PRSRT STD **ECRWSS** U.S. POSTAGE **PAID** PERMIT NO. 142 SPRINGFIELD, MA

Postal Customer Local

Vol. 10 No. 5

Free to Every Home and Business Every Month

January 2023





Tree Lighting

Event Canceled, But Tree Still Lit For Season

The rain kept Santa — and everyone else away the night the tree was supposed to be lit, sadly. But that doesn't mean the town stayed dark for the entire season!



LIGHTING continued on page 2



Ashland's Gabe **Mugerian a Familiar Face Around Town**

By Sean Sullivan

Ashland resident Gabriel Mugerian has seen some changes.

Known to friends as Gabe, he'll celebrate his 98th birthday on March 20th, born on that day in 1925.

"The Great Gatsby" was pub-

lished the same year, along with the inaugural issue of the "New Yorker" magazine. The first hotel for motorists (motel) was opened in California, and Mount Rushmore was dedicated.

> **FAMILIAR** continued on page 3







PLUMBING - HEATING - COOLING

Quality & Trust Since 1949

Family Owned and Operated for 3 Generations

RESIDENTIAL • COMMERCIAL • INDUSTRIAL

Service Work • Repairs • Boilers Water Heaters • Remodeling **New Construction • Air Conditioning Heat Pumps • Mini-Splits**

We provide 0% interest loans & rebates of up to \$10,000 through Mass Save **Fully licensed and insured**

Two convenient locations to serve your needs: **Hopkinton & Framingham**

> 508-875-3413 ShahoodPlumbing.com

LIGHTING

continued from page 1



Holiday Giving

What an amazing outpouring of support from the community to families in need this holiday season. You will brighten the days of 250 children and families and it is heartwarming to know that Ashland is filled with so much kindness. Here are some photos of the donations that have been made this year! Kudos to all who donated!

Courtesy photos by Randi Martins

























localtownpages

Published Monthly Mailed FREE to the Community of Ashland Circulation: 7,884 households & businesses

Publisher

Chuck Tashjian

Editorial

Susan Manning

Send Editorial to:

editor@ashlandtownnews.com

Advertising Sales

Susanne Odell Farber 508-954-8148 sue@sodellconsult.com

Advertising Sales Manager

Jen Schofield 508-570-6544

jenschofield@localtownpages.com

Creative Design & Layout

Michelle McSherry Kim Vasseur

Ad deadline is the 15th of each month.

Localtownpages assumes no financial liability for errors or omissions in printed advertising and reserves the right to reject/edit advertising or editorial submissions.

© Copyright 2023 LocalTownPages

continued from page 1

Born and raised in his early years in the Roaring 20s, Mugerian began life amid the zeitgeist of that decade, and all the trappings associated with it. Film and human flight were fast becoming part of culture, along with jazz, automobiles and women's suffrage. As a mass medium, radio defined the decade.

To Mugerian, the deprivation that then came with the Great Depression must have seemed routine. That environment was the water he was raised and swam in. Born in Southborough, he attended school in Ashland in a class of 25, later enlisting in the Navy during World War II when he turned 17.

During his grade-school days and the war years, said Mugerian, Ashland residents numbered in the very-low thousands. The 2020 census put the town's population at just under 19,000.

"The town has grown so much," he said.

During the war, Mugerian served out of Floyd Bennett Field in New York City, its first municipal airport, which had been converted to a naval air station. He was tasked with ferrying seaplanes from New Orleans to New York, where they were armed before being shipped off to the west coast, bound for battle in the Pacific theater.

After WWII, Mugerian returned to Ashland and sought to build a life for himself. He never married.

An avid listener of the "Lone Ranger" radio show as a boy, Mugerian jumped at the chance to purchase a local horse named "Silver" he saw for sale. Five different actors voiced the Lone Ranger over its 3,000 episodes and more than 20 years running. Mugerian's father owned a poultry farm at the time, providing a place where Silver could be stabled.

Though the rule doesn't always hold true, lore has it that a horse's pose in an equestrian statue is meant to communicate the ultimate fate of beast and its burden.

If the horse is rearing, the story goes, then the rider perished in battle. One raised front leg, on the other hand, means the rider was wounded in the fray. Four firmly-planted hooves indicate that he or she lived to fight another day and died by other means. Finally, a dismounted rider tells the story that both met their end on the battlefield.

It's an appealing fable, and one might wonder where Mugerian and his Silver might place in the storied pantheon of horseback history. Legend has it that Mugerian was known for riding Silver around the thoroughfares of mid-century Ashland, a town whose streets hadn't yet seen the advent of the traffic light.

At the goading of friends, as he tells it, Mugerian once managed to squeeze Silver through the entrance of a local pharmacy, alarming and astounding everyone inside. There he bought an ice cream, and then horse and rider departed.

What sort of statue would best suit such a stunt is left for readers to decide. Some local entrepreneurial spirit might brand a line of ice cream, its pints emblazoned with the side-profile of Mugerian atop his horse, a cone of tutti fruitti raised in salute.

"Everybody was shocked," said Mugerian of his pharmacy foray, who earned "Mugsy" as a moniker, befitting his surname and rebellious spirit. "I was one of those guys. Someone dared me to do it, I did it."

His father passed on Christmas day as the war decade drew to a close in 1949. The poultry farm was sold, and with it the space necessary to house Silver. Mugerian's four-legged partner in crime was sold.

America's car culture had taken center stage in defining the country's mid-century character, and Mugerian soon found freedom in that mode of travel. He



had driven a tractor at an early age on the farm, and later was keen to get behind the wheel of a car.

"As soon as I turned 16, I got my license and that was it."

And after the war, the road trip became all the rage. The car-camping craze of the 1920s preceded it, but unpaved roads, primitive autos, and the Great Depression pumped the brakes on the movement's potential.

But during the postwar boom, cars became icons, those motels had multiplied, and the family road trip was born. Having traded his trusty steed for mechanical horsepower, Mugerian was among those automotive explorers, crisscrossing the country.

"Just to see the different states," he said.

Over the course of about 12 road trips in Cadillacs and Chryslers, he visited them all, save Washington and Oregon. Too distant to make the trip, he said. Mugerian still drives today, mostly to and from Ashland's senior center where he's a fixture and somewhat of a celebrity.

"If I couldn't drive, I'd want to die," he said.

Mugerian's parents and his sister Rose passed on, and his prime working years were spent mainly in the building and bar-keeping trades. Marrying the two occupa-





tions, he built a tavern he would run for several years before selling it.

Until recently, Mugerian drove a bus that ferried passen-



gers to and from the senior center. It was a charge he held for nearly two decades.

"That was my last job," he said

WE ARE YOUR RELIABLE INSURANCE NEIGHBORS



Work with people you can trust: Christine, Brian, Sandra

ur family-owned and operated independent agency offers only competitively priced and time-tested insurance products designed to fit your individual needs. Specializing in home, auto, business, condo and renters insurance since our establishment in 1987, our agency is deeply rooted in the communities we serve and committed to providing the very best of value for your hard earned dollars. Whether new to the area or a lifelong resident you will benefit from the sound advice provided by our professional service advisers.



Contact us today! 508-881-7800 25 West Union St., Ashland MyAshlandIns.com

HOME • CONDO • RENTER • AUTO • BUSINESS



Annual Downtown Holiday Stroll

The 2nd Annual Downtown Holiday Stroll was a success despite the rainy weather.

The town was able to support 35 small businesses that day. The Town of Ashland is filled with over hundreds of home based businesses and events like this allow them to come out and show us what they create and sell all year round.





Thank you to all that came out to support these businesses and shop the local shops along Main

Street and Front Street. These businesses need our support, so please get out there and shop local, and check out the Ashland business directory on the town website www.ashlandmass.com to shop all the local businesses.









START YOUR MEMBERSHIP TODAY! One-year introductory rate

Sha'arei Shalom is a member-driven Jewish congregation serving the Greater Metrowest area. We offer a diverse congregation that understands the demands of busy families, the needs of seniors, and is affordable.

