

Cook County Schools - ISD #166



The Viking Voice

Monthly



December 2022

Happy Holidays to our Cook County School Families

I hope this finds you all in good health and spirits. This school year we have been working hard to find the positives that happen on a daily basis. November's theme was GRATITUDE. We focused on showing an ATTITUDE of GRATITUDE through our actions, words and work. November was also Native American Heritage Month. December's theme is how to be GENEROUS. During December we will also have themed days for dressing up and finding good cheer. Please see the calendar of daily activities in the Viking Voice.

As the weather is turning colder please be sure that your students are dressed appropriately in their winter clothing. It is important that they have the appropriate gear for being outdoors as our classes participate in outside activities daily. We encourage students to have a winter jacket, snow pants, gloves/mittens, warm hat and winter boots. If your student needs any of these items please let us know so we can support them! Students will go outside unless the wind chill or temperature is below -17 degrees.

We continue to have job opportunities here at Cook County Schools. You can find out more information on the website, www.cookcountyschools.org.

Our last day of school before Winter Break is Friday, December 16, 2022. Winter break will last through New Year's eve and students will return to school on Tuesday, January 3, 2023. I wish everyone a wonderful break and we will see you in the New Year, 2023!

Go Vikings!

Megan Myers

PK-12 Principal

Attention Vikings!

There has been a change to our 2022-2023 school calendar!

- ◆ NO SCHOOL on January 2nd!
- ◆ January 3rd will be an A DAY
- ◆ SCHOOL IS IN SESSION on March 24!

Don't Miss the CCHS Holiday Band Concert!

When?

December 15th from 7-9pm

Where?

The ACA Auditorium

Who?

6th-7th Grades at 7pm

8th-12th Grades at 8pm





December: A month to celebrate and be GENEROUS



Name _____

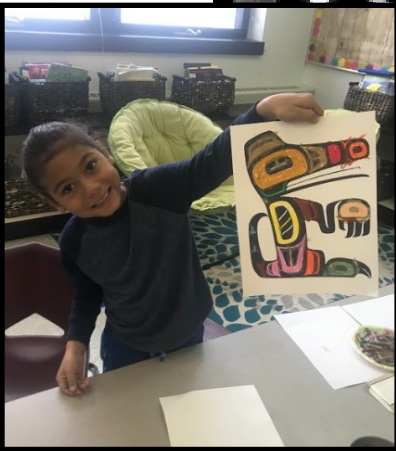
Teacher: _____

Monday	Tuesday	Wednesday	Thursday	Friday
				
5 Let's Light up Someone's Life! Wear blue and white to honor Hanukkah	6 Jingle Bells, Jingle Bells... Dress up like your favorite Holiday Song.	7 HO HO HO. Wear a SANTA hat or Shirt and be JOLLY today!	8 United in the Principles of Kwanzaa. Wear red, black, and/or green	9 Faux Fur Friday Think earmuffs, scarves, vest jackets, boots etc.
12 Grinch Day! Wear Cindy Lou Who Hair, Bright Colors, Seussastic outfits or green shirt. Just don't be a GRINCH	13 Aren't you PLAID Winter Break is NEAR? Wear a favorite plaid shirt and jeans!	14 Who doesn't love a candy cane? Wear red and white!	15 Ugly Can Be Pretty! Wear an ugly festive sweater!	16 Next week we can finally sleep in! Wear festive pajamas!
W I N T E R	B R E	B R E	A R	A R

