

PRSR STD
ECRWSS
U.S. POSTAGE
PAID
PERMIT NO. 142
SPRINGFIELD, MA

Postal Customer
Local

Vol. 13 No. 10

Free to Every Home and Business Every Month

May 2023

Your Mailbox is not just for Mail on May 13

BY BELLA CAGGIANO

Helping feed the hungry and local residents is as easy as mailing a letter...without getting into a car or a trip to the post office. On Saturday, May 13, letter carriers will be picking up non-perishable food throughout Norwood neighborhoods as part of the 31st Annual Letter Carriers' Stamp Out Hunger Food Drive. This event is the largest one-day food drive in the country...and Norwood residents can be a part of this national campaign!

Participating is easy! On this day, rain or shine, when Norwood residents leave marked bags of non-perishable food by their mailbox in the morning, mail carriers will pick up the packages during their regular delivery routes and deliver them to the Norwood Ecumenical Food Pantry. All types of non-perishable food are welcome, including peanut butter, coffee, canned fruit, canned tomato

saucers/paste, diced and whole tomatoes, canned meat and hash. The only requirement is that all cans and boxes must be new and in good condition.



Anything outdated or opened has to be thrown away for health reasons.

Local food banks and pantries suggested this late spring date would best benefit their diminishing shelves from the influx of donations received

during the Thanksgiving and Christmas holiday seasons.

Norwood is one of 10,000 cities and towns across America taking part in the Letter Carriers' Food Drive. The national effort began in 1992 and letter carriers, represented by the National Association of Letter Carriers, postal employees, volunteers, and sponsoring organizations, and collect tens of millions of pounds of food to help those in need. More than 34 million American experience food insecurity and rely on food donations.

Any donation, large or small is greatly appreciated. So look through your pantry or pick up a few items at the grocery store and place them in a marked bag by the mailbox the morning of Saturday, May 13. This drive is another shining example of local residents joining in this national event to achieve a common goal: to give back to those who are struggling to put food on their tables.

Bread Walk is Live Again!

BY BELLA CAGGIANO

After being virtual for the past three years, one of Massachusetts' famous fundraisers is back and Norwood again be well represented! The 55th Annual Project Bread Walk for Hunger will be held on Sunday, May 7, and the Norwood Food Pantry team, led by Team Captain Nick Campagna, have already been soliciting donations for this fun-filled three-mile walk around Boston's iconic Boston Common. Norwood residents are invited to join the team or donate to support their neighbors and thousands of people throughout Massachusetts.

The Norwood Team, at press time, was listed as the 6th top team with money raised for the cause at \$5,598. Hopefully by the day of the walk, that number would have grown to their \$10,000 goal. Norwood's team members are: Captain Nick Campagna, Elana Aiello, Jeanette Chambers, Kevin Chatten, Tracey Johnson, Jean Palmateer, Mary Anne Paradise, Michaela Scarpone, Jennifer Tidd, and Wayne Zafft.

There will be lots to do for both walkers and spectators on Boston's central park. Throughout the event, there will be entertainment both on the main stage on the Common and along the route, photo booths, lawn games, facepainting, balloon animals, giveaways, fresh fruit, food trucks, and more!

Registration opens at 8 a.m., Project Bread President & CEO Erin McAleer with guest speakers will welcome the walkers at 8:45 a.m., and the three-mile walk (three loops) will commence at 9 a.m.!

There is still time to start a personal fundraiser or join the Norwood Food Pantry team for those residents looking to help.

Tax deductible donations are also taken to support the Norwood Pantry team in person or online.

To find out more, sign up, or, call Nick at 781-762-6866, email ncampagnajr@gmail.com, or go to <http://support.projectbread.org>

WALK FOR HUNGER

continued on page 2

Jack Madden

MANAGER'S SPECIAL

15% OFF Any Service Work
Up to \$100.00 in savings!

Jack Madden 

Not to be combined with other specials or offers. Expires 5/31/23. Must present coupon upon arrival.



OIL & FILTER CHANGE

\$32⁹⁵ includes up to 5 quarts of oil,
*plus tax and disposal fee

Jack Madden 

Not to be combined with other specials or offers. Diesels, full synthetics and hybrids extra. Expires 5/31/23. Must present coupon upon arrival. Ford and Lincoln Mercury Only.

825 PROVINCENCE HIGHWAY, NORWOOD, MA - ROUTE 1 - THE AUTOMILE

jackmaddenford.com • Call 888-836-1758 for appointment



CALL 781.571.3065

\$50 OFF any service | \$100 OFF 4 tires

GILLOOLY

Funeral Home

126 Walpole Street, Norwood, MA 02062
Phone: (781) 762-0174 • Fax: (781) 762-2818

www.gilloolyfuneralhome.com



Eric A. Fay, Desiree M. Graca - Funeral Directors

A Service Family Affiliate of ADFS and Service Corporation International
206 Winter Street, Fall River, MA 02720 • 508-676-2454

Register for Our Next FREE Gift of Planning Seminar

May 13th and June 10th at 1:00 p.m.
Reservations by May 11th (for 05/13) and by June 9th (for 06/10)

WALK FOR HUNGER

continued from page 1

bread.org/goto/NorwoodFoodPantry.

Established in 1969, the Walk for Hunger is the oldest continual pledge walk in the country. Over 40,000 are expected to take part in the fundraiser this year.

Feeding the Norwood community is a year-long mission. Donations are accepted each week at the Norwood Food Pantry located at the rear entrance of Grace Episcopal Church, 150 Chapel St., Thursday mornings, 8:30-9:30 a.m. or Saturday mornings, 7:30-11 a.m. Parking is available and volunteers are on hand to assist in carrying bags and boxes.

Project Bread supports a wide variety of programs across Massachusetts, including community-based meal programs, early childhood and school nutrition initiatives, creating better access to fresh local food resources, and more. Last year alone, organization funded organizations to provide 61 million meals to hungry people.

Norwood's Memorial Day Schedule

The Town of Norwood will be hosting activities dedicated to celebrating Memorial Day on Saturday, May 27 and Monday, May 29. All Norwood residents are invited to the events to help remember those who died in active military service.

The Norwood Department of Veteran Services coordinates the Memorial Day weekend ceremonies, beginning with placing the American flags on the graves of Norwood Veterans on May 27. Volunteers are welcome to

assist in the effort and can receive more information from Director of Veteran Services Ted Mulvehill's office, at 781-762-1240.

The ceremonies on Memorial Day, May 29, will begin with a service at Saint Catherine of Siena Church. The American flag on the Town Common will then be placed at half-staff. Ceremonies will be held at the Old Parish Cemetery, followed by the Memorial Day parade which will end at Highland

Cemetery for a commemorative ceremony.

Saturday, May 27

8:00 a.m. Decorate the graves of Norwood's Veterans with American flags - Highland Cemetery

Sunday, May 29

8:00 a.m. Memorial Service at St. Catherine of Siena Church

9:00 a.m. Flag raising at Town Common



9:30 a.m. Ceremonies at Old Parish Cemetery (the rear of 480 Washington St.)

10:00 a.m. Parade steps off-corner of Washington and Howard Streets.

Ceremonies at Highland Cemetery follow the parade

Norwood Actresses Appearing in Something Rotten!

Renaissance playwrights Nick and Nigel Bottom are having trouble drawing audiences to their shows because some other guy named William Shakespeare is suddenly the toast of the London theater community. Their friend Nostradamus tells them that the future of the theater is something called "a musical." Despite thinking the idea is preposterous, the desperate brothers agree to try it.

The Walpole Footlighters close their 99th season with "Something Rotten!," the musical that tells the story of the creation of the first musical comedy.

Three Norwood actresses are in the cast of Something Rotten! Kellyn Martin returns to the Footlighters stage in the role of

Francis Flute, while Lauren Sabbag and Kelly McGowan make their Footlighters debuts in the ensemble. Ms. Sabbag, who has a degree in musical theater, says audiences will find, "Something Rotten! is a very cleverly written musical, with comedy for all levels of audiences. If you are a fan of Shakespeare, thats a plus."

Performances of "Something Rotten!" are at the Walpole Footlighters Playhouse at 2 Scout Road in East Walpole. Evening performances will be on May 5, 6, 12, 13, and 20 at 8:00 PM. There will also be matinee performances on May 7 and 21 at 2:00 PM. Patrons are not required to wear masks. Concessions will be available. Discounts are available for groups of 10 or



Norwood actresses Lauren Sabbag (left) and Kelly McGowan take break during a rehearsal for the Walpole Footlighters production of "Something Rotten!" Photo credit: Dan Busler Photography

more. To purchase tickets, call the Box Office at 508-668-8446 or purchase online at www.footlighters.com.

localtownpages

Published Monthly
Mailed FREE to every home in Norwood
Circulation: 14,659 households and businesses

Publisher

Chuck Tashjian

Send Editorial to:

editor@norwoodtownnews.com

Advertising Sales Manager

Jen Schofield
508-570-6544

jenschofield@localtownpages.com

Creative Design & Layout

Michelle McSherry
Kim Vasseur
Wendy Watkins

Ad Deadline is the 15th of each month.

LocalTownPages assumes no financial liability for errors or omissions in printed advertising and reserves the right to reject/edit advertising or editorial submissions.

NEW ENGLAND REGLAZE
Reg. \$399
Color, travel, may apply.
Don't replace your old tub, reglaze it! Tubs, tile sinks and much more
NOW \$299.00
We do any TUB!
CALL US NOW 617-895-7771
www.newenglandreglaze.com
SAVE \$100 WITH AD

CLEANOUT COUPON
ONE COUPON PER CLEANOUT. *\$100 MINIMUM.
JUNK it NOW!
PRO-JUNK-REMOVAL
"We empty - the Junk Bag" (3 cubic yards) Call for Price
Buy at store - Fill it - We empty & Leave it
Homes • Apartments • Businesses • Yard waste
Pools • Boilers • Hot Tubs • Sheds Removed • Appliances
toll free * Fully Insured * Call Tom Cassidy
\$20 OFF 1-855-533-JUNK (5865) **\$20 OFF**
1-508-308-2279 Call-only www.junkitnow.us

Women Take Aim

event at Fin, Fur and Feather Club in Millis

June 3, 2023 from 8:30 - 4:30
(rain date June 10)

Open to women 15 and older
(under 18 must be accompanied by an adult)

Women are invited to learn more about operating firearms in a safe and welcoming environment
Learn to shoot pistols, shotguns and rifles
Receive the Massachusetts Basic Firearms Safety Certificate required to obtain your firearms license
No previous shooting experience is required



Registration is \$110 includes supplies and lunch

Register at finfurandfeather.us

George Henry Morse House: Why Morse Matters

By TONI M. EOSCO, NORWOOD HISTORICAL COMMISSION & REPRESENTATIVE ON THE MORSE HOUSE SUBCOMMITTEE



George Henry Morse was held in high esteem by his community. He served Norwood in various capacities, from the beginning of Norwood's incorporation in 1872, as an Assessor, Selectman, Fire Chief, Surveyor of Highways....the list is impressive. He was a husband, father, farmer, auctioneer, musician, an Orient Lodge Mason, and a member of the Congregational Church. In his elder years, George sold much of his massive

leaders, successful businessmen, and philanthropists. Samuel's grandson, zealous mill owner Ezra Morse, possesses the title of Norwood's earliest settler who built his saltbox home circa 1678 on the present site of George Henry Morse's home. Two centuries later, George Henry Morse built his home circa 1868 as a substantial addition to Ezra's house, demolishing much of the older home that had been lived in by successive generations of

ing of the "Mother Town" of Dedham, learning about George Henry Morse and his ancestors also helps us learn much about the early founding of nearby towns, as well as about the years before Norwood was founded. We also learn how the Morses shaped Norwood's southern-most borderlines. When you read about the difficult and varied issues that early settlers dealt with, it enhances our understanding of the society values of their time,

and how society moved forward and evolved to our present day. We learn what worked well and what did not.

