

Successful High School internship program expanding

Program benefits students and employers



nesses to help fill their needs, while offering valuable opportunities to our students.”

This year, the school introduced a pilot program in

the manufacturing sector. Six seniors have been working at companies like Waters Corporation and Algonquin Industries.

“We want to expand the manufacturing program,” said

INTERNSHIP

continued on page 6

Dora's internship is with Algonquin Industries, a sheet metal fabrication and machining company in Bellingham. *Courtesy photo*

By Linda Chuss

Over the past year, 31 seniors at Milford High School spent their school-day afternoons working at nearby businesses.

“These internships provide students with a chance to develop valuable, practical skills like reading blueprints or getting OSHA certifications,” said Deb Monteiro, a Career Counselor at the high school. “And they build confidence. Students are typically paid for their work, with many

picking up extra hours on weekends and holidays. After graduation, some are employed fulltime by the same company. In general, their experience gives them a leg up.”

MHS Associate Principal Bill Chaplin explained, “The program was developed to address needs expressed by students for real-world career training. And workplaces are challenged finding employees with suitable skills. This partnership allows busi-

Calling Milford High School Class of 1973



Milford High School Class of 1973 (pictured here at its 30th reunion) will hold its 50th class reunion on Sept. 30 at the Hopedale Country Club. *Courtesy photo*

It's been 50 years since graduation! To commemorate this milestone, a group of alumni have begun planning a reunion. The festivities will take place on September 30, 2023, at the Hopedale Country Club.

The fun-filled evening begins at 7 p.m. and includes dinner, dancing, socializing, and reminiscing.

Class members can visit the reunion website at bit.ly/Milford-MA-HS-73 to sign up for event updates

and contribute photos and memories. The planning committee asks that you reach out to anyone from the class and point them to the website so that no one misses this momentous occasion!

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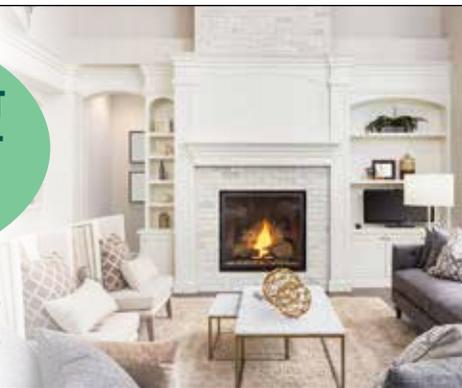
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The Scottish Highland Games are coming to Milford!

Join us Saturday, June 10 at Fino Field for this fun, family-friendly, free-to-public event that is an absolute showstopper packed with entertainment. If you don't know of the Scottish Highland Games, it is essentially 'track & field meets strongman' in kilts with centuries of deeply rooted history and culture.

This is the 3rd annual No Fame Games held in Milford, hosting 75+ athletes from all over New England, the US, and Canada to compete in two separate competitions: a Highland Games Heavy Athletics with all nine traditional events, and a Highlander competition which is more strongman style in its events. We will have several divisions ranging from novice, amateur, masters, and professional. The highlight, we will be hosting 20 professional athletes in both the Professional Men's and Women's Classes in the Heavy Athletics, including Olympians and Professional Strongmen and women. They will not only compete against each other but also vie for several world records that day. To be noted, last year one of

The Scottish Highland Games
 Fino Field 80 Granite Street, Milford
Saturday, June 10

Opening Ceremony with
Pipes & Honor Guard will be at 9:30 a.m.
Athletics will begin around 10 a.m.
and go until around 4 p.m.

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Facebook www.nofamegames.com

our female athletes, Meagan McKee, set a world record in the Scottish Heavy Hammer on Fino Field.

For the Highlander competition, there will be several nationally renowned barbell and powerlifting gyms local to Boston, Worcester, and Providence competing against each other

to test their grit. What's more, teams from the local Milford Fire and Police Departments will compete in friendly competition against each other using the Highlander format. Oh and did I mention all athletes, both men and women, will be in kilts!

There will be bag-pipes for the opening ceremony, Clan tents that will share the history and Scottish lineage information, kid and adult 'try it' stations for the opportunity to meet the athletes and try some of the skills, local food vendors offering refreshments and food throughout the day, and of course special heavy-weight events like the famous caber toss (tree flipping) and stone lifting. Athletically, it is said that the



Courtesy photo

Scottish Highland Games is one of the forerunners to modern track and field. Yet, the beauty of the Games is in the deep history that dates as far back as the 11th century. The Games were originally held as a way for clans to showcase their warriors'

strength and athletic prowess. Moreover it was a way to celebrate togetherness and foster community connections. So we are calling on you, our dear neighbors, to come out and join us for this very special event. It will be nothing short of an amazing day full of entertainment, festivities, and celebration within our community.

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Milford Compost Facility is a Win-Win-Win

Composting benefits residents, town, environment

By Linda Chuss

Turning trash into treasure is what the Milford Compost Facility does. Yard waste ends up fertilizing plantings around town instead of being buried in landfills or burned in incinerators. This saves the town money, provides free compost for residents and town properties, and reduces the environmental impact of waste.

“Milford has composted yard waste for about 15 years,” said Highway Surveyor Scott Crisafulli. “We used to pay the trash company to haul it away. And now we don’t have to buy compost – we make it.”

Yard waste cannot be put in the trash. Instead, for about a month each fall, residents rake their leaves to the edge of their property. Vacuum trucks collect and bring them to the Compost Facility on Fiske Mill Road.

“We have a schedule, so everyone knows when we’re coming,” explained Administrative Specialist Cindy Forte. “Then, from April to mid-January, residents bring their branches, grass clippings, Christmas tree, and leaves to the Compost Facility. Their vehicle needs a sticker – the same permit they use at the Recycling Transfer Station – which is \$25 a year.”

At the Compost Facility, Tom Harmon is one of the employees

who checks stickers and directs people to unloading spots. “It’s usually pretty busy. Most people appreciate the service, but some still ask why you can’t just put leaves and grass in with trash.”

“To speed up decomposition, we flip the piles and mix in finished compost, and after about two-and-a-half years, the compost is ready” said Crisafulli. “Residents can pick it up to use for home landscaping and gardening. The town uses the rest for our properties.” Forte added, “We turn the Christmas trees into bark mulch and the town uses that too, instead of having to buy it.”

In addition to the financial benefits of composting, greenhouse gas emissions are reduced because trucks do not transport materials to distant trash facilities, and yard waste is not added to landfills or incinerators where it would emit additional harmful gases.

Residents can also compost at home, putting yard waste into a pile or bin and turning it over themselves. Another option is including food scraps. The EPA estimates about 25% of household trash is food waste, which could be composted. Doing that at home reduces the town’s trash disposal fees, benefits the environment, and enriches the soil.

These different ways of com-



Tom Harmon, Cindy Forte, and Scott Crisafulli, along with a resident unloading leaves, are at the Compost Facility, where thousands of cubic yards of yard waste are transformed into a rich fertilizer. Photo by Linda Chuss

posting provide positive results all around.

For more about the Compost Facility, visit bit.ly/MilfordCompost or call 508-473-1274. For home composting information, visit epa.gov/recycle/composting-home.



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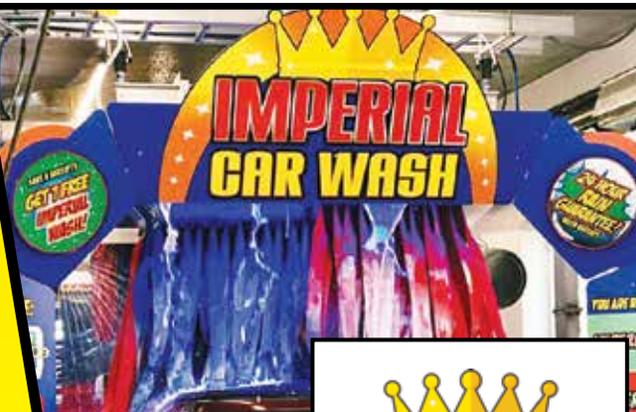
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Dean Bank welcomes Hopedale's Alycia McCallum to their Residential Lending Dept.

Dean Bank recently announced the addition of Alycia McCallum as their newest Residential Mortgage Originator. McCallum's duties will include working with current homeowners and potential homebuyers throughout the bank's service area, helping them reach their goals. Alycia is an expert working with a broad range of products and services. From first-time homebuyers to new home purchases...refinance options to home improvement products. Even second mortgages including HELOC's and fixed-rate equity loans are options she can discuss.

Alycia gained valuable experience working at local financial institutions such as Milford Federal, Homefield Credit Union, Webster First Federal Credit

Union and Milford National Bank over the past 24 years. A lifelong Hopedale resident; she is a graduate of Hopedale High School and the New England College of Finance. Alycia brings a wealth of local community banking knowledge to this new role.

She's been heavily involved in service to her community over the years as well. Alycia is a former Director of the Tri-County (Milford) Chamber of Commerce, as well as a founding member of their Young Professionals Group. She is also an integral part of the Connecting Women's Leadership networking group and is an Ambassador of the Chamber.

Alycia looks forward to renewing connections she's made with area real estate brokers

over the past 12 years. She has plans to build new and maintain ongoing business relationships to generate referrals to Dean Bank and feels her background meshes perfectly with the bank's commitment to local products, local loan decisions and local servicing of all mortgages.

Dean Bank President and CEO Kevin Goffe stated: "We are fortunate and excited to be able to add a lending professional of Alycia's caliber to our Residential Mortgage Lending Team here at Dean Bank. Her local knowledge, combined with her prior community banking experience offers the perfect blend of experience and expertise. We're certain that area homebuyers and mortgage customers will benefit greatly as a result."



Courtesy photo

Dean Bank, founded in 1889, is a Massachusetts state-chartered, mutually owned institution with assets approaching \$450 million. The bank has offices located in Franklin, Blackstone, Bellingham, and Mendon. As a member of both the FDIC and DIF; the bank's deposits are insured in full.

