely tax

An added bonus is Roth IRAs are not subject to Required Minimum Distributions (RMDs) nor are balances in Roth accounts a factor in determining RMDs for your tax deferred accounts. In short, you'll decrease your tax liablity for years in retirement.

Anyone, regardless of income levels, can convert to a Roth IRA. With portfolios down -20% (or more), market corrections provide an opportunity to convert IRA investments over to Roth, pay less in taxes (as values are depressed) and let the asset rebound inside the Roth over time.

There are complexities and variables, which many CFPs can help with projections, scenarios and provide recommendations beyond "should" or "should not". Proper planning allows you to estimate an appropriate amount to convert this year (and future years), project tax liability and compare scenarios of portfolio and net worth impact with assumptions.

Some considerations:

The pro-rata rule and taxes. When converting, the IRS considers all traditional IRA account balances combined and you must figure out the proportion of which is nondeductible contributions, then use this percentage to determine how much of your conversion will not be taxable. You can't choose to convert only after-tax money; the IRS won't allow it.

**Not all-or-nothing.** You can develop a plan to spread conversions over several years, even skip a year or two as needed pending MAGI levels and ability to pay taxes with non-IRA assets.

What's done is done. Given that tax law changes now prohibit conversion reversals ("recharacterization"), it is important to be measured, give yourself time to reflect and re-run the latest data before execution.

More to consider beyond this limited space, talk with your tax professional or Certified Financial Planner.

The opinions voiced in this material are for general information only and are not intended to provide specific advice or recommendations for any individual.

Glenn Brown is a Holliston resident and owner of PlanDynamic, LLC, www.PlanDynamic. com. Glenn is a fee-only Certified Financial Planner<sup>TM</sup> helping motivated people take control of their planning and investing, so they can balance kids, aging parents and financial independence.

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# **Celebrate the Holidays with FPAC Holiday Productions**

FPAC Holiday Productions will present two shows as part of its annual holiday season. December kicks off with the holiday classic: The Nutcracker, presented December 3 and 4 at the Franklin High School Auditorium. Experience all the festive magic and colorful splendor of The Nutcracker as FPAC stages its cherished annual production of the holiday classic with live

orchestra, special guest artists and more than 100 area dancers. *The Nutcracker* remains a highly anticipated and treasured part of the FPAC season - a popular holiday tradition for more than 20 years. The world-famous ballet, set to Tchaikovsky's beloved score, delights the imaginations of audiences young and old with a professional production at a reasonable price. The production



is staged by Cheryl Madeux of American Ballet Theatre, Hartford Ballet, and Joffrey Ballet. Madeux is currently director of BalletFranklin- the ballet conservatory at the Franklin School for the Performing Arts.

The FPAC Holiday Productions December season continues as 'Tis the Season! returns to entertain audiences with great merriment, fanfare, and fun.

An original large cast musical first presented by FPAC Holiday Productions in 1995, 'Tis is an upbeat, jazzy extravaganza featuring members of the Kenny Hadley Big Band, with contemporary arrangements of favorite holiday classics in musical styles ranging from R&B, gospel, and Motown to Rock, Pop, and Broadway. The production is directed by FPAC Artis-

tic DIrector Raye Lynn Mercer with Music Direction by Hallie Wetzell. It also features exciting choreography by Mercer, Kellie Stamp, and more.

FPAC Holiday Productions are presented at the Franklin High School Auditorium. For tickets and more information, visit www.FPAConline.com or call the box office at (508) 528-3370.

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# Kennedy-Donovan Center provides developmental services to more than 7,500 individuals and families in 150 communities in Massachusetts.

Kennedy-Donovan Center (KDC) provides help to children as they progress toward milestones, and adults as they find the most supportive, least restrictive ways to meet their goals, according to the KDC website www. kdc.org.

KDC was founded in 1969 by Luella Donovan, private duty nurse to the children of Joseph Patrick and Rose Kennedy. [See sidebar]

The stated mission of KDC is to empower and support people to realize their full potential. Their vision is to create "a world where every individual and family thrives, no matter the circumstances."

KDC delivers "life-changing outcomes" to people of all ages including children, adults, and families who experience developmental delays, disabilities, or challenges. KDC's "unique approach utilizes pioneering data-driven approaches, a wide breadth of family- and community-based services, and a passion for human empowerment."

KDC offers 15 different programs that support individuals and families of all ages, throughout the lifespan. The Family Services Division offers 5 programs: Intensive Foster Care (ages 0-22), Lives in Forward Transition AKA LIFT (ages 16-22), Independent Living (ages 0-18), Support & Stabilization (families of all ages) and Family Visitation Center (families of all ages).

KDC's Intensive Foster Care program provides support to children who are "in the custody of the Department of Children and Families. These children range in age from birth to 22 years. Historically, our Foster Care program served children with developmental disabilities, medical issues, or special needs of any kind. With the huge need for foster homes we have experienced recently, we now take referrals for all levels of function and care," says Adele Cabral, CFC Program Coordinator at

# **Business**

'Our Foster Care program works closely with each foster parent to match their abilities with the child's needs, and we help identify the age range they would be most comfortable fostering. We understand that fostering a child is an important decision to make. We come across people who are at different stages of wanting to become a foster parent, and we know it is critical to meet them where they are at. Some people may be just starting to skim the surface of the foster world and are not 100% sure they want to commit to caring for a foster child, and just some need information on what to expect. We do all we can at the beginning stages of assessing a potential foster parent to equip them with the information and tools they need to be ready and comfortable to move forward with fostering," says Ca-

KDC also offers more than 3,000 trainings to its clients.

To find out more about KDC and its services, ways to get involved, and ways to donate to its mission, visit www.kdc.org.

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"I love KDC's concept of teaching, as well as creating independence and confidence in our youth. They don't just help them with life skills to survive, they help them flourish."

- S. Jacobs, Foster Parent

# **Kennedy-Donovan Center**

The Kennedy-Donovan Center originated with the connection between Luella Hennessey Donovan and the family of Joseph Patrick and Rose Kennedy.

Luella joined the Kennedy family in 1936 as a private duty nurse and tended to the needs of the Kennedy children. Rosemary, the eldest daughter, had developmental disabilities and was institutionalized in 1941. When Rose confided to Luella that she wished her daughter could have attended a local school to remain with her family, Luella was inspired to embark on a new career. In 1969, after earning her degree in public health nursing from Boston College at the age of 59, Luella fulfilled her dream: she opened one of the first community-based educational and therapeutic programs for young children.

The program now known as the Kennedy-Donovan Center was launched with a three-year grant from the Joseph P. Kennedy Jr. Foundation. In gratitude, Luella named her program the Kennedy Center for Handicapped Children. The Center began serving four children in a borrowed space; Luella was their teacher, and she worked with a physical therapist to serve the children.

In 1987, when Luella retired, the agency was renamed the Kennedy-Donovan Center.

Source: www.kdc.org/our-history/

# Foster parents needed

Foster parents come from a wide range of backgrounds: single persons, married couples, LGBTQ, etc. All are welcome to apply as long as they have a spare bedroom and can provide a loving, nurturing home.

Foster parents indicate what age range they are comfortable with and KDC matches each child's needs to the abilities of the foster parent. KDC provides training to help foster parents better understand some of the challenges they face.

For more information, visit www.FosterWithKDC.org



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# Family-run Affordable Junk Removal takes the stress out of cleanups

By Christie Vogt Contributing Writer

Whether it's one old fridge in the garage or an entire home of unwanted goods, the team at Affordable Junk Removal offers a cost-efficient, stress-free approach to waste management. "You don't lift a finger," says owner Jason Schadler, who started the company along with his wife Christine in 2005.

The business offers same-day service for both residential and commercial clients across eastern and central Massachusetts and northern Rhode Island. In addition to junk removal, the company rents 15-yard dumpsters.

As a family-owned and operated company, Schadler says Affordable Junk Removal has lower overhead costs and is more accessible than national competitors. "I answer my phone 24 hours a day," he says. "I was on vacation in Italy and Portugal, and I was still answering my phone on the beach. When you call us, you get me — not an automated machine!"

Schadler says the company has an environmentally friendly approach to disposal in which it recycles items when possible, properly disposes of non-recyclables and resells many items at the Schadlers' secondhand store, Resellables. "We opened that store in Bellingham because we hated to see things thrown away," Schadler says. "We have four kids and sustainability is extremely important to us."