It has taken 50 years, but Norwood is currently taking a formal positive stand on the Morse House. After a year of meetings of the Morse House Subcommittee, several action items resulted. May marks the convening month

MORSE HOUSE
continued on page 4



Norwood is fortunate to own an historic treasure – the simple but gracious Italianate home of George Henry Morse, located at 1285 Washington St., in South Norwood. This May marks a unique 50th Anniversary for this local treasure as it was at the May 10, 1973, Special Town Meeting that town meeting members accepted the home on its approximate two-thirds acre parcel for only \$1 as offered by the Bird family by a unanimous standing vote. (The property had been placed in a Bird family real estate holding company called The Home Building Company, Inc. of Walpole.) In 1975, the deed was recorded in Norfolk County. Also, in 1975, the seven-member Norwood Historical Commission (NHC) was established by Special Town Meeting with its aegis stemming from Chapter 40, Section 8D of the Massachusetts General Laws. The NHC has been advocating for this house and property for decades as our mission requires.

property holdings in 1913 to Walpole neighbor and businessman, Charles Sumner Bird. In the sale, George reserved a parcel of land to build a home for himself and his daughter, Ellen Florence. This is 1319 Washington St., the address of record when he died. He and his family are buried in Old Parish Cemetery. Sixty years later, the home was offered back to Norwood by the Bird family – a generous and respectful story of two prominent families.

George Henry Morse (1834-1917) is a direct descendant of Samuel Morse, one of the original English puritan settlers of Dedham. He arrived in 1635 with family members on the ship "INCREASE." He served two years as selectman in Dedham. Descendants of Samuel Morse include an impressive list of civic

Morses. His daughter, Ellen Florence, substantiated this account with great details.

Because the Morse ancestor line relates back to the found-

Anthony's Salon

Everyday low prices:
Color with Cut \$43 | Blow Out \$17 | Perm \$65-\$72

20% OFF Any Service

New Customers Only

EXPIRES MAY 31, 2023

Open Wednesday thru Saturday

Booth Rental Available



781-762-2010

19 Day Street, Norwood

RECENT NORWOOD TRANSACTIONS

33 Saint Paul Ave. \$391,000	38 Cambridge Rd U:38 \$350,000
16 Holly Drive..... \$520,000	140 Railroad Ave U:B406..... \$389,456
56 Adams St \$520,000	909 Washington St U:14 \$550,000
212 Washington St..... \$590,000	70 ENDICOTT STREET U:304 \$540,000
217 Union Street..... \$570,000	872 Washington Street U:872..... \$595,000
176 Fulton St..... \$665,000	70 Endicott Street U:Unit 1406.... \$660,000
43 Devon Rd..... \$739,000	10 Howard St \$675,000
91 Countryside Lane \$715,000	17 Nichols St..... \$725,000
462 Nahatan St U:C6 \$309,900	71-73 Winslow Ave..... \$885,000
40 Cambridge Rd U:40 \$350,000	51-53 Highland St..... \$925,000

Why would anyone place their most valuable asset in the hands of someone with no experience??



COLDWELL BANKER

Over 30 years heating/plumbing trade experience
Home construction and remodeling experience
Over 25 years real estate experience
30 Years negotiating with banks, large companies and clients...

Don't Gamble - Call A Professional



BOB STARR HOMES LLC

CALL BOB TODAY!
781-762-3701
BOB@BOBSTARRHOMES.COM

Paying too much for Commercial & Business Insurance? Call us today!

Westwood Insurance
Home Auto Business
1408 Providence Hwy #224 Norwood, MA 02062
PHONE (781) 352-8510
FAX (781) 352-8509
TEXT (781) 713-0162

Like us on Facebook "Westwood Insurance Partners Inc"
CALL US FOR A QUOTE OR VISIT US ON LINE AT www.westwoodinsure.com

Viola Sastavickas Scholarship

The family of Viola Sastavickas has made donations to the Morrill Memorial Library since 2007 to offer a yearly \$500 scholarship. In 2020, the scholarship was permanently increased to \$1,000. This scholarship is annually awarded to a current

or former library employee or library volunteer for one of the following purposes: undergraduate or graduate school, a formal course of study, or an enrichment opportunity (continuing education).

This scholarship has been

awarded 16 times since 2007:

- Elizabeth Porter, 2007
- Lauren Bailey, 2008
- Carolyn Bradley, 2009
- Jillian Goss, 2010
- Samantha Sherburne, 2011
- Odhran O'Carroll, 2012
- Laura Hogan, 2013
- Hallie Miller, 2014
- Maureen Riordan, 2015
- Chloe Belanger, 2016
- Jyotika Tandan, 2017

- Dina Delic, 2018
- Elizabeth Ling, 2019
- Tara Bilotta, 2020
- Khushi Shah 2021
- Gauri Loomba 2022

The scholarship will once again be awarded in 2023 thanks to continued generosity by the Sastavickas Family. Viola Sastavickas was a life-long resident of Norwood and used the library frequently. According to her daughter Kathy, the scholarship

is "a fitting tribute to our beautiful mother and to the library and staff who treated her with great respect and affection."

Application forms are available on the library's website at www.norwoodlibrary.org. For more information or questions, contact Clayton Cheever at 781-769-0200, ext. 7. Applications are due by Tuesday May 9, 2023, and must be submitted electronically to the director: ccheever@minlib.net. The scholarship will be awarded by June 31, 2023.

PROFESSIONAL TREE SERVICE
 Shade Tree Pruning • Tree Removal
 Ornamental Tree Pruning
 Bucket Truck Service

Call the certified arborists at
Destito Tree Services for an evaluation.

The name you have trusted since 1984.
 Massachusetts Certified Arborist - Fully Insured

DESTITO TREE SERVICES
 Quality Tree Care
www.destitotreeservices.com

Nicholas Destito
 781-551-0266
 508-699-4532

FAMILY OWNED AND OPERATED

Free Babysitting Course

The Women's Community Committee (WCC) is sponsoring a FREE babysitting course for 6th, 7th and 8th grade Norwood students. The one-week course will be held Monday, May 8 through Friday, May 12, 3:30 p.m. to 5 p.m., at the Coakley Middle School.

Registration forms are available at the Coakley Middle School,

the Morrill Memorial Library, St Catherine's School and the WCC Thrift Shop, 1091 Washington St., S. Norwood. Thrift Shop retail hours are Wednesdays 6 p.m. to 8 p.m., Thursdays 9:30 a.m. to 3 p.m., and Saturdays from 9:30 a.m. to 12:30 p.m.

According to WCC Educational Committee Chairperson Helen Wyche, presenters at the

annual babysitting course will include the Norwood Police Department's safety officer, a NFD fire fighter, a registered nurse, a professional babysitter, a nursery school teacher, and a librarian. Certificates from the WCC (an all-volunteer, non-profit community service organization) will be given to students who complete the course.



★★★★★
 "Excellent, prompt, and professional service. Have shopped here for many years and will continue to do so. Highly recommended."
 - customer review

SHOP LOCAL - We carry all major and premium appliance brands

poiersales.com
 NEWTON 244 Needham St. Newton, MA 02464 • 617.558.5500
 NORWOOD 1015 Washington St. Norwood, MA 02062 • 781.769.2446

LOOKING FOR PARTS OR REPAIR SERVICE? WE CAN HELP!
 WE SERVICE WHAT WE SELL.

15% OFF PARTS

Limit one per customer. Cannot be combined with other offers. In store purchases only. Coupon must be presented at purchase.

10% OFF SERVICE CALL

Limit one per customer. Cannot be combined with other offers. In store purchases only. Coupon must be presented at purchase.

MORSE HOUSE

continued from page 3

of Annual and Special Town Meetings. This spring, there will be two Community Preservation Act funding articles related to the Morse House. The first article is a request for funds to hire a professional to assist with the application for the National Register of Historic Places of the George Henry Morse House.

The only municipal building on the National Historic Register in Norwood is the Town Hall. (The private non-profit, Norwood Historical Society, owns and operates the Fred Holland Day House which is on the National Historic Register.) The second article requests community preservation funds to do some much needed rehabilitation work on the house. Town meeting members can make an 'historic vote' again by voting in favor of these

two articles.

The Morse property unites all residents of Norwood because we all share its history. We are all making history here – whether you have lived here for six months, one year, or for decades. There will be a presentation by NHC on the Morse property in the Simoni Room at the Morrill Memorial Library on Wednesday, May 3, at 6:30 p.m. If you miss it, look for replays on Norwood Community Media.

DEFENDER
sus derechos
 es mi
MISION

IMMIGRATION LAW OFFICE

Carmen Bello
 Abogada de Inmigración

Deportaciones

Ciudadania

Visas

Peticiones

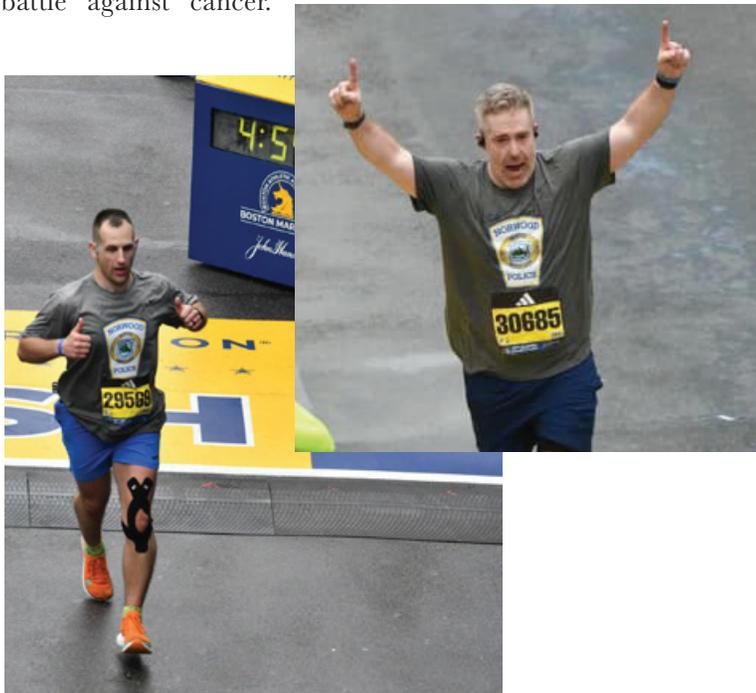
Deportations • Citizenship • Visas • Petitions
Telephone: 617-874-8563 • Email: crbello@comcast.net
 705 Washington Street, Norwood, MA 02062
 Llamar antes para su consulta legal. | Call Ahead for your Legal Consultation.

Congratulations to Detective Sergeant Tim McDonagh and Officer Justin LaRoche on completing their second Boston Marathon!

