

PRSR STD
ECRWSS
U.S. POSTAGE
PAID
PERMIT NO. 142
SPRINGFIELD, MA
Postal Customer
Local



The Millis girls' basketball team was all smiles after defeating Palmer, 50-41, to advance to the Final Four of the Division 5 State Tournament. Photo by Steve Bassignani

Millis Girls Bow to Springfield International in State Hoop Final

By KEN HAMWEY
STAFF SPORTS WRITER

The Millis High girls basketball team fell short in its bid to become the program's fourth state champion, losing to Springfield International, 42-34, in a defensive battle at the Tsongas Center in Lowell on March 19.

The Mohawks, who compiled a 12-8 record during the regular season that included grueling matchups against Tri Valley League opponents, ended their campaign at 16-9.

Top-seed Millis and the second-seeded Bulldogs battled intensely in a low-scoring game that featured two teams relying on relentless defensive efforts.

Millis, which never led in the contest, tied the Bulldogs at 15 apiece at halftime and trailed by 10 points (36-26) with three minutes left in the game.

The Mohawks, however, went on an 8-0 run, cutting their

BASKETBALL

continued on page 2

MFOE founding father John "Jack" Ryan honored posthumously

Ella Ryan, along with members of her family, was celebrated at a dedication in honor of her late husband, John "Jack" Ryan at the Medway Senior Center in March.

Jack was the founding father of the Medway Friends of Elders, beginning the organization at the kitchen table in his home over 30 years ago. The MFOE has since branched out into an important support group for the Medway Senior Center, providing financial support for many of the center activities, the lunch and breakfast programs, and some of its assistance programs.

Several years ago, a tree was planted at the Center in Mr. Ryan's honor, and in March, the MFOE sponsored the installation of a plaque under the tree in his memory. Ella herself has been a longtime active member of the organization contributing many hours of dedicated service.

At the ceremony, the Friends announced that even though she recently retired, she will remain an honorary member.



Ella Ryan, left, and other family members attended a celebration in March that honored her late husband John "Jack" Ryan as the founding father of the Medway Friends of Elders. Courtesy photo.



2 BR CONDO - 6 PINE VIEW MILLIS
\$349K



Joleen Rose, Realtor®
LMC, CBR, MAR, GBAR, NAR, SRES
Beyond Excellence - Leaders Circle
Multi-Million Dollar Producer

 ERA Key Realty Services
Turn Your Dreams Into Reality

Cell: (508) 951-5909 | joleenjrose@gmail.com | www.joleensellshomes.com



Team Rice
www.TeamRice.info

CARL - 508 330 4535	ELLIE - 508 212 4927
KRISTEN - 508 254 2616	ADAM - 508 330 0281

NEW CONSTRUCTION



2 Frontier Lane, Millis

A FLOURISHING MARKET!

HOP IN AND TAKE ADVANTAGE!

© A member of the franchise system of BHH Affiliates, LLC.

BERKSHIRE HATHAWAY
HOMESERVICES

PAGE
REALTY

Free Home Value at HomeValue2023.com

BASKETBALL

continued from page 1

deficit to 36-34 over a 2½-minute span. Millis had a chance to tie it, but Bulldogs junior captain Alicia Mitchell, Springfield International's 6-foot-4 center who had five blocks, made the play of the game, swatting away a shot in the paint with 50 seconds remaining.

"I was a little nervous, but I just had to block out the score and play good defense and rely on my team to do the right thing," Mitchell said. "Which they did."

The Bulldogs' winning margin in the Division 5 showdown increased to eight points when the Mohawks were forced into foul mode to stop the clock. Mitchell, who averaged 21 points in the four playoff games leading to the state final, finished with 12 points. Iyanna Hodge led the Bulldogs with 15.

"The key to the game was our inability to make shots," said Dave Fallon, who's led Millis to three state crowns in his 15 years as head coach. "We had our chances but their defense was active. They applied a lot of ball

pressure and contested many of our shots. Trying to drive to the hoop was difficult with Mitchell in the paint."

Senior co-captain Mia Molinari and junior guard Kyra Rice led Millis offensively. Molinari, who plays power forward and center, scored 14 points and Rice finished with seven. The pair provided all of the Mohawks 15 points at halftime — Molinari had 9 and Rice had 6.

"We're disappointed with the outcome but the girls competed hard, displayed plenty of dedication and they got better every day," Fallon said. "The opportunity was there but we had tough shooting moments. Nevertheless, I'm proud of the way the girls rallied and proud of their desire to bring us within two points with a minute to go."

Molinari, a top-quality leader who's earned a scholarship to play next year for College of St. Rose in Albany, showed plenty of class and dignity after the game, crediting the Bulldogs for their victory and competitive style.

"They're talented and scrappy on defense, their ball-handling is effective and they've got sharp shooters," she emphasized. "Our defense was formi-



Power forward Mia Molinari tries to get around Springfield International's Alicia Mitchell in the Division 5 State Championship game. Molinari led Millis with 14 points. Photo by Steve Bassignani

dable but our shots didn't fall. I look back at what we accomplished this year and it shows great growth. It's hard to dwell on disappointment when we got to the Final Four. I wanted a different outcome but I'm proud and grateful for advancing to the state final."

Molinari recalled that Millis went 8-8 in the TVL but credits the highly skilled and competitive teams in that circuit for pre-

paring Millis for a playoff run.

"We lost four of eight TVL games by three points or less," she noted. "Our league is strong, especially when we face teams like Medfield, Norwood, Westwood, Norton and Dover-Sherborn. Tough competition helped us get ready for the tourney."

The Bulldogs, who employed a zone defense against Millis, advanced to the final by defeating South Shore Tech, Monson, Drury and Sutton. The Mohawks journey to the final began with a pair of lopsided victories on their home court. They defeated Pioneer Valley Christian of Springfield (79-40) and Franklin County Tech of Turners Falls (67-38). A 50-41 triumph over Palmer at Medway High earned them a berth in the Final Four. They downed Hoosac Valley (57-47) in the semifinal before their date with Springfield International.

Heading into the final, Springfield International's coach, Tyrone Reid, said he wanted his players to focus on their game, "and not get wrapped up in the larger stage or what's at stake."

Reid emphasized that: "What we've been doing all year (21-4 record) worked for us. I wanted

the girls to work on their defense and just get better every time we stepped onto the floor."

After the game, Reid was emphatic about the Bulldogs' defensive mind-set and the school's first state title.

"We don't care how many we score," he said. "There was a point where we didn't know if the score was going to get into the twenties. That's our style. As long as we have more points than you, then we're going to play defense end to end. We're going to make you earn every basket you get and that's what we did."

The Mohawks won state crowns in 2009, 2014 and 2015. They defeated Georgetown in 2009, downed New Mission in 2014 and triumphed over Fenway in 2015. An attempt to win three straight fell short in 2016 when the Mohawks lost to Cathedral.

Fallon also guided the Mohawks to a pair of Final Four appearances — losing to Quaboag in 2017 and to Hoosac Valley in 2019. During his tenure, Millis has won seven sectional championships, finished runners-up twice in the state tourney, and captured one Tri Valley League title (2019).

Fallon should have another contender for a lengthy playoff run next year. Molinari will be a major loss but eight of his 12 players will return and three of them were starters this season — Rice, Haley Bassett and Shealin Conroy. Also returning is Lindsey Grattan, who scored 20 points against Hoosac Valley in the semifinal round. Ten of her 20 points came on free throws in the final quarter.

Fallon again was pleased with the effort of his coaching staff, noting that their efforts and focus play a key role in the program's success. They include Paul Geary (javyee and varsity assistant), Dale Maki (roving assistant), Steve Cassidy (freshmen) and Tom Ingraham (varsity assistant).

43 Main St, Hopkinton (508) 625-8100
 32 Hasting St, Rte 16, Mendon (508) 381-0249
 325 N. Main St, Natick (508) 647-0500
 296 Washington St, Westwood (508) 533-6655

MUFFIN HOUSE CAFE

116 Main St, Medway (508) 533-6655

Don't stand in line!
ONLINE ORDERING NOW AVAILABLE!
 muffinhousecafe.com

Open Daily
 Bakery with Fresh Muffins/Pastries

Breakfast and Lunch Sandwiches
 Best Blueberry Muffins Since Jordan Marsh

Receive 10% off any cake with this coupon
 All our cakes are made from scratch on the premises
 Expires 4-30-2023

FREE SMALL COFFEE
 with a purchase of a muffin with this coupon
 Expires 4-30-2023

Muffinhousecafe
 facebook

MM

Coste Cutting & Care
 Complete Lawn Care & Landscape Service

Weekly Lawn Cutting • Spring & Fall Cleanups
 Fertilizer Programs • Lawn Seeding
 Mulch • Pruning • Planting
 Slice Seeding • Retaining Walls
 Goldfish Ponds a Specialty

Serving Millis & Surrounding Towns
 508.376.5658 • CosteCuttingLandscaping.com

LETTER TO THE EDITOR

To the Editor, and Medway residents, regarding the naming of the Town of Medway:

Fellow Medwayites, hear ye, hear ye... Over the years, many discussions have centered around the origin of the name of our town. Incorporated on October 25, 1713, there are three popular claims as presented by Francis Donovan, author of The New Grant – A History of Medway, published in 1976, pages 26-29. The name Medway is from either “settlers here coming from the vicinity of Medway on the River Kent in England brought the name of their town to our place” OR from being the ‘midway’ between Boston, Providence and Worcester OR from being the ‘midway’ between Mendon and Dedham. Mr. Donovan concluded “the most valid would certainly be” the Mendon and Dedham scenario. He writes it was “possible” nobody from the Medway England area spoke up so the Select Committee of the Great and General Court “offered” the name “based on Clark’s Inn, described as the ‘mid-way Ordinary.” In colonial

times, a tavern was known as an ordinary.

A review of Rev. E.O. Jameson’s book, The History of Medway, Mass. 1713 – 1885, published in 1886, and Orion T. Mason’s book, The Handbook of Medway History 1713 – 1913, published in 1913, offer no explanation as to how our town was named Medway, nor does either author speculate any. How Medway received its name has never ‘officially’ been declared.

Maybe, just maybe, while discussing the possible name choices among themselves, the settlers did not come up with a single name, but instead, came up with a few names, and they just couldn’t make up their minds on just one. Mr. Donovan does acknowledge that “from 1705 on, there had been talk of establishing a new town.” And, if the Committee did “offer” a name as Mr. Donovan suggests may have happened, their choice was from the River Medway and not based on the location of Clark’s Inn. The name of our town is Medway, not Midway.

Maybe too, it’s “possible” the



Sanford Mill Falls. Courtesy of Gary N. Berset.

name Medway came from the River Medway, in Kent County England. Keeping it simple, the name Medway came from the River Medway, and had nothing to do with the ‘midway’ to or between anything.

Our town was not named after another town. It wasn’t until 1974, with the passage of the Local Government Act of 1972, where parts of the ‘Medway Towns’ of Rochester, Chatham and Strood were ‘amalgamated’ to form the Borough of Medway, a local government district. It was developed to better serve the region sharing similar population growth and physical expansion. Said differently, until 1974, Medway in England referred only to a river, the River Medway in Kent County England, and a group of towns, the “Medway Towns,” on that river.

I submit that our Medway takes its name from a river, not from any town, or reference to any other specific town. Families had settled in our area from the

naming was never made ‘official’ because our early settlers meeting at Clark’s Inn on lower

Village Street, to establish our town, felt that it would be obvious to everyone, that the chosen

LETTER

continued on page 4

Your neighbors have voted us **GOLD MEDAL WINNERS!** Call today to learn more about our services!



MEDWAY
OIL & PROPANE
 “Your Total Home Comfort Company”

Family owned and operated since 1954

Fuels

- Heating Oil
- Propane
- Diesel
- Bagged Coal

Installations

- Oil & propane heating systems and water heaters
- Oil to propane conversions

Programs

- Flexible pricing and budget programs
- Ask about our Veteran, Military, Police and Fire discount

Service

- Emergency service 24-7
- Oil & gas fired equipment

Be Sure to Ask About our New Customer Program

FREE: 100 gallons of home heating oil or propane*
FREE: \$100 Account credit towards your first tune-up or service plan*

Give us a call today! **800-649-5949**
info@medwayoilpropane.com

*APPLIES TO WHOLE HOUSE HEAT CUSTOMERS ONLY. ASK FOR DETAILS.
*New automatic delivery customers only. Offer ends the last day of the month.

LETTER

continued from page 3

River Medway area. Records reflect families from Essex County settled in Dedham, the Motherland, beginning in 1635.

Many migrated to Medfield beginning in 1649, and many crossed over the Charles River, settling in Medway up into the 1700s. Essex County borders Kent County, separated by the River Thames. The River Medway starts in Sussex County England and empties into the Thames Estuary. Measuring 70 miles long, it is similar to the length of the Charles, 80 miles. The ancient Britons named the river Vaga, meaning roving, wandering. Later, the Saxons added the syllable mad, meaning middle, as the river ran through much of the middle of Kent County.

As we all know, early settlers from England often named their new towns after the towns and landmarks they left behind in Old England. As the crow flies, Dedham, in Essex County England, is only 59 miles away from the River Medway. Med-

field, Medefield derived from Medefeld or 'Meadow feld', later Metfield England, along with Wrentham England, are both less than 100 miles from the River Medway. Notice too, the naming of Medfield, the town we separated from, had nothing to do with midfield or the middle of anything.