Milford Humane Society Pet of the Month



Courtesy photos

Indiana is a handsome 5-year-old cat that came to the Milford Humane Society when his family could no longer care for him. In-

diana's medium length fur is white with Tiger markings. He has a long fluffy tail and ear tufts. Indiana is a bit timid but enjoys head scratches

and being brushed. He allows a friendly neighbor cat to enter his cage and has recently begun to explore the room with the other cats.

For more information on Indiana or the other cats at the Milford Humane Society, visit www.milfordhumane.org.



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When can you choose retirement?



Mark Freeman

FINANCIAL FOCUS

If you're like most people, your work has been a central part of your life. So, wouldn't it be nice to have the flexibility to decide when you no longer want to work?

Many people of retirement age have achieved this type of control. In fact, two-thirds of workers ages 65 and older say they work primarily because

they want to, not because they have to, according to a 2021 study by Edward Jones and Age Wave. But that means that one-third of workers in this age group feel financially compelled to work. This doesn't necessarily mean they dislike the work they do — but it's probably fair to say they would have liked the option of not working. How can you give yourself this choice?

You can start by asking yourself these questions:

- **When do I want to retire?**

You'll want to identify the age at which you wish to retire. You may change your mind later and move this date up or back, but it's a good idea to have a target in mind.

- **What sort of retirement lifestyle do I want?**

When you retire, do you anticipate staying close to home

and pursuing your hobbies, or do you hope to travel the world? Would you like to spend your time volunteering? Open your own business or do some consulting? Clearly, some of these choices will require more resources than others, so you'll want to follow a financial strategy that aligns with the retirement lifestyle you intend to pursue.

- **Am I saving and investing enough?**

As you chart your course toward your retirement journey, you'll want to assess the sources of income you'll have available. If you think you may be falling short of achieving your retirement goals, you may need to consider saving more.

- **When should I start taking Social Security?**

You can begin collecting Social Security benefits as early as 62, but your monthly payments will be much bigger if you wait until your "full" retirement age, which will likely be between 66 and 67. Your decision about when to take Social Security will depend on several factors, including your other sources of income and your family history of longevity. Of course, as you're probably aware, the Social Security system is facing significant financial stress, so it's possible that we may see changes to Social Security, based on actions Congress could take. In any case, you might want to be fairly conservative in estimating how much Social Security can contribute to your retirement income.

By addressing the above questions, you can get a clearer

sense of when you might reach the point at which work is optional. But you'll also need to consider other factors, too, such as how much you enjoy working or when your spouse or partner is planning to retire. In any case, the sooner you start planning for this next phase of your life, the better position you'll be in when it's time to make the transition.

If you would like to discuss your personal situation with a financial advisor contact:

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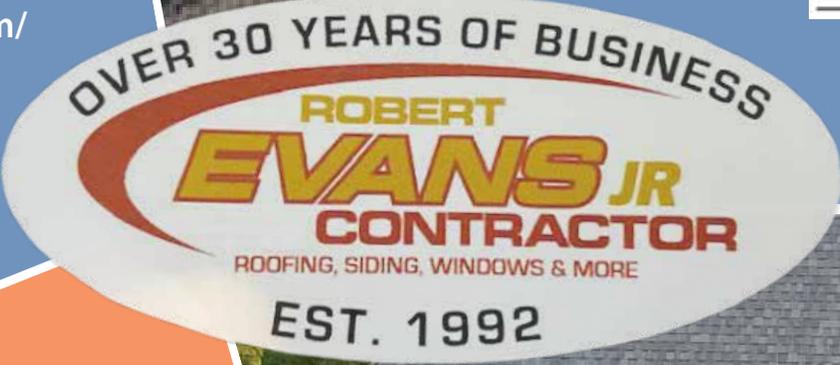
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INTERNSHIP

continued from page 1

Chaplin, “to round out the kinds of opportunities for students and because there is a big need to fill roles there.”

“Internships can be in any field where there is a career pathway for the students,” said Monteiro, noting an intern with the Hopedale Fire Department described the experience as “some of the best days in my high school career; I learned many lessons about the job and life.”

“Businesses need to be close enough so students can readily travel there each weekday,” explained Chaplin. “They need to have openings in the afternoons that are permissible for young adults to work at. We’re currently looking for positions for the fall semester.”

The program is available to any senior with sufficient academic requirements fulfilled.

“We discuss the option in 10th grade and, in the spring of junior year, students pursuing that path are matched with an internship that interests them,” said Monteiro. “They earn academic credit for their internship. What they may miss in the afternoons [in school] are elective classes. Interns also take a work-based learning seminar,



At Wirefab in Worcester, Peter advanced to performing welding in less than two months into his internship. *Courtesy photo*

tying theory to practice, with topics like résumé building and interviewing skills.”

These internships also supplement an existing program in which students interested in becoming educators can work helping teachers in Milford classrooms.

“Students and employers are very enthusiastic about all our career training options...and we’re pleased to add to them,” said Chaplin.

Employers interested in offering internships should contact dmonteiro@milfordma.com or wchaplin@milfordma.com.

Citizens for Milford announces return of Field of Flags to Draper Memorial Park

Citizens for Milford and the Milford Corps of the Salvation Army are excited to announce that the popular Field of Flags installation will return to the beautifully revitalized Draper Memorial Park beginning on this Memorial Day.

In 2023 the flags will be displayed on Memorial Day, Fourth of July and Veterans Day. All area citizens, organizations, and businesses are invited to sponsor a 3’x 5’ American flag to fly on a 10’ staff in Draper Memorial Park for a \$40 donation.

Each flag includes a yellow

ribbon with an attached card naming the person being honored, the honoree’s military branch and years of service, and the sponsor’s dedication. Sponsors can personalize each flag by providing a photo if desired.

To sponsor a flag for the Draper Memorial Park Field of Flags project, citizens need to complete a form and mail it to the address provided on the form with a \$40 check made out to the Salvation Army before May 19. The sponsorship order form can be printed from the CitizensforMilford.com website.

Last year, the number of flags was near capacity! Don’t miss out on this beloved town show of appreciation for our military! Get your form in soon before May 19.

Questions may be emailed to CitizensforMilford@gmail.com.

Citizens for Milford is a volunteer, nonpartisan, grassroots organization, which includes a diverse group of citizens who care about our community. Participation in our projects and events is open to everyone in Milford. More information is available on the group’s website CitizensforMilford.com.

iStent inject and microgoniotomy for glaucoma

By Roger M. Kaldawy, M.D.
Milford Franklin Eye Center

What is glaucoma and how is it treated?

Glaucoma is a chronic disease defined by characteristic optic nerve damage. It is a multi-factorial disease with over 300 different anatomic variations and affects over 40,000,000 people worldwide. Glaucoma is a slowly progressive and irreversible disease and, in most cases, causes a painless loss of eyesight. It is, in short, “the silent sneak thief of sight”. The damage to the optic nerve is commonly caused by a fluid imbalance, or pressure, in the eye, as well as possible alterations in the blood flow to the optic nerve. It is well established that lowering the intraocular pressure can slow the process of optic nerve damage. The degree of pressure lowering necessary to prevent optic nerve damage is individualized for each person and each optic nerve. The greater the optic nerve damage, the lower the intraocular pressure is needed

to achieve stability and prevent further optic nerve damage and further visual field loss.

If glaucoma is left untreated you may experience vision loss and eventual blindness. Treatment strategies for glaucoma are individualized to achieve the greatest lowering of the intraocular pressure with the least amount of risk to the individual’s eyesight and well-being. Commonly, in the United States, topical medications are used as a first line of treatment. In many situations, multiple medications are tried to achieve the desired pressure level. Unfortunately, there can be difficulties with compliance, cost and side effects with many of these medications and laser therapy is commonly substituted as a first line of therapy.

What is the iStent® trabecular micro-bypass stent?

Minimally invasive glaucoma surgical procedures, so-called MIGS involve alterations of the drainage area that are performed inside the eye. The iStent® trabecular micro-bypass

stent is a surgical therapy for patients who have mild to moderate open angle glaucoma and have been tried possibly on topical medications or laser therapy. It is designed to improve the aqueous outflow to better lower the intraocular pressure and reduce the need for medications. The iStent® is the smallest medical device approved by the FDA to date. It is placed in the eye into the drainage area, so-called Schlemm’s Canal through the trabecular meshwork. The iStent® is an elective procedure. The iStent® is potentially beneficial in helping to reduce the number of glaucoma medications and drops needed to control this condition.

What is microgoniotomy surgery?

Microgoniotomy surgery (using the iAccess trabecular trephine device from Glaukos) is another type of MIGS. This procedure provides control of the eye pressure at lower risk than more traditional glaucoma surgeries. It alters the eye’s drainage system to lower the eye

pressure and reduce the need for medications. Microgoniotomy can be done standalone or combined with iStents during cataract surgery in a tissue sparing fashion to improve resistance to outflow in glaucoma. This tissue-sparing procedure can help lower the pressure even more compared to implanting iStent alone. During this procedure and ophthalmologist (Eye MD/ surgeon) will make 3 trephination cuts in a part of the eye’s drainage system called the trabecular meshwork. This will allow fluid to leave the eye much easier.

Benefits (how the surgery can help)

The goal of the iStent and microgoniotomy surgery is to lower your eye pressure and help preserve vision. It will not bring back vision already lost from glaucoma. After implantation, many patients are able to better control their eye pressure with fewer medications.

Risks

As with any surgery, there are risks with the iStent and



microgoniotomy procedure. The surgery may not lower the eye pressure or control the glaucoma even when it is properly performed. In addition, sometimes there can be complications that do not appear in the early post operative period but may develop days, months or years later. Further treatment or surgery to treat those complications may be needed. As with any intraocular surgery, there may be loss of vision, blindness, loss of the eye, as well as bleeding, infection and injury to the eye or nearby body parts.

At Milford Franklin Eye

EYES

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Editor's Note...