Running on behalf of Cops For Kids With Cancer (CFKWC), Det. Sgt. McDonagh and Off. LaRoche raised nearly \$20,000 which goes to help children and their families in their battle against cancer.

They are very grateful for all the support and generous donations that helped them reach their fundraising goal.

Way to go officers!!



PREMIUM BARK MULCHES

- Premium Hemlock Bark Mulch
- Premium Pine Bark Mulch
- Screen Loam • Sand
- Compost • Fill • Stone



Quality Landscape Materials and Services Since 1986

DAILY DELIVERIES

Affordable Landscaping Corp.

781-762-0664
NORWOOD, MA

Mention this ad #LTP23 & receive **\$5 OFF delivery of 4 yards or more of Pine or Hemlock*

FUTURE YOU IS SO PROUD OF YOU.



<p>REGULAR</p> <p>4.08% APY*</p> <p>MINIMUM \$500 DEPOSIT</p>	<p>JUMBO</p> <p>4.18% APY*</p> <p>MINIMUM \$50,000 DEPOSIT</p>
---	--

You chose dependable savings for more than a year.
13-Month Share Certificate Special.



Future you is waiting and they're flush with savings. Learn more about our Share Certificate special at cityofbostoncu.com or come see us in-person.

City of Boston Credit Union. Uniquely Boston.



cityofbostoncu.com • 617.635.4545

*A.P.Y. = Annual Percentage Yields. Certificate Special APYs are accurate as of 2/6/23 and are subject to change without notice. 13-Month Certificate Special APY equals 4.08% for deposits between \$500.00-\$49,999.99 and 4.18% APY for deposits \$50,000.00 and above. 13-Month Certificate Specials are limited to one per member. Minimum deposit of \$500. Certificate Specials are available for a limited time. Deposits cannot be made during the term of the account. Dividends will be credited to your account and compounded every month. Upon maturity, unless otherwise directed by member, 13-Month Special Certificate will automatically rollover into the City of Boston Credit Union 12-Month Certificate at that date's current APY. All other certificate terms and conditions will apply and may change at any time. Subject to penalty for early withdrawal. Fees could reduce earnings on the account. Must be a member of City of Boston Credit Union to open certificate account(s). Dividend rates are accurate as of the date and time of printing and are subject to change without notice.

BAY STATE ANIMALS PET CORNER

Can You Sponsor a Long-Term Foster Cat?

A long term foster cat is one we have taken in as a surrender or rescued during a trap-neuter-return situation. A long-term foster could be a compromised cat taken from a local kill shelter that was not willing to spend their funds or their time on an “un-adoptable, imperfect” cat, and in our professional opinion is worth saving and loving in the manner they deserve.

Meet Long-Term Foster Annie:



It all began in 2017, when we became privy to Precious Annie. She was part of an outdoor colony of cats being fed by

a wonderful family. After being trapped, spayed, vaccinated, and later chipped and combo tested, she became part of the BSAC family.

Since Annie showed a great interest in being a part of indoor life, we gave her a chance. Though she was weary of us humans, the caretaker begged us to give her a chance to be an indoor cat and sort of refused to let us re-release her. The socialization began and she made great progress. However, it then changed. She decided that the human, indoor life and bonding was not a fit for her.

Annie made choices;

-She would continue to enjoy the company of other cats.

-She would not bond with most humans

-She chose to select one person within any given situation we presented to allow bonding

-Annie opted out of any handling for routine exams, vaccines and such and showed her anger in a not so nice way when such encounters were required.

-So, Annie on her own decided ‘trying’ for the perfect home was

not for her, and preferred to live with a few select kitties and being left alone by humans.

-BSAC accepted her for her and was fortunate to find her a perfect long-term foster situation with a quiet family with one other cat adopted from us. She was/is accepted for who she is.

Annie currently thrives in her foster home. Annie continues to remind any outsiders that she is not interested in any relationships, even when getting her required vaccines. She adores her current humans and feline housemate, on her terms. She has no idea how lucky she is.

Annie brings additional expenses to her foster family and BSAC as we all continue to care for her for her life. In addition to sponsoring her needs monthly we are noting the litter, food and treats she enjoys most!

BSAC always remains dedicated and committed to care and provide for any cat they rescue on their terms and preferences for a quality of life.

Please consider fostering Annie so she can experience her best life!

Thank you,
BSAC and Annie

Annie’s choices:

Purina One-True Instinct High Protein, Grain free dry cat food

Fresh Step non-clumping premium cat litter

Bay State Food Pantry

The Bay State Animal Cooperative (BSAC) provides a food pantry for local residents who may need assistance in providing food for their cats. The bin is located at 115 Codman Rd.,

in Norwood.

During tough times, people may have to consider giving up their beloved member of the family to ease the monetary challenge of making ends meet. Bay State strives to assist families in areas, not only of relocation, but also in retention. That includes helping to keep their them well fed in their current home where they are happy and safe.

Do you have extra food or interested in helping your local neighbor? Donations are also graciously welcome at the 115 Codman Rd. location.

Dogs (and Cars) Need Baths on June 11th!



The Bay State Animal Cooperative is still looking for volunteers to help with their Annual Car/ Dog Wash. The event will be held Sunday, June 11, 9 a.m.-2 p.m., Norwood municipal parking lot. Help out for one hour, two hours, or as much time as you can. For more information or to sign up, email Jackie, at jesthus@baystateanimals.org. So much fun, and for a great cause!



Woodforms
Fine Cherry Furniture

NOW OPEN!
Saturdays
9 a.m. to 2 p.m.



Made in Massachusetts

Come visit our **FACTORY** and **FACTORY SHOWROOM!**

131 Morse Street | Foxboro | 508-543-9417 | woodforms.net

Hours: Monday - Thursday: 7 a.m. - 3:30 p.m., Friday: 7 a.m. - 3 p.m.
Saturday: 9 a.m. - 2 p.m. **CLOSED** Sunday

Sharon Timlin Memorial Event: A Race to Cure ALS to be held on June 17th to benefit The Angel Fund

Mike Timlin and family will be on hand for race

This year marks the 20th year for the Annual Sharon Timlin Memorial Event: A Race to Cure ALS (Lou Gehrig's Disease) which will be held on Saturday, June 17th at Hopkinton High School.

The popular road race and family fun day benefits The Angel Fund for ALS Research and its research at UMass Chan Medical School. The race has raised more than \$2 million for ALS research since its inception.

The event is held in memory of Sharon Timlin, mother of former Red Sox relief pitcher Mike Timlin who was diagnosed with ALS (Amyotrophic Lateral Sclerosis), a disease better known as Lou Gehrig's Disease, in May 2001. She died less than a year later, in March 2002. The event also recognizes and honors the Timlin family's commitment to ALS research and The Angel Fund for ALS Research. Mike and his wife Dawn will be guests of honor at the event.

"As a family, we are so thankful to have supported the Angel Fund through the Sharon Timlin Memorial 5K run," Mike and Dawn said. "The support of the town of Hopkinton has meant the world to us and we look forward to seeing you as we continue this fight against ALS. In this time, we have seen the impact of our contributions to Dr. Brown at UMass Chan Medical School in his research. We are just so thankful for all the support we have received over a 20- year period. We hope you will join us on Saturday, June

17th, 2023."

The course is a fully supported USATF certified 5K racecourse, with timed mile markers. The 5K race begins at 8:30 a.m., followed by the family fun day activities with live music, food, games, raffles, and other activities from 8:30 to 12 noon. A Kids Color Run will held as well

Participants can register at <https://sharontimlinrace.org>. Registration is limited to 1,800 registrants and online registration closes when capacity is reached, or at 11:59pm on June 16, 2023.

The 5K race fee is \$40 for runners who register on or before May 29, 2023. Registration is \$45 after May 29, 2023. Registration for the virtual option is \$25 plus shipping. The first one thousand race participants will receive a commemorative race T-shirt and can enjoy post-race food and Family Fun Day.

Awards will be presented to



the top three male and female finishers. The top three finishers in the following age groups will also receive awards: 14 and under; 15-19; 20-29; 30-39; 40-49; 50-59; 60-69; 70-plus; male/female 80+, and wheelchair athletes. There will be no duplicate awards.

Runners and non-runners are encouraged to take part in the Angel Fundraising Challenge, a fun and easy way to go the extra mile and fundraise by setting up their own personalized fundraising page.



"Proceeds from this event benefit The Angel Fund for ALS Research and the UMass Chan Medical School, where worldwide groundbreaking research is being done daily," Rich Kennedy, President of The Angel Fund added. "To date, thanks to you, we've raised over \$2 million for critical research for this devastating disease where there is no treatment or cure."

For information about the Sharon Timlin Memorial 5K Race to Cure ALS, visit the website www.sharontimlinrace.org

In addition to the Angel Fundraising Challenge, donations in Sharon Timlin's memory are also welcome and would be greatly appreciated. Donations can be made online at <https://sharontimlinrace.org>, at The Angel Fund website at www.theangelfund.org, or by sending a check made payable to The Angel Fund and mailed to The Timlin Race, 149 Wood Street, Hopkinton, MA 01748.

Fitness is not a destination, it's a way of life



BCFitness
10% off first session for new clients
 BCFitness, founded by Brian Castellucci (13+ years of experience)
 Strength Training, Functional Movements, Boxing, Long Distance Running, Flexibility, Endurance and Sport Specific Training, High School and Collegiate Athletes, ranging in ages 6 years and up.
 Individual training, partner and group training, virtual training & nutrition planning.
 Contact to set up consult:
 Email: Brian@bcfitness.fit
603-365-6971
 BCFitness.fit #bcfitness.fit



Rosetta's
 Italian Family Restaurant

Join us on
Mother's Day
 Sunday
May 14, 2023
 12 Noon - 8 pm

Limited reservations still available.
 Please Call
781-821-2300

521 Washington Street, Canton
 781-821-2300
www.rosettasrestaurant.com

116 Main St, Medway
(508) 533-6655
 32 Hasting St, Rte 16, Mendon
(508) 381-0249

43 Main St, Hopkinton
(508) 625-8100
 325 N. Main St, Natick
(508) 647-0500

MUFFIN HOUSE CAFE

Don't stand in line!
ONLINE ORDERING NOW AVAILABLE!
muffinhousecafe.com

Open Daily
 Bakery with Fresh Muffins/Pastries

Mother's Day brunch platters of muffins and pastry are available as well as assorted mothers day cakes

Breakfast and Lunch Sandwiches
 Best Blueberry Muffins Since Jordan Marsh

Receive **10% off any cake** with this coupon
 All our cakes are made from scratch on the premises
 Expires 5-31-2023

FREE SMALL COFFEE with a purchase of a muffin with this coupon
 Expires 5-31-2023

Muffinhousecafe
 Like us on facebook

NOR

Congratulates to NFD's 4 Newest Lieutenants on their Promotions Last Month!



Firefighter Tim Bailey came to Norwood Fire on September 5, 2017, after previously serving the town of Foxboro as a Firefighter Paramedic. Since coming to Norwood, he has been assigned to Group 4 and will stay on the group in his new role. A legacy in the fire service, Firefighter Bailey is Chief Bailey of Walpole Fire's son. On hand to pin Lieutenant Bailey's new bugle was fiancée Alicia.