During the business's early days, Schadler provided junk removal on nights and weekends when he wasn't busy working at a machine shop. Eventually, the business grew into a full-time endeavor, and the Schadlers invested back into the company with new equipment and techniques. "When I first started,



for example, we didn't have any tarps. I'm driving around and things are flying out of my truck," Schadler laughs. "I'm like, 'Oh my god, I need a tarp."

Schadler says his wife Christine "was equally as involved" in getting the business off the ground. "She handled the backend while I did the heavy lifting, all while she was working at EMC," he says. "Fast forward 17 years, and we both work full time managing the company as well as other endeavors. Business is doing great; it has grown tremendously to a fleet of trucks and dumpsters, and we've also been able to buy a pizza place, The Corner Market in Holliston."

In addition to delivering an in-demand service to the community, Schadler is appreciative that Affordable Junk Removal has helped provide a work-life balance that suits his family. "It allows me to be able to do what I like doing and spend time with my kids," he says. "I'm home to see my babies play softball and do all that stuff. We are also able to give back to the communities we serve."

As for Franklin in particular, Schadler says they are proud to have many repeat customers and friends in the area. The Schadlers' oldest daughter lives in Franklin, and their kids attended softball camp and learned how to skate in town. Prior to starting

# Business sp⊗tlight

Affordable Junk Removal, Christine worked for years in Franklin as well.

One of the best parts of his job, Schadler says, is meeting and getting to know new people and developing relationships with returning customers. "We are really grateful for the repeat business and the chance to form connections with residents across the MetroWest area," he says.

To receive a free junk removal estimate, call (774) 287-1133 or visit affordablejunkremoval.com.

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Christine and Jason Schadler, shown here with their children and dog, started Affordable Junk Removal in 2005.

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# President's Own Marine Band Brass Quintet Performs at BHS for Students

By J.D. O'GARA

On Monday, October 17th, The President's Marine Band Brass Quintet performed at Bellingham High School for music students from Bellingham High, Bellingham Memorial School, Franklin High, Holliston Middle School, Holliston High school, Blackstone Millville Regional High School, and North Attleboro High school. The President's Own Marine Band is the premier military music ensemble, and they are currently on their Northeast Tour, something they do every five years.

Bellingham Music Teacher Marie Forte, aware of the band's tour, requested an educational concert through the band's website and reached out their education coordinator.

"The President's Own Marine Band is the elite musical organization of all the armed forces and ranks among the top musical ensembles in the USA and world. We wanted to provide the opportunity for our musicians to see and hear world class musicians right here in their hometown," said Forte. Many of students also planned to attend one of the three concerts the same week in the area- Rhode Island College, Providence, Mechanics Hall in



Worcester, or Symphony Hall in Boston.

Franklin music teacher and band director Leighanne Rudsit was pleased to bring her students to Bellingham for the concert. "It's just such an amazing opportunity for the kids to hear the elite players, and the fact the concert is free is a treasure," she said.

Franklin High School trombone player Elsa Robinson described the show as "really good. I really like the experience of seeing people who are the best on their instruments, because I'm also a brass player." Her fellow student, alto sax player Casey Hasselbaum, added, "It was inspirational and a great honor to see them and hear about their experiences."

For more information about The President's Own United

States Marine Band, visit

https://www.marineband.marines.mil.

"At Bellingham High School, our student musicians are in the middle of a chamber music curriculum unit, so this performance directly ties to our curriculum with a small chamber ensemble (quintet) performance, added Forte. "By the way, the public is invited to our BHS Prism Concert which is a concert of small chamber ensembles on Wednesday, November 9th at 7 p.m. in the BHS Auditorium. Admission is free and open to the public."

Franklin High also has a small chamber ensemble, with a concert coming up. The FHS Tri-M Music Honor Society will perform a chamber concert on November 15th, at Franklin High School (snow date 11/17).

## **Schmidt Farm Deal Moves Ahead**

By Alan Earls

Note: This article first appeared in and is used courtesy of The Franklin Observer, at https://franklinobserver.town.news.

For the second time in as many years, the town, armed largely with a robust new revenue stream from the local adoption of the Community Preservation Act, acted decisively this week to secure another large piece of land for the public. The Community Preservation Committee gave its nod on Tuesday and on Wednesday, the Town Council moved the plan forward.

Because the property was held by the Schmidt family under the Chapter 61A program, which offers a lower tax rate for open land and agricultural land, the town is granted a "right of first refusal" to purchase the property at "fair market value."

The town had a 120 day Right of First Refusal after a project has been permitted, which was the case with the Maple Hill property purchased last year. With the Schmidt Farm, the 120 days Right of First Refusal kicked in after the property has been declared for a change of use and properly appraised through a statutory process.



Based on a theoretical build out of several dozen homes, the town has voted to secure the 100 plus acres of rolling fields and forested area at an expected price of \$3.8 million, with a 20-year borrowing using Community Preservation funds. Town Manager Jamie Hellen stressed that the purchase will have no impact on the Town's operating budget. Annual debt and Interest payment are estimated to be about \$361,000 per year, assuming a 4.5% interest rate.

The Schmidt family will retain about two acres near the sharp bend in Prospect Street that is the primary entrance to the property. Hellen suggested additional possible access points to the property could potentially be developed from Bald Hill Drive and Nicholas Drive, but both would require negotiations with private land owners. Hellen also said the town would likely demolish the existing home (subject to approval by the Historical Commission) and retain the barn.



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# The b.LUXE **beauty beat**

# **Hitting Our Stride**

By GINA WOELFEL

Hello! It's good to be back! As you may have noticed, The Beauty Beat took a brief hiatus to focus and fine tune a few projects we had in the works, but we're back and we can't wait to share what we've been working on!

Let me catch you up...

The past two years have been a whirlwind for the studio, but we've finally settled into our new space and we're hitting our stride! When we decided to expand b.LUXE, we did so with our clients' comfort in mind. We wanted to create a space that was not only beautiful, but functional and we're happy to say that we achieved both! The studio is open and airy with plenty of natural light and is the perfect setting for our creative team. The new, larger studio has also allowed us to add a beautiful skincare department with luxurious spa treatments, tanning and lash services. We love that this renovation has made the b.LUXE experience all the more enjoyable!

In addition to our new space, we've also expanded our team! We're thrilled to welcome some new faces to the b.LUXE family. We're constantly striving to offer the most current beauty services at b.LUXE and our new talent is a big part of achieving that goal!

2022 was also a HUGE year with the OFFICIAL launch of our b.LUXE BEAUTY BRANDS. Our first product, BEFORE Oil, was previewed last year before its final packaging to rave reviews! b.LUXE BEFORE OIL is a preventative, pre-shampoo, treatment that's designed to be your first line of defense against hair damage. It's made with organic sunflower and prickly pear oil and our powerhouse ingredient - broccoli seed oil, an essential element that protects like nothing you've ever used before!

Our BEFORE Oil is featured in this year's holiday gift offer.

## The b.LUXE Holiday Hygge Box

Hygge (hoo-ga) is a Danish concept that can be described as "a feeling of comfort, togetherness, and wellness." This time of year, we could all use a little extra Hygge in our lives! The

b.LUXE Holiday Hygge box was designed with self-care and comfort in mind. It's the perfect gift for anyone on your list who could use a little "me-time" this holiday season.

The Holiday Hygge box includes our luxurious and rejuvenating BEFORE Oil, a super absorbent, eco-friendly hair wrap made from natural bamboo and organic cotton, a scalp massaging brush and a wide-toothed, static-free comb.

Best of all, it can be shipped directly to your loved ones - no need to brave the crowds at the mall! Give the gift of Hygge this holiday!

By year's end, we'll also be introducing two new products to our beauty brand:

- BEFORE BODY, a twopart, intensely nourishing oil/mist duo that drenches the skin with powerful, curative hydration.
- BEFORE FACE, a highresult skin serum packed with 2% Bakuchiol - a plantbased retinol alternative — this ingredient delivers similar benefits as dermatologist-revered Retinol that reduces the visible signs of aging. We've filled our new BEFORE products with only the most targeted and essential ingredients to make you look and feel your very best. We've been lucky enough to be using these new products ourselves for the past couple of months and we can't wait for you to try them, too! Full reveal in next month's Holiday Beauty Beat.