I argue, it is very likely that some of our early settlers in town, having their roots in both Kent and Essex Counties, reached a compromise regarding the naming of our town. Mr. Donovan writes, "Fifty persons are listed as founders of our new town." I counted 37 families identified on a map of our new town at the time we were incorporated. I am confident that all of their roots did not lead back to the same community in England. I am equally confident that there were some that strongly wanted to name their new town, their new home, after their old one. Instead of selecting a town's name, the River Medway was agreed upon because it was a name that represented a handful of communities, and many of our original settlers were very familiar with its reputation. It would be a perfect solution. It would satisfy many. It was the best fit.

By 1713, the River Medway had already played a major role in world history. It is steep in naval history beginning when the Romans raged the Battle of Medway during the 1st Century. Even today, the Battle is described as one of the two most important in British history. From the 15th Century up until 1984, Chatham, a 'Medway

Town,' housed one of Britain's major naval dockyards. The river had already served the 'Medway Towns' for many centuries, providing family life, commerce, employment, recreation, in addition to many other necessities. It had always served as a means for transporting goods and services along the river, and out into the English Channel and North Sea.

We clearly are not the midpoint between Mendon and Dedham. As the crow flies, Mendon is 7.9 miles away and Dedham is 13.92. By car, via the old road to Mendon now Village Street, and the Dover Road route in Millis over the Great Bridge since the 109 crossing over the Charles River area was non-existent at the time, Mendon is 9.9 miles away and Dedham is 17.6. All these distances are calculated from Timothy Clark's Inn at 54 Village Street to the town halls in each town. And, if the founding fathers wanted it to mean the midway, or the middle, or the midpoint, with Clarke's being referred to as the 'mid-way Ordinary,' I'm convinced our town would have 'officially' been named Midway, and it wasn't.

The other purported claim is that the name of our town is based on it being the geographic center of the three settlements, Boston, Providence and Worcester. This too makes no sense based on the status of these three places at the time we incorporated. In 1700, Boston was clearly a major settlement in the New World, but had a population of only 6,700, half of Medway's population today. In 1700, Providence, a religious escape destination, was

a farming/fishing plantation. It burned to the ground, except for two dwellings, in the King Phillip Wars in 1667. Their first church and burial ground were not even around until 1700. Worcester, on the other hand, had a much different beginning. Their first settlement was abandoned in 1673 during the King Phillip Wars. Their second settlement was abandoned in 1701. Their third settlement, which became permanent, wasn't until 1713, and wasn't 'officially' established as a town until 1722, nine years after us.

When our early settlers debated on the naming of our town, being located anywhere near the middle of these three communities, a cradle of liberty, a religious establishment and an unstable settlement, was the furthest thing from their minds.

The Act of Incorporation presented to the Massachusetts General Court for approval reads, "the new town by the name of Medway the River to be the Bound betwixt the Two Towns," Medway and Medfield. Notice the words capitalized in the original document... Medway, River, Bound, Two Towns... all that was considered significant. The Act further states that the inhabitants of the West side have "labored under many hardships and Difficulties by reason of Separation by the River to Enjoy Equal benefit and town privileges" with their neighbors. Notice here the capitalized words... West, Difficulties, Separation, River, Enjoy Equal. The difficulty crossing the river, from one side to the other, was the major reason for our

separation from Medfield, for the establishment of our new town.

The Charles River defined our eastern boundary (Old Grant/East Medway/Millis) with Medfield, and our southern boundary with Wrentham, later to become Norfolk and Franklin. In addition to setting the boundary between the old and the new, it began the challenge, to our early merchants, of harnessing its power, starting with Nathaniel Whiting's Gristmill, on the sight of the old Sanford Mill, in 1711. Hoping to replicate the success the River Medway had on its towns, much emphasis was placed on our river, the Charles River, the future lifeblood of our community.

In summation, Medway means Medway. It is most likely that our town was not named based upon its location relative to any other community, but instead, after the River Medway. Our founders, recognizing the rich history and its impact on the lives of all those in the 'Medway Towns,' chose the River Medway. It was a fitting name, the most logical name, for the new Town of Medway.

-Gary N. Berset

To share your thoughts on this story, visit us on Facebook @MedwayMillisTownNews. Editor's note: The Town of Medway was incorporated in October 1713, and this year is 310 years old.

localtownpages

Published Monthly
Mailed FREE
to the Communities of
Medway & Millis
Circulation: 8,640
households & businesses

Publisher

Chuck Tashjian

Editor

Theresa Knapp

Send Editorial to:

editor@millismedwaynews.com

Advertising Sales Manager

Jen Schofield
508-570-6544

jenschofield@localtownpages.com

Creative Design & Layout

Michelle McSherry
Kim Vasseur
Wendy Watkins

Ad Deadline is the
15th of each month.

LocalTownPages assumes
no financial liability for errors
or omissions in printed
advertising and reserves the
right to reject/edit advertising
or editorial submissions.

© Copyright 2023 LocalTownPages



**New England
Ballistic Services Inc.**

**Instant cash paid for
your valuable firearms.**

Call today for a confidential consultation
508-381-0230 • www.neballistic.com



**CHARRON
Tree Service**
Quality Timely Service!
BELLINGHAM, MA
508-883-8823
FREE ESTIMATES • FULLY INSURED

RESIDENTIAL & COMMERCIAL

- Tree Removal
- Pruning/Trimming
- Storm Damage
- Land Clearing
- Stump Grinding

KEVIN LEMIRE, OWNER
All employees are covered under Workers' Comp Ins. CharronTreeService.com



tlc CLEANERS, INC.
Family-Owned since 1985
Eco-Friendly #supportlocal

- All Shirts and Dry Cleaning done on premises
- Same day shirts and dry cleaning service M-F in by 9am
- Alterations
- Leather, Suede and Ugg Cleaning
- Shoe Repair

Medway Food Pantry is in need of Food! Donate today at our Drop Off!

Gould's Plaza, 74 Main St., Rte. 109
Medway, MA 02053

HOURS: M-F 8am - 6pm
Sat 8am - 3pm

508-533-6641
tlcdrycleaners1.com


Mass Lottery Tickets sold here!

You Deserve Some TLC!

Family-run Affordable Junk Removal takes the stress out of cleanups

By CHRISTIE VOGT
CONTRIBUTING WRITER

Whether it's one old fridge in the garage or an entire home of unwanted goods, the team at Affordable Junk Removal offers a cost-efficient, stress-free approach to waste management. "You don't lift a finger," says owner Jason Schadler, who started the company along with his wife Christine in 2005.

The business offers same-day service for both residential and commercial clients across eastern and central Massachusetts and northern Rhode Island. In addition to junk removal, the company rents 15-yard dumpsters.

As a family-owned and operated company, Schadler says Affordable Junk Removal has lower overhead costs and is more accessible than national competitors. "I answer my phone 24 hours a day," he says. "I was on vacation in Italy and Portugal, and I was still answering my phone on the beach. When you call us, you get me — not an automated machine!"

Schadler says the company has an environmentally friendly approach to disposal in which it recycles items when possible, properly disposes of non-recyclables and resells many items at the Schadlers' secondhand store, Resellables. "We opened that store in Bellingham because we hated to see things thrown away," Schadler says. "We have four kids and sustainability is extremely important to us."

During the business's early days, Schadler provided junk removal on nights and weekends when he wasn't busy working at a machine shop. Eventually, the business grew into a full-time endeavor, and the Schadlers invested back into the company



with new equipment and techniques. "When I first started, for example, we didn't have any tarps. I'm driving around and things are flying out of my truck," Schadler laughs. "I'm like, 'Oh my god, I need a tarp.'"

Schadler says his wife Christine "was equally as involved" in getting the business off the ground. "She handled the back-end while I did the heavy lifting, all while she was working at EMC," he says. "Fast forward 17 years, and we both work full time managing the company as well as other endeavors. Business is doing great; it has grown tremendously to a fleet of trucks and dumpsters, and we've also been able to buy a pizza place, The Corner Market in Holliston."

In addition to delivering an in-demand service to the community, Schadler is appreciative that Affordable Junk Removal has helped provide a work-life balance that suits his family. "It allows me to be able to do what I like doing and spend time with my kids," he says. "I'm home to see my babies play softball and do all that stuff. We are also able to give back to the communities we serve."

As for Medway and Millis in particular, Schadler says they are proud to have many repeat

Business spotlight

customers and friends in the area. Hidden Hill Farms in Millis does all the business's welding work, and Affordable Junk sponsors the local girls high school hockey team. The Schadler family's go-to candlepin bowling alley, Ryan Family Amusements, is also located in Millis.

One of the best parts of his job, Schadler says, is meeting and getting to know new people and developing relationships with returning customers. "We are really grateful for the repeat business and the chance to



Christine and Jason Schadler, shown here with their children and dog, started Affordable Junk Removal in 2005.

form connections with residents across the MetroWest area," he says. visit affordablejunkremoval.com.

To receive a free junk removal estimate, call 774-287-1133 or

PAID ADVERTISEMENT

Wishing you a Happy and Safe Holiday!
Egg Breads • Ricotta Pies • Italian Cakes and Pastries

Gaetano's Bakery

Cakes | Pastries | Yogurt

412 Washington Street, Holliston 774-233-0289

Follow Us! [gaetanofinecakes](http://gaetanofinecakes.com) | www.guycakes.com
Gaetano Arria, Owner

Everything you need to manage your money.

Shop | Pay | Manage | Track

How you choose to connect with your money is personal. That's why, at Charles River Bank, we offer powerful solutions — including online & mobile banking, mobile wallet, debit card control, and more — with every checking account. So you can manage your money how, when, and where you want!

Visit CharlesRiverBank.com to learn more about our accounts or to get started today.

Charles River Bank

Personal Connections. Powerful Solutions.

Medway • Bellingham • Mendon

Member FDIC
Member DIF

Medway Senior Center April Events

The Medway Senior Center is located at 76 Oakland Street, Medway, MA. The contact number is 508-533-3210.

Lunches are available every Tuesday and Thursday are \$4.00. The menus can be found in our monthly newsletter or by calling/stopping by the center. We ask that you call in advance to sign up for a meal. Breakfast is being served every Wednesday from 8:00 am until the grill shuts down at 9:30 am. Breakfast is also \$4.00 and is made to order. Every meal includes free fruit, coffee and homemade cinnamon rolls. No need to sign up in advance! Just some join us!

We offer a variety of exercise programs at the center.

- Monday 11:00am - Strength Exercise \$4
- Tuesday 11:00am - Line Dancing \$3
- Wednesday 9:30am - Yoga \$3
- 1:00pm - Chair Exercise \$3
- Thursday 11:00am - Zumba \$4
- Friday 12:30pm - Chair Exercise \$3

EARLY BIRD DINNER

Tuesday, April 4th @ 3:45 pm - This month we will going to Prezo's in Milford for dinner

Call to sign up!

SHRINERS TALK

Wednesday, April 5th, 11:00 am- Come learn about all the wonderful things Shriners does for our community! Sign up to reserve your spot.

HOUSING PANEL

Monday, April 24th @ 12:00pm - DO you have questions about your housing option available in Medway? We will have representatives from the Medway Housing Authority as well as from affordable housing to answer your questions about applications, income guidelines and what to expect during the application process. Call to reserve your spot for this informative housing presentation.

STAMPING CLASS

Wednesday, April 26th @ 11:00 am - Have you ever wanted to try stamping or used to stamp and want to get back into it? Join us for a crafty stamping class! Call to reserve your place!

KARAOKE

Wednesday, April 27th @ 12:30 pm - Join us for a fun afternoon of entertainment and singing! Rick Ferreira, a.k.a, The Karaoke Guy, will be hear to lead

us in some fun sing along! Come join the fun by calling the center!

A MATTER OF BALANCE WORKSHOP

Beginning Monday, May 1st and ending Monday July 31st from 12:30 pm to 2:30 pm. This program is designed to help older adults at the risk of falling to take charge and reduce potential dangers. Participants will learn techniques to increase strength, balance and flexibility and gain the confidence they need to stay active. Spaces are limited so call today to sign up.

SHOPPING TRIPS

Would you like to some shopping and need transportation to get there? We have 2 local trips planned for April all at 12:00 pm. Shopping trip to the Walmart Plaza in Bellingham on Monday, April 3rd and to Franklin Plaza on Monday, April 24th. Call ahead to reserve your spot on the bus.

The Outreach department offers assistance with many types of benefit applications including fuel assistance and SNAP (formerly known as food stamps). The income limits for the SNAP program have recently increased to @2,480.00 for a single house-

hold and \$3,287.00 for a 2 person household. The fuel program applications can be submitted through the end of April so if you are in need of fuel assistance, contact the Outreach department as soon as possible to set up an appointment.

Our SHINE (Serving Health Insurance Needs for Everyone) representative is available by appointment on Wednesdays. She is available to meet in person or over the phone to answer all of your health insurance questions. Call the center to schedule your appointment.

Metrowest Veterans Services - Every Thursday from 1:30 pm to 3:30 pm, a veterans agent available to meet with veterans to discuss a variety of benefits that may be available. Appointments are preferred and can be made by calling 508-429-0629.