Mike Chisholm was hired November 14, 2011, and assigned to Group 1 where he has spent his entire career thus far. A skilled Paramedic, in addition to serving as the department's EMS coordinator, Firefighter Chisholm is also a Medical Specialist with Massachusetts Task Force 1 (FEMA) and has been deployed during Hurricane Ida and the Oregon wildfires in 2020. On hand to pin Lieutenant Chisholm was wife Annie.

Chris Griffin was hired on May 10, 2010, as a Firefighter Paramedic and attended the Brookline Fire Academy shortly

thereafter. Initially assigned to Group 1, Firefighter Griffin later moved to Group 4 and will now be working as an officer on the engine and ladder on Group 3. A familiar face in town, Chris's father and brother both worked on the town's Light Department, and his grandfather, Bert Sparrow, worked on the Fire Dept. Lieutenant Griffin's wife Jessica pinned his Lieutenant bugle.

Jeff Shockley is the most senior firefighter of those promoted and was hired on March 20, 2000. Firefighter Shockley has spent his career on group 4 and has gained the reputation of being a skilled ladder-man and served as permanent chauffeur after leaving the EMS system which will greatly aid in the new officer position being assigned to Ladder 1. Lieutenant Shockley's fiancée Karen pinned his new bugle.

EST 1932

BROWN BROS.

ROOFING

Saturday, May 20th
10 a.m. to 2 p.m.

OPEN HOUSE

◆ Meet & Greet With Team ◆ Samples/Product Information
◆ Snacks, Games and More ◆ Raffles

1069 East Street
Dedham, MA 02026
(781) 329-2895

[brownbrothersroofing](https://www.facebook.com/brownbrothersroofing)
info@brownbroosroofing.net
<https://brownbroosroofing.net>

MODERNEYES

Friendly Staff, Caring Doctor, Great Location...

...Come See the Difference for Yourself

ModernEyesNorwood.com | 781-352-4849 | 696 Washington Street, Norwood

Living Healthy

Chronic Sinusitis—A Holistic Approach



Dr. Rochelle Bien & Dr. Michael Goldstein

Chronic Sinusitis. Medical options weren't working and so he sought out a holistic approach.

Upon exam it was determined that Michael had a severe fungal infection in his sinuses as well as pinched nerves (Chiropractic subluxations) in his neck which were contributing to his headaches. After undergoing Chiropractic adjustments, a change in diet to reduce inflammation in his sinuses and a course of homeopathy and supplements to remove the fungal infection and rebuild his immune system Michael significantly improved and no longer has these symptoms.

If you are suffering from similar symptoms and are looking to get relief CALL THE HOLISTIC CENTER AT BRISTOL SQUARE (508)660-2722 and make your appointment today. We are located at 1426 Main Street Ste #6, Walpole.

PAID ADVERTISEMENT

Sponsored articles are submitted by our advertisers. The advertiser is solely responsible for the content of this article.

Chronic Sinusitis is long lasting sinus inflammation and often re-curing infection. It can linger over a period of time usually longer than 12 weeks. Acute Sinusitis typically lasts only a few days and can recur several times per year. Causes of Chronic Sinusitis may include blocked airways from asthma and or allergies, infections which can be bacterial, viral, or fungal, abnormal nose structures such as deviated septum, or polyps and a weak immune system.

Symptoms may include tenderness or pressure in the face, post nasal drip, nasal discharge, toothache, ear pain and or headaches.

Michael R presented to our office complaining of chronic headaches and pain in his face. He had been suffering for over 5 years with no relief. Several courses of antibiotics and pain meds just wasn't relieving his symptoms. Michael had a CT scan which diagnosed him with

Speech-Language & Hearing Associates of Greater Boston

Offering both Center-based and Tele-therapies

Serving the children, adolescents and adults of greater Boston for over 22 years

- Speech-Language Evaluations and Therapies-All ages
- Hearing Tests
- Custom Fit Hearing Aids and Service
- Occupational Therapy

Many of Our Services are Covered by insurance

5 North Meadow Rd, Medfield
(508) 359-4532

30 Man-Mar Drive, Plainville
(508) 695-6848

Visit our website:

www.speechlanguageandhearingassociates.com



Speech & Language delays/disorders
Post-Stroke and Parkinson Therapies
Wilson Reading, Comprehension, Writing

Lost the spring in your step?

Let us help!

Move Well
Physical Therapy



Michelle Donohue, PT/Owner



Lois Norton, PT



Mary Goe, PT

RAMA PLAZA - 898B Washington Street, Norwood | 781-269-5850
www.movewellptnorwood.com

Affinity Dental



BEAUTIFUL SMILES THAT LAST A LIFETIME!



Choose the best dental care for you and your family

Call for an appointment

781-255-1100

45 Walpole Street #4, Norwood, MA

www.affinitydentalinc.com

Want to reach more than 150,000 homes and businesses each month?

Contact Jen Schofield at 508-570-6544 or by email at jenschofield@localtownpages.com and find out how today!

**IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT,
IN AND FOR SEMINOLE COUNTY, FLORIDA**

Case No.: 2022DR001368
Division: Family

**Petitioner: Carlyne Joy St. Felix
Respondent: Charles St. Felix**

NOTICE OF ACTION FOR DISSOLUTION OF MARRIAGE

To: Charles St. Felix
200 Engamore Lane, Apt. 106
Norwood, MA 02062

YOU ARE NOTIFIED that an action for Dissolution of Marriage has been filed against you and that you are required to serve a copy of your written defenses, if any, to it on Carlyne Joy St. Felix, whose address is 2209 Red Rock Ct. Kissimmee, FL 34746 on or before June 30, 2023, and file the original with the clerk of the Court at 101 Eslinger Way, Sanford, FL 32773 before service on Petitioner or immediately thereafter. **If you fail to do so, a default may be entered against you for the relief demanded in the petition.**

Copies of all court documents in this case, including orders, are available at the Clerk of the Circuit Court's office. You may review these documents upon request.

You must keep the Clerk of the Circuit's Court office notified of your current address. (You may file Designation of Current Mailing and E-Mail Address, Florida Supreme Court Approved Family Law Form 12.915.) Future papers in this lawsuit will be mailed or e-mailed to the address on record at the clerks office.



A VIEW FROM THE HILL

It's Prom Time!

BY AUSTIN HENRY, NORWOOD HIGH SCHOOL SENIOR

High school proms, an event that most people never forget. An event fueled by everything from excitement to chaos. It's the time of year when 12th grade students finally get a chance to celebrate their upcoming transition into adulthood and reminisce about

their high school memories.

Norwood High school seniors are excited, and for good reason too!

Senior Norwood High School student and Class President John Cavanaugh said he is excited to "spend time with all my friends and everyone at school."

For the seniors, this is their last hurrah so it makes the perfect opportunity to get their last laughs in before they move on. There is a reality to the end of a senior year that hits many students, and that reality is that the people whom they have shared halls and lunch rooms with, will all be going out and exploring the world.

Prepping for one of the biggest nights of your life is never easy! Although it is not impossible, many students wishing to wear a suit find much ease in the suit finding process as they rent tuxes or even have suits tailored specifically for them.

Many students wishing to wear dresses on the other hand have a bit harder of a time, as it is a more daunting task to find the 'perfect' dress.

Senior Maria was lucky as she said the dress hunt was pretty exciting.

"I did not have a problem finding a dress this year, thank God!" Maria said. "The dress I am wearing was the first one I tried on, although I did try on another six or seven."

Another major stressor for anyone attending prom is who they are going with. Many students have trouble asking or even finding the perfect date.

While Cavanaugh has a part-

ner for the big night, going alone is always an option.

"I'm going with a date from Ursuline," Cavanaugh said. "I think it's certainly nice to have a date but people go every year and have a great time without one so I can see why it's not such a big deal. I would encourage anyone to go even if they don't have a date."

Prom day will start with any students who are attending being present in school for a half day. From there, attendants will be free to prepare until 5:30 p.m. where they will meet at the town common to take pictures and socialize; a favored Norwood tradition! The buses to the prom will leave at 6:30 p.m. and the seniors will be off to Lake Pearl, in Waltham to enjoy their big night!

Seniors' night do not have to end when they return home from Lake Pearl! All seniors and their dates are invited to a Post Prom event at Norwood High School. Attendance of this event is highly encouraged as it is another chance to extend a fabulous night!

Many seniors are very excited for Post Prom with one Senior Niko Faller saying

"Honestly I'm most excited for post prom," Norwood senior Niko Faller said. "It's gonna be much more fun than real prom. Prom is pretty formal and people are really reserved in the beginning, but by post prom people are having fun and there's more things to do."

All in all, the seniors are in for an incredibly fun night!

RECYCLE THIS PAPER

MAGIC ROOM

BEER AND WINE BAR
Concert Sound and Lighting!
magicroomnorwood.com/calendar
[Tickets:magicroom.ticketleap.com](http://tickets.magicroom.ticketleap.com)
Show Prices \$20 - \$25 (ALL SHOWS 18+)
Most Shows Start at 8:00PM / Doors 7:00PM

MAY THRU JUNE CONCERTS

- 5 FRI **Southbound Renegade**
New York's newest southern rock supergroup!
- 6 SAT **American Who**
A tribute to The Who
Second Magic Room show
- 12 FRI **The Rush Project NY**
Great Rush tribute band
Second Magic Room show
- 13 SAT **Raise Your Hands**
New England's Premier Bon Jovi tribute band
- 19 FRI **The Young Americans**
Boston's David Bowie tribute band
- 20 SAT **Zephr**
Red Hot Chili Peppers Tribute band from CT
- 26 FRI **Dead Letter Office**
International tribute to R.E.M. (\$25 adv. \$30/door)
- 27 SAT **Blizzard of Ozz**
The Ozzy Osbourne and Randy Rhodes tribute

ERIC JOHANSON

Eric Johanson is a multiple Top 10 Billboard-charting guitarist, vocalist, and songwriter whose repertoire includes progressive Americana, blues-based roots rock, New Orleans funk and more.

9 FRI Eric Johanson

- 2 FRI **Arukah/Electro Politics**
Progressive rock, reggae, jazz, funk, fusion and pop
- 3 SAT **Mach Bell Experience with Joe Hart Band**
Singer from Joe Perry Project
- 10 SAT **JAMZONE**
Music School Spring Concert
- 16 FRI **Staring At The Sea**
Gretchen & The Banshees
The Cure & Siouxsie Sioux
- 17 SAT **Stefan Couture & the Moondog Brian Montanaro**
Soulful Modern Acoustic Duo
- 23 FRI **Stavo**
Progressive heavy metal, rock, jazz fusion from NY
- 24 SAT **Rock Steady**
Nightshade and Gold
Bad Co./ Fleetwood Mac
- 30 FRI **Bled Sabblin & Eastie/DC**
Black Sabbath, Led Zepplin, AC/DC tribute bands

At The Norwood Space Center - 83 Morse Street

Senior Steps

By MICHELE TARANTO

Legal Clinic

The Norwood Senior Center has recently collaborated with Metrowest Legal Services and will host a quarterly legal clinic with Attorney Veranira Ochea from Metrowest Legal Services. The first clinic was held April 10.

Metrowest Legal Services provides free legal aid to seniors in areas of housing, public benefits, social security matters, durable power of attorney, health care proxy, simple probate matters, Medicaid, nursing home issues, limited domestic relations, and consumer and bankruptcy issues.

To schedule a private 20 minute free legal consultation, call at 781-762-1201 x 3. Kathleen at the Senior Center will forward your information to Attorney Ochea.

