



Cook County Schools - ISD #166

The Viking Voice

Monthly

February 2023

Happy February Cook County School Families

First, I want to confirm that I have resigned and this will be my last year as the Proud Cook County Principal. I will be finishing out the school year strong and have set a strong path for my successor with a great Cook County team and foundation.

During the month of February our students are learning and practicing the quality of CARING! There will be different messages and announcements throughout the month to celebrate caring. We will be recognizing our students of the month during the last week of February. This is a time when our students are celebrated and honored by staff and myself!

We have had some frigid days. Please be sure that your students are dressed appropriately in their winter clothing. It is important that they have the gear for being outdoors as our classes participate in outside activities daily. We encourage students to have a winter jacket, snow pants, gloves/mittens, warm hat and winter boots. If your student needs any of these items please let us know so we can support them!

We continue to have job opportunities here at Cook County Schools. You can find out more information on the website, www.cookcountyschools.org.

Go Vikings!
Megan Myers
PK-12 Principal



Important dates during the month of February:

February 16th and 21st (changed from the 14th & 16th) After School Parent-teacher conferences from 3:30-6:30 in person

February 16th MID TERM

February 17th Parent teacher conferences in Grand Portage, Professional Development Day for teachers and staff, NO SCHOOL for students

Cook County Schools is exceptionally grateful for the leadership of Principal Megan Myers for the past five school years! Ms. Myers, who has been with the district since September of 2018, and her family are making plans to move this coming summer to be closer to family members that need their help and support. The Cook County Schools principal position has been posted (see the Employment link at the top of [the district website](#)), so please help spread the word about this important position to help us attract the best and brightest of school leaders to Cook County!! Interviews are tentatively scheduled to take place in March. Anyone with interest or questions can reach out to Superintendent Chris Lindholm at clindholm@isd166.org.

—Superintendent Chris Lindholm



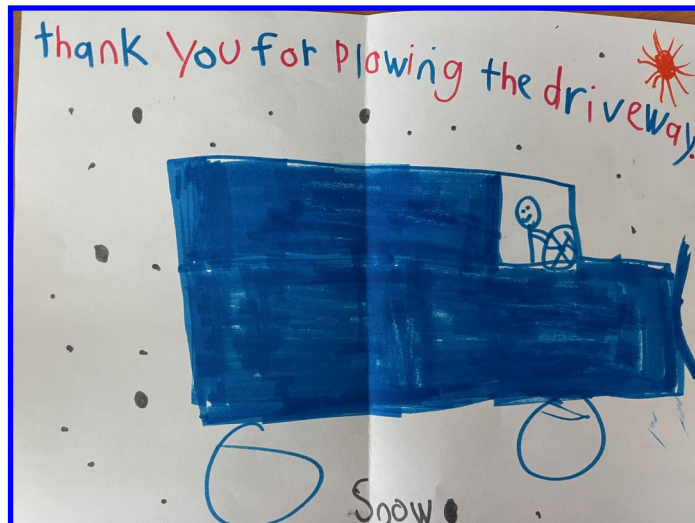
Sawtooth Mountain Elementary News



SNOW MUCH FUN! Sawtooth Elementary Students Preschoolers get to partake in snowshoeing and other fun winter activities daily with plenty of outside time. Students in grades K-5 have Outdoor Education class with Mr.Theismann 2-3 days per week. They spend time in the School Forests learning about outdoor activities like snowshoeing, forest ecology, survival and other winter adventures, and sometimes just building a snowman!



Mr. Long's 2nd grade class made thank you cards for the snow plow custodians in appreciation for their hard work.



In Science class the fourth and fifth graders built arcade games out of recycled materials. Their objective: build a functioning arcade game that includes simple machines. They worked as teams to build their games. They created skee-ball, plinko, basketball launchers, claw machines, and more. The project was a huge success and the students had a blast!—Ms. Haley Scott, 5th Grade Teacher



Science!

Sawtooth Elementary Yearbook Order Forms

Sawtooth Elementary 2022-23 Yearbook Order Form

Name: _____ Grade: _____

Classroom Teacher: _____

No. of Yearbooks _____ @ \$15.00 each

Total \$ _____

Paid by Check: _____ Paid by Cash: _____

Date: _____

Checks payable to **ISD 166**

*** Yearbooks are available by pre-purchase only.**
To receive a yearbook you must return this order form and full payment to the PK-12 office by March 16, 2023.