This edition of the Milford Free Press is dedicated to the memory of Marilyn C. (Peck) Holman who passed away peacefully on April 20, 2023. Our sympathy goes out to the Holman family and the entire community who grieve this loss.

OBIT

Marilyn C. (Peck) Holman

UPTON – Marilyn C. (Peck) Holman, 75, a longtime Upton resident, passed away peacefully on Thursday, April 20, 2023, at the Milford Regional Medical Center.

Born in Queens, New York, Marilyn grew up in New York, New Jersey, and Indiana. She was a graduate of Ramapo High School in Oakland, New Jersey and Butler University in Indianapolis, Indiana. It was in Indiana, where she met her late husband, Alfred C. Holman. They were married for 53 years.

During the earlier years of their marriage, Al and Marilyn lived near Oakland, California for a time where they welcomed their son, Andrew Holman. In 1987, they relocated to Upton, Massachusetts.

Al and Marilyn were the owners of the *Town Crier* Publications for 33 years. They founded *The Upton Town Crier* in 1993 as a once-monthly publication, and *The Men-*



don Town Crier in 1995, also once-monthly. In 1998, they combined the rapidly growing newspaper into *The Mendon & Upton Town Crier* and began distributing it bi-weekly to nearly 6,000 addresses. *The Milford Town Crier*, established in 2007, added a distribution of nearly 13,000 to homes and businesses. Combined with out-of-town subscriptions and advertisers, the total distribution grew to over 20,000 community newspapers. Readers and their families could see their child's graduation spread at the end of the school year, could keep up on local town meetings, and could find local

established businesses as well as learn about new ones in The Advertiser's Club. Marilyn wore a number of hats in the management of the paper over the years, including serving as editor, writer, advertising creator, and layout and design. Every other Monday, a group of volunteer proof-readers from the neighborhood would gather in her living room, enjoying a few minutes of chatting over coffee before getting down to the quiet business of proofreading.

Throughout the years, Marilyn was very active in the Upton community, and was especially proud of being a member of the United Parish of Upton Church. She was also in the Upton Bloomer Girls, Upton Woman's Club, the Greenleaf Garden Club in Milford, the Milford Chamber of Commerce, and the Salvation Army. She enjoyed attending painting classes at the Upton Center in her later years. She and her husband supported the

Clafin Hill Symphony Orchestra and were regular attendees at their concerts.

Marilyn loved being near or in any body of water, but especially spending time at the beach or floating in Pratt Pond. She was also extremely creative and dabbled in a variety of mediums including water colors and oil painting, stained glass, shell-painting, Christmas ornaments, and sea-glass jewelry making. For a time, she marketed some of her beautiful artwork and jewelry creations at a few local shops and holiday craft shows under the name "Shellsapes by Marilyn".

Marilyn is survived by her son Andrew Holman of Milford, niece, Laura Graetz and nephew, Matthew Peck of Florida, and brother-in-law David Holman of McCordsville, Indiana. She has three nieces in the Holman family, as well as Peck family cousins in New Jersey, New York, Connecticut, California, and Maryland. Some of Marilyn's most treasured

time was spent attending many annual Peck Family reunions in Jamesport on Long Island, where all the Pecks gathered at their family cottage and spent wonderful times together.

Marilyn's memorial service will be held at 10:30 AM on Saturday, May 20, in the United Parish of Upton Church, 1 Church St. Upton. A collation will immediately follow the memorial service. All are invited.

A private, family burial will take place on a later date in Jamesport, Long Island.

The Pickering & Son Upton Funeral Home is honored to be assisting the Holman family with funeral arrangements.

In lieu of flowers, donations in her memory may be sent to the Salvation Army, 25 Shawmut Rd. Canton, MA 02021, or to the Upton Bloomer Girls, P. O. Box 121, Upton, MA 01568.

For online condolences, please visit www.UptonFunerals.com



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Are you wondering why your forsythia isn't blooming this year? Local meteorologist Epstein says it's because of the cold patterns of this past winter. Epstein says last winter will likely affect rhododendrons, magnolias, cherries, roses, and more. Source: bit.ly/GBHforsythia

Family-run Affordable Junk Removal takes the stress out of cleanups

By Christie Vogt
Contributing Writer

Whether it's one old fridge in the garage or an entire home of unwanted goods, the team at Affordable Junk Removal offers a cost-efficient, stress-free approach to waste management. "You don't lift a finger," says owner Jason Schadler, who started the company along with his wife Christine in 2005.

The business offers same-day service for both residential and commercial clients across eastern and central Massachusetts and northern Rhode Island. In addition to junk removal, the company rents 15-yard dumpsters.

As a family-owned and operated company, Schadler says Affordable Junk Removal has lower overhead costs and is more accessible than national competitors. "I answer my phone 24 hours a day," he says. "I was on vacation in Italy and Portugal, and I was still answering my phone on the beach. When you call us, you get me — not an automated machine!"

Schadler says the company has an environmentally friendly approach to disposal in which it recycles items when possible, properly disposes of non-recyclables and resells many items at the Schadlers' secondhand store, Resellables. "We opened that store in Bellingham because we hated to see things thrown



away," Schadler says. "We have four kids and sustainability is extremely important to us."

During the business's early days, Schadler provided junk removal on nights and weekends when he wasn't busy working at a machine shop. Eventually, the business grew into a full-time endeavor, and the Schadlers invested back into the company with new equipment and techniques. "When I first started, for example, we didn't have any tarps. I'm driving around and things are flying out of my truck," Schadler laughs. "I'm like, 'Oh my god, I need a tarp.'"

Schadler says his wife Christine "was equally as involved" in getting the business off the ground. "She handled the back-end while I did the heavy lifting, all while she was working at EMC," he says. "Fast forward 17 years, and we both work full time managing the company as well as other endeavors. Busi-

Business spotlight

ness is doing great; it has grown tremendously to a fleet of trucks and dumpsters, and we've also been able to buy a pizza place, The Corner Market in Holliston."

In addition to delivering an in-demand service to the community, Schadler is appreciative that Affordable Junk Removal has helped provide a work-life balance that suits his family. "It allows me to be able to do what I like doing and spend time with my kids," he says. "I'm home to see my babies play softball and do all that stuff. We are also able to give back to the communities we serve."

As for Milford, the Schadlers have been residents for over 20 years. Their four kids have gone



Christine and Jason Schadler, shown here with their children and dog, started Affordable Junk Removal in 2005. Contributed photo

to Milford schools. In addition to living in town, they are proud investors in the community. They sponsor and coach several sports teams, volunteer at the schools, and own both commercial and residential properties.

One of the best parts of his job, Schadler says, is meeting and getting to know new people and developing relationships

with returning customers. "We are really grateful for the repeat business and the chance to form connections with residents across the MetroWest area," he says.

To receive a free junk removal estimate, call 774-287-1133 or visit affordable-junkremoval.com.

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EYES

continued from page 7

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Milford Town Library Calendar of Events

80 Spruce Street, Milford • 508-473-2145 • MilfordTownLibrary.org • HOURS: Mon. – Thurs. 9-9 • Fri. 9-6 • Sat. 9-5 • Sun. CLOSED

By Reference Department

Library Closed on Memorial Day

The library will be closed on Monday, May 29 in observance of Memorial Day.

ESL Drop in Classes

During May Drop-In ESL Classes will meet on Tuesdays and Thursdays at 7 p.m. in the ESL classroom on the lower level. No registration is necessary.

An English Learning Lab, featuring iPads loaded with language tools such as Mango Languages and Transparent Languages is available Monday - Thursday 9:30 a.m. - 8:30 p.m., Friday 9:30 a.m. - 5:30 p.m. and Saturday, 9:30 a.m. - 4:30 p.m. Students can borrow iPads and wireless headphones for self-paced, in-library use of these tools to learn English. Go to the Reference Desk to sign up for 30, 60 or 90-minute sessions.

We thank the Milford Rotary for their sponsorship.

Dave Morin Photography Extended!

During May, local photographer Dave Morin has an exhibit of recent photographs on display near the Information Desk throughout the month. A patron favorite, Dave's work features a combination of portraits, and nature photography. Beside his beautiful images, Dave also shares details how he captured his shots. If you missed seeing them last month, you still have time!

Center Book Group

The Center Book Group will meet on Tuesday, May 16 at 10 a.m. at the Milford Senior Center to discuss *The Dutch House* by Ann Patchett.

A finalist for the Pulitzer Prize in Fiction in 2020, *The Dutch House* spans five decades

in the lives of siblings Maeve and Danny Conroy. *The Dutch House* is the spectacular mansion in Pennsylvania where they grew up. Having already been abandoned by their biological mother, their lives change even more when their father dies. A rift develops between them and their stepmother Andrea and it taints the entire trajectory of their lives.

To reserve a copy or to learn more about the Center Book Group, please call the Information Desk at 508-473-2145, ext. 219 or email Anne at aberard@milfordtownlibrary.org.

Look for us at Celebrate Milford!

The Youth Services Department will have a booth at the town wide celebration on Saturday, May 20 filled with activities for children and their families.

Living Literature Per-

formance: Firekeeper's Daughter

On Saturday May 20 from 2 - 4:30 p.m., Living Literature delivers a readers' theatre performance inspired by *Firekeeper's Daughter*, the debut novel from Ojibwe author Angelina Boulley. The book is thriller, a mystery, a romance, a love letter to Ojibwe culture and a contemplative exploration of existing between two cultural identities. This vibrant program will also delve into the work of two other indigenous authors, drawing meaning from *Braiding Sweetgrass* by Robin Wall Kimmerer and *The Tower* by Madeleine Hutchins.

Living Literature is a non-profit collective of Rhode Island based artists and educators who teach literature through a unique and imaginative process. Founded in 1996, the group has created more than 50 presentations based on poems, stories, novels and plays.

Attendance is free and best for ages 12 and older.

This program is supported in part by a grant from the Milford Cultural Council, a local agency which is supported by the Mass Cultural Council, a state agency. We thank the Milford Cultural Council for their generous support in the funding of this program.

Save the Date!