Be Alert! Postal Scams

Mail Forwarding Scam

At the March Anti Scam Task Force Meeting in March, Postmaster Scott Florio gave an update on types of scams the post office and residents are experiencing.

For mail forwarding, scammers forward an unsuspecting resident's mail with their name and address on the form. For two weeks, that mail is forwarded to another address which could include bank statements, credit card statements, letters from So-

cial Security etc. Now they are able to easily steal personal information.

To help prevent this scam, the post office now mails a letter to the person's original address and the address the mail is forwarded to, letting them know this is being done. If you receive one of these letters and you haven't forwarded your mail, call the post office immediately at 781-769-3092. The post office has already been able to catch a scammer!

Parcel Scam

The parcel scam can happen an order is places from a non-reputable company and the scammers change the delivery address on their end. Now an item has been fully paid for but being delivered to someone else; the buyer never receives it and may not get their money back.

Mass Health

Mass Health renewal packets will be sent out over the next year, April 1, 2023 – March 31, 2024. The renewal must be completed within 45 days and returned to Mass Health.

Norwood Memory Café

The Norwood Memory Café welcomes individuals, families and friends of those living with memory changes. The café offers people and their companions, an opportunity to experience laughter, companionship and socialization in a relaxed and safe

environment. The hour includes conversation, refreshments, entertainment, and activities. The café meets monthly on the third Thursday of the month, 1:30-2:30 p.m., at the Senior Center. For more information or to volunteer, contact: Jean Cotton, MS, Gerontology, CDP, at Je7cot@msn.com or call 781-762-1611. Caregivers are requested to be present with any guests who need personal assistance.

For more information on the Norwood Senior Center, visit www.norwoodma.gov/residents/senior_center/index.php or call 781-762-1201. The Norwood Senior Center is located at 275 Prospect St., Norwood.

Books Delivered Right to your Door!

Did you know the Morrill Memorial Library provides home delivery to Norwood residents free of charge? This service is offered complimentary to those who are unable to visit the library due to special needs, illness, or disability. Specific books can be requested, or librarians are more than happy to select books or DVDs matching interests or favorite authors. In addition to large-print books, the library also loans out Perkins talking books and a variety of assistive technology items, including digital magnifiers and books on CD. For more information, email kdavid@minlib.net or dmerchant@minlib.net, or call 781-769-0200, x4.



A Seniors Real Estate Specialist®, or SRES®, is a REALTOR® who has received extensive training in helping home buyers and sellers ages 50+.

Let me help you through the process of buying or selling your home, making the transaction less stressful and more successful.

Contact me today for more information!



Michele Taranto

Your Trusted Realtor and SRES® Specialist
781-799-7068 mtarantorealty@gmail.com



NEED A PROPANE REFILL?

\$ 3.00 off
a 20 lb Fill
(with coupon)

NORWOOD BOTTLED GAS

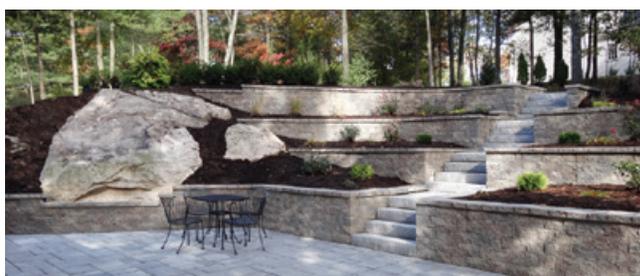
305 Providence Highway, Norwood
(Next to Boch HONDA)

781-762-2330 • 781-762-2331

NTN

WENZEL

Inca



- Patios
- Walkways
- Retaining Walls
- Fire Pits
- Outdoor Kitchens
- Pool Surrounds

- Landscape Design & Installation
- Water Features
- Lawn Installation
- Grading
- Excavation

508-376-2815

Free Estimates • Fully Insured
www.WenzelLandscaping.com



PRIETO

EMPANADAS II

781-203-7010

MONDAY SPECIAL

FROM 8:00 AM TO 11:00 AM
2 EMPANADAS
+
1 CAN SODA
NOT INCLUDES SEAFOOD ITEMS

\$11 PLUS TAX CASH ONLY

111 Lenox St.
Nahatan Place
Norwood

Visit us at
Prieto-empanadas.com/norwood

UBER EATS • DOOR DASH • GRUBHUB

Norwood Sports

Norwood Volleyball Looking To Develop New Players

BY CHRISTOPHER TREMBLAY

The Norwood boys volleyball team found themselves just on the outside of the State Tournament last spring; a mere one game away from punching their ticket to the post-season. Despite having a rather young team this year, however, Coach Paul Nimblett is optimistic that the boys can do what is necessary to achieve that goal.

“We are a young team with only a few returning athletes from last year,” the Mustang Coach said. “We have a lot of athletes this year with little to no volleyball experience. It will be a learning experience for a lot of them and it will take some time for the new pieces to gel together, but once we get going we will be ok. I can see the potential and their ability to play together; we will definitely be able to compete.”

Two big-time returners for Norwood will be seniors Joe Greene and Zach Smith. Greene will be proficient in the middle of the net with his kills and blocks but is an all-around player that will also get the team

some points with his serving. According to Nimblett, he will play a big part in the team’s success.

Smith unfortunately suffered a dislocated shoulder deep into the season and had to have surgery last year. Having the right-side hitter back this year makes the Norwood coach very happy.

“We are very glad to have him back on the court,” Nimblett said. “He is very good at getting to the ball and brings a lot of energy to the team. When he went down last year it was big loss to the team, and being that we missed the tournament by one spot hurt.”

Another senior coming back is Khang Nguyen, a three-year player like Greene, who not only can pass the ball with the best of them, but he will also lead the team in the back row playing great defense.

In addition to the seniors coming back, Norwood has two senior newcomers looking to make an impact this season. Ciledson Diaz Segundo, a soccer player for the Mustangs in the fall has decided to give volleyball a shot before graduating.

According to the coach, he has already shown potential playing the outside hitter position in only a few weeks and should be a good addition to the team once he gets his timing down. The other first year player to Norwood as a senior is Yuri DeSousa, who is relatively new to the school, but has played volleyball in the past. Nimblett will be looking for him to be a defensive specialist in the backrow for the Mustangs this year.

While the seniors, new and returning, will be the major forces on the team, Nimblett will be looking to some sophomores who should take this team into the future. Xavier Walkins and Khyrell Miller were a couple of the team’s most talented athletes last year as freshmen. The coach is expecting big things from the duo in their second season.

Walkins was an outside hitter last year, but during the off-season he played a lot of volleyball and worked on his setting skills.

“He has a really good volleyball IQ and worked extremely hard to bring his game to the next level,” the Norwood coach said. “He came in and I was impressed with his passing ability. Originally, I was a little worried as we had lost our setter from



bastian Eugene, will also provide the Mustangs with yet another athletic outside hitter.

“Once he gets his timing down and picks up his steps, he’s going to be a really good asset for us,” Nimblett said. “All three of these sophomores have convinced me that they can play the game and will be the building blocks to our future.”

Having just missed out on a tournament position last year, that is one of Norwood’s top priorities this season.

“We definitely want to push through and get into the tournament this season while improving upon last year’s record,” the coach said. “It’s too early with all these new players to say exactly how many wins we should be able to get, but these kids are ready to play, and on any given night they can help us to a win.”

a year ago to graduation, but Xavier has looked to take over that position.”

Miller will play right-side and outside hitter this season for the Mustangs, and being a lefty will give Norwood a different dynamic on the court. He is another athletic individual and when spiking the ball into the opposition’s court he shows what can be expected of him. Along with Walkins, Miller will bring a combination that should be tough to stop when they are connecting.

One other sophomore, Se-



New England Inc. Ballistic Services

Instant cash paid for your valuable firearms.

Call today for a confidential consultation
508-381-0230 • www.neballistic.com

NORWOOD SPORT CENTER



free game
buy one game, get one game free

Norwood Sport Center
Norwood • 781-769-0606

Not valid on league play. One coupon per visit per person. Offer expires 5-31-23.



free game
buy one game, get one game free

Norwood Sport Center
Norwood • 781-769-0606

Not valid on league play. One coupon per visit per person. Offer expires 5-31-23.

CALL FOR HOURS

65 Cottage St. (East) | Norwood | 781-769-0606

Help Local Veterans in a 5 Miler!

BY MICHELE TARANTO

Runners are grateful for live racing again after group event suspensions from COVID; and that includes the Run for A Vet 5 Miler! This incredibly beneficial event provides financial aid to local veterans through the Run for A Vet Fund.

The race will take place on Saturday, May 13, 10 a.m., Norwood High School, 245 Nichols St. All net proceeds will benefit 22 Mohawks (www.22mohawks.com/), to raise awareness of veteran suicide.

To register, visit www.runsignup.com/Race/MA/Norwood/RunforaVet5Miler. Cost is \$30. A free short sleeve tee shirt will be given to the first 100 registered runners! Registration ends Thursday, May 11, 7 p.m.

For more information, contact Race Director, Jim Henry, wingedfootrunning1@gmail.com, or 617-610-0084.

Spring is here, the weather is warmer, and run for a worth cause! What a great time to lace up the sneakers, join in some



fun, and help support Norwood’s local veterans!

Norwood Sports

Sam Rose: A True Team Player

By CHRISTOPHER TREMBLAY

Ever since she picked up a softball in the second grade, Norwood's Sam Rose has primarily been a shortstop. However, this spring in her final year with the Mustangs, the senior will be transitioning from the field where she was named the Tri-Valley league MVP last year to her new position behind the plate.

Norwood Coach Carol Savino found herself in a pickle last year knowing that the Mustangs were not going to have a catcher for the following season, so she approached Rose hoping that she'd take on the role for the good of the team.

"Knowing that we needed a catcher for upcoming season I knew that I had to do it for the

of your high school career is nothing short of being a team player and Coach Savino is very thankful she has a player in Rose that is willing to do just that. During her MVP season, the Norwood shortstop batted .614 with 43 hits, and 22 RBI, in addition to stealing 38 bases in 40 attempts. In the field, she recorded an .882 fielding percentage.

"Sam has been a varsity starter since her sophomore year as we didn't have a season her freshman year due to Covid," Savino said. "Coming into this year, she knew at we didn't have a catcher and took it upon herself to work real hard during the off-season to be ready for the start of the year. To take on the catching duties shows that she is a real team player and will sacrifice her position for the

the eighth grade, Rose has been able to grow her talent in hopes of playing on the next level. During the Drifters past season, the senior was able to get behind the plate on a few occasions to get prepared for what she is up against this spring.

"She has the skills and the mechanics to move behind the plate, she just need to learn how to call the game," the Norwood coach said. "She understands the game and is talented enough to be able to handle it. She's very quick back there."

Having tried a lot of different sports (soccer, step dancing, gymnastics, ice hockey and lacrosse) in addition to softball, Rose eventually came to the conclusion that being on the diamond was the place best suited for her talents.

"Softball became my sport; I love it as it was team sport but also had an individual aspect to it as well," Rose said. "I began playing softball with the town rec league, and in the sixth grade joined my first club team (Brand New Ball Game), and two years later moved over to the Mass Drifters."

The now Norwood catcher played shortstop prior to the move this spring. She found that the more she played the position the more she like it. Being the focal point of the action in the field was thrilling to her, as is being a catcher in charge of everything on the field.