And for the holiday gift-giving season we have three special offers for you!

They're available for purchase November 1st in-studio or on our website under our "Monthly Specials" tab (Scan the QR code for full details)

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scan for more info

Finish your holiday shopping early and from the comfort of your own home! And grab a gift for yourself with our Buy 3 Get 1 FREE offer! It only happens once a year!

We hope that this holiday season is filled with all things "Hygge" for you. For some, that might be all about spending time with family and friends, for others it could be curling up by the fire with a good book or taking a relaxing bath. The important thing is that you find what makes you feel comfortable and content and do more of those things this holiday season.

We'll see you soon at the studio!
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# Living Healthy

# **Eyelid Margin Disease**

By: Roger M. Kaldawy, M.D. Milford Franklin Eye Center

Eyelid margin disease including blepharitis occurs when the eyelids become coated with oily particles and bacteria near the base of the eyelashes. This condition is very common and unfortunately, is often misdiagnosed by many eye professionals as allergy, which it is not.

With eyelid margin disease the eyelids are inflamed. Symptoms include: Eye and eyelid irritation, a film in the eye, itchiness of the eye, redness of the eye and a burning sensation.

This condition frequently occurs in people who have a tendency toward oily skin, dandruff or dry eyes. With blepharitis, both the upper and lower eyelids become coated with oily particles and bacteria near the base of the eyelashes. It may cause irritation, itchiness, redness, and stinging or burning of the eye.

#### What causes blepharitis?

Everyone has bacteria on the surface of their skin, but sometimes bacteria thrive in the skin at the base of the eyelashes. Large amounts of bacteria around the eyelashes can cause dandruff-like scales and particles to form along the lashes and eyelid margins.

Blepharitis is also associated with meibomianitis— a dysfunction and inflammation of the nearby oil glands of the eyelids (called meibomian glands). Blepharitis is also common in association with a skin disorder called rosacea. In this case, we call the eyelid problem "ocular rosacea".

#### What is ocular rosacea?

People who have acne rosacea, a common skin condition causing pimple-like bumps and facial redness may suffer from ocular rosacea. This can affect the eyelids with redness and swelling. If you have ocular rosacea, reduce alcohol, caffeine and chocolate in your diet. Omega-3 fatty acids (fish oil and flaxseed oil) are also helpful. Doxycycline or similar derivatives can help improve the dysfunctional oil glands as well as both facial and eye symptoms. Reducing stress and better sleep are critical in controlling the symptoms.

#### What is demodex blepharitis?

Some people with oily (seborrheic) skin, and more so those who have a weakened immune system can have microscopic mites (demodex folliculorum) and their waste materials cause clogging of follicles at roots of eyelashes, and in some cases might be associated with development of skin conditions such as rosacea and blepharitis. Another version of these mites (de-



modex brevis) can be found more generally in oil glands of the skin and eyelids, which also may contribute to blepharitis symptoms. While presence of these tiny mites is common in everyone, researchers speculate that some people develop demodex blepharitis due to unusual allergic or immune system reactions leading to inflammation.

#### What if I get a stye?

A stye develops from an eyelash follicle or an eyelid oil gland that becomes clogged from excess oil, debris or bacteria. Styes can be a complication of blepharitis. If you have a stye, treat it like you treat blepharitis, and if not better within two weeks, see your ophthalmologist.

## How is blepharitis treated?

Blepharitis is often a chronic condition, but it can be controlled with the following treatment:

Warm compresses. Wet a clean washcloth with warm water, wring it out and place it over your closed eyelids for at least one minute. Repeat two or three times, rewetting the washcloth as it cools. This will loosen scales and debris around your eyelashes. It also helps dilute oil secretions from nearby oil glands, preventing the development of a chalazion (stye)-an enlarged lump caused by clogged oil secretions in the eyelid.

Eyelid scrubs. Using a clean washcloth, cotton swab or commercial lint-free pad soaked in warm water and few drops of baby shampoo, gently scrub the base of your eyelashes for about 15 seconds per eyelid.

Antibiotic ointment. Your ophthalmologist may prescribe

an antibiotic ointment. Using a clean fingertip or cotton swab, gently apply a small amount at the base of the eyelashes before bedtime.

Artificial tears or steroid eye drops may also be prescribed temporarily to relieve dry eye or inflammation.

Specific treatment of demodex blephari-

tis: A commercial eyelid scrub combined with tea tree oil may be effective for treating this type of blepharitis. Shampooing with a product containing a tea tree extract is also helpful. This is available as Tea Tree Shampoo. The target here is to reduce the population of the mite (demodex). Washing sheets and pillow cases in hot water and drying with the "high" dryer setting is helpful. Avoid makeup for at least 1 week and discard all old makeup. Other reported treatments of demodex blepharitis include sulfur oil and steroids. An anti-parasitic gel (metronidazole) also has shown effectiveness as a treatment. Hypochlorus acid which is available commercially as a spray is also a helpful cleaning solution to kill demodex and tends to be less irritating then tea tree oil.

Eyelid margin disease is very common...With a full-time external disease specialist on staff, 4 locations including a surgery center in Milford, our eye centers offer state-of-the art equipment to diagnose and treat eve problems, including blepharitis. We have published research papers and lectured to other physicians on the subject. We are now a referral center for difficult cases of ocular surface, lid disease, blepharitis and ocular rosacea. With our expanding practice of 8 providers we can help you manage this problem and continue our mission to provide world class eye care for the entire family.

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# Living Healthy

# Franklin Food Pantry is Honored by **Community, Honors Volunteers**

The Franklin Food Pantry is pleased to announce that it has been honored with the 2022 MyFM Quest for the Best Gold Award for Best Place to Volunteer! The 2022 MyFM Quest for the Best highlights the very finest organizations that the area has to offer – from burgers and pizza to nonprofits and building contractors. It's an opportunity for owners, employees, customers and fans throughout the community to let their voices be heard. And the people spoke up in a big way, with over 1,300 nominations received across 250 categories this year. More than 450,000 votes were cast

The Pantry celebrated amazing contributions of its award-winning volunteers at the Volunteer Recognition Luncheon on Wednesday, September 28 at the Mount Street Farm in Franklin. Special attendees included Representative Jeff Roy and Town Administrator Jamie Hellen.

The Pantry bestowed its 2021 President's Volunteer Service Award to three volunteers who served over 500 hours, one volunteer who served over 300 hours, and seven volunteers who

served over 100 hours. This prestigious award was founded in 2003 by the President's Council on Service and Civic Participation to honor individuals whose service positively impacts communities in every corner of the nation and inspires those around them to take action, too. Led by AmeriCorps and managed in partnership with Points of Light, this program allows Certifying Organizations to recognize their most exceptional volunteers.

Tina Powderly said, "We are so grateful that the community recognized the dedication and passion of The Pantry's volunteers with the Quest for the Best Gold Award! The Pantry simply could not serve all of the families that shop with us each week without the hard work and commitment of each one of our 125 volunteers. We can't think of a better reason to celebrate them this year!"

Tom McAuliffe II, President & CEO of MyFM Media, said, "This contest is a celebration of the local businesses that have endured, innovated and found new and better ways to serve their customers. Small businesses in particular play a critical role in the community, and the pandemic presented extraordinary challenges for many."

Congratulations to our 2022 award winners:

#### Gold

Community Gardens Jen Kuse Molly Kilburn

#### **Silver**

Diane Daddario

#### **Bronze**

Mary Anne Dean Suzanne Gendreau Chris Kilburn Donna O'Neill Kym Pruitt Jim Roche Dave Strittmatter



The Franklin Food Pantry was honored by MYFM 103.3 with the Best Gold Award for Best Place to Volunteer, On Sept. 28th, the organization honored its volunteers with a luncheon at Mount Street Farm, Shown, from Franklin Food Pantry are, from left, Kayla Sines, Volunteer Coordinator, Chris Kilburn, Board Chair, Tina Powderly, Executive Director

To join this wonderful volun- Pantry Volunteer Coordinator, at teer cadre, contact Kayla Sines,

ksines@franklinfoodpantry.org.



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# Franklin 5K Turkey Trot Tradition Continues!