Join the Friends of the Milford Town Library for a Garden Party on Saturday, June 10 from 1:30 - 3:30 p.m. as they rededicate the Lennard Hill Memorial Garden. There will be live music from the Joe B band, remarks, a ribbon cutting, sweets, stories and activities.

Open or renew a Friends membership (\$15 annually) by the end of the garden party for a chance to win a raised herb garden. Visit www.milfordtownlibrary.org/friends.

Build the park and skateboarders will come

A mainstream sport with no facilities in town

By Linda Chuss

The popularity of skateboarding has been growing for decades as validated by the sport's debut at the 2020 Summer Olympics.

People in Milford from ages 5 to 55 enjoy skateboarding, but there is nowhere in town to ride that has the ramps and obstacles fundamental for per-

forming maneuvers.

"Without a park, skateboarders are using some locations that aren't designed for it, which can be harmful to riders and the places they skate at," said Lisa Trusas, who is a member of the committee planning to make a park in Milford. "Or they have to travel to other towns, and not everyone has

the means to do that.

"We have hundreds of skateboarders in town, and the park could be used with scooters, inline skates, and BMX bikes too. It's a great physical and recreational sport, of course, and skateboarders say it relieves stress and improves their mental and emotional well-being. Having a park also provides a social out-

let. Especially after COVID, we need places like this."

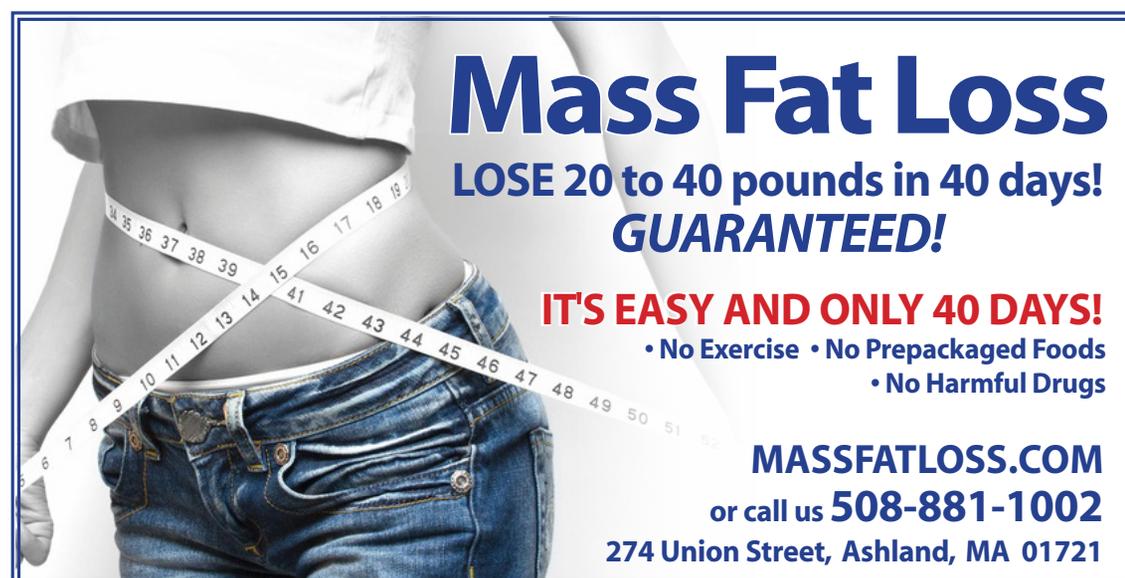
While not a skateboarder herself, Trusas is a recovery coach who works in Milford and felt a skatepark was something important the town was missing. She started the "Milford MA Skatepark Project;" about a year ago. The semicolon at the end of the title symbolizes mental health and emphasizes it as one of the important benefits of the sport, along with its recreational aspects.

The next key step in the project is developing a conceptual design. "We're fundraising to pay for the design," said Trusas. "Like our 'Keep Pushing ; Skate Together for Mental Wellness' event at Plains Park on May 7, with fees coming from vendors like Joey D's Wingz 'n Thingz, Invisible Boards, and The Edge skatepark. We sell shirts and have received funds from donors in town. Our target for the design

is \$15,000, and we'll continue seeking sponsors, donors, and grants as we proceed through town approval and construction."

A group of about 20 committed people work on the project. Linda Johnson, a teacher at Milford High School, is creating the project's web site. Milford's Highway Surveyor Scott Crisafulli, and town resident and skateboarder Tom Stearns both participate. Nicole and John Romiglio, who live in town and formerly ran an indoor skatepark, helped produce the shirts. "Some dedicated youths are working with us as well," Trusas added.

"We welcome having more people join us, sponsor us, or contribute in other ways. And I am happy to answer questions anyone has." For more information, contact Trusas at lisa.communityimpact@gmail.com or visit them on Facebook @ MilfordMASkateparkProject/



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Eighth Annual Milford Beautification Day attracts record number of volunteers

Fourteen truck loads of trash collected and delivered for safe disposal at transfer station

Members of Citizens for Milford and the Friends of the Milford Upper Charles Trail extend their sincerest gratitude to the record number of individuals, families, groups, businesses, and government entities that worked together to make the 2023 Milford Beautification Day a tremendous success this year. Over 225 volunteers helped to make a clean sweep of the Milford Upper Charles Trail and Milford's parks, streets, and parking lots in this year's community-wide effort to pick up trash on Saturday, April 22.

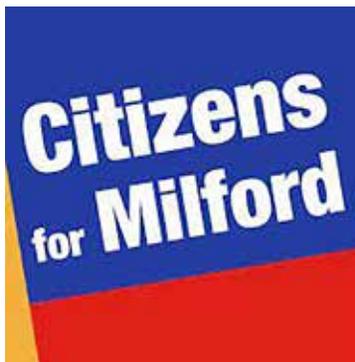
Volunteers picked up a variety of garbage, a lot of which we see every year, such as empty drink containers, candy wrappers, nip bottles, and tires. One lucky volunteer discovered a twenty dollar bill.

Volunteers in three different pick-up trucks, as well as Milford Highway Department employees in a town dump truck, picked up the bags and garbage that were collected and made 14 trips to the transfer station, dropping off

not only hundreds of bags of trash, but also construction debris, scrap metal, a car seat, rusted barrels, and some old furniture.

Beautification Day Chairperson Nancy Wojick says, "We could not be more pleased with the increased participation in Milford's Beautification Day. The enthusiastic support and hard work contributed by so many different people and organizations ensured the success of this year's event. We deeply appreciate everyone's efforts and would like to remind all residents and businesses to be careful with your trash and to consider taking the time to pick it up when you see it."

In advance of Beautification Day, employees from Consigli Construction and Tingley Home Services cleaned up along sections of the Upper Charles Trail, volunteers from Milford Federal Bank worked to pick up the downtown area, and a crew from the Massachusetts Department of Corrections worked to pick up along busier roads in town, including



East Main Street.

Volunteers from many different groups also assisted in the clean-up efforts, including the Milford Youth Center; Connections Program at Milford High School, affiliated with the United Way of Tri County; Milford High School National Honor Society; Cub Scout Pack 71; Boy Scout Troop 4; Daisy Troops 65354, 65217, and 65347; and Girl Scout Troops 65017, 30016, 64892, and 64908.

A number of town and state officials also contributed their time to clean up Milford, including Town Administrator Richard Villani, Select Board members Paul Mazzuchelli and

Michael Walsh, Town Moderator Michelangelo Bon Tempo, State Representative Brian W. Murray, and State Senator Rebecca L. Rausch.

Organizers were pleased to welcome the participation of volunteers from two local businesses—Santander Bank and Milford's Goldfish Swim School—working in the clean-up efforts for the first time.

After completing their clean-up routes on Saturday, volunteers were treated to hamburgers and hot dogs courtesy of the Milford Lions Club.

Trash bags, gloves, safety vests, and water were provided to all clean-up volunteers courtesy of E.L. Harvey & Sons, Friends of the Milford Upper Charles Trail, Milford Parks Department, Milford Highway Department, and Citizens for Milford.

Citizens for Milford is a volunteer, nonpartisan, grassroots organization, which includes a diverse group of citizens who care about our community. Participation in our projects and events is open to everyone

in Milford. More information is available on the group's website (CitizensforMilford.com) and Facebook page (CitizensforMilford).

Friends of the Milford Upper Charles Trail is a 501(c)(3) non-profit volunteer organization formed in 2005 to benefit the Town of Milford and surrounding areas, working diligently and in cooperation with the Town of Milford Parks and other departments, various community groups, and interested parties to educate area residents about the recreation and transportation opportunities offered by the Milford section of the trail; promote the use, development, enjoyment, and care of the Milford section of the trail; and raise and expend funds to support trail maintenance and improvements for the benefit of the residents of the Milford area. Information is available on the organization's website (MilfordTrail.org) and Facebook page (Facebook.com/MilfordUpperCharlesTrail).

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Cornerstone at Milford rocks the runway with resident and associate Fashion Show

Cornerstone at Milford residents strutted down the runway with the assisted living community's first variety fashion show. This year's event featured six different categories, allowing residents and staff to get creative and express themselves in front of the crowd of 50.

The categories included Disney, Formal, Tropical, Sports, Winter and Western, making for quite the range of costumes. Residents and staff wore bright, colorful dresses, lei necklaces, Hawaiian shirts, Mickey and Minnie headbands, and tropical accessories. Some made an appearance in cowboy hats and boots for a smooth Western look, while others donned jerseys and caps and looked ready to go to bat on the baseball field.

The crowd of friends and family applauded the variety of outfits, and after the show, participants got the chance to snap some photos in front of a sparkly backdrop. Everyone had a blast posing with their fun ensembles. The fashion show was an excellent opportunity for



Cornerstone at Milford resident Linda Heard participated in the living community's first fashion show. Photo credit: Brian McKeown from McKeown Imaging. Courtesy photo



Cornerstone resident Margaret Morahan. Photo credit: Brian McKeown from McKeown Imaging. Courtesy photo

all attendees to bond over their love of fashion and show their artistic sides.