Join Us for a Shabbat Service

info@shaareishalom.org 508.231.4700 shaareishalom.org



Taxes/Water Sewer Bills

Life gets busy and reminders can be a welcome addition to keeping things organized. Please see below for an annual reminder on taxes and bill payment due dates. The services that your tax dollars bring supports the community in so many ways. Here are just a few ways your tax dollars are utilized each year;

Roadway repairs, staffing of departments, programming at the library and community center, police and fire safety, schools, open space acquisitions, capital improvements and so much

Schedule of payment due

Real Estate Taxes & Personal Property Taxes are due: August 1st, November 1st, February 1st and May 1st. (Please note: If the 1st falls on the weekend, the due date will be the next business day.)

Trash - Annually billed and due September. Demand fee is assessed.

 $\textbf{Motor Vehicle Excise -} \ Due \ in \qquad l). \ If \ vehicles \ are \ registered \ after$ March. Majority of excise bills are due the first week in March (if car is registered as of January

January 1 bills are sent throughout the year.

Other Department of Public Works Billing

Monthly Town Bills Anticipated Calendar - 2023

January	Property Taxes (6 month Statement)	
February	Water/Sewer/Stormwater	
Excise Tax		
March		
April		
May	Water/Sewer/Stormwater	
June		
July	Property Taxes (6 Month Statement)	
August	Water/Sewer/Stormwater	
Rubbish and Recycling		
September		
October		
November	Water/Sewer/Stormwater	
December		

Family-run Affordable Junk Removal takes the stress out of cleanups

By Christie Vogt Contributing Writer

Whether it's one old fridge in the garage or an entire home of unwanted goods, the team at Affordable Junk Removal offers a cost-efficient, stress-free approach to waste management. "You don't lift a finger," says owner Jason Schadler, who started the company along with his wife Christine in 2005.

The business offers same-day service for both residential and commercial clients across eastern and central Massachusetts and northern Rhode Island. In addition to junk removal, the company rents 15-yard dumpsters.

As a family-owned and operated company, Schadler says Affordable Junk Removal has lower overhead costs and is more accessible than national competitors. "I answer my phone 24 hours a day," he says. "I was on vacation in Italy and Portugal, and I was still answering my phone on the beach. When you call us, you get me — not an automated machine!"

Schadler says the company has an environmentally friendly approach to disposal in which it recycles items when possible, properly disposes of non-recyclables and resells many items at the Schadlers' secondhand store, Resellables. "We opened that store in Bellingham because we hated to see things thrown away," Schadler says. "We have four kids and sustainability is extremely important to us."

During the business's early days, Schadler provided junk removal on nights and weekends when he wasn't busy working at a machine shop. Eventually, the



business grew into a full-time endeavor, and the Schadlers invested back into the company with new equipment and techniques. "When I first started, for example, we didn't have any tarps. I'm driving around and things are flying out of my truck," Schadler laughs. "I'm like, 'Oh my god, I need a tarp.""

Schadler says his wife Christine "was equally as involved" in getting the business off the ground. "She handled the backend while I did the heavy lifting, all while she was working at EMC," he says. "Fast forward 17 years, and we both work full time managing the company as well as other endeavors. Business is doing great; it has grown tremendously to a fleet of trucks and dumpsters, and we've also been able to buy a pizza place, The Corner Market in Holliston."

In addition to delivering an in-demand service to the community, Schadler is appreciative that Affordable Junk Removal has helped provide a work-life balance that suits his family. "It allows me to be able to do what I like doing and spend time with my kids," he says. "I'm home to

Business sp⊗tlight

see my babies play softball and do all that stuff. We are also able to give back to the communities we serve."

As for Ashland in particular, Schadler says they are proud to have many repeat customers and friends in the area. Prior to owning Affordable Junk Removal, Schadler was a chef at Stone's Public House, and he also has relatives in town. The Schadlers also sponsor Ashland's girls high school hockey team.

One of the best parts of his job, Schadler says, is meeting and getting to know new people and developing relationships with returning customers. "We are really grateful for the repeat business and the chance to form connections with residents across the MetroWest area," he says.

To receive a free junk removal estimate, call 774-287-1133 or visit affordablejunkremoval.com.

PAID ADVERTISEMENT



Christine and Jason Schadler, shown here with their children and dog, started Affordable Junk Removal in 2005.





Parking Ban in effect

It is that time of year when street parking is affected by winter weather. Please note that the Town of Ashland has bylaws in effect that bans parking at certain times throughout the winter season. Here is what you need to know...

OVERNIGHT PARKING BAN

The Town of Ashland's winter parking ban began on November 1 and ends March 31. During that time period it is unlawful for the driver of any vehicle, other than one acting in an emergency, to park any vehicle on any street for the period of time longer than one hour between the hours of 2 am - 6 am any day of the week. Vehicles found in violation of the winter parking ban will be issued citations and/or towed at the owner's expense.

It is important to note that the Front Street and Town Hall Municipal Parking lots prohibit overnight parking year round between 1 am to 5 am.

Lastly, please remember that plowing or pushing snow onto the public streets is not allowed and will result in a fine of \$50.

Construction Update and How Far We've Come... A message from Town Manager, Michael Herbert

As we turn the page on the calendar and begin 2023, our focus turns to the prospects of everything new: new goals, new beginnings, new hopes. But one "new" thing that should be off the table for 2023 are new construction projects. Something tells me that the majority of you will agree. But that shouldn't stop us from remembering the vision and the reasons why we undertook them in the first place.

Some feel that as a Town Manager I initiated too many infrastructure projects at the same time. While everything was not supposed to happen simultaneously (thanks COVID), it did happen that way. Downtown, Pond Street, the Public Safety Building, and Mindess School are disruptive, but they are vital to our health as a community and most had been put off entirely too long.

We have all felt the impacts of this construction but with winter here, things quiet down a bit. Construction crews will be taking a winter break and wait for the warmer weather to come back and finish up the work on the Downtown project and Rt. 126/ Pond Street.

I often talk about my first experience of Ashland, which was driving down Myrtle Street and seeing Mill Pond and the falls rushing under the bridge. It was one of the first clues to me that Ashland has a truly unique identity; how many communities have a water feature in downtown? and I felt that it was important to amplify those attributes throughout the town center. That vision, combined with the tireless efforts of others like the Select Board, Open Space & Rec Committee, Public Works, and Assistant Town Manager Jenn Ball, and funding through Town Meeting, led to the construction of the Riverwalk and Mill Pond Park.

I have studied, witnessed and been a part of downtown streetscape revitalization efforts in other cities and towns and have seen firsthand how it increases a sense of community spirit that spreads throughout other neighborhoods. We should be proud of the fact that we are making significant investments in realizing a vision that includes a more pedestrian and bike friendly, safer, accessible, and attractive downtown. That vision, refined, advanced through the input of hundreds of residents in multiple public forums and funded thanks to Town Meeting and our legislative delegation, is what led to the downtown revitalization project currently under construction.

It has been uplifting to see the downtown take shape with new streetlights and sidewalks. But there is still a ways to go. Boring underneath the railroad crossing for underground utilities has proven more challenging than originally thought. Instead of finishing that section by the end of the calendar year, we will move that to the spring. Streetscape work like inlaid crosswalks, new sidewalks and granite curbing will continue in the spring as well. We will finally repave the Front/ Main intersection up to the Main/Homer/Summer intersection. After that, we have to depend upon Eversource to remove the poles and unveil our new and improved downtown!

Since 2013 the Town of Ashland has been spearheading The Pond Street (Rt. 126) Project, an estimated \$22 million infrastructure revitalization initiative for the 10,000 linear feet of roadway through Ashland, connecting Framingham and Holliston. The project, under the direction of Massachusetts Department of Transportation (Mass-DOT) is more than half way through construction with an end date near the start of 2024.

While the engineering and design of the project was funded through the town's local option Meals Tax in 2013-2014, the \$22 million construction costs are funded by the Massachusetts Transportation Improvement Program (or "TIP"). For the first time since its construction, Pond Street will have sidewalks, bicycle lanes for pedestrian, bicyclist and motor vehicular safety. The revitalization of Pond Street is

designed to have positive economic, developmental and regional impact. Crews have milled and paved the roadway, created a roundabout to slow traffic making it safer for pedestrians, installed new sidewalks, fixed drainage issues and enhanced infrastructure. In the spring crews will complete the new intersection at Algonquin Road, install new crosswalks with signals, connect utilities including new lighting and lastly do a final pave of the stretch of roadway to reveal the new and improved Pond Street!

