

THE ANNUAL HEALTHY LIVING DIRECTORY

Coming in **April 2023**

North Texans are increasingly demanding and seeking products and services that enable them to pursue Lifestyles of Health and Sustainability - and **Natural Awakenings Dallas-Fort Worth Metroplex Magazine** is the premier go-to Resource.



*This **\$300 Billion Dollar***

marketplace comprises everything from organic foods and body care to socially responsible investing, alternative healthcare, renewable energy, and energy-efficient cars and appliances. It also includes a group of consumers who want to do business with companies that share their interests and priorities in these areas.

You can participate with **Basic Listings, Practitioner Profiles, Display ads and Sponsorships.**

**BE FOUND
BE KNOWN
BE PART**

of the Comprehensive Directory of **Green, Healthy and Sustainable Living Products and Services** in Natural Awakenings 6th Annual Healthy Living Directory.

Call for more information and to find out about early-bird specials

natural
awakenings



972-992-8815

AnnualDirectory@NADallas.com



Directory Listing Pricing:

- 1st listing: \$129/\$149 after Jan. 31st
- Additional listings 50% off: \$62.50/\$75.00

Each listing includes:

- Category
- Business Name
- 4 Contact Lines
- Logo or Photo
- 50 Word Description

SAMPLE:

WELLNESS CENTERS

ROCKWALL COMPLETE
HEALING & WELLNESS
2055 Ridge Rd, Rockwall, TX
972-771-8900
RockwallColonics.com



"Our goal is to offer our community high-quality wellness services in an exceptionally comfortable and healing environment. Our services include acupuncture, chiropractic herbal medicine, colonics work and much more."

Ask About
**WELLNESS
PROFILES!**

2023 Healthy Living Directory

Dallas-Ft Worth Metroplex Edition

A Business or Practitioner Profile:



Groton Wellness, a pioneering center for health and healing, was founded by husband and wife team, Dr. Bob Evans, DMD, and Dr. Jean Nordin-Evans, DDS, IBDM, ND, as a whole-health dental practice which believes that a person's teeth are the gateway to health for the entire body. Experts practicing adult and pediatric dentistry, orthodontics, integrative medical and spa treatments, energy medicine, spiritual connection, and a clean-food café that serves nutritious,

whole-food dishes in which many of the ingredients are purchased from local farms. Groton Wellness is the only holistic center of its kind in the United States.

Services provided: Holistic, biological dentistry, integrative medicine, detoxification spa and a clean-food café.

Areas of specialty: The center offers a toxin removal education program, designed to inform patients about toxic dental materials, including bridges, crowns and silver fillings, which are comprised of 50 percent mercury—the most toxic substance known to mankind that is not radioactive. Mercury is a toxic material that can escape from fillings in vapor form and become absorbed directly into the brain, depleting and suppressing the immune system. The rate of vaporization increases when the fillings are stimulated by hot liquids, chewing and even brushing teeth. Dr. Nordin-Evans explains, "Mercury toxicity is a cumulative toxicity, storing itself in many tissues of the body for years, and possibly is the cause of chronic maladies that have affected people for years."

Healing/healthy living philosophy: "Treating you as an individual, not your individual parts, is our unique wellness approach to health and healing," says Dr. Nordin-Evans. "Rather than treating just your symptoms, we partner with you to find and fix the root cause of your health issues."

Jean Nordin-Evans, DDS, IBDM, ND, Groton Wellness, DFW Plaza, 493 Main St. (Rte.119), Southlake To schedule an appointment or for more information, call 817-000-9999 or visit DFWWellness.com.

Profile Pricing:

Advertiser: \$269 • Early Bird \$209 by Feb 28th

- Business / Practitioner Profiles Include (up to 150 words):
- Business Summary
- Services/Products Provided
- Areas of Specialty
- Healing and/or Healthy Living Philosophy
- Business Name
- Practitioner or Business Owner Name
- Address
- Phone
- Website

Contact Us

Natural Awakenings – Dallas-Ft Worth Metroplex Edition

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ONE-TIME AD INSERTION RATES ACT NOW AND RECEIVE 20% OFF (BEFORE 2/28/2023)

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AD RATES: Full Color

Size:	Directory Edition	Design (If needed)
Full Page	\$1150	\$150
2/3 Page	\$874	\$150
1/2 Page	\$599	\$ 90
1/3 Page	\$415	\$ 90
1/4 Page	\$379	\$90
1/6 Page	\$339	\$85
1/8 Page	\$229	\$85



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