Cornerstone at Milford offers seniors Assisted Living as well as a Compass Memory Support Neighborhood® on the same campus specializing

in Alzheimer's Care, associated with the Boston University Alzheimer's Disease Center. More information about the senior community can be found at the award-winning website, [www. CornerstoneMilford.com](http://www.CornerstoneMilford.com) or by calling 508-473-0035.



EnrichedLIFE Director Leah Martel and Resident Care Associate Joanne Bellacqua. Photo credit: Brian McKeown from McKeown Imaging. Courtesy photo



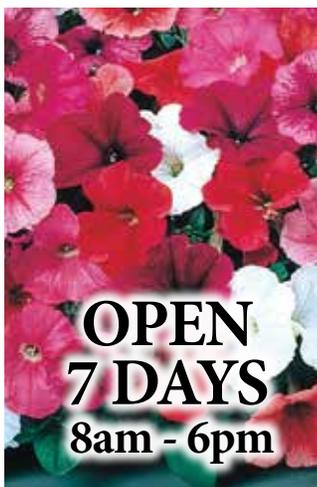
Sous chef Skyler Hebert and Cornerstone at Milford resident Linda Heard. Photo credit: Brian McKeown from McKeown Imaging. Courtesy photo

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Gold Award project results in Little Free Library

It is one of several in Milford

By Theresa Knapp

When Sophia Soares was choosing an issue for her Girl Scout Gold Award project, she chose literacy in Milford - specifically providing children with access to free books.

"I love reading and working with younger kids, I babysat and worked at a daycare when I started this project," said Soares, who worked on the project for more than a year. "At Little Critters Daycare, I read a lot of books to the kids, they were always so excited when we got new books."

Soares, who is a member of Milford Girl Scout Troop 11275, said her goal was to provide families with more access to books especially during school vacations, to provide books that children could continue to grow with, and to do it in a sustainable way.

Then, after a staff member at Memorial Elementary School made a social media post about wanting a Little Free Library for students, Soares had her project idea: to build a Little Free Library in her neighborhood.

"Little Free Libraries are a great way to give kids books they can keep forever and hold onto for their adult lives," said Soares.

Her Gold Award project resulted in a freestanding blue box of free books that stands outside the Memorial Elementary School. To promote the project, Soares hosted a book drive, made a list of area Little Free Libraries for the Milford Senior Center, and interviewed with local media.

"From my book drive, I donated my books to fill up other communities' Little Free Libraries, local libraries, and thrift stores; sprinkling books everywhere just like Miss Rumphius did in the childhood book [of the same name, by Barbara Cooney], sprinkling lupine seeds everywhere," says Soares.

The new little library is listed on the Little Free Library website (app.littlefreelibrary.org/ourmap) and on the mobile app. Soares will receive her Gold Award pin at a ceremony in June.



For her Gold Award project, Milford Girl Scout Sophia Soares created a Little Free Library that is now at the Memorial Elementary School. Courtesy photo



Gold Award recipient Sophia Soares and a patron using the Little Free Library created by Soares. Courtesy photo



The Girl Scout Gold Award is the most prestigious award that Girl Scout Seniors can receive. To earn the award, Girl Scouts must spend a suggested 80 hours to complete the required steps: identifying an issue, investigating it thoroughly, getting help and building a team, creating a plan, presenting a plan, gathering feedback, taking action, and educating and inspiring others.

Source: www.girlscouts.org

ORDER FOR SERVICE BY PUBLICATION AND MAILING

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Docket No. W020D1826DR

Worcester Probate and Family Court
225 Main Street, Worcester MA 01608
(508) 831-2200

Renata Lima
vs.
Thomas Carney

Upon motion of plaintiff for an order directing the defendant to appear, plead, or answer in accordance with Mass R Civ P / Mass R Dom Rel P Rule 4, if appearing to the court that this is an action for **Divorce 1B**.

Pursuant to Supplemental Probate Court Rule 411, an Automatic Restraining Order has been entered against the above named parties. Defendant cannot be found within the Commonwealth and his/her present whereabouts are unknown. Personal service on defendant is therefore not practicable, and defendant has not voluntarily appeared in this action.

It is ordered that defendant is directed to appear, plead, answer or otherwise move with respect to the complaint herein on or before **May 23, 2023**.

If you fail to do so this court will proceed to a hearing and adjudication of this matter.

Justice of Probate and Family Court
Leilah A Keamy
February 22, 2023



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Employment spotlight

Finding a job, you love is no easy feat, but if you ask the people who work at the MetroWest Regional Transit Authority, they've found purpose with their employment and you can too!

MWRTA serves 16 communities in the Greater Boston area. If a person isn't taking the "T" but uses public transportation, they're riding with the MWRTA.

Why would you want to drive for the MWRTA? There are a plethora of reasons! For starters, there's a \$2000.00 sign on bonus, a 401k, and paid vacations. Health insurance and dental coverage is provided by Blue Cross Blue Shield. And if you need flexibility in your schedule, this is the place to find it.

Driving for the MWRTA allows you to work part or full time. You can be a demand response driver, assisting the elderly and people with disabilities, or, if it better suits your needs, you can drive a fixed route to different stops throughout your shift. If you don't have a class C CDL, worry not, as you can get hired with just a regular driver's license. Then, instead of paying thousands



of dollars out of pocket for a CDL, MWRTA will pay to train you while you spend nothing. That's right, you'll get paid for something you would normally have to pay for!

If you're seeking employment within a company that cares, MWRTA is the place you're looking for. Helping people is their number one priority. Whether it's getting folks to and from work, or transporting them to life-saving medical appointments, you'd be making connections that will leave you feeling fulfilled every day.

MWRTA values diversity, both in the people they employ and those they serve. Their goal is to make everyone feel welcome, comfortable, and accepted. So, whether you're a retiree looking for a new career, or you're sick of commuting on the Mass Pike, MWRTA offers a professional and fulfilling work environment. There is room for growth and advancement opportunities and



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Central One Federal Credit Union is presenting sponsor for Milford Youth Center's Inaugural Golf Tournament

Central One Federal Credit Union is pleased to be the Title Sponsor of the inaugural Milford Youth Center's Golf Tournament Fundraiser, to benefit and support their summer programs. Central One's partnership with the Hockomock Area YMCA and the Milford Youth Center is an excellent introduction to the Milford area as they prepare to open their new Milford branch at 82 Prospect Street within the next couple of months.

"We would like to thank Central One Federal Credit Union for their generous \$5,000 donation to become our Presenting Sponsor for our inaugural MYC Golf Fundraiser! This event directly helps support our youth programming over the summer and school year. We would also like to welcome Central One to the Milford community and we are looking forward to future collaborations," commented Jennifer Ward.



Jennifer Ward, Director Milford Youth Center and Emily Stienstra, Asst. Director Milford Youth Center accept the check from Central One Federal Credit Union's Nick Mazzarini, Milford Branch Manager and Owen Russell, VP of Retail Services. Courtesy photo

Sharon Timlin Memorial Event: A race to cure ALS to be held on June 17 to benefit The Angel Fund

Mike Timlin and family will be on hand for race

This year marks the 20th year for the Annual Sharon Timlin Memorial Event: A Race to Cure ALS (Lou Gehrig's Disease) which will be held on Saturday, June 17 at Hopkinton High School.

The popular road race and family fun day benefits The Angel Fund for ALS Research and its research at UMass Chan Medical School. The race has raised more than \$2 million for ALS research since its inception.

The event is held in memory of Sharon Timlin, mother of former Red Sox relief pitcher Mike Timlin who was diagnosed with ALS (Amyotrophic Lateral Sclerosis,) a disease better known as Lou Gehrig's Disease, in May 2001. She died less than a year later, in March 2002. The event also recognizes and honors

the Timlin family's commitment to ALS research and The Angel Fund for ALS Research. Mike and his wife Dawn will be guests of honor at the event.

"As a family, we are so thankful to have supported the Angel Fund through the Sharon Timlin Memorial 5K run," Mike and Dawn said. "The support of the town of Hopkinton has meant the world to us and we look forward to seeing you as we continue this fight against ALS. In this time, we have seen the impact of our contributions to Dr. Brown at UMass Chan Medical School in his research. We are just so thankful for all the support we have received over a 20- year period. We hope you will join us on Saturday, June 17, 2023."

The course is a fully sup-

ported USATF certified 5K race-course, with timed mile markers. The 5K race begins at 8:30 a.m., followed by the family fun day activities with live music, food, games, raffles, and other activities from 8:30 to 12 noon. A Kids Color Run will held as well

Participants can register at <https://sharontimlinrace.org>. Registration is limited to 1,800 registrants and online registration closes when capacity is reached, or at 11:59 p.m. on June 16, 2023.

The 5K race fee is \$40 for runners who register on or before May 29, 2023. Registration is \$45 after May 29, 2023. Registration for the virtual option is \$25 plus shipping. The first one thousand race participants will receive a commemorative race T-shirt and can enjoy post-race

food and Family Fun Day.

Awards will be presented to the top three male and female finishers. The top three finishers in the following age groups will also receive awards: 14 and under; 15-19; 20-29; 30-39; 40-49; 50-59; 60-69; 70-plus; male/female 80+, and wheelchair division. There will be no duplicate awards.

Runners and non-runners are encouraged to take part in the Angel Fundraising Challenge, a fun and easy way to go the extra mile and fundraise by setting up their own personalized fundraising page.

"Proceeds from this event benefit The Angel Fund for ALS Research and the UMass Chan Medical School, where world-wide groundbreaking research is being done daily," Rich Ken-

nedy, President of The Angel Fund added."To date, thanks to you, we've raised over \$2 million for critical research for this devastating disease where there is no treatment or cure."

For information about the Sharon Timlin Memorial 5K Race to Cure ALS, visit the website www.sharontimlinrace.org

In addition to the Angel Fundraising Challenge, donations in Sharon Timlin's memory are also welcome and would be greatly appreciated. Donations can be made online at <https://sharontimlinrace.org>, at The Angel Fund website at www.theangelfund.org, or by sending a check made payable to The Angel Fund and mailed to The Timlin Race, 149 Wood Street, Hopkinton, MA 01748.