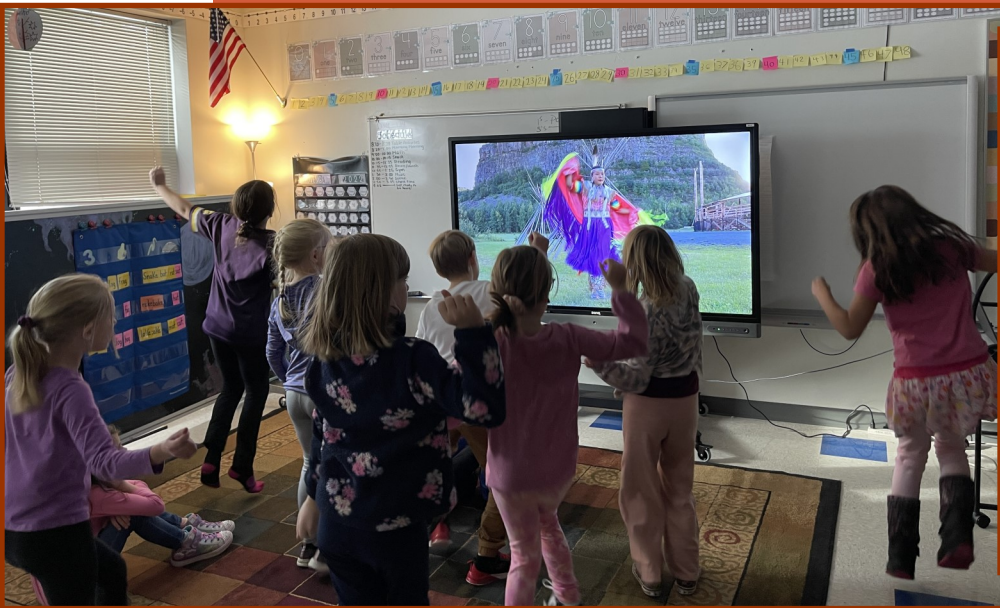
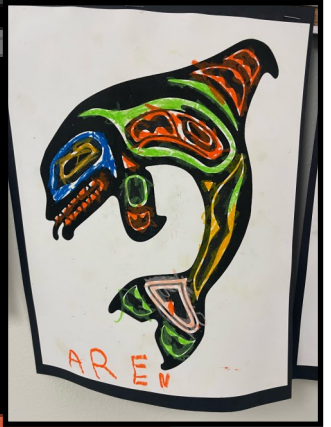


BACK TO SCHOOL ON JANUARY 3RD, 2023!

Sawtooth Mt. Elementary classrooms and Cook County Middle School and High School learned about Native traditions during Native American Heritage Month in November. Kindergartners and Second Graders learned about the powwow, dance styles, regalia and importance of the Anishinaabe clan system. CCHS Mr. Leichty and Mr. Nalezny's classrooms prepared a Fall Feast of traditional Native foods.



NOVEMBER IS NATIVE AMERICAN
HERITAGE
◀ MONTH ▶





North Shore Storm Runners Head to State!



Our North Shore Storm runners ran with heart at the Minnesota State High School State meet on November 5th. They were cheered on by a host of supportive teammates! Olya Wright settled into a steady pace after the first mile and kept moving up for a 37th place finish with a personal record time of 19:41.38! Lamar Gordon went out strong and finished in 50th place with a personal record of 19:57.92! Ian Thorpe moved forward for a 26th place finish and a personal record of 16:38.6! Cyrus Myers went out steady and finished at 17:52.9.

We are so proud of our North Shore Storm competitors!





CCHS Senior Transitions

In our first twelve weeks of school, Senior “Transitions” has been a busy classroom! In this newly offered elective class, seniors prepare for life after high school.

Students have begun learning about basic financial needs beyond high school, including understanding living expenses, job benefits, credit cards, and savings accounts. Students have also looked at their own personality traits as well as their workplace values and aspirations. Last month, students took advantage of October’s “College Knowledge Month” and used class time to apply for post-secondary schools across Minnesota and the nation while applications were free.

We have also hosted a number of guest speakers to help students understand all their options beyond high school, including speakers from a number of military branches, as well as from Lake Superior College, Northern Michigan University, Lloyd K. Johnson Foundation, and Cook County Higher Ed. Students have also taken trips to local career fairs. Over MEA break a group of students even toured Lake Superior College (see photo)!

We’re looking forward to supporting students for the rest of the year in their transition from high school to the world beyond. Upcoming events include in-class presentations from local businesses, Peace Corps and more investigations planning for life after high school.