I feel heartened when I look at all that has been accomplished so far, and excited about the way our town will present itself when these are finished. While a town is not made up of construction projects alone, I look forward to 2023 as the year in which many of those projects are completed, and we all have a chance to enjoy the work that we have all put in to making Ashland a better community.

21 Main street, Suite 102, Milford MA 01757

(508)377-3743

milforddentalgroup.com



Dr. Peyman Beigi, DMD General and Emergency Dentist

Dr. Beigi completed his undergraduate studies in California and earned his doctorate from Tufts University, School of Dental Medicine . He completed his residency at the New England Medical Center. He is certified in Invisalign, implant dentistry, and oral sedation. He focuses on oral surgery, root canal treatment, and gum surgeries. Dr. Beigi, too, is an FBI-trained forensic dentist.

MINI DENTAL IMPLANTS

Dr. Peyman Beigi is a pioneer in the field of MINI IMPLANTS

It's possible to replace LOOSE dentures and MISSING teeth in just one visit!

MINI DENTAL IMPLANTS are a fast, affordable and permanent solution to replace missing teeth or stabilize dentures in just one visit, for half the cost (and size) of conventional implants!



New Patient Special Teeth Whitening \$125 \$320

Regularly priced at \$437 Regularly priced at \$599

Same day dental service

Invisalign® Consultation FREE

General & Cosmetic Family Dentistry

- Same day dental services
- New patients welcome
- 0% APR financing
- Most insurance plans accepted











Your Money, Your Independence

New Year, New You... Not True?



Glenn Brown

Making New Year's resolutions to improve your financial wellness in 2023?

Let's help you start by recognizing questionable resolutions, including three destined for failure plus what should be considered for successful planning

Bad Resolution: Need to start buying "X" to grow my money.

If you started 2022 with FOMO (Fear Of Missing Out) or based new investments chasing 2021 performance, how did that work?.

Yes, momentum, innovation, social & macro themes, niche',

value and/or low-beta (risk) could be part of your investing strategy, but let's back up - do you have a strategy?

Is a core of low-cost, diversified index funds present to allow for explore ideas like X? How does X correlate with what is already owned? Impact on overall risk? Without mentioning performance, can you articulate why you own X and when wouldn't own X?

Better Resolution: Need to save _% and take ____ risk with investments to reach _____ goal.

To truly build assets, you need to save a specific percentage each year, take opportunistic or measured risks AND invest towards your established goal, not an investment benchmark or The

Bad Resolution: *Pay down debt.*

Sounds important, but is it? It depends. Tax deductions, interest rates, duration, fixed or variable, inflation, deflation, and depreciation ensure all debt is not equal.

Better Resolution: Execute a debt reduction plan.

Access all debt, then prioritze on high-interest debt, variable rates, and unsecured. If down to a 3% or lower mortgage, 2% auto loans, and a MassSave at 0%, then maintain required payments, reap benefits of low, fixed rates in an inflationary environment and allocate towards investments outpacing those rates over

An exception, if not at $\sim 40\%$ home equity ownership, can make a case to get there and open a HELOC. Beyond flexibility to access equity built and lower total interest paid, can eliminate the opportunity costs of a large cash position for the "what ifs" in life.

Bad Resolution: *Do more for my*

Buy a lottery ticket, as greater chance of success than this vague "lose weight" resolution tossed by January 10th.

Better Resolution: How do I retire at 55 or semi-retire in 5 years.

Now you're analyzing cash flows, balance sheet, contribution rates, investment allocations, taxation, work benefits, college funding, planning for the unexpected and desired lifestyle with expenses in retirement. You'll establish a set of base facts, allowing to then create scenarios, see projections, reverse engineer action steps, and track goals within timelines.

Aggressive timelines creates urgency, leading to actions that bring you closer the ultimate retirement accomplishment choice.

Now ask yourself, are your resolutions the same as last year?

What different actions are you going to take to make a differ-

Know what Einstein said about doing the same thing over and over and expecting different

Maybe it's time to socialized your goals, set monthly action items to create fresh start moments and leverage an accountability partner (i.e. Certified Financial Planner) to make your 2023 resolutions happen.

The opinions voiced in this material are for general information only and are not intended to provide specific advice or recommendations for any individual.

Glenn Brown is a Holliston resident and owner of PlanDynamic, LLC, www.PlanDynamic. com. Glenn is a fee-only Certified Financial PlannerTM helping motivated people take control of their planning and investing, so they can balance kids, aging parents and financial independence.

Sponsored articles are submitted by our advertisers. The advertiser is solely responsible for the content of this article.



Want financial independence?

Low-cost investments
Growing income streams

Tax planningInsurance analysisEstate planning

College savings for kidsCare for elderly parents

We help you take control of planning and investing,

so you can balance kids, aging parents

and financial independence.

Maximizing work, government & health benefits

■ Fee-only Certified Financial Planner™

Strategies for budget, cash flow & debt

- Kitchen and Bathroom Remodeling
- **Basement Finished**
- Window & Door Replacement
- Wood Flooring Installation & Refinishing
- Deck Replacement and Repair
- Siding Roof
- Masonry Walk Way & Patio
- Power Washing
- Painting Carpentry

Detailed & Meticulous Reasonable Rates

Call Mauricio

508.202.8602

Are you building with:



MA HIC.#169427

Community Center Upcoming Events

Movie Day is Back! with Popcorn! Every Wednesday at 12:30! Check our January Newsletter for a listing of movies! Starting off with January 4th: Along Came Polly

Jan. 12 @ 1:00: Part 5 of the American Presidents Series by Rick Tulipano - The Saving of America. In this talk we will see how Abraham Lincoln saved the United States while putting an end to the institution that was destroying our nation.

Jan 10 @ 9:30 - Crafting with Pam - terra cotta snowman

Jan 19 12-5 - American Red Cross Blood Drive

Jan 23 12:00 - Come Celebrate the Chinese New Year! (\$4)

Jan 24 @ 9:30 - Crafting with Pam - Canvas button trees

Jan 26 10-11:30 - Clocktown Memory Cafe music by Barbara Kes-

Jan 30 at 12:00 - Trivia Lunch (\$4)

Federated Church of Ashland

118 Main Street, Ashland, MA

January 2023

Thrift Shop

Wednesdays - 10:00 am-6:00 pm

Saturdays - 9:00 AM-2:00 PM Please Note: Masks are Required to Enter our Thrift Shop - Thank you!

Lots of Hidden Treasures Clothing - Jewelry - Books - Toys Household Goods - Vintage Items

In-Person Worship Services Sundays @ 10:00 AM All are Welcome! Also available Live on YouTube **FCOA**







PlanDynamic, LLC is a registered investment advisor. Please visit our website for important disclosures.

Public Safety Building Update

with excitement as the Public Safety Building at 12 Union Street has taken shape.

Construction on the Public Safety Building began on March 16, 2021, following an overwhelming vote of support to fund the project at special town meeting and the ballot in January 2021. The 42,000-square-foot, three-story building will house both the Police and Fire Depart-

"After lamenting the need for a new public safety building for decades, it is refreshing to know we are on the verge of actually moving our police and fire operations to a new facility. We did not want to repeat mistakes of the past, so it is built not only for the needs of today, but for future growth of the departments in mind. Also, the forward-thinking design incorporates sustainability features

Many of you have watched such as geothermal technology and green roofs, said Town Manager, Michael Herbert.

> The new facility comes after decades of discussing upgrades to the existing Police and Fire stations located on Main Street, and the additional Fire Station on Cedar Street. The buildings were out dated and not conducive to present day's daily operations.

> Ashland's new Public Safety Building features an apparatus bay for all vehicles, dispatch center, locker rooms, fitness area, break room, training room, office space for both departments, a records room, a shooting range, and more. The facility's new location at 12 Union St., creates an opportunity for a faster response time allowing first responders to cross over the railroad tracks quickly via Fountain Street.