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Against the Tide Athletic Events to support Breast Cancer prevention in-person and virtual

Join Massachusetts Breast Cancer Coalition (MBCC) in person at DCR's Hopkinton State Park in Hopkinton, MA for its 31st Against the Tide on Saturday, June 17. Later in the summer, MBCC will host Against the Tide in person at DCR's Nickerson State Park in Brewster, MA on Saturday, August 12 for the 24th year.

The morning-only in-person events include 1-mile recreational and competitive swims, a USMS-Sanctioned 1-mile swim, a 1/2-mile recreational swim, a 3-mile fitness walk, and USATF-Certified 5K and 10K runs.

MBCC will also host an all-summer virtual Against the Tide from June 17 to August 12. This virtual event includes 1-mile recreational and competitive swims, 1/2-mile recreational

swim, 5K and 10K runs, and a 3-mile walk. Virtual participants will receive a virtual bib from Second Wind Timing.

In-person participants will receive an event t-shirt, bib, and goodie bag. Prizes will be awarded for the top swim and run finishers of the in-person events. Prizes will be awarded to the highest fundraising teams and individuals for both the in-person events and the virtual event.

"We depend on our generous supporters to continue MBCC's unique goal of breast cancer prevention," says Cheryl Osimo, MBCC's Executive Director. "We are very fortunate to have such tremendous support from citizens of Massachusetts and beyond, demanding greater protection for future generations in our effort to stop breast cancer



before it starts."

Against the Tide events can be enjoyed by adults and children of all ages and abilities. Register now for one or more events at mbcc.org/swim. The in-person registration fee is \$40 per person per event. Virtual registration is \$20 per person per event.

Registration for any event, in-person or virtual, will enter you in a drawing for a kayak donated by Goose Hummock. One winner from all registrants will be drawn at Against the Tide in Brewster, MA on Saturday, August 12 at 10 a.m. Please note that the winner will need to pick up the kayak at Goose

Hummock in Orleans, MA. MBCC staff and board members are not eligible for entry in the drawing.

To learn more about all of the registration options, to join or start a team, and to donate, please visit the MBCC website at mbcc.org/swim or call 508-246-3047.

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Date	Milford	Amount
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04/24/2023	6 Stallbrook Road	\$395,000
04/20/2023	19 Shadowbrook Lane #38	\$291,000
04/20/2023	10 Harding Street	\$575,000
04/19/2023	1 Jionzo Road	\$599,000
04/19/2023	1 E Wood Street #B	\$400,000
04/13/2023	10 Violet Circle	\$520,000
04/12/2023	15 Fox Lane	\$641,000
04/12/2023	10 Yale Drive	\$565,000
04/07/2023	93 High Street	\$237,000
03/31/2023	1 Country Club Lane	\$320,000
03/30/2023	34 Beach Street Ext	\$408,905

Source: www.zillow.com / Compiled by Milford Free Press



10 Violet Circle in Milford recently sold for \$520,000.
Photo credit www.zillow.com

Senior Living Residences named Top Place to Work

Ranked Fourth in Largest Employer Category by Boston Globe



Senior Living Residences (SLR), professional management company for Cornerstone at Milford Assisted Living, has been named one of Massachusetts' Top Places to Work in the 15th annual employee-based survey project from The Boston Globe.

Top Places to Work recognizes the most admired workplaces in the state voted on by the people who know them best—their employees. The survey measures employee opinions about their company's direction, execution, connection, management, work, pay and benefits, and engagement.

Senior Living Residences, which has been a leader and innovator in the senior living industry for over 30 years, ranked fourth in the largest employer category. The rankings are based on confidential survey information collected by Energage, an independent company specializing in employee engagement and retention, from more than 90,000 individuals at 381 Massachusetts organizations, the

most companies ever surveyed in the state.

"We are incredibly proud to have achieved this honor, especially this being the first year we have participated in this survey. It's wonderful to be recognized for our commitments to valuing our associates and to fostering a positive and supportive workplace culture for all," shares SLR President & CEO Tadd Clelland. "To be recognized at the very top of this list of Massachusetts Employers is an extraordinary honor, made so much more special because this achievement was based on direct input from our associates."

Cornerstone at Milford features Assisted Living options and Compass Memory Support for those with Alzheimer's disease and dementia. Cornerstone offers a variety of career opportunities for those passionate about working with seniors, along with a comprehensive benefits package and exciting perks for associates. Learn more at www.CornerstoneMilford.com/careers.




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Sixth annual Celebrate Milford on May 20

By Scott Calzolaio

Break out that Scarlet Hawks tank top and welcome the summer months like a true Milfordian; it's almost time for the sixth annual Celebrate Milford event.

The festival to flaunt the 243-year-old town takes place on Saturday, May 20, and goes on all day long.

The gathering has picked up serious steam in its six-year run, gaining dozens more sponsors and vendors, and attracting visitors from towns across the Commonwealth.

According to numbers submitted to the Celebrate Milford Committee, the Town Park was packed with over 15,000 people during the peak of last year's celebration.

With over 80 vendors of every variety, and food trucks like Cousins Maine Lobster and Chick-fil-A, alongside Rail Trail's mobile woodfire stove, there will be plenty to see and eat.

The day will be filled with live music, unlimited inflatable rides for \$5, and a tennis court turned beer garden that will be tended by local bartenders and pub owners volunteering for the day.

The event would not be possible without the dedication of volunteers like Celebrate Milford Committee Member Terezio Volpicelli.

"We're hoping this is an event where we can showcase what Milford is and who we are," said Volpicelli. "Highlight what sets us apart."

With the Portuguese Picnic and St. Rocco's Festival gone for good, "Celebrate Milford" hopes to be the new annual staple in town.

"Now that the Picnic is no



Patriots mascot, Pat, and a few cheerleaders march to Town Park to kick off last year's Celebrate Milford event. Photo courtesy of Terezio Volpicelli



The crowd grows thick at last year's Celebrate Milford event. Photo courtesy of Terezio Volpicelli

longer taking place, I think it's the largest one-day event in town. I think we've taken some of the best of what other communities do, and kind of put it on steroids in Milford," he laughed. "What we do in Milford is big, it's vibrant, and it's very affordable for families."

The first "Celebrate Milford" took place in 2016. Since that time, with the help of the Milford Chamber of Commerce, the "grassroots effort" has been growing in stature and popularity, said Volpicelli. Now in its sixth year (taking two

years off in 2020 and 2021 due to the COVID-19 pandemic), local sponsors flock to be a part of the event, he said. This year, the "elite" tier sponsors include Amazon, Massachusetts Cultural Council, Rail Trail Flatbread Company, Milford Federal Bank, and more.

While sponsors help defray the cost of the festival itself, they also support a grant program, two \$1,500 annual scholarships, and various other local charities.

The goal is not only to become an annual celebration of the town and its people, Volpicelli said, but also to contribute back to the community as much as possible in the process.

"We hope that this will continue for many years to come, and to take some of these proceeds and give back to the community," he said. "Some of the events that have been part of our area's culture have been discontinued, and we just want to help carry the torch in our way."

At Cornerstone at Milford, we enjoyed a wonderful Easter celebration! We had a visit from the Easter Bunny, an Easter egg hunt, music by Chris Carter, and lots and lots of good food!



Cornerstone at Milford resident Nancy Adams enjoys a laugh with the Easter Bunny. Photo Credit: Brian McKeown of McKeown Imaging



Cornerstone at Milford residents Irene McDaniel and Alma DiCecco visit with the Easter Bunny. Photo Credit: Brian McKeown of McKeown Imaging



Cornerstone at Milford resident Marilyn Hughes. Photo Credit: Brian McKeown of McKeown Imaging

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Milford Cultural Council invites all residents to attend its Multicultural Performing Arts Festival Stage and Tent at Celebrate Milford

The Milford Cultural Council (MCC) invites all members of the community to celebrate our cultural and artistic diversity by gathering at its planned Multicultural Performing Arts Festival Stage, which will launch Celebrate Milford's performance schedule in the Town Park bandshell on Saturday, May 20.

Opening the stage at 10:30 a.m. will be the PanNeubean Steel Band, led by Milford resident Jefferey Clayton, a U.S. Army veteran. The band will play a variety of Caribbean music that draws from Afro-Caribbean, contemporary, jazz, soul, fusion, and classical music styles. Additional performances include the Murphy Academy of Irish Step Dance, and a poem by Egyptian poet Farouk Gouida, recited by Milford resident Atef Sorial. Local artist Amy Adams will be on the lawn near the stage live painting scenes from the performances on two canvases. Additional performances will be



announced at a later date.

The council will be supplementing the performing arts stage with a nearby tent featuring an exhibit of native clothing and two giveaways focused on Milford's primary immigrant populations: a multicultural coloring book with original illustrations by Milford Cultural Council member Khizra Syeda and a list of reading recommended by Milford Town Library librarians.

Two demonstrations are being hosted in the tent. From 10:30 a.m. to 12:30 p.m. young people can participate in an interactive Mad Science polymer structure demonstration creating slime, and from 1 to 2:30 p.m., attendees of all ages are invited to learn about different

types of musical instruments in the instrument petting zoo, provided courtesy of Milford's Music & Arts.

"We are so excited to be working with Celebrate Milford to highlight Milford's melting pot of diverse cultures. We invite everyone to join us at the bandshell for the showcase of local performing artists, as well as in the tent to check out our exhibits and demonstrations and to learn more about the work of the Milford Cultural Council," stated MCC Vice Chair Sandee Buckley.

The bandshell in Milford Town Park is located at the corner of Congress and Walnut Streets, just west of Memorial Elementary School. The rain date for Celebrate Milford is

Sunday, May 21. The Cultural Council tent will close at 3 p.m., but other Celebrate Milford events will continue until 7 p.m.