ORDER DEADLINE IS MARCH 16th

Prefer to order online?

Follow these steps:

- 1) Visit <http://www.memorybook.com/online-pay/parent-pay/>
- 2) Enter our school code **911324** then click "Go to your school account log in"
- 3) Click on the link below your school name
- 4) Register as "new user"
- 5) Purchase a yearbook for \$15.00 (\$17.50 after taxes and fees)



ORDER DEADLINE IS MARCH 16th



Cook County Middle School News



Exploratory Day

The goal of our Middle School Exploratory Days is to introduce students to new places and activities around our school and throughout Cook County. Students learn local history and ecology, as well as explore recreational opportunities through field trips and activities during all seasons. Through these field trips and special events, students and staff build deeper relationships that enrich our classroom environments. —Ms. Emma Spoon, Middle School Science Teacher

This month on Exploratory Day, April Wahlstrom's and Emma Spoon's middle school students spent an afternoon with community mentors learning about curling, and students learned outdoor winter skills.





The MS bands and HS band performed on Monday, January 9th in the Arrowhead Center for the Arts. Works by Prokofiev, Haydn, Bach, Sousa, and others were performed. The music department appreciates the custodial staff, administration, parents of band students, those who donated treats, and those who donated to our free-will offering. If you would like to know more about what the CCHS band department is up to, you can follow @vikingbands_isd166 on Instagram.—Mr. Ray Johanneck, Band Director



Congrats to some of our Cook County Schools students in the North Shore Storm Cross Country ski team! The North Shore Storm girls and boys Varsity and Junior Varsity placed in the top 10 in the Pincushion Meet in January.



Cook County High School News



On Jan 17th, fifteen MSHS choir students walked over to the North Shore Care Center and sang for the residents. We were excited to have the opportunity to actually go inside the building and sing! It has been a long time since that has been an option and we are hoping to go again this year. This was a particularly significant milestone since many choral members are experiencing their first year in choir. Music is a gift you can share! —Mrs. Cindy Johnson, Choir Director



CCHS Boys Basketball Varsity Team
Go Vikings!



CCHS Girls Basketball Varsity Team with
Coach Kelly Hawsen

Live Unified!

Friday, January 20th all CCS students took part in the national Unified Movement with Special Olympics. The Unified Movement is all about making the world inclusive for people with and without intellectual disabilities. If you “Live Unified” it means you help ensure that everyone has the right to play, learn and thrive in your school and community. Middle School and High School students, as well as CCS staff, sign the pledge to be inclusive, received prizes and learned more about Cook County Unified Club. Sawtooth Elementary students had special visitors from the Unified Club read a book about inclusion and got to sign the pledge as well. The banner will hang near our cafeteria to remind us of our Unified Movement and the importance of inclusion in Cook County.

—Mrs. Melissa Oberg, Special Education Teacher





Early Childhood Community Education News

ECFE
EARLY CHILDHOOD FAMILY EDUCATION
**EAST END
OPEN GYM**
FREE FREE FREE FREE FREE FREE FREE
FRIDAYS 1:00-2:00PM
GRAND PORTAGE
COMMUNITY CENTER
AGES 0-5 WELCOME

ECFE
EARLY CHILDHOOD FAMILY EDUCATION
FREE FREE FREE FREE FREE
WEST END: FEBRUARY 9, 16, 23RD
LUTSEN TOWN HALL 5:00PM DINNER,
5:30-6:30PM MIXED AGED CLASS
CLASS SIZE IS LIMITED,
SO REGISTER EARLY!
OPEN GYM WEST END: BIRCH GROVE
SCHOOL GYM- BOUNCE HOUSE!
JAN 23RD, FEB. 27TH, MARCH 20TH,
APRIL 17TH 5:30-6:30PM
REGISTER ONLINE THROUGH ISD #166
COMMUNITY EDUCATION,
WWW.COOKCOUNTYSCHOOLS.ORG
MADE POSSIBLE BY A GRANT FROM THE NORTHSORE
COLLABORATIVE- THANK YOU!