## 11th Annual Family Fun Run **Benefits Franklin Food Pantry**

The Franklin Food Pantry is pleased to announce that the annual Franklin Turkey Trot is back for its 11th year! The race will take place on Thanksgiving, November 24, 2022, at 8 a.m. and for the first time post-COVID, breakfast will be provided for all participants! In addition, all registered runners will be automatically entered in the Turkey Trot Raffle for a chance to win terrific prizes from local businesses! The 5K starts at 91 Jordan Road, Franklin, MA and follows a lollipop route in a local neighborhood.

The \$25 registration fee goes directly to the Franklin Food Pantry, keeping donations local to help feed those in need. Participants can register online here at https://raceroster.com/ events/2022/61499/franklinturkey-trot-5k.

The Pantry will not be able to accept food donations instead of the fee. Runners can also purchase a t-shirt directly from the

registration page to comtheir experi-



a wonderful tradition in our community, and we are incredibly grateful that through this event, we can continue to meet our neighbor's needs for food, services and programs. As we navigate a post-COVID world, we will extend our hybrid distribution model, offering both inperson and curbside distribution. We are also expanding our home delivery and mobile pantries to reach those who cannot come to us," said Tina Powderly, Executive Director of the Franklin Food Pantry. "Last year we raised an incredible \$35,000! With food prices increasing nationally by 13.1% and locally by 10.9% this year, it's more expensive than ever to serve our neighbors in need. Funds from events like the Turkey Trot are critical to our



DiMarino & 2021 **Turkey Trot** 

mission to provide hunger relief and vital services to our community."

There is still time to become a sponsor! There are several opportunities for local businesses to sponsor the race. Funds received from sponsorships are used to cover costs associated with the event, including the race registration company, timing technology, insurance, and security details. Funds raised above our expenses go directly to support the Franklin Food Pantry. Interested sponsors should contact Marsha Tait at mtait@franklinfoodpantry.org.

Thank you to our current 2022 sponsors (as of 10/11/22)!

Platinum: Middlesex Bank, MvFm Media

Gold: Capstan Atlantic/Leslie Doughty, Paul A. Longobardi & Son's Trucking, Emmons St LLC

Silver: Franklin Matters, Simons, Vendetti Motors, Alisa Hansen, DRR Contracting, Eagle Stainless Tube, Mike & Maureen Sabolinski, The Morandi Family, Nutrify Performance Nutrition for Women, LLC.

"I'd also like to thank our Turkey Trot Chair, Erin Campbell. We are fortunate to have an incredibly hard-working group of dedicated volunteers, led by Erin, to bring this event to life," said Powderly. "Erin also works tirelessly to secure local businesses to cover the associated costs. The Turkey Trot is an amazing amount of work, and we could not hold this incredible community tradition without Erin's leadership."

"This event has been a tradition in my community for many

years and I'm really excited to be a part of making it happen this year! I'm thrilled that breakfast is back and I'm so happy to be able to thank our runners with a free raffle! I'm looking forward to a terrific day and raising funds that will truly help our neighbors in need," said Erin Campbell, Turkey Trot Chair.

About the Franklin Food Pan-

The Franklin Food Pantry offers supplemental food assistance and household necessities to more than 1,100 individuals per year. The Franklin Food Pantry is not funded by the Town of Franklin. As a private, nonprofit organization, we depend on donations from individuals, corporations, foundations and other strategic partners. Other programs include home delivery, Weekend Backpack Program for Franklin school children in need, mobile pantry, emergency food bags and holiday meal packages. The Pantry is located at 43 W. Central St. in Franklin on Route 140 across from the Franklin Fire Station. Visit www.franklinfoodpantry.org for more information.

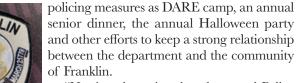


# Sales of Ben Franklin Patch to Benefit Franklin

By Judith Dorato O'Gara

Did you know that you can purchase of patch of the Franklin Police Department's own resident golden retriever? The town's beloved "Ben Franklin" has been immortalized in a patch, the sales of which benefit the Franklin Police Patrol Union.

"Basically, the patrol union has done a lot over the years. We do various different types of fundraising and 100% of that money would go back into our community," says Franklin Police Officer Paul Guarino. Sales of the Ben Franklin patch are earmarked for such community



"Not just the union, but the actual Police Department is selling those patches," says Guarino. Those looking for patches can get in touch with the Community Service Unit or

look for us at various town events. "Our Instagram is a good place," says Guarino. "We'll promote new patches and seasonal patches, including breast cancer awareness, autism awareness to represent all kids"

# Sardella to Lecture at Franklin Historical Museum

Our Second Sunday Speaker Series features the return on Dennis Sardella, from the Museum of Russian Icons in Clinton, Mass. Dennis has been a docent at the Museum of Russian Icons since 2012, where he leads gallery tours and introduces visitors to the world of Russian icons. He also writes and speaks regularly to area groups on the topics of religious icons



and the role they play in Eastern Christian spirituality.

Sardella was a professor at Boston College from 1967 until 2012. In 1990, he became the founding director of the Boston College Presidential Scholars Program, which he directed until his retirement in 2010. For 17 years, he and his wife led groups of Boston College Presidential Scholars on

month-long study trips to France, and they have continued to travel extensively throughout Western Europe.

Dennis' presentation will introduce you to a selection of the Museum's collection of icons, and explaining their history, how they are created, how to understand them, and the role they play in Eastern Christian spirituality.

Join us Sunday, November 13 at 1 p.m. The Second Sunday Speaker Series is supported by the Friends of the Franklin Historical Museum. Admission is always free.

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The Franklin Performing Arts Company (FPAC) will continue their exciting 2022-23 season with the stage adaptation of *The Curious Incident of the Dog in the Night-Time* running November 18-20 at THE BLACK BOX.

15-year-old Christopher has an extraordinary brain: He is exceptional at mathematics but ill-equipped to interpret everyday life. He has never ventured alone beyond the end of his road, he detests being touched, and he distrusts strangers. Now, it is 7 minutes after midnight, and Christopher stands beside his neighbor's dead dog, Wellington, who has been speared with a garden fork. Finding himself under suspicion, Christopher is determined to solve the mystery of who murdered Wellington, and he carefully records each fact of the crime. But his detective work, forbidden by his father, takes him on a thrilling journey that upturns his world.

Winner of the 2015 Tony Award for Best Play, this adaptation by Simon Stephens of Mark Haddon's popular novel will be directed for the FPAC stage by Nick Paone. A former Equity



actor, Paone performed with and directed for FPAC extensively, including starring roles in Sweeney Todd, The Sound of Music, The Music Man, Mary Poppins, and so many more. He is the creative mind behind and star of FPAC Holiday Productions favorite Humbug!. Paone has been on the drama faculty at the Franklin School for the Performing Arts and an actor and director at FPAC since 2001.

The Franklin Performing Arts Company at THE BLACK BOX is a professional Equity theater producing musicals, plays, and more, featuring Broadway stars, professional and regional performers, and emerging artists.

For tickets and more information, visit THEBLACKBOXonline.com or call the box office at (508) 528-3370.

# Veterans' Day Luncheon Scheduled

A Veterans' Day luncheon will be held at the Franklin Elks Lodge at 1077 Pond Street, Franklin on Friday, November 11, 2022 at 11 a.m. Please contact the Franklin Veterans' Services Office at: (508) 613-1315 to make reservations. Thank you to the Elks membership for sponsoring this event.



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# Franklin Art Association to Feature Watercolor Artist Aissis Nov. 2



Jerry Aissis will be the Franklin Art Association Demo Artist at the Nov 2, 2022, 6:30 p.m. monthly meeting at the Franklin Senior Center. The Public is invited to attend.

Jerry didn't start his journey into the world of watercolor until he retired from 33 years of teaching. He got hooked taking workshops at the Rhode Island Watercolor Society where he met many wonderful people, interacting with their ideas and advice.

"I truly believe that to learn to paint, to learn to grow and develop as an artist, you must surround yourself with people who share that same love and desire." Artist Al Albrekston's influence helped Jerry develop his style and technique.

Jerry enjoys painting landscapes and seascapes in a loose approach, avoiding too much detail. Bright, bold colors are his passion, and warm colors dominate his paintings. "There is inspiration all around you. Never stop looking. Never stop painting."

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#### PAID POLITICAL ADVERTISEMENT

My name is Charles Bailey and for those of you who don't know me, I am a US Army Infantry Veteran, Retired Franklin Firefighter/Paramedic, Educator and Hockey Coach. I am also the proud father of two amazing young adults.

I chose to run for State Rep due to the threat of a one-party rule with so many democrats running unopposed. All my past experiences have prepared me for this opportunity, and I welcome the challenges that lie ahead if elected.



Utilizing all our fuel sources to become energy independent is important. I believe we should consider all that is available including solar and wind. However, my opponents share the same vision as our national leadership in that they want us to spend beyond what we can sustain to convert completely in an un-realistic time frame. This will cause further hardship for the people and their ability to heat their homes heading into the winter.

If YOU elect me as your State Rep, I will help to ensure safe communities for Franklin & Medway with a focus on Public Health, Public Safety, Veteran's Affairs, and the Elderly.

I am Charles Bailey, and I am of the people for the people, not above. I have spent a lifetime serving my country, community, and family. I have been in many of your homes and cared for your loved ones in their time of need. I care about the things that you care about and not furthering anyone else's political agenda. I am committed to representing YOU on Beacon Hill for two years, not my own political aspirations. Can my opponents commit to the same?

I am asking for your VOTE so that I can represent YOU on Beacon Hill...thank you Charles Bailey

Paid for by Committee to Elect Charles Bailey

# **SAFE Coalition Moves Back to Franklin**

By J.D. O'GARA

The SAFE Coalition, an organization educating and supporting those affected by substance use disorder and mental health concerns across southeastern Massachusetts, moved back to Franklin last month. The organization, which had found a home in Norfolk for the past couple of years, has expanded and settled into a new space at Moseley Mills, 31 Hayward Street, Frank-

"We're moving because we have opened up a family recovery center in addition to our offices,' says SAFE Coalition President Jennifer Knight-Levine. The move not only allowed the group

more space, but the new space allows for specific styles of support in their own areas, says Knight-Levine.

"There is a living room-style family support center for integrated support groups, there is a vaping education space, there is a teen after-school activity space, and private clinical meeting rooms," says Knight-Levine, adding, "Last year, we received a grant to open up a family recovery center. We had been looking for a spot locally that felt warm and healing, and once we came to the Moseley Mills and saw the space, we knew that it was time to move." The new space allows for the both the program and the family recovery center all under

"We are really excited," says Knight-Levine. "It will allow us to increase the amount of teens we can meet with weekly and provide social-emotional education related to mental health and substance abuse."

At press time, furniture for the space had been back ordered, with Only Prettier Design tasked with creating a warm, inviting space, but Knight-Levine assured Local Town Pages that, despite appearances, the SAFE Coalition was still continuing its work. The organization runs several support groups for those influenced by substance use disorder and mental health struggles, among them Unconditional Love, a peer recovery program for those struggling with substance abuse, Road

to Recovery and Learn 2 Cope, for parents and family members of those who struggle with SAD, Grandparents Raising Grandchildren, and an Adult Sibling Support Group. The group also works with a number of school systems, police, and fire as well as the District Attorney's Office and Sheriff Departments to help provide educational programs and support services to those struggling with substance abuse and mental health issues.

Last month, the SAFE Coalition received a \$300,000 grant from The Bingham Trust.

They have provided us with \$150,000 this year and (will provide) \$150,000 next year," says Knight-Levine. Those funds will allow SAFE to post the vaping diversion program many schools



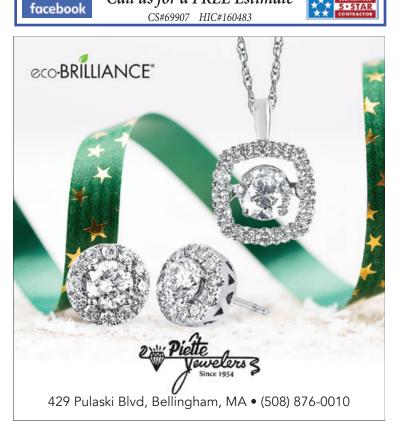
use as a suspension alternative. The Vaping Diversion program will begin the first week of November. Anyone interested can reach out to info@safecoalitionma.org.

For more information about the SAFE Coalition, visit www.safecoalitionma.org or find the group on Facebook. If you need help, call the hotline at (508) 488-8105.



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# **Christmas Food Drive December 10-11, 2022**

The Knights of Columbus (Sacred Heart Council, Franklin MA) is holding our annual Christmas Fundraiser at St. Mary Church in Franklin, Mass. for those who are in need. All proceeds will benefit the Society of St. Vincent de Paul. The Knights will have a table set up outside the church after Mass on Saturday, December 10th and Sunday, December 11th. They will be selling Stop & Shop gift cards (5% of sale benefits St. Vincent).

In recognition of significant need, we are also suggesting a second way you can share your generosity: by donating one or more of the gift cards you purchased (100% of donated cards benefit St.

Vincent). Simply drop a purchased gift card into the Donation Box.

ONLINE GIVING OPTION: If people would prefer to contribute online, please visit our Website https://kofc1847.org/food-card-drive-donations. Online orders will accept Credit Cards. On the website there will be a link(s) to Donate Food Cards - Christmas Food Card Drive. (Please note that the website will accept donations for this food card drive from November 15th until December 15th.)

We thank you in advance for your continued compassion and charity for those less fortunate.

# **Did Someone Say..."Discounted Compost Bins"?**

Waste Division is offering a limited amount of discounted is supported by a grant awarded

The Town of Franklin Solid residential compost bins to the residents of Franklin. This offer through the Massachusetts Department of Environmental Protection Sustainable Materials Recovery Program.

Reach out to the Environmental Affairs Coordinator Derek Adams at dadams@franklinma. gov for more information. First come, first serve!



# **Light Up Franklin 2022!**

#### Saturday, December 31, Beginning at 6 p.m.

On Saturday, December 31st let's transform our town into a beautiful winter community! Come together and join us in celebrating this New Year's Eve by lining our neighborhoods with candle luminaries! Proceeds from the sale of luminaries will benefit BSA Troop 126 and the Franklin Food Pantry.

## **BSA Troop 126 Luminary** Kits - Order Your Kit by

Each \$12 Kit contains sup-

**FOOD** 

10 white bags, 10 votive candles, sand, and instructions #LightUpFranklin

#### 2 Ways to Participate & **Order Your Luminary Kits**

- 1. Use **QR code**
- 2. Fill out the attached form and mail or drop off to: BSA Troop 126 c/o Iris Park, 100 Beech St, Franklin, MA 02038, Checks payable to: BSA Troop

Pick Up Dates & Times at the Franklin Historical Museum, 80 West Central St, Franklin





Sunday, December 18th 2 p.m.-4 p.m. & Wednesday, December 28th 1 p.m.-3 p.m.

Questions? Email Troop-126fundraising@gmail.com --Thank you for your support!

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BSA Troop 126 Luminary Kits (Circle Choice)

Pick Up\*

# **Christmas Fair** Returns to St John's **Episcopal Church**

Load up the family on Saturday, December 3rd from 9am - 3:30 p.m. for baked goods, a cookie walk, children's activities, refreshments, a silent auction, raffle items, and fresh wreaths. Fun for all ages!

St John's Episcopal Church, 237 Pleasant Street, Franklin

For more information: Call (508) 528-2387, email: Admin@ StJohnsFranklinMA.org, Like us on Facebook and Twitter, or see our website at www.stjohnsfranklinma.org.

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Also, our detergents are biodegradable, meaning they won't sit around for months, years, or decades and contaminate the water supply. They're also hypoallergenic, so not only will your clothes look their best and feel their best, they won't give you any bad

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# Give the Gift of Franklin History this Year

If you're looking for a unique gift with a Franklin theme, visit the Franklin Historical Museum Gift Shop. You'll find a selection of mugs, pillows, maps, note cards and more. This year's Christmas Ornament features the Ladybug, a nod to Kennedy School's effort to establish the Ladybug as our state insect.

The gift shop is run by the Friends of the Franklin Historical Museum, the fundraising arm of the museum. Proceeds of sales at the gift shop help support museum programs such as the Second Sunday Speaker Series, Ben Franklin's Birthday, the Town Birthday celebration, Horace Mann's Birthday and other events and programs at the museum. Your purchase will provide you with a lovely gift and a good feeling of supporting your hometown history.

The gift shop is open during regular museum hours, Saturday mornings 10 a.m.- 1 p.m. and Sunday afternoons 1 – 4 p.m.. Come in and find your history.







# Do You Know Any Teens Passionate about Fighting Climate Change?

Several faith communities are joining together to form an Interfaith/ Inter-town (Franklin & No Attleboro) group of youth to learn, teach, lead and act to save our planet. You don't have to be a member of any faith community to be involved.

The first meeting will be on Sunday, December 4th at 7 p.m. at St John's to gauge interest and plan our actions. Pizza provided. Please spread the word and bring your friends.

St John's Episcopal Church, 237 Pleasant Street, Franklin

For more information: Call (508) 528-2387, Email Rector@ StJohnsFranklinMA.org, Like us on Facebook and Twitter, or visit www.stjohnsfranklinma.org.

# **BFCCPS Accepting Applications**

The Benjamin Franklin Classical Charter Public School (BFCCPS), located in Franklin, Massachusetts, will begin accepting applications for the upcoming 2022-2024 school year on November 1, 2022. BFCCPS is a regional public charter school for students in Kindergarten through Grade Eight. Founded in 1995, BFCCPS is one of the oldest and most successful charter schools in the state of Massachusetts.

Siblings of currently enrolled students will have priority enrollment status; thereafter applicants from communities in the school's district will have a chance at securing a spot for their child through the annual enrollment lottery to be held on March 1, 2023. Applicants from outside of the region (who reside within

the state of Massachusetts) will be eligible for enrollment should additional spaces remain after all sibling and regional applicants have been placed.

For the 2023-2024 school year 96 spaces will be offered for Kindergarten and students at all other grade levels will receive a waiting list number. Offers for Grades One through Eight would be contingent upon currently enrolled students electing not to return next year.

The school provides a well-rounded, rigorous academic program designed to educate the whole child providing courses in art, music, languages, technology, and physical education. The school's integrated character education, community service, and strong parent partnerships, have led to local, state and national

recognition. BFCCPS alumni continue to excel during their attendance at local public high schools as well as independent high schools.

Please visit https://www.bfc-cps.org/ for enrollment details, including applications. Dates for enrollment information sessions and building tours will be added in the weeks ahead. Please note that the enrollment period will come to a close on February 17, 2023 at 4 p.m.

If you'd like to learn more about the educational mission of the school or have enrollment related questions please contact the school's Communication Coordinator, Joanne Basile at jbasile@bfccps.org or (508) 541-3434 x 104.

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## **First Universalist Welcomes Interim Minister**

There is celebration happening at First Universalist Society in Franklin at 262 Chestnut Street. The congregation has a new Interim Minister, the Reverend Beverly Waring, an experienced Unitarian Universalist minister who specializes in helping congregations navigate the time between longer term settled ministers. Rev. Waring comes to Franklin after serving six other congregations in Massachusetts and New York.

"I am delighted to serve the Franklin congregation," says Rev. Bev, "such a vibrant, involved and diverse mixture of children, youth and adults of all ages. I want to encourage people not to wait until a new settled minister is called to come and learn all we have to offer. This



two-year interim period is an exciting time to be part of envisioning our future, participating in opportunities for spiritual exploration and growth, and sharing your ideas about the search for the next minister."

The First Universalist Society in Franklin is a growing congregation with a long history in the Franklin area, tracing their roots to 1856. Continues Rev. Bey, "As with many Unitarian Universalist congregations, we are diverse in faith, ethnicity, sexual orientation, gender identity, and cultural and religious backgrounds, but aligned in the desire to make a difference through our track record of standing on the side of love, justice, and peace."

To find out more about this progressive liberal congregation, go to www.fusf.org, call the office at (508) 528-5348, or visit on any Sunday at 10 a.m. for adult worship and children's religious education. You may be surprised to learn that you already share the values and goals of this faith community.

# Sports

# **FHS Field Hockey Team Has Some Unfinished Business**

## **Panthers Aiming for State Crown**

By KEN HAMWEY, Staff Sports Writer

Michelle Hess and her Franklin High field hockey team would like to take care of some unfinished business.

Last year's Panthers had all the ingredients to win a state championship, but they fell one game short of playing for the Division 1 crown. They finished their season at 20-2 overall, losing to Andover in the state semifinals.

That 2021 squad was dynamic. It went 17-1 in the regular season and 16-0 in the Hockomock League. The Panthers won the school's first sectional crown and its advance in the playoffs was the deepest in the program's history. They won the Hockomock title for the third straight year and set records by scoring 124 goals and yielding only 14 in 22 games. And, they ended their league season on a 45-game unbeaten streak. At Local Town Pages deadline, the streak reached 58.

The Panthers again are in championship mode, eager to roll up their sleeves and take care of what eluded them last fall.

Hess' squad was 12-0-1 after 13 games, well on its way to a high seed in the tourney.

"Our first goal at the start of the season was to repeat as Kelley-Rex Division champs for the fourth straight year," she said. "Our second goal was to return to the state semifinal game, advance to the final and win the championship. Those objectives are realistic because we've got experience."

Franklin has eight seniors, three juniors, six sophomore and two freshmen and the players have a plethora of team strengths.

"The girls have a high field hockey IQ, they're well-skilled, our experience and depth are good, and we've got speed and quickness," said Hess who's in her 20th year as head coach. "We've got perseverance and two other key ingredients — we're mentally tough and resilient."

Three freshmen started at key positions last year, and as Hess

says, "They got a taste of success."

Two vital roles for the Panthers are the captains — seniors Shaw Downing and Kaitlyn Carney (20 goals, 18 assists for 38 points in 13 games).

"Kaitlyn is a four-year starter at center forward, a Hockomock League all-star last year who scored 37 goals and had 18 assists for 55 points," Hess noted. "An all-around player, she's one of the most talented kids I've coached. She's the whole package — a high field hockey IQ, speed and quickness, mental toughness, aggressive and strong stick skills. She'll be playing lacrosse at James Madison University next year.

"Shaw is a two-year veteran who was a league all-star last year. She scored 20 goals and had 9 assists for 29 points. A nose for the goal, she's adept at finishing off deflections. A quality team player, she's got speed, quickness and good stick skills."

Other top-notch seniors include forwards Peyten Crandall and Ella Aldred. "Peyten is aggressive, fast and quick to the ball. Relying on a strong shot, she scored 10 goals and had six assists last year. Ella has good field awareness and also is strong at deflecting the ball towards the goal."

The rest of the seniors are very capable, including Sydney Rogan at left wing, Kaeley Dubriske at midfield, Delaney Hess (coach's daughter) at fullback/sweeper and Megan Sullivan in goal.

"Sydney is very fast, has good instincts and is strong on tipins," Hess said. "Kaeley is solid in transition. She's strong on defense and able to recover quickly. She's a fine passer who's got great endurance. Delaney is strong on defense, clears well and is a good tackler. She's patient in assessing what offenses will do. Megan had a 0.44 goals-against average last year in 13 games. She's got a high field hockey IQ, good instincts, anticipates well and cuts the angles down effectively."

Franklin's three juniors are midfielders Sophia Cuneo and Brooke Taylor, and Lindsay Den-



Coach Michelle Hess with Franklin High's captains — Shaw Downing, left, and Kaitlyn Carney.

nett at fullback.

"Sophia is very fast, thanks to her experience on the track team," Hess said. "An offensive midfielder, she's got good endurance and provides support for the forward line. Brooke was on the jayvees last year. She's got speed, is capable in transition and has the potential to be an impact player. Lindsay is tenacious, aggressive, smart and consistent. She does a good job at slowing down the offensive attack."

Three sophomores who started last year are forward Haley Wernig, center midfielder Emily Carney, and sweeper Ella Mahoney. After 13 games, Wernig had 19 goals and 4 assists for 23 points)

"Haley is very competitive, highly skilled, has a nose for the goal, and is quick on the wing," Hess noted. "An accurate shooter, she had 16 goals and 6 assists last year for 22 points. Emily is an all-around player who can score and defend. She's outstanding in transition, a good passer, has a high field hockey IQ and supports the front line. She had 6 goals and 12 assists last year for 18 points. Ella is an intelligent player, a solid defender and a very effective communicator. Her clears out of the circle are very impressive."

The other sophs are forward Raena Crandall, fullback Ella Griffin and goalie Chloe Strassner.

"Raena had 9 goals and 4 assists last year," Hess recalled. "She's fast, skilled, aggressive and quick to the ball. Ella is fast and quick, has a high field hockey IQ and distributes the ball well. Chloe got some playing time in goal at the end of last year. She's developing into a top-notch goalie."



The 2022 Franklin High girls field hockey team that should be in the mix to advance deep into the playoffs.

Freshmen Maeve Rolston (midfielder/fullback) and Devon Barry (goalie) round out the squad.

"Maeve is highly skilled, smart and a good decision-maker," Hess said. "Devon works hard, is agile and quick, and has good reflexes. Both have got some playing time, and they're been impressive because it's not easy as freshmen to be on a team that's very competitive."

The 51-year-old Hess has had lots of success in her decades of coaching. Her philosophy blends reaching one's potential with enjoying competition. "That leads to winning," she said. "It's also important to stress academics

taking priority over athletics, and I also strive to be a motivating factor. I like it when players learn valuable life lessons like being responsible and committed, learning to be leaders, overcoming adversity, being a good teammate and knowing how to manage one's time."

Michelle Hess knows what ingredients are needed for success. She also knows that there are no guarantees of a state championship, but if the Panthers stay focused on one game at a time and remain healthy, tthis could be Franklin's time to capture the school's first field hockey state crown.





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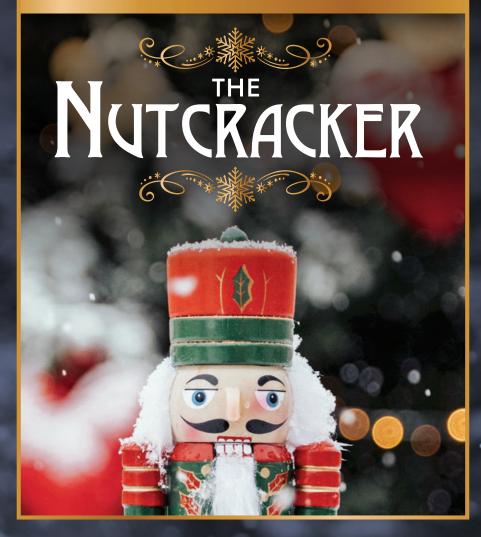
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# **Calendar**

#### **November 1**

Franklin Public Library Book Club, 7 p.m., Franklin Public Library: The Reading List by Sara Nisha Adams

#### November 3

Parks for All: Frederick Law Olmsted presentation, virtual program through Franklin Public Library,

**Tri-County Regional Chamber** Business After Hours, 5-7 p.m., members free, guests \$25, includes food, cash bar, raffles, prizes, Hopedale Pizza Market, 1 Menfi Way, Hopedale, https://lnkd.in/ eCGRt-tT

#### November 4

Dean College Arts Mosaic, 7:30 p.m., select student works and collaborations, integrating dance, theatre, music, film and more, visit www.dean.edu/box-office

Tri-County Regional Chamber Business presents Leads & Lunch, 11:30 a.m. – 1 p.m., Mozie's Kitchen at the Turtle, 72 Main St., Milford, Guest Speaker Jeffrey Katz of Katz Financial Services on "10 Retirement Risks: Do You Have Them Covered?"

## **November 5**

Franklin Newcomers & Friends Craft Fair, 9 a.m. - 3 p.m., Tri-County Regional Technical Vocational High School, 147 Pond St., Franklin, \$3 admission for those over 12, also accepting donations for Franklin Food Pantry

Franklin Knights of Columbus Sacred Heart Council 1847 Pie Sale, St. Mary's Parish, Franklin, table set up to take orders following each Mass, \$16 per pie, or visit www.kofc1847.org, pie pickup November 22, 3-6 p.m. at St. Mary's Franklin Parish school

Diwali Celebration!, 3-5 p.m., Franklin Public Library, special Diwali celebration for the whole family, including dancing, crafts, music performances, food, henna, and more!

Dean College Arts Mosaic, 7:30 p.m., select student works and collaborations, integrating dance, theatre, music, film and more, visit www.dean.edu/box-office

**Bellingham Senior Center Craft Fair, 9 a.m. – 3 p.m.,** 40 Blackstone St., Bellingham

#### November 6

Franklin Knights of Columbus Sacred Heart Council 1847 Pie Sale, St. Mary Parish, Franklin, table set up to take orders following each Mass, \$16 per pie, or visit www.kofc1847.org, pie pickup November 22, 3-6 p.m. at St. Mary Franklin Parish school

Community Conversations! 6 p.m., Franklin Public Library, This month's topic: The Politics of Book Banning. Free and open to the public. Remote participation is available by registering at https:// us02web.zoom.us/meeting/register/tZYvd-mgrzwjHNECwBhSMDmvyGk-9t-BVGPN.

#### **November 9**

Franklin Newcomers & Friends meeting, 7 p.m., Escape into Fiction Bookstore, all Franklin residents and those of neighboring towns without a newcomers group welcome, Franklin Town Council members to attend this meeting

BBA's 15th Annual Taste of Bellingham, 6-8 p.m., Frank Webb Home, 37 S. Maple St., Bellingham. Tickets \$10 in advance by Nov. 8th, \$15 at door, sample food from Bellingham restaurants and food vendors. Visit www.bellinghambusinessassociation.org

#### **November 10**

Scott the Magician, 1 p.m., Franklin Public Library, family program

Mingle @ the Mill, 6-8 p.m., Drift & Oak, at the Stone Mill, 165 Main St., Medway, networking, bites & beverages, 50/50 raffle, door prizes

#### November 11

Veterans' Day Luncheon, for all vets, 11 a.m., Franklin Elks Lodge, 1077 Pond St., Franklin, (508) 613-1315 for reservations

#### November 12

Franklin Knights of Columbus Sacred Heart Council 1847 Pie Sale, St. Mary Parish, Franklin, table set up to take orders following each Mass, \$16 per pie, or visit www.kofc1847.org, pie pickup November 22, 3-6 p.m. at St. Mary's Franklin Parish school

#### November 13

Franklin Knights of Columbus Sacred Heart Council 1847 Pie Sale, St. Mary Parish, Franklin, table set up to take orders following each Mass, \$16 per pie, or visit www.kofc1847.org, pie pickup

## November 15

**FHS Tri-M Music Honor Society** Induction/Chamber Concert, 7 p.m., Franklin High School

Auditorium (snow date 11/17)

#### **November 16**

Dean College presents All Shook Up, 7:30 p.m., Inspired by and featuring the songs of Elvis Presley®, Book by Joe DiPietro, visit www.dean.edu/box-office

#### **November 17**

Dean College presents All Shook Up, 7:30 p.m., Inspired by



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and featuring the songs of Elvis Presley®, Book by Joe DiPietro, visit www.dean.edu/box-office

#### **November 18**

Franklin Library Book Sale,1-5 p.m., Franklin Public Library, all books \$1

FPAC Presents The Curious Incident of the Dog in the Night-Time, **7:30 p.m.,** The BLACK BOX, 15 W. Central St., Franklin, THE-BLACKBOXonline.com or (508) 528-3370.

Dean College presents All Shook Up, 7:30 p.m., Inspired by and featuring the songs of Elvis Presley®, Book by Joe DiPietro, visit www.dean.edu/box-office

#### **November 19**

FPAC Presents The Curious Incident of the Dog in the Night-Time, **7:30 p.m.,** The BLACK BOX, 15 W. Central St., Franklin, THE-BLACKBOXonline.com or (508) 528-3370.