> In addition to its practical components, the building also has

incredible features such as its geothermal technology, green roofs, and solar panels. The Green Roof System – initially conceived by Ashland students entering robotics and Lego-challenge competitions - includes a waterproof layer, drainage system, and growing plants. These roofs act as natural filters for water runoff and decrease stress on storm water systems. The geothermal technology draws energy from within the ground to heat the building and generate electricity.

A committed group of volunteers, town leadership, and town staff led the project. HKT Architects Inc. and CTA Construction Co. Inc. companies worked diligently to keep up with a rigorous time schedule despite challenges during the process.

The facility was constructed quickly on land taken by eminent domain for zero dollars,

breaking ground in March 2021 and celebrating the beam raising ceremony in September 2021. Following construction throughout the winter, crews completed a majority of the structure's construction by May 2022. Over the summer, the new traffic light at Union Street and Waverly Street was installed, while the curbing and sidewalk work also took place. The facility will be officially opened once a resolution is reached on the apparatus bay doors, which has been plagued by delays.

Michael Herbert said, "There are so many people that deserve our thanks for this project, starting with an excellent building committee chaired by Select Board member Joe Magnani. The Select Board deserves our thanks for agreeing to make this a priority project for the town. Ashland has been the beneficiary

of incredible staff and professional support thanks to multiple Chiefs in both departments, Vertex, HKT Architects and CTA Construction. However, the successful construction of the project has been achieved through the prominent work of Assistant Town Manager Jenn Ball. Finally, we wouldn't able to do this without the overwhelming support of Town Meeting and voters.'

Public Safety Building Committee Chairman and Select Board member Joe Magnani shared his gratitude saying, "We are very grateful to the townspeople for their vote and their understanding for the need of this new building. We are very lucky to have this new building for our first responders."

Please visit the Town of Ashland website for information regarding the facility's official opening at ashlandmass.com.

Knights Free-Throw Championship

The Knights Of Columbus free-throw championship competition will be held on Tuesday, Feb. 7, at the Hopkinton High School after the Hopkinton/Ashland varsity boys basketball game.

The game starts at 7pm and registration will begin in the High School Gym at 7:30pm. Please go to: bishopricekoc.org/events for more information and to obtain a registration form. Forms will also be available on the day of the contest. All boys and girls ages 9-14 can participate regardless of disabilities!

The Knights of Columbus free-throw competition is an an-

nual event sponsored by the Ashland/Hopkinton Council(Bishop Rice council #4822) The event is open to all boys and girls aged 9 to 14 in the local communities. Trophies will be presented to first and second place winners and a medal is awarded to the thirdplace winner in each age category. The event brings the youth of the community together for a friendly competition and all can participate regardless of disabili-

Since 1972 The Knights of Columbus have sponsored a basketball free-throw competition for boys and girls between the ages of 9 and 14. The Knights of Columbus, founded in 1882, is an Organization of Roman Catholic men whose charter is to support both their parishes and communities. Based upon the founding principles of charity, unity, fraternity, and patriotism, the Knights of Columbus provide numerous services to their local communities. The Bishop Rice Council #4822 conducts numerous charity events in support of the parishes of St.John the Evangelist in Hopkinton and Saint Cecilia's in Ashland.

For more information contact: Joe Altman, 508-380-0163. joealtman@ verizon.net.

Timothy Daniels House







Exceptional Short-Term Rehab & Skilled Nursing Care

- Physician on Site
- Short Term Rehab
- Physical Therapists On Site
- 24 Hr Nursing Coverage Respite Stays Welcome Hospice Services



(508)429-4566 84 Elm Street, Holliston, MA www.rehabassociates.com/timothydaniels



Preparing Your Home for Winter!



John Szolomayer

REAL ESTATE INSIGHTS

Gathering gloves, scarves and coats is easy. If only there was an oversized sweater for your house! Until someone invents that, it is time to get winter-ready and start prepping your home for the chilly nights ahead.

Now, do not get overwhelmed and try to tackle everything at once. Break it down into manageable tasks and handle them one weekend at a time. Let's take a look at our top suggestions:

1. Ensure Your Property Is Up to Date

While updating window treatments or getting a new heating system may seem like a pricey cost upfront, overall, it can actually save you hundreds of dollars. Ideally, these investments will pay for themselves over time. If your windows are not properly sealed and insulated, heating costs could skyrocket. Worse yet, if you have an old heating system, it will likely have to work twice as hard to produce half the heat of a modern one. Ensuring your home is up to date can save you from costly electricity bills for years to come.

2. Prep the Plumbing

There is nothing worse than a pipe bursting or freezing over during those extremely cold winter nights. To avoid this from happening, drain the water from your outdoor faucets and hoses and store them all inside. If you come across any problem pipes along the way, wrap them in heat tape. Another thing to consider is making sure that everyone in your home knows how to turn off the water at the source. This will ensure you and your family have a safe and dry winter.

3. Seal the Leaks

This applies all across the home from pipes to windows and doors. Make sure that everything is sealed shut so that the cold air stays out. This will reduce the need for running the heating system because more of the heat will stay inside and keep you warm longer. This is certainly an investment worth warming up too.

4. Give Your Fireplace a Deep Clean

There is no better way to stay warm than in front of a fireplace, especially when it's not running up your electricity bill. Am I right or am I right? Just make sure you've swept your chimney before lighting it up this winter. Do not let your family be prone to the dangers of house fires.

So however you and your family choose to start getting winter-ready this year, we hope that these tips help you stay warm. Remember that what may seem like a pricey investment upfront, can actually save you and your family hundreds of dollars in the long run. So suit up for the weekend handy work and start thinking of all the things you are going to spend that extra money on.

Information provided by John Szolomayer, RE/MAX Executive Realty. For more information, John Szolomayer can be reached at 508-259-4788 or Johnszolomayer.com

Sponsored articles are submitted by our advertisers. The advertiser is solely responsible for the content of this article.



Looking to advertise your business?

Contact Susanne: 508-954-8148 or sue@sodellconsult.com

New Human Resources Director: Katherine Bird

Katherine joins us from Medway where she served as Human Resources Coordinator and Director for 8.5 years. Katherine is passionate about helping employees so that they can be their most successful self at work. In Medway, she was an advocate for teamwork and collaboration across all levels. She will work alongside Susan Huwe and Kathy Arsenault to complete the HR Team.

We welcome Katherine to our team and look forward to the difference she will make with our team and the Town of Ashland.





1-ON-1 Physical Therapy Sessions

SPORTS INJURIES
WOMEN'S HEALTH
POST-SURGICAL REHAB
ANTI-GRAVITY TREADMILL
LYMPHEDEMA

All major insurances accepted

508-881-6750

15 West Union Street, Ashland
1 Lumber Street, Suite 201, Hopkinton
196 E. Main Street, Milford (in The Gym)
www.platinumptma.com

January 2023 at the Ashland Library

Virtual - The Two Nerdy History **Girls Ride Again!**

Tuesday, January 10 @ 7pm We had so much fun with Loretta and Susan in June we had to bring them back for an encore performance! You know them as the Two Nerdy History Girls - authors Loretta Chase and Susan Holloway Scott were the originators of the infamous blog. We, once again, have Loretta and Susan here to answer all of our burning questions. How do they find interesting tidbits of historical lore, which libraries of the world have they visited, and how do they avoid the inescapable

"rabbit hole"? We can't wait for what we think is going to be a fascinating conversation between these two friends and researchers.

Virtual: Democracy Talks: Immigrants' Rights

Tuesday, January 10 @ 7pm

On September 14, 2022, Governor Ron DeSantis (FL) routed approximately 50 asylum seekers from San Antonio, TX, to Martha's Vineyard, MA. Professor Sarah Sherman-Stokes, associate director of the Immigrants' Rights & Human Trafficking Clinic at Boston University School of Law, will share the legal implications of DeSantis's actions and current issues in asylum law and policy.