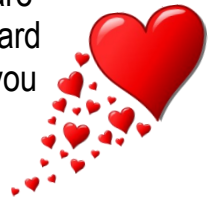
January ECFE Mini Session
January 19, 26, Feb 2
5:00 FREE DINNER
5:30-6:30 CLASS
Come and join us for a free dinner on
Thursdays, 5:00pm. Then enjoy some play
time in the gym with other families with a
short activity in the classroom to follow.
FREE FREE FREE FREE FREE FREE
Register under Community Education
tab, www.cookcountyschools.org

The After-School program at the YMCA will be available Monday-Friday starting the first week in February! The program is open to kids in preschool through age 12 for kids at Sawtooth Elementary and GES. It's more than child care: students can engage in games, STEM projects, outdoor recreation, arts and crafts, and create friendships in this program. Snacks are provided!



 **Thank You
Paraprofessionals!**

Happy Paraprofessional
Appreciation week!
January 23-27, 2023. We are
grateful everyday for how hard
you work and the impacts you
make with our students!





Auditions for Alice in Wonderland

Auditions will be held Monday, February 6 at 5:30 - 7:00PM.

Auditions are open from grades 6 to adult.

Rehearsals are scheduled for Monday - Friday 5:30 - 7:30 beginning February 8.

Schedule will vary per role. A specific rehearsal schedule will be distributed at first rehearsal.

On accepting a role, each cast member agrees to attend all relevant rehearsals unless agreed AT THE TIME OF AUDITION with the production team.

As part of your audition, you will be asked to perform a small monologue. These monologues are listed on the Alice page at grandmaraisplayhouse.com. This monologue should be memorized.

When learning your monologue, remember to consider your character, and what they are feeling. How can you get this information over to your audience through your audition? You may feel free to choose any of the monologues for your audition, as no matter what you perform at audition you will still be considered for all parts. This said, if you are particularly keen on playing a specific part then it would be a good idea to prepare the appropriate one for audition. During the audition, you may be asked to perform your scene in different ways. You may also be asked to work on other small scenes from the play and take part in some group improvisations. Come to audition in comfortable clothing ready to move around freely. Shoes must be worn, No boots or socks only.

The poster features the Grand Marais Playhouse logo at the top, set against a background of a stage with spotlights. The text is in yellow and white. It reads: "Summer Theater Camp June 12 -22, 2023 M- TH 10 - 4pm For Ages 10- 17 Register at grandmaraisplayhouse.com at the Arrowhead Center for theArts".

Summer Theater Camp
June 12 -22, 2023
M- TH 10 - 4pm
For Ages 10- 17
Register at
grandmaraisplayhouse.com
at the
Arrowhead Center for theArts

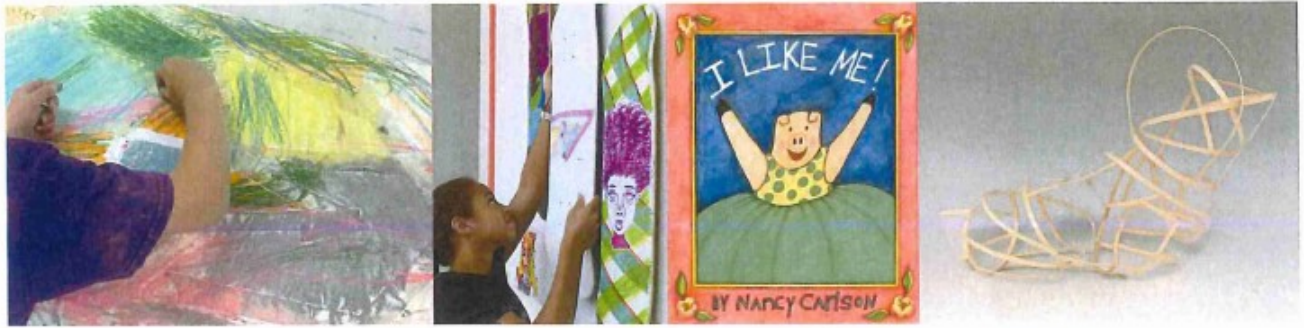
Summer Theater Camp 2023

The Grand Marais Playhouse will be holding a theater camp June 12-22, 2023 for ages 10 - 17. Camp will run Monday through Thursday 10 Am - 4 PM.

Theater camp will develop up to two plays that will perform the last Thursday of camp. Participants will be involved in all areas of production including set, costumes, lights, props, painting and sound as well as acting in the productions and being part of the running crew.

The cost of the camp is \$250. A limited number of scholarships are available.

Camp instructor is Sue Hennessy. She will be assisted by student interns and community members.