Want to receive our monthly newsletters so you are up to date on the happenings at the center including special events, exercise schedules, card games and trip information. Contact the center or come by to fill out a registration form. Fee is just \$10.00 annually for Medway residents and \$15.00 for anyone out of town.

JOHN'S **BIRKENSTOCK REPAIR CENTER**
SUPERIOR SHOE & BOOT REPAIR
FAMILY OWNED AND OPERATED FOR 45 YEARS
 21E CHARLES STREET, HOLLISTON, MA 01746
 839A MAIN STREET (RT. 20), WALTHAM, MA
 CERTIFIED IN PEDORTHICS/ORTHOPEDIC SHOE MODS
 SPECIALIZING IN LADIES HIGH HEEL TIP REPLACEMENT
 TALL HORSE RIDING BOOT ZIPPER SPECIALIST
www.superiorshoerepair.com
 JOHN ELHILOW, C.PED, O.S.T. (508) 429-2038

New England Steak & Seafood Restaurant
Make Your Easter Reservations NOW!

9 SEATING TIMES AVAILABLE

12:00 noon	2:30 p.m.	5:00 p.m.
12:30 p.m.	3:00 p.m.	5:30 p.m.
1:00 p.m.	3:30 p.m.	6:00 p.m.

Route 16, Mendon • 508-473-5079
nesteakandseafood.com

Friends of the Millis Library Offer Scholarship

The Friends of the Millis Public Library are proud to once again offer our annual scholarship to a deserving high school senior. All graduating seniors residing in Millis who will be at-

tending a college or university are eligible for this scholarship. Emphasis will be placed on library volunteerism and efforts to promote literacy/reading.

The Friends of the Millis Public Library, founded in 1983, is a non-profit organization dedicated to supporting and enhancing library services. The Friends have supported the library by providing museum passes, technical support, adult and children's programs, etc.

To apply for the scholar-

ship, Millis High School seniors only should visit the Millis High School website: hs.millisps.org to access the scholarship link. Students from other schools should contact their Guidance Office for more information and to obtain an application. Millis High seniors can start using the scholarship website and students from other schools can begin to apply for the scholarship through their schools on Friday, March 17 and deadline for applications is Sunday, April 23, 2023.

FULL MENU AVAILABLE ALL DAY

The Happy Hatter Cafe





JOIN US FOR BURGER MANIA WEDNESDAYS 'TIL 7

THE HAPPY HATTER CAFE
 98 Main St. • Medway
 Open Daily 7 a.m. - 3 p.m.
 Wednesdays 7 a.m. - 7 p.m.

SAVE 10% ON YOUR ORDER WITH THIS AD

GOT INSERTS?
 Great for Big Events, Coupons, Menus & More!
 You print or we print ... then we distribute.
 Reach more than 140,000 households.
 Contact Jen for Pricing and Reservations:
 508-570-6544 jenschofield@localtownpages.com

Get Ready for the Spring Invasion!

Defend Your Home Now!

TOP FOUR SIGNS OF A TERMITE INFESTATION

Red flags that could indicate the presence of a termite infestation

This year, WPC Pest and Termite Control and the National Pest Management Association (NPMA) are working to spread public awareness about termites during the spring of 2023. With spring on the horizon, termites will begin swarming and could seek out your home for their new nesting space. Because the damage from a termite infestation can easily go unnoticed, WPC Pest and Termite Control is educating homeowners and offering FREE inspections to help identify the top four signs that signal their home is infested.

"Experts with the NPMA estimate that termites cause \$5 billion in damage every year," said

Jim Mazzuchelli, owner of WPC Pest and Termite Control. "This could mean a costly repair bill for homeowners if they don't spot and stop an infestation in its tracks. Unfortunately, most homeowners don't recognize the signs of an infestation until it is too late."

While pest professionals don't recommend a homeowner inspect their home on their own, there are a few red flags that they should look out for that could

signal the presence of an infestation. With the help from experts at NPMA, WPC Pest and Termite is sharing the top four signs that a home has termites:

1. Swarmer or Discarded Wings:

Swarms, also known as reproductives, are young female and male winged termites. In the springtime, after the last freeze, termite swarms will emerge from their nest to mate and search for a new location to start a colony, which typically includes our homes. Termite swarms, or their discarded wings near windowsills and doors, are often the first (and only visible) sign of a termite problem.

2. Mud Tubes:

Subterranean termites, the most destructive termite species, build mud tubes to provide moisture while they travel between their colony and food source. Mud tubes are most often found near the home's foundation and look like encrusted, dry dirt similar to the size of a drinking straw.

3. Wood Damage:

Termites tend to eat wood from the inside out, so wood that

sounds hollow when tapped often signifies a termite infestation. Additionally, homeowners should also look for blistering pieces of wood.

4. Uneven or Bubbling Paint:

Uneven or bubbling paint is often a sign of moisture build-up, which could mean one of two things – water damage or termites.

"If you suspect you have a termite infestation, it is best to contact a licensed pest control expert as soon as possible to stop the damage before it gets worse," added Mazzuchelli. "It is also recommended that homeowners have an inspection done every year to ensure their home is safe from termites."

For more information on this pest, or to contact a licensed pest control expert,

Please visit WPC Pest and Termite Control at www.nobug-snopests.com

PAID ADVERTISEMENT

Sponsored articles are submitted by our advertisers. The advertiser is solely responsible for the content of this article.

Dare to be different!



EYEWORKS

OF MILLIS
YOUR VISION. OUR FOCUS

We believe in carrying interesting and independent lines that are not available everywhere. This allows you to select or create something uniquely you! Stop in today to browse our collections. We accept many insurance plans and you can use your FSA or HSA for eyeglasses!

We accept eyeglass prescriptions from any Doctor's office and can duplicate your current prescription.

508-376-0800

Milliston Common, Millis

Open: Tue 9-6, Wed 9-6, Thur 9-6, Fri 9-5, Sat 9-3

Bethany House Hope Chest to celebrate 30 years

The Bethany House Hope Chest invites the public to come celebrate the 30 year anniversary of the Bethany House Ministries on Sunday, March 26, at 2:30 pm, 1134 Main Street, Millis. Enjoy free refreshments, gifts, lots of fun and great deals throughout the store.

The Bethany House Ministries mission is to "provide a compassionate, healing environment of hope and to provide physical, emotional and spiritual support to those facing challenges, especially those impacted by the harsh realities of prison."

To learn more visit <https://bethanyhouseministries.org> or talk to our staff and volunteers at our anniversary celebration.

WE HAVE WHAT YOU NEED FOR A LUSH LAWN THIS SPRING

SAVE \$75
when you buy all 4-steps at once

SCAN ME

Scan For Deals In Our Mobile Circular!

Experience the difference
ROCKY'S
ACE Hardware

98 Main Street
Medway, MA
(508) 321-1630

813 Main Street
Millis, MA
(508) 376-9524

Or Shop Online at Rockys.com

Grants Awarded to Support Arts, Humanities and Sciences

The Medway Cultural Council is pleased to announce new funding of \$8,866 from the Mass Cultural Council for the 2023 calendar year with \$8,441 being awarded to 13 applicants in the Arts, Humanities and Sciences.

Grants include:

Diane Busa and the Medway Library - Annual Movie

License for Monthly Teen Movie Event at the Medway Library, throughout the year

John J. Crowley and The Southeastern Massachusetts Community Band – Band Concert, Medway Senior Center, Summer '23

Sheila M. Dubrawski and the Medway Historical Society - To My Dearest: The Civil

War Letters of George and Emily Ward, Medway Library, June 13, 2023

Kay Kelley - She Grooves: Using Our Voices for Positive Change, Circle of Friends Coffee House, Franklin, Spring '23

Andrea Kerr and the Medway Friends of the Performing Arts - Medway Family Community Concert, Med-

way High School Auditorium, March 19, 2023

Jennifer Kendall, STEAM - Spin Yer Art Workshop - Medway Library Makerspace, Spring '23

Tom Kroon: Sense and Sound Robotics: FIRST Tech Challenge (after school program for grades 9-12), continues through April '23

Stephen Lewis - International Women's Day Poster Exhibit, Medway Public Library, March 1-31, '23

Erin McCarthy - Bronze Multi-Figure Sculpture, Medway Public Library, in progress

Judith Moffatt - Miss Moffatt's Pixie Festival, Choate Park, July '23

Tonia Ostrow - Hip Swayers Concert - Medway Community Farm, Autumn '23

Elizabeth Silvia, The BaNannies Live!, Choate Park, Summer '23

Bernadette Stockwell and the Claflin Hill Symphony Orchestra - Community Night at the Symphony, Grand Ballroom, Milford Town Hall, March 4, 2023



Lieutenant General Robert "Bob" Joseph Winglass, US Marine Corps (Retired), passed away on Saturday, January 28, 2023 in Melbourne, Florida at the age of 87. Bob was born October 22, 1935 in Cambridge, Massachusetts to Joseph and Catherine (Turowsky) Winglass. He completed grades 1-12, in the public school system in Franklin, Massachusetts. He attended Franklin High School, where he played 4-years of high school football, made many life-long friends, and graduated in June of 1953. Bob then furthered his education at Springfield College, in Springfield, Massachusetts. While in college, he played 4-years of college football, joined the Army Reserves, then transferred into the Marine Corps Reserves and graduated in June of 1957, with a Bachelor of Science in Education (BS). On June 22, 1957, he married the love of his life, Norma-Jean (Weaver) Winglass.

Bob was a loving husband who cherished his wife and family. He loved to play his ukulele for friends, or call up a family member to sing Happy Birthday. Bob truly loved spending time with his children and grandchildren whether out at the lake, celebrating holidays and birthdays together, or taking them on a cruise. He loved cheering at their swim

meets, horse shows, hockey, football, lacrosse, basketball, and soccer games. He was also sure to attend their church contadas, musical theater and marching band performances. Even the smallest of tasks, like walking them to the bus stop or writing them a postcard put a smile on his face. While residing in Maine, one of his favorite pastimes was to take his family to see the Portland Pirates play. Bob was a member of the Freemasons and Anah Shrine. He was also a member of the Eastern Star, Irene Chapter. Bob and Norma-Jean moved from Maine and settled in Melbourne, Florida, where he continued to serve in his community. He truly was an amazingly humble, genuine, and devoted husband, father, grandfather, and great-grandfather. In addition, Bob loved his Marine Corps family and the United States of America and he dedicated his life to public service. He served our nation in wartime and some of the most difficult conflicts of our age and commanded at all levels. In 1957, Lieutenant General Robert Winglass was commissioned as a Second Lieutenant in the U.S. Marine Corps. He began his over 35-year career of active duty service as an Infantry Officer, but was soon shifted to Logistics, Finance, and Material Management. As a commander he led as few as 17 and as many as 10,000 Marines and Sailors at one time. Lt. Gen. Winglass completed his service after serving over 9 years as a General Flag Officer on July 31, 1992 and honorably retired as a Lieutenant General USMC-Retired.

Lt. Gen. Winglass' assignments included Special Assistant to the Assistant Secretary of the Navy, Stock Level Determination and Distribution Manager of Materials in support of all USMC Forces, Financial

Assessment Manager for Marine Corps consumable supplies worldwide, Commanding Officer of a Marine Battalion, and Commanding General of Force Service Support Group consisting of 10 Battalions. In addition to his Bachelor of Science in Education, he earned a Masters of Science (MS) in International Affairs from George Washington University. He also attended the Naval War College, National Defense University, Kennedy School of Government at Harvard University, Industrial College of the Armed Forces, and Defense Systems Management College.

Lt. Gen. Winglass earned many decorations during his service, including the Navy Distinguished Service Medal, Legion of Merit with Combat "V" and 2 Gold Stars, Meritorious Service Medal, Navy Commendation Medal, Navy Unit Commendation Medal, Meritorious Unit Commendation with 1 star,

Marine Corps Expeditionary Medal, National Defense Service Medal with 1 star, Vietnam Service Medal with 3 stars, Sea Service Deployment Ribbon with 1 star, RVN Cross of Gallantry with Palm & Frame, RVN Campaign Medal with Device, Expert Pistol Qualification Badge (2), and Expert Rifle Qualification Badge.

Bob's service wasn't over when he took his uniform off and after retiring from the Marines, he embarked on his civil service career and was elected to the Maine House of Representatives where he served four years as a member of the Transportation Committee and Health and Human Services Committee. He was later employed by the IBM Corporation as the Director of the Strategic Business Relationships Team in the Software Division. In June 2011, he was nominated by the state of Maine's Governor and

appointed as the State Commissioner of Labor in Maine, where he served until August 2012.

Lieutenant General Winglass USMC, will receive Military Honors and be laid to rest in Quantico National Cemetery, Quantico, Virginia, on August 4, 2023, at 1030 EST. May he rest in peace. Semper Fidelis.

Bob is survived by his wife, Norma J. (Weaver) Winglass, his three sons, Robert Joseph Jr. and Julie (Goodwin) Winglass, D. Andrew Winglass, Theodore J. Winglass, his daughter, Laura Jean Winglass, his grandchildren Benjamin Milner and Sarah "Liz" Lee Winglass, Stephen James Winglass, Katelyn Ann Winglass, Jonathan Robert and Bridget (Evangelista) Winglass, Ryan and Sarah Lindsay (Winglass) Madrid, Ethan Winglass, Mae Winglass, Joseph Cross and Samantha Riley (Winglass) Quesenberry, Maya Nicole Recupero, and his great-grandchildren Julian Winglass, Maeve Winglass, Jaxon Robert Winglass, Henry Quesenberry, and his Cousins and their families.