Virtual - The 86th Village: A Talk with Author Sena Desai Gopal

Wednesday, January 11 @

Join Sena Desai Gopal for a talk about her experience growing up in Yadahalli, a village in Southern India whose days are numbered. In her lifetime it will drown in the backwaters of one of India's biggest, most ambitious dams, The Upper Krishna Project. One hundred and seventy-six villages will go underwater, and more than 123,000 families will be displaced. The government does not have a concrete rehabilitation plan for the people who will be left homeless and without livelihoods.

A Meditative Outdoors Winter Walk with Hannah Stein

Saturday, January 14 @ 10am Join fellow Ashlanders and Hannah Stein, Owner of Ashland REIKI & Wellness Center, on this walk designed to increase your awareness of the relaxing and healing benefits of nature that you can discover right here in Ashland, Massachusetts. It's a WINTER walk which will be very different from our previous summer and fall walks - what will you see?

Virtual - What's on Your TBR pile? with author KJ Charles

Saturday, January 14 @ 2pm Don't you ever wonder What's On Your TBR Pile? about some of your favorite authors! Join one of our favorite authors, KJ Charles, as she answers this age old question - for the 2nd time! TBR is "to be read" and we all have stacks we know we can't read in our lifetime. KJ will talk about what she's reading and loving or looking forward to reading in the near future!

Virtual - Mediumship: Reconnect With Your Loved Ones!

Saturday, January 21 @ 10am Are you a fan of the Long Island Medium or the Hollywood Medium? Well even if vou've never heard of them or are a skeptic, please consider joining us for this session of entertainment and inspiration.

Virtual: Hopepunk with Writers Renan Bernardo, Brianna Castagnozzi, Susan Kaye Quinn, and T. K. Rex

Tuesday, January 24 @ 7pm Do you wish you felt more hopeful about the state of our world? Then you'll want to hear

from Renan Bernardo, Brianna Castagnozzi, Susan Kaye Quinn, and T. K. Rex—they're writing hopepunk stories that challenge us to look up from our doomscrolling and envision a future filled with defiant optimism!

Virtual: The Ransomware Hunting **Team with Authors Renee Dudley** and Daniel Golden

Wednesday, January 25 @

Join authors Pulitzer Prize finalist Renee Dudley and local Pulitzer Prize winner Daniel Golden as they discuss their latest book, "The Ransomware Hunting Team: A Band of Misfits' Improbable Crusade to Save the World from Cybercrime". Urgent, uplifting, and entertaining, Renee Dudley and Daniel Golden's "The Ransomware Hunting Team" is a real-life technological thriller that illuminates a dangerous new era of cybercrime.

Virtual - The Alcatraz Escape with **Author David Kruh**

Thursday, January 26 @ 1pm It is one of America's most enduring mysteries; what happened to three inmates who, sixty years ago June, 1962, escaped from Alcatraz prison in a raft they constructed inside the prison? In his talk, David Kruh will talk about the exciting true story of the planning and execution of the escape, which was also the inspiration for his novel, "Inseparable", published on the sixtieth anniversary of the escape.

Virtual: Chaco & Aztec: The Center of the World

Tuesday, January 31 @ 7pm Buried for hundreds of years

under wind-blown sands, the monumental complexes they constructed were occupied for several centuries and ultimately left behind whisper echoes from the past of a complex and sophisticated society continued by their descendants today. This presentation takes us into the lives of the Ancestral pueblo people of Northwest New Mexico. We'll look at the largest man-made structures in North America (up until the mid-1800s), examine the mysteries of the Chaco roads and explore the solar and lunar alignments built into these monumental structures.

Teen:

Tarot Talk

Thursday, January 5 @ 5pm Come learn about tarot card reading through this responsive workshop, followed by a group

reading by The Tarot Collective.

For ages 13-18 only!

The Tarot Collective is located in Amesbury MA, but will be coming to Ashland to do a 'Tarot Talk' for teens! Leeza Masia will be leading a conversation about tarot, followed by a meditation and ending with a responsive and interactive group reading!

If you have your own tarot deck you are encouraged to bring it, but Leeza will also have some decks available for people to use. Saturday Video Games

Saturday, January 7 @ 1:30pm

Come to the library afterschool to play switch games with your friends! Nintendo Switch, Xbox, games and snacks will be provided.

No registration required, for ages 13-18 only!

Afterschool Video Games

Friday, January 20 @ 3:30pm Come to the library afterschool to play switch games with your friends! Nintendo Switch, Xbox, games and snacks will be

No registration required, for ages 13-18 only!

Children:

Baby Signs with Sheryl White

Saturday, January 7 @ 10:30am

Learn how to reduce frustration and give your baby the ability to communicate before he or she can speak using baby signs. Learn and practice several signs. You will learn everything that you need to know to get started signing right away.

Lego Club

for Kids Age 5 & Up

Thursday, January 12 @ 4pm Each child will be given a box filled with an assortment of Lego blocks to build a creation using only what's inside the box within the 45 minute time limit. Caregivers please stay in the room with the kids as they work on their creations. The finished creations will be displayed in the Children's Room for a few weeks.

PREMIER IMAGE GALLERY

Prints • Crafts • Boyds Bears

Specializing in Museum Quality Framing Finest Selection of Original Artwork by Local Artists

290 Eliot St., Ashland 508-881-4730 • OPEN Mon-Fri 9 am - noon www.premierimage.com

VETERINARY CARE for your companion

Our veterinarians provide personalized, compassionate care



PREVENTATIVE MEDICINE, VACCINATIONS, SPAY & NEUTER, EXAMS AND CONSULTATIONS, **PUPPY AND KITTEN CARE, SURGICAL CARE**

Call us today to schedule an appointment!



FREE First Visit for Dogs and Cats Dogs 12 months or older,

cats 6 months or older New clients only with this ad. Expires 1/31/23

508-231-1223

300 Eliot Street, Ashland www.thefamilypethospital.com

Medicine • Surgery • Exotics • Retail • Cat Friendly Certified Doggie Daycare • Dog Training • Grooming • Medical Boarding

LIBRARY

The b.LUXE **beauty beat**

2023: Small Pivot, Big Results...

By GINA WOELFEL

Happy New Year! We hope your holidays were amazing! The last few months of the year are always a wonderful time to reconnect and celebrate with the things that bring you joy.

Now that the festivities have come to a close and the onset of winter is fully upon us, we might be feeling the effects of our end-of-year indulgences. I know I was! For the first Beauty Beat of 2023, I was tempted to go down the familiar path of the New Year's resolution. "I'll lose weight, exercise or find more "me" time." Does this sound familiar? As optimistic as we all may be with the goals we set, the fact is, more often than not, they fall flat as soon as the champagne has lost its fizz.

Quick, what were your New Year's resolutions last year? If you're scratching your head, you're not alone.

Why do we set ourselves up for failure with grand promises of change? What if we took the whole idea of the resolution and tossed it out with the New Year's trash and instead, chose small, daily habit changes to jump-start our goals? Could bite-sized portions of change be easier to swallow? Maybe if we worked smarter, not harder, our chance of success would skyrocket.

Since we're a beauty column, let's talk shop and discuss a few simple ways to amp up your glamor game and add that daily dose of self-care we all crave. No resolutions here! Just a few daily habit changes to slowly, but surely ensure better beauty results!

Hair - Create a routine that you'll stick to. Pick two to three mornings a week to wash and condition with salon quality products and leave time for a deep conditioning mask (It's only 60 seconds, ladies! You and your hair deserve that extra minute!) Check that your styling products contain a heat protectant for blowouts, curls and straightening. This will prevent heat damage and extend the life of your color services. Try to book hair appointments for at least two months in advance and

prioritize this time. Your hair-dresser's an artist who does not want to rush their masterpiece. Booking ahead relieves the stress of having to crunch in a last minute appointment and keeps this time relaxing and enjoyable for both of you.