The Milford Cultural Council is grateful to the Mass Cultural Council, a state agency, for providing a grant through its Festivals & Projects Program to help fund the council's planned activities for Celebrate Milford. The Mass Cultural Council has a budget of \$15.7 million, including an appropriation of nearly \$14 million from the state of Massachusetts and grants from the National Endowment for the Arts and other sources. The agency also runs the Mass Cultural Facilities Fund in partnership with Mass-Development. Mass Cultural Council funds reach every com-

munity in the Commonwealth.

The Milford Cultural Council seeks to promote excellence, inclusion, education and diversity in the arts, humanities, and sciences to foster a rich cultural experience for all Milford residents. The council welcomes ideas, recommendations, and feedback regarding programs and events funded or sponsored by the council. Interested Milford residents are encouraged to attend meetings, which are held every third Tuesday of each month at 7 p.m. typically in Room 14 of Town Hall. Comments and requests for information can be emailed to the council at CulturalCouncil@TownofMilford.com. Learn more online at: MilfordMA.gov/milford-cultural-council.



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SCHOOLS

Milford High School Athletic Hall of Fame

The Milford High School Hall of Fame Committee is proud to announce the recently elected "Class of 2023" Milford High School Athletic Hall of Fame.

The inductees are Kevin Bradley (2013), Maurice "Mo" Briscoe (1998), David Crescenzi (1966), Susan M. Davoren (1973), Jill Krikorian (2000), Brian Macchi (1998), David Pyne (1988), Edward Robertson (1962), and Jenna Macchi Sullivan (2003). Four teams- the 2002 Div. I Central Softball Champi-

ons; the 2013 Div. I Central Boys Basketball Champions; and both the 2012 and 2013 Boys Volleyball Teams, which were both All State Finalists- will also be inducted this year.

Included in that total will be two Milford graduates of St. Mary's Central Catholic High School, which closed in 1973, as the Committee voted to open a "St. Mary's Wing" of the Hall of Fame. The two inductees from St. Mary's are Donald "Dee" Phillips (1962) and Robert Pow- ers (1971).

The Hall of Fame Banquet will be held on Sunday, November 19, 2023 at 1 p.m. at the Portuguese Club, Prospect Heights, Milford Massachusetts. Tickets will go on sale on Friday, September 1 and can be purchased for \$ 35 each by contacting Milford High School Athletic Director Peter Boucher or Committee Chairman Nick Zacchilli (nickzacc851@gmail.com) All tickets must be purchased by Wednesday, November 1. There will not be any tickets available at the door.

Milford High School Connections seeks additional mentors for 2023/2024 school year

MHS Connections began 5 years ago and now has 33 mentors and 41 students. The volunteer mentors, adults in the Milford community, range in age from their 20's to their 70's, and all share a wide range of experience in different careers.

Many mentors have joined us having just completed the college search process with their own children and are able to bring valuable knowledge and experience to the program. Other mentors are now retired and wish to give back to their community. Adults of all ages and backgrounds are welcome and urged to participate.

On average, mentors volunteer a few hours each month to work 1:1 with selected, academically talented, high school students, who will be the first generation in their family to attend college. The mentors guide their assigned students in identifying post-secondary

goals and enhancing the student's resume for college applications with a focus on community service and extra-curricular activities.

The Connections program expects to add between 10 and 15 additional mentors for the 2023/2024 school year, as it recruits new 9th graders into the program in the Fall. The actual work of the new mentors with the assigned students will begin in January 2024, and training and support will start in the Fall. Ongoing support for mentors is provided by the leadership in the Connections Program with an active Program Committee and Advisory Board and coordinated by Josh Otlin, Principal of Milford High School.

If you have a little time to volunteer to help these high school students, please contact the Program Committee Co-Chairs, Mike Hazeltine and Laura Mann, at milfordconnections@gmail.com.



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SCHOOLS

Milford School Building Highlights

Compiled by Scott Calzolaio

Districtwide news

The Department of Mental Health has launched a new Behavioral Health Help Line that people can call or text at 833-773-2445. The helpline can help individuals and families navigate the behavioral health system and access treatment, including mobile crisis services. It is available 24 hours a day, seven days a week, in more than 200 languages. Anyone with questions or concerns about the helpline can email the helpline director at Mio.Tamanaha@mass.gov.

Milford High School (MHS)

On April 13, with a police escort and sirens blaring, two bus loads of student athletes entered the MHS Track and Field Area. The entire MHS Community walked to the track to join their peers from across the district kicking off the games. Administrators extend their thanks to all volunteers for making the event a success.

Stacy Middle School (SMS)

French Club students aproned-up to cook with Carla Tuttle, School Food and Nutrition Director for the Milford Public Schools. The club learned about French food preparation, while whipping up a banquet of classic French cuisine and dessert. The club extends special thanks to advisors Holly Davoren and Brian Shuman for providing a real-world learning opportunity for middle level learners. They also thank Carla Tuttle and Fran Plichta for sharing their cooking knowledge with the club.

SMS French Club Cooks With Carla

Thanks to grant funding, SMS has grown its College Spirit Week into “College and Career Awareness Month”. A variety of guests from various careers have visited, both digitally and physically, to share their field experiences with students. The group of guests from all walks of life were there to encourage students to begin thinking about ideas for their



French Club students from Stacy Middle School pose in the kitchen at Milford High School after cooking French cuisine. Photo courtesy of Milford Public Schools

future. This is the final year of a three-year grant with the American Student Assistance (ASA) organization.

Woodland Elementary School (WES)

Principal Kearnan is pleased to announce the eighth Principal’s Council recognition for this school year. WES teachers nominate students from their classes that exemplify certain values that are important to the Woodland School community. Respect, effort, inclusiveness, leadership, and helpfulness are examples of the types of prosocial, positive behaviors valued at Woodland and in the community. WES wants to recognize and celebrate students that demonstrate these behaviors consistently in class, in school, and in our community. WES hopes students that have earned and deserve this nomination will be celebrated and recognized in the community and at home.

The eighth Council of the year has been nominated by their teachers for having a Growth Mindset. Students with a Growth Mindset believe that they can achieve any goal or acquire any skill through hard work, effort, and determination. They see mistakes as an opportunity to learn and improve. They don’t believe any skill or talent is fixed or permanent - they know that everything can be improved. Their positive

attitude means that if there is something they can’t do, it only means they can’t do it yet.

Memorial Elementary School

Memorial Elementary School art teacher Ms. Normaris Davila Droz and students are excited to share their works of art with the community at the Annual District Wide Art Show at Milford High School on May 11. Students are excited to share their artwork and experience the progression of art in the Milford Public Schools by grade level.

Brookside Elementary School

On April 14, Brookside held a “Poetry Party” for students and staff as part of National Poetry Month. All students performed poems on stage as a class. Some were original poems and some were performed in three languages. Students learned about poetry, communication and presentation skills, and how to be part of an audience.

Prior to the “School Day Games” held at Milford High School on April 13, Brookside Elementary School students signed a banner to pledge to be

inclusive as part of Milford’s School Day Games, which is a fun-filled day for Unified Sports partners.

Shining Star Early Childhood Center (SSECC)

Shining Star Early Childhood Center registration for the 2023-2024 school year is underway. Interested families who reside in Milford should email Dr. Masterson directly at cmasterson@milfordma.com or contact the main office 408-478-1135 for more information and for information on how to secure a registration packet.

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SPORTS

Milford High Boys Lacrosse boasts large roster

Scarlet Hawks hope to earn tournament bid

By Chris Villani
Sports Writer

A season ago, the Milford High boys' lacrosse team had relatively low participation, which made competing in the Hockomock League even more difficult. This season, turnout has nearly doubled, and the Scarlet Hawks were able to field a JV team for the first time since 2017.

"We are looking to be more competitive in the Hock," head coach Austin Costa said. "The expectations are that we will continue to grow and develop our younger guys and newer players."

The varsity program has benefited from a strong youth program led by Jeff Baldic and Amanda Lind, Costa said.

"Those are two people who have done a lot of hard work with the youth program and now it is paying dividends at the high school level," Costa said. "I have been working with some of the youth as well and I've been seeing some of these younger guys."

This year's varsity team has several standout players. Senior captain Jacob Ligor is among the team's top scorers and his offensive output has been balanced in terms of goals and assists. Eric Farrell, another senior, is also a balanced offensive threat who has been running on the attack alongside Ligor.



Milford senior captain Eric Farrell (#2) is a balanced offensive threat for the Scarlet Hawks. Photo credit Joey Mahoney

Senior Alex McGuire is stopping shots at nearly a 60% clip in goal.

"He has been fantastic for us," Costa said. "He is making a lot of big saves."

Milford has benefited from three freshmen, each of whom is making an impact despite

it being just their first varsity season. Henry Baldic has not only provided points, he is also winning 57% percent of his face-offs. The Scarlet Hawks won just 28% of their face-offs in 2022.

Dylan Burns is leading the team in forcing turnovers and scooping in ground balls and mid-



Milford boys' lacrosse captain Jacob Ligor (#4) is among the team leaders in goals and assists. Photo credit Joey Mahoney

fielder Jason Stokes is fourth on the team in points.

Another young athlete, Jayden Martins, led the team in goals through the first seven games of the season.

Costa said the goal for the Scarlet Hawks is to make it to the tournament.

"I think we will have a chance to get to that point in the season," he said. "We also want to continue to grow and develop. We have a roster of more than 30 kids. Some of them are learning and getting that game experience and I think our seniors are doing a great job of leading the way."

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SPORTS

Improvement is the goal for MHS Girls LAX

Scarlet Hawks look to build on 2022 success



The Scarlet Hawks huddle during a recent game. Courtesy photo



The Milford girls' lacrosse captains Emily Croteau, Caitlyn Bangert, and Carly Haley. Courtesy photo

*By Chris Villani
Sports Writer*

The Milford High girls' lacrosse team put together a strong 2022 campaign and head coach Kacey Young is hoping the Scarlet Hawks can enjoy even more success this spring.