Although she has thoroughly enjoyed her time with the Mustangs, losing that first year was heart breaking.

"I was pretty disappointed to have no season because of Covid," Rose said. "I was so excited and ready for tryouts, but was really upset when everything went down. Originally I thought that sophomore year was going to be really hard not having a high school season the year before, but luckily I did get to play some club ball that summer.

Last spring, Norwood took out Wilmington in the first round of the Division 2 State Tournament, but was then sent home losing to neighboring Walpole. Rose and her teammates would like to avenge that loss and get



team so that we could set a strong foundations for the future," the senior said. "I can't recall the last time I played the position, probably in second grade when they move you all over the place to find the best fit, but I am willing to give up my shortstop position to help the team out."

Giving up a position where you are coming off the best year

best of the team shows the type of individual that she is."

According to the Norwood Coach, Rose went the extra mile for the good of the team and by her taking catching lessons to learn the position only shows that she has the personality of a leader. Having played on the Mass Drifters travel team since

the team deeper into the tournament this year.

"As a captain this year, I am just hoping that I can get the girls to connect and keep the younger kids focused on the task at hand," Rose said. "I want to go out and do my job while winning and hopefully get back to the tournament and make a run."

Being behind the plate does not intimidate Rose whatsoever as she'll be catching close friend Athena Alexopoulous, who will be firing the ball to

her from the circle.

"Being that I am close to Athena will help me behind the plate," Rose said. "We'll work together and do what is best for the team, I am not worried about it, it's just something that I'll have to get use to; playing behind the hitters instead of watching them from the field."

It really doesn't matter what position Rose is playing, she is just hoping to help get the Mustangs back into the tournament where they can make some noise.



THE WALPOLE FOOTLIGHTERS PRESENT

Directed by Jonah LeDoux; Musical Direction by Dan Moore; Choreography by Nicole Carey

May 5, 6, 12, 13, 20, 2023
at 8 p.m.

May 7, 21, 2023
at 2 p.m

Tickets \$27
including transaction fees

Group Rates Available • All Seats Reserved

By John O'Farrell and Karey Kirkpatrick; Music and Lyrics by Karey and Wayne Kirkpatrick

Set in the 1590s, brothers Nick and Nigel Bottom are desperate to write a hit play but are stuck in the shadow of that Renaissance rock star known as "The Bard." When a local soothsayer foretells that the future of theatre involves singing, dancing and acting at the same time, Nick and Nigel set out to write the world's very first musical. But amidst the scandalous excitement of opening night, the Bottom Brothers realize that reaching the top means being true to thine own self, and all that jazz.

TICKETS: 508-668-8446 or www.footlighters.com

Footlighters Playhouse • 2 Scout Road • East Walpole

Calendar of Events

May 2/May 9

Learn to Play Ukulele
Morrill Memorial Library
6:30 p.m.

There are 2 adult evening sessions for adults who are interested in learning to play the ukulele! The second session is Tuesday May 9 at 6:30 pm. Plan to attend both sessions as the content of the second meeting builds on the first. Learn about the instrument, its history and popularity, and learn chords and basic strumming to get you started playing. Our goal is to learn enough in these two sessions to play simple songs together, encourage learning something new, and give you the bug and resources to keep learning on your own. Participants are encouraged to bring their own ukuleles, and the library and instructor have some available for borrowing. For ages 18+. To register, visit www.norwoodlibrary.org/morrillcalendar/ or call 781-769-0200, x2.

May 3

George Henry Morse House: Why Morse Matters
Morrill Memorial Library
6:30 p.m.

Join the Norwood Historical Commission for a presentation and discussion on the George Henry Morse House. For questions and more information about this presentation please contact teosco@norwoodma.gov.

May 4

Patriotic Rosary
St. Catherine of Siena Church,
547 Washington St.
1 p.m.

Come pray the beautiful Patriotic Rosary for the country on the National Day of Prayer. Pray for a return to the traditional values of life, liberty, and the pursuit of happiness, and one nation, under God. Come foster patriotism and love of God and country. All patriotic songs will be sung.

Old Parish: A Documentary about Norwood's Old Parish Cemetery and its Volunteers
Morrill Memorial Library
6:30 p.m.

The film, Old Parish, documents the Old Parish Cemetery and the work of the volunteer group working to restore it. Directed by Norwood residents Maura and Kate Smith, Old

Parish is a short form documentary film that explores the history of the Old Parish Cemetery and the work of the Old Parish Preservation Volunteers. The film showcases both the importance of this piece of Norwood history as well as the work of the Old Parish Preservation Volunteers to restore, repair, and foster a sense of respect and appreciation for this local landmark. To register, visit www.norwoodlibrary.org/morrillcalendar/ or call 781-769-0200, x2.

May 5

Friends of the Library Book Sale: Early Bird Preview
Morrill Memorial Library
1-4:45 p.m.

Friends members only. If you would like to volunteer to help out at the book sale, or if you have questions about the Friends of the Library, contact Catherine Swanson at cmswn@verizon.net.

60's & 70's Oldies Dance
Norwood Senior Center,
275 Prospect St. - 7-10 p.m.

Music by Chuck Palmer. Cost is \$12 per person, and includes coffee, tea, water, and desserts.

May 6

Old Parish Preservation Volunteer Opportunity
480 Washington St. (Central St. at Railroad Ave.)
8:30-10:30 a.m.

Join in on a Saturday Work Day at the Old Parish Cemetery. For more information on this volunteer organization, visit oldparishpreservationvolunteers.com.

Friends of the Library Book Sale
Morrill Memorial Library
9 a.m.-4:45 P.M.

If you would like to volunteer to help out at the book sale, or if you have questions about the Friends of the Library, contact Catherine Swanson at cmswn@verizon.net

VFW Post 2452 Meat Raffle
193 Dean St.
2-5 p.m.

The price for each drawing is \$2. Ten drawings are conducted each Saturday. A pre-buy for \$20 is available during the week at the Post. The pre-buy allows for entrance in all ten drawings conducted on Saturday. The winners of the pre-buys need not be present to win. The prizes are generous portions of meat and chicken. The Drawings also in-

clude a 50/50 money raffle. A separate Winner Takes All Raffle is conducted at the end for an additional \$5. The Meat Raffle is open to the public and everyone is welcome.

May 7

Friends of the Library Book Sale
Morrill Memorial Library
2-4:45 P.M.

Bag Sale Today!

May 8

Norwood Annual Town Meeting
Norwood High School
6:30 p.m.

Town meetings are open to the public and also broadcast live by Norwood Community Media.

May 9

Women's Business Networking Meeting
Workspaces Norwood,
66 Winter St.
8 a.m.

The Women's Business Networking (WBN) group is a non-profit organization for women in business or residents of Norwood and surrounding towns. The group meet two mornings per month and in addition to providing referral business, the women share and support business ideas and community events/fundraisers. If you would like more information about the organization, call 781-799-7068, or email wbnofnorwood@gmail.com.

Norwood Women's Club Meeting
Conrad's, Walpole
12:30 p.m.

Lunch choices are beef, fish, or chicken. Cost is \$30. Guests are welcome. For more information, call Trina at 781-762-8173.

May 10

Norwood Junior Woman's Club Meeting
Conrad's Restaurant
7:30 p.m.

Monthly meetings are held at 7:30PM on the second Wednesday of each month. New members are always welcome! For more information, email Norwoodjwc@gmail.com or visit their website at Norwoodjwc.org. The Club is sponsored by the General Federation of Woman's Clubs, one of the largest and oldest women's volunteer service organizations.

May 13

Stamp Out America Food Drive
Your mailbox
All day

Letter carriers will be picking up non-perishable food throughout Norwood neighborhoods as part of the 31st Annual Letter Carriers' Stamp Out Hunger Food Drive. On this day, rain or shine, when Norwood residents leave marked bags of non-perishable food by their mailbox in the morning, mail carriers will pick up the packages during their regular delivery routes and deliver them to the Norwood Ecumenical Food Pantry.

Household Hazardous Waste/ Recycling Day
Winter St. Recycling Facility,
370 Winter St.
8-11 a.m.

For a full list of accepted materials, visit norwoodma.gov/departments/trash_and_recycling/household_hazardous_waste_and_recycling.php. Proof of residency required. Held rain or shine.

Old Parish Preservation Volunteer Opportunity
480 Washington St.
(Central St. at Railroad Ave.)
8:30-10:30 a.m.

Join in on a Saturday Work Day at the Old Parish Cemetery. For more information on this volunteer organization, visit oldparishpreservationvolunteers.com.

Plant Sale
Hawes Pool Park, 1269
Washington St.
9 a.m.-1 p.m.

The Norwood Evening Garden Club is holding their Annual Plat sale! Choices will include perennials, annuals, hanging baskets, organic vegetables, and more! All plants locally grown. For more information or to pre order, pre pay (by May 5), visit www.norwoodeveninggardenclub.com.

Run for a Vet 5 Miler
Norwood High School - 10 a.m.

All net proceeds will benefit 22 Mohawks (www.22mohawks.com/), to raise awareness of veteran suicide. To register, visit www.runsignup.com/Race/MA/Norwood/RunforaVet-5Miler. Cost is \$30. Registration ends Thursday, May 11, 7 p.m. For more information, contact Race Director, Jim Henry, wingedfootrunning1@gmail.com, or 617-610-0084.

Blessing Boutique Thrift Shop
First Baptist Church, 71 Bond St.
10 a.m.-12 noon

Stop in to see a great selection of clothes for the family, shoes, books, kitchen items, jewelry, linens and much more!

VFW Post 2452 Meat Raffle
193 Dean St.
2-5 p.m.

The price for each drawing is \$2. Ten drawings are conducted each Saturday. A pre-buy for \$20 is available during the week at the Post. The pre-buy allows for entrance in all ten drawings conducted on Saturday. The winners of the pre-buys need not be present to win. The prizes are generous portions of meat and chicken. The Drawings also include a 50/50 money raffle. A separate Winner Takes All Raffle is conducted at the end for an additional \$5. The Meat Raffle is open to the public and everyone is welcome.

May 14

Musical Sundays Concert Series: Aurora Duo
Morrill Memorial Library - 3 p.m.

The final concert in our Spring series will be a special Mother's Day concert by classical group, Aurora Duo. Since 1987, Loren Pearson and her husband, pianist Kevin McGinty, have been active performers as the Aurora Duo and have participated in WGBH Recording Sessions. Former faculty positions include Milton Academy, Cape Cod Conservatory, and the New School of Music in Cambridge. To register, visit www.norwoodlibrary.org/morrillcalendar/ or call 781-769-0200, x2.

May 15

Korean Lotus Lantern Craft Workshop
Morrill Memorial Library
6:30 p.m.

The Morrill Memorial Library is partnering with the Korean Spirit and Cultural Promotion Project (KSCPP) to mark Asian and Pacific islander Heritage month with an in-person hybrid program called Korean Lotus Lantern Craft Workshop. Join Younhee Shin, the program Coordinator for KSCPP to learn the history of the lotus flower lantern in Korean culture. It will be followed by step by step instruction on how to create a lotus

CALENDAR

continued from page 14

flower lantern. Registrants will be provided with the lantern making kit when they attend the program. The program is free and open to ages 18+. To register, visit www.norwoodlibrary.org/morrillcalendar/ or call 781-769-0200, x2.