2023 YOUTH CLASSES

AT THE GRAND MARAIS ART COLONY

DRAW, PAINT, SCULPT AFTER SCHOOL CAMP

AGES 10 – 13

FEBRUARY 7 – APRIL 4

WEEKLY ON TUESDAYS | 3:30 – 5:00 PM

With Allison Healy

Over this 8-week after school camp, students will explore a variety of materials and techniques while learning about design and composition.

PAINT AND PRINT AFTER SCHOOL CAMP

AGES 7 – 9

FEBRUARY 9 – MARCH 9

WEEKLY ON THURSDAYS | 3:30 – 5:00 PM

With Nan Onkka

Over this 6-week camp, explore a variety of painting and printmaking techniques, which will include abstract painting, relief prints, and mixed media.

CHARACTER CREATION CAMP: USE YOUR IMAGINATION

AGES 6 – 10

JUNE 19 – 23 | 9 AM – 12 PM

With Nancy Carlson

Join author and illustrator Nancy Carlson to create characters get to know them and put them in original stories.

MOBILES: SCULPTING WITH LINE AND VOLUME

AGES 11+

JULY 17 – 20 | 9 AM – 12 PM

With Danny & Kari Halker Saathoff

Create a suspended, mobile-like sculpture using line and volume as your guide. This class is being held concurrently with a version for adults.

FAMILY CLASS: WATERCOLOR MONOPRINTS

AGES 12 - ADULT

JULY 17 | 1 – 4 PM

With Carolyn Swiszc

Adults and kids will work alongside each other for a fun, family introduction to printmaking.

DO RAD THINGS SKATEBOARD ART CAMPS

With Mark Rivard

YOUTH CAMP (AGES 9 – 12)

AUGUST 2 | 9 – 11 AM

TEEN CAMP (AGES 13+)

AUGUST 2 - 3 | 12:30-2 PM/10:30 AM-12 PM

Both camps will meet on August 4 for a shared open studio, followed by a public pop up exhibition.

Explore ideas in drawing and illustration while creating an original work of art on a skateboard.

Register online at grandmaraisartcolony.org or call 218-387-2737

Youth scholarships are available. Contact us or visit our website for more information.





Calendar

February 2023



Wednesday, February 1

Alpine Skiing @ Lutsen TBD

Thursday, February 2

Nordic Skiing @ Duluth Snowflake TBD

One Act Play, ACA 6:30 p.m. Free to public

Friday, February 3

Basketball—Boys Varsity vs. Barnum 4:45 p.m.

Basketball—Girls Varsity vs. Barnum 6:30 p.m.

Monday, February 6

Alice in Wonderland Auditions—ACA 5:30 pm

Tuesday, February 7

Alpine Skiing @ Giants Ridge TBD

Basketball—Girls Varsity @ Two Harbors 6:30 p.m.

Wednesday, February 8

Nordic Skiing @ Giants Ridge Section 7 TBD

Thursday, February 9

Nordic Skiing @ Giants Ridge Section 7 TBD

Friday, February 10

Basketball—Girls @ Cromwell-Wright 4:45 p.m.

Basketball—Boys @ Cromwell-Wright 6:30 p.m.

Saturday, February 11

Basketball—Boys @ Northland 2:00 p.m.

Monday, February 13

Basketball—Girls vs. MLWR 6:00 p.m.

Tuesday, February 14

Knowledge Bowl

Tuesday, February 14-Friday, February 17

Scholastic Book Fair in Sawtooth Elementary Library

Wednesday, February 15

Nordic Skiing State Meet TBD

Thursday, February 16

Mid-Term

Knowledge Bowl

Parent Teacher Conferences—Cook County Schools

Friday, February 17

Teacher PDD—NO SCHOOL

Basketball—Girls @ Esko 4:45 p.m.

Basketball—Boys @ Esko 6:30 p.m.

Parent Teacher Conferences—Grand Portage

Monday, February 20

President's Day—NO SCHOOL

Basketball—Girls vs Wrenshall 4:45 p.m.

Basketball—Boys vs Wrenshall 6:30 p.m.

Tuesday, February 21

Basketball-Girls vs Duluth Denfield 4:30 p.m.

Parent Teacher Conferences—Cook County Schools

Tuesday, February 21-Thursday, February 23

5th Grade Textile Traditions at North House Folk School

Friday, February 24

Basketball—Boys vs Littlefork-Big Falls 6:30 p.m.

Saturday, February 25

Basketball—Girls @ Fond Du Lac Ojibwe 12:00 p.m.

Basketball—Boys @ Fond Du Lac Ojibwe 2:00 p.m.