"We are trying to build off last year and not let anything come easy for the other team," Young said. "We don't want to settle. We want to keep working hard and see where that takes us."

Young is also hoping to be able to use the majority of her players on the field this year. But the Scarlet Hawks are led by a trio of seniors in key spots. Emily Croteau recently scored her 100th career point. Fellow senior captain Carly Haley was nearing that milestone as well with more than half the season still ahead.

In goal, Caitlyn Bangert has played well enough to earn a nomination for Hockomock League player of the week.

"All three of them have been great," Young said. "Emily was our second leading scorer last year and she is all over the place. Ground balls, interceptions, de-

fense, she is every coach's dream and just an all around huge asset for our program."

Haley is the second leading scorer this year and has been a big help on the draw for the Scarlet Hawks. While she is getting more chances to score, her tenacity is unchanged from a season ago.

"She was a fighter last year and she is a fighter this year," Young said.

Bangert has battled against some of the top teams in the league but still managed stand-out performances, including against North Attleboro.

"She was on fire," Young said. "She definitely helped us

get that win."

Senior Jordan Douglas is also among the team's leading scorers and TJ Downing, a sophomore, is consistently finding the back of the net on offense.

"We have a lot of players who can score," Young said.

The offensive depth is one of the reasons why she is optimistic about this season.

"I want us to improve each season and this year we have a lot of people who can rotate into different positions. That is going to help us," Young said.

"We have what it takes to get to the tournament. We just have to show it on the field and on the scoreboard."

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**OVER
2,000 VEHICLES
DISCOUNTED
FOR THIS EVENT**

DISCOUNTS UP TO \$15,000 OR AS MUCH AS 30% OFF!!!

WE ARE STOCKED TO THE GILLS WITH HUNDREDS OF ONE OWNER, LATE MODEL VEHICLES - MANY WITH FACTORY WARRANTIES!



**CAR FAX
ONE OWNER
VEHICLES**
**535 ONE OWNER VEHICLES
IN STOCK!**

2019 CHEVY EQUINOX LS
AS LOW AS \$60/WK
#D13130L • ALLOYS, AWD, TURBO
NEW RETAIL PRICE: ~~\$35,490~~ | **WHOLESALE PRICE: \$19,977**

2018 HONDA PILOT EX-L
AS LOW AS \$94/WK
#P15546B • ALLOYS, AWD, SUNROOF
NEW RETAIL PRICE: ~~\$34,220~~ | **WHOLESALE PRICE: \$29,677**

2021 FORD F-150 XL 4x4
AS LOW AS \$134/WK
#P15850 • SUPERCREW, V6, NAV
NEW RETAIL PRICE: ~~\$50,950~~ | **WHOLESALE PRICE: \$40,877**

2020 FORD EXPLORER 4x4
AS LOW AS \$106/WK
#P15711L • XLT, LEATHER, TURBO
NEW RETAIL PRICE: ~~\$45,765~~ | **WHOLESALE PRICE: \$32,977**

2018 JEEP WRANGLER 4x4
AS LOW AS \$113/WK
#H03642 • UNLIMITED SAHARA, V6
NEW RETAIL PRICE: ~~\$49,810~~ | **WHOLESALE PRICE: \$34,977**

2020 JEEP RENEGADE
AS LOW AS \$71/WK
#123130A • 4X4, ALLOYS, SPORT
NEW RETAIL PRICE: ~~\$36,165~~ | **WHOLESALE PRICE: \$22,977**

2020 TOYOTA TACOMA 4x4
AS LOW AS \$111/WK
#TP2215 • SR5 TRIM, CPO, 3.5L V6
NEW RETAIL PRICE: ~~\$53,605~~ | **WHOLESALE PRICE: \$34,477**

2019 DODGE DURANGO R/T
AS LOW AS \$117/WK
#23241A • SUNROOF, AWD, V8
NEW RETAIL PRICE: ~~\$49,595~~ | **WHOLESALE PRICE: \$35,977**

2019 TOYOTA SIENNA XLE
AS LOW AS \$122/WK
#TP2295 • SUNROOF, LEATHER, CPO
NEW RETAIL PRICE: ~~\$49,725~~ | **WHOLESALE PRICE: \$37,477**

2019 TOYOTA CAMRY SE
AS LOW AS \$66/WK
#TP2156 • LANE DEPARTURE, CPO
NEW RETAIL PRICE: ~~\$38,625~~ | **WHOLESALE PRICE: \$21,677**

2019 CHEVY SILVERADO 4x4
AS LOW AS \$127/WK
#44475A • 1500 LT, ALLOYS, 5.3L V8
NEW RETAIL PRICE: ~~\$54,180~~ | **WHOLESALE PRICE: \$38,977**

2020 NISSAN ROGUE SPORT
AS LOW AS \$67/WK
#44682 • AWD, PARKING SENSORS
NEW RETAIL PRICE: ~~\$31,710~~ | **WHOLESALE PRICE: \$21,877**

2020 GMC ACADIA SLE
AS LOW AS \$94/WK
#44674 • AWD, APPLE CARPLAY, V6
NEW RETAIL PRICE: ~~\$37,865~~ | **WHOLESALE PRICE: \$29,477**

2021 TOYOTA TUNDRA SR5
AS LOW AS \$150/WK
#P15815LGG • 4X4, CREWMAX, V8
NEW RETAIL PRICE: ~~\$54,970~~ | **WHOLESALE PRICE: \$45,477**

2021 JEEP CHEROKEE 4x4
AS LOW AS \$92/WK
#D13165R • LATITUDE LUX, ALLOYS
NEW RETAIL PRICE: ~~\$38,400~~ | **WHOLESALE PRICE: \$28,977**

2020 HYUNDAI TUCSON SUV
AS LOW AS \$79/WK
#H23191A • AWD, SPORT TRIM, CPO
NEW RETAIL PRICE: ~~\$36,750~~ | **WHOLESALE PRICE: \$25,377**

2019 FORD FUSION SE
AS LOW AS \$57/WK
#P15751 • 23/34 CITY/HIGHWAY MPG
NEW RETAIL PRICE: ~~\$28,690~~ | **WHOLESALE PRICE: \$18,977**

2020 CHEVY TRAVERSE
AS LOW AS \$96/WK
#44762R • AWD, LS TRIM, ALLOYS
NEW RETAIL PRICE: ~~\$39,995~~ | **WHOLESALE PRICE: \$29,977**

2022 HYUNDAI KONA SUV
AS LOW AS \$74/WK
#H03615 • SEL TRIM, ALLOYS, CPO
NEW RETAIL PRICE: ~~\$29,650~~ | **WHOLESALE PRICE: \$23,977**

2021 FORD EDGE SEL AWD
AS LOW AS \$110/WK
#P15857L • ONLY 9K MILES, ALLOYS
NEW RETAIL PRICE: ~~\$40,395~~ | **WHOLESALE PRICE: \$33,977**

2021 MERCEDES GLC 300
AS LOW AS \$156/WK
#H03231 • 19" ALLOYS, 4MATIC AWD
NEW RETAIL PRICE: ~~\$64,670~~ | **WHOLESALE PRICE: \$46,977**

2018 TESLA MODEL 3 AWD
AS LOW AS \$110/WK
#H03762PP • SUNROOF, NAV, ALLOYS
NEW RETAIL PRICE: ~~\$59,990~~ | **WHOLESALE PRICE: \$33,977**

2022 FORD BRONCO 4x4
AS LOW AS \$166/WK
#P15540GG • BIG BEND TRIM, NAV
NEW RETAIL PRICE: ~~\$62,995~~ | **WHOLESALE PRICE: \$49,977**

2019 SUBARU FORESTER
AS LOW AS \$86/WK
#H03769 • AWD, ALLOYS, SUNROOF
NEW RETAIL PRICE: ~~\$32,695~~ | **WHOLESALE PRICE: \$27,377**

2021 HONDA ACCORD SPORT
AS LOW AS \$104/WK
#H03849 • LEATHER, TURBO, ALLOYS
NEW RETAIL PRICE: ~~\$35,660~~ | **WHOLESALE PRICE: \$32,477**

2020 HYUNDAI SONATA SEL
AS LOW AS \$71/WK
#D13207L • 27/37 MPG CITY/HWY
NEW RETAIL PRICE: ~~\$32,680~~ | **WHOLESALE PRICE: \$22,977**

WHY PAY THE DIFFERENCE IF YOU CAN'T TELL THE DIFFERENCE?

**BAD CREDIT?
DON'T SWEAT IT!**
*We finance your future
- not your past.*

**WE WORK WITH OVER 60 BANKS AND CREDIT UNIONS
TO GET YOU THE **LOWEST RATE POSSIBLE!****

*"We sell more -
because we
have more!"*



Mike Penner
General Manager

**SEVEN DAY VEHICLE
EXCHANGE PROGRAM**

SALE ENDS 05/31/23. SOME RESTRICTIONS APPLY. THIS OFFER IS NOT VALID ON PRIOR SALES AND IS BASED ON THE MSRP, AND NOT COMBINABLE WITH ANY OTHER DISCOUNT, PROMOTIONS, OR INCENTIVES. PRICE LISTED INCLUDES ALL APPLICABLE MANUFACTURER REBATES (NOT EVERYONE WILL QUALIFY) AND IMPERIAL DISCOUNTS INCLUDING A \$1,000 IMPERIAL TRADE ASSISTANCE BONUS FOR A QUALIFYING 2012 OR NEWER TRADE. SEE US FOR DETAILS. ADVERTISED PRICE DOES NOT INCLUDE TAX, TITLE, REGISTRATION, DOCUMENTATION OR ACQUISITION FEES AND CANNOT BE COMBINED WITH ANY OTHER DISCOUNTS OR PROMOTIONS. WEEKLY PAYMENTS CALCULATED WITH AN ESTIMATED DOWN PAYMENT OF \$2,999 CASH OR TRADE. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS. CALL 1-508-488-2382 TO SEE WHICH REBATES YOU QUALIFY FOR.