Skin - As the temperature drops, it's not just more moisturizer that's needed to keep skin healthy. For a happy epidermis, stick to a good four-step regime and wash, tone, treat, and moisturize. Five minutes, twice a day is all it takes for vibrant, younger looking skin. To start, use a moisturizing cleanser that doesn't strip your skin of its natural oils. Micellar water is okay in a pinch, but when used on a regular basis, can leave skin under-nourished and not properly cleansed. Use a gentle exfoliant each week to buff away dry, dead skin cells. An exfoliated skin surface better absorbs products for high-impact results. Ditch low-quality moisturizers that just sit on the skin's surface and switch to repairative serums and moisturizers that contain such beneficial ingredients as hyaluronic acid, vitamin C or Bakuchiol. Targeted skincare products are meant to penetrate the skin and hydrate its deepest layers. Booking a monthly (or bi-monthly) facial is a key step to finding your best skin. Letting the pros extract and exfoliate on a regular basis helps stay one step ahead of acne, fine lines and wrinkles. Their professional grade peels and masks work wonders to revive dull, winter skin. Regular aesthetic appointments prioritize self-care and allow you an invaluable moment to shut down, relax and renew.

Coming soon! February is the perfect time to schedule yourself a little "me-time." For the entire month of February, b.LUXE is bringing back our "Red Envelope Event!" Every client with a booked facial or spray tan in the month of February receives a red envelope on the day of their service and every envelope's a winner! (*must be redeemed that day) See photo for details!



hair · makeup · skincare · editorial



scan for more info

For a winter pick-me-up, don't miss our January WINTER RE-FRESH EVENT in cooperation with the Medway Business Council at our Medway studio on Thursday, January 11th from 6 -8PM. Pre-registration required. Light refreshments will be served.

Our b.LUXE experts will be on-hand with demonstrations, for both men and women, on how to battle the effects of the cold, blustery weather. We'll chat about new therapeutic skin care services, as well as DIY recipes you can make at home. All are welcome to this networking event. Special: 10% OFF coupons, swag bags and a chance to win a spa gift basket! Pre-registration required *See photo for details!

Happy New Year, everyone!

PAID ADVERTISEMENT

Sponsored articles are submitted by our advertisers. The advertiser is solely responsible for the content of this article.





Place your Inserts today!
Contact Susanne: 508-954-8148
sue@sodellconsult.com



Ashland Library's Recurring Programs

Children's Room:

Mom's Club - Little Crafters *infants thru age 5 Fourth Monday of the month @ 10:15am

Monday Afternoon Story and Craft *For Ages 4-7

Mondays @ 4:30pm

YMCA Play, Learn, and Grow Group *Ages 0 to 5 Every Tuesday at 11am

PJ Story Time with Ryan *Ages 3 and Up Tuesdays @ 6pm

(Hybrid) Lapsit for Infants and Toddlers Wednesdays @ 10:30-11am Read to a Dog:

*For kids reading on their own (walk-in, sign up for 15 minute increments):

"Knives and Machete" Every Other Thursday @ 6-7pm

Friday Afternoon Story and Craft *For Ages 4-7 Fridays @ 4pm

Crafty Saturdays Saturdays from 10am-3pm Stop in anytime for a different craft every Saturday!

Teen Room:

Afterschool Video Games 3rd Friday @ 3:30pm

Teen Crafts 4th Saturday @ 2pm

Adults:

Book Clubs:

Virtual - Environmental Book Club

1st Wednesday @ 6:30pm

Hybrid - Romance Book Club 1st Thursday @ 6:30pm

Mystery Book Club 2nd Wednesday @ 6:30pm

Cookbook Club 2nd Saturday @ 12pm

Bio/Memoir Book Club 3rd Wednesday @ 11am

Virtual - LGBTQ+ Book Club 4th Monday @ 7pm

Front Street Readers 4th Tuesday @ 6:30pm

Other Adult Programs:

Nature Photography with Steve McGrath

Field Session - 1st Saturday of the month @ 10am

Virtual Discussion/Critique Session - 4th Tuesday of the month @ 7pm

Virtual - Friday Night Film Discussion

2nd and 4th Friday @ 7pm

Card Making with Jan Poppendieck

2nd Monday @ 6:30pm

Art for Adults with Nancy Atkinson

2nd Tuesday @ 6:00 pm

Half-Past Crafts 3rd Wednesday @ 6:30pm Great Decisions Discussion Group 3rd Thursday @ 6:30pm

Dinner and a Book 4th Wednesday @ 6pm

Knitting: Mondays @ 6pm Saturdays @ 2pm

Beginners ELL at the Hopkinton Library

In person – every other Thursday @ 2pm

Virtual – every other Thursday @ 2pm

Advanced ELL at the Hopkinton Library

In person – every other Friday @ 11am

Virtual – every other Friday @ 11am

William E. Browne II

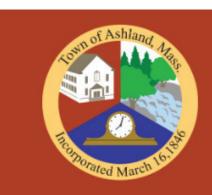
Age 74, died on November 25 at the Rose Monahan Hospice Home in Worcester, Massachusetts. He was born in Boston, Massachusetts, July 20, 1948, the son of Joan Holt and Dr. Edward R. Browne. After divorce, his mother married Earl C. Hotchkiss in 1953. Joan and Earl, whom Bill called Dad, lived on the Upper Ridge in Bridgton, Maine or in the village of North Bridgton for nearly fifty years. Bill attended public schools in



North Bridgton and Bridgton through eighth grade. He started high school at Fryeburg Academy, where he spent one year and was elected president of his class. He then transferred to Bridgton Academy — a school where his mother was teaching and from which his maternal grandfather, Dr. William Holt, had graduated. After graduation from Bridgton Academy, Bill attended college in Gorham and Portland, graduating from what is now known as the University of Southern Maine with a BA in political science.

Bill performed alternative service as a research assistant at Harvard University, where his work with early computers sparked a lifelong interest in computing and a career as a computer software engineer. Bill was very creative and throughout his life combined his love for music and bringing people together. He designed and built the "Proud Mary," a houseboat on which he hosted his many friends with live-band music while motoring up and down Long Lake in Bridgton and Naples, Maine. He also ran community dances at Serenity Hill in Naples. He loved playing golf with his friends at the Bridgton Highlands golf course and was an avid sports fan throughout his life. Bill moved to Ashland, Massachusetts in 1988, where he lived for thirty-four years until the time of his death. He served on many town committees in Ashland, holding both elected and appointed positions. Bill served on Ashland's Board of Assessors and Water Policy Committee, as treasurer of the Friends of Ashland Public Library for twelve years, and as treasurer of the Ashland Democratic Town Committee for eleven years.

Bill is survived by his sister, Constance (Connie) Anne Browne of Quincy, Massachusetts; his cousin Courtney W. Holt and his wife Carrie, and their daughter Stella and son Sam, of Los Angeles, California and North Bridgton, Maine. A graveside service will be held in the summer of 2023 at the North Bridgton Cemetery followed by a reception at the North Bridgton home of Courtney and Carrie Holt. Donations in Bill's memory may be made to the Bridgton Academy Alumni Fund, 11 Academy Lane North Bridgton, Maine 04057; the Friends of the Ashland Public Library, Inc., c/o Ashland Public Library, 66 Front Street, Ashland, MA 01721; or to a charity of one's choice. Arrangements are being made by Chandler Funeral Homes, 8 Elm St., Bridgton, Maine 04009. Online condolences may be shared with his family at www.chandlerfunerals.com



A S H L A N D P U B L I C L I B R A R Y

LIBRARY

continued from page 10

Interactive Story Time and Speech Screening for Toddlers/ Preschoolers (and a parent/ caregiver)

Saturday, January 14 @ 10:30am

Come be part of the story with Ellen Gellineau, MS, CCC-SLP, an Ashland based speech-language therapist who uses children's books and literature to help develop their pretend play and communication skills. This story time will celebrate winter and have kids enjoying a snow day even if there's no snow!

Afterwards, ask Ellen any questions you may have about your child's speech-language development and schedule a complimentary screening if you have concerns.

SPECIAL PJ Story Time with Ryan (Stuffed Animal Sleepover!!!)

Tuesday, January 17 @ 5:30pm

Come to PJ Story Time today for a special event! Bring your stuffed animals with you and they will have a sleepover at the library. Who knows what crazy things they'll get up to?

Come by anytime on Friday or later to pick up your stuffie, along with some photos of their crazy antics.

*Please be sure your child will be okay without their stuffed animal for a few days, and bring their second or third favorite if necessary!