He is preceded in death by his parents, Joseph and Catherine (Turowsky) Winglass, his sister Prudence Eleanor Winglass, his Grandparents Joseph and Prudence W. Zvingilas (Micewich) and Joseph and Petronella (Dirgintas) Turowsky; his Aunts and Uncles: Prudence A. (Zwinglas) Upton, Ona (Zwinglas) Kapochy, Alphonse and Antoinette (Karaitis) Zwinglas, Anthony and Euphemia (Grigalunas) Zwinglas, Andy and Anne Veronica (Turowsky) Lakus, William and Alda (Turowsky) Slavinsky, Albin and Helen (Lapinsky) Turowsky, Eddie Turowsky, Vito Turowsky, Franklin Joseph and June Turowsky.

Medway Cultural Council is one of 329 Local Cultural Councils serving all the Commonwealth. Annual funding is appropriated by the state legislature to the Mass Cultural Council which then allocated funds to each LCC to support community-based projects in the arts, sciences, and humanities.

"The mission of the Medway Cultural Council is to support and cultivate the arts of Medway and to accomplish this we offer grant funding, program development, and educational opportunities. Our goal is to provide our community with a wide range of cultural experiences including art, musical performance as well as traditions from around the world. We support and encourage local artists in a shared sense of community through cultural appreciation."

MCC welcomes ideas, recommendations and feedback for future programming. Medway residents are invited to attend meetings which are held every 1st and 3rd Tuesday at 7pm at the Medway Library.

For more information about the Medway Cultural Council, please visit our website at www.townofmedway.org/cultural-council or email us MedwayCulturalCouncil@gmail.com

Your Money, Your Independence

Peak Earnings Years Are Your 50s - Parents Maybe, You... Not So Much.



Glenn Brown

you may believe a similar trajectory of promotions and compensation will occur over the next 10 years into your “peak earning years”.

Let’s find age 52 to see the Top 10% earn over... \$150,222.

Wait a minute, must be a mistake.

How about age 51?

\$160,822.

Look, if you’re head of a division or executive entering your 50’s, you’re exceeding. But by age 55 or older, you’re also in the ~1-3% of workforce at that age in those positions.

As I explain to new clients in their late 30’s and 40’s, ageism is real in corporate America. Some dismiss it, so I ask, “How many peers on your level or above are in their 50’s?” They answer, “There are some”. Next I ask “How about over 55?”. It’s then that I get a pause with realization.

Several things can be done, start with 3 foundational steps.

Act As If. Apologies if you hear Ben Affleck’s voice, but act as if you’re at peak earnings today. What would you be doing differently? Do you save more? Do you invest differently? Is there a career change? Would

one of you in the household take a risk to work for a start-up, start a small business or become self-employed? How are your future income streams?

Budget. I know, it’s a dirty word. Especially in dual income households making \$250-400K. Yes, we all need our “play hard” moments and/or family experiences, but has a once or twice a year indulgence become a monthly habit because you can?

Effective budgets are not envelopes, obsessive tracking or family meetings, but running a Cash Flow Analysis and review every 6-12 months to see if the projections are your reality. A proper analysis should show projected net free cash flow after all categorized expenses, taxes, and automatic savings allocations.

Savings Prioritization. In conjunction with your Cash Flow Analysis, you should have a clear rationale of where your savings are going. There is balancing between what’s for today, the next 1-2 years and for the future unknown.

Is it 401k, HSA or FSA, 529 plans, IRAs, Roth, brokerage, bank, down payment, emergency or an upcoming experience? Defined percentages or amounts are best, however it’s more important to understand the purpose for prioritization and impact of your choices.

In closing, if you’ve done a financial plan see if the income assumptions are only adjusting for inflation and not bumping up in your 50’s or worse, remaining constant until 65. If you haven’t,

consider a Certified Financial Planner that can help you build, execute and monitor.

The opinions voiced in this material are for general information only and are not intended to provide specific advice or recommendations for any individual.

Glenn Brown is a Holliston resident and owner of PlanDynamic, LLC, www.PlanDynamic.com. He is a fee-only Certified Financial Planner™ helping motivated people take control of their planning and investing, so they can balance kids, aging parents and financial independence.

Sponsored articles are submitted by our advertisers. The advertiser is solely responsible for the content of this article.

A myth young professionals face from family, peers, marketing and even financial professionals is that your peak earning years are in your 50’s. There’s trouble with this assumption in a financial plan. Let me explain.

Do you make over \$162,051 a year?

If you’re age 42, then congratulations you’re a Top 10% earner in the United States per the monthly Current Population Survey (CPS), conducted jointly by the U.S. Census Bureau and the Bureau of Labor Statistics.

Given your earnings at 32,

Roberts Mitchell Caruso Funeral

Medfield
508-359-2000
www.robertsmitchellcaruso.com
Millis
508-376-2000

Woodforms

Fine Cherry Furniture

NOW OPEN!
Saturdays
9 a.m. to 2 p.m.



Made in Massachusetts

Come visit our **FACTORY** and **FACTORY SHOWROOM!**

131 Morse Street | Foxboro | 508-543-9417 | woodforms.net

**Hours: Monday - Thursday: 7 a.m. - 3:30 p.m., Friday: 7 a.m. - 3 p.m.
 Saturday: 9 a.m. - 2 p.m. CLOSED Sunday**

Medway Friends of the Performing Arts seeks volunteers



Medway Friends of the Performing Arts' mission is to promote excellence and broaden student participation in the Medway Public Schools K-12 music and theater programs. We work with administrators, teachers, parents, students, and community members to determine how to support the non-budget needs of music classes, performing ensembles, musicals, and the Medway Community Education private lesson program.

MFPA was pleased to fund over \$6,000.00 of needs in 2017-2018, including financial aid for private lesson program students, donations to high school and middle school musicals, bus

transportation for two MHS music department trips, a new drum set for the middle school, makeup kits for the middle school musical, two snare drums for Memorial School, and iPad storage and apps for Memorial School music classes. Each year we also host a reception for Tri-M Society inductees, provide volunteers to help teachers with events, and produce a free Community Concert. We are looking forward to another successful year support-

ing students and programs.

MFPA is always in need of new members and volunteers at any level, from volunteering at an event, to contributing ideas or planning an event, to serving as a board member or officer. If you would like to help, feel free to send us an email or join us at any meeting.

Meetings are held September through June on the second Tuesday of each month at 7:30 pm in the Alumni Conference

Room at Medway High School. They are a great place to meet other music and theater parents and guardians, share ideas, and celebrate successes.

If you would like to receive occasional email information about MFPA activities or volunteer, visit <https://bit.ly/3lhaDIT>. For further information, email medwayfriendsofperformingarts@gmail.com and like us on Facebook at MedwayFriendsOfPerformingArts

Why Choose Rock optiX?

Dr. Teresa Hrach is an experienced optometrist dedicated to improving the vision and lives of her patients. She has received multiple awards for her excellence in the field, including:

Over 450 5 star ★ reviews on google

FREE TRANSITIONS UPGRADE. EXCLUDE INSURANCE PRIVATE PAY ONLY.

840 MAIN ST., SUITE 112, MILLIS, MA 02054
508-376-2539 • ROCKOPTIX.COM



MFPA annual campaign continues

The MFPA has had a busy year thus far with several opportunities to support the music curriculum and extra-curricular activities for the performing arts at the Medway Public School System.

The ask this year is much more substantial as we embark on trying to fulfill important needs at the Medway High School Auditorium, including a performance grade grand or baby grand piano, additional risers for our choral student performances, and acoustic shells to better the overall sound of the performances that take place in this space.

To help us reach our goal of \$20,000, please fill out the form at <https://bit.ly/3JuwZZ9>. Donations of any amount can be made by cash, check, or Venmo @Medwayfriendsofperformingarts

Community Prevention Group Launches Building Bright Brains Campaign

'SUP Medway, a substance use prevention coalition collaborating to protect the town's young residents from drinking and drugs, is launching its first community-wide campaign. The coalition is made up of a wide variety of community members including parents, health professionals, youth, school leaders, law enforcement, members of faith community and more.

The Building Bright Brains campaign is a series of initiatives

that will be rolled out throughout the year that bring the message to parents and adolescents that brains are still developing until 25 years old and choices during youth can change the structure of the brain for better or worse. The goal is to empower both teens and their parents with tips on what boosts the brain and facts on what to avoid that could hinder brain development.

The group is prioritizing brain "boosts" like eating family meals

together, reading, and drinking water. Brain "busts" that can be risky to the structural development of young brains include harmful and addictive drugs like alcohol and nicotine.

The creation of this brain-based campaign came after assessing the local resources and challenges and selecting strategic goals to tackle first. The group identified that many people seem to recognize and take action to prevent the dangers of drinking and driving, yet it may not be as widely understood that alcohol is dangerous even when not behind the wheel, especially for young people. Even though the majority of Medway youth do not drink alcohol (consistently shown in student survey data from 2008 to present), focus groups conducted by the 'SUP Medway coalition have revealed that drinking among high-school aged youth is considered "normalized". It is concerning that many teens are getting alcohol from home. Also, young people don't understand that drinking alcohol can be dangerous even when they're not planning to drink and drive." said Carolynne Benedetto, a resident, parent, 'SUP Medway coalition member, and presi-

Come See All the New Sandals for Spring

Women's Fashion Shoes in hard-to-find sizes

Sizes 6.5ww - 11ww, also 12m



The Forgotten Foot

"It's Worth the Trip!"

WE'VE MOVED!

1255 Worcester Road, Framingham
Hours: Mon. - Sat. 11 a.m. - 6 p.m. • Sun. 12 - 4 p.m.

508-879-3290

NOR'EASTER ROOFING INC.

Our Roofs will weather the storm!

Thank You for making us your #1 choice.

Deal directly with the owner Rob Chaille. No outside salesman!

ROOFING • VINYL SIDING • WINDOWS
CHIMNEY REPAIRS • SEAMLESS GUTTERS
SPRAY FOAM INSULATION

~Over 36 Years Experience~

Residential & Commercial

From a hole in your roof...to a whole new roof!

508-NOR-EAST / 508-667-3278

www.NoreasterRoofing.com

UXBRIDGE, MA

Call us for a FREE Estimate

CS#69907 HIC#160483



BRIGHT BRAINS

continued on page 13

The b.LUXE *beauty beat*

b.LUXE Visits Mexico for 5th Scholarship Trip

BY GINA WOELFEL

We're back from our trip to visit our sister school, The Martello Instituto de Belleza in Cancun, Mexico, a cosmetology academy owned by Cinthia Martello! Fourteen of the b.LUXE team made the trip this year and, as always, Cinthia and her students treated us like family and welcomed us with warmth and excitement! We toured the school, met the students, and saw the amazing work they've been doing there. It's always so exciting to see the progress the students have made.

We've now visited The Martello Institute five times, and each visit is just as rewarding! It's no surprise that The Martello Institute holds a special place in our hearts. Thanks to Heather Cohen's initiative in 2016, b.LUXE employees have had a chance to give back through philanthropy - perfectly encapsulating our workplace values of community outreach and generosity at its very core.

We believe that education is paramount for personal growth and the key to unlocking a better future. We're so excited to be part of that journey for so many of these students. To date, b.LUXE has given 13 individuals the gift of a beauty career, and is honored to provide some of the resources and professional training necessary to make their dreams a reality.

This was one of our largest salon groups to travel to Mexico and we decided to teach a class on hair extensions. We brought enough supplies to provide all 18 students with an amazing swag bag that included flat irons, professional hair care products, makeup and styling tools. To give our class an extra boost, Heather treated them to a complete hair extension kit from Bellami Hair with enough supplies for the entire class to master the cutting-edge trends of the hair extension industry. Our trip was made all the more remarkable thanks to the generous support of Masello Salon Services, Goldwell and J Beverly Hills - three distributors who we are forever grateful for!

Our holiday had it all - beautiful beaches, delicious meals and time to relax, unwind and reconnect. It was the perfect blend of business and pleasure with days spent laughing 'til we could laugh no more and every step on the warm, soft sand reminding us how lucky we are to work side-by-side each day.

Our travels together proved the strength of friendship - how it can solidify us on our path and encourage great accomplishments. It's a lesson in both personal relationships and professional pursuits that will stay with us forever.



b.LUXE
hair & makeup



Scan for this month's specials!

We're counting down the days till we see our Martello sisters next year! Their welcoming spirit and kind-hearted nature was a blessing we won't soon forget

PAID ADVERTISEMENT

Sponsored articles are submitted by our advertisers. The advertiser is solely responsible for the content of this article.



Village 508-429-2535
AUTOMOTIVE
 Neil Lazzaro ASE Technician
 - Foreign & Domestic - 1292 Washington Street, Holliston

**Propane open Mon-Sat
 Gas Grill Tanks Filled**

**Tires & Alignment
 Suspension & Steering
 Exhaust & Brake
 Air Conditioning**

**Factory Scheduled Maintenance
 Mass. State Inspection Station**

Lilac House
 Chinese Restaurant
 紫丁香
 508-376-8868

**Pleasureable Dining and
 Take Out Service**

OPEN HOURS:
 MON - THURS: 11 - 9:30 P.M.
 FRI & SAT: 11- 10:30 P.M.
 SUNDAY: NOON - 9:30 P.M.