May 16

Sustainability Series: Kill Your Lawn
Morrill Memorial Library
7 p.m.

Mark Richardson will present on the many benefits of using native plants instead of grass for lawns.

According to NASA, more surface area in the United States is covered by lawn than by any other single irrigated crop. Lawns are resource-heavy, requiring irrigation, fertilizer, and pesticides to thrive in New England. Learn why you should “kill your lawn” and how to replace it with beautiful and environmentally friendly native plantings. To register, visit www.norwoodlibrary.org/morrillcalendar/ or call 781-769-0200, x2.

May 17

Turn the Page Book Group
Morrill Memorial Library
10 a.m.

The Turn the Page Book Group will be discussing ‘The Paris Library,’ a novel written by Janet Skeslien Charles. To sign up and view discussion questions, visit www.norwoodlibrary.org/morrillcalendar/ or call 781-769-0200, x2, or contact Patty Bailey at pbailey@minlib.net or call 781-443-8864.

Turn the Page Book Group
Morrill Memorial Library (Virtual)
6:30 p.m.

The Turn the Page Book Group will be discussing ‘The Paris Library,’ a novel written by Janet Skeslien Charles. To sign up and view discussion questions, visit www.norwoodlibrary.org/morrillcalendar/ or call 781-769-0200, x2, or contact Patty Bailey at pbailey@minlib.net or call 781-443-8864.

Nurturing Listening and Learning Skill: Hooray for K! Parenting Workshop
Morrill Memorial Library
6:30 p.m.

In the Nurturing Listening and Learning Skills workshop, parents will learn how to guide their kids toward independence. The importance of routines, and other

ways to encourage their kids to be active listeners will also be discussed. Registration is appreciated but not required. Questions? Email the staff at norchild@minlib.net or call the library at 781-769-0200 x3.

May 18

Stuart Plumer Author Series: Mitchell Zuckoff
Morrill Memorial Library
7 p.m.

A number-one New York Times bestselling author, Mitchell Zuckoff will discuss his latest book, *The Secret Gate: A True Story of Courage and Sacrifice During the Collapse of Afghanistan*. The book recounts the incredible true story of a breathtaking rescue in the frenzied final hours of the U.S. evacuation of Afghanistan—and how a brave Afghan mother and a compassionate American officer engineered a daring escape. To register, visit www.norwoodlibrary.org/morrillcalendar/ or call 781-769-0200, x2.

May 19

Sensory-Friendly Friday Movie
Morrill Memorial Library - 1 p.m.

Sensory-friendly Friday Movie at the Library is a program specially designed for adults with intellectual and developmental disabilities. The May movie is Disney’s *Moana*, rated PG. To register, visit www.norwoodlibrary.org/morrillcalendar/ or call 781-769-0200, x2.

May 20

Old Parish Preservation Volunteer Opportunity
480 Washington St. (Central St. at Railroad Ave.)
8:30-10:30 a.m.

Join in on a Saturday Work Day at the Old Parish Cemetery. For more information on this volunteer organization, visit www.oldparishpreservationvolunteers.com.

VFW Post 2452 Meat Raffle
193 Dean St. - 2-5 p.m.

The price for each drawing is \$2. Ten drawings are conducted each Saturday. A pre-buy for \$20 is available during the week at the Post. The pre-buy allows for entrance in all ten drawings conducted on Saturday. The winners of the pre-buys need not be present to win. The prizes are generous portions of meat and chicken. The Drawings also include a 50/50 money raffle. A

separate Winner Takes All Raffle is conducted at the end for an additional \$5. The Meat Raffle is open to the public and everyone is welcome.

May 22

American Red Cross Blood Drive
Knights of Columbus,
572 Nichols St. - 1-6 p.m.

Mixed Media Canvas Art
Morrill Memorial Library
6:30 p.m.

Join Norwood Cultural Council member Kristin Capezio to learn about yourself and your past through artistic and symbolic representation. Create a memoir piece that reflects a timeless or meaningful part of your life or create something personal to share with a loved one. Bring photos of yourselves, your family, or artifacts from your past and put them into a commemorative work of art you can display. For ages 18 and up. To register,

visit www.norwoodlibrary.org/morrillcalendar/ or call 781-769-0200, x2.

May 23

Women’s Business Networking Meeting
Workspaces Norwood,
66 Winter St. - 8 a.m.

The Women’s Business Networking (WBN) group is a non-profit organization for women in business or residents of Norwood and surrounding towns. The group meet two mornings per month and in addition to providing referral business, the women share and support business ideas and community events/fundraisers. If you would like more information about the organization, call 781-799-7068, or email wbnofnorwood@gmail.com.

Artist-in-Residence: Mapping the Haitian Revolution into the US
Morrill Memorial Library
7 p.m.

The aftermath of the 1791-

1803 Haitian Revolution saw intensified interactions between Haiti and the United States. This revolution impacted the US abolitionist movement and left powerful imprints on the US East Coast and Midwest maps. This lecture will retrace Haiti-related markers and landmarks (monuments, historical archives) in some 10 states that speak to the little-known but definite influence of the Haitian revolution in antebellum America and beyond, including interactions with local leading Massachusetts abolitionists. To register, visit www.norwoodlibrary.org/morrillcalendar/ or call 781-769-0200, x2.

Titles on Tap Book Group
Nappy Tandy’s, left hand side bar
7:30 p.m.

Title has yet to be announced. Titles on Tap is a social book group for readers in their 20s and 30s and for the young at heart. We go in for stories that are shaken, not stirred, and we don’t

Hiring all techs, all trades!


FLEXIBLE SCHEDULE


TECH SUPPORT


MODERN TRUCKS


EXPERIENCE & GROWTH

Extensive Benefit Package including health and 401k plans



PLUMBING • HEATING • A/C • ELECTRIC • REMODELING

Enjoy your career!
To learn more, scan the code or visit Rodenhiser.com/Careers



Master Plumber: #10961 | Corporate Plumbing: #2288 | Master Electrician: #21982A
Master Sheet Metal (Unrestricted): #5867 | Corporate Sheet Metal: #641
Home Improvement Contractor: #188806

Call us to find out how we can help you!

SERVICES WE PROVIDE:

- Durable Medical Equipment
- Medicine Prescriptions
- Prescription Compounding
- Text Notifications
- Flu Shots and Synchronization
- Medication Synchronization
- Private Consultation Room
- Homeopathic and Vitamins
- Home Delivery

No Long Lines
All Insurance Accepted

Full Service Pharmacy
Offering only the highest quality FDA approved prescription medication.
Over-the-counter medication and first aid products.
Efficient Home Delivery and fast Mail Service catering to your needs.



NORWOOD PHARMACY
781-349-8895 • 54 Broadway • Norwood

CALENDAR

continued from page 15

mind taking our love of lit outside the library walls. Titles on Tap meets once a month in the left-hand bar of Napper Tandy's

to eat, drink, be merry, and discuss the latest reading selection.

Circulation desk any time after May 12th to sign the guest book and offer your well wishes to Michele.

at the Post. The pre-buy allows for entrance in all ten drawings conducted on Saturday. The winners of the pre-buys need not be present to win. The prizes are generous portions of meat and chicken. The Drawings also include a 50/50 money raffle. A separate Winner Takes All Raffle is conducted at the end for an additional \$5. The Meat Raffle is open to the public and everyone is welcome.

May 24

**Perkins Library : Taking care of your vision needs
Morrill Memorial Library - 3 p.m.**

Learn about accessible Perkins Library services for all ages, understand the lasting impact that social isolation continues to have on our senior populations, and ways that the Perkins Library and other community organizations have been able to use technology to reach at-risk community members. Come hear Erin Fragola, Outreach Coordinator at the Perkins Braille & Talking Book Library, present on at-risk community members, disenfranchised by the "digital divide" and ways these challenges are being addressed. To register, visit www.norwood-library.org/morrillcalendar/ or call 781-769-0200, x2.

May 26

**Retirement Open House
Celebration for Michele DeGrazio
Morrill Memorial Library
12-3 p.m.**

Drop in to the open house to celebrate the retirement of Michele DeGrazio. After 50 years of faithful service to the Town of Norwood she will be retiring as Circulation Chief. Light refreshments will be served. Please remember to stop by the

May 27

**Decorate for Memorial Day
Highland Cemetery - 8 a.m.**

American flags will be placed on the graves of Norwood veterans. Volunteers are welcome to assist in the effort and can receive more information from Director of Veteran Services Ted Mulvehill's office, at 781-762-1240.

**Old Parish Preservation Volunteer Opportunity
480 Washington St. (Central St. at Railroad Ave.)
8:30-10:30 a.m.**

Join in on a Saturday Work Day at the Old Parish Cemetery. For more information on this volunteer organization, visit www.oldparishpreservationvolunteers.com.

**Blessing Boutique Thrift Shop
First Baptist Church, 71 Bond St.
10 a.m.-12 noon**

Take a look at the books, clothes, jewelry, tableware, linens, wall hangings All kinds of odds and ends!

**VFW Post 2452 Meat Raffle
193 Dean St.
2-5 p.m.**

The price for each drawing is \$2. Ten drawings are conducted each Saturday. A pre-buy for \$20 is available during the week

May 28

**Morrill Memorial Library Closed
for Memorial Day Weekend**

May 29

**Morrill Memorial Library Closed
for Memorial Day Weekend**

Memorial Day Activities

St. Catherine of Siena Church, Town Common, Old Parish & Highland Cemeteries, downtown Norwood 8-10:30 a.m.

Memorial Day celebrations will begin at 8 a.m., with a service at St. Catherine of Siena Church, followed by a flag raising at the Town Common. There will be a ceremony at 9:30 a.m., at the Old Parish Cemetery, and then a parade kicks off at 10 a.m., at the corner of Washington & Howard St., and finishes at Highland Cemetery with a ceremony.

**Old Parish Cemetery Self-Guided Tour
480 Washington St. (Central St. at Railroad Ave.)
1-3 p.m.**

Hey Ladies ... looking for wide shoes?

Women's Fashion Shoes in hard-to-find sizes

Sizes 6.5ww - 11ww, also 12m



Mention this AD
and get \$15 off
Total Sandal Purchase
Good thru May 31st

The Forgotten Foot

"It's Worth the Trip!"

WE'VE MOVED!

1255 Worcester Road, Framingham
Hours: Mon. - Sat. 11 a.m. - 6 p.m. • Sun. 12 - 4 p.m.

508-879-3290



Victoria Haven

Exceptional Short Term Rehab!



- Post Surgical Rehab • Respite Stays
- On Call Physicians • 24 Hr Nursing Coverage

137 Nichols Street, Norwood MA • 781-762-0858
www.rehabassociates.com/victoriahaven

**Norwood
Town News**
now has its own
Facebook page!

**Like Norwood
Town News
on Facebook to
keep up to date
with articles,
events, giveaways
and contest
announcements
for Norwood!**

Real Estate Corner

The Importance of Mortgage Discharges

Norfolk County Register of Deeds William P. O'Donnell recently reminded consumers about the importance of filing a mortgage discharge in a timely manner after their mortgage has been paid off.

"As consumers, we all need to borrow money," Register O'Donnell said. "There are many reasons why consumers borrow money—to purchase a house, to make home improvements, or to help pay for the ever-increasing tuition payments of our children. The borrowing of money involving real estate leads to a mortgage being recorded against the title of that real estate."