DAET: Book Discussion for Parents & Children & Teens with Author Rachel Brian

Wednesday, January 18 @ 5:30pm

Read: The Worry (Less) Book: Feel Strong, Find Calm and Tame your Anxiety!, by Rachel Brian. After the book read, the kids will make sensory calming play-dough out of cornstarch and hair conditioner to take home in another room, while the parents continue discussing the material.

Parachute Party

*For Kids Ages 3 - 8

Saturday, January 21 @ 11am Have fun working as a group to keep the parachute up in the air.

Friends "Mini" Book Sale!

The Friends are moving their sale to the First Saturday of the Month - still from 10-1pm on Saturday January 7th. Pop on by to grab some deals and, if you have some donations well, we'll take those, too! It's a combination book sale/donation day!



Sports

Ashland Looking For Three-Peat

By Christopher Tremblay, Staff Sports Writer

After capturing the Division 3 Central Championship over the past two seasons, the Ashland wrestlers and Coach Peter Zacchilli are looking to three-peat in the Sectionals, something that has been rarely done at the high school.

"Winning three straight Sectionals is something that not many Ashland teams have accomplished," the Wrestling Coach said. "We would like to do that and keep it going this year; If we can it will show the depth of our program."

Last year under the guidance of Zacchilli the Clocker grapplers not only took home their second straight Division 3 Central Championship, but Ashland also won the Tri-Valley League Title as well as the Division 3 State Dual Valley Meet Championships. With the Sectional Championship, the Ashland wrestlers advanced into the State Tournament, where they unfortunately lost to Norton, the eventual champion, in the Semi-Finals. Ashland also had five individual wrestlers qualify for the All-States with two getting into the final of their weight

Leading the Clockers on the mat in hopes of picking up their third straight Sectional Championship will be senior captains Patrick Deslauriers and Liam Fleming. Deslauriers will be wrestling in the 220 lb. weight class, while Fleming will either be at 170 or 182. Both athletes are coming off an TVL All-Star performance on the football field.

"I'm looking for both of them to once again compete at a high level," Zacchilli said. "Patrick has great mat awareness and will compete with the best of them; he's one of the best wrestlers in the state. Liam's strength is his commitment and I'm excited to see what he can do this year."

In addition to his senior captains, Zacchilli has three talented juniors and a couple of sophomores who should be able to earn a spot in the starting lineup. Nate Cavanaugh will wrestle in the heavyweight division and will come in at a full 285 lbs. He is another athlete that is coming off the football season and is ready to perform on the mats with maximum output.

Nora Quitt wrestled for Ashland at 126 last winter, but this year she is looking to either take part at 132 or 138. Last year, Quitt injured her knee and eventually had to have surgery on it, but Zacchilli is sure that she'll return to the team this year just as she was prior to the injury, tough as nails and ready for a challenge.

Quitt, who came up through the youth wrestling program, is comfortable with the other wrestlers as are they to her.

"Wrestling with the boys, she has seen adversity, but she has approached it with toughness," the Coach said. "She competes to win, so being a girl doesn't affect her at all. I am very excited to watch her compete this year as she's one of the toughest kids I have ever coached."

Another junior returning starter is Cam Antoniuk, who will be wrestling at either 145 or 152. He is another high-level athlete with enthusiasm being his strength; he is eager to learn and the coach expects big things from the wrestler who finished second in the Sectionals as a sophomore last winter.

Two talented sophomores, who are very similar in their approach to the game, are Adrian Guzman (152 or 160) and Anton Puhach (will take part in either 172 or 180 lb. weight class all depends on where Fleming



wrestles). Last year the two sophomores were Co-Rookies of the Year for the squad and participated as All-State Qualifiers.

"They are both lifers and have wrestled for a long time," Zacchilli said. "They are more developed from a technique standpoint and should be able to repeat last year's expectations. Being at the top of their weight classes as freshmen was impressive."

The Clockers will also have a talented group of freshman grapplers who will be looking to make the varsity squad. Those who don't, will be on the junior varsity team that will practice with the varsity athletes, thus when called upon they will be ready.

In addition to winning the Sectionals again, Ashland is looking to repeat as the TVL Champions and this year they are looking to cash in during the State Tournament, instead of finishing fourth.

"Winning the State Championship as a team is the only thing that we didn't get to accomplish last year," Zacchilli said. "We want to sweep it all this year and get that one championship that eluded us last year; we have the team that can do it."

The Clockers will open the season with the Ashland Early Bird Tournament where 12 teams throughout Massachusetts as well as one from Coventry, Rhode Island will compete.



Looking to advertise your business?

Contact Susanne: 508-954-8148 sue@sodellconsult.com

Friends of the Ashland Public Library Book Sales and donation days

Beginning in 2023, the Friends of the Library Book Sales and donation days are moving to the FIRST Saturday of the month. The first of our 2023 Mini Sales will be held from 10 am to 1 pm on Saturday, Jan. 7 at the Ashland Public Library, 66 Front St. Donations of gently used books and DVDs will be accepted in the library parking lot where Friends will be available to assist donors with larger donations. Book donations may also be brought to the bin located just inside the parking lot entry door any time the library is open.

Book Sales and memberships in the Friends pay for so much, including:

- Library programs at NO charge for all ages Children, Teens and Adults
- Museum passes
- Summer Reading Program
- Stocking Little Libraries all over town
- Supplementing classroom shelves in Ashland Public Schools

Greater Ashland Lions Club

We wish you all a Happy and Healthy New Year!

Once again, the club worked with the Ashland Lions Club and the Ashland Schools to sponsor a Peace Poster Contest and a Speech Contest.

The Peace Poster contest, which is for grades 3-5, saw 150 students create beautiful posters with the help of art teacher Rebecca Micucci.

- 1st Place Winner: Millie Jaiswal. Millie's Poster also won at the District level and will be going on further to compete.
- 2nd Place Winner: Tommaso Palermo
- 3rd Place Winner: Hannah Oluckun

The Speech Contest was for students in grades 10 - 12. Working with Christine Dickins, a teacher from the high school, it provided the opportunity for them to practice their public speaking skills. The topic this year was Environmental Crisis: Fact or Fiction.

 The winner was Hasini Reddy who will represent the Ashland Lions Club at the next level of competition.

On Thursday, December 8th, members of the Greater Ashland Lions Club put into action our motto "We Serve" by serving over 75 seniors their Pot Roast dinner. This was their annual Holiday Party held at the Community Center.

We are still collecting Coats for children and adults. There are drop-off boxes in the lobby of Town Hall and at Dunkin' Donuts on Memorial Drive (MBTA access road off West Union St / Rte.135) you can also contact Lion Deb Connaughton (508.728.4912) for pickup.

Do you have any used eyeglasses hanging around? We'll take them! Please bring them to the Police Station (located on Main St.), Market Basket (Pond St. / Rte.126), the VFW (on Pleasant St) or the Town Hall on Main Street.

Looking to get involved with a fun, low-pressure group of service-oriented folks - that's us! New members are always welcome! If you'd like to learn more about the Lions and our club, please contact Lion Alexis at cvarnie@ hotmail.com.

For up-to-date club information, please check us out on Facebook: Greater Ashland Lions Club. #weserve #kindnessmatters.

SUBMITTED: LION ROSALIE PORTER, 2ND VP

RECYCLE THIS NEWSPAPER

Help save lives during National Blood Donor Month

Resolve to give blood on Thursday, Jan. 19, at The Ashland Senior Center with the American Red Cross

National Blood Donor Month has been observed in January

since 1970 and recognizes the importance of giving blood and platelets while honoring those who roll up a sleeve to help patients in need. The community is invited to help save lives by donat-

ing blood on Jan. 19, from noon to 5pm at The Ashland Senior Center.

MSM Dry Bar, Ashland, has generously offered to sponsor this blood drive and several other local drives. In appreciation for your generosity each donor will receive a coupon for one complimentary haircut. Promotional haircuts offered by MSM Dry Bar must be redeemed on a Tuesday, before March 28th 2023, and haircut appointment must be scheduled in advance.