**ONLINE
 ORDERING
 AVAILABLE**

\$5.00 OFF
 The Purchase of
 \$35 or more
 (one per table)
 Not valid with other offers
 Valid thru 4-30-23

WWW.LILACHOUSEMA.COM

34 Milliston Road, (Milliston Common), Millis MA 02054

Living Healthy

Milford -Franklin Eye Center World-Class Eyecare Closer to Home

BY: ROGER M. KALDAWY, M.D.
MILFORD FRANKLIN EYE CENTER

Milford-Franklin Eye Center has been providing eye care to the community for almost 5 decades. Our mission is to deliver state-of-the-art eyecare by physicians, surgeons and optometrists who are predominantly from the community, live in the community and dedicate their careers to serving the community. During the past decades we have performed hundreds of thousands of procedures, many of those are complex and are only available in Boston. We serve everyone in the community, regardless of insurance coverage, race, or disability. Our practice physicians are local and are available daily for emergencies and difficult cases. Other practices do not do the same and often times the provider you see in those practices is not

even a physician. If they have physicians, they are only there sporadically. When it comes to eyecare, ask your friends and neighbors who is the best? Your eyes deserve the best.

Are all eyecare providers equal? Unfortunately, they are not. For example did you know if you have cataract surgery in a practice with no local ophthalmologist present daily you may end up referred to Boston in an emergency? We have you covered as our ophthalmologists (eye physicians/ surgeons) are local and available on a daily basis. Did you know that our practice is the only practice taking calls for our local emergency room at Milford Regional Hospital? The only practice! Other practices refuse to take call. We have been doing the same for 5 decades and are dedicated to you.

Milford Franklin Eye Center has a better vision for your eyes and is dedicated to our community. Our ophthalmologists have performed hundreds of thousands of surgeries, have lectured nationally and internationally and trained junior physicians and other ophthalmologists from prestigious academic institutions. Choose wisely- Your eyes deserve the best.

With offices located in Milford, Franklin and Millis (Millis Eye Center), and soon a new satellite office in Hopkinton, our own award-winning surgery center in Milford and a support staff of 60, we are proud to be the leading medical and surgical eye care center in the area and one of the major eye care centers in the State. We are also one of the rare ophthalmology practices to own and operate our own surgical center, the Cataract Surgery

Center of Milford. No longer need to travel miles and hours to have cataract surgery! Three experienced eye physicians/ surgeons and 5 optometrists are here to deliver comprehensive and excellent eye care for the entire family. If your eyecare provider is still asking you to travel far away for eyecare or surgery, call us for a second opinion.

Have you wondered where do other physicians and even ophthalmologists go for their eyecare and surgery? You guessed it! We have been privileged to care for other physicians and we have operated on other ophthalmologists. Those who know best about eyecare and surgery have consistently chosen us for their care and continue to do the same.

Our practice is proud to offer the latest and best in medical and surgical ophthalmology. For glaucoma we have the latest in selective laser trabeculoplasty to reduce eye pressure and offer Durysta implants to reduce dependence on eye drops. We also use stents and other procedures with cataract surgery to lower eye pressure and manage glaucoma. Our surgeons were the first surgeon in the area to offer bladeless laser assisted Femto cataract surgery. This laser procedure is offered locally at the Cataract and Laser Surgery Center of Milford. We have the only fellowship trained pediatric ophthalmologist in the area. We have the only dedicated optical shop offering a boutique style



frames and glasses for our precious and unique little eyes. Our vitreoretinal specialists are world-renowned and have written the books on retina eye care. They have also trained other students and fellows in this field.

We are particularly proud of our surgery center, the Cataract Surgery Center of Milford. This facility is in your backyard and is proud to offer world class cataract surgery closer to home: Here in Milford. Our surgery center passed certification and accreditation by the most rigorous State and National accreditation agencies.

Cataract surgery is all about better precision, more safety, and excellent outcomes. At Milford Franklin Eye Center, Dr. Kaldawy is proud to have been the first surgeon in the area and among the first in Massachusetts to offer bladeless laser assisted cataract surgery and the first surgeon in the greater Boston area to implant the PanOptix and Vivity lens implants. We have trained local and out-of-state surgeons

EYES

continued on page 13



MILFORD - FRANKLIN EYE CENTER

GREAT NEWS!

Announcing Our New Eye Center In Millis

Millis Eye Center

Milliston Place Professional Building
730 Main Street - Route 109

Finally: Millis Has a Professional Eye Center
Affiliated With MDs, Eye Physicians and Surgeons
Full Optical Shop/ Eye Exams/ Eye Glasses/ Contacts
Complete Routine Eyecare for the Entire Family
Vision Correction Surgery

Roger M. Kaldawy, M.D. • John F. Hatch, M.D. • Bryan Hong, M.D.
Michael R. Adams, O.D. • Shalin Zia, O.D.
Donald L. Conn, O.D. • Dr. Mai-Khuyen Nguyen, O.D. • Purvi Patel, O.D.

Accepting New Patients
After Hours and Saturday Appointments Available
All New Patients Receive a Free pair of Select Eyeglasses

MILLIS EYE CENTER
508-528-3344

Find Your Balance First Class Free!



YOGA AT THE ASHRAM

368 Village St, Millis, MA
www.YogaAtTheAshram.org
508-376-4525



PHOTO CREDIT
PHOTO BY
ANTONIKA
CHANEL ON
UNSPASH

EYES

continued from page 12

on how to perform cataract surgery. We implant high quality premium lenses, with correction for distance, near and everything in between. Many cases of astigmatism are no longer a problem. Our percentage of posterior capsule complications and infections is one of the lowest in the Nation. 100% of the surgeries are performed under topical anesthesia, so only drops, no need for shots and no need for stitches.

We are also proud of our 5 optometrists who deliver comprehensive and routine eyecare to our community and for the entire family. They are all accepting new patients and they have a zero-wait time appointments. They are here to help daily, with availability of late and Saturday appointments. All our optometrists work under the direct supervision and immediate access to our ophthalmologists/specialists.

We are equally proud of our optical shop which is the only local shop to have its own dedicated lab and can cut and finish

your glasses while you wait. Our shop is run by an optician with 4 decades of experience.

Our eye institute has professional management focused on quality customer care. 90% of our staff has been with us for over 5 years! Excellent retention of staff means outstanding loyalty and training.

Milford-Franklin Eye Center realizes you have choices when it comes to eye care. We are different. We are an M.D. physician/ surgeon specialist eyecare institute available for you daily and fully-headquartered locally with our optometrists helping with routine eye care only. We focus on excellent and advanced eye care and treat our patients as if everyone is family. We have surgical results that rival those of major centers in Boston- we can prove it. We are from the community, most of us live in the community and our focus is to serve the community. We believe in a better vision for your eyes. Your eyes deserve the best.

For more details, see our ad on page 12.

Sponsored articles are submitted by our advertisers. The advertiser is solely responsible for the content of this article.

BRIGHT BRAINS

continued from page 10

dent of the Medway Secondary Parent Teacher Organization (MSPTO).

Medway youth who reported drinking alcohol were most likely to get alcohol from parties (2021 MWAHS), yet 9 out of 10 Medway parents are not okay with their child drinking alcohol at others' homes before they turn 21 ("SUP Medway Parent Survey, October 2022). Getting alcohol from home with their parents' knowledge is another top way Medway youth access alcohol according to the MetroWest Adolescent Health Survey and corroborated by focus groups of Medway students. "We get the sense that some parents may tolerate underage drinking if they think their child will not be driving drunk, yet science shows us that the dangers of consuming alcohol before the age of 21 can include impairment to brain functions and increased risk of addiction to alcohol." says Stephanie Simeon, MPH, CHES®, a prevention specialist who coordinates the 'SUP Medway Coalition.

The first activity of the campaign is to gain awareness and share information with a series of Facebook posts, followed by engaging residents by tabling at community events. The coalition is also working towards bringing in a professional speaker and rolling out an online educational module for adults that ties in practical information about

brain development and how that information can help with parenting.

To learn more or support these local prevention initiatives, visit www.SUPMedway.com and share the #buildingbrightbrains campaign posts on Facebook www.facebook.com/SUPMedway/.

Speech-Language & Hearing Associates of Greater Boston

Offering both Center-based and Tele-therapies

Serving the children, adolescents and adults of greater Boston for over 22 years

- Speech-Language Evaluations and Therapies-All ages
- Hearing Tests
- Custom Fit Hearing Aids and Service
- Occupational Therapy

Many of Our Services are Covered by insurance

**5 North Meadow Rd, Medfield
(508) 359-4532**

**30 Man-Mar Drive, Plainville
(508) 695-6848**

**Visit our website:
www.speechlanguageandhearingassociates.com**



Speech & Language delays/disorders
Post-Stroke and Parkinson Therapies
Wilson Reading, Comprehension, Writing



21 Main street, Suite 102, Milford MA 01757

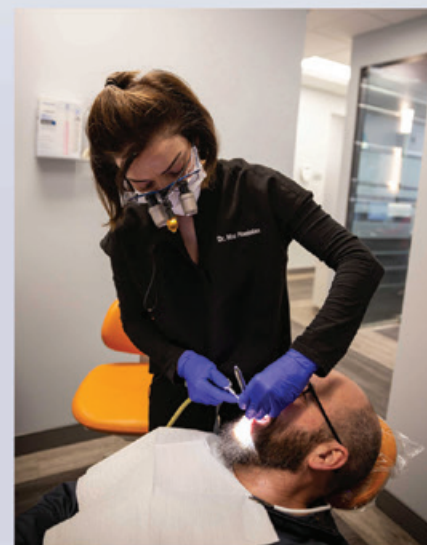
(508)377-3743

milforddentalgroup.com



General & Cosmetic Family Dentistry

- Same day dental services
- New patients welcome
- 0% APR financing
- Most insurance plans accepted



Dr. Nina Raeisian, DMD
General and Emergency Dentist

Dr. Raeisian completed her undergraduate studies in FL and earned her doctorate from Tufts University, School of Dental Medicine . She focuses on general and cosmetic dentistry. She is certified in implant dentistry, Invisalign, and cosmetic dentistry. She joined Milford Dental Group in 2001, where she holds a full-time position as our clinical director. Dr. Raeisian is also an FBI-trained forensic dentist.

New Patient Special \$125 <small>Regularly priced at \$437</small>	Teeth Whitening \$379 <small>Regularly priced at \$599</small>
Same day dental service	Invisalign® Consultation FREE

Sports

Returnees Big Plus For Medway's Softball Team

Reding Upbeat About 2nd Year As Coach

By KEN HAMWEY
STAFF SPORTS WRITER

Chris Reding is optimistic about achieving the goals he's set for his second season as Medway High's softball coach.

"We want to qualify for the tourney," said the 55-year-old Reding who's a 1986 Medway High graduate. "We also want to go deep into the playoffs. Improving daily and contending for the Tri Valley League Small Division title are our other objectives. Dedham and Norton will be strong in our division because they've got tradition and they're well-coached. But, we'll be in the mix, too."

Last year in his first season at the helm, Reding enjoyed a fairly smooth transition, guiding his squad to a 10-9 record and a berth into the state tournament where it lost its opener to Bishop Stang, 4-3.

A firm believer that familiarity breeds success, Reding said, "The girls know my style and what my expectations are, and there's no doubt that the culture of the team is upbeat and spirited."

Another plus for Reding's Mustangs, who open their season on April 3 at Sutton, is losing only three seniors to graduation. Of the nine returnees, five were starters last season.

Medway's team strengths include athleticism, a high softball IQ, a coachable nature, depth and a dependable hitting attack. "We're young but most of the girls have club experience," he noted. "We'll have only one senior, two juniors, six sophomores and there'll be several freshmen who'll contribute."

The Mustangs' captains are senior third-baseman Olivia Basso and juniors Ava Fahey (pitcher) and Nina Pacella (centerfielder).

"Olivia is well-organized, a disciplined captain who leads by example," Reding said. "A four-year veteran, she's aggressive at the plate, and in the field she hits for power. She's got good arm strength and throws quickly."

"Ava is a right-hander who went 9-9 last year. Durable and dependable, she improved as the year moved along. Ava throws a fastball, curve, drop and a change-up. She mixes her pitches effectively and her control is good and her velocity has improved. Nina hit .349 last year batting second. Our fastest player, she's a great bunter and a solid fielder. She's a contact hitter, and in the field she gets a good jump and her arm is strong. Ava and Nina lead by example and create unity."

Three sophomores who'll be prime contributors are catcher Prya Bedard, first-baseman Olivia Klaus and left-fielder Katie Anderson. Last year, Bedard hit .359; Klaus hit .394, drove in 22 runs and scored 19 runs; and Anderson batted .333, managed 20 hits and had 10 RBIs.

"Prya played shortstop last year but she'll return to her usual position behind the plate," Reding offered. "She's got a high softball IQ, is versatile, and a great communicator. A leader on the field, her arm is strong to second base, she knows how to calm down a pitcher and she can hit for average or power."