—CCHS teachers [Amanda Beal](#) and [Julie Bishop](#)



Senior Transitions students toured Lake Superior College in Duluth over MEA Break in October.



Congratulations to our new CCHS National Honor Society Members!

Top photo NHS Seniors:

Katie Peck, Emmalli Myers, Wei-Lani Likiaksa, Gus Hahn, Rowan Lindholm, Ben Obinger, Ben Rex

Bottom photo new NHS inductee Juniors:

Wren Ferry, Genevieve Silence, Ray Dressley, Robert Rodriguez, Ryan Shannon, Kalina Dimitrova, Amery Oberg



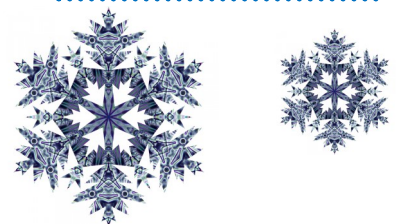
Cook County Schools' Veterans Day Program featured Karen Christianson, CC Honor Guard, Sawtooth 2nd grade students, CC Band joined by community musician and CC MSHS Choir.



Thank you to all who attended.



Mila Horak's High School art students are learning about balance in art through making snowflakes.



Join the Lutsen Jr. Alpine Ski Team!

We are a volunteer, parent-led alpine ski racing team and ski club open to kids 5-16. We focus on teaching kids how to enjoy skiing while training for speed, control, and precision on the hill. We practice on giant slalom courses with and without the use of gates, supporting team members who wish to compete in the Northland Junior Race Series. Coaches and parent volunteers work to improve confidence on the slopes, foster a team-wide connection among skiers and families, and establish a lifelong love of alpine skiing.

Register at LutsenJrAlpine.com or in-person November 22, 4-6, at Lutsen Mountains. Practices [mostly] Tuesdays and Fridays, 4:30-6, beginning November 27. See teamduluth.org/NJRS for race information.



- ☒ **Free rental skis provided by Lutsen Mountains. Attend a fitting session at the rental shop November 22, 4-6 to get skis. Registration event 4-6 at the chalet.**
- ☒ **Each child requires a ski pass for practices and races; parents on the mountain also require a pass.**
- ☒ **Supported by coaches Paul Nordlund, Craig Horak, Molly Hicken, Claron Krogness, Ryan Ketchmark and multiple parent volunteers.**
- ☒ **Additional information provided upon registration. See opposite side or contact lutsenjralpine@gmail.com with questions.**

lutsenjralpine@gmail.com / Facebook: Lutsen Alpine Ski Team / lutsenjralpine.com



PTA MEETING:

Please save the date for our next PTA meeting on Jan. 10, 2023, at 4:30 PM in the Elementary Library. Kids are welcome at the meeting!

PTA Membership ~ Join/Renew NOW!

\$10 Annual Membership - help strengthen our numbers!

Monthly Meetings:

Typically, 1st Tuesday of the month meetings at 4:30pm.

Your membership supports the PTA. You are not required to attend meetings or volunteer. You decide your level of involvement.

Membership Fee: \$10.00. Fill out this form and drop payment (check or cash) and form with the front office. Checks can be made out to **ISD 166 PTA**. Online payment can be made here: isd166pta.memberhub.com or use the QR code.



NAME: _____

EMAIL: _____

Need more info: email: pta@isd166.org or visit our facebook page: <https://www.facebook.com/isd166pta>

Early Childhood Playdate!

Saturday, December 3rd 10:00am-11:30am

Cook County Community Center
317 W 5th St., Grand Marais, MN

No Registration Required
FREE FREE FREE

Sledding story stroll, crafts, games,
hot chocolate buffet and a
read aloud by a special guest at 10:45am!
You don't want to miss this!
Bring your older siblings and come enjoy the fun!