In calendar year 2022, there were over 130,000 documents recorded at the Norfolk Registry of Deeds, and of that number, more than 23,200 were mortgages, nearly 20% of all documents recorded in 2022.

To clear a homeowner's property title when a mortgage has been paid off, a mortgage discharge document needs to be recorded with the Registry of Deeds. A discharge is a document (typically one or two pages) issued by the lender, usually with a title such as "Discharge of Mortgage" or "Satisfaction of Mortgage."

"As a consumer, you want to make sure a discharge has been recorded at the Registry of Deeds, which tells the world that that mortgage has been paid off," Register O'Donnell noted.

In some instances, mortgage discharges are filed directly by banks or settlement closing attorneys with the Registry as part of a property sale or as a result of a refinancing transaction. In other cases, the mortgage discharge is

sent to the property owner, who then becomes responsible for making sure the document is recorded.

"Whether or not the mortgage discharge is recorded by the lending institution or the individual property owner, it is imperative that the property owner makes sure all necessary documents have been recorded at the Registry of Deeds," Register O'Donnell said.

Individuals with property recorded at the Norfolk County Registry of Deeds can check their title and make sure all their mortgages have been properly discharged using the Registry's online records at www.norfolkdeeds.org. By going to the Online Research section of our website, property owners can verify that all mortgages associated with the property have been discharged.

"Please remember that not having a mortgage discharged will result in a title issue and thereby impact the process of selling one's home," Register O'Donnell cautioned residents.

The Register further noted that there have been cases where no discharge has been recorded against a long-paid-off mortgage.

"Unfortunately, some of the lending institutions that provided funds for these mortgages are no longer in existence," Register O'Donnell said. "In other cases, financial entities have merged with another lending institution."

If a property owner needs to retrieve the original discharge of a mortgage and it is unclear which lending institution is now responsible for providing the document, an option is to contact the Massachusetts Division

of Banks at 1-800-495-2265 x-1 and then x-61501. Another option is to access the Federal Deposit Insurance Corporation website, www.fdic.gov. Then find the BankFind tab approximately half way down the home page, put in the lending institution in question, then click on the lending institution link, and you will be able to determine who has responsibility for the mortgage.

When recording a mortgage discharge, the original document is required. By law, the Registry of Deeds cannot accept photocopies or faxed copies of documents. The filing fee, set by state statute, is \$106.

"After paying off all the mortgages on their property, homeowners want to know they have a clear title to their property, especially if they are contemplating selling," Register O'Donnell said. "Knowing what steps need to be taken to ensure all paid-off mortgages have been properly discharged will go a long way in giving the homeowner assurances that they have clear title to their property. I cannot emphasize enough how important it is that homeowners make sure their mortgage discharge has been filed with the Registry of Deeds once their mortgage has been paid off."

The Norfolk County Registry of Deeds is staffed with a team

of customer service representatives who can be reached Monday through Friday, 8:30 a.m. to 4:30 p.m., at 781-461-6101. These representatives have been trained in researching documents and are well versed on the subject of mortgage discharges and what, if necessary, needs to

be done to clear title to a property.

To learn more about these and other Registry of Deeds events and initiatives like them at facebook.com/NorfolkDeeds or follow on twitter.com/NorfolkDeeds and instagram.com/NorfolkDeeds.

Contact me for a FREE evaluation
Put my 38+ years experience to work for you!

"Paul is a one of a kind realtor. We are so happy we chose Paul to represent us to sell our home of 30 years. His professionalism and years of expertise made our house sale seamless. He paid attention to detail and presented important house facts when advertising our home. He took professional pictures and added great staging suggestions that shined in our home description. Paul goes above and beyond with guidance and support while preparing to advertise and finalize the sale. He is very trustworthy, kind and has a fantastic personality. I cannot suggest anyone else who would be better than Paul Keady. He is definitely our future family realtor."
 - Donna and Bob F.

Paul G. Keady
 RE/MAX Real Estate Center
 781-762-1945 Office
 781-799-5099 Cell
 pkeadyrealestate@gmail.com
 www.paulkeady.com

Real Estate Corner

March, 2023 Norfolk County Real Estate Activity

Norfolk County Register of Deeds William P. O'Donnell reported that Norfolk County recordings for the month of March, 2023 indicate a continued decrease in overall real estate activity, with significant drops in mortgage activity and the average property sale price as compared to March, 2022.

"Spring has arrived, ushering in a new home-buying season, which is reflected in March's rise in real estate activity over the previous month," Register of Deeds William P. O'Donnell said. "As compared to last year, however, we are still seeing significant decreases in the number of documents filed."

The Norfolk County Registry of Deeds recorded 8,541 documents in March, 2023. This was 31% less than in March, 2022 and 27% more than in February, 2023.

"Despite easing inflation, high food and energy costs are still limiting customers' ability to save money," Register O'Donnell said. "The number of recorded deeds,

which is one measure of document volume, shows a drop in real estate sales from the previous year."

The number of deeds for March, 2023, which reflect real estate sales and transfers, both commercial and residential, was 1,250, a decrease of 17% from March, 2022 and an increase of 29% from the previous month of February.

"Although home prices have fallen significantly, they are still higher than pre-pandemic averages, with March, 2023 home prices 34% higher than March, 2019," Register O'Donnell said. "The lack of available real estate inventory is likely one reason why property prices are still higher than they were before the pandemic, along with the desire to live in local communities."

Sale prices for March appear to have dropped compared to March, 2022. The average sale price in March was \$886,486, a 21% decrease from March, 2022 and a 6% decrease from February,

2023. The total dollar volume of commercial and residential sales is down, decreasing 38% from one year ago and increasing 34% from last month.

"A continued decline in the number of deeds and mortgages recorded at the registry may indicate that homeowners who took advantage of lower interest rates in 2020 are hesitant to make moves with average mortgage interest rates above 6%," Register O'Donnell added, "Although average sales prices are declining, current homeowners and first-time buyers may be holding out hope for lower interest rates."

Overall lending activity showed a continued downward trend for the month of March. A total of 1,280 mortgages were recorded this month, 47% less than a year ago at the same time and up 41% from last month.

"According to the data, we are recording significantly fewer mortgages than in the past, which can

be attributed to a number of factors that the country is experiencing right now, such as the rising cost of living and a spike in mortgage interest rates," Register O'Donnell explained. "These aspects of the economy can affect the local real estate market."

The Norfolk County Registry of Deeds has been closely monitoring the foreclosure market. In March, 2023, there were 4 foreclosure deeds recorded as a result of mortgage foreclosures taking place in Norfolk County, whereas in March, 2022, there were 5 recorded. However, in March, 2023, there were 30 notices to foreclose, the first step in the foreclosure process, significantly more than the 11 recorded in March, 2022.

"The substantial increase in the number of these notices is troubling," Register O'Donnell said. "It suggests that more of our neighbors may have financial difficulties in the future. We will continue to monitor these figures."

For the past several years, the Norfolk County Registry of Deeds has partnered with Quincy Community Action Programs (617-479-8181 x376) and NeighborWorks Housing Solutions (508-587-0950) to help anyone facing challenges paying their mortgage. Another option for homeowners is to contact the Massachusetts Attorney General's Consumer Advocacy and Response Division (CARD) at 617-727-8400.

"If you are having difficulty paying your monthly mortgage, please consider contacting one of these non-profit agencies for help and guidance," Register O'Donnell said.

"The limited inventory of available property on the market and the high demand for homes are likely factors in keeping property values above pre-pandemic levels, while the decrease in prices may be due to homebuyers' reluctance to take out mortgages at current interest rates," Register O'Donnell said.

Dear Homeowners,
Everything is selling quickly and we still have buyers that need homes. Call Gail now at 781-799-5344 to find out the current value of your home!



Selling Your Home Takes **THE RIGHT AGENT**

250 Ridgewood Drive, Norwood



SOLD! \$650,000

47 Pine Street, Norwood



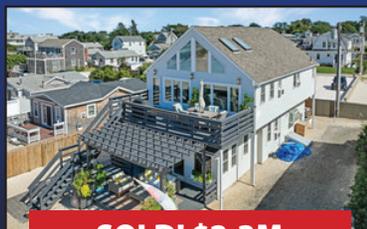
SOLD! \$711,000

29 Oyster Cove Road, Yarmouth



SOLD! \$770,000

5 Collins Ave., East Dennis



SOLD! \$2.3M

238 Ridgewood Drive, Norwood



SOLD! \$620,000

Additional services provided by Legacy Properties:

- Complementary staging advice with professional Interior Decorator
- Professional photography
- Professional floor plans
- Maximum property exposure in all major markets



Gail LiDonni

781-799-5344

Gail@LegacyPropertiesRE.com

I represent buyers and sellers locally AND on the Cape

INTEGRITY | COMMITMENT | RESULTS

Happy Memorial Day Weekend!

Remembering those who paid for our freedom and protected our home.

We are a Land of the Free, because of the Brave.

JUST LISTED



138 NICHOLS STREET

JUST LISTED



11 HAMPDEN DRIVE

JUST SOLD



36 AUDUBON ROAD

UNDER AGREEMENT



125 WINSLOW AVENUE

Whether you are selling or buying work with the #1 Listing and Selling Agent in Norwood 2007-2020! (per mls)



ANNE FAHY
PRESIDENT'S PREMIER ASSOCIATE

617-257-8088

ANNE.FAHY@NEMOVES.COM



COLDWELL BANKER REALTY

COLDWELL BANKER PROUDLY HONORS

JULIE GROSS



Westwood

International President's Elite
Representing the Top 2%
of Coldwell Banker®
Agents Worldwide



COLDWELL BANKER REALTY

MARKET SNAPSHOT

NORWOOD, MA
MARCH 01, 2023 - MARCH 31, 2023
Single Family | Townhome | Multi-Family |
Condominium | Lot/Land/Farm

\$583K Avg. Sales Price ↓ 17%

\$659K
Median List Price
↓ 12%

99.92%
Sales Price / List
Price Ratio
↓ 4%

20
No. of Prop. Sold
↑ 5%

17
Avg. Days on Market
↓ 41%

O: 781-320-0550

Based on data from M.L.S. Property Information Network, Inc. for property type(s) single family, townhome, multi-family, condominium, lot/land, farm in the price range \$0 - \$999,999,999 for the period March 01, 2023 - March 31, 2023. March 01, 2023 - March 31, 2023 stats are compared to March 01, 2022 - March 31, 2022 average. Source data is deemed reliable but not guaranteed.

781-801-6369 • juliegross@gmail.com • juliegross.com

Exclusively yours.

(FOR UP TO 40 GUESTS)



ROUTE ONE • NORWOOD



onebistro.com

FINANCING AVAILABLE

- 12 Months
- No Interest
- No Payments
- Free Estimates
- Get Instant Estimate Online

@ <https://robtevjnc.com/>
Or Call

508-877-3500

Millis, MA 02054

Fully Licensed & Insured

CSL 056746

HIC 108807

\$500 OFF Full Roof Replacement

On 28 Square Feet or More

Exp. May 31, 2023 • Offers May Not be Combined

ROOFING • SIDING • WINDOWS



Lifetime Roof Guarantee

Get a FREE Upgrade to a



Lifetime Guarantee

Exp. May 31, 2023

Offers May Not be Combined