To schedule an appointment go to donate please visit https:// www.redcrossblood.org/give. html/drive-results?zipSponsor=Ashland

The winter months can be especially difficult to collect enough blood and platelets to meet patient needs. Inclement weather can result in blood drive cancellations, and seasonal illnesses, like the flu, can prevent some donors from making or keeping appointments to give. Blood donors with all blood types are encouraged to

MSM Dry Bar
Community Blood Drive
Ashland Senior Center

January 19, 2023 12pm to 5pm

We are pleased to partner with MSM Dry Bar! In appreciation for your generosity each donor will receive a coupon for one complimentary hair cut. Promotional haircuts offered by MSM Dry Bar must be redeemed on a Tuesday, before March 28th, 2023. Haircut appointment must be scheduled in advance. https://www.msmblowdrybar.com/service-page/the-american-redcross-donors?referral=service_list_widget

Schedule your appointment to donate today! https://www.redcrossblood.org/give.html/drive-results?zipSponsor=Ashland

RedCrossBlood.org 1-800-RED CROSS

make an appointment to give.

To learn more, download the American Red Cross Blood Donor App, visit RedCrossBlood. org.

To schedule an appointment go to https://www.redcrossblood.org/give.html/drive-results?zip-Sponsor=Ashland or call 1-800-RED CROSS (1-800-733-2767.) Completion of a RapidPass®

online health history questionnaire is encouraged to help speed up the donation process. To get started, follow the instructions at RedCrossBlood.org/RapidPass or use the Blood Donor App. A blood donor card or driver's license or two other forms of identification are required at check-in.

Print & Deliver

We Print *and* Deliver your inserts.
Perfect for Big Events,
Coupons, Menus and More!



For more information, or to schedule your insert, please contact Susanne Odell Farber at 508-954-8148 or by email at sue@sodellconsult.com

Place your Real Estate Ad today!

Contact Susanne: 508-954-8148 sue@sodellconsult.com

Real Estate Corner

Ashland Recent Home Sales

Date	Ashland	Amount
12/16/2022	37 Trailside Way	\$410,000
12/15/2022	71-73 Raymond Marchetti St	\$550,000
12/15/2022	144 Mountain Gate Road	\$405,000
12/14/2022	225 Leland Farm Road	\$421,000
12/13/2022	40 Green Street	\$600,000
12/12/2022	4 Mountain Gate Road	\$410,000
12/09/2022	2 Bay Colony Drive	\$655,000
12/09/2022	83 Braeburn Lane	\$620,000
12/07/2022	17 Acton Road	\$635,000
12/07/2022	298 Main Street	\$380,000
12/05/2022	2 Chase Circle	\$750,000
12/01/2022	86 Hilldale Road	\$485,000
12/01/2022	167 Leland Farm Road	\$375,000
11/30/2022	57 Green Street	\$535,000
11/29/2022	14 Davis Farm Road	\$600,000
11/29/2022	19 Braeburn Road	\$690,000
11/28/2022	73 Howe Street	\$625,000
11/28/2022	3 Susan Lane	\$817,500
11/28/2022	108 Olive Street	\$200,000
11/28/2022	217 Meeting House Path	\$430,000
11/23/2022	300 Winter Street	\$535,000
11/23/2022	9 Burnham Circle	\$1.15 mil
11/18/2022	203 E Union Street	\$361,000
11/17/2022	118 Captain Eames Circle	\$465,000
11/17/2022	163 Captain Eames Circle	\$560,000
11/17/2022	118 Captain Eames Circle	\$465,000

RAM Clinic

Jay Byrnes, Ashland Board of Health Member, has begun preparations for a Remote Area Medical (RAM) Clinic, which is planned to take place on August 12-13, 2023. RAM is a pop-up medical, dental, vision clinic that provides free health-care services to those in need around the country. Planning for a clinic can take a year, or more. Jay first brought this concept to the Board back in February, and has been giving updates to the Board at each meeting since. Jay

and his CHG (Community Host Group) Team (Ed Burman, Ed Hart and Steve Mitchell) have already made some great progress. They met with representatives from RAM at Keefe Tech H.S. which was accepted as an approved location. They recently visited another RAM Clinic which was held in Lynn, MA, to see how things worked out there, and to see what they could learn from it. They have also met with key people from FSU, Senator Spilka's Office, and the City of

FREE POP-UP
DENTAL, VISION, MEDICAL

CLINC

AUGUST 12-13, 2023

FRAMINGHAM, MA

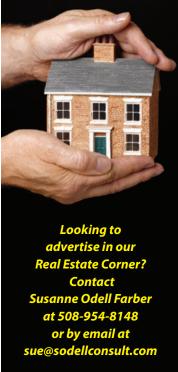
Joseph P. Keefe Technical High School
750 Winter St. Framingham, MA 01702

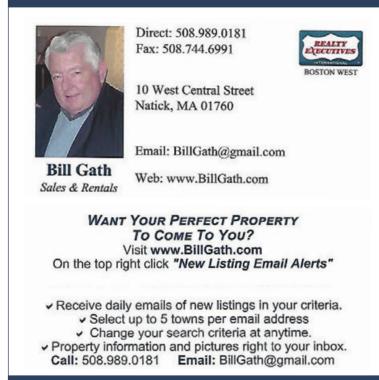
Framingham.

Stay tuned for more information coming soon regarding this wonderful opportunity.

MORE INFORMATION COMING SOON!









Another great year of Christmas Trees!

The Ashland Lions had a great year selling Christmas trees and wreaths in our new location behind the Ashland VFW. The lot opened the day after Thanksgiving and wrapped up on Friday, December 16th! We would like to thank the people of Ashland and surrounding towns who purchased their tree or wreath from the Ashland Lions tree lot to support a good cause, because 100% of the proceeds from selling trees and wreaths goes to our local community and Mass Lions Eye Research Fund. The Ashland Lions are grateful to the Ashland High football team and Coach McKay for their help unloading hundreds of trees upon arrival, and to Boy Scouts Troop 232 and Leos Club members who volunteered every weekend to sell trees and wreaths. A big thank you to the Ashland VFW for our 2nd year in our new home. Most importantly, Ashland Lions thanks its members for their efforts with preparing the lot, covering every open shift, and cleaning up when everything was done. We



Volunteers help unload trees at the Ashland Lions Tree Lot

hope to see you again next year!

Ashland Lions Meat Raffles

Ashland Lions will continue its tradition of meat raffles at TJs Food and Spirits in Ashland. Come join the fun on Saturday, January 7th 12-4pm. Early bird tickets before 12:30pm. As always there will be great food, fun people and great meat to choose from. For more dates and

times, check out our Facebook page. See you there!

Senior Breakfasts

Seniors, why not join us and other members of the community for breakfast? Senior Breakfasts are on the first Thursday of each month, held at the Ashland Senior Center, 162 West Union St in Ashland. This event runs through May.

Eyeglasses and Cellphone Collection

Eyeglasses and Cellphone Collection

Eyeglasses and cellphone collection is a year-round project with collection of used prescription and nonprescription eyeglasses, sunglasses, hearing aids and cell phones.

Collection boxes are located at:

Ashland Post Office
Ashland Senior Center
Old train station - Ashland
Moody Optical - Ashland
Middlesex Bank - Ashland
Fayville, MA Post Office
Studio Optics - Framingham
Southborough Senior Center
Southboro Post Office on Rt.85
TJ's Food and Spirits - NEW
LOCATION

The Residence at Valley Farm – NEW LOCATION

Happy New Year Ashland!

The Ashland Lions Club would like to thank the Ashland community for all its support again this past year. With your help we had a successful coat drive, successful meat raffles, a great golf ball drop, and a great year selling Christmas trees. We hope to see and hear from you soon!

New year, new opportunities

Why not make Lions Club Red your color for 2023 and participate in service to the community? If you're interested in becoming a member of the Ashland Lions, please reach out to us via email at membership@ ashlandlions.org for details.

Stay up-to-date on Lions happenings

To see the latest status of our events, please visit our Ashland Lions Facebook page. Click the Like button and you will be automatically notified of changes or cancellations. While you're at it, be sure to follow Ashland Town News too!

LION DAN MITCHELL

LOOKING FOR GREAT RESULTS FOR YOUR HOME?











Call Kim for a no-obligation market analysis & home consultation.





(508) 808-1149

FoemmelFineHomes.com