Contact Krista Olson or Jodi Roberts for more details:
krolson@isd166.org or jtroberts@sawtoothmountainclinic.org

Sponsored by:






Calendar

December 2022

- Thursday, December 1**
Basketball—Girls Varsity @ North Woods 6:30 p.m.
- Thursday, December 8**
Mid-term of Quarter 2
Basketball—Boys Varsity vs. Mt Iron-Buhl 5:30 p.m.
- Friday, December 9**
Basketball—Girls Varsity vs. Cherry 6:30 p.m.
- Thursday, December 15**
CCHS Band Concert in ACA, 7pm
Nordic Skiing @ Proctor TBD
- Friday, December 16**
Basketball—Boys Varsity vs. ML/WR 4:45 p.m.
Basketball—Girls Varsity vs. ML/WR 6:30 p.m.
- December 19-December 30**
NO SCHOOL - Winter Break
- Tuesday, December 20**
Basketball—Boys Varsity @ Silver Bay 4:45 p.m.
Basketball—Girls Varsity @ Silver Bay 6:30 p.m.
Nordic Skiing @ Grand Rapids TBD
- Thursday, December 22**
Basketball—Girls Varsity @ Ely 4:45 p.m.
Basketball—Boys Varsity @ Ely 6:30 p.m.
- Friday, December 23**
Alpine Skiing @ Giant's Ridge TBD
- Tuesday, December 27**
Basketball—Girls Varsity @ Ely 5:30 p.m.
- Wednesday, December 28**
Basketball—Girls Varsity @ Ely 12:15 p.m.
Basketball—Boys Varsity @ Ely 7:15 p.m.
- Thursday, December 29**
Basketball—Boys Varsity @ Ely 4:15 p.m.



**Follow Cook County Schools online
for up-to-date information
and to follow school events.**

Website: cookcountyschools.org
Facebook: Cook County Isd166 & Community Education
Remember to sign up for Parent Portal to access student information and pay lunch accounts (Parent Portal application is included in the new student packet and is also available in PK-12 office or school website.)



Calendar

January 2023

- Monday, January 2**
NO SCHOOL - Winter Break ****CALENDAR CHANGE****
- Tuesday, January 3**
Alpine Skiing @ Lutsen TBD
Nordic Skiing @ Cloquet TBD
- Friday, January 6**
Basketball—Boys Varsity vs. Floodwood 4:45 p.m.
Basketball—Girls Varsity vs. Floodwood 6:30 p.m.
- Saturday, January 7**
Nordic Skiing @ Mesabi East TBD
- Tuesday, January 10**
Nordic Skiing @ Two Harbors TBD
- Wednesday, January 11**
Alpine Skiing @ Spirit Mountain TBD
- Friday, January 13**
Basketball—Boys Varsity vs. McGregor 4:45 p.m.
Basketball—Girls Varsity vs. McGregor 6:15 p.m.
- Saturday, January 14**
Alpine Skiing @ Giant's Ridge TBD
Basketball—Boys Varsity @ Hill City 2:00 p.m.
- Monday, January 16**
Alpine Skiing @ Mont Du Lac TBD
- Tuesday, January 17**
Basketball—Boys Varsity vs. NE Range 6:30 p.m.
- Thursday, January 19**
Nordic Skiing Home Pincushion TBD
- Friday, January 20**
Alpine Skiing—@ Lake Superior Conference TBD
Basketball—Boys Varsity @ South Ridge 4:45 p.m.
Basketball—Girls Varsity @ South Ridge 6:30 p.m.
- Tuesday, January 24**
Basketball—Girls Varsity vs. Mesabi East 4:45 p.m.
Basketball—Boys Varsity vs. Mesabi East 6:30 p.m.
- Thursday, January 26**
Alpine Skiing—@ Giant's Ridge TBD
Basketball—Girls Varsity vs. Silver Bay 6:30 p.m.
- Friday, January 27**
Basketball—Boys Varsity vs. Two Harbors 4:45 p.m.
Basketball—Girls Varsity vs. Two Harbors 6:30 p.m.
- Saturday, January 28**
Nordic Skiing @ Ely TBD
- Tuesday, January 31**
Basketball—Girls Varsity @ Floodwood 4:45 p.m.