Tuesday, February 28

4th Grade Youth Frontiers Retreat

Thursday, March 2

Basketball—Boys @ Carlton 6:30 p.m.



PTA MEETING:

Feb. 8, 2023, at 4:30 PM in the Elementary Library. Kids are welcome at the meeting!

Still not a member of the PTA? Scan the QR Code to become a member. We'll add you to our email list, and you can decide how involved you would like to be!



UPCOMING EVENTS:

Feb. 4, 2023: Many Tiny Lights (Luminary Fundraiser.) Use the info below to sign up/donate.

Feb. 14-17: Scholastic Book Fair (3:30-6:00 PM)

Many Tiny Lights is an annual PTA fundraiser featuring ice luminaries with bonfire, cookies, hot cider and stories! Suggested \$5.00 donation per ice luminary.

We'd love for you to come join us Saturday Feb. 4th at 5:30 PM. Lakeside at Drury Lane Books on the East Bay.

If you'd like to donate to the event, please let us know:

I'd like to donate (Circle):

\$5.00 \$10.00 \$15.00 \$20.00 OTHER: _____

I'd like the luminary in memory of:

Return this slip with money to the school office. Cash or Checks payable to GM Campus PTA.



ISD 166 2023 FEBRUARY MENU

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Mac & Cheese Popcorn Chicken Fruit and Veggie Bar Milk	2 Corn Dogs Fruit and Veggie Bar Milk	3 Pizza Fruit and Veggie Bar Milk
6 Chicken Burger Fries Fruit and Veggie Bar Milk	7 Pancakes, Sausage, Hash browns Fruit and Veggie Bar Milk	8 Penne Pasta in Meat Sauce Bread Stick Fruit and Veggie Bar Milk	9 Mashed Potatoes Chicken Gravy Dinner Roll Fruit and Veggie Bar & Milk	10 Hot Dogs Baked Beans Fruit and Veggie Bar Milk
13 Cheese Burger Fries Fruit and Veggie Bar Milk	14 Tacos Fruit and Veggie Bar Milk	15 Orange Chicken on Rice Roasted Broccoli Egg Roll Fruit and Veggie Bar Milk	16 Cheese Bread with marinara sauce Fruit and Veggie Bar Milk	17 NO SCHOOL
20 NO SCHOOL	21 Nachos Fruit and Veggie Bar Milk	22 Chicken Alfredo on Penne Pasta Bread Stick Roasted Broccoli Fruit and Veggie Bar Milk	23 Chicken Nuggets Mashed Potatoes & Gravy Fruit and Veggie Bar Milk	24 Hot Dogs Baked Beans Fruit and Veggie Bar Milk
27 Cheese Burger Fries Fruit and Veggie Bar Milk	28 Burrito Bowl with Chicken, beans, rice, corn, tomatoes, lettuce, cheese, salsa Fruit and Veggie Bar Milk			

Breakfast is a choice of: Breakfast Sandwich, Muffin, Oatmeal, Cereal, PBJ, Yogurt, Cheese Stick, Fruit or Juice, Milk

Daily choice of Soup and Sandwich or Salad bar

Menu Subject to Change

ISD 166 2023 FEB Alternate Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Corn Dogs Fruit and Veggie Bar Milk	2 Pizza Fruit and Veggie Bar Milk	3 Chicken Nuggets Fruit and Veggie Bar Milk
6 Chicken Tenders Fruit and Veggie Bar Milk	7 Quesadillas Fruit and Veggie Bar Milk	8 Grilled Chicken Burger Fruit and Veggie Bar Milk	9 Pizza Crunchers Fruit and Veggie Bar Milk	10 Chicken Nuggets Fruit and Veggie Bar Milk
13 Corn Dogs Fruit and Veggie Bar Milk	14 Quesadillas Fruit and Veggie Bar Milk	15 Cheese Bread Fruit and Veggie Bar Milk	16 Pizza Fruit and Veggie Bar Milk	17 NO SCHOOL
20 NO SCHOOL	21 Quesadillas Fruit and Veggie Bar Milk	22 Cheese Bread Fruit and Veggie Bar Milk	23 Pizza Crunchers Fruit and Veggie Bar Milk	24 Chicken Nuggets Fruit and Veggie Bar Milk
27 Corn Dogs Fruit and Veggie Bar Milk	28 Quesadillas Fruit and Veggie Bar Milk			

February 2023 Menus