"Olivia was a TVL all-star last year. A six-footer, she's got

the strongest arm on the team and is solid in the field. A spray hitter, she had 20 singles and 6 doubles last year, and struck out only five times. Katie gets to the ball quickly, is smart and has good instincts. Our lead-off hitter, her speed is good. She's very coachable and sets the tone. Katie struck out only eight times last year."

A trio of sophomores — Amanda Fletcher, Audrey Durgin and Shae O'Neill — rotated in right field last year and as Reding says, "They're very coachable and they all contributed."



Above, Medway's captains are, from left, senior Olivia Basso and juniors Ava Fahey and Nina Pacella. Left, Chris Reding is optimistic about his second season as Medway High's softball coach.



"Shae hit .364 in 11 at-bats, drove in 7 runs and hit one home run," Reding noted. "Amanda is a hard-worker and she's dependable in the outfield. Audrey got only three at-bats last year but went 2-for-3. She has a strong arm. Last year, she cut down a Bellingham runner at the plate with a great throw from right field. That play sparked us as we erased an 8-7 deficit and won, 11-8."

Reding is no stranger to softball at the interscholastic and collegiate levels.

He was a junior varsity coach at Whitinsville-Christian and Blackstone Valley Tech, and he was Northbridge High's varsity coach for four years. Reding, who's a certified hitting instructor, also coached the club team at Providence College for three seasons and was a volunteer coach for Jeff Kearney at Med-

way High for two seasons. He currently directs the Central Mass. Thunder at the AAU level, partnering with Noreen Arpin.

His coaching philosophy is geared to helping his players deal with success or failure.

"The field is an extension of the classroom," he emphasized. "Kids will either succeed or fail, so I stress the importance of handling any failure that occurs. I tell our players to approach all games with a positive attitude and focus on winning. If we're winning, they gain confidence. If we're losing, then that becomes the area to improve upon. If all of this is occurring, then winning and having fun will be the by-products."

Reding also coaches with an eye towards teaching valuable life lessons. He's got four he

hopes his players will embrace.

"Learning to be resilient or mentally tough is one," he emphasized. "That helps kids bounce back from adversity. Another is to be a team-first player. Setting goals is a life lesson that can be learned in athletics. And learning to be an all-around student-athlete is a plus for excelling in the classroom and for playing at a high level."

Reding, who's married and has a son and daughter, was a TVL all-star at Medway as a lineman in football. He also was a pitcher/third baseman in baseball.

Now, Chris Reding is all about softball and he's focused on helping the Mustangs become a better version than they were last year.

**4 Chamberlain Pines
Indoor Golf**

Open Spring & Summer - Tues - Thurs - Sat
Reservations Required

15 North Main St., Bellingham, MA 02019
www.chamberlainpines.com
(508) 966-2187 **chamberlainpines@gmail.com**

Sports

Don't let these 5 misconceptions keep you from making a will.

Have you put off making a will? If so, you're not alone. According to a 2020 survey conducted by Caring.com, only 33% of American adults have estate planning documents, like wills and living trusts, in place. 1

While preparing a will may not be the most pleasant way to spend an afternoon, it could be the most productive—especially for your heirs. Without a valid will, your assets could be tied up in probate court for months, possibly years. What's more, the court will be forced to make decisions that may not conform to your wishes.

Why are so many people reluctant to take this basic—but important—step? In many cases, it is the result of five common misconceptions:

1. I'm not wealthy enough to need a will.

If you consider the value of your car, furniture, and other worldly possessions, you may be worth more than you think. Plus, some items may have sentimental value to your heirs and will need to be distributed fairly. You can also use a will to make legal arrangements—such as naming a guardian for

your minor children—that have nothing to do with your wealth.

2. My spouse will inherit everything.

Consider children from a previous marriage and discuss with your attorney how to include them in your estate planning. Plus, there's always a chance that you and your spouse could pass away at the same time. If so, the distribution of assets could get tricky. Also, be aware that assets with a designated beneficiary, such as life insurance, IRAs, or 401(k)s, goes to the designated beneficiary. So, check periodically to make sure your beneficiaries are up to date.

3. All my assets are jointly titled.

Legal titles, such as Joint Tenants with Right of Survivorship (JTWRoS), can be helpful when it comes to transitioning financial accounts. In some cases, however, they can make things more complicated—especially if the joint owner has also passed away and no further instructions have been provided.

4. I don't have any heirs.

If you don't have any surviving family members, your assets can still be put to good use. You can leave them to a trusted friend, to your alma mater, or to a favorite charity.

5. I'm not ready to set my final wishes in stone.

Updating a will is very common and, because circumstances can change, almost expected. Once the basic framework is in place, ad-



justments are relatively easy to make and can usually be done at a modest cost.

Please don't let these common misconceptions keep you from preparing a will. Given the vital role a will plays in distributing your assets, protecting your loved ones, and making sure your final wishes are carried out, now is the time to seek out a qualified attorney and make sure you have a legally viable will in place.

This educational third-party article is provided as a courtesy by Michael Damon, Agent, New York Life Insurance Company. For information on life insurance for your estate planning needs, please contact Michael Damon at 508-321-2101.

Neither New York Life nor its agents provide tax, legal, or accounting advice. Please consult your own tax, legal, or accounting professional before making any decisions.



"Strategies for Success"



Your Vision; Our Mission

Michael T. Damon
Financial Adviser*
Damon Financial, LLC**
45 Milford Street, Suite 3
Medway, MA 02053
(508) 321-2101
Mike@DamonFinancial.com
DamonFinancial.com

Michael is a Registered Representative offering securities through NYLIFE Securities LLC (member FINRA/SIPC), A licensed Insurance Agency & Agent, New York Life Ins. Co.
*Financial Adviser offering investment advisory Services through Eagle Strategies LLC, a Registered Investment Adviser.
** Damon Financial, LLC is not owned or operated by NYLIFE Securities LLC or its affiliates.
Eagle Strategies LLC and NYLIFE Securities LLC are New York Life Companies.




DON REYNOLDS MILLIS BEAUTIFICATION DAY

Sponsored by the
Millis Lions Club
Special thanks to the Millis Garden Club for your support.

Saturday, April 29th
9AM TO NOON

Registration can be done online at
<https://www.millisbeautificationday.org>

Rain or Shine

Please help clean up public areas all around town
Playgrounds Parks Roadways
Picnic Areas and More

For information or to pre-register contact
Jen Donehey 508-667-4326 millisbeautificationday@gmail.com

TAKE PRIDE IN MILLIS!
VOLUNTEERS NEEDED!

Parents/guardians need to sign permission slip at registration.
Everyone needs to sign waiver at registration as required by the Town of Millis.

Millis Senior Center Events

*Please note that some Regular Events have changed and needs to be updated

The Millis Senior Center is located at 900 Main Street on the ground floor of the Veterans Memorial building. The Center is open Monday, Tuesday, and Wednesdays 8:30-4 Thursdays 8:30-2 Fridays 8:30-12:30. For more information call (508) 376-7051

Regular Events:

BLOOD PRESSURE CHECKS We have a registered volunteer nurse that will provide a blood pressure check for you every Thursday from 11:00-11:30.

Cribbage Meets every Monday and Friday from 9:30-12.

BINGO Thursday at 12:15 in room 21. **SUPER Bingo** (the last pot is worth \$25) is every Thursday of the month.

Stretch & Flow Yoga Every Friday at 9:30 in room 130. Cost is \$3.00 per class. Class will meet in room 18.

FREE BREAD AND PASTRY is available on a daily basis every day in room 21 courtesy of Shaws, Country Kitchen and Blue Moon Bakery.

April Events:

Myths & Miracles of Victorian Medicine

On Monday, April 10th, from 1-2PM, be prepared to gasp, cringe, and chuckle, as you discover the horrifying practices and life-saving discoveries that characterize turn-of-the-century medicine! A doctor would take an x-ray then operate with a scalpel he had just picked up off the floor! Victorian health champion Miss Myrtle Mills (fictional character) will reveal practices that defy today's medical sense as well as discoveries that helped form the foundation of 21st-century medicine. Come learn about homemade cures and "cures"; discovery of the x-ray; the story behind aspirin, and more. Janet Parnes, of Historical

Portrayals by Lady J. Millis will be portraying Myrtle Mills.

SHREDDING EVENT SPONSORED BY DISTRICT ATTORNEY MICHAEL W. MORRISSEY Monday, April 24th, from 10AM-1PM, in the Parking Lot of Millis Town Hall. DA Morrissey invites you to bring your sensitive documents to safely shred in an effort to heighten awareness about identity theft. Bring your boxes, bags and bundles of sensitive documents, including credit cards, identification cards and computer hard drives, to the Millis Senior Center and pull your car up to the shredding truck. There is a screen on the truck to watch your papers shred. Staples and paper clips are fine to leave on. Please remove thick metal, like 3 ring binders and binder clips. For those bringing computer hard drives to destroy, if you are unable to remove the hard drive, bring the laptop and/or computer tower. Free event.

SPRING BASKETS Eileen Muller is back! She prepared boxwood trees with us in December and will be here Tuesday, April 4th at 1PM, to walk you through making beautiful spring flower arrangements with an oasis and basket. She will purchase long-lasting flowers so the arrangements will brighten your homes for many days. Please bring your own sharp scissors. Reservations with \$10 payment must be made before Friday, March 31st. Non-Residents \$25.

MIDDLE SCHOOL KINDNESS CLUB BINGO On Monday, April 3rd at 2:30PM. Play bingo with Millis middle school students in room 21.

WORLD HERITAGE SITES-ARMCHAIR TRAVEL Come with us on a travel adventure as we explore 24

outstanding UNESCO World Heritage Sites through a Great Course. These sights highlight masterpieces of creative human genius, archeological sites, religious architecture, monumental sculpture and painting, classic urban landscapes and masterpieces of architecture and engineering. We will also explore some of our planet's most significant natural features, physical and biological formations and areas of noteworthy beauty and scientific value. Some of the sites to be included are Ancient Egyptian Thebes, the Forbidden City of Beijing, Timbuktu, and Virunga National Park. Sessions will be held on Wednesdays from 11AM-12:15PM and will explore 2 sites per week. Weekly classes April through May 17th. Hosted by Susan Steele.

MARY KAY EVENT April Shower your skin with supplements! We are hosting a Skincare Event on Wednesday, April 12th at 1PM. Come and experience Mary Kay skincare treatments. Learn tips to keep your skin healthy and strong.

Mass DOT REGISTRY OF MOTOR VEHICLES TO PRESENT SHIFT GEARS SAFE DRIVING & DISABILITY PLACARD PROGRAM FOR OLDER ADULTS

Join Michele Ellicks, Community Outreach Coordinator for the Registry of Motor Vehicles (RMV), on Tuesday, April 11th at 1PM at the Millis Council on Aging, for an hour-long program entitled, "Shifting Gears." Ms. Ellicks will discuss issues facing older drivers, rules of the road, recent changes that have taken place at the RMV including Real ID requirements, as well as the warning signs of unsafe driving. She will also share the requirements to apply for a Disability Parking Placard, as well as a Massachusetts identification card; the most recent research concerning older drivers and

will discuss alternative forms of transportation.

PLANNING FOR MEDICARE-COUNTDOWN TO 65 Join a Blue Cross Blue Shield representative on

Tuesday, April 25th at 1PM. This is a great presentation if you are wondering what your insurance options may be when you leave employment or if you are going on or already on Medicare. Topics covered will include health insurance outside of employer sponsored coverage such as:

Explanation of Medicare
Medigap and Medicare Advantage Plans

PIZZA AND PREVENTION WITH MILLIS FIRE DEPARTMENT Otis will be here with pizza and talking about the Millis Fire Department Senior Safe Program on Monday, April 24th at 11AM. Reservations are appreciated.

BOARD GAMES WITH DEBBIE This has been a great success! Debbie will be hosting on Monday, April 24th, 1-3PM. Come on down and enjoy some friendly competition with your neighbors.

Needle Workers Group Come meet some new and old friends as you help each other with needleworking projects on the first and third Thursday of every month from 1-3. Needle pointers, knitters, crocheters, quilters and embroiderers are all welcome. Carol Goldstein will assist with explaining knitting patterns. Come and share your talents.

TAI CHI with Tony Berg This class will focus primarily on the therapeutic aspects of Tai Chi, while the martial/ self-defense and performance aspects will be secondary, discussed only

SENIOR CENTER

continued on page 17

Are you looking for a job with school hours and the school schedule? We have the job for you!

The Medfield Foodservice Department is now hiring! Substitute worker positions available with flexible hours, as well as full time, benefited positions.

For more information please contact: Caitlin Fahy at cfahy@email.medfield.net or 508-242-8897



For all your Automotive Needs Both Import & Domestic

1461 Main Street, Millis, MA 02054

508-376-2557 • 800-894-2557 • www.stevesautoparts.com

Steve Bullock



KEVIN J. TAGLIAFERRI

ATTORNEY AT LAW

**CRIMINAL DEFENSE • BANKRUPTCY
OUI RE-TRIALS • JUVENILE LAW**

508-533-1600

Email: KevLaw2@verizon.net • www.KevLaw2.com
165 MAIN ST., STE. 210, MEDWAY, MA 02053

Frances Perkins to Visit Medway Public Library

Creator of Social Security & First Female Cabinet Secretary

Wielding steely determination and a velvet whip, this politician championed safety and fairness for working people and retirees

She was the first female US Cabinet Secretary, and an object of admiration as well as contempt from her male contemporaries, and one of American history's most influential women of the first half of the 20th century. Yet few know about this remarkable woman.