Happy
New
Year

December 2022 Menus

ISD 166 2022 December

Breakfast is a choice of: Breakfast Sandwich, Muffin, Oatmeal, Cereal, PBJ, Yogurt, Cheese Stick, Fruit or Juice, Milk
Daily choice of Soup and Sandwich or Salad bar

Monday	Tuesday	Wednesday	Thursday	Friday
5 Cheese Burger Fries Fruit and Veggie Bar Milk	6 Tacos Fruit and Veggie Bar Milk	7 Penne Pasta in Meat Sauce Bread Stick Fruit and Veggie Bar Milk	1 Pulled Pork Mashed Potatoes & Gravy Fruit and Veggie Bar Milk	2 Pizza Fruit and Veggie Bar Milk
12 Chicken Burger Fries Fruit and Veggie Bar Milk	13 Nachos Fruit and Veggie Bar Milk	14 Corn Dogs Tater Tots Fruit and Veggie Bar Milk	8 Cheese Bread with marinara Sauce Fruit and Veggie Bar Milk	9 Hot Dogs Baked Beans Fruit and Veggie Bar Milk
19 NO SCHOOL	20 NO SCHOOL	21 NO SCHOOL	15 Chicken Tenders Mashed Potatoes & Gravy Fruit and Veggie Bar Milk	16 Pizza Fruit and Veggie Bar Milk
			22 NO SCHOOL	23 NO SCHOOL

Menu Subject to Change

Cook County Schools Calendar -----

2022-2023-Updated **Board Approved 10-27-22**

August 2022

Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

September 2022

Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

October 2022

Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November 2022

Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December 2022

Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January 2023

Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2023

Su	M	Tu	W	Th	F	Sa
		1	2	3	4	
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

March 2023

Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

April 2023

Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

May 2023

Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

June 2023

Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

July 2023

Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

8-29 to 9-2	Description	Days	T	S
Aug. 31	Teacher Workshops - No Students	August	3	0
Sept 5	Open House	September	21	19
Sept 6	NO SCHOOL - Labor Day	October	19	18
Sept 6 & 7	First Day of School	November	20	18
Sept 6 & 7	Preschool intake conferences	December	12	12
Sept 8	First Day of Preschool	January	21	20
Sept 19 & 26	Preschool - NO School	February	19	18
Oct 4	Mid term	March	18	18
Oct 07	PDD -No Students	April	20	18
Oct 20, 21	NO SCHOOL - MEA	May	22	22
Oct 24	Preschool-NO School	June	4	2
Nov 03	End of Quarter 1 (40 Days)	Teacher Work Day	1	
Nov 04	PDD - No Students / prek Conf.	Teacher Conf. Comp	2	0
Nov 23	PDD - No Students		182	165
Nov 24 - 25	NO SCHOOL - Thanksgiving			
Dec 8	Mid term			
Dec 19 - Jan 2	NO SCHOOL - Winter Break			
Jan 20	End of Quarter 2 (42 Days)			
Jan 23	PDD - No Students			
Feb 16	Mid term			
Feb 17	PDD - No Students			
Feb 20	NO SCHOOL - President's Day			
Mar 24	End of Quarter 3 (41 Days)			
Mar 27-31	NO SCHOOL - Spring Break			
Apr 7	PDD - No Students			
Apr 10	PDD - No Students			
May 3	Mid term			
May 26	Last Day of Preschool			
May 29	Memorial Day			
June 2	End of Quarter 4 (42 Days)			
June 2	Last Day of School			
June 3	Graduation - 1:00pm			
June 5-6	Teacher Workshop			

Quarter	# days
Quarter 1	9/6 - 11/3 40
Quarter 2	11/7 - 1/20 42
Quarter 3	1/24 - 3/31 41
Quarter 4	4/3 - 6/2 42

Parent/Teacher Conferences
GP 10-7-22
ISD 166 campus 10-4-22 and 10-6-22
GP 2-17-23
ISD 166 campus 2-14-23 and 2-16-23