Franklin Library Book Sale,9 a.m. - noon, Franklin Public Library, all books \$1

Dean College presents All Shook Up, 7:30 p.m., Inspired by and featuring the songs of Elvis Presley®, Book by Joe DiPietro, visit www.dean.edu/box-office

#### November 20

FPAC Presents The Curious Incident of the Dog in the Night-Time, 2 p.m., The BLACK BOX, 15 W. Central St., Franklin, THE-BLACKBOXonline.com or (508) 528-3370

November 22, 3-6 p.m. at St. Mary's Franklin Parish school

Franklin Historical Museum 2nd Sunday Speaker Series: Dennis Sardella, Docent of Museum of Russian Icons, doors open at 1 p.m., talk at 1:15 p.m., Franklin Historical Museum, 80 West Central St., Franklin, free

Franklin Public Library Book Club, 7 p.m., Franklin Public Library, the book for discussion is The Night Watchman by Louise Erdrich

#### **November 24**

Franklin Turkey Trot, to benefit Franklin Food Pantry, 8 a.m., 91 Jordan Road, Franklin

#### **November 25**

Santa StoryWalk at DelCarte Reservation! 10:30 a.m.

#### November 28

Movie Club Monday, 7 p.m., Welcome to Movie Club where we watch movies then get together to Discuss, Dish and Devour the critique and trivia of beloved films! Remote Access Available: https://us02web.zoom.us/meeting/register/tZUud-ysrz0rGdyrkripLc9ne5VuHx0Ql4Bz

#### **December 2**

Bellforge Holiday Stroll, 4-9 p.m., 40 artists at three indoor sites, food trucks, carolers, ice sculpting demonstration, MEMO's outdoor tree lighting ceremony, Bellforge Arts Center is located on the ground of former Medfield State Hospital. Visit www.bellforge.org

#### December 3

St. John's Episcopal Church Christmas Fair, 9 a.m.-3:30 p.m., 237 Chestnut St., Franklin

**BHS** Operation Graduation Craft and Vendor Fair, 9 a.m. - 3 p.m., Bellingham High School, 60 Blackstone St., Bellingham, fundraiser for graduation night senior



# Real Estate Corner



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# Bellforge Holiday Stroll 2022

8th Annual Holiday Stroll and Sale in Medfield December 2, 4-9 p.m.

Experience the spirit of the season at Medfield's annual festive family event featuring 40 artists at three indoor sites, food trucks, carolers, ice sculpting demonstration, MEMO's out-

door tree lighting ceremony, and much more! All events are within walking distance, FREE admission and parking.

For more on Bellforge Arts Center, visit bellforge.org.

# **Commercial Properties**

#### ACTIVE LISTING FOR SALE

844 Franklin St., Unit 5, Wrentham - \$230,000



16 Cottage St, 700SF, \$1000/Mo + NNN



#### FOR LEASE

480 W. Central St., Unit 2, Franklin - 1600SF, \$15/SF +NNN



111-C E Central St, 445SF, \$800/MO, includes utilities



#### **NEW LISTING**

247 E Central St, Franklin Office Spaces - \$300 - \$450/MO



#### 9 Summer St., Franklin Unit 101 - 1440SF, Unit 101A - 500SF Unit 205 - 879SF, Unit 306 - 878SF -\$18/SF +NNN



16 Central St, Norwood, \$17/SF, 1,800SF



447-1 E Central St, Franklin, Lease, \$1200/mo + Expenses.





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# Rep. Roy attends White House Ceremony Representative Jeffrey N. Roy

Representative Jeffrey N. Roy (D-Franklin) accepted an invitation from President Joseph Biden to attend a White House event celebrating the passage of the Inflation Reduction Act.

The President signed the \$750 billion bill, which provides funding for energy and climate projects aimed at reducing carbon emissions by 40% in 2030, the most significant investment fight climate change in history. The law also limits out-of-pocket drug expenses for seniors on Medicare and allows Medicare to negotiate prescription drug prices. It sets a minimum 15% corporate tax rate for most large companies and provides \$80 billion in funding to the IRS, allowing the agency to hire thousands of agents and revamp decades-old technological systems.

"It was a tremendous honor to join several Massachusetts colleagues and many others from across the country for the White House event," said Rep. Roy. "It was great to see how we are on



a path to fight against climate change, lower prescription drug costs, lower health insurance costs, and lower energy costs for families. This legislation is the most aggressive action to confront the climate crisis and happened within days of the passage of the Act driving clean energy and offshore wind in Massachusetts. There is so much to celebrate and there is great hope for our future."



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# Everyone Have a Safe & Happy Thanksgiving!



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Eileen was wonderful to work with and I would definitely recommend her to family and friends. She is extremely knowledgeable and helped us find our home in a very competitive market." ~Tim & Julie

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"I highly recommend Susar Morrison for your realtor needs. As a seller, I found Susan exceptional in her expertise to sell our home. She thoroughly explained every step of the process and was available to us whenever we had questions." ~Julie L.





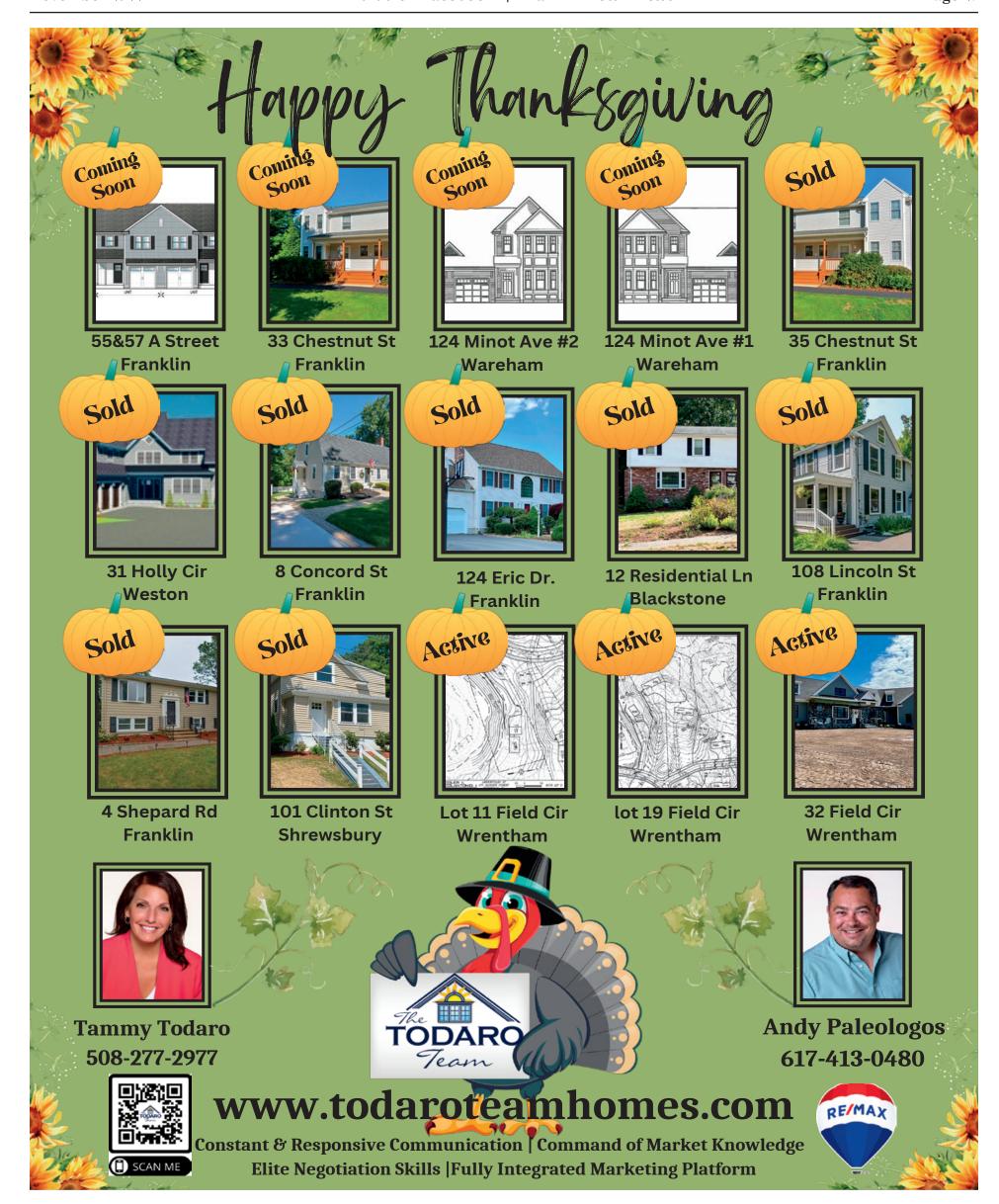




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