Frances Perkins pushed through legislation to reduce crushing work-week hours and eliminate hazardous, filthy workplace conditions. She spearheaded the development of a fire-safety code for New York that became a national model and created Social Security. These are but a few of her numerous contributions.

Frances will escort guests through her personal and professional trials and triumphs as a politician, wife, and mother. They will discover her secrets to building alliances and starting down bullies to help make government an ally for working adults, children, and retirees.

Janet Parnes of Historical Portrayals by Lady J, Millis will portray Miss Perkins. (www.women-history.com)

Free of charge.

No registration required.

Questions? Call the Medway Public Library at 50-533-3217.

On April 27, the Medway Public Library will host a portrayal of Frances Perkins. This one-woman performance will run from 7:00 – 8:00 PM. It will take place in the Library at 26 High Street, Medway.

Guests will hear stories from the life of this woman who dedicated her career to providing exploited working people with safe, humane workplaces and offering financial support for retirees.

SENIOR CENTER

continued from page 16

as an aid to learning the various forms. We will be practicing Yang style Tai Chi, which is the most popular of the five traditional schools of Tai Chi. The slow, controlled movements of Tai Chi improve concentration, strength, endurance, flexibility, balance, coordination, and poise. We learn to release unnecessary tension from the body and increase relaxed awareness. The movements and postures are easily modified to fit individual needs. Tony will be here every Tuesday at 9. Classes are \$3.00

per class.

GRAB AND GO LUNCH from HESSCO Every Thursday from 11:15-12 HESSCO is offering a packed lunch which consists of a sandwich, chips, side salad, dessert, and lemonade for a suggested donation of \$3. Every week the sandwich is different. Week 1: Chicken Salad, Week 2: Turkey & Cheese, Week 3: Seafood Salad, Week 4: Ham & Cheese, Week 5: Tuna Salad. Please call the Center at 376-7051 by noon the Friday before to order. Stretch & Flow Yoga In yoga class at the Senior Center we practice gentle stretches, flowing movement and breathing exercises. The class is adaptable



Fish Fry Friday
April 7th
4 p.m. to 8 p.m.
VFW Post 1526
123 Holliston Street
Medway, MA 02053

SpeakOUT to visit Medway in April

Organizers say "Ask Us Anything"

BY THERESA KNAPP

SpeakOUT is coming to the Medway Public Library on April 11 at 7 p.m.

According to www.speakout-boston.org, SpeakOUT is the nation's oldest LGBTQ+ speakers bureau and includes "a community of speakers working to create a world free of homo-bi-trans-phobia and other forms of prejudice by telling the truths of our lives."

The event will include a panel of LGBTQ+ speakers who will share their personal stories and answer questions from the audience.

"We create a safe and sup-

portive space for folks to 'ask us anything' which has been our motto since the beginning," says SpeakOUT Executive Director Ellyn Ruthstrom. "Often people don't have a place they can ask questions about the LGBTQ+ community and we want to provide that resource... Sometimes it can be about terminology or identities, sometimes it can be a very personal question."

The public is invited to this event, and all are welcome.

Ruthstrom says the audience often includes parents who have LGBTQ+ children who are



looking for ways to support them and are seeking guidance.

She says, "Our speakers do our best to answer any and all questions."

For more information, visit www.speakoutboston.org

This event is being hosted and funded by the Medway Public Library.

The Millis Cultural Council Presents The Art of Living Festival

SAVE THE DATE! Saturday, June 17, 2023, 1-4 p.m.

Calling All Local Visual and Performing Artists!

If you would like to share your visual or performing art, fill out this form at: <https://tinyurl.com/MCC-Art-of-Living-Festival>

All ages and talent levels welcome! Forms are due by June 10th

Email questions to: millisculturalcouncil@gmail.com



and really is for everyone! You can use a chair or bring your own mat if you prefer to be seated on the floor. Several levels of modification are given, you will go at your own pace. In this class you will be encouraged to move with ease, never forcing or pushing yourself to a place where you feel uncomfortable.

The class concludes with a breathing exercise and a few minutes in deep relaxation. My hope is that you will leave the

class feeling refreshed, rejuvenated and ready to take on your day with grace and an optimistic mindset The class meets every Friday at 9:30. The cost is \$3.00.

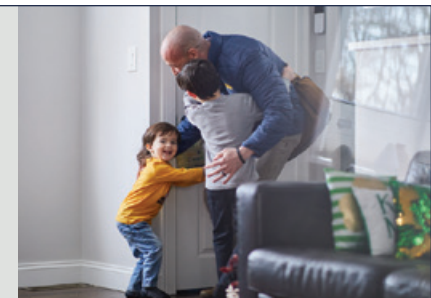
FITNESS ROOM: Thanks to our Friends group the annual fee for Millis residents is now \$50!!!! Why pay expensive gym fees when you can come to your Senior Center and work out with friends? We have 2 treadmills, recumbent bike, upright bike, Elliptical machine and a 7 piece

hydraulic circuit training station. All that is needed is a completed application, medical release from your doctor and view an instructional video, all which can be found on the COA website at millisma.gov. An annual fee of \$100 for non-Millis participants. This covers our maintenance costs and other related expenses. Please contact us at 508-376-7051 if interested. Hope to see you soon!

Hiring all techs, all trades!

- FLEXIBLE SCHEDULE
- TECH SUPPORT
- MODERN TRUCKS
- EXPERIENCE & GROWTH

Extensive Benefit Package including health and 401k plans



PLUMBING • HEATING • A/C • ELECTRIC • REMODELING

RODENHISER
 HOME SERVICES

Enjoy your career!

To learn more, scan the code or visit Rodenhiser.com/Careers



Master Plumber: #10961 | Corporate Plumbing: #2288 | Master Electrician: #21982A
 Master Sheet Metal (Unrestricted): #5867 | Corporate Sheet Metal: #641
 Home Improvement Contractor: #188806

AKC says there's a new Top Dog

French Bulldog most popular in 2022

The American Kennel Club has released its latest list of the Most Popular Dog Breeds in the United States and, for the first time since 1991, the Labrador Retriever is not number one. The top spot now belongs to the French Bulldog.



The Bichon Frise (like Lulu, pictured here) was number 47 on the list of 199 dog breeds. Credit: Kathryn Enos

The 2022 top 10 list includes:

- French Bulldog
- Labrador Retriever
- Golden Retriever
- German Shepherd dog
- Poodle
- Bulldogs
- Rottweilers
- Beagles
- Dachshunds
- German Shorthaired Pointers

For the full list, visit <https://bit.ly/3Z46SxQ>

What do you think about this list? Is your pup here? Should they be? Share your thoughts and photos on our Facebook page @MedwayMillisTownNews.

Millis High School Student Awarded Prestigious National Honor Society Scholarship

The National Honor Society (NHS) announced that Mirola Arian, a high school senior at Millis High School and member of NHS, has been selected as an NHS Scholarship semifinalist.

Since 1946, more than \$21 million in scholarships have been awarded to outstanding NHS senior members to support college access and student success. The scholarship program is supported by the parent organization of NHS, the National Association of Secondary School Principals (NASSP).

In the 100+ years since NHS was founded in 1921, members have been making a difference in their schools and communities, and the NHS Scholarship is NASSP's way of recognizing the most exceptional of these student leaders. Recipients are chosen based on their demonstrated work to support the four pillars of NHS: scholarship, service, leadership, and character.

"There is no question that Mirola embodies the four pillars of the National Honor Society in the work she does each and every



day both at Millis High School and in the community," said Millis High School Principal, Mark Awdycki. "She is a leader in every sense of the word, a role model for her peers, and incredibly deserving of this NHS scholarship."

At Millis High School, Arian

has earned several honors including the University of Vermont Citizen Scholar Award and the Piaget Award for Excellence in AP Psychology. She is a candidate for the U.S. Presidential Scholars Program, as one of a small number of students chosen to move forward in the competition from the Commonwealth of Massachusetts. Arian is STEAM Scholar and the Social Media Director for the Chemistry Club. She is also the president of the Peer Leader's club, a member of the Millis High School chapter of the National Honor Society, a member of the School Council, and a part of the JED High School team at MHS. This past summer, she worked as director for the Coptic Summer BLAST program. She is currently weighing her options for college this fall, with a plan to study either health science or neuroscience at her chosen institution.

For more information about the NHS, visit www.nhs.us.

Daycare/Boarding for the Little Dog
TEXT: 617-899-2487 **HOURS: 8am - 6pm**

176 North Street Norfolk, MA
www.puppysparadiseshomeboarding.com

Concerts & open mic at Niagara Coffee Haus

On April 8, Niagara Coffee Haus welcomes the Millis debut of acoustic folk-popstress, Amy Fairchild, a multi-award-winning singer-songwriter from Boston. Opening in support will be the folk-rock quartet, Hobo Coat. Tickets on sale at <https://bit.ly/3ZNTUFH>

On April 29, Little Jed and the Phat Daddies will perform an intimate in-the-round concert at the Haus. Americana country rock goodness in a unique format. Tickets on sale at <https://bit.ly/3JoajcZ>

Niagara Coffee Haus is located at 8 Exchange Street, Millis, MA, 02054. Doors open at 7:30. Shows start at 8pm. Both events are sponsored by Middlesex Savings Bank.

Special thanks to Friends of Niagara and Millis Cultural Council. For more information, visit <https://bit.ly/42jXTLP>. Please email niagaracoffeehaus@gmail.com with questions regarding seating for the disabled.

The Coffee Haus will hold a Community Open Mic Night every third Thursday of the month through 2023. Free admission. Hosted by Framingham keyboardist, Brian Roche.

Interested in installing central AC? Ask about our preseason discounts!

Call TODAY!
Beat the rush and long supply lines.

COAN
 HEATING & AIR CONDITIONING
 Specialists in Home Comfort & Energy Conservation

HEATING • AIR CONDITIONING • HOT WATER • INDOOR AIR QUALITY
 Heating Service Plans, Heating Install and Repairs & More!
 Coan Bioheat® Fuel Delivery

With significantly reduced greenhouse gas emissions & lower carbon footprint, it's the most environmentally friendly heat fuel, and the safest.

196 West Central St., Natick • 508-653-5050 • 800-262-6462 • coanoil.com

\$20 OFF **CLEANOUT COUPON** **\$20 OFF**
 ONE COUPON PER CLEANOUT. *\$100 MINIMUM.

JUNK IT NOW!
 PRO-JUNK-REMOVAL

"We empty - the Junk Bag"
 (3 cubic yards) Call for Price
 Buy at store - Fill it - We empty & Leave it

Homes • Apartments • Businesses • Yard waste
 Pools • Boilers • Hot Tubs • Sheds Removed • Appliances
 * Fully Insured * Call Tom Cassidy

\$20 OFF toll free **1-855-533-JUNK (5865)** **\$20 OFF**
1-508-308-2279 Call-only www.junkitnow.us



Every year since 2004, we have helped more people buy & sell in Medway than anyone else.

Let Medway's #1 Realtors help you in your next move!



*Per MLS

“They did an awesome job with website and drone pictures- we couldn't believe it was our own home. ***Team Rice are the top team for Medway*** ... and we are so grateful for all of their support.

-Alice & Rob, Sellers

Thinking of Making a Move?

Scan For Your Free Market Analysis

NEW CONSTRUCTION

2 Frontier Lane, Millis

COMING SOON

32 Field Pond Road, Milford

SOLD

25 Fuller Place, Franklin *

SOLD

178 Holliston Street, Medway

SOLD

104 Summer Street, Medway

SOLD

48 Lovering Street, U6, Medway

SOLD

34 Prior Drive, Framingham *

SOLD

3 Crestview Avenue, Medway

*Buyer

To keep up to date with local listings, visit www.TeamRice.info

A portion of each of our sales is donated to the local Children's Miracle Network Hospitals & The RE/MAX Executive Realty Charitable Foundation. Thank you to our clients for letting us do what we do and making each one of our homes a Miracle Home.



Experience Real Estate As It Should Be.



Easter Breakfast, Community Gardens, Rental Space

No matter who you are or where you are on life's journey you are welcome at Millis United Church of Christ, 142 Exchange Street. All events are open to the public.

Easter Breakfast is served at 7:30 AM on Easter Sunday, April 9th.

The church's Holy Week plans:

April 2nd, Palm Sunday worship begins with a palm parade. Sunday School for children in grade 6 and younger. New members joining the congregation. The sacrament of Holy Communion will be observed.

April 6th, Maundy Thursday

will be observed at 6 PM beginning with a simple soup and bread supper which will include Communion and a Service of Tenebrae. This moving service, using scripture and candlelight, takes participants through Jesus' last supper with his disciples and the final hours leading to Jesus' death.

April 7th, Good Friday will be observed with individual vigils. The sanctuary will be open all day.

April 9th, A glorious Easter celebration is planned. A 6 AM outdoor service will begin in front of the church, watching the sunrise, and continuing with song, scripture, and prayer. Following the service, a delicious

Easter breakfast will be served in Fellowship Hall.

At 10 AM, a sanctuary bursting with flowers and song, will celebrate Jesus bursting from the tomb. Food, fellowship and an Easter Egg Hunt will follow the service. Childcare is provided.

April 23rd, will be the last Sunday for the Church's Interim Minister, the Rev. Jennifer Geary

Millis Community Garden

It's time to reserve your garden bed! In its third year of operation, garden plots, available based on a lottery system, are free for Millis residents. If you are interested, please contact

the garden team at millisuccgarden@gmail.com.

Rental Space

Need a location for your family party? Your living room is too small but a Hall is too large? Consider renting the Parlor at Millis UCC for your get-together. The church also has 4 offices available for rent.

If you would like more information about these or other wonderful happenings around Millis United Church of Christ,



please visit the church's website: www.millisucc.org or contact the church office: millisucc@msn.com; 508-376-5084. Office Hours T-F 8:30a – 1:30p.

Real Estate Corner

To advertise: Contact Jen: 508 570 6544 or Jenschofield@localtownpages.com



NextHome
SOUNDINGS REALTY

146 Main St., Unit 2E, Norfolk, MA 02056
www.SoundingsRealty.com 508-244-4448

Each Office Independently Owned and Operated

Good Deeds: Norfolk County Registry of Deeds Celebrates Women's History Month

Women's History Month is observed in March to recognize the impact and importance of women in our society. We should all be aware of the importance of women in society, in shaping the country we all live in, and in our history.

Each year, the National Women's History Alliance selects and

publishes the yearly theme. This year the theme is "Celebrating Women Who Tell Our Stories." In keeping with this year's theme for Women's History Month, I would like to share some of the stories I discovered while researching records at the Norfolk County Registry of Deeds.

Visit <https://youtu.be/4clPnwzx4M>

to watch the video Norfolk County Registry of Deeds Recognition of Women's History Month.

To read the article Norfolk County Registry of Deeds Celebrates Women's History Month, visit <https://bit.ly/40cTOY0>

BERKSHIRE HATHAWAY HOMESERVICES | **PAGE REALTY**

Free Spring & Summer Blooms!

For your entrance and patios, if you list by June 1st, 2023



Call me for a consultation!



Jodi Kairit, REALTOR®
508-523-5890
Jodi@BHHSpagerealty.com



Good Deeds: History Comes Alive - Norwood Theater

Norfolk County Register of Deeds William P. O'Donnell, in collaboration with QATV, announced the next installment of the "History Comes Alive" project.

This project features historic area landmarks, with the aim of showcasing interesting and notable places around the communities of Norfolk County.

The Mark Crosby-directed, succinct, and informative videos provide viewers with an immersive experience by utilizing a wide range of historical knowledge, including some provided by the Registry of Deeds.

This installment of the "History Comes Alive" project features the Norwood Theater. Norwood, like the other 28 communities in Norfolk County, has a rich and varied history. You can watch the video here: <https://www.youtube.com/watch?v=m-fGcPzyb68>

To learn more about Registry of Deed's events and initiatives, like us on Facebook® at facebook.com/NorfolkDeeds or follow us on Twitter® at twitter.com/NorfolkDeeds and Instagram® at Instagram.com/NorfolkDeeds.

The Norfolk County Registry

of Deeds is located at 649 High Street in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information. All land record research information can be found on the Registry's website www.norfolkdeeds.org. Residents in need of assistance can contact the Registry of Deeds Customer Service Center via telephone at (781) 461-6101 or email us at register-odonnell@norfolkdeeds.org.

Discover the Dumouchel Difference

when you list with Linda Dumouchel, Medway's #1 REALTOR® since 2016 | over \$70 million sold



18 Stable Way, Medway



6 Newton Lane, Medway

Thinking of Selling? Exposure is Everything.

When you hire me to sell your home, I provide a comprehensive luxury marketing strategy, regardless of price point, to ensure your home gets seen in its best light, to the most potential buyers, and sells for top dollar. My promotion strategy includes:

- Professional photos including twilight photos
- Aerial drone tour & photography
- 3D Matterport/ dollhouse tour/and or full motion video
- Professional staging
- Dedicated single property website: visit 32StableWay.com for demo
- Syndication to 100's of real estate websites
- Targeted social media advertising
- Direct mail campaign with targeted distribution
- Featured in full page ad in local media -delivered to every home in Medway and Millis.



For a free market report of your home's value: visit MedwayMillisValues.com



Medway's #1 Real Estate Agent*

Linda Dumouchel, REALTOR® *Discover the Dumouchel Difference*
Luxury Marketing Specialist | Certified Negotiation Specialist
call/text: 508.254.7406 | Linda-Dumouchel.com



SCAN ME



*#1 in sales individual agent in annual sales volume, in Medway for 2016-2022 per MLSpin *MLSpin sales data as of 1/31/22 vs 1/31/23

Real Estate Corner

Register O'Donnell Discusses Food Insecurity, Urges Community Support for Local Food Pantries

Last month, during the distribution of more than 200 pounds of food donations to Norfolk County food pantries from the Registry of Deeds Annual Holiday Food Drive Register

“I would like to extend our deepest gratitude to the companies, community groups, families, and individuals who donated,” said Register of Deeds William P. O'Donnell. “It was my pleasure

There are more than 33 food pantries in Norfolk County, and each of these organizations relies in part on food donations from the local community.

“Community donations are really a big help and give us a good deal of variety that we wouldn't otherwise have,” said Rich Bielecki Operations Manager for the Marge Crispin Center.

Household food insecurity in Massachusetts is between 16 and 18%. At the height of the coronavirus pandemic, the number peaked at 19.6% of households being food insecure.

“With the rising cost of food, housing, and utilities taking their toll on struggling families and seniors on fixed income, we

have seen a marked increase in the need for food,” said Pamela Denholm, Executive Director for South Shore Food Bank.

According to the United States Bureau of Labor and Statistics, home food prices rose 12.7% while wages only grew 5.1%, netting more than a 7.6% deficit at the grocery store.

“Many Norfolk County residents face both long-term and temporary hardships, including children, families, and individuals, and may be helped by a donation that you could provide,” said Register O'Donnell.

Children are especially vulnerable to food insecurity. **Recent trends indicate that food insecurity among households with children in Massachusetts is increasing, with rates ranging between 19 and 22% as of early January 2023.**

Register O'Donnell concluded, “Hunger does not stop after the holidays fade into the past; it is a persistent issue affecting many of our neighbors. I urge residents to consider dropping off food supplies at their local pantries across Norfolk County. Pantries are requesting canned goods, breakfast cereals, pasta, sauces, toiletries, and paper products. Dropping off a food donation at a local pantry can make a world of difference in

helping a family in need,” noted Register O'Donnell.

To see a list of Norfolk County food pantries, visit the Registry of Deeds website: <https://www.norfolkdeeds.org/support/faqs/where-are-the-norfolk-county-food-pantry-locations-142>

To learn more about these and other Registry of Deeds events and initiatives, “like” us on Facebook at facebook.com/norfolkdeeds. Follow us on Twitter and Instagram at @norfolkdeeds.


The Norfolk County Registry of Deeds, located at 649 High St., Dedham, is the principal office for real property in Norfolk County. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities, and others with a need for secure, accurate, and accessible land record information. All land record research information can be found on the Registry's website, www.norfolkdeeds.org. Residents in need of assistance can contact the Registry of Deeds Customer Service Center at (781) 461-6101 or email us at registerodonnell@norfolkdeeds.org.




of Deeds William P. O'Donnell discussed the growing need for community support with several organization leaders.

to deliver these items to Food Pantries in Norfolk County and to help those with hardships during the winter season.”


Agents of the Month in our Medway office!





**Top Listing Agent
February 2023**



Steve Coukos
Realtor®
508-517-1885
StephenCoukos@BHHSpagerealty.com
Stephen.BHHSpagerealty.com



**Top Sales Agent
February 2023**

Faina Shapiro
Realtor®
617-820-0600
Faina@BHHSpagerealty.com
FainaShapiro.BHHSpagerealty.com

BERKSHIRE HATHAWAY
HOMESERVICES

PAGE REALTY

©2023 A member of the franchise system of BHH Affiliates, LLC. Equal Housing Opportunity.

Classic Properties Realtors®

Springtime is in the Air

Buy or Sell Now!
Let us help you find the perfect home!



Carolyn Chodat
Owner/Broker



74 Main Street
Medway, MA 02053
Direct: 508-533-6060
Cell: 508-341-7652
www.classicprops.com



Jodi Johnson
HOME TEAM

508-570-4667 • info@jodijohnson.com

Broker Owner
Non-Intrusive Staging Included
Client testimonials at www.jodijohnsonhometeam.com



Interested in moving out of state? Our team specializes in long distance moves.

CALL YOUR LOCAL EXPERTS TODAY!



Jodi Johnson
Home Team





Recent Home Sales

Date	Medway	Amount
03/13/2023	33 Milford Street #B	\$740,000
03/06/2023	8 Meadow Road	\$562,000
03/06/2023	7 Sterling Circle #14	\$739,298
02/27/2023	104 Summer Street	\$621,000

Date	Millis	Amount
03/13/2023	259 Plain Street	\$407,000
03/10/2023	12 Tupello Lane	\$1.15 mil
03/09/2023	1 Plimpton Farm Rd #308	\$897,210
03/02/2023	7 Richard Drive #264	\$1.01 mil
02/24/2023	245 Village Street	\$370,000
02/24/2023	43 Jameson Drive #222	\$1.14 mil

Source: www.zillow.com / Compiled by Local Town Pages

Recent Home Sale



104 Summer Street in Medway recently sold for \$621,000. Image credit: www.zillow.com

Looking for a Real Estate agent?



CYNTHIA L. OWENS-NIX
SALESPERSON - REALTOR®
CINDY.OWENS-NIX@C21REGROUP.COM
508-826-2398

Let Cindy help you buy or sell your home. Schedule your appointment to get a complimentary market evaluation.

CENTURY 21
The Real Estate Group

FABULOUS 2 BR CONDO AT THE GLEN! 7 HELEN LANE, MILLIS - \$797,500



Joleen Rose, Realtor®
LMC, CBR, MAR, GBAR, NAR, SRES
Call Me Today!
Cell: (508) 951-5909
E-Mail: joleenrose@gmail.com
Web: www.joleensellshomes.com

ERA Key Realty Services
Honesty-Integrity-Results



Over 430 homes sold!



6 Alice Drive
Wayland - \$1,249,000



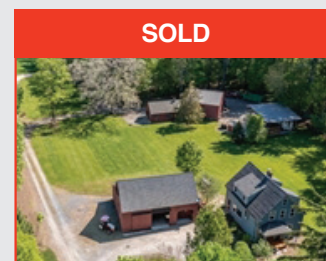
12 Sylvia Avenue
Natick - \$659,900



94 Ridge Street
Millis - \$524,900



118 Norfolk Road
Millis - \$775,000



24 Hollis Street
Sherborn - \$900,000



124 Hartford Avenue
Bellingham - \$393,000

I buy unwanted homes as-is, failed septic ok.



Let my 23 years experience of selling homes help you with your next move.
Baltimore St, Millis & 10 Speen St, Framingham Offices
RawdingRealtyLLC@gmail.com



Signature NORTHEAST PROPERTIES LLC

YOUR HOMETOWN REAL ESTATE EXPERTS
 Let our Experience, Professionalism & Knowledge Work for You






Laina Regan Kaplan
 Realtor®, CBR, Top Producer
 Life long Resident of Medway
 MedwayRealtor.com
 Laina@TeamRegan.com
 DIRECT: 508-577-3538



Janine Azzouz
 Realtor®
 Millis Resident
 MillisRealtor.com
 janine@NESignature.com
 DIRECT: 585-354-6897



Jennifer Colella McMahon
 Realtor®, Founder, Broker, ABR, SRS,
 CBR, LMC, CHS, CRB, BPOR, RENE
 Raised in & Lives in Millis
 MillisRealtor.com
 Jenn@NESignature.com
 DIRECT: 774-210-0898

The Spring Market is Upon Us. Please Call to Schedule a Complimentary Valuation of Your Home.
 Proven Successful Marketing: Staging, Professional Photos, 3D Tour, Floor Plan & More!

SALE PENDING



\$389,900
 253 Main Street, Medway
 Laina Kaplan

SOLD - BUYER SALE



\$345,000
 72 Key Street, Millis
 Janine Azzouz

NEW TO MARKET



\$775,000
 121-123 East Union Street, Ashland
 Jennifer McMahon & Janine Azzouz

SOLD



\$590,000
 142 Holliston Street, Medway
 Laina Kaplan

NEW TO MARKET



\$280,000
 1500 Worcester Rd, Unit #214, Framingham
 Jennifer McMahon

SOLD



\$551,000
 357 Village Street, Medway
 Laina Kaplan

SOLD



\$181,000
 3 Elliot Drive, Plainville
 Jennifer McMahon

SOLD



\$345,000
 9 Hemlock Circle, Millis
 Jennifer McMahon

SOLD - BUYER SALE



\$490,000
 17 Brook Street, Franklin
 Laina Kaplan

SOLD - BUYER SALE



\$650,000
 132 Summer Street, Medway
 Laina Kaplan

SOLD



\$576,400
 2 Williams Road, Norton
 Jennifer McMahon

SOLD - BUYER SALE



\$330,000
 14 Sanford Street #23, Medway
 Jennifer McMahon

Successful Results with Our Staging & Professional Photography

