



#### Across

- 1 "If you think you are too small to make a difference, try sleeping with a \_\_\_\_!" Dalai Lama
- 6 Advantages
- 10 Time before an event
- 11 Compass point, abbr.
- 12 Physical activity good for health
- 13 Customer
- 14 Check out
- 15 Tree juice
- 17 Muscles to be crunched
- 18 Story line
- 20 Type of food that can cause an inflammatory response in the gut
- 23 Like desirable energy and environment
- 25 Muted, 2 words
- 27 Supermarket item
- 28 Super-duper, 2 words
- 29 Bring about change
- 32 "\_\_\_ Man"- cartoon character
- 34 Purpose
- 35 Looking for
- 36 Eases one's anxiety

#### Down

- 1 Crosses paths with
- 2 Vital nighttime refresher
- 3 Never explored before
- 4 Lab work
- 5 Finished
- 7 Ability to rebound
- 8 "\_\_\_ moment, please"
- 9 Neurotransmitter that regulates mood and other functions like digestion and sleep
- 16 Summer mo.
- 19 Concerning finances
- 21 Genealogy
- 22 Architectural prefix
- 24 Social standing
- 26 Battle
- 30 Mountain shoe
- 31 Dot follower
- 32 Guy referred to
- 33 Medical emergency teams, abbr.
- 34 R and B singer